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COMMITTEE ON OVERSIGHT AND
GOVERNMENT REFORM,
U.S. HOUSE OF REPRESENTATIVES,
WASHINGTON, D.C.

TELEPHONE INTERVIEW OF: SCOTT SHANNON

Thursday, January 31, 2008

Washington, D.C.

The interview in the above matter was held in the 2157
Lounge, Rayburn House Office Building, commencing at 4:04
p.m.

Appearances:

For COMMITTEE ON OVERSIGHT AND GOVERNMENT REFORM:

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Mr. Cohen. This is an interview of Scott Shannon, conducted by the House Committee on Oversight and Government Reform. The interview is part of the committee's investigation into allegations of steroid use by Major League Baseball players.

Mr. Shannon, thank you for joining us today.

Mr. Shannon. Thank you for having me.

Mr. Cohen. Could you please state your full name for the record?

Mr. Shannon. Scott Brian Shannon.

Mr. Cohen. My name is Brian Cohen, and I am an investigator for the committee. I'm accompanied by several members of the Democratic and Republican staff of the committee. I'll let them go around the room and introduce themselves.

Mr. Gordon. Hi, Scott. Michael Gordon, with the majority staff.

Mr. Shannon. Hi, Michael.

Mr. Glickman. Steve Glickman, with the majority staff.

Mr. Shannon. Steve.

Mr. Cha. Steve Cha, also with the majority staff.

Mr. Shannon. Steve.

Ms. Safavian. Jennifer Safavian, with the Republican staff.

Mr. Shannon. Hi, Jennifer.

Ms. Safavian. Hello.

Mr. Ausbrook. Keith Ausbrook, Republican staff.

Mr. Shannon. Is that another Steve?

Mr. Ausbrook. Keith. No, I am the only Keith.

Mr. Shannon. Oh, sorry. Okay.

Mr. Castor. And Steve Castor, with the Republican staff. So you get three Steves.

Mr. Shannon. I apologize.

Mr. Castor. You have a Steve, you have a Mike, a Brian, a Jennifer.

Mr. Cohen. What we will do, since this is a telephone interview, we'll make every effort, as different people are asking questions, for them to identify themselves so you know who you are talking to.

Mr. Shannon. Thanks, Brian.

Mr. Cohen. Before we begin with the questions, I would like to go over some standard instructions on how the interview will work.

I will ask questions regarding a specific set of subject matter for up to 1 hour. When I am finished for that hour, the minority staff of the committee will have the opportunity to ask you questions up to 1 hour. We will then go back and forth for additional rounds of questions, alternating between the majority and minority staff, until

the interview is completed. And we will make every effort to try to complete it as soon as possible.

The reporter here will be taking down everything you say and will make a written record of the interview. So please give us verbal, audible answers, because the reporter cannot record, nor can we see, nods or gestures.

You are required to answer questions from Congress truthfully. Is there any reason you are unable to provide truthful answers in today's interview?

Mr. Shannon. No, sir.

Mr. Cohen. If you knowingly provide false testimony, you could be subject to criminal prosecution for making false statements or other related offenses. Do you understand this?

Mr. Shannon. I understand that.

Mr. Cohen. Great. Also, you have the right to be represented by an attorney, although our understanding is you do not have one present. It is our understanding that you wish to proceed with the interview. Is that correct?

Mr. Shannon. That's correct.

Mr. Cohen. Okay. Final bookkeeping note, just to confirm, is there anyone else present, or are you the only one in the room right now?

Mr. Shannon. I am the only one in the room.

Mr. Cohen. Great. Do you have any other questions

before we begin?

Mr. Shannon. No. I think I am all set.

EXAMINATION

BY MR. COHEN:

Q Okay. First, can you describe your basic educational and professional background?

A My education was obviously high school and then 1 year of -- or, sorry, 3 years of SAJC, which is the equivalent to a junior college in the States, 3 years of that, and then 1 year of university in Montreal, and then 2 additional years of athletic therapy at a junior college here in Toronto.

And then, professionally, it was out of school I went -- I got a job with the Blue Jays, with the Blue Jays from, kind of, the end of 1987 through until July 2003. I had many different positions with them.

Q Okay. Can you describe your position with the Toronto Blue Jays in 1997 and 1998 and describe your responsibilities in that position?

A Sure. In 1997 I was in Knoxville -- that was their Southern League franchise -- the head trainer with them. And then in 1998, I went to the big leagues as the assistant, full-time assistant. And, you know, I did all the regular things that the assistant trainer does. I don't know if you want me to go into great detail about exactly

what a day-to-day routine was.

Q Why don't you give us an overview, general overview?

A General overview? Treatment, we had initial assessments, all the grunt work that went along with kind of keeping an organized training room, Major League training room, recordkeeping, medical reports, speaking with doctors on players' updates and their injury statuses.

And most of the management stuff that was done was done with the head trainer. He talked to the management regarding players' status and day-to-day kind of updates on where their injuries were going.

Q And can you tell us, to what extent did you interact with Roger Clemens in your position with the Blue Jays in 1997 to 1998?

A In '97, none, because I was in the minor leagues and I wasn't at Big League Camp in '97, so I didn't know Roger at all in '97.

In '98, our job with the assistant trainer -- Tommy Craig was the head trainer at the time, took care of Roger pretty much on game day. I mean, I'd put ice on Roger after the game usually because Tommy was on the bench, but didn't really have a whole lot of interaction with Roger on a day-to-day basis.

When he had -- to the best of my recollection, I don't remember him having any major injuries that season. So I

didn't really -- other than game day, he was kind of scarce around in the training room. He was usually in the training room mostly on his game day, getting prepared.

Q Okay. To the extent he had minor aches and pains or other medical issues, would he --

A Honestly, to be honest with you, I don't remember any major setbacks Roger had that season with injuries. And day-to-day things, I mean, everybody goes in and out of the training room, a lot of times just to get away from the media or whatever. So it is kind of a safe haven for them if they are going into the training room; the media are not allowed in there. So --

Q Okay. Can you walk us through -- one of the things we are trying to do is make sure we understand correctly is the hierarchy of medical officials on the team and the different responsibilities of each. There's team doctors, there's trainers, there's assistant trainers, there's strength and conditioning coaches.

Can you give us a general overview of the hierarchy and the different responsibilities of the individuals in those positions?

A Sure. The medical director, who at the time was Ron Taylor, kind of oversees everything that kind of goes on throughout the training. But he was not there 24/7, so in his absence, Tommy Craig, who was the head there, the head

trainer, would have been kind of responsible for, you know, all the players' treatments. He'd delegate jobs for myself to do or to the strength coach to do that were related to our expertise. So training, you know, if it was an athletic injury and Tommy had his hands full doing other things, then he would let me do it. And then, if it was more of a strength and conditioning-related activity, then Brian McNamee would have been doing those type of jobs.

Q Okay. And of those individuals, which individuals were authorized to write prescriptions or to provide nonprescription medications for players?

Well, let me just ask first, which of those medical officials were authorized to write prescriptions for players?

A Just the medical director, so that would have been Ron Taylor.

Q Okay. And how about are providing nonprescription medications to players?

A Such as, like, aspirin and so forth?

Q Yes.

A I would say probably that would have been one of the trainer's responsibilities, handing out Advil, that stuff was usually on the counter.

Q Okay.

A You know, it wasn't something they would come in and

ask, can I take a couple of Advil. They would be on the counter, so most guys would just come in and take that type of medication.

Q What about providing injections of prescription medications to players?

A Orthopedic, or it would have been the medical doctor. It one been one of those two guys doing it.

Q I'm sorry, orthopedic?

A Yeah, it could be either of the orthopedic doctors. So, at that time, it was Dr. Alan Gross, or Dr. Tony Miniaci, in 1998, I believe was around as well. So it would have been one of those two guys who would have been doing any kind of -- you know, if it was a joint injection, something going into a shoulder or a knee, it would have been one of those two doctors. And then Ron Taylor may have been -- if it was a B-12 shot or whatever, Dr. Taylor could have given that injection.

Q Okay. Can you tell us about the interaction between Dr. Taylor and Dr. Gross and Dr. Miniaci? Would they confer on every treatment? Did they work in close proximity? Do they each work full-time for the team?

Can you give us a sense of, if an individual is being treated by Dr. Gross, would there be contact between Dr. Gross and Dr. Taylor regarding the treatment given to that player or --

A Sir, just to correct that, it's Dr. Miniaci.

Q Miniaci. Sorry about that.

A That's okay, no problem. Miniaci, Tony Miniaci.

I think more of that stuff was done through orthopedic aspects. If Dr. Miniaci was treating somebody for a shoulder, I think he would have given Dr. Gross a heads-up as to -- because the orthopedic surgeons kind of rotated their nights. They worked there together. And as was the case with Dr. Taylor, if he wasn't there, I think the orthopedic surgeons would have called them to keep them abreast of everything that what was going on in the training room.

As far as the actual treatment, I can honestly tell you that we didn't call Dr. Taylor every time somebody came in for a massage on their shoulder. Because if it was going to be something that they were going to miss time with, for sure Dr. Taylor would know about it. But throughout the course of the day, with the amount of treatments we were doing, there was no way to -- we would give him, kind of, access to the treatment logs, or on a daily basis there was kind of an injury status thing that was produced for the management, as well as for Dr. Taylor. And those were really the people that they needed to know about. If there was somebody who was going to miss activity or if an activity had to be altered because of an injury, a summary

of those type of things, like, ongoings in the training room.

Q So the reports that were prepared, the injury reports, the medications reports, those would be reviewed by Dr. Taylor on a routine basis?

A Dr. Taylor was pretty much the only one writing scripts. So he knew about the medications that players were taking. And if it was an orthopedic involvement where somebody may have got a shoulder injection, then they would have contacted Dr. Taylor. So although it would have been written down somewhere, either on the daily medical treatment log or on an individual player evaluation -- because if a player is getting an injection for a shoulder, then it was usually seen by a doctor, and then there was always a medical report written for those types of situations.

Q Okay. So any time an injection was given or a prescription was written, there would be a medical report?

A There would have been, yeah, two or three or four different reports. You know, there would have been a paper trail, I guess is what I am trying to say. There would have been some kind of paper trail. It wouldn't have just been a random act and nothing recorded.

Q Okay. This sounds like the team had this pretty well-ordered. Is it fair to say that it would be tough for

something to slip through the cracks and someone to obtain a prescription or to get an injection of some kind without there being a record of it?

A Yeah, I would say that would be pretty difficult.

Q I am going to walk through a set of questions now regarding C-12 and lidocaine. Those were given to players.

A Sure.

Q First of all, were you aware of whether any trainers, doctor or other medical officials on the team ever provided C-12 shots to players?

A I would have to say trainers, no. But I know there were definitely circumstances where a physician, Dr. Taylor, may give somebody a B-12 shot. I don't know of anybody else who would have been injecting a B-12.

And lidocaine would have been done through the orthopedic side. It's not something that, like, Ron Taylor would put upon himself. We had trained orthopedic guys do that, so he wouldn't have done that.

Q Okay. Let's stick with B-12. We will get to lidocaine in a second.

A Oh, okay, sorry.

Q No, it's no problem. Was it common for players -- or did players frequently receive B-12 shots from Dr. Taylor?

A I wouldn't say it was a common practice. I mean,

and sometimes I wouldn't know about it either, because if a player went in to see a physician, for instance if they were going in to see Dr. Taylor, they may just walk in to see him, so I may not have -- Tommy or myself may not have known why the player was going in to see him.

Q Okay. And I know we just went over this, but I want to make sure I understand. When B-12 shots were given, that would be the type of medical intervention that would be reflected in records kept by the team?

A Well, you know what, I'm not too sure on Dr. Gross's part -- I'm sorry, on Dr. Taylor's part, because I don't know what records he personally kept on players. If it was -- not jumping topics here, but if it was an injection that we had talked to one of the orthopedic surgeons about and they were injecting a player with, let's say, like, a cortisone for a shoulder, that would have been recorded.

But I can't really speak about Dr. Taylor's practices. I don't know what records he would have kept personally if there was a player who had come in for a B-12 shot.

Q I see. Would those not necessarily be reflected on the medications report that you mentioned, that the team prepares?

A The team did have, like, a medication treatment form. Again, that was usually filled out by Tommy or

myself, if we knew about it. If we knew a player was getting something from Dr. Taylor or one of the other orthopedic surgeons, that would have been recorded.

Q Okay.

A But, again, I can't speak on behalf of Dr. Taylor. And, again, if a player kind of went in the back door without our knowledge, I don't know -- I can't answer that question.

Q Okay, all right. So it's possible that a B-12 shot could have been given and not appeared on the medications report?

A I am thinking that was probably more of an exception than really the rule of thumb of how Dr. Taylor treated his patients.

Q I am sorry, which way? It would be the exception for the shot not to show up on the medications report?

A Correct, yeah.

Q Okay, thank you for clarifying.

I am wondering if you know, when Dr. Taylor did give B-12 shots, do you know typically on what part of the body he gave them?

A I think, from my background and from seeing B-12 shots, it is usually in the butt area.

Q Okay.

EXAMINATION

BY MR. GORDON:

Q This is Mike Gordon. I think you said this, but I wanted to be clear. Did Dr. Taylor give B-12 shots in 1998 when you were working for the Blue Jays?

A You know what, Mike, I can't be 100 percent guaranteed that he did. I just know that, throughout my years in baseball, in the major leagues, there was players who got B-12 shots.

Q Have you worked for other teams --

A No.

Q Just the Blue Jays?

A Just the Blue Jays. Came up through the Blue Jays and spent 17 years with them.

Q We received some information that practices could vary by team on this B-12 issue, so we just want your best recollection of what was happening with the Blue Jays in that time frame.

If you are able to put aside what you know generally about baseball players getting shots, do you have any specific recollection of B-12 shots being given by the doctor of the Blue Jays when you were there?

A I do. But I just don't know if it was in '98, '99, 2000, 2001. I mean, I know there was players -- I mean, like, [REDACTED] used to come in and get B-12s pretty frequently, but I wouldn't be able to say if that was in '99

or 2000.

I don't recall if -- you know, the person we are talking about right now today is Roger. I don't remember if Roger came in to get B-12.

But I know as a general rule that's kind of where they gave them. Again, I am not able to specify if it was in '98 or '99 or 2000. It was at some point during my Major League career that players were getting them.

Q But specifically Dr. Taylor gave them. You are sure he gave them, but you are not sure what year?

A Correct.

Q And you are not sure whether he gave one to Roger Clemens?

A Correct.

BY MR. COHEN:

Q I will run you through the same set of questions on lidocaine.

Were you aware during your time with the Blue Jays of whether any trainers, doctor or medical officials on the team ever provided lidocaine shots to players?

A I would say yeah. Again, doctors were the only ones who were to give lidocaine, so no trainers, to my recollection.

Q And do you know for what conditions would they give players lidocaine?

A They may use lidocaine if they were injecting a shoulder or an SI, which is lower back, just to kind of reduce some pain. It was usually in conjunction with cortisone as well, so they would reduce the swelling and reduce the pain.

Q Usually it was in conjunction with another treatment?

A Correct.

Q Now, I am sorry to jump around a little bit. I didn't ask, but I should: Do you know, when players were given B-12 shots, do you know what conditions those shots were given to treat?

A No. I think it was -- it was just one of those -- I know ██████ gets B-12 shots. And I don't think it was a medical condition. I think it was more of a mental stigma players had when they either came up to the big leagues or if they were playing in a Latin country. A lot of Latin guys used to -- not to generalize here, but a lot of Latin players would get a B-12 shot.

Q Okay.

A So I don't know of any back medical conditions that would call for a B-12 shot.

Q And then still on B-12, do you know if prescriptions were required for B-12 shots?

A I don't actually know that.

Q Okay. Back to lidocaine now. Were prescriptions required for lidocaine shots?

A Well, what would happen with us in Toronto is we would have lidocaine locked up for the doctors to use. It would be prescribed by a physician in the sense that it would be -- the physician who was doing the lidocaine, he wouldn't actually write a script and say, "Scott or Tommy, can you go get me some lidocaine?" We would have lidocaine with us. We travel with it and, as well, we would store it in our locked medical cabinet at our facility here in Toronto.

Q Okay.

A Does that answer your question? I mean, it's not -- like, a lot of those injectable-type things we would have when the doctor needed it, rather than him filling out a script and us having to go to a pharmacy to fill it. We would just have that type of stuff on hand for their use.

Q Okay. And would this be reflected in the medical records kept by the team, if a lidocaine shot was given?

A An individual script? If a doctor had given somebody a lidocaine or a cortisone injection, yeah, it would have been -- like I mentioned earlier, it would be on one of those three or four forms on players' injuries.

Q Okay. And generally -- and there might be several different answers here, but on what part of the body were

lidocaine shots generally given?

A Well, there's kind of maybe two or three joints that they would usually inject: either a shoulder, a knee or a low back. Those are kind of the three major joints that they would inject.

Q Okay. Were they ever given in the buttocks?

A To the best of my recollection, I don't know why they would give an injection into the buttocks of lidocaine, because you usually put that type of medication into a joint. So I don't know -- I never saw anybody give a lidocaine injection in the butt.

EXAMINATION

BY MR. CHA:

Q This is Steve Cha. In terms of the lower back lidocaine injections, can you tell us a little bit more about what that was for and where exactly they injected it into the lower back and whether those were done on site?

A Yeah, they were usually done on site, unless we were on the road. But it is usually injected into a joint, like I mentioned earlier. And it was kind of in the low back area, kind of as part of the pelvis, like SI joint. It was just one of the areas that, when there was a lot of rotation, can sometimes get a little bit irritated.

Q And so you would do those on site without any visualization, just inject into the SI joint?

A Wherever the orthopedic surgeons were. You don't have to do it under a FluoroScan to inject into the SI.

BY MR. COHEN:

Q Did you ever observe any players with complications from B-12 shots?

A No.

Q Okay.

I am going to move specifically to Roger Clemens. Did you ever provide any medications for Mr. Clemens?

A Um, well, going back 10 years, I would think at some point doctors may have ordered some NSAIDS or anti-inflammatories at some point. Specific dates are -- just because it was such a prevalent medication for the doctor to prescribe, I would say that there probably wasn't too many players during the course of the year that the doctors didn't prescribe some anti-inflammatories for, so Roger probably fit into that same group of, at some point, having some anti-inflammatories during the course of the year.

I don't remember if I gave it to Roger or Tommy did or even if he did have any. But I'm just saying that chances are that he probably did get some anti-inflammatories at some point during the course of year.

Q And are you aware if Mr. Clemens ever received any injectable medications, B-12 or lidocaine injections?

A Sorry, I don't know.

Q You don't know at all. And you had never provided him with any injectable medications?

A No.

Q Okay. Have you ever provided a lidocaine injection for any players?

A No, sir.

Q Are you aware of any trainers who have injected lidocaine in any player during your years with the Blue Jays or in your time as a medical trainer?

A I have never seen it with the Blue Jays in the minor leagues. It was something that the doctors always took care of. It was never anything that a trainer would go near, other than just getting it out the cabinet for the doctor and putting it away after they were done. That would be the extent of our involvement.

Q With regard to Mr. Clemens, are you aware of any problems that Mr. Clemens might have had with regard to lower back pain?

A No, I am not.

Q And what about problems with joint pain?

A Again, I'm sorry, I don't remember specific injuries from my head. I just don't remember Roger being in the training room other than pretty much the days he would -- he worked hard and did his stuff and the day -- kind of the

day, the day he threw his pen, and the day he threw his side, and the day he pitched in a game was pretty much the only days he came in and got anything from myself.

Q Okay. Are you aware of an injury to Mr. Clemens' buttocks that occurred while Mr. Clemens was a member of the Blue Jays?

A No, I'm not.

Q Not at all? No contusions or soft skin infections of any kind?

A No. I can't remember Roger ever being treated for anything that resembled some kind of abscess or anything around his buttocks area.

Q If I describe it as a "palpable mass," does that ring any bells or does that bring back any memories?

A It doesn't, actually, Brian. Again, I never treated Roger for anything that was closely related to his buttocks.

Q Okay. I know you have probably seen some of the press reports; we have seen them here, as well. But the committee has also learned that Mr. Clemens received treatment for his soreness, and it was described as a contusion or a palpable mass on his buttocks. This was in July or August of 1998, while a member of the Blue Jays. We have also learned that the cause of the palpable mass was described as a B-12 shot that was given to Clemens by Dr. Taylor.

Are you aware of this incident at all?

A No, I am not, Brian. Sorry.

Q Okay. I had asked you this before, but I will ask again. Are you aware of any athlete, any member of the Blue Jays or any athlete that you've seen or treated in your career that suffered from this kind of complication due to a B-12 shot in the buttocks?

A I haven't personally ever treated anybody. Again, in the minor leagues, it's not something that they do. If ever -- I don't remember players getting B-12 in the minor leagues. And I don't remember us, at the big league level, ever treating anybody with what would have amounted to a mass from getting a B-12 shot. So I guess I would have to say no.

Q Okay. Is it possible that this injury could have been caused by an injection of steroids?

A That's not my expertise, so I can't really respond to that.

Q Can I ask you if you've ever seen this kind of an injury, not necessarily caused by B-12 or caused by anything in particular? Have you ever seen this kind of an injury, a palpable mass in the buttocks? Have you ever seen this kind of injury in a player?

A I have. And I have seen perianal cysts which are kind of -- I mean, anatomically, it is not the prettiest

area to go in. It is between kind of your rectum and your balls, I guess -- sorry, testicles. And I've treated players for those before, but it wasn't for an injection. It was more irritation, either from sweating a lot and just getting some glands filled up with sweat and then it just erupted. But that is the only thing that I've ever seen close to the buttocks area where there was a palpable mass and there was like an infestation of puss, I guess, is the word I'll use.

Q All right. So it sounds like I guess -- would it be fair to say that, if Clemens had this kind of a palpable mass, that it would be something you would remember?

A I would say so, Brian.

Q Okay. Good. All right.

I am going to go through a set of questions on Brian McNamee, who was the strength and conditioning coach during the time you were with the Blue Jays.

A Yes.

Q Do you remember interactions with Mr. McNamee when he was with the Blue Jays?

A We had very few interactions.

Q Can you describe his role?

A His chief role was strength conditioning, so to take care of the players, kind of, stretching routines, outside of if it was an injury-related thing that Tommy and I needed

to get involved with. We would stretch players in the training room, whether it was a shoulder or an elbow or whatever. If it was something a little bit outside of Brian's expertise, we would take care of that. But his main role was taking care of the healthy players with their individual conditioning programs and, kind of, just overseeing -- yes, the general strengthening of the club.

Q Okay. Were you aware of whether Mr. McNamee ever provided medications to any players?

A No, I'm not.

Q Were you aware of him ever providing any injections of any kind to players?

A No, I'm not.

Q Did you ever have any discussions of providing injections to players with Mr. McNamee?

A No.

Q Did Mr. McNamee ever discuss providing B-12 or lidocaine to players with you?

A No.

Q Do you have any knowledge of whether Mr. McNamee ever provided steroids or human growth hormone to any players?

A No.

Q Did you ever have any conversations with Mr. McNamee regarding steroids or human growth hormone?

A No. We had very few conversations.

Q And did you ever overhear any discussion by or about Mr. McNamee regarding steroids or human growth hormone?

A No, not during my time when I was working with Brian.

Q Okay. Did you hear any conversations or discussion in the period either, presumably, before or after you were working with Mr. McNamee?

A No, just what I've heard from the inquests and stuff like that. So, to be honest with you, it's well removed from '98. It's just the stuff I have been hearing and what people have been telling me about all the news regarding Clemens and McNamee.

Q Did you at the time have any suspicions about Mr. McNamee and whether he might be providing steroids or human growth hormone to players?

A No.

Q Okay.

BY MR. CHA:

Q This is Steve Cha again.

Coming back to the B-12-piece, I'm just curious, you mentioned that sometimes you weren't sure if Dr. Taylor, as an exception, might forget to log that in. You also mentioned that that would be picked up, that the trainers would sometimes write reports that would include a report of

that statement. Is that correct?

A That's true, Stephen. If we were involved in a player getting an injection with cortisone or whatever the doctors were injecting, if we were involved, there would have been a note written about it.

Now, whether or not Dr. Taylor had forgotten, I don't know, because he would keep, kind of, his own medical log as well, which was really not ours to keep track of. Like, if a player went in to see him on a personal level, then, kind of, whatever he was doing for that player, I would guess it would be his responsibility to keep track of it, because we would have no knowledge of it.

Q Right, but would you enter it into your notes if just a player, say, happened to say, "Oh, by the way, Dr. Taylor just gave me some B-12"? Would that then go into your medical record, your notes?

A I would think that if a player mentioned to us that he had some kind of injection from Dr. Taylor that we would make note of it, or if Dr. Taylor saw a player and gave somebody an injection we would make note of it.

Q Whether or not you had actually seen Dr. Taylor give that injection?

A Right, correct. I would highly doubt if a player, after having a B-12 shot, would come out and just say, "I got a B-12 shot," though, to be honest with you. It would

be something that probably Dr. Taylor would be directing to us to let us know that that went on.

Q And one last question. In terms of B-12, I'm curious, you said it was generally given in the butt. Are you aware of other places where it was given or if it was always given in the butt? Or to what degree are you comfortable with that statement?

A Well, I am comfortable enough to say I think that was the area that they usually gave the injection into.

Q Do you have idea why?

A They usually just put it into a big muscular area, you know. And I would think, for baseball players, they probably wouldn't want to mess around putting it in the shoulder, just in case they were a little sore. So the butt was probably the easiest location to give somebody a B-12 shot.

Q But are you aware you could just put this under the skin anywhere on the body, you wouldn't even have to go into a muscle?

A I was not aware of that.

Q Okay. Fair enough.

BY MR. GORDON:

Q This is Mike Gordon again.

Was it pretty clear to players that they were only supposed to get injections from the doctor? I mean, do you

know if that was communicated to players?

A I don't know, Mike. I would think anybody who's ever seen -- I mean, there's just not a whole lot of people giving injections on a club. So I would think that most, without it ever being said that was the written rule, but I would think most people would have known that it was only physicians who were supposed to be giving injections.

Q In other words, I mean, it may seem obvious, I realize that, but I sort of want to hear from your perspective, having been there at that time frame. Was it obvious to a player on the Blue Jays in 1998 that you shouldn't be getting injections from anyone other than the team doctors?

A If a player ever came to Tommy or myself and said they wanted a B-12 shot, then we would have directed them to the physician and not to someone other than one of the physicians to get that injection. So I don't know, does that answer your question?

Q Yes, that's helpful. Thanks.

A Okay.

BY MR. COHEN:

Q This is Brian again.

To follow up on the question Steve had asked regarding the information that went into the records, if a player told you that he had gotten a shot, in the scenario where the

player provided you with -- say, he said, "I got a B-12 shot a week ago, and I now have an infection," you would write that into your report, correct?

A Correct.

Q If the player had made a mistake, a layman's mistake, if he had in fact gotten a shot of an antibiotic shot and he described it as a B-12 shot, would there be any review? Would Dr. Taylor be reviewing those records to correct them?

A I would say so. I mean, if a player received an injection and they came back a week later, there would've been a separate report written on the incident. I am just guessing, if there was an infection, there probably would've been another antibiotic scripted to the players to fight the infection.

BY MR. GORDON:

Q This is Mike Gordon.

Back on the topic of who would get injections, were you ever aware of any complaints from players that they wanted medication or injections that they weren't able to get from the doctor so they were looking elsewhere?

A No, I am not aware of that, Michael.

Q No one ever complained to you about that and tried to get you to give them something the doctor would not give them?

A No.

Q Did you ever hear about players wanting to get B-12 injections because they weren't available from the team doctor?

A No, I never heard that, Mike.

EXAMINATION

BY MR. GLICKMAN:

Q Hi, Mr. Shannon. This is Steve Glickman. I just have a quick question.

I think you said a few moments ago that you had a few conversations with Mr. McNamee about steroids or HGH. Can you talk about any conversations you did have?

A We never had conversations. I think the question had something to do with Brian McNamee and steroids, and I said, no, when we were working together I never heard anything. I said I just heard stuff recently, from other people telling me what's going on with the report or just stuff that's come out in ESPN or whatever. I really haven't been following this whole Clemens-McNamee saga.

Q So when you were working with Mr. McNamee, you never discussed steroids or HGH with him at any point?

A Correct.

Q Okay.

BY MR. COHEN:

Q Again, a series of questions relating to Mr.

Clemens.

Did you ever obtain any knowledge of the use of steroids or human growth hormones by Roger Clemens?

A No.

Q I'm sorry?

A No.

Q Did you ever have any conversations with Mr. Clemens regarding steroids or human growth hormones?

A No.

Q Did you ever have any conversations with others regarding the use of steroids or human growth hormones by Clemens?

A No.

Q Did you ever overhear any discussion by or about Clemens regarding steroids or human growth hormones?

A No.

Q Did you ever observe any physical indications that might have led you to suspect that Mr. Clemens was taking steroids or taking human growth hormone?

A [No response.]

Q Still there?

A Yeah. Didn't you hear me? I'm sorry. I said no.

Q Oh, no, I didn't hear you.

A more gentle question now, regarding not just Clemens but other players during your time as a trainer with the

Blue Jays and with their Minor League affiliates. Not necessarily asking for names here, but did you ever have any knowledge or suspicions regarding the use of steroids or human growth hormone by other players on the Blue Jays or on the Minor League affiliates?

A Well, I mean, Canseco was in Toronto when I was there, so. Canseco had a little bit of a reputation before he came to Toronto. So I never witnessed it, but he was -- he was, you know, from stuff that you heard prior to him getting there, he looked like he may have been on steroids. But I never saw any physical abuse or use from him.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Q The Mitchell report, have you had a chance to read the Mitchell report?

A No, I haven't.

Q Have you seen the press coverage?

A To be honest with you, I am pretty busy with my family that I really haven't -- I know it is a 500-page

document, and I have no intentions of reading it, and I rarely watch sports. So I am, kind of, really out of touch with what's going on.

Q He described a steroid culture in baseball, not necessarily of open use, but that there was knowledge within the clubhouse and among players of how to obtain steroids and that there was a large number of players that were using steroids, that it was, I guess, perhaps an open secret is the best way to describe it.

Would you describe -- did you observe that kind of a culture during your time with the Blue Jays?

A No, I didn't.

Q Was --

A Maybe it was me being naive, but I was pretty involved in just trying to do my job as a trainer, I just didn't get -- I don't know, maybe I hid too much in the training room, but I just didn't see a whole lot of abuse in the training room. So if that stuff was going on, it was definitely going on outside of my, kind of, comfort area, which was the training room.

Q Okay.

Sorry. Just give me 1 second.

A Okay.

Q I apologize if we are being redundant. We just want to make sure that we understand everything correctly.

With regard to team policies for treating and tracking injuries, can you -- we have obtained the information indicating the different types of reports that were filed. We received a medications report, a physician visits report, an injury report, a manager comments report, and treatment report.

A Okay.

Q If I walk you through those, can you give us a quick summary of what each of those different reports were, at what point records were created in the report, who creates the records?

A Yes.

Q Let's just walk through them in order. How about, the first would be an injuries report.

A An injury report was any time a player saw a physician. If a player, for instance, was playing and took a ball and hit his elbow and had to be removed from the game, then we would do an injury report. Injury reports usually had, kind of, trainer's comments on it. If the player was seen by a doctor, then there would've been doctor comments. It was just kind of pretty much what we found with the player's injury.

Q So that would be written up by the trainer?

A Correct.

Q All right. And then the physician visits report?

A Is exactly that. If a player saw a physician, usually that was filled out by the physician. You are taxing my memory here a little bit, but, yeah, that would be filled out by the physician and usually signed by the physician. And it was kind of their evaluation of a player's injury.

Q Okay. A medications report?

A A medications report would have been anything that was described by a physician to the player, the individual player. And probably -- I'm trying to go off my memory here -- it probably would have been how many pills or duration of time the player should be on the prescribed medication. That's all I remember.

Q So that would be the report where all shots -- again, we have been through this several times, so I apologize -- but that would be to the extent where a player received a lidocaine shot, a B-12 shot, an antibiotic shot, it would be on that medications report?

A Yeah.

Q And that's filled out by the doctor?

A You know what, I honestly can't remember who was responsible to fill it out, if it was a joint effort, if the doctor kind of just said -- if he saw a player and said, "Go ahead and give him 7 days of antibiotic," then we would record it. I believe that was kept in the physician's

office, though, in case of a situation, if the doctor scripted a prescription and we didn't know about it, then it should've been recorded on that sheet.

Q Okay. How about a treatment report?

A Treatment, if it was a treatment log, the treatment log was everything that was done in the training room that day, so everything from major injuries to just, kind of, maintenance therapy sessions that the players would go through during the course of a day. And then new injuries as well, there would be some kind of record on that form just so, you know, we are keeping a paper trail. We didn't have computers at that point, so it was just a paper trail, so we would be able to log our injuries.

Q Okay.

A And then the progress report was just that, when a player -- I want to say after a week or 2 weeks of the initial injury, we would do a progress report, or we would do a progress report when the player was progressing to the point where he was getting ready to go back into the game, or -- I can't remember the exact parameters with the progress report, but it was just that. It was just giving a progress update on a player. And there may have been physicians on there as well, but I can't remember.

BY MR. GORDON:

Q This is Mike Gordon again.

We are aware of a record entitled, "Treatment Report," and it is not the treatment log that you just described. It is not a daily log for what happened in the training room. It's a log for a particular player on a number of days --

A Oh, yes, yes, yes, I do remember those, yes.

Q So what's that? What's a treatments report?

A Treatments report was kind of a -- what it would do, it would take the treatment log, which was, say we saw 15 players on that day, and then an individual player would have kind of their own -- it would be broken down to what that player received for -- I think they are done on a monthly basis or until the sheet -- I guess there were 20 slots, maybe, on a sheet. And we just kind of list what that player did, as far as -- there was some exercise stuff. I think there was some area that maybe the strength and conditioning coach would be about to -- but, again, it is going back 10 years so I can't remember exactly what that form was. But I kind of remember a little bit about just pulling those in. And it was on an individual player, kind of what they did daily.

Q So who would fill out the treatments report?

A Anything to do with the therapy part, the trainers would do it.

Q Okay.

A But I don't remember on that sheet if it was just a

treatment log or if there was other things listed on that log, if there was an exercise category on that form.

Q Maybe this will help refresh your recollection. A sample of a treatments report that I have seen lists things like ice pack --

A Uh-huh.

Q -- tape wrap bandage, massage therapies, ultrasound treatments, that kind of thing.

A Yeah, it was pretty much all the stuff done in the training room.

BY MR. COHEN:

Q All right. And then the last of the reports we have is a manager comments report.

A The manager comments report, I am thinking that must have been for players who were missing time, and it was more to give them an update on player status, as to whether or not they were getting better, digressing, or kind of where the player was going to be on the next day, if he was on a touring program or whatever the case may be.

Q What was the purpose of this? Was it for the team manager?

A Correct, yes, for the team manager, just so he was kept abreast of all the individuals who were hurt.

Q And who prepared the manager comments report?

A I am pretty sure it was Tommy. That must have been

Tommy.

Q A couple more questions, and then I am going to turn it over to my colleagues.

In cases where players were -- do you ever remember a case where players felt they needed a medication but were not provided it by the team doctors? The Blue Jays' team doctor said, "You don't need this; I am not giving it to you"?

A No.

Q Do you know if they had any recourse, in cases where that happened? Could they go to personal doctors? Could they --

A Well, we couldn't really control that, if they were doing that. But I don't know of any individuals going to see other physicians if they couldn't get something from our team physician.

BY MR. GORDON:

Q This is Mike Gordon.

If a player were to get medication, a prescription medication, from someone other than a team employee, were they required to tell the team doctor about that?

A No, I don't believe so.

BY MR. COHEN:

Q I'm just curious, the different reports and the reporting requirements that we ran through a couple of

minutes ago, was there a team manual? Was there specific instructions given on how to fill these out and when they needed to be filled out? Or was it, sort of, word of mouth, passed down over the years by different doctors and trainers?

A There was a handbook that was given to all the trainers as to reports that needed to be filled out and when they needed to be filled out. So there was a handbook.

Q Do you still have that book, by any chance?

A No, I don't.

Q Okay. Well, so there were specific instructions on how this process was to be conducted?

A Right.

Q Just a couple of wrap-up points.

A The question was if a player saw another physician, were they required?

Q Uh-huh.

A Well, I said, no, they weren't required, but in hindsight I would say that the players should have told our physician what was going on. Whether or not they did was really an individual choice on the player's part.

So to answer the question truthfully, I would say, yeah, the player should have told it. It's not likely that they would have if they were going elsewhere to get treatment, if they couldn't get a medication from our staff

so --

BY MR. GORDON:

Q Okay. Are you aware, one way or another, whether there was a requirement for them to keep you guys and the doctors informed?

A For sure, it was definitely, you know, something the players would have known about. But, again, whether or not they were, you know, bound by their conscience to tell us, then that's an individual thing.

Q Right.

A That the players would have or not.

Q You are saying players may not have always complied with that but they were expected to do it?

A Exactly. Thank you. That's is exactly it.

Q Okay.

BY MR. COHEN:

Q Just a couple general questions.

Has anyone spoken to you about what you should say in response to questions from Congress?

A No.

Q Has anyone spoken to you about what you should say in response to questions from the media with regard to this, to Mr. Clemens?

A No.

Q Have any representatives of Roger Clemens' been in

touch with you about the allegations regarding Clemens?

A Yes.

Q They have. Can you describe these conversations?

A I met with two guys 2 weeks ago I guess, maybe just a little over 2 weeks ago, and they had very similar questions to what you guys are throwing at me today and, kind of, what I saw, did I hear anything.

And it was just part of his counsel, I guess. They were -- I should remember their names. I have business cards, but I can't remember their names. It was a very similar situation to what we are having today.

Q Okay. Did they provide you with any instructions on how to answer questions from the media or from others?

A No.

Mr. Cohen. I am going to turn it over to my colleagues on the minority side.

Mr. Castor. This is Steve Castor, with the Republicans.

Mr. Shannon. Hi, Steve.

Mr. Castor. How are you doing? I don't have many questions, so this shouldn't take much longer.

Mr. Ausbrook. Why don't we push the phone over?

Mr. Glickman. Short leash.

Mr. Castor. I am just moving around the table.

Mr. Shannon. All right.

EXAMINATION

BY MR. CASTOR:

Q These folks who met with you, if I gave you some names, do you think it might jog your memory?

A I think so, probably.

Q Was it a fellow by the name of Jim Yarbrough?

A Yes, it was.

Q And Billy Belk?

A Yes, that's correct. Yes, thanks for reminding me. I spent 2 hours with the guys, but I just didn't remember the names.

Q Do you know if Clemens was particularly friendly with Canseco during their time together in Toronto?

A I don't know if they hung out, to be honest with you. I didn't hang out with either of the two of them, so I wouldn't see them socially. And they are kind of at opposite ends of -- you know, one was a DH, and the other was a starting pitcher. So I don't know how much interaction they had off the field or on the field, to be honest with you.

Q Canseco has, in his books and media initiatives, has talked about his role as a mentor to other players in the Major League with regard to steroids and using steroids. Did you witness any of that, where you thought maybe Canseco was trying to talk a guy into using steroids?

A No, I didn't witness that.

Q There is also another player on the Blue Jays who -- it has since come out in the media that he was maybe dabbling in steroids, human growth hormone, David Segui?

A Oh, yeah, I know David. Yeah.

Q And David was on the Blue Jays for a year; is that right?

A Yeah, he was, yes.

Q Did you ever have any recollection of anything related to David that might think that he was involved with steroids or human growth hormone?

A I don't ever remember him talking about it or visually seeing anything from David. So that would be no.

Q And, again, we are doing our best here not to ask folks we talk to to name more names --

A Good.

Q -- and sort of go down the Mitchell path. I mean, that's what Mitchell did, and we're not doing that.

A Good.

Q So I guess you were with the Blue Jays from '87 to 2003. Is that what you said?

A Yeah.

Q And now that the Mitchell report is out and the writers are thinking a lot about baseball and steroids, I mean, that was sort of -- is it fair to say that was the

steroids era? I mean, 2003 is when the drug-testing initiative started with Major League Baseball?

A I don't know, '87 to '03? Again, I haven't -- you know, I'm really naive because I haven't read the report, and I pretty much, by no choice of mine, have I stayed clear of this stuff. It's just not really a part of my life anymore, like, baseball just isn't a part of my life. So I can't really answer that question. If you guys are saying it was an era of steroids, then I will take your word for it, but I didn't witness it.

Q You were with the Blue Jays in '93, right?

A I was in the minor leagues in '93.

Q Okay, okay. Because I was just going to talk about Lenny Dykstra. I remember Lenny Dykstra -- you know, everyone thought Lenny Dykstra was doing steroids back then because, you know, you compared him to when he was on the Mets, he was a little guy, and then he got all muscular and was hitting home runs and whatnot. But you don't have any recollection of the media reports about Lenny and what was he on?

A No, I don't. When you're in the minor leagues, you are kind of removed from what was going on at the major-league level, and I didn't know too much about Mr. Dykstra or his scenario.

Q Where have you been since you left the Blue Jays?

You left after the 2003 season; is that fair to say?

A Yeah, I lost my job in July 2003, and then I have worked in a private clinic and done a little bit of work with baseball in Canada. I went to the Olympics in '04 with them. And been working for an orthopedic company for the past 3 years. I have two young children, so that's really what occupies my time now.

Q Do you keep in touch with Tommy Craig at all?

A I would say maybe once or twice yearly. I know he's back in baseball now. I just give him kind of a friendly shout-out. That's, kind of, about it.

Q Do you know what he's doing now?

A Yeah, he's with Milwaukee, in their minor system.

Q And Dr. Taylor, did you ever have any conversations with him about the use of anabolic steroids, about the players?

A No, we didn't.

Q This business of B-12 shots, a lot of the medical professionals we talked to, in fact almost with a certainty, they all say that that's no real benefit to the shots. Are you aware of any benefit to the B-12 injections?

A My only benefit, I think, is if somebody is iron-deficient.

Q Right.

A And that's about the only benefit. That's why I

said earlier I think it is just this baseball stigma. And I don't know if it was brought over by the Latin players, because I think it is a little more prevalent with the Latin players to get a B-12 shot. And, honestly, I don't know if somebody once took a B-12 shot and they went out and hit three home runs and they'd had a career five home runs in their life. I honestly don't know where it started.

I don't know how prevalent it is now. And when I was in Toronto, it wasn't that prevalent. There may have been a few players on occasion -- like I mentioned, [REDACTED] stuck out in my mind because he was the most adamant about having a B-12 shot.

But, again, I don't know of any reason why somebody would want a B-12 shot.

Q Might it be that -- you know, especially we have heard that the Dominican Republic guys, they get B-12 down there and they bring it up to the States or Canada. Is it possible that Dr. Taylor might have been willing to give the B-12 shot because he thought, "Hey, it's better that I give it than have players injecting themselves with B-12"?

A Oh, I mean, that's something that you're going to have to ask him, because I don't know why he would -- I can't really answer that question. That was his business, why he was giving a B-12 shot.

Q Fair enough. That's all I have for now.

A Oh, okay.

BY MR. GORDON:

Q Scott, this is Mike Gordon again.

Brian asked you earlier about certain injuries that Clemens may have had in 1998 and treatment he may have received for those injuries. Have you discussed that topic of injuries to Clemens or treatment that Clemens received in 1998 with anyone else recently, other than the two folks who were affiliated with Mr. Clemens?

A I talked to Tommy just, actually, the other day, because I had asked him if -- because after I met with the Clemens people, there was a report that McNamee had said that the trainers knew about something that was going on with Clemens after an injection. And I called Tommy. I said, "Tommy, I think I would have remembered something like that, if we were treating Roger for something." And Tommy said exactly the same thing to me. He said, you know, if Roger was in there getting treatment for something that was from an injection that he received, we would've remembered it. And, you know, I can't claim I remember everything that went on in '98, that was 10 years ago, but something that significant I am pretty sure I would've remembered.

So, to answer your question, there's just the two guys from Clemens' defense and Tommy.

Q What did Tommy say about -- what was his

recollection of this issue?

A Oh, his recollection was the same as mine, that we don't ever remember treating Roger for something around his buttocks area or what they called an abscess due to an injection.

Q Would it surprise you if there were records that indicated he had such an injury at that time and got treatment perhaps from others on the Blue Jays' staff?

A Yes, it would.

Mr. Cohen. All right, I think that's it. That completes the interview.

Mr. Shannon. Okay, thanks.

[Whereupon, at 5:16 p.m., the interview was concluded.]

Certificate of Deponent/Interviewee

I have read the foregoing ____ pages, which contain the correct transcript of the answers made by me to the questions therein recorded.

Witness Name

ERRATA SHEET

FOR DEPOSITION OF SCOTT SHANNON

<u>PAGE</u>	<u>LINE</u>	<u>CORRECTION</u>
13	6, 10	Replace "C-12" with "B-12." Change made by Committee staff.