CMCS Informational Bulletin

DATE: May 21, 2013

FROM: Cindy Mann, Director
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SUBJECT: **Long Term Services and Supports Delivered Through Medicaid Managed
               Care Programs**

Today the Centers for Medicare & Medicaid Services (CMS) has posted two important documents on Medicaid.gov that outline essential elements that we believe are critical to strong managed long term services and supports (MLTSS) programs. The first of the two documents includes a summary overview of each element. The second document outlines, in detail, each element and the expectations associated with each.

The critical elements and program expectations were developed based principally on review of successful, established state programs, and supplemented with knowledge obtained during review and negotiation regarding recent state proposals, input from a number of advocacy and other stakeholder groups, as well as dialogue with state and national experts and federal partners. We believe these essential elements represent a framework for achieving our shared vision of assuring that MLTSS programs are an effective approach to increased access to home and community based services, improved outcomes for individuals who live with chronic and disabling conditions, and appropriate cost control within these critical programs.

Summary of Managed Long Term Services and Supports Programs Essential Elements
http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Medicaid-Managed-Long-Term-Services-and-Supports-MLTSS.html

Guidance to States using 1115 demonstrations or 1915(b) waivers for Managed Long Term Services and Supports Programs
http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Medicaid-Managed-Long-Term-Services-and-Supports-MLTSS.html

CMS expects states to incorporate these principles into any MLTSS program operating under section 1115 demonstration authority or 1915(b) waiver authority applied in combination with another LTSS authority. CMS will use these principles when reviewing states' design, implementation, and operation of an MLTSS program before approving that program, and on an ongoing basis to ensure program operation is consistent with the elements described in the guidance.

In addition to announcing the release of the MLTSS program principles, this informational bulletin shares some additional resources prepared for CMS, as well as those developed by external stakeholders, that we consulted in the preparation of the guidance. While not all these resource documents necessarily reflect the policy of CMS, they add valuable information to the body of knowledge about MLTSS, and we recommend them to states as they develop or enhance MLTSS programs. These resources will continue to be updated as they become available at http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Medicaid-Managed-Long-Term-Services-and-Supports-MLTSS.html.

These resource documents include:

Proposed Timeline for Developing a Managed Long Term Services and Supports Program, Prepared for CMCS by Truven Health Analytics; May, 2013
http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Medicaid-Managed-Long-Term-Services-and-Supports-MLTSS.html

Transitioning Long Term Services and Supports Providers Into Managed Care Programs, Prepared for CMCS by Truven Health Analytics; May, 2013
http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Medicaid-Managed-Long-Term-Services-and-Supports-MLTSS.html

Analysis and Recommendations for the Implementation of Managed Care in Medicaid and Medicare Programs for People with Disabilities
National Council on Disability; 2012 Publications
http://www.ncd.gov/publications/2012/CMSFebruary272012/

Guiding Principles: Successfully Enrolling People with Disabilities in Managed Care Plans
National Council on Disability; 2012 Publications
http://www.ncd.gov/publications/2012/Feb272012/

On the Verge: The Transformation of Long-Term Services and Supports
AARP Public Policy Institute; February 2012
http://www.aarp.org/health/health-care-reform/info-02-2012/On-the-Verge-The-Transformation-of-Long-Term-Services-and-Supports-AARP-ppi-ltc.html

Keeping Watch: Building State Capacity to Oversee Medicaid Managed Long-Term Services and Supports AARP Public Policy Institute; July 2012
http://www.aarp.org/health/medicare-insurance/info-07-2012/keeping-watch-building-state-capacity-to-oversee-medicaid-managed-long-term-services-and-supports-AARP-ppi-health.html

Examining Medicaid Managed Long-Term Service and Support Programs: Key Issues to Consider The Kaiser Commission on Medicaid and the Uninsured; October 2011
http://www.kff.org/medicaid/upload/8243.pdf

Putting Consumers First: Promising Practices for Medicaid Managed Long-Term Services and Supports
Community Catalyst; November 2012
http://www.communitycatalyst.org/doc_store/publications/putting_consumers_first_LTSSmanagedcare.pdf

Technical assistance for States on any Medicaid managed care issues is available by visiting http://medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Managed-Care/Request-Managed-Care-Technical-Assistance.html and submitting the completed technical assistance request form to: ManagedCareTA@cms.hhs.gov

If you have questions about this bulletin, MLTSS policy or Medicaid managed care technical assistance, please contact Camille Dobson, Senior Policy Advisor at Camille.Dobson@cms.hhs.gov or (410) 786-7062.