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Paruretic (shy bladder syndrome)

I have had this problem for 43 years now. Also, I have served in the U.S. Army (drafted), hold airlines transport pilots (ATP) and carry a commercial drivers license (class A). So I've been in and around your drug testing for quit sometime. It has caused me not to take some jobs and quite others. I have experience in both the fear and pain of urine testing. Not something I'd recommend to anyone. So please change the rules to this unfair practice and let us use other methods of drug testing. I'd have no problem with other means since I don't us drugs. It's only because of my shy bladder problem that I object to the urine testing.

I am a paruretic, which means I suffer from shy bladder. Shy bladder is a real medical disorder and those suffering from it deserve a better deal than is available under present urine only testing rules. I object to the rules that equate inability to produce a specimen with refusal to test as these are unjust. SAMHSA needs to immediately mandate the use of alternative tests; oral fluid; hair; sweat patches; for anyone who requests these, but especially for those who claim to suffer from shy bladder. Present rules are improperly and perhaps illegally, through discrimination, hurting my ability to obtain and keep a job.

Search your heart instead of your books and you will find the right answer. Thank you for your time.

George R. Spetnagel