

Annual Report to the Nation on the

STATUS OF CANCER (March 2016)

Cancer death rates in this country are **decreasing**.



Death rates from cancer have decreased since the:

 **1990s**
for adults

 **1970s**
for children

Incidence (new cancers diagnosed) **rates**

 **Decreased** in men

 **Remained stable** in women

New **liver cancer** cases and deaths are **on the rise** in the U.S.

Rates of **new liver cancer cases** went up **38%** from 2003-2012.



Almost **23,000** people died from liver cancer in 2012. This is a **56%** **increase in deaths** since 2003.

Men died from liver cancer at more than **twice the rate** of women.

LOWER YOUR CHANCES of getting liver cancer

Many liver cancer cases are related to the **hepatitis B virus** or **hepatitis C virus**.



Get tested for hepatitis C if you were born from 1945-1965 (baby boomers). People born during these years are more likely to have hepatitis C than other adults.



There is a vaccine against hepatitis B. Talk to your health care provider about getting vaccinated.



Avoid drinking too much alcohol; liver cancer deaths are related to excessive alcohol use.



You may be able to lower your chances of getting liver cancer by **maintaining a healthy body weight** and preventing diabetes.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.cdc.gov/cancer/liver
www.cdc.gov/hepatitis