

Market Report for month ending Friday November 30, 2018.

*** New Report to be released monthly until weekly summer markets become active at the beginning of May***

Data from Vermont Farmers Markets are included in this report. All reported products are "local" to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

Vermont Monthly Winter Farmers Market Report

Produce & Protein Products

Commodity <small>*All units per pound unless specified*</small>	Not Certified Organic			Certified Organic			Market Comments
	Low	High	Average	Low	High	Average	
Apples	\$ 1.00	\$ 1.25	\$ 1.15	\$ 1.75	\$ 2.00	\$ 1.79	Seasonality: Apples, greens, and a variety of root crops and winter squash. Weather Conditions: Clear and mild. Attendance: Great start to the winter season with above average attendance. Vendor Comments: N/A
Beets	\$ 1.75	\$ 2.50	\$ 2.17	\$ 2.50	\$ 3.00	\$ 2.75	
Cabbage	\$ 1.50	\$ 2.25	\$ 1.87	\$ 2.00	\$ 2.00	\$ 2.00	
Carrots	\$ 1.75	\$ 3.00	\$ 2.18	\$ 2.50	\$ 3.00	\$ 2.55	
Celeriac	\$ 2.50	\$ 4.00	\$ 3.06	\$ 3.00	\$ 4.00	\$ 3.67	
Garlic	\$ 8.00	\$ 12.00	\$ 10.43	\$ 9.00	\$ 12.00	\$ 10.83	
Herbs (per bunch)	\$ 2.00	\$ 4.00	\$ 2.69	\$ 2.50	\$ 4.00	\$ 3.00	
Jerusalem Artichokes	\$ 3.00	\$ 4.00	\$ 3.50	\$ 3.00	\$ 6.00	\$ 4.25	
Kale (per bunch)	\$ 3.00	\$ 4.00	\$ 3.20	\$ 3.00	\$ 4.00	\$ 3.25	
Leeks	\$ 2.50	\$ 3.50	\$ 2.90	\$ 3.25	\$ 3.50	\$ 3.38	
Lettuce (per head)	\$ 2.50	\$ 3.00	\$ 2.88	\$ 3.00	\$ 3.50	\$ 3.17	
Onions	\$ 1.80	\$ 3.00	\$ 2.29	\$ 5.00	\$ 6.00	\$ 2.63	
Parsnips	\$ 2.50	\$ 3.50	\$ 2.93	\$ 2.50	\$ 3.00	\$ 2.80	
Potatoes (fingerlings)	\$ 2.00	\$ 4.00	\$ 3.06	\$ 3.50	\$ 5.00	\$ 4.25	
Potatoes (all other varieties)	\$ 1.75	\$ 2.50	\$ 2.04	\$ 2.50	\$ 3.00	\$ 2.67	
Radish (Daikon)	\$ 2.00	\$ 3.00	\$ 2.30	\$ 2.50	\$ 3.00	\$ 2.75	
Shallots	\$ 4.00	\$ 7.00	\$ 6.00	\$ 6.00	\$ 9.00	\$ 6.80	
Spinach	\$ 6.00	\$ 10.00	\$ 8.10	\$ 7.50	\$ 12.00	\$ 9.17	
Sweet Potatoes	\$ 2.50	\$ 2.50	\$ 3.14	\$ 3.00	\$ 4.00	\$ 3.33	
Turnip	\$ 1.50	\$ 2.00	\$ 1.83	\$ 2.00	\$ 2.50	\$ 2.33	
Winter Squash	\$ 1.20	\$ 4.00	\$ 1.65	\$ 1.75	\$ 3.00	\$ 2.46	
Proteins							
<small>*All units per pound unless specified*</small>	Low		High		Average		
Lamb Chops	\$	11.00	\$	18.00	\$	15.30	
Rack of Lamb	\$	16.00	\$	18.00	\$	17.20	
Leg of Lamb	\$	11.00	\$	15.00	\$	12.60	
Ground Lamb	\$	10.00	\$	12.00	\$	11.00	
Ground Beef	\$	6.00	\$	9.00	\$	7.27	
Ribeye	\$	14.00	\$	20.00	\$	17.43	
Sirloin	\$	8.00	\$	16.00	\$	11.67	
Round Roast	\$	8.00	\$	10.00	\$	9.00	
Chuck Roast	\$	8.00	\$	11.00	\$	9.50	
Strip Steak	\$	14.00	\$	22.00	\$	17.57	
Skirt Steak	\$	9.00	\$	16.00	\$	11.33	
Tenderloin	\$	15.00	\$	24.00	\$	20.71	
Eggs (per dozen)	\$	4.00	\$	6.00	\$	4.93	
Whole Chickens	\$	3.60	\$	6.00	\$	4.90	
Ground Pork	\$	6.00	\$	8.50	\$	7.04	
Pork Chops	\$	6.00	\$	13.00	\$	9.19	
Pork Loin	\$	7.00	\$	16.00	\$	11.25	
Pork Tenderloin	\$	10.00	\$	18.00	\$	13.40	
Shoulder Roast	\$	7.00	\$	11.00	\$	8.80	
Ham	\$	7.00	\$	11.00	\$	9.00	
Baby Back Ribs	\$	8.00	\$	13.00	\$	10.33	
Sausage	\$	8.00	\$	13.00	\$	9.75	
Bacon	\$	9.00	\$	13.00	\$	11.20	



Source: VT Agency of Ag - USDA, New Holland-Lancaster County, PA
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http://www.ams.usda.gov/mnreports/mp_lo101.txt

