

# Do you have symptoms of PTSD?



## Study Location

VA Palo Alto  
3801 Miranda Ave.  
Palo Alto, CA 94304

## Frequency

2 days / week  
for 6 weeks

Follow-up interviews at  
1 & 12 months

## Compensation

\$400 for completing  
entire study

For general information about  
participants rights, contact:  
1-866-680-2906



## Are you a Veteran with symptoms of Post-Traumatic Stress Disorder?

*(e.g., re-experiencing a traumatic event, avoiding stressful situations, negative feelings, sleep problems, unable to relax)*

You may be eligible to participate in a non-drug study involving a group-based breathing meditation treatment or a well established one-on-one talk therapy.

[www.warrelatedillness.va.gov/ptsd](http://www.warrelatedillness.va.gov/ptsd)

Contact our Study Team at:  
**(650) 785-6661**

