

Vol. 45 Number 11

Patrick Air Force Base/Cape Canaveral Air Force Station, Fla.

March 21, 2003



Wing honors 195 Red Cross volunteers for their service Page 3

Unique mission



Airfield Operations keeps planes moving safely Page 8-9

Hoop kings



DFAS, SVS/MSS win intramural championships Page 11-12



Packin' up, movin' out

Members of the 920th Rescue Group load the last Pave Low helicopter onto a C-5 Galaxy for deployment to the Middle East. The equipment joined the many reservists deployed who are supporting the effort in Iraq. The Space Coast has more than 500 people deployed. (Photo by Tim Shortt, Florida Today)

tapped for E-8 The following individuals from the 45th

Master sergeants

Space Wing and its tenant units were selected for promotion senior master to sergeant: Master Sgt. Charles Stickel II, 45th OSS Master Sgt. Anthony Wyres, 3rd SLS Master Sgt. Law-Blake, 45th rence MDSS Master Sgt. David Eldridge Jr. 45th CES Master Sgt. Brian Langhorne, 45th CES Master Sgt. Clifton Thibodeau, DEOMI Master Sgt. James Martin, CARIBROC

Master Sgt. Ricardo Velez, SOUTHCOM

Guardian Challenge canceled

PETERSON AIR FORCE BASE, Colo. – Air Force Space Command has canceled this year's Guardian Challenge, the annual space warfighter competition held at Vandenberg AFB, Calif.

AFSPC'S "Top Gun," the competition, slated for May 5-9, was canceled because the command needs its resources focused on day-to-day operations.

The workload associated with training for the competition, plus the efforts required to actually conduct the competition would increase an already high operations tempo that includes more than 1,000 deployed AFSPC members.

"While Guardian Challenge provides a great opportunity to test our readiness and warfighting capabilities, the nation's space and missile warfighters are fully tasked," said Gen. Lance Lord, AFSPC commander.

This year's competition would have marked the 36th anniversary of the event, which began in 1967. It has only been canceled one other time, in 1968 at the height of the Vietnam War.

"This is a difficult decision to make because of the great legacy of this competition," Gen. Lord said.

"We discover new tactics, techniques and procedures every year at Guardian Challenge, and it's a huge motivational event for our people. But the situation at our units demands we place our primary focus on our day-to-day missions. Canceling this year's competition was the right thing to do."

Competing units would have included the 21st Space Wing from Peterson AFB, Colo.; the 30th Space Wing from Vandenberg AFB, Calif.; the 45th Space Wing from Patrick AFB, Fla.; the 50th Space Wing and 310th Space Group from Schriever AFB, Colo.; the 90th Space Wing from F.E. Warren AFB, Wyo.; the 91st Space Wing at Minot AFB, N.D.; the 341st Space Wing from Malmstrom AFB, Mont.; and the 460th Air Base Wing at Buckley AFB, Colo.

Guardian Challenge is the only space warfighter competition in the Air Force.

The annual competition pits the best-of-the-best against each other, determining the top space wing teams.

The competition will resume in May 2004. (Courtesy of Air Force Space Command Public Affairs)

Outstanding is just the START!



https://www.patrick.af.mil



By Brig. Gen. Greg Pavlovich 45TH SW COMMANDER

Warrior greetings fellow patriots! The deadline passed and now the President is relying on the greatest military in the history of the world to carry out his objective, and WE WILL. President Bush believes eliminating Saddam Hussein is the right thing to do. As a commander, I can firmly state doing the right thing isn't always the easiest course of action. Water takes the path of least resistance; leaders set their own path to victory.

Things will change rapidly, so I won't try to keep up with world news here. Having spent three months at Central Command headquarters last spring before my arrival, I know our deployed people are in super hands.

What I will do is keep you up to speed on how world events affect us here on the Space Coast. To that end, I'm sure you read on Page 1 that Gen. Lance W. Lord, Air Force Space Command commander, made the decision to cancel Guardian Challenge 2003 in May. Along with this, we canceled the kick-off party for today and the golf tournament April 4.

Gen. Lord made this decision because he had to consider the impact on the total command. Guardian Challenge is our largest competition and involves hundreds of people and resources. With real world requirements, all our units in the command simply couldn't accomplish GC. If it were held later in the year, then maybe, but with it scheduled less than two months away, it couldn't be done.

On the flip side, I don't want people automatically assuming 45th Space Wing specific activities will be canceled. GC was a command event. but most events we perform are local and don't involve other unit support. I'm specifically pointing to retiree day March 29 and our air show taking place April 27 as large events happening in the next 30-45 days.

As the events in Iraq unfold, I'll work with the wing's leadership to evaluate the wing's operations tempo compared with planned events in the near future. If in our evaluation, we determine an event is "the straw that breaks the camel's back," then we'll cancel that activity. If we can, however, fully support the war, our people deployed and perform an activity, we will. Let's remember we've been at war since October 2001

I don't want people worrying about future events, so please concentrate on the mission at hand. Our people deployed overseas and the entire war effort need your total focus.

The wing's leadership is not asleep at the wheel. We are watching everything intensely and we'll make decisions in the best interest of everyone associated with the Space Coast military community.

As of now, events such as retiree day and our air show are a GO! If that changes, you'll be the first to know.

We have made one adjustment involving today's officer, GS-14/15 civilian and enlisted call. Instead of holding it at the Officers' Club, we'll hold it in the base theater at 3:30 p.m. See you there!

I want to congratulate our eight deserving senior master sergeant selectees for their promotions announced Wednesday. To Master Sergeants Lawrence Blake, David Eldridge, Jr., Brian Langhorne, James Martin, Charles Stickel II, Clifton Thibodeau, Ricardo Velez and Anthony Wyres, I know your family and friends are proud of you and you should be proud of yourselves. You're ready to take this next step in your distinguished careers. As world events proved this week, we need your abilities and leadership now more than ever. It's great to know you accept the challenge and our Air Force benefits from your dedication to duty each and every day. SUPER

As I stated earlier. March 29 is our annual military retiree day. This year's event is held in hangar 750 from 9 a.m. to 1 p.m. More than 5,000 retirees usually attend the day to learn more about the services available to them. Just because you retire doesn't mean you leave the Air Force. Seminars such as information on retiree benefits and recent legislative initiatives are slated for discussion.

In honor of our retirees, a retreat ceremony is scheduled for March 28, 5 p.m., at Patrick in Memorial Plaza. I encourage all of our people and retirees to come out for the ceremony. For more information on both events, call our Retiree Activities Office at 494-5463. Finally, when you see a retiree, thank them for their service.

More awards keep coming our way. It was recently announced the wing was the winner of the AF Space Command Verne Orr Award. This prestigious award honors "the wing that uses its

resources the most effectively." We certainly do that here between launching rockets, deploying troops overseas and supporting 37 geographically separated units. No work force does it any better than you.

That is why, while a specific number hasn't been announced yet, I know we'll handle the Space Command military and civilian reductions in the most efficient manner possible. We'll do it smart by looking to see if current vacant slots could be eliminated so no current worker is affected. Very limited and targeted early retirements could be an option or we'll look to reengineer duties where, with the change of technology over the years, jobs are obsolete, but still manned because, "they always have been." I believe the Verne Orr award proves we'll do this to the best of our ability with the least wing impact.

Our 45th Services Squadron brought home "Best in Command" honors by earning the Maj. Gen. Eugene Eubank award. Obviously, earning an "Outstanding" rating during the Operational Readiness Inspection, the highest squadron award since 1981, went along way in their earning the award. They also had five professional team awards and two top performer awards. But Services does so much for us in our day-to-day activities for such a large military community. It's incredible to me that they can keep up, but they do. Congratulations!

I'd also like to congratulate our Inspector General office for winning "Best in Space Command" honors for 2002. Obviously, the "Outstanding" rating for the ORI took a great deal of preparation and it was the IG shop that kept us on track. Congratulations to them and best of luck at AF competition.

Looking again at the Iraqi situation, while we have all these world impact events taking place, some people may feel overwhelmed by it all. We need to especially watch out for the kids who may be on edge if they have a parent deployed. My message here is to look out for each other and if somebody is down, lift their spirits. We offer many programs through the Family Support Center that can help.

Also, from experience with past conflicts the last 12 years, don't become glued to the television set. Yes, we all want information, but if there is one guarantee, the media will replay a single fact or incident about 15 times at least. So keep up to date, but don't let it interrupt your routine to the point you quit working out or start eating poorly and feel lethargic. This is the time I need people as physically fit as possible and up on the balls of their feet and not back on their heels.

Be safe everyone. Pray for all our troops in harm's way and for a quick resolution to the situation. Take care and God bless Americal



Force, under exclusive contract with the 45tl

Wing, Patrick AFB, Fla.

Force

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WING NEWS

Red Cross volunteers lauded for their service

By Sue Walden 45TH SW PUBLIC AFFAIRS

One hundred and ninety-five volunteers were honored for their services at the American Red Cross Recognition and Awards Luncheon March 13 at the Officers' Club.

Regardless of whether they have volunteered one day or 51 years, these helpers - whose ages average 70 years old (the oldest is 92) - were thanked for their support to the Patrick Air Force Base community. They devote tens of thousands of hours a year throughout the 45th Space Wing - at the clinic, pharmacies, dental clinic, Health and Wellness Center and Family Support Center, to name a few.

Whether handing out prescriptions or linking an active-duty troop to an ailing family member in an emergency, many organizations on base simply wouldn't run without volunteers. "We couldn't do without them," said John Wright, pharmacist.

Before he started working at the satellite pharmacy a year ago, Mr. Wright was employed at Eckerds Drug Store for 20 years and is impressed by the Red Cross volunteers dedication. "You'd never see this kind of devotion to the community on the outside (of the military). We're like one big family here, and the volunteers do everything."

That feeling of camaraderie is what has kept Betty Noone volunteering at the pharmacy for seven years. "It's wonderful to work alongside

the active-duty and civilians, to see them grow and rise up through the ranks; I count them as friends and colleagues," she said. "Being with these young people keeps us feeling challenged.

The Clara Barton Volunteer Leadership Honor Award, the Red Cross' top local accolade, went to Joann Gulliver, who was the Patrick Red Cross coordinator until June, 2001. She has spent 16 years with the organization including five years as a member of the paid staff. "I love volunteering for the Red Cross and I'm proud to help the Air Force mission, their personnel and families," she said. Knowing the ropes, Ms. Gulliver jumps in wherever she's needed including instructing CPR, swimming and life guard classes. She's also an emergency case worker who verifies and helps deliver messages between the military and families in distress. She was instrumental in keeping the Patrick office running before Mr. Branham took over as coordinator.

From July until January 2003, the army of go-getters has logged in six 1,600 volunteer hours, assisted in the county receiving 357 pints of blood and has taught 42 Red Cross courses to 483 people, according to Scott Branham, Patrick AFB Red Cross coordinator. "I'm extremely proud to be part of this high caliber of people who give it their all to volunteer. Without them, the Red Cross, a vital humanitarian organization, wouldn't exist."

Red Cross volunteer Walleska Garcia checks an X-ray at the Dental Clinic. (Photo by Jim Laviska)

Patrick needs more, according to Mr. Branham. Those interested are invited to an orientation held the first Monday of the month at noon. For more information on becoming a Red Cross volunteer, call Mr. Branham at 494-2402. Volunteers offer a CPR class every third Saturday of the month at the Family Support Center from 8 a.m. to 5 p.m. The class is free for active-duty members.

Despite the nearly 200 Red Cross volunteers,

2002 American Red Cross award winners

Clara Barton Award Joann Gulliver

Letter of appreciation Sean Abbott; Dean Carlson, Patricia Hendrickson, Ralph Hendrickson, Jerome Lucker, Ginny Mithers, Ann Turco

Service Awards 5,000 hours

Helene Sulfas. Emil Mellow and Betty Garthwaite

6.000 hours Gladys Seeds and Jane Fedvshvn

8,000 hours Dorothy Larson and Arlene Aycock 9.000 hours Mayme Smith

13,000 hours Vivian Amic

Years of service 51 years Janie Bridgers

45 years Peggy Brocato **33 years** Katherine Burlin, Rose

Higgins and Arlene Kube 32 years

Dorothy Larson and **Gladys Seeds 31 years** Kathleen Blevins and

Ann Turco **30 years**

Lillian Hall 29 years Vivian Amic, Jack Dibble, Mayme Smith and Grace Spence

28 years Arlene Aycock and Joan Frese

26 years Joan Evans

25 years James Irvine 24 years **Eleanor Riede**

20 years Hazel Belhumeur, Joy Huncharek and Joan Nunnally

> **Team Letter of** Appreciation **45th Medical Group**

Physical Therapy Team Gail Pemberton, Laximbala Herman, Patricia Spence, Christine Souza and Millicent Myers

American Red Cross Clinic Office/Front Desk Team

Ruth Batt, Anne Campbell, Shirley Capron, Pichi Dukes, Nelson Hamilton, David Hereford,

Bob Kent Cay Rand, Helen Donald Wilson Rock, Dorothy Rosa, Bertha Swickey and Vivian Willingham

Armed Forces Emergency Services/ **International Social Services Team**

Jayne Hazen, Gussie Reichel, Joann Gulliver, Kay Burlin, Madonna Powers and Ron Baker

Team Award Laboratory Team

Belle Wilder. Elinor Reide, John Lee, George Kunberger, Mayme Smith, William Beardsley, Ken-dra Mackett

Health and Wellness Center

Vivian Amic, Dorothy Phillippe, Nancy Runge and

45th Medical Group/-**Main Pharmacy**

Bill Fince, Ralph (Skip) Boardman, Robert Jean, Chester Johnson, Grace Johnson, Ginny Smithers and Helen Leduc

Timekeeping Team

Lillian Driesbach, John Arnette, Ray Chamberlain and George Freeman

Exceptional Volunteer Award

Lillian Avcock. Joe Driesbach, Peggy Brocato, Burt Slesinger, Mayme Smith, Ruth Batt, Milli-cent Myers, Gail Pember-ton, Spence, Betty Patricia Laxmibala Garthwaite, Herman, Norm Hayes

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Wing recognizes retirees

By 1st Lt. Eric Badger

45TH SW PUBLIC AFFAIRS

Within every powerful machine, there is a powerful motor providing vital energy and strength.

At the 45th Space Wing, military retirees are the motor that keeps the wing running.

In appreciation for military retiree contributions to the wing, a retiree retreat ceremony is set for 5 p.m., Fridav at the Patrick Memorial Plaza, along with Military Retiree Day Saturday from 9 a.m. to 1 p.m. in

Hangar 750, Patrick Air Force Base.

Military Retiree Day is open to military retirees, active-duty members and their family members.

There will be more than 50 booths in the hangar. Staff will be on hand in Bldg. 537 to renew Department of Defense identification cards as well. "Not only do we serve the active-duty, but the retirees and if we have an opportunity like this to assist them, we want to take advantage of it," said Senior Master Sgt. Christine MacKay, superintendent of 45th Mission Support Squadron's

military personnel flight. Military retirees assist the wing by volunteering their time and services through two agencies: the American Red Cross and Project Emeritus

The 45th Medical Group currently has approximately 150 military retirees or their spouses volunteering at the clinic

"Without doubt, we could-

... we couldn't carry out our mission mission here without the support of without the supthe military retirees.

> - Lt. Col. Stephen Niles 45TH MEDICAL GROUP

n't carry out our here port of the miliretirees. tarv said Lt. Col Niles, Stephen Medical 45th Group deputy

commander. "They help form the backbone of the 45th Medical Group."

According to Bill Pashley, chief of Project Emeritus' personnel section, the 190 Project Emeritus military retiree volunteers work all over the base in places such as the medical clinic, the legal office, personnel, on Cape Canaveral Air Force Station tours as tour guides and the pass and identification office.

To volunteer with the Red Cross, call 494-2402; for Project Emeritus, call 494-7656. For more information about Military Retiree Day, call 494-5463/64.

Military Retiree Day booths

Retiree Activities Office Project Emeritus Base Staff Judge Advocate Base Finance Department of Veterans' Affairs **Brevard Veterans** Services Office Florida National Cemetery Brevard Veterans Council American War Veterans Pearl Harbor Survivors Orlando Retiree Activities Office Air Force Association The Retired Enlisted Association Non Commissioned Officers' Association Air Force Sergeants' Association Fleet Reserve Korean War Veterans

Jewish War Veterans Military Order of World Wars S.M.A.R.T. Retiree Travelers **Disabled** American Veterans Military Officers Association Reserve Officers Association National Association of Uniformed Services Social Security Space Coast Credit Union Korean Veterans 2000 Coalition U.S. Coast Guard Auxiliary Security Forces China-Burma-India Veterans Wuesthoff Hospital Wuesthoff Hospice 45th Services Squadron Family Support Center **Family Services** Cente Alzheimer's Association

W.A.V.E.S. Association W.A.C.S. Association Retired Senior Volunteers Space Coast Credit Union Health First Plans Health South Sea Pines Rehab Air Force Widows Foundation U.S. Soldiers' Home - Washington 45th Medical Group **TRICARE** Health Plan Delta Dental Plan American Red Cross Air Force Space and Missile Museum M.A.R.S. Radio ITT Travel Long-term Care Program Florida Department of Veterans' Affairs Domiciliary Home

Wing edging toward \$37,265 AFAF goal

Annual fund improves Air Force quality of life

Verla Davis 45TH SW PUBLIC AFFAI

It's not too late to contribute.

The Air Force Assistance Fund Drive ends March 28. Patrick's goal for this year is to make 100 percent personnel contact with at least \$37,265 contributions base-wide.

AFAF is an annual fund-raiser used to raise money for four charities benefiting active-duty, Reserve, Guard and retired AF personnel and their family members including surviving spouses and family members.

The charities are the Air Force Enlisted

Foundation, Air Force Village Indigent Widows Fund, the Gen. and Mrs. Curtis E. LeMay Foundation and the Air Force Aid Society.

"The AFAF drive definitely improves the quality of life for the entire Air Force," said Maj. Christopher Leavey, AFAF project officer. "Donating provides a tremendous boost to those in need."

Monday, the 45th Space Communications Squadron booster club donated \$340 to the AFAF drive.

"We challenge all squadrons to do the same,"



said Richard Allard, vice president of the 45th SCS booster club.

According to Maj. Leavey, if 50 percent of military members at Patrick contribute to AFAF, AFAS will donate an additional \$2,000 to the Patrick AFAS chapter. "(That's) money that comes directly to us," he said.

Each charity has its own Web site. For more information go to http://www.afas.org, http://www.afenlistedwidows.org, http://www.airforcevillages.com or

http://www.info@lemayfoundation.org/.

To make contributions, contact unit representatives or contact Maj. Leavey at 494-2653 or Capt. Jason Smith at 494-4647.

Civilians gain development course knowledge

By 1st Lt. Eric Badger 45TH SW PUBLIC AFFAIRS

In keeping with the motto, Outstanding is Just the START, the 45th Space Wing has added one more integral word to the previously named Officer Professional Development Course...Civilian.

Now, for the first time, the course – originally designed to provide lieutenants and captains professional development – is now open to civilians. The first class was March 10 to 13.

Because there was no official professional development course for civilians, and to provide more civilian opportunities for training, 45th SW officials made the decision to integrate civilians into the officer professional development course, according to Capt. Kevin Sellers, 45th Range Squadron training flight commander.

"Civilians are integral to the mission of Patrick and the Cape," said Capt. Sellers. "We could not do our mission effectively without them. Thus, we must strive to understand each other's needs and motivations. Further, we can learn a lot from each other, based on the experiences we each bring to the table."

The course is now offered to civilians grades GS-7 to GS-11.

Civilians attending the course found the course extremely useful. "I think it's a great idea. As we in the 45th Space Wing are 'one team, one fight,' it let's the civilians know they are part of that team," said Carol Power, 45th SW Protocol.

Gary Liscombe, GS-9, 45th Civil Engineer Squadron environmental engineer, also attended the course.

"Introduction of civilians brings another perspective into the class environment and benefits



Amy Oliver, 1st Space Launch Squadron, briefs Brig. Gen. Greg Pavlovich, 45th Space Wing commander, on the students' comments and recommendations about the Officer and Civilian Professional Development Course. (*Photo by Master Sgt. Guy Volb*)

all that attend," he said.

"It was a valuable experience to hear examples of military leadership styles with respect to their positions with the 45th SW and even in deployed locations."

Military personnel shared a positive insight as well. "Chances are high that in our military careers we will end up supervising or being a subordinate of a civilian, so it is important to gain a better understanding on where they are coming from," said 1st Lt. Douglas McLean, 45th Civil Engineer Squadron, officer in charge of Systems Engineering.

The course is four days long with no prerequisites required. Civilians apply through their immediate supervisors up through the group level. The next course will be held the third week of May.

(Ida Barry, 45th SW Public Affairs staff writer, contributed to this article)

BULLETINS

Workshop offered

In honor of Women's History Month there will be a training workshop entitled "Male - Female communication challenges" March 27, 9 - 11 a.m. at the Officers' Club.

This training is open and free to everyone. Free for everyone.

Refreshments will be available. To register, e-mail leenette.sablan@patrick.af.mil or gloria.jones@aftac.patrick.af.mil.

History month luncheon

Women's History Month's luncheon is set for March 27, 11:30 a.m. - 1 p.m. at the Officers' Club. Lt. Col. Edith A. Disler will be the guest speaker; she is the former speechwriter for the Office of the Chief of Staff of the AF.

Cost is \$10 for members \$11 for non-member. Menu choices are Turkey Wrap or Beef Burgundy.

For tickets call Staff Sgt. Sablan at 494-6333, Tech. Sgt. Davis at 494-6650, Linda Lennear at 494-2525 or Staff Sgt. Cahill at 726-7284.

Assumption of command

Col. Byron Presley, 45th Maintenance Group commander requests your company at the assumption of commander ceremony for Lt. Col. Clay Frasier for the 45th Range Management Squadron, April 7, 1 p.m. at Hangar C at Cape Canaveral Air Force Station.

Dress is duty uniform for military, daily attire for civilians. To reserve your seat, call 494-6194 before March 31.

Accident volunteers needed

Twenty-five volunteers are needed to play accident victims during a 45th Space Wing's major disaster response exercise March 25. The exercise will be held on Patrick's airfield beginning in the morning through early afternoon.

With permission, volunteers will have moulage applied to represent "virtual" victims for the emergency response team to treat. To volunteer, or for more information, call Maj. Jason Mantaro or Keith Auger at 494-2047/5890.

Troop needs scoutmaster

Patrick AFB Boy Scout Troop 326 is seeking a scoutmaster. This active troop consists of young men from active duty, retired and civilian families. Meetings are held every Monday at 7 p.m. in the South Housing Chapel. Persons interested in this position or wish to join troop call Lt. Matt Altman at 494-9387 or Rudy Cain at 259-1449.

Visit Patrick's Tech Expo

The Patrick AFB Technology Expo will be held on Wednesday, March 26 at the NCO Club, from 10 a.m. to 2 p.m.

All personnel are invited to attend at no fee.

Many exhibitors will be on-hand demonstrating the latest computer hardware, software and services.

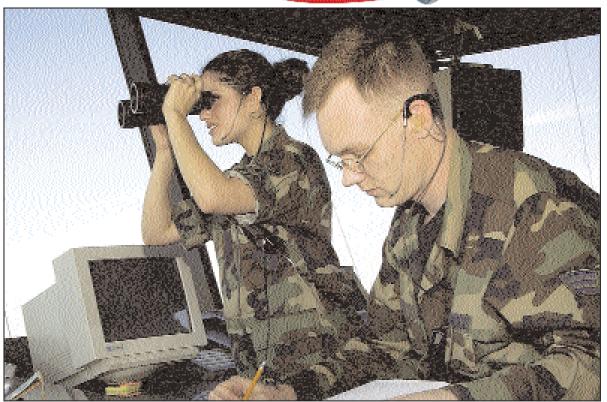
There is no fee to attend and complimentary refreshments will be served. Free giveaways will be available while supplies last.

For more information, please contact Meredith Davis at (301) 596-8899 ext. 214 or by email at davis@ncsievents.com.

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Senior Airman Shannon Smith, right, a ground controller, reviews statistics while Airman Djonne Stevens, a local controller, observes flightline traffic.

Flightline juggling: Airfield managers, traffic controllers coordinate safe-flying atmosphere

By Master Sgt. G. A. Volb 45TH SPACE WING PUBLIC AFFAIRS

The 45th Space Wing's unique flying mission makes for some interesting challenges among airfield managers and air traffic controllers – most of which are dictated by safety concerns.

Together, the two specialties are tasked with juggling the occasional influx of distinguished visitors, ensuring aircraft don't violate the Cape's airspace, and "resort-craft" like those with banners towed behind them, blimps and ultra lights remain at a safe distance.

Though air traffic would be considered slow most days here, when compared to a normal fighter wing, there are times when things pick up, especially when current events attract the attention of out-of-town guests.

This type of activity usually occurs the closer they get to the weekend and especially during spring break, according to Master Sgt. Stickel, the tower chief.

Yet, savvy controllers find ways of seamlessly dealing with increased air traffic and multiple distinguished visitors arriving, taking into consideration the politically sensitive nature of rank and protocol.

The nine or more troops in the airfield management side of operations work closely with those in the tower to provide the safest possible environment.

It's airfield management that takes care of airfield lighting, pavements, parking plans and the much storied bird problem. But they also deal with less visible aspects such as security issues and aircrew FAA clearances.

"Traffic at Patrick isn't like that of an ACC or AMC base," said Master Sgt. Jerry Jones, chief of airfield management.

"A congested day consists of about 30 aircraft using Patrick for training or as a refueling stop en route to another destination. This usually happens with training aircraft of the Navy returning from the Caribbean.

"We have a great team of folks," he continued, "who perform a ballet of sorts between crew transport, fuels, transient alert, passenger terminal and ATC to make sure the aircraft lands safely, gets timely service and crew needs are met without delay."

But he said it's very rewarding when it all goes flawlessly, and the mission helps train the troops for future deployments. closely with those in the tower to provide the safest possible environment.

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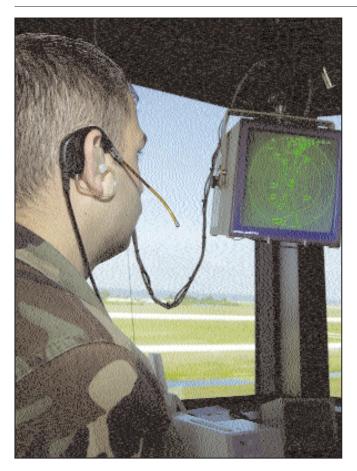
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Like Master Sgt. Stickel's crew, Master Sgt.

Cont. on next page



Airman First Class Tim McGuire, a local controller, observes the aircraft traffic.

Cont. from previous page Jones s a i d t h e y

tend to have more distinguished visitors rolling through during a given time than a large majority of bases. "I know we're not Andrews," he said "but we handled more than 81 distinguished visitors and their aircraft over a three-week period earlier this year."

"Some people might not realize it, but since we don't have any wing air-



craft, some of the support structure is handled by contractors," Master Sgt. Jones said.

"We coordinated support with Melbourne airport and they come up to Patrick to service some special aircraft. We also deal with the Department of Agriculture, Customs, and Immigration for every aircraft coming from South and Central America, and the Caribbean."

So while the typical traffic at

Staff Sgt. Jose Santiago, an airfield management supervisor, prepares to disperse birds on the flightline.



Airman Ross Rieck, left, an airfield management coordinator, develops a flight plan while Master Sgt. Jerry Jones, airfield management chief, reviews his work. (*Photos by Jim Laviska*) WarFit Day: Event, program pumps up muscles, wellness, morale

By Jo Hamsher 45TH MEDICAL GROUP

By now most active-duty members have heard of WarFit.

WarFit is an Air Force Space Command initiative to enhance the Air Force Fitness Program and improve the overall wellness of all active-duty Air Force members.

By the direction of Lt. Gen. Robert Hinson, AFSPC vice commander, WarFit was implemented across the command Jan. 1.

The program has been well received at the 45th Space Wing, with numerous squadrons now participating in group exercise sessions that have been fun, boosted morale and improved fitness.

Gen. Lance Lord, AFSPC commander, designated March 28 as AFSPC WarFit Day. This is a collaborative effort between the Fitness Center and the Health and

Wellness Center. On this day,

structured fitness events will be offered so that all

personnel – military and civilian – can participate in

activities regardless of their cur-

rent fitness status.

WarFit Day Events 6:30 a.m. and 11 a.m. -5K Run/ 1.5mile Walk at Patrick and CCAFS 11:30 a.m. - 5-mile Bike

Ride at Patrick and CCAFS

6:30 a.m. and noon – 1,000yard Swim at Patrick

Noon - Boot Camp Circuit

Training Workout in the basketball gym at Patrick

4:30 p.m. – Cross Training aerobics class at Patrick

There will also be free food samples from the HAWC for all WarFit day participants in recognition of AFSPC WarFit Day, as well as celebration of March's National Nutrition Month.

In order to execute the mission, it is the responsibility of members of our Air Force team to maintain themselves in peak physical and mental condition.

WarFit is an effective way to help achieve that goal.



45th SVS/MSS wins 2nd Over-30 title in a row

By Staff Sgt. Joel Langton

45TH SW PUBLIC AFFAIRS The Intramural

The Intramural Over-30 Basketball tournament ended the way many thought, with the 45th Services/Mission Support Squadron winning for the second year in a row. The SVS/MSS team had to go into overtime to finally drop the 45th Civil Engineer Squadron 42-37 Friday afternoon.

It just took one overtime period, three minutes longer, than most thought that it would.

It was their closest game of the tournament, defeating 45th Security Forces Squadron 58-49 and Air Force Technical Application Center 53-41.

They didn't have many problems in the regular season either. Their one loss came when only four players showed upand they had to forfeit.

They were confident Friday. "We knew we'd eventually pull away," said William Davis, 45th SVS/MSS. "We took them too lightly."

It may be more a matter of 45th CES finally running out of gas.

45th CES beat Air Force Technical Application Center 45-43 to come out of the loser's bracket minutes before the championship's tipoff. Thus, they had to defeat 45th SVS/MSS twice and the game was their fifth of the week, third in 25 hours.

Neither team was enamored with their play.

"We got sloppy with the ball," said Ron Phillips, 45th CES.

"We didn't do anything right," said Ralph Robinson, 45th SVS/MSS. "We couldn't shoot, we couldn't play together, it really wasn't our day today."

They did just enough to pull away, time after time. Three times during the first half, 45th SVS/MSS would pull ahead, then 45th CES would pull within one or tie the score.

In the first half, a three-pointer pulled 45th CES within one. Then 45th SVS got serious and scored 10 unanswered points. Then, 45th CES countered with an 8-0 run.

There were no major runs in the second half but SVS/MSS would edge two or three points ahead, and 45th CES would surge back.



The 45th Civil Engineer Squadron's Josh McGee tries to shoot from the lane, while 45th Services/Mission Support Squadron's Dallas McCarter tries to slap the ball out of his hands during the first half. (*Photo by Jim Laviska*)

The last minute was indicative of the game. The score was knotted 34-34 and it looked like a two-possession game with 45th SVS/MSS having first shot. With a cluster of four turnovers and four missed free throws, the minute ended just like it started, 34-34 and the teams headed for overtime. The two-minute breather did 45th SVS/MSS a world of good. They roared off the bench and delivered the knock out punch that finally put 45th CES down, with a 6-0 run in the three-minute overtime that finally put 45th SVS/MSS where everyone thought they'd be, on top.

DFAS takes B-ball title

By Staff Sgt. Joel Langton

45TH SW PUBLIC AFFAIRS

Most teams have to hustle on the court to win their championships.

That's no problem for regular season champions Defense Finance and Accounting Service squad out of Orlando, known for tight, aggressive defense and on-the-court hustle. Sometimes on their road to this season's intramural championship, the biggest hustle involved making the hour and a half trip down the road to the game.

"For late games, we were ok," said guard Dennis McCleod. "But if we were playing the first game of the night, we were always cutting it close.

After finishing the regular season behind 45th MDG in second place with an 8-4 mark DFAS rolled through the playoffs, defeating 45th Range Squadron 47-38; Navy 46-42 and then admitted 45th MDG to the loser's bracket with a 43-39 win.

The 45th Medical Group, regular season champion with a 10-2 record, defeated 45th Civil Engineer Squadron 45-40 before losing to DFAS. In the loser's bracket, they eliminated 45th Weather Squadron 49-42 before popping back up against DFAS.

In the next to last matchup of the tournament, DFAS enjoyed a lead for much of the game, until 45th MDG roared from behind and tied the score. MDG went ahead for good at the seven-minute mark. They looked like the regular season champs they were, as they never looked back enroute to a 48-43 win.

"We learned a lot there," said DFAS coach Roscoe Johnson. "We knew that when we got a lead in the second game, we'd better take care of that lead and not give it up."

It seemed like 45th MDG wanted to help them out in the second game as well. They committed three technical fouls, giving away six free throws and three possessions, a tough handicap to overcome in any scenario, particularly a championship game.

Either way, the 45th MDG coach gave DFAS plenty of credit. "Our energy was down in the second game," said Preston Drane, 45th MDG coach. "They outran and out-hustled us and hustle beats talent every time."

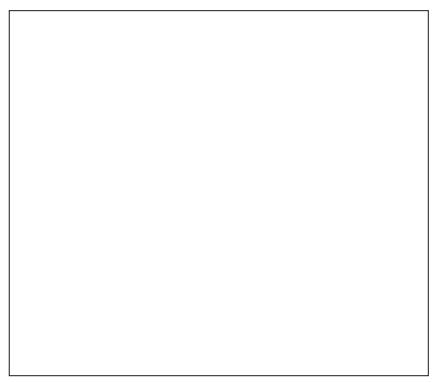
Even getting to the gym often required hustle.

"One game, I let everybody out on the street, and I parked the van," said Coach Roscoe Johnson. "They walked in the door as the buzzer was sounding and I got to the bench after about a minute of play."

The two to three hour round trip developed togetherness. "You get to know people when you travel that much with them, when you're around them that much," said Johnson.

Coming to Patrick seemed like nothing new to former 45th Space Wing Airman of the Year Brett Robinson who PCS'ed all the way to Orlando last year, where he went to work at DFAS. "I guess I had to PCS to finally win a championship," Robinson said.

His road to the championship was just a bit longer than his teammates.



Spirit & Services



Go SCUBA Diving

Heading out for a day of SCUBA diving? Stop by Outdoor Recreation and browse through their full line of SCUBA rental gear. Items include buoyancy-control devices, regulators, tanks, masks, snorkels, fins, weights and wet suits. Specially priced full SCUBA packages are available.

Need your personal tanks filled? You no longer need to drive over to the main land. Oxygen tanks can be filled at ODR for \$2.

ODR offers SCUBA classes, from open water to dive master. The class takes diveing trips to West Palm Beach.

Head for Key West

Outdoor Recreation visits Key West April 18 – 21. Cost for the trip is \$210 (sightseeing travelers only), \$280 for two days including snorkeling (Saturday and Sunday) or \$320 for two days of diving (Saturday and Sunday) including all equipment. Make reservations soon; seating is limited. Those planning to go diving or snorkeling must make reservations by March 28. Call 494-9692.

Learn a new craft

The Skills Center seeks a variety of instructors to teach classes, such as watercolor, calligraphy, oil, pen and ink, pastels/charcoal, scrapbooking, sculpture and more. Call Nancy Wilberg at 494-4270.

Framing classes for April are: April 1-2, 6-9 p.m.; April 7, 9 a.m. – 4 p.m.; April 15-16, 6-9 p.m.; April 21, 9 a.m. – 4 p.m.; April 29-30, 6-9 p.m. Cost for the class is \$25 plus materials. Registration and selection of materials must be at least 10 days before class begins. Call 494-4270 to register.

March madness at IT&T

Book a special cruise in March and receive an onboard coupon booklet valued

St. Paddy fun

Child Development Center children were entertained by the Melbourne's "Pipes and Drums" Irish musical group March 14, in celebration of St. Patrick's Day. **Bagpipers from left** are David Spurlock, Danny Kelley and Peter Wells. (Photo by Marla Holbert)

at \$300. Call 494-4155 for more details.

Search for bargains at yard sale

A Basewide Chili Cookoff and Yard Sale is Saturday, 10 a.m. – 2 p.m. at Outdoor Recreation on the Banana River. Cooks have entered their best chili recipe and judges will sample and determine the best ones.

Look for antiques or hard-to-find items at the yard sale. Enjoy free boat rides with family and friends. Food and drinks will be on sale along with free samples of prizewinning chili recipes will be available after the judging. Call Terry Hamric at 494-9692 for more information.

Win big playing bingo

Now's the time to win with a new progressive bingo. Officers' and NCO Club members are eligible to participate in the consolidated bingo program every Wednesday night. Get an entire package for the evening, including the Early Bird, regular games and four jackpots for \$22.

Each week, two cover-all jackpots will progress until they are won or winners will receive consolation prizes.

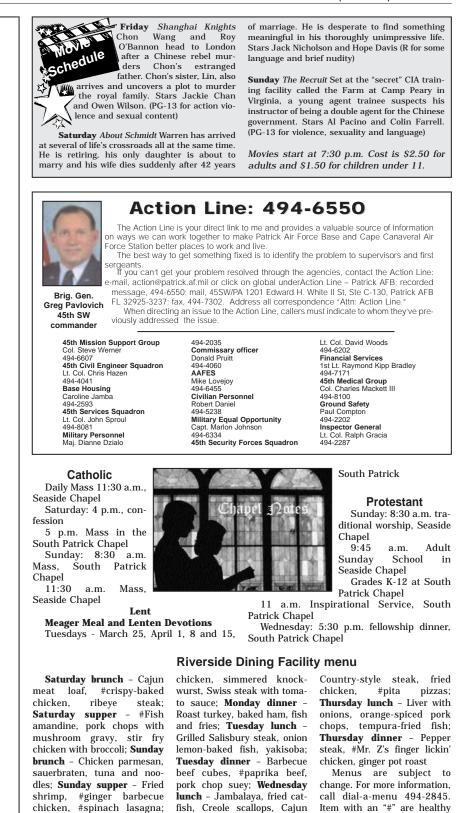
Jackpots range from \$300 to \$1,000 (management reserves the right to change game format and payout if sales do not meet the payout receipts).

All active-duty or retired military and civil service employees, civilian contractors, postal workers and other Federal agency employees age 18 or older assigned to Patrick, Cape Canaveral or Kennedy Space Center are eligible to participate. Doors open at 4 p.m.

Membership is not required; however, players must have an identification card. There is a \$5 admission fee for eligible nonmembers and their guests. Call 494-4011 for more information.

March 21, 2003 Missileer 13

https://www.patrick.af.mil



fish, Creole scallops, Cajun meatloaf; Wednesday dinner -

Monday lunch - #Baked

Item with an "#" are healthy choice.