

Prevalence of Self-Reported Obesity Among U.S. Adults by Race/Ethnicity, State and Territory, BRFSS

Definitions

- ❑ **Obesity: Body Mass Index (BMI) of 30 or higher.**
- ❑ **Body Mass Index (BMI): A measure of an adult's weight in relation to his or her height, calculated by using the adult's weight in kilograms divided by the square of his or her height in meters.**

Prevalence of Self-Reported Obesity Among U.S. Adults by Race/Ethnicity, State and Territory, BRFSS,

Method

- ❑ The data were collected through the Behavioral Risk Factor Surveillance System (BRFSS), an ongoing, state-based, telephone interview survey conducted by state health departments with assistance from CDC.
- ❑ Height and weight data used in the BMI calculations were self-reported.
- ❑ Three years of data were combined to ensure sufficient sample size.



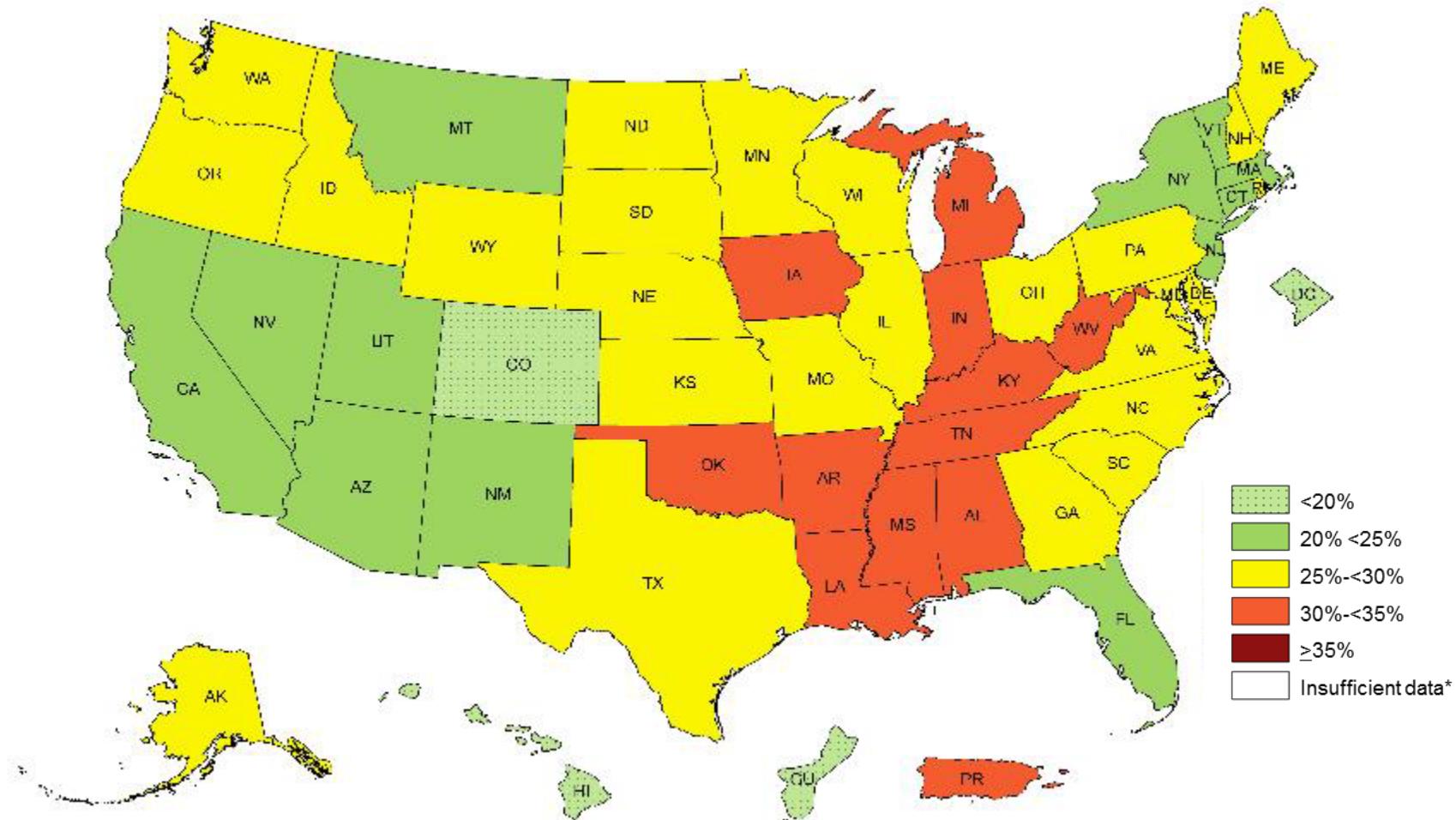
Prevalence of Self-Reported Obesity Among U.S. Adults by Race/Ethnicity, State and Territory, BRFSS

Exclusion Criteria

Records with the following were excluded:

- ❑ Height: <3 feet or ≥ 8 feet
- ❑ Weight: <50 pounds or ≥ 650 pounds
- ❑ BMI: <12 kg/m² or ≥ 100 kg/m²
- ❑ Pregnant women

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2011-2013



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) $\geq 30\%$.



Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2011-2013

State	Prevalence	Confidence Interval
Alabama	29.8	(28.8, 30.9)
Alaska	26.1	(24.9, 27.4)
Arizona	22.0	(20.8, 23.3)
Arkansas	32.0	(30.7, 33.2)
California	22.4	(21.7, 23.1)
Colorado	18.8	(18.2, 19.4)
Connecticut	23.5	(22.6, 24.4)
Delaware	27.4	(26.3, 28.5)
District of Columbia	10.0	(8.8, 11.3)
Florida	24.5	(23.7, 25.3)
Georgia	26.2	(25.2, 27.2)
Guam	18.8	(15.1, 23.2)
Hawaii	19.3	(17.8, 20.8)
Idaho	26.8	(25.7, 27.9)
Illinois	27.0	(26.0, 28.1)
Indiana	30.1	(29.3, 30.9)
Iowa	30.1	(29.3, 30.9)
Kansas	29.2	(28.6, 29.7)
Kentucky	31.0	(30.2, 31.8)
Louisiana	30.4	(29.3, 31.6)
Maine	28.5	(27.8, 29.2)
Maryland	25.3	(24.5, 26.2)
Massachusetts	22.4	(21.8, 23.1)
Michigan	30.1	(29.3, 30.8)
Minnesota	25.5	(24.8, 26.2)
Mississippi	30.7	(29.6, 31.8)

State	Prevalence	Confidence Interval
Missouri	28.8	(27.8, 29.9)
Montana	23.4	(22.7, 24.2)
Nebraska	28.6	(28.0, 29.2)
Nevada	24.7	(23.4, 26.0)
New Hampshire	27.1	(26.3, 28.0)
New Jersey	24.4	(23.7, 25.2)
New Mexico	22.2	(21.2, 23.1)
New York	23.6	(22.7, 24.5)
North Carolina	26.6	(25.8, 27.5)
North Dakota	29.1	(28.2, 30.0)
Ohio	29.4	(28.7, 30.2)
Oklahoma	31.0	(30.1, 31.9)
Oregon	26.2	(25.3, 27.1)
Pennsylvania	28.7	(28.0, 29.4)
Puerto Rico	32.6	(24.2, 42.2)
Rhode Island	25.9	(24.9, 26.9)
South Carolina	27.5	(26.6, 28.3)
South Dakota	28.1	(27.0, 29.2)
Tennessee	30.2	(28.9, 31.4)
Texas	26.5	(25.5, 27.4)
Utah	24.1	(23.5, 24.7)
Vermont	24.5	(23.7, 25.4)
Virginia	26.3	(25.4, 27.3)
Washington	27.5	(26.8, 28.2)
West Virginia	33.8	(32.9, 34.7)
Wisconsin	28.6	(27.5, 29.7)
Wyoming	25.5	(24.5, 26.5)

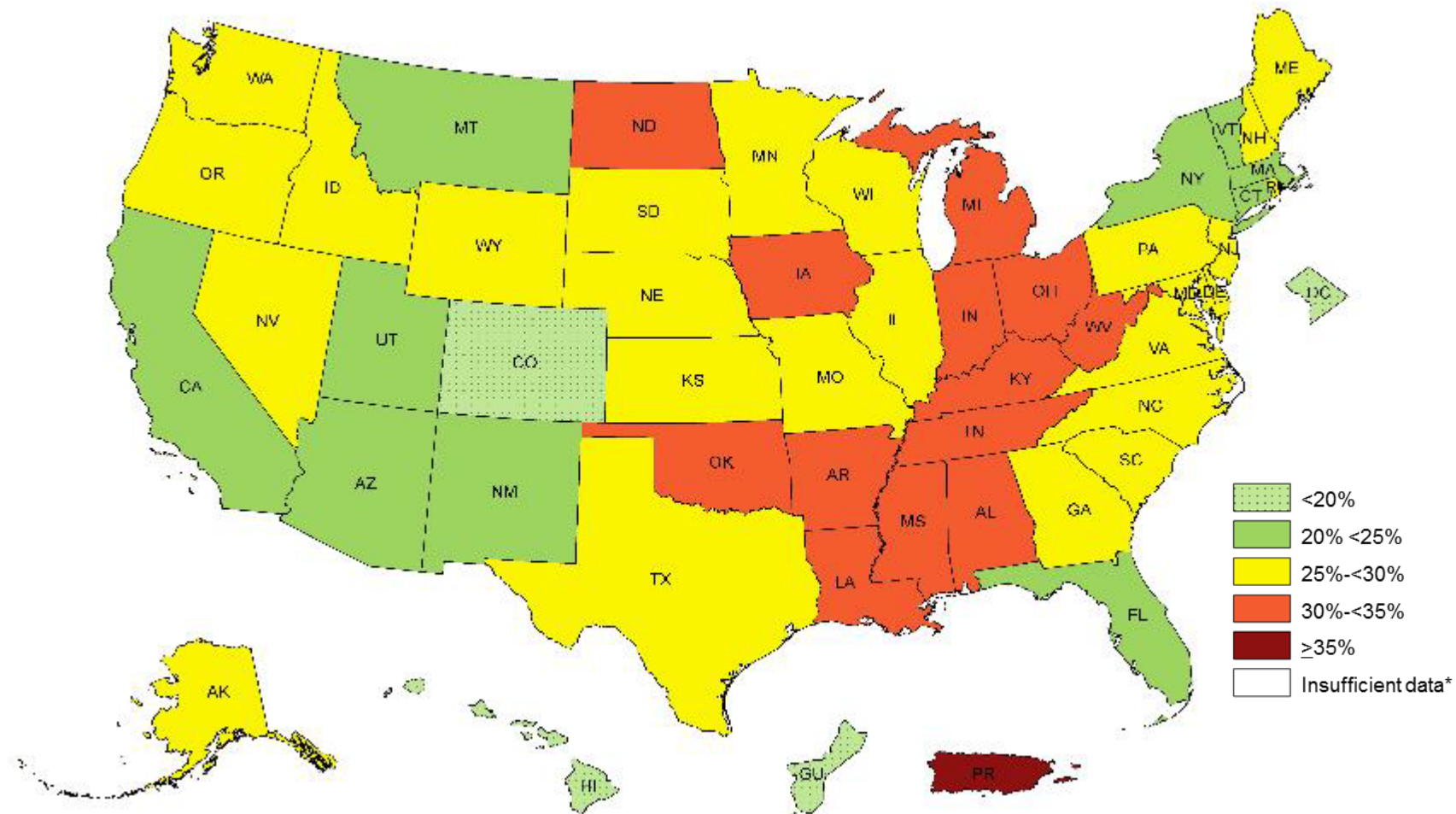
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory , BRFSS, 2011-2013

Summary

- ❑ 2 states (Colorado and Hawaii), the District of Columbia, and Guam had a prevalence of obesity less than 20%.
- ❑ 12 states had a prevalence of obesity between 20% and <25%.
- ❑ 26 states had a prevalence of obesity between 25% and <30%.
- ❑ 10 states and Puerto Rico had a prevalence of obesity between 30% and <35%.
- ❑ No state had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2012-2014



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.



Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2012-2014

State	Prevalence	95% Confidence Interval
Alabama	30.4	(29.4, 31.4)
Alaska	27.0	(25.8, 28.2)
Arizona	23.7	(22.6, 24.8)
Arkansas	32.9	(31.7, 34.2)
California	22.6	(21.8, 23.4)
Colorado	19.1	(18.6, 19.7)
Connecticut	24.2	(23.3, 25.1)
Delaware	28.2	(27.0, 29.4)
District of Columbia	9.9	(8.7, 11.3)
Florida	24.3	(23.5, 25.2)
Georgia	27.5	(26.5, 28.6)
Guam	18.2	(14.6, 22.6)
Hawaii	18.8	(17.3, 20.3)
Idaho	27.4	(26.3, 28.5)
Illinois	27.5	(26.5, 28.6)
Indiana	31.1	(30.3, 31.9)
Iowa	30.9	(30.1, 31.7)
Kansas	29.6	(29.1, 30.2)
Kentucky	31.6	(30.7, 32.4)
Louisiana	30.5	(29.3, 31.7)
Maine	28.5	(27.8, 29.3)
Maryland	26.0	(25.1, 26.9)
Massachusetts	22.6	(22.0, 23.3)
Michigan	30.2	(29.5, 31.0)
Minnesota	26.1	(25.4, 26.7)
Mississippi	31.3	(30.0, 32.5)

State	Prevalence	95% Confidence Interval
Missouri	28.9	(27.8, 29.9)
Montana	23.9	(23.1, 24.7)
Nebraska	29.0	(28.4, 29.6)
Nevada	26.4	(25.0, 27.8)
New Hampshire	27.5	(26.6, 28.5)
New Jersey	25.4	(24.6, 26.2)
New Mexico	22.5	(21.5, 23.5)
New York	24.5	(23.6, 25.4)
North Carolina	26.8	(26.0, 27.7)
North Dakota	30.7	(29.7, 31.7)
Ohio	30.4	(29.6, 31.1)
Oklahoma	31.9	(31.0, 32.7)
Oregon	27.0	(26.1, 28.0)
Pennsylvania	29.2	(28.5, 29.9)
Puerto Rico	46.7	(35.4, 58.3)
Rhode Island	26.6	(25.6, 27.6)
South Carolina	28.1	(27.2, 28.9)
South Dakota	28.9	(27.8, 30.0)
Tennessee	30.7	(29.6, 31.8)
Texas	26.7	(25.8, 27.7)
Utah	24.5	(24.0, 25.1)
Vermont	24.3	(23.5, 25.1)
Virginia	26.1	(25.2, 26.9)
Washington	27.8	(27.1, 28.5)
West Virginia	34.7	(33.8, 35.6)
Wisconsin	29.6	(28.6, 30.7)
Wyoming	26.8	(25.7, 27.9)

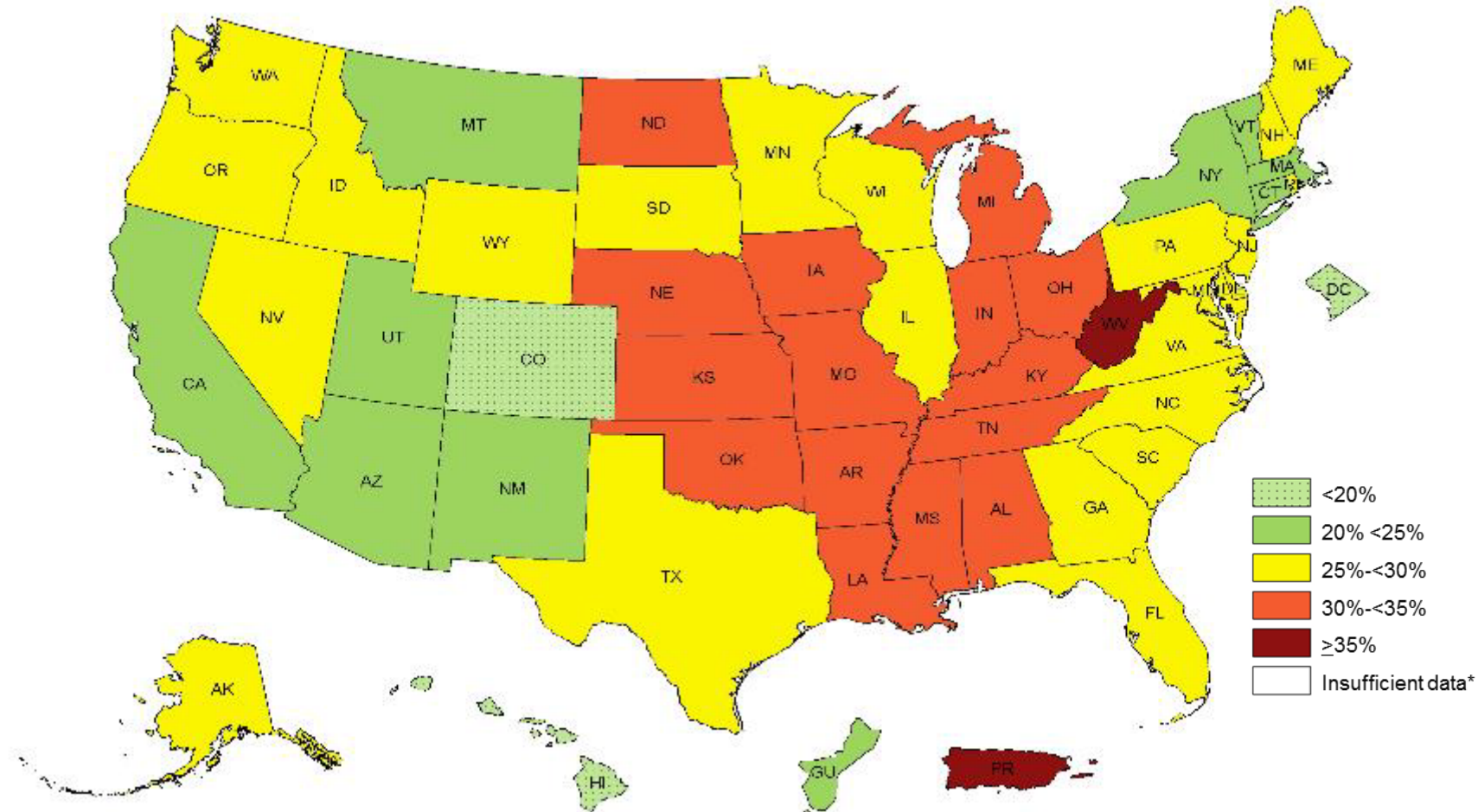
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2012-2014

Summary

- ❑ 2 states (Colorado and Hawaii) and the District of Columbia and Guam had a prevalence of obesity less than 20%.
- ❑ 10 states had a prevalence of obesity between 20% and <25%.
- ❑ 25 states had a prevalence of obesity between 25% and <30%.
- ❑ 13 states had a prevalence of obesity between 30% and <35%.
- ❑ Puerto Rico had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2013-2015



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.



Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2013-2015

State	Prevalence	95% Confidence Interval
Alabama	31.1	(30.1, 32.1)
Alaska	27.7	(26.4, 29.0)
Arizona	24.4	(23.4, 25.5)
Arkansas	33.2	(31.9, 34.6)
California	22.2	(21.4, 23.1)
Colorado	19.1	(18.5, 19.7)
Connecticut	24.0	(23.2, 24.9)
Delaware	29.4	(28.1, 30.8)
District of Columbia	9.9	(8.6, 11.4)
Florida	25.2	(24.4, 26.0)
Georgia	28.0	(27.0, 29.2)
Guam	21.1	(16.7, 26.2)
Hawaii	17.9	(16.6, 19.4)
Idaho	28.1	(27.0, 29.2)
Illinois	28.3	(27.2, 29.3)
Indiana	31.3	(30.4, 32.2)
Iowa	31.6	(30.8, 32.5)
Kansas	31.0	(30.5, 31.6)
Kentucky	32.9	(32.0, 33.8)
Louisiana	31.9	(30.7, 33.2)
Maine	29.2	(28.4, 30.0)
Maryland	26.7	(25.8, 27.8)
Massachusetts	23.0	(22.3, 23.8)
Michigan	30.2	(29.5, 31.0)
Minnesota	26.5	(25.8, 27.1)
Mississippi	31.5	(30.2, 32.8)

State	Prevalence	95% Confidence Interval
Missouri	30.4	(29.4, 31.4)
Montana	23.8	(22.9, 24.6)
Nebraska	30.0	(29.3, 30.6)
Nevada	26.3	(24.7, 27.9)
New Hampshire	27.3	(26.4, 28.2)
New Jersey	25.6	(24.8, 26.5)
New Mexico	22.8	(21.7, 24.0)
New York	24.9	(24.1, 25.8)
North Carolina	27.2	(26.3, 28.1)
North Dakota	31.3	(30.4, 32.3)
Ohio	30.5	(29.7, 31.4)
Oklahoma	32.5	(31.5, 33.4)
Oregon	28.1	(27.1, 29.1)
Pennsylvania	29.5	(28.6, 30.3)
Puerto Rico	45.4	(33.4, 58.0)
Rhode Island	26.4	(25.4, 27.4)
South Carolina	28.3	(27.5, 29.2)
South Dakota	29.6	(28.5, 30.8)
Tennessee	31.5	(30.3, 32.6)
Texas	27.9	(26.9, 28.9)
Utah	24.5	(23.9, 25.1)
Vermont	24.8	(24.0, 25.6)
Virginia	26.7	(25.9, 27.5)
Washington	27.7	(27.0, 28.5)
West Virginia	35.2	(34.3, 36.1)
Wisconsin	29.8	(28.9, 30.8)
Wyoming	28.0	(26.9, 29.1)

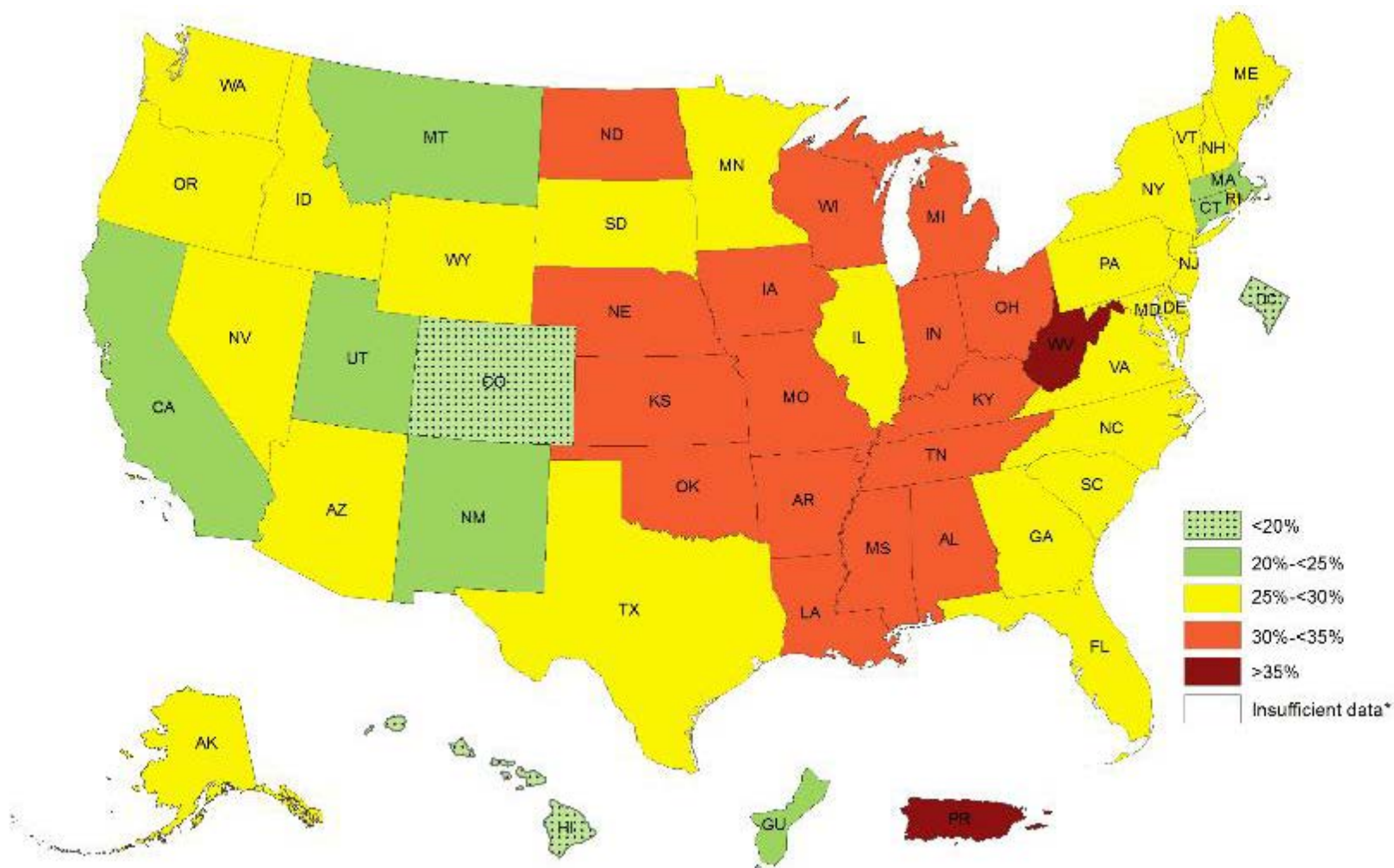
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2013-2015

Summary

- ❑ 2 states (Colorado and Hawaii) and the District of Columbia had a prevalence of obesity less than 20%.
- ❑ 9 states and Guam had a prevalence of obesity between 20% and <25%.
- ❑ 23 states had a prevalence of obesity between 25% and <30%.
- ❑ 15 states had a prevalence of obesity between 30% and <35%.
- ❑ West Virginia and Puerto Rico had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2014-2016



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) $\geq 30\%$.



Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2014-2016

State	Prevalence	95% Confidence Interval
Alabama	32.4	(31.4, 33.4)
Alaska	28.7	(27.2, 30.2)
Arizona	26.0	(25.1, 26.9)
Arkansas	34.0	(32.5, 35.4)
California	22.7	(21.9, 23.6)
Colorado	19.8	(19.2, 20.4)
Connecticut	24.3	(23.5, 25.1)
Delaware	29.4	(28.0, 30.9)
District of Columbia	9.7	(8.5, 11.2)
Florida	25.7	(24.9, 26.5)
Georgia	28.9	(27.7, 30.1)
Guam	24.8	(19.9, 30.5)
Hawaii	17.6	(16.3, 19.0)
Idaho	27.6	(26.6, 28.7)
Illinois	29.2	(28.1, 30.3)
Indiana	31.8	(30.9, 32.7)
Iowa	31.9	(31.1, 32.8)
Kansas	31.5	(30.9, 32.1)
Kentucky	33.4	(32.4, 34.3)
Louisiana	32.6	(31.4, 33.9)
Maine	29.5	(28.7, 30.3)
Maryland	27.8	(26.8, 28.8)
Massachusetts	22.9	(22.2, 23.7)
Michigan	30.7	(29.9, 31.4)
Minnesota	27.3	(26.8, 27.8)
Mississippi	31.9	(30.6, 33.3)

State	Prevalence	95% Confidence Interval
Missouri	30.7	(29.7, 31.8)
Montana	24.4	(23.5, 25.4)
Nebraska	30.8	(30.1, 31.5)
Nevada	26.2	(24.7, 27.9)
New Hampshire	27.2	(26.3, 28.2)
New Jersey	25.4	(24.5, 26.4)
New Mexico	23.9	(22.7, 25.2)
New York	25.1	(24.3, 25.9)
North Carolina	28.1	(27.2, 29.1)
North Dakota	31.5	(30.5, 32.6)
Ohio	30.8	(30.0, 31.7)
Oklahoma	32.3	(31.3, 33.2)
Oregon	29.0	(28.1, 30.0)
Pennsylvania	29.5	(28.6, 30.4)
Puerto Rico	36.0	(24.8, 49.0)
Rhode Island	26.0	(24.9, 27.1)
South Carolina	28.9	(28.1, 29.8)
South Dakota	29.5	(28.4, 30.7)
Tennessee	31.3	(30.2, 32.4)
Texas	29.2	(28.1, 30.3)
Utah	24.9	(24.3, 25.6)
Vermont	25.7	(24.9, 26.6)
Virginia	27.3	(26.5, 28.2)
Washington	28.2	(27.5, 28.8)
West Virginia	36.0	(35.2, 36.9)
Wisconsin	30.5	(29.5, 31.5)
Wyoming	27.9	(26.8, 29.2)

Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic White Adults, by State and Territory, BRFSS, 2014-2016

Summary

- ❑ 2 states (Colorado and Hawaii) and the District of Columbia had a prevalence of obesity less than 20%.
- ❑ 6 states and Guam had a prevalence of obesity between 20% and <25%.
- ❑ 25 states had a prevalence of obesity between 25% and <30%.
- ❑ 16 states had a prevalence of obesity between 30% and <35%.
- ❑ West Virginia and Puerto Rico had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory , BRFSS, 2011-2013

State	Prevalence	Confidence Interval
Alabama	41.8	(39.9, 43.8)
Alaska	37.9	(29.1, 47.6)
Arizona	32.5	(25.7, 40.2)
Arkansas	42.2	(38.7, 45.7)
California	34.8	(31.8, 38.0)
Colorado	30.5	(26.6, 34.7)
Connecticut	33.2	(30.1, 36.5)
Delaware	37.3	(34.6, 40.1)
District of Columbia	35.6	(33.7, 37.6)
Florida	34.8	(32.2, 37.5)
Georgia	37.2	(35.3, 39.0)
Guam	Insufficient data*	Insufficient data*
Hawaii	41.1	(30.6, 52.4)
Idaho	Insufficient data*	Insufficient data*
Illinois	38.7	(35.3, 42.3)
Indiana	42.5	(39.4, 45.7)
Iowa	39.5	(32.7, 46.7)
Kansas	39.2	(36.2, 42.2)
Kentucky	42.0	(38.1, 46.0)
Louisiana	41.9	(39.9, 44.0)
Maine	22.6	(13.0, 36.3)
Maryland	37.5	(35.8, 39.2)
Massachusetts	33.6	(30.8, 36.5)
Michigan	39.3	(37.0, 41.7)
Minnesota	29.8	(26.1, 33.7)
Mississippi	42.9	(41.2, 44.5)

State	Prevalence	Confidence Interval
Missouri	40.0	(36.5, 43.5)
Montana	Insufficient data*	Insufficient data*
Nebraska	33.7	(30.0, 37.6)
Nevada	34.9	(29.7, 40.4)
New Hampshire	27.7	(18.7, 39.0)
New Jersey	34.5	(32.6, 36.5)
New Mexico	30.1	(24.1, 36.9)
New York	32.7	(30.1, 35.4)
North Carolina	40.4	(38.6, 42.4)
North Dakota	24.7	(15.5, 36.9)
Ohio	36.0	(33.5, 38.5)
Oklahoma	38.7	(35.2, 42.3)
Oregon	39.5	(29.3, 50.6)
Pennsylvania	35.6	(33.2, 38.0)
Puerto Rico	Insufficient data*	Insufficient data*
Rhode Island	31.4	(26.7, 36.6)
South Carolina	42.6	(41.1, 44.2)
South Dakota	26.1	(15.6, 40.3)
Tennessee	40.4	(37.0, 43.9)
Texas	38.2	(35.4, 41.1)
Utah	26.0	(18.8, 34.7)
Vermont	20.2	(11.2, 33.7)
Virginia	38.5	(36.2, 41.0)
Washington	37.6	(32.8, 42.7)
West Virginia	36.5	(30.4, 43.0)
Wisconsin	38.5	(33.0, 44.3)
Wyoming	Insufficient data*	Insufficient data*

*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.

Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2011-2013

Summary

- ❑ No state had a prevalence of obesity less than 20%.
- ❑ 3 states (Maine, North Dakota, and Vermont) had a prevalence of obesity between 20% and <25%.
- ❑ 4 states had a prevalence of obesity between 25% and <30%.
- ❑ 12 states had a prevalence of obesity between 30% and <35%.
- ❑ 28 states and the District of Columbia had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2012-2014

State	Prevalence	95% Confidence Interval
Alabama	42.4	(40.5, 44.3)
Alaska	40.4	(32.0, 49.4)
Arizona	35.5	(29.3, 42.2)
Arkansas	44.4	(41.2, 47.8)
California	34.7	(31.6, 38.0)
Colorado	29.3	(25.7, 33.2)
Connecticut	34.7	(31.7, 37.8)
Delaware	37.2	(34.4, 40.1)
District of Columbia	34.7	(32.7, 36.7)
Florida	35.0	(32.4, 37.6)
Georgia	37.5	(35.6, 39.4)
Guam	Insufficient data*	Insufficient data*
Hawaii	36.0	(26.5, 46.7)
Idaho	Insufficient data*	Insufficient data*
Illinois	40.2	(36.8, 43.7)
Indiana	42.5	(39.4, 45.6)
Iowa	40.0	(33.2, 47.3)
Kansas	39.5	(36.5, 42.7)
Kentucky	41.9	(38.0, 45.9)
Louisiana	43.2	(41.1, 45.3)
Maine	32.2	(21.1, 45.7)
Maryland	37.9	(36.2, 39.7)
Massachusetts	34.6	(31.6, 37.7)
Michigan	36.9	(34.6, 39.2)
Minnesota	31.2	(27.7, 35.0)
Mississippi	43.0	(41.2, 44.9)

State	Prevalence	95% Confidence Interval
Missouri	39.9	(36.5, 43.5)
Montana	Insufficient data*	Insufficient data*
Nebraska	35.2	(31.2, 39.4)
Nevada	37.1	(31.7, 42.8)
New Hampshire	25.3	(16.0, 37.7)
New Jersey	36.7	(34.7, 38.8)
New Mexico	34.9	(28.1, 42.5)
New York	32.5	(29.9, 35.1)
North Carolina	40.0	(38.2, 41.8)
North Dakota	24.9	(16.0, 36.7)
Ohio	38.6	(35.9, 41.4)
Oklahoma	38.3	(34.9, 41.7)
Oregon	35.3	(25.9, 46.1)
Pennsylvania	36.0	(33.6, 38.4)
Puerto Rico	Insufficient data*	Insufficient data*
Rhode Island	31.3	(26.8, 36.2)
South Carolina	42.7	(41.2, 44.2)
South Dakota	24.3	(14.4, 37.9)
Tennessee	40.6	(37.6, 43.6)
Texas	40.7	(37.8, 43.6)
Utah	25.6	(18.7, 34.0)
Vermont	23.2	(13.5, 37.0)
Virginia	38.9	(36.8, 41.0)
Washington	35.7	(31.1, 40.6)
West Virginia	40.9	(34.8, 47.3)
Wisconsin	38.8	(33.2, 44.7)
Wyoming	24.3	(14.3, 38.2)

*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.

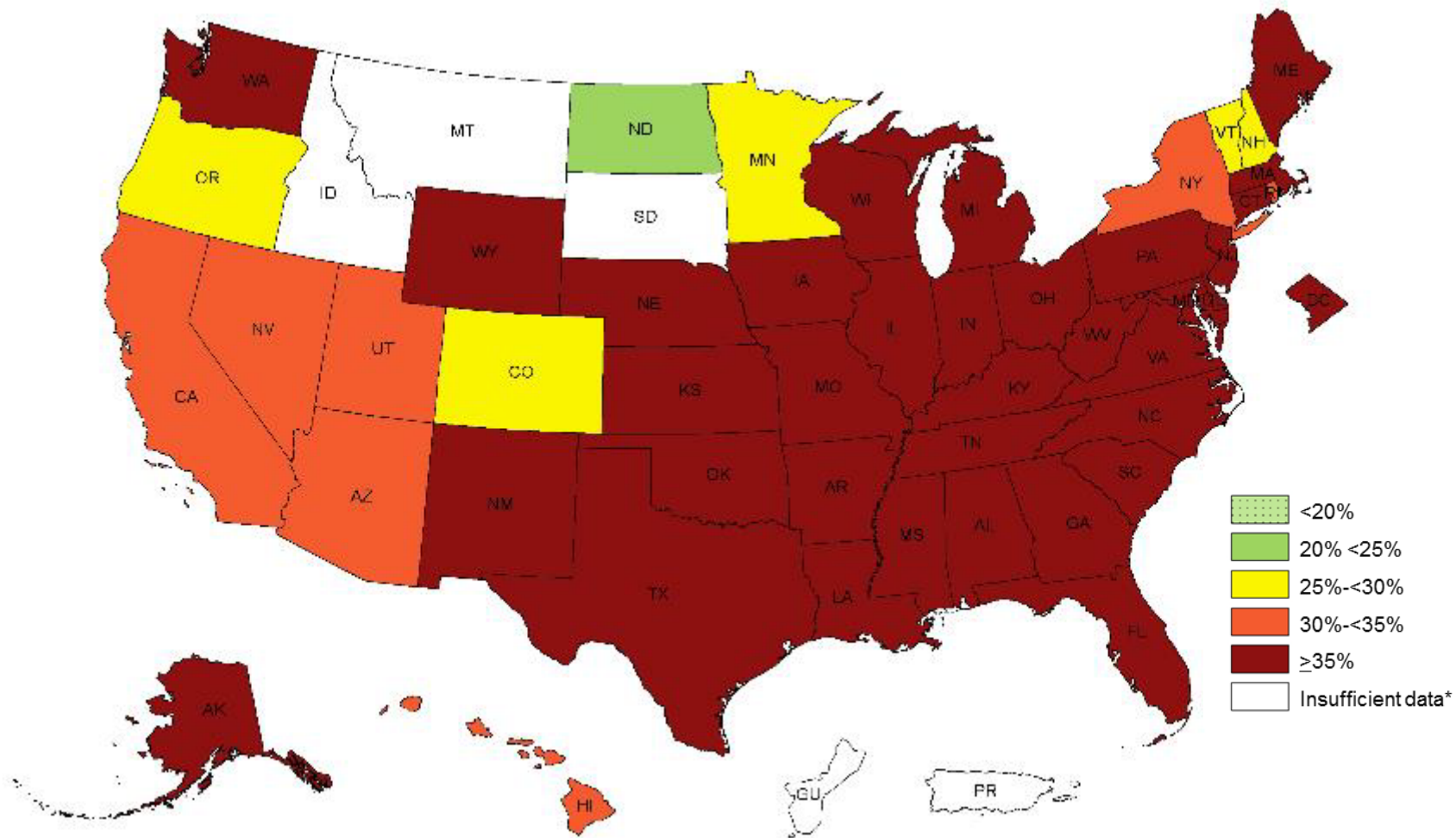
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2012-2014

Summary

- ❑ No state had a prevalence of obesity less than 20%.
- ❑ 4 states had a prevalence of obesity between 20% and <25%.
- ❑ 3 states had a prevalence of obesity between 25% and <30%.
- ❑ 8 states and the District of Columbia had a prevalence of obesity between 30% and <35%.
- ❑ 33 states had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2013-2015



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.



Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2013-2015

State	Prevalence	95% Confidence Interval
Alabama	43.2	(41.3, 45.2)
Alaska	40.5	(31.7, 49.9)
Arizona	34.2	(28.4, 40.5)
Arkansas	43.9	(40.4, 47.6)
California	32.8	(29.7, 36.0)
Colorado	27.7	(24.1, 31.6)
Connecticut	35.5	(32.5, 38.6)
Delaware	36.6	(33.7, 39.7)
District of Columbia	35.2	(33.1, 37.4)
Florida	35.3	(32.9, 37.7)
Georgia	37.8	(35.8, 39.8)
Guam	Insufficient data*	Insufficient data*
Hawaii	33.6	(23.7, 45.1)
Idaho	Insufficient data*	Insufficient data*
Illinois	40.7	(37.5, 44.0)
Indiana	41.5	(38.0, 45.2)
Iowa	35.4	(28.8, 42.6)
Kansas	42.7	(39.9, 45.5)
Kentucky	42.7	(38.6, 46.9)
Louisiana	42.5	(40.3, 44.7)
Maine	35.9	(24.2, 49.6)
Maryland	38.0	(36.1, 40.0)
Massachusetts	35.9	(32.5, 39.4)
Michigan	37.6	(35.3, 40.0)
Minnesota	29.9	(26.6, 33.5)
Mississippi	43.2	(41.3, 45.2)

State	Prevalence	95% Confidence Interval
Missouri	38.4	(35.0, 41.9)
Montana	Insufficient data*	Insufficient data*
Nebraska	36.3	(32.0, 40.8)
Nevada	34.5	(28.9, 40.6)
New Hampshire	27.6	(17.6, 40.5)
New Jersey	36.6	(34.4, 38.8)
New Mexico	37.5	(30.0, 45.6)
New York	32.3	(30.1, 34.6)
North Carolina	39.9	(37.9, 41.8)
North Dakota	20.0	(12.4, 30.6)
Ohio	37.1	(34.3, 40.1)
Oklahoma	35.4	(32.1, 38.8)
Oregon	29.4	(20.4, 40.4)
Pennsylvania	35.7	(33.0, 38.5)
Puerto Rico	Insufficient data*	Insufficient data*
Rhode Island	34.5	(29.8, 39.4)
South Carolina	42.2	(40.7, 43.7)
South Dakota	Insufficient data*	Insufficient data*
Tennessee	43.0	(39.8, 46.4)
Texas	41.5	(38.5, 44.6)
Utah	30.9	(23.2, 39.8)
Vermont	29.0	(17.7, 43.7)
Virginia	39.2	(37.1, 41.3)
Washington	35.4	(30.8, 40.2)
West Virginia	41.5	(35.8, 47.4)
Wisconsin	41.6	(35.5, 48.0)
Wyoming	43.0	(28.7, 58.5)

*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.

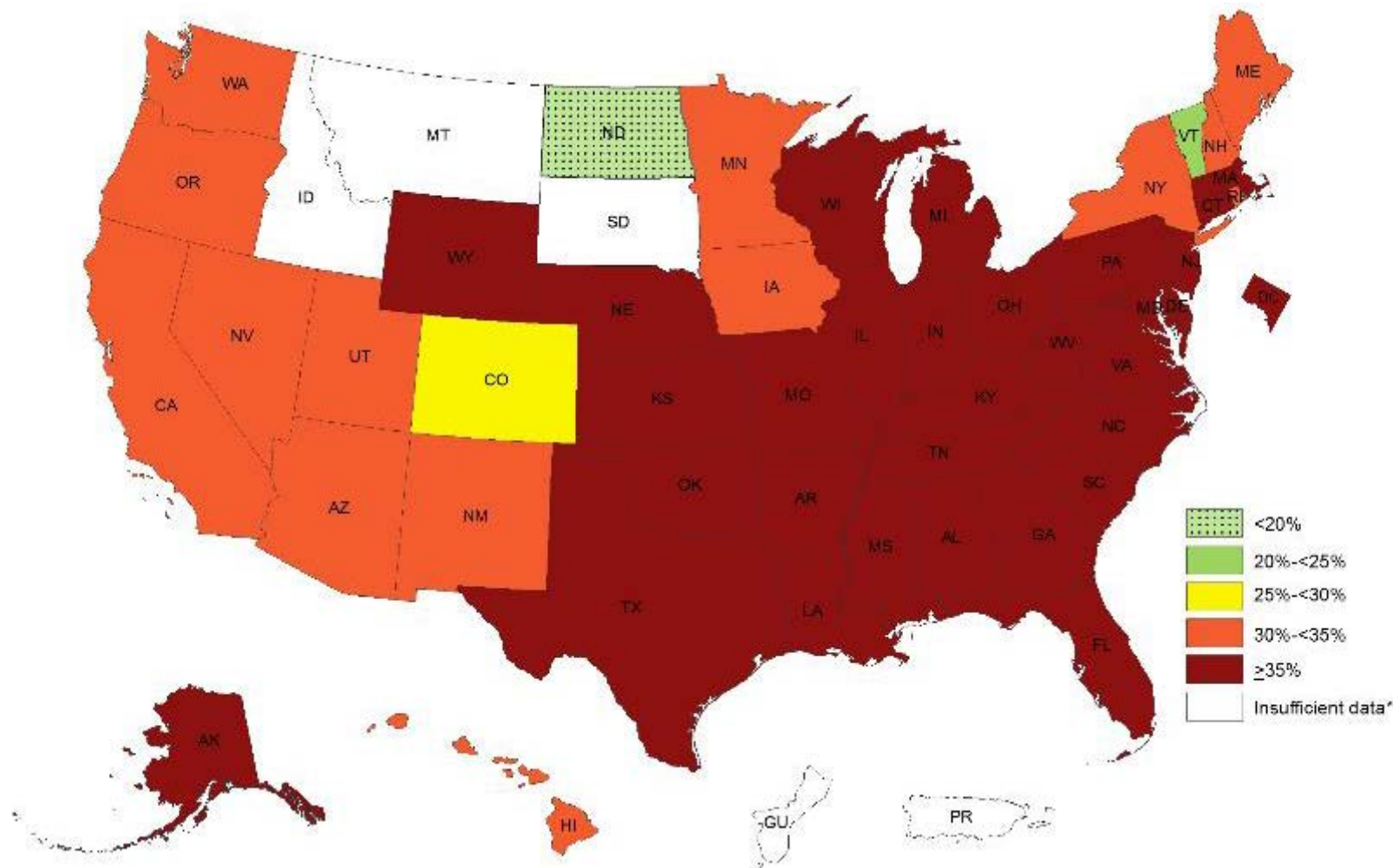
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2013-2015

Summary

- ❑ No state had a prevalence of obesity less than 20%.
- ❑ 1 state (North Dakota) had a prevalence of obesity between 20% and <25%.
- ❑ 5 states had a prevalence of obesity between 25% and <30%.
- ❑ 7 states had a prevalence of obesity between 30% and <35%.
- ❑ 34 states and the District of Columbia had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2014-2016



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.



Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2014-2016

State	Prevalence	95% Confidence Interval
Alabama	44.1	(42.3, 46.0)
Alaska	43.6	(32.6, 55.1)
Arizona	33.1	(28.6, 38.0)
Arkansas	44.2	(40.3, 48.3)
California	31.0	(28.2, 34.0)
Colorado	29.1	(25.4, 33.0)
Connecticut	37.7	(34.8, 40.8)
Delaware	36.5	(33.4, 39.8)
District of Columbia	35.5	(33.4, 37.6)
Florida	35.2	(32.8, 37.6)
Georgia	37.7	(35.6, 39.9)
Guam	Insufficient data*	Insufficient data*
Hawaii	31.3	(22.3, 41.9)
Idaho	Insufficient data*	Insufficient data*
Illinois	41.3	(38.2, 44.4)
Indiana	41.7	(38.2, 45.3)
Iowa	32.1	(25.9, 38.9)
Kansas	43.1	(40.0, 46.3)
Kentucky	42.4	(38.5, 46.4)
Louisiana	42.9	(40.7, 45.2)
Maine	34.3	(23.2, 47.4)
Maryland	38.1	(36.3, 40.0)
Massachusetts	36.6	(33.0, 40.4)
Michigan	37.4	(35.1, 39.7)
Minnesota	30.4	(27.4, 33.5)
Mississippi	44.6	(42.7, 46.6)

State	Prevalence	95% Confidence Interval
Missouri	38.6	(35.2, 42.1)
Montana	Insufficient data*	Insufficient data*
Nebraska	37.2	(32.8, 41.9)
Nevada	30.8	(25.8, 36.2)
New Hampshire	30.3	(19.2, 44.2)
New Jersey	37.2	(34.7, 39.8)
New Mexico	34.4	(26.2, 43.7)
New York	32.1	(30.1, 34.3)
North Carolina	40.2	(38.3, 42.2)
North Dakota	15.9	(9.6, 25.2)
Ohio	37.6	(34.7, 40.5)
Oklahoma	36.6	(33.0, 40.4)
Oregon	30.2	(21.4, 40.6)
Pennsylvania	36.4	(33.5, 39.5)
Puerto Rico	Insufficient data*	Insufficient data*
Rhode Island	31.9	(27.2, 37.1)
South Carolina	41.7	(40.2, 43.3)
South Dakota	Insufficient data*	Insufficient data*
Tennessee	45.1	(41.7, 48.6)
Texas	42.4	(39.2, 45.7)
Utah	30.1	(22.3, 39.1)
Vermont	21.9	(13.3, 33.9)
Virginia	39.4	(37.4, 41.4)
Washington	34.2	(29.9, 38.7)
West Virginia	44.6	(39.3, 50.1)
Wisconsin	39.9	(34.0, 46.1)
Wyoming	43.8	(29.3, 59.4)

*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.

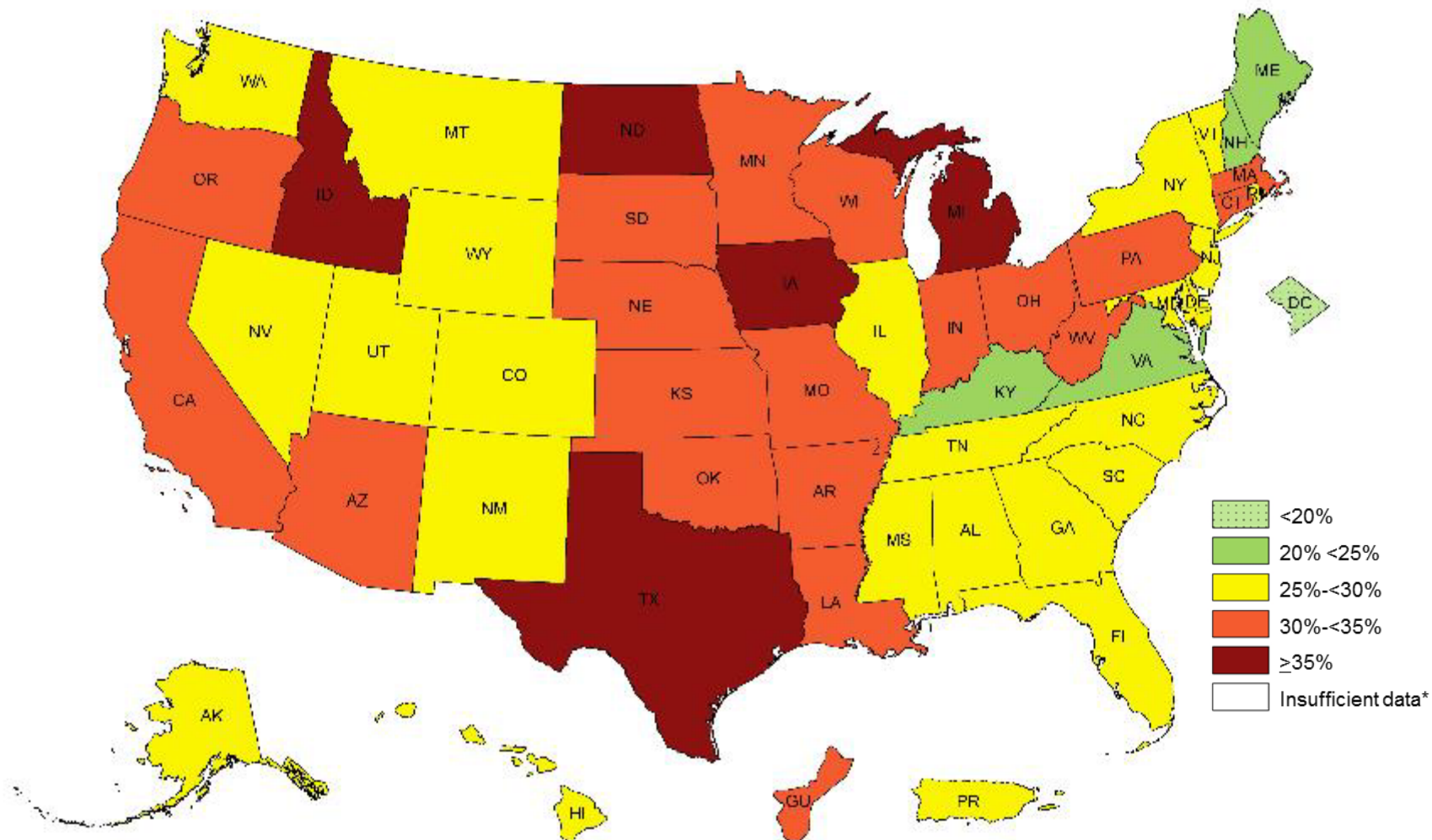
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Non-Hispanic Black Adults, by State and Territory, BRFSS, 2014-2016

Summary

- ❑ 1 state (North Dakota) had a prevalence of obesity less than 20%.
- ❑ 1 state (Vermont) had a prevalence of obesity between 20% and <25%.
- ❑ 1 state (Colorado) had a prevalence of obesity between 25% and <30%.
- ❑ 14 states had a prevalence of obesity between 30% and <35%.
- ❑ 30 states and the District of Columbia had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2011-2013



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) $\geq 30\%$.



Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2011-2013

State	Prevalence	Confidence Interval
Alabama	27.3	(19.6, 36.6)
Alaska	28.4	(22.1, 35.5)
Arizona	33.8	(30.5, 37.3)
Arkansas	34.3	(28.3, 40.9)
California	30.7	(29.5, 31.9)
Colorado	28.0	(26.2, 29.8)
Connecticut	32.5	(29.5, 35.7)
Delaware	29.2	(24.2, 34.8)
District of Columbia	18.5	(14.1, 24.0)
Florida	26.4	(24.4, 28.5)
Georgia	28.1	(24.3, 32.3)
Guam	31.7	(25.7, 38.5)
Hawaii	29.4	(26.0, 33.1)
Idaho	35.3	(30.5, 40.3)
Illinois	29.9	(26.3, 33.7)
Indiana	33.2	(29.1, 37.6)
Iowa	37.6	(32.5, 42.9)
Kansas	33.5	(30.8, 36.2)
Kentucky	24.5	(18.5, 31.6)
Louisiana	32.6	(26.0, 40.0)
Maine	24.2	(18.1, 31.6)
Maryland	25.9	(22.2, 29.9)
Massachusetts	31.0	(28.8, 33.3)
Michigan	35.4	(30.9, 40.3)
Minnesota	30.5	(26.1, 35.3)
Mississippi	28.2	(21.8, 35.6)

State	Prevalence	Confidence Interval
Missouri	33.6	(26.7, 41.2)
Montana	29.6	(23.9, 36.0)
Nebraska	30.4	(27.7, 33.1)
Nevada	27.3	(24.3, 30.6)
New Hampshire	24.7	(17.4, 33.6)
New Jersey	27.5	(25.7, 29.3)
New Mexico	29.8	(28.5, 31.0)
New York	27.3	(25.1, 29.6)
North Carolina	27.0	(24.0, 30.2)
North Dakota	36.2	(27.8, 45.5)
Ohio	30.9	(25.7, 36.6)
Oklahoma	31.3	(27.9, 34.9)
Oregon	31.2	(26.8, 36.0)
Pennsylvania	34.8	(31.0, 38.8)
Puerto Rico	27.5	(26.7, 28.3)
Rhode Island	27.5	(24.5, 30.9)
South Carolina	29.7	(24.7, 35.1)
South Dakota	31.5	(24.4, 39.6)
Tennessee	25.6	(17.5, 36.0)
Texas	35.4	(33.8, 37.0)
Utah	26.1	(23.9, 28.4)
Vermont	27.1	(19.6, 36.3)
Virginia	24.1	(20.3, 28.3)
Washington	29.7	(27.0, 32.6)
West Virginia	32.1	(24.3, 41.1)
Wisconsin	32.4	(24.9, 40.9)
Wyoming	29.2	(24.9, 33.9)

Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2011-2013

Summary

- ❑ The District of Columbia had a prevalence of obesity less than 20%.
- ❑ 4 states had a prevalence of obesity between 20% and <25%.
- ❑ 23 states and Puerto Rico had a prevalence of obesity between 25% and <30%.
- ❑ 18 states and Guam had a prevalence of obesity between 30% and <35%.
- ❑ 5 states had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2012-2014

State	Prevalence	95% Confidence Interval
Alabama	25.4	(18.2, 34.3)
Alaska	27.7	(22.0, 34.2)
Arizona	33.9	(30.9, 36.9)
Arkansas	39.5	(33.1, 46.3)
California	31.3	(30.0, 32.6)
Colorado	28.1	(26.4, 29.8)
Connecticut	30.9	(28.0, 33.8)
Delaware	31.9	(27.1, 37.1)
District of Columbia	20.5	(15.5, 26.7)
Florida	26.2	(24.3, 28.3)
Georgia	27.0	(23.1, 31.2)
Guam	34.8	(28.8, 41.3)
Hawaii	31.3	(28.0, 34.8)
Idaho	35.9	(31.2, 40.9)
Illinois	33.0	(29.5, 36.7)
Indiana	32.0	(28.3, 35.9)
Iowa	35.5	(30.6, 40.8)
Kansas	34.2	(31.5, 37.0)
Kentucky	23.2	(17.2, 30.5)
Louisiana	31.3	(24.9, 38.6)
Maine	24.2	(17.6, 32.4)
Maryland	26.0	(22.4, 29.9)
Massachusetts	31.4	(29.1, 33.9)
Michigan	35.5	(30.7, 40.6)
Minnesota	31.7	(27.6, 36.0)
Mississippi	21.1	(14.8, 29.2)

State	Prevalence	95% Confidence Interval
Missouri	35.5	(28.5, 43.1)
Montana	30.1	(24.4, 36.5)
Nebraska	31.0	(28.2, 33.8)
Nevada	27.8	(24.7, 31.1)
New Hampshire	29.3	(21.7, 38.3)
New Jersey	28.8	(26.9, 30.7)
New Mexico	30.1	(28.8, 31.5)
New York	29.3	(27.0, 31.6)
North Carolina	29.7	(26.9, 32.7)
North Dakota	37.9	(29.1, 47.7)
Ohio	29.1	(24.2, 34.4)
Oklahoma	33.4	(30.0, 37.0)
Oregon	30.2	(26.0, 34.8)
Pennsylvania	36.7	(32.6, 40.9)
Puerto Rico	28.1	(27.3, 28.9)
Rhode Island	28.0	(24.9, 31.3)
South Carolina	32.2	(27.3, 37.5)
South Dakota	27.1	(19.0, 37.1)
Tennessee	31.7	(23.4, 41.2)
Texas	35.8	(34.3, 37.3)
Utah	27.5	(25.4, 29.7)
Vermont	25.5	(17.9, 35.0)
Virginia	24.5	(21.2, 28.2)
Washington	31.8	(29.0, 34.9)
West Virginia	37.1	(28.8, 46.3)
Wisconsin	33.9	(27.5, 41.0)
Wyoming	32.7	(27.7, 38.0)

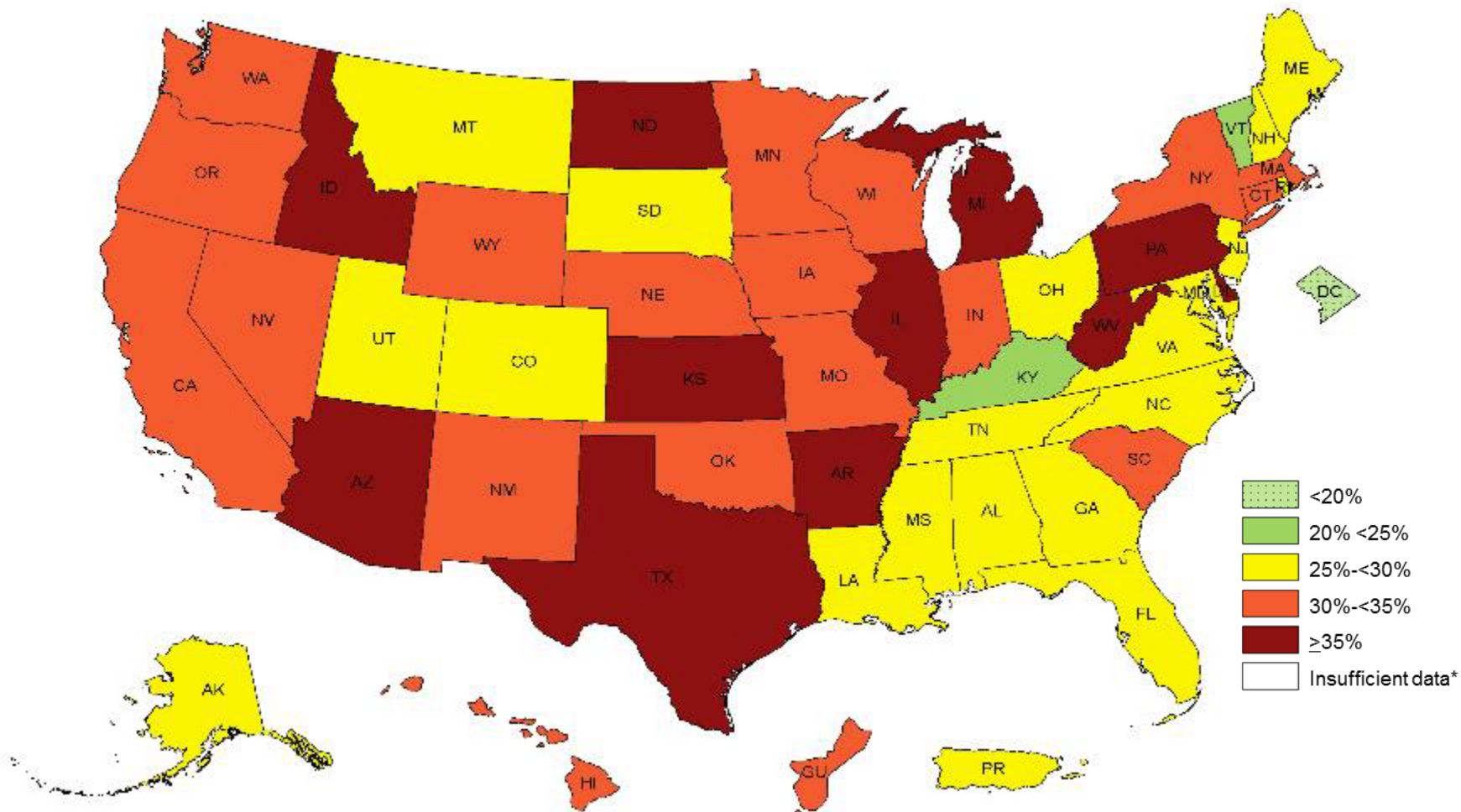
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2012-2014

Summary

- ❑ No state had a prevalence of obesity less than 20%.
- ❑ 4 states and the District of Columbia had a prevalence of obesity between 20% and <25%.
- ❑ 16 states and Puerto Rico had a prevalence of obesity between 25% and <30%.
- ❑ 21 states and Guam had a prevalence of obesity between 30% and <35%.
- ❑ 9 states had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2013-2015



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.



Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2013-2015

State	Prevalence	95% Confidence Interval
Alabama	27.6	(20.5, 36.0)
Alaska	28.3	(22.3, 35.1)
Arizona	35.5	(32.6, 38.4)
Arkansas	36.9	(30.1, 44.4)
California	31.3	(30.1, 32.6)
Colorado	28.3	(26.6, 30.1)
Connecticut	30.3	(27.6, 33.0)
Delaware	35.3	(30.5, 40.3)
District of Columbia	18.5	(13.2, 25.1)
Florida	26.5	(24.7, 28.4)
Georgia	27.1	(23.0, 31.8)
Guam	32.9	(27.3, 38.9)
Hawaii	31.8	(28.6, 35.1)
Idaho	36.3	(31.8, 41.0)
Illinois	36.0	(32.6, 39.6)
Indiana	31.4	(27.4, 35.7)
Iowa	34.0	(28.6, 39.8)
Kansas	35.4	(33.3, 37.5)
Kentucky	24.3	(17.9, 32.2)
Louisiana	29.9	(23.5, 37.3)
Maine	25.3	(18.5, 33.5)
Maryland	25.1	(21.2, 29.4)
Massachusetts	32.4	(29.9, 35.1)
Michigan	36.9	(32.2, 41.8)
Minnesota	31.2	(27.5, 35.2)
Mississippi	25.4	(16.7, 36.6)

State	Prevalence	95% Confidence Interval
Missouri	31.5	(25.0, 38.8)
Montana	26.8	(21.2, 33.2)
Nebraska	30.8	(27.9, 33.8)
Nevada	30.5	(26.9, 34.3)
New Hampshire	27.8	(20.2, 36.8)
New Jersey	28.8	(26.8, 30.9)
New Mexico	31.2	(29.7, 32.8)
New York	30.6	(28.6, 32.7)
North Carolina	28.1	(25.2, 31.2)
North Dakota	35.1	(26.7, 44.6)
Ohio	26.3	(21.4, 31.8)
Oklahoma	33.9	(30.2, 37.8)
Oregon	31.4	(27.1, 36.1)
Pennsylvania	39.1	(34.1, 44.3)
Puerto Rico	28.5	(27.6, 29.4)
Rhode Island	28.9	(25.7, 32.3)
South Carolina	32.1	(27.3, 37.3)
South Dakota	28.8	(20.0, 39.5)
Tennessee	27.6	(19.7, 37.3)
Texas	36.9	(35.4, 38.5)
Utah	27.7	(25.7, 29.9)
Vermont	22.4	(15.4, 31.5)
Virginia	27.9	(24.3, 31.7)
Washington	31.5	(28.7, 34.5)
West Virginia	40.2	(31.4, 49.6)
Wisconsin	33.4	(27.6, 39.8)
Wyoming	33.4	(28.4, 38.8)

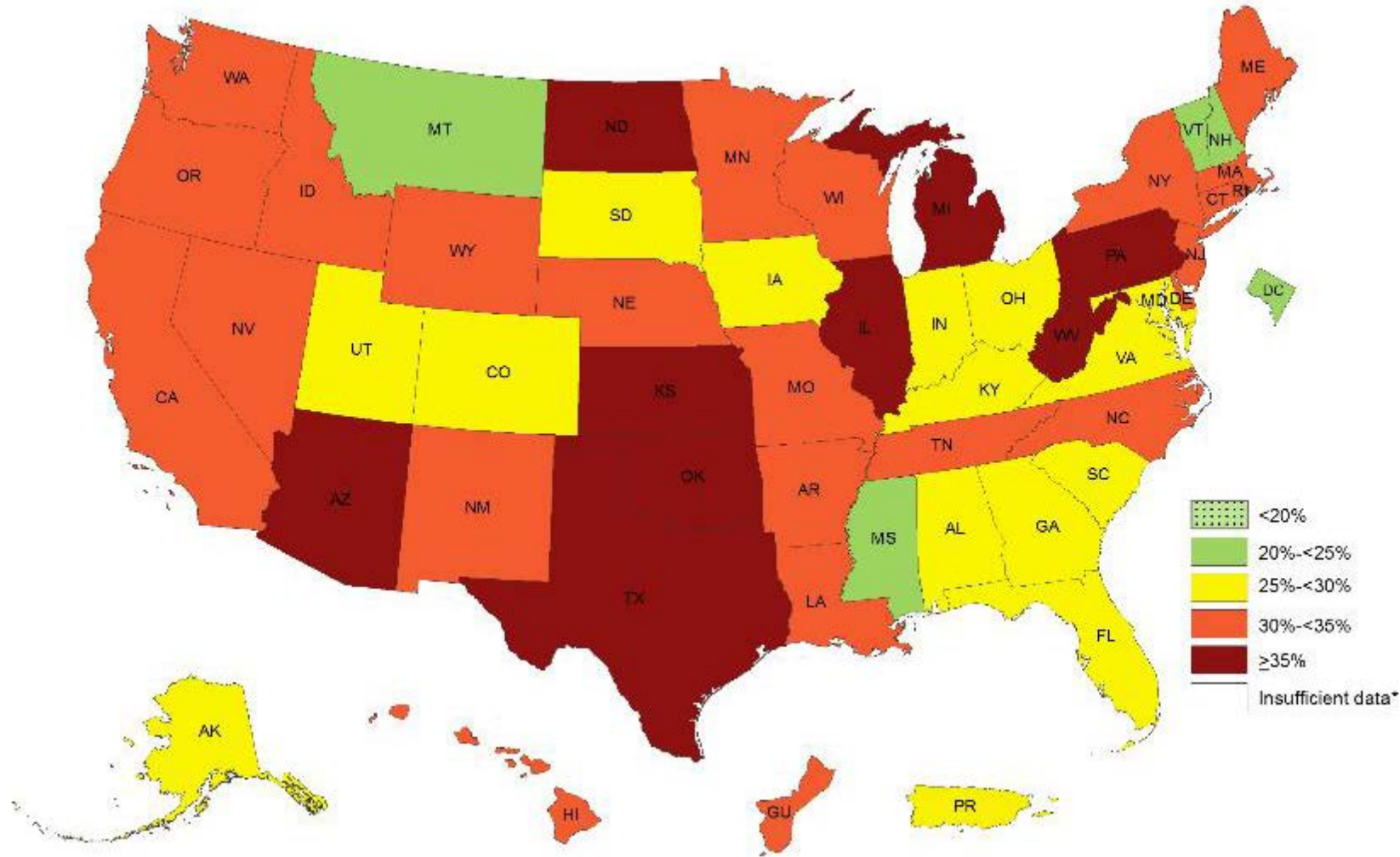
Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2013-2015

Summary

- ❑ The District of Columbia had a prevalence of obesity less than 20%.
- ❑ 2 states had a prevalence of obesity between 20% and <25%.
- ❑ 19 states and Puerto Rico had a prevalence of obesity between 25% and <30%.
- ❑ 18 states and Guam had a prevalence of obesity between 30% and <35%.
- ❑ 11 states had a prevalence of obesity of 35% or greater.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2014-2016



*Sample size <50 or the relative standard error (dividing the standard error by the prevalence) ≥ 30%.



Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2014-2016

State	Prevalence	95% Confidence Interval
Alabama	28.1	(21.7, 35.6)
Alaska	27.9	(21.3, 35.5)
Arizona	35.0	(32.8, 37.2)
Arkansas	32.4	(25.4, 40.3)
California	32.3	(31.1, 33.5)
Colorado	27.1	(25.5, 28.8)
Connecticut	30.3	(28.0, 32.8)
Delaware	32.1	(27.6, 37.1)
District of Columbia	20.0	(15.0, 26.1)
Florida	26.8	(25.1, 28.6)
Georgia	28.4	(23.9, 33.4)
Guam	32.6	(27.0, 38.7)
Hawaii	31.4	(28.3, 34.6)
Idaho	33.6	(29.3, 38.2)
Illinois	36.3	(33.2, 39.6)
Indiana	28.7	(24.9, 32.9)
Iowa	29.9	(24.9, 35.5)
Kansas	35.2	(32.8, 37.6)
Kentucky	25.0	(18.4, 33.0)
Louisiana	32.2	(25.9, 39.2)
Maine	30.5	(22.5, 39.9)
Maryland	25.4	(21.6, 29.5)
Massachusetts	31.4	(28.8, 34.2)
Michigan	38.4	(33.8, 43.3)
Minnesota	33.1	(30.0, 36.3)
Mississippi	22.3	(14.2, 33.4)

State	Prevalence	95% Confidence Interval
Missouri	32.7	(26.1, 40.2)
Montana	24.8	(19.1, 31.7)
Nebraska	31.8	(29.1, 34.7)
Nevada	30.6	(27.3, 34.1)
New Hampshire	24.7	(17.7, 33.4)
New Jersey	31.4	(29.1, 33.7)
New Mexico	31.3	(29.7, 33.0)
New York	30.6	(28.7, 32.5)
North Carolina	31.2	(28.1, 34.4)
North Dakota	37.2	(28.8, 46.5)
Ohio	27.8	(22.7, 33.5)
Oklahoma	36.7	(32.7, 41.0)
Oregon	32.4	(28.6, 36.6)
Pennsylvania	39.5	(34.3, 45.0)
Puerto Rico	29.4	(28.5, 30.4)
Rhode Island	30.8	(27.4, 34.4)
South Carolina	28.2	(23.9, 33.0)
South Dakota	29.5	(20.0, 41.3)
Tennessee	33.0	(25.1, 42.0)
Texas	37.4	(35.7, 39.1)
Utah	28.1	(26.0, 30.4)
Vermont	24.3	(16.7, 34.1)
Virginia	29.6	(26.1, 33.3)
Washington	34.4	(31.7, 37.1)
West Virginia	37.7	(28.7, 47.6)
Wisconsin	31.2	(25.7, 37.1)
Wyoming	32.4	(27.2, 38.1)

Source: Behavioral Risk Factor Surveillance System, CDC.

Prevalence of Self-Reported Obesity Among Hispanic Adults, by State and Territory, BRFSS, 2014-2016

Summary

- ❑ No state had a prevalence of obesity less than 20%.
- ❑ 4 states and the District of Columbia had a prevalence of obesity between 20% and <25%.
- ❑ 14 states and Puerto Rico had a prevalence of obesity between 25% and <30%.
- ❑ 23 states and Guam had a prevalence of obesity between 30% and <35%.
- ❑ 9 states had a prevalence of obesity of 35% or greater.