

ZIKA HEALTH ADVISORY



Pregnant?

Zika is linked to birth defects.



Going to or coming from areas with Zika?



Protect yourself during pregnancy.

- **Don't let mosquitoes bite you.**
- **Talk to your doctor about the risk to your pregnancy.**

Where is Zika? Find out at www.cdc.gov/travel



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention