



USEFUL RESOURCES

FOR VETERANS, SERVICE MEMBERS, AND THEIR FAMILIES

Here is a collection of some reliable websites you can visit for health information. Many of these are directed specifically to the Veteran or military population.

GOVERNMENT SITES

- **Department of Veterans Affairs (VA)**
<http://www.va.gov>
VA provides links to Veteran-related issues and concerns.
- **Office of Public Health, Washington, DC**
<http://www.publichealth.va.gov>
This office coordinates programs and services for Veterans regarding environmental exposures encountered during military service.
- **War Related Illness and Injury Study Center (WRIISC)**
<http://www.WarRelatedIllness.va.gov>
The WRIISC evaluates Veterans with post deployment health concerns and chronic symptoms without medical diagnosis. This website contains a variety of resources on general health topics and post deployment illnesses.
- **Returning Service Members - Operations Enduring Freedom/Iraqi Freedom/New Dawn (OEF/OIF/OND)**
<http://www.oefoif.va.gov>
VA provides links for returned service members.
- **VA Women Veterans**
<http://www.womenshealth.va.gov>
- **VA Caregiver Support**
<http://www.caregiver.va.gov>
- **Army Public Health Center (APHC)**
<http://phc.amedd.army.mil>
Here, you can find a surplus of health information and other services. This is a world-class provider of public health services across the Department of the Army (DA) and Department of Defense (DoD).
- **Deployment Health Clinical Center Health Information website**
<http://www.PDHealth.mil>
This website is a resource for clinicians, Veterans, and their families. Its goal is to create a trusting partnership between military men and women, Veterans, their families, and providers to ensure high quality care.

OTHER GOVERNMENT SITES

- **National Academies of Sciences Engineering Medicine- Health and Medicine Division (HMD)**
<http://nationalacademies.org/HMD>
The Health and Medicine Division (HMD) produces reports on the health and protection of deployed military forces and Veterans. Th is site provides information about work in this area, including summaries and recommendations from past reports, as well as explanations of chemical and biological agents, and links to ongoing projects.
- **National Institutes of Health (NIH)**
<http://health.nih.gov>
The NIH provides a list of health topics, references for research and current studies, and links to other health-related sites.
- **Centers for Disease Control and Prevention (CDC)**
<http://www.cdc.gov>
This website provides information on environmental health concerns. Environmental health at CDC strives to promote health and quality of life by preventing or controlling those diseases or deaths that result from interactions between people and their environments.
- **MedlinePlus**
<http://medlineplus.gov>
This website provides a searchable database on health topics and information. It is sponsored by the US National Library of Medicine and the National Institutes of Health.



• **Healthfinder®**

<http://www.healthfinder.gov>

Healthfinder® is an award-winning Federal website, developed by the U.S. Department of Health and Human Services together with other Federal agencies. Since 1997, Healthfinder® has been recognized as a key resource for finding the best government and nonprofit health and human services information on the Internet. Healthfinder® links to carefully selected information and websites from over 1,800 health-related organizations.

Social Security for Veterans

<http://www.socialsecurity.gov/people/veterans>

This site provides information about Social Security, why it is important, and some of the services provided for Veterans.

GENERAL HEALTH

• **My HealtheVet**

<https://www.myhealth.va.gov>

• **Krames**

<http://www.geisinger.kramesonline.com/>

Chronic Pain Information

• **MedlinePlus**

• <https://medlineplus.gov/chronicpain.html>

Smoking Cessation

• **Smoke Free**

<http://www.smokefree.gov>

MENTAL HEALTH

• **National Institute of Mental Health**

<http://www.nimh.nih.gov/health/index.shtml>

• **Mental Illness Research, Education and Clinical Centers (MIRECC)**

<http://www.mirecc.va.gov/coaching>

Post-Traumatic Stress Disorder (PTSD) and Traumatic Stress

• **National Center for PTSD Program of the Department of Veterans Affairs**

<http://www.ptsd.va.gov>

• **Mayo Clinic**

<http://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/basics/definition/con-20022540>

• **Mental Health America**

<http://www.nmha.org/conditions/post-traumatic-stress-disorder>

Traumatic Brain Injury (TBI)

• **The Defense and Veterans Brain Injury Center**

<http://dvbic.dcoe.mil>

• **CDC Facts about TBI**

http://www.cdc.gov/traumaticbraininjury/get_the_facts.html

READJUSTMENT TO CIVILIAN LIFE AFTER DEPLOYMENT

• **Vet Centers**

<http://www.vetcenter.va.gov>

The Vet Centers program assists Veterans and their family members toward a successful post-war adjustment in or near their community.

• **Military OneSource**

<http://www.militaryonesource.mil>

• **After Deployment**

<http://afterdeployment.dcoe.mil>

• **Defense Centers of Excellence**

<http://dvbic.dcoe.mil>

• **The Mission Continues**

<http://www.missioncontinues.org>

• **Vietnam Veterans of America**

<http://www.vva.org>

• **Yellow Ribbon Foundation**

<http://www.yellowribbonfoundation.com>

• **Navy/Marine Corps Relief Society (NMCRS)**

<http://www.nmcrcs.org>





- **Army Emergency Relief**
<http://www.aerhq.org>
- **Air Force Aid Society**
<http://www.afas.org>
- **Army OneSource**
<http://www.myarmyonesource.com>

Employment

- **VA Jobs**
<http://www.va.gov/jobs/>
- **Department of Labor**
<http://www.dol.gov/elaws/evets.htm>
- **HelmetstoHardhats**
<http://www.helmetstohardhats.org>
- **U.S. Department of Defense -Troops to Teachers**
<http://www.proudtoserveagain.com>
- **Solider for Life – Transition Assistance Program**
<https://www.sfl-tap.army.mil>
- **GI Jobs**
<http://www.gijobs.com>
- **Show Your Stripes**
<http://www.showyourstripes.org/>

Education and Financial Assistance

- **GI Bill**
<http://www.benefits.va.gov/gibill/>
- **Military Order of the Purple Heart**
<http://www.purpleheart.org/>

Peer Support

- **Vets4Warriors**
<https://vets4warriors.com>
- **Wounded Warrior Project**
<http://www.woundedwarriorproject.org>

COMPLEMENTARY AND ALTERNATIVE MEDICINE

- **National Center for Complementary and Alternative Medicine**
<http://nccam.nih.gov>

OTHER NON-GOVERNMENT SITES

- **Angel Flight NE**
<http://www.angelflightne.org>
This nonprofit organization provides air transportation to those whose medical problems require travel that is otherwise not affordable.
- **Veterans Consortium Pro-Bono Program**
<http://www.vetsprobono.org>
This program provides representation to Veterans in the U.S. Court of Appeals for Veterans Claims.
- **Iraq and Afghanistan Veterans of America**
<http://www.iava.org>
This organization provides support to new Veterans through programs for health, education, employment and community building.

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