

CDC Safety Training Course for healthcare workers going to West Africa

- :00 - :15 Protective suits stacked on tables for trainee use.
- :16 - :23 Protective boots stacked on tables for trainee use.
- :24 - :32 Instructor showing trainees list of protective gear to pick up.
- :33 – 1:13 Trainers providing an overview of the protective gear stations and the blood draw exercise.
- 1:14 – 2:00 Course participants at the “pick up station.” They put on their first pair of gloves, face mask, protective suit, protective apron, goggles, and their second pair of gloves.
- 2:01 - 2:05 Sign detailing the protective gear participants should pick up from the table.
- 2:06 – 2:15 Participants gathering their protective gear.
- 2:16 – 2:28 Female participant getting her protective suit.
- 2:29 – 3:04 Participants putting on their protective suits. Instructors answer questions.
- 3:05 – 3:35 Tight shots of participants putting on protective suit over their boots.
- 3:35 – 3:46 Instructor guiding participant through the process of putting on her face mask and hood.
- 3:47 – 3:54 Instructor observing participant putting on gloves.
- 3:55 – 4:07 Participant putting powder in second pair of gloves before putting them on.
- 4:10 – 4:26 Participant putting on protective goggles.
- 4:27 – 4:35 Participants picking up masks, aprons and goggles.
- 4:40 – 4:44 Instructor helping participant put on goggles, ensuring there is a tight seal.
- 4:45 – 4:54 Participant donning apron.
- 4:56 – 5:03 Instructor helping participant don protective gear, particularly the face mask.
- 5:04 – 5:11 Participants putting on their protective gear.
- 5:13 – 5:19 Participants in their full protective suits exiting to the blood draw exercise.
- 5:20 – 5:39 Participants stepping in chlorine solution before entering “high risk” zone.
- 5:41 – 6:00 Participants practicing drawing blood from a patient (dummy) in full protective gear.
- 6:01 – 6:08 Participants spraying blood sample bag with chlorine solution.
- 6:09 – 6:30 Instructor providing guidance on proper handling of blood samples from suspected Ebola patient.

- 6:31 – 6:43 Participant putting blood sample bag in another bag for transport to lab.
- 6:47 – 6:51 Participant washing hands in chlorine solution before starting the process of taking off her gear.
- 6:53 – 7:08 Participant taking off protective apron and throwing in proper disposal bucket.
- 7:09 – 7:23 Participant taking off goggles and disposing in proper bucket.
- 7:24 – 7:54 Participant taking off protective suit. Note their gloves and face mask remain on to prevent exposure to any possible pathogens on the suit.
- 7:55 – 8:20 Participant stepping out of suit.
- 8:21 – 8:38 Participant having boots sprayed with chlorine before stepping into low risk zone.
- END TIME: 8:38 minutes