

# SNAPSHOT of the WIC Food Packages <sup>1</sup>

## Maximum Monthly Allowances (MMA) of Supplemental Foods For Infants <sup>2</sup>

	Fully Formula Fed (FF)		Partially (Mostly) Breastfed (BF/FF)		Fully Breastfed (BF)	
Foods	Food Packages I-FF & III-FF A: 0-3 months B: 4-5 months	Food Packages II-FF & III-FF 6-11 months	Food Packages I-BF/FF & III-BF/FF A: 0 to 1 month B: 1-3 months C: 4-5 months	Food Packages II-BF/FF & III-BF/FF 6-11 months	Food Package I-BF 0-5 months	Food Package II-BF 6-11 months
WIC Formula	A: 823 fl oz reconstituted liquid concentrate B: 896 fl oz reconstituted liquid concentrate	630 fl. oz. reconstituted liquid concentrate	A: 104 fl. oz. reconstituted powder B: 388 fl oz reconstituted liquid concentrate C: 460 fl. oz. reconstituted liquid concentrate	315 fl. oz. reconstituted liquid concentrate		
Infant cereal		24 oz		24 oz		24 oz
Infant food fruits and vegetables <sup>3</sup>		128 oz		128 oz		256 oz
Infant food meat						77.5 oz

<sup>1</sup> Refer to the full regulation at [www.fns.usda.gov/wic](http://www.fns.usda.gov/wic) for the complete provisions and requirements for infant formula and infant foods in the WIC food packages.

<sup>2</sup> State agencies must provide at least the full nutrition benefit, as defined in §246.2, to non-breastfed infants.

<sup>3</sup> At State agency option, older infants may be issued a cash-value voucher for fresh fruits and vegetables in lieu of a portion of jarred infant foods.