

Counseling Check List

Discuss the need for immediate isolation, even before results of the test are available.

Advise patients to inform their immediate household/contacts that they may [wish to be tested](#) and quarantine as well. Review locations and people they have been in contact with in the past two weeks.

Review the [signs and symptoms](#) of COVID-19.

Inform patients that if positive, they will likely be contacted by a public health worker and asked to provide a list of the people they've been with for contact tracing, encourage them to 'answer the call'.

Discuss services that might help the patient successfully isolate and quarantine at home.

Further information is available through the links below:

Overall:

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Testing:

<https://www.cdc.gov/coronavirus/2019-ncov/testing/index.html>

[3 Steps to Take While Waiting for Your COVID-19 Test Results](#)

Symptoms:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Self Care:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html>

Care at Home:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html>

Contact Tracing:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/contact-tracing.html>

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/overview.html>

- Communication Toolkit:
<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing-comms.html>
- Consumer Page:
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/contact-tracing.html>
- FAQs:
<https://www.cdc.gov/coronavirus/2019-ncov/faq.html#Contact-Tracing>