### **VA Helps Women Veterans...**

#### Stay healthy

- Eligible Veterans can receive health care, including treatment for substance use.
- VA medical centers offer a wide range of health care services designed to meet the needs of women Veterans throughout their lives.
- VA has skilled, supportive mental health specialists to help women Veterans work through life challenges, recover from trauma, and readjust to civilian life.

#### Secure safe, stable housing

- Veterans at imminent risk of becoming homeless can get assistance with expenses such as utilities to help them stay in their homes.
- Qualified Veterans in temporary housing can get help finding a permanent home.
- VA can help Veterans having trouble making mortgage payments explore options to avoid foreclosure.

#### Care for your family

• Eligible Veterans at imminent risk of becoming homeless can get assistance with child care expenses.

#### Find a job

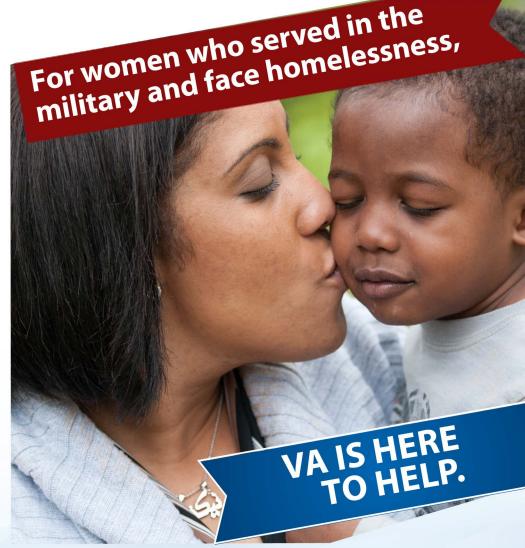
- VA provides job training or referrals to help eligible Veterans gain skills to prepare them for employment.
- Work therapy programs can help eligible Veterans who are homeless find temporary housing and a paying job.

#### Get a degree

 VA can help eligible Veterans go back to school and assist with living expenses while they pursue their studies.

VA provides individualized care through a wide range of services for Veterans who are homeless or at imminent risk of becoming homeless. Veterans of all eras and branches may be eligible for VA services. Make the Call and take the first step to access help from VA.





Nicole, formerly homeless Veteran Served 2002-2010

## Make the Call! Make the Call!

Help for Homeless Veterans **877–4AID–VET**va.gov/homeless (877) 424–3838





# Have you served in the U.S. military? VA is here to help you secure the safe, stable housing you have earned.

Adjusting to life outside the service can be hard, especially when others are relying on you. VA offers a variety of targeted programs that can help you secure safe and stable housing, make ends meet, and take care of yourself and your family.

### Women Veterans face unique challenges.

Women Veterans may face emotional and physical challenges resulting from service-related trauma that can increase their risk of becoming homeless. If you are a woman who served in the military, VA recognizes the challenges you face and provides health care, employment, education, and housing assistance that can help you live a healthy life in safe, stable housing.

#### Make the Call.

If you are homeless or at imminent risk of becoming homeless, trained, supportive professionals are available 24 hours a day, seven days a week, to connect you with the services you have earned. If you need safe, stable housing and you're in crisis, Make the Call to **877-4AID-VET** 

(877-424-3838) or chat online at

"If it wasn't for the VA, I don't know where I'd be."

Tracy, formerly homeless VeteranServed 1988-1991

va.gov/homeless