

Table A-6. Time spent in primary activities ¹ and the percent of married mothers and fathers who did the activities on an average day by employment status and age of youngest own household child, average for the combined years 2005-09

Own household children under 18

Activity	Average hours per day spent in primary activities ¹					Percent doing the activity on an average day				
	Married mothers			Married fathers ²		Married mothers			Married fathers ²	
	Employed full time	Employed part time	Not Employed	Employed full time	Not Employed	Employed full time	Employed part time	Not Employed	Employed full time	Not Employed
Total, all activities	24.00	24.00	24.00	24.00	24.00	100.0	100.0	100.0	100.0	100.0
Personal care activities	9.04	9.14	9.42	8.63	9.62	100.0	100.0	100.0	100.0	99.9
Sleeping	8.23	8.40	8.79	8.05	9.06	99.9	100.0	100.0	99.9	99.9
Household activities	1.98	2.65	3.53	1.22	2.21	88.2	93.9	95.8	65.4	75.1
Housework85	1.16	1.63	.24	.50	52.6	66.9	74.9	18.9	31.1
Food preparation and cleanup78	1.01	1.42	.31	.64	73.9	82.6	88.1	41.6	53.5
Lawn and garden care08	.12	.13	.22	.38	5.5	7.8	9.3	10.7	15.6
Purchasing goods and services56	.69	.76	.36	.52	51.5	58.5	56.0	39.1	44.6
Grocery shopping13	.17	.19	.07	.11	17.5	22.9	22.2	9.5	13.5
Consumer goods purchases, except grocery shopping34	.40	.44	.24	.28	38.2	42.3	40.8	30.9	30.4
Caring for and helping household members	1.24	1.86	2.51	.87	1.30	73.2	80.7	86.6	56.6	62.8
Caring for and helping household children	1.22	1.84	2.49	.85	1.24	72.1	79.8	86.4	55.1	60.7
Physical care54	.74	1.03	.28	.34	53.2	62.9	72.8	33.9	33.5
Education-related activities10	.16	.23	.06	.14	11.7	18.5	19.9	6.5	12.9
Reading to/with children05	.07	.09	.03	.04	10.3	14.5	15.9	5.8	5.6
Playing/doing hobbies with children20	.36	.56	.28	.36	15.1	21.5	29.7	17.0	16.9
Working and work-related activities ³	5.24	2.79	.08	6.09	.55	69.4	55.8	3.3	73.9	15.7
Working ³	5.21	2.75	.03	6.05	.07	69.0	54.6	1.0	73.3	2.2
Leisure and sports	2.93	3.41	4.21	3.69	6.30	92.6	95.5	96.4	94.6	97.7
Socializing and communicating61	.78	.90	.59	.92	39.3	46.1	46.9	36.3	43.9
Watching television	1.54	1.68	2.27	2.06	3.76	73.4	76.0	80.9	78.2	87.0
Participating in sports, exercise, and recreation16	.22	.23	.31	.34	13.7	16.8	17.3	17.0	19.0
Travel	1.35	1.36	1.17	1.43	1.16	94.5	92.9	84.4	94.3	78.8
Travel related to caring for and helping household children22	.27	.31	.12	.18	41.0	45.9	43.3	22.9	28.0
Other activities, not elsewhere classified	1.66	2.10	2.32	1.70	2.35	98.1	98.6	98.9	98.3	97.9

See footnotes at end of table.

Table A-6. Time spent in primary activities ¹ and the percent of married mothers and fathers who did the activities on an average day by employment status and age of youngest own household child, average for the combined years 2005-09—Continued

Own household children, youngest under 6

Activity	Average hours per day spent in primary activities ¹					Percent doing the activity on an average day				
	Married mothers			Married fathers ²		Married mothers			Married fathers ²	
	Employed full time	Employed part time	Not Employed	Employed full time	Not Employed	Employed full time	Employed part time	Not Employed	Employed full time	Not Employed
Total, all activities	24.00	24.00	24.00	24.00	24.00	100.0	100.0	100.0	100.0	100.0
Personal care activities	9.03	9.11	9.45	8.66	9.55	100.0	100.0	100.0	100.0	99.9
Sleeping	8.30	8.40	8.90	8.10	9.15	100.0	100.0	100.0	100.0	99.9
Household activities	1.84	2.38	3.32	1.13	1.94	88.1	91.7	96.0	64.6	73.7
Housework79	1.04	1.53	.25	.55	50.0	62.2	74.8	20.0	33.1
Food preparation and cleanup77	.98	1.39	.31	.64	75.2	81.1	88.3	42.3	54.9
Lawn and garden care06	.08	.12	.18	.23	3.9	6.4	7.8	9.4	8.4
Purchasing goods and services57	.66	.72	.38	.48	51.1	56.8	52.9	39.8	44.4
Grocery shopping14	.15	.17	.08	.11	17.9	19.2	18.3	10.2	13.7
Consumer goods purchases, except grocery shopping33	.39	.44	.24	.30	36.8	42.9	39.9	31.2	34.4
Caring for and helping household members	2.00	2.75	3.18	1.27	2.10	90.3	92.8	93.3	69.0	77.6
Caring for and helping household children	1.98	2.73	3.16	1.25	2.06	90.1	92.6	93.3	68.1	77.1
Physical care	1.03	1.31	1.47	.48	.68	82.0	87.9	87.0	50.9	53.0
Education-related activities08	.08	.17	.04	.12	10.0	11.9	16.0	5.0	11.6
Reading to/with children08	.12	.12	.04	.08	18.8	23.6	21.5	9.9	10.3
Playing/doing hobbies with children43	.73	.86	.48	.77	30.9	42.3	44.1	28.2	33.3
Working and work-related activities ³	5.04	2.61	.05	6.02	.73	67.5	53.9	2.5	73.9	18.0
Working ³	5.02	2.58	.02	5.98	.14	67.3	52.8	.6	73.2	3.0
Leisure and sports	2.64	3.19	3.95	3.52	5.64	89.9	94.2	96.2	94.1	99.4
Socializing and communicating61	.80	.90	.63	.86	37.4	45.7	46.5	37.6	40.7
Watching television	1.38	1.53	2.17	1.94	3.39	70.9	74.0	80.0	76.2	85.8
Participating in sports, exercise, and recreation15	.20	.21	.28	.34	12.8	14.2	16.0	15.9	20.7
Travel	1.34	1.26	1.10	1.37	1.03	94.3	90.6	82.4	94.3	80.8
Travel related to caring for and helping household children27	.25	.28	.11	.17	47.5	45.2	41.6	22.7	29.5
Other activities, not elsewhere classified	1.55	2.04	2.22	1.64	2.52	98.2	98.4	98.9	98.6	97.4

See footnotes at end of table.

Table A-6. Time spent in primary activities ¹ and the percent of married mothers and fathers who did the activities on an average day by employment status and age of youngest own household child, average for the combined years 2005-09—Continued

Own household children 6-17, none younger

Activity	Average hours per day spent in primary activities ¹					Percent doing the activity on an average day				
	Married mothers			Married fathers ²		Married mothers			Married fathers ²	
	Employed full time	Employed part time	Not Employed	Employed full time	Not Employed	Employed full time	Employed part time	Not Employed	Employed full time	Not Employed
Total, all activities	24.00	24.00	24.00	24.00	24.00	100.0	100.0	100.0	100.0	100.0
Personal care activities	9.04	9.17	9.36	8.61	9.66	100.0	100.0	100.0	100.0	100.0
Sleeping	8.19	8.39	8.63	8.01	9.01	99.9	100.0	100.0	99.9	99.9
Household activities	2.08	2.86	3.85	1.30	2.37	88.4	95.6	95.4	66.3	76.0
Housework89	1.25	1.79	.23	.47	54.4	70.6	75.1	17.8	29.8
Food preparation and cleanup78	1.03	1.45	.30	.64	73.0	83.7	87.7	41.0	52.6
Lawn and garden care09	.15	.15	.26	.47	6.6	8.9	11.7	12.0	20.1
Purchasing goods and services56	.71	.82	.34	.54	51.9	59.9	60.7	38.5	44.7
Grocery shopping12	.19	.23	.06	.11	17.3	25.8	28.2	8.8	13.4
Consumer goods purchases, except grocery shopping35	.41	.46	.23	.27	39.2	41.8	42.2	30.5	27.8
Caring for and helping household members71	1.17	1.48	.49	.78	61.1	71.2	76.1	44.7	53.4
Caring for and helping household children70	1.13	1.45	.46	.72	59.6	69.7	75.6	42.6	50.4
Physical care19	.29	.35	.09	.13	33.0	43.3	50.7	17.6	21.1
Education-related activities11	.23	.33	.08	.16	13.0	23.6	25.9	8.0	13.7
Reading to/with children02	.04	.04	.01	.02	4.3	7.3	7.3	1.8	2.6
Playing/doing hobbies with children04	.06	.10	.09	.09	4.1	5.2	7.4	6.4	6.4
Working and work-related activities ³	5.37	2.93	.11	6.16	.43	70.7	57.2	4.6	73.9	14.2
Working ³	5.34	2.89	.04	6.12	.02	70.2	56.0	1.7	73.5	1.6
Leisure and sports	3.14	3.58	4.61	3.85	6.72	94.5	96.6	96.9	95.0	96.7
Socializing and communicating61	.76	.89	.54	.96	40.7	46.4	47.5	35.1	45.9
Watching television	1.65	1.79	2.43	2.17	3.99	75.2	77.5	82.4	80.2	87.8
Participating in sports, exercise, and recreation17	.23	.26	.34	.34	14.4	18.8	19.4	18.0	17.8
Travel	1.35	1.43	1.29	1.50	1.24	94.7	94.7	87.5	94.2	77.6
Travel related to caring for and helping household children19	.29	.34	.12	.20	36.4	46.4	46.0	23.1	27.1
Other activities, not elsewhere classified	1.74	2.14	2.48	1.75	2.24	98.0	98.8	98.9	98.1	98.3

¹ A primary activity refers to an individual's main activity. Other activities done simultaneously are not included.

² Estimates for part-time workers are not shown because it is uncommon for fathers of household children to work part time.

³ Estimates include a small amount of work time done by persons who do not meet the ATUS definition of employed.

NOTE: Data refer to persons 15 years and over. For technical information about the American Time Use Survey, see the ATUS User's Guide: www.bls.gov/tus/atususersguide.pdf.

Source: American Time Use Survey, Bureau of Labor Statistics