KEY VOLUNTEER NETWORK



January 1, 2003 Volume 2, Issue 1

Key Volunteer News From the Hill Camp H M Smith, HI.



Key Volunteer Network & POC's

Key Volunteer Advisor Mary Forde-Febuary 422-2420

Family Readiness Officer Key Volunteer Coordinator CWO2 Hudnall Jessica Mace 477-8453 477-0172 **Key Volunteers** Jodi Schlather 253-0184 Sue Lowe 254-2564 Connie Ferrin 253-0878 Waiting for you!! Debbie Yff Waiting for you!! Paula Bryant Alison Ghiselli 685-5531 Rae-Anna Bonilla 455-1744 Waiting for you!! G-9 Waiting for you!! но Lynn Carroll 254-2148 (S1-S4, Supply, HQBn Comptroller, Safety, Company) ALD Carol Shafer Nancy Lopez 254-9358 Mona Darwich-Gatto 627-1579 Waiting for you!!

*All area codes (808)

Mainland Reserve Contact: Mr. Royer (504) 678-0340 RoyerM@mfr.usmc.mil

Med/Dent Waiting for you!!

Mark Your Calendar

- Jan 10—Have you seen Oahu? Don't miss the circle Island Tour, its FREE. #257-7790
- Jan 24—Want to go on a date? The HCDC will be having a "Parents Night Out." Call for details #257-7430
- Jan 28-30—Key Volunteer Training. Call Toni Spofford at #257-2410 to sign-up. Your section needs YOU!
- Feb 6—Keiki Aloha Orientation. So much fun for the kids, you won't want to miss it! Call for #257-7786 to sign up.
- Feb 12— Need some help dealing with those post-holiday credit card bills? Don't miss "How To Be Credit Wise". Call #257-7783
- Feb 15— Put on your best dancing shoes and join the fun for the "Teen Valentine's Dance. Call #257-7430 for details.
- Mar 18—Apr 22 Take part in a wonderful class to help you "Parent Proudly". This is a 6 week series. Call #257-8803 to sign up.
- March 19— Spouse's Orientation. Childcare is available.
 Call 257-7790 for details.
- March 17-28 at Manana & 24-28 at MCBH—Youth Activities Spring Adventure. Bring a friend and have lots of fun! Call 257-7430

*For *many* more events for adults and youth during **Jan—Mar** call or go by MCCS at MCBH for monthly calendars or visit them at

www.mccshawaii.com

A Visit With Mrs. Agostini

As an enlisted Marine's spouse, what is your impression of the Key Volunteer Network?

Melissa: I was very, very impressed, because I didn't even know who these people were at first. I thought that it might have been like an "Officer's Wives Club" or something.

My husband had done some work for them, and after talking, the KVN knew that we were expecting a baby. Within two days of us leaving the hospital, a few of the Key Volunteers came over with tons of food. That gave me a really good first impression of the KVN.

Also, like a lot of new mothers, I had a little trouble nursing in the first few days. Mrs. Mace called to see how everything was going, and she gave me some advice, mother to mother. She also called Tripler Army

Melissa Agostini with her son Luis Vincent at the HQSVCBN MFP Family Picnic at Manana.

Medical Center, and assisted me in getting a breastfeeding checkup in the same afternoon.

When would you contact your Key Volunteer Network?

Melissa: Well, it depends on the situation. If it has something to do with my husband, like fixing his pay, or me needing to get in touch with him if he's away, I'd call his section, since they would be in the best position to deal with it.

If I just need some advice or someone to talk to, I'd call back home to the mainland. But if there was something that I needed, that I didn't think someone here could relate to, or couldn't get a hold of anyone, I think that I might want to contact other spouses who are in the same position I may be in, like the KVN.

What would you expect from your Key Volunteers?

Melissa: Expect? Well, I guess I would "expect" that they would just keep doing the great job for all of the other spouses as they have done for me.

Melissa Agostini is the wife of Cpl Louis Agostini. The Agostini's are the proud parents of their first son, Luis Vincent. The Agostini's like all families at HQSVCBN MFP, may find themselves in a position at some time to need the services of the HQSVCBN MFP Key Volunteer Network. The KVN exists to assist and serve whether the Marine/Sailor is deployed or at home. The KVN slogan "We are only a phone call away" continues to ring true.





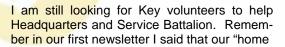
Greetings From Our Commanding Officer

HQSVCBN CO

Hau'oli Makahiki Hou (Happy New Year)!

The New Year is upon us and many subtle changes have already occurred. The most significant change we have experienced has been the rotation of personnel from our Marine Central Col William S Febuary, Command headquarters. We did not widely share the information about the rotation for operational

security reasons. We will continue with this procedure, but I (and Col Grathwohl in my absence) will keep our Key Volunteer Coordinator informed so that she can keep YOU informed. I want to ensure all members of the command that we are doing everything to keep our Marines and Sailors safe. I am asking each one of our spouses to keep the information about our rotations secure. I also ask that if you have a question or are hearing rumors to please contact the Key Volunteers to get the straight scoop. Rotation schedules for various staff sections may differ, even by individual, so if you have a question, please address it through the appropriate channel—your KV, KV Coordinator, and Family Readiness Officer.



readiness" directly contributes to our combat readiness. Home readiness begins with you and keeping our Marines and Sailors focused on combat readiness. We must do

all we can to ensure our Marines and Sailors are ready. You can

help me accomplish this part of the mission by becoming a Key Volunteer for your section. If you find that your section is lacking a KV, I heartily encourage you to step up to the plate. As Tom Brokow said, "It's easy to make a buck. It's a lot harder to make a difference." Support the Key Volunteers and help improve our combat readiness.

In November Headquarters and Service Battalion sponsored a Battalion Field meet at Manana Housing. We had a tremendous turnout and look forward to other such events in the Manana area and aboard Camp Smith. Other events are planned throughout the year—check out the Key Volunteer web site for further info!

Mary joins me in wishing you and yours the brightest of new years!



"Home readiness begins with you and keeping our Marines and Sailors focused on combat readiness... We must do all we can to ensure our Marines and Sailors are ready."

A Word From Your Family Readiness Officer

As you may have noticed, we've touched a little on the importance of security in this newsletter. It appears enough has been mentioned about that. I will just add, from my 20 years of experience in the security profession; the loss (or compromise) of information, no matter how insignificant it may appear, really can (and has) cost people their lives. It's best, to be safe, not to mention anything you know about military operations.

Finally, I would like to thank you, on behalf of all of us here at Marine Forces Pacific, for the sacrifice of having to go through the holiday season without your family mem-

Family Readiness Officer bers. The military could not be CWO2 Dana L. Hudnall successful in the tasks at hand

> without the loving support of our family. You play a Key Role in the defense of freedom in America.



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Chaplain's Corner

Thanksgiving is over and the countdown for Christmas begins. So put your hands in the air and wave them like you just don't care!!!

There was a song quite popular when I was much younger, "All I want for Christmas is my two front teeth." Hey, keep reading! I promise I will not go down memory lane. My point is that the song expressed a simple, uncomplicated request for Christmas, "...two front teeth." Even the rea-



Captain Nixon Chaplain, MarForPac

son for this simple request escapes the quagmire of the superfluous minutia for the inane. "All I want for Christmas is my two front teeth." Amazing! The request is not for world peace, or resolving any number of social ills, but for "...two front teeth."

You see, without two front teeth (in addition to the rest) it is difficult to bit an apple, devour an ear of corn, or say certain words. But most importantly, without two front teeth one cannot smile without embarrassment. Have you smiled lately? A smile comes from within and influences the environment where it is shared. A smile loosens the icy grip of indifference and encourages the warm embraces of concern. A smile negates the negative and accentuates the positive. When you smile, the whole world smiles with you. Even when your head is "bloodied and unbowed", a smile becomes the healing ointment encouraging us to hang in there.

Please include on you list of things to give to everybody you meet, a big smile. May you have a wonderful holiday period and a prosperous New Year!!!!



A smile comes from within and influences the environment where it is shared. A smile loosens the icy grip of indifference and encourages the warm embraces of concern.

Food For Thought From Your KVC

Jessica Mace



Her <u>careless talk</u> costs lives

"Her careless talk costs lives" is a quote from one of a series of posters used during WWII. The intent was to graphically portray the repercussions of careless or unsubstantiated information. From WWII to the present, nothing has changed – the message remains relevant and vital. Each one of us as the spouse of a member of the United States Armed Services has the responsibility to control the information we share.

As the Coordinator of your Key Volunteer Network, I believe we can best maintain a standard of trust through the ethical support of our Key Volunteers and through each of our individual actions to protect information. Our Key Volunteers are charged to protect your privacy. This is critical for

them to successfully execute their duties because each of you must know with certainty that the information you share and receive will be handled accurately and professionally. The "Statement of

Confidentiality" our new Key Volunteers sign reinforces their commitment to carefully protect the privacy of the families of our Command. If you share private information with one our Key Volunteers, rest assured it will be protected within the boundaries of our legal obligation.

As spouses of members of the Armed Forces, we also must do our part in protecting America both in and outside the home. Always carefully choose your words and commit to avoiding gossip and "rumor mills." If you do, then we will strengthen not only our friendships and families, but also America. I challenge each one of you to preserve the trust we have in each other, the integrity of our Key Volunteer Network and the faith we have in our Marines/Sailors. The HQSVCBN MFP Key Volunteer Network is a group of strong, committed volunteers waiting to serve you...

INFORMATION Security Begins With You:

...our families.

Happenings







The Anderson's

The Acosta's



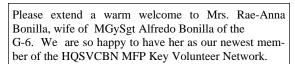


On November 16, 2002 the HQSVCBN MFP and the Key Volunteers hosted a video teleconference for Marines currently on deployment. Eleven families from HQSVCBN MFP each had the opportunity to spend some quality face-to-face time with their Marine. Families took the time to show Dad their Halloween costumes, recent sports awards, and even newly protruding bellies showing the signs of a first child. The Key Volunteers provided food, beverages, movies and company to the families while they waited to speak to their Marine. Please encourage **your** Marine to sign up and participate whenever he/she is notified of a video teleconference approaching.

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HQSVCBN MFP would like to thank Mrs. Lisa Ross for the generous support that she gave to the spouses of the G-2 during her time with us. Mrs. Ross received a plaque from the KVN at her husband's retirement ceremony at Camp Smith.







Mrs. Susan Truba after she accepted a piece of cake at the 2002 Marine Corps Ball in honor of all Marine spouses whose Marine is currently deployed in support of Operation Enduring Freedom.

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MarForPac Community Gathers At Manana Housing For Family Day Picnic

Cpl. Luis R. Agostini

Service members, friends and family members of Marine Forces Pacific, Headquarters and Service Bn., gathered Nov. 22 at Manana Housing Recreation Field for the Fall Family Day Picnic.

The static displays, stage props, four medium-sized government property tents and dozens of chairs and tables did not set themselves up. With the hard work and coordination of a handful of Marines, the bare soccer/baseball field was transformed into a family-friendly environment booming with excitement in a matter of hours.

Several Marines from 3rd Bn., 3rd Marine Regiment, brought a lot of heavy metal with them, from 81-mm mortars to vehicle-mounted .50-caliber machine guns.

In honor of Native American Indian Heritage month, several Native American service members and local citizens performed several Native American tribal dances for the Family Day crowd, such as the Grass Dance, the Jingle Dress Dance and the men's Fancy Dance. Performers included Sgt. Michael Villanueva of the Seneca/Chiricahua tribe, Rob Low and Alton Bennett of the Cherokee tribe. "The rituals involved in the dances are timeless," said Villanueva.

The MarForPac Band was also on hand, taking center stage and playing popular hits, including Jimmy Eat World's "The Middle."

Command and family-integrated functions such as the Family Day Picnic continue to remain popular with the command as well as the families of MarForPac Marines and Sailors.

"Events like the Family Day Picnic provide an opportunity for the command to show their appreciation for the families," said Jessica Mace, MarForPac HgSvcBn. Key Volunteer Coordinator.

"The picnic gave us all a chance to meet new family members of the command, and to share in some laughs and fun with some familiar faces," said Maj. Eric Duggan, MarForPac HqSvcBn. company commander. When all was said and done, the MarForPac family accomplished its mission. "Family Day provided everybody the opportunity to come closer not only as a unit, but most importantly as a family," said Duggan.













Information And Resources For The Family



When you have a moment visit the following websites:

- www.lifelines2000.org ~ This is a very comprehensive website devoted to service personnel and families
- www.mfp.usmc.mil ~ This is our MarForPac website and has a wealth of information available about our command and links to your Key Volunteer Network.

Would you like to receive the Armed Services YMCA monthly calendar? It is full of wonderful classes and opportunities for parents and children. Contact Amanda Harris at **KBayOM@aol.com** or (808) 254-4719.





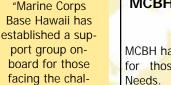
lenges of Special

Needs."



Japanese Wives' Club

Are you interested in meeting and sharing with other Japanese Wives? Come to the next monthly meeting. Meetings are the second Thursday of the month from 9 a.m. to noon. For more information feel free to call Hiroko Hagen at 239–2308.



MCBH Special Needs Information and Support Network

MCBH has established a support group onboard for those facing the challenges of Special Needs. The group will provide assistance to those in the military community (active duty, families, retirees, DoD employees) with questions and concerns that often arise when managing special needs.

The meetings provide an opportunity for those is attendance to:

- Network
- Meet new friends
- Voice issues and concerns
- Acquire information on local and base resources
- Lend to and obtain support from others with similar interests

Meetings are held on the fourth Tuesday of every month at 6:30 pm at the Base Chapel, Bldg. 1090.

Childcare is available.

Call 254-2135 or 257-7783 for more information.





"L.I.N.K.S. (Lifestyle, Insights, Networking, Knowledge, & Skills) is a spouse-to-spouse mentoring program offering information on PCSing, deployments, money matters, making each new community

your home, and much more. L.I.N.K.S. provides a positive environment for spouses to learn to manage the demands of Marine Corps life and to work together as a team in balancing family needs as well as Marine Corps' expectations. Morning and evening sessions are offered and FREE childcare is also available. Reservations are required. Please call 257-2368 today!"

Important Phone Numbers

Military Information

Crisis & Suicide Hotline

449-7110

521-4555

American Red Cross Armed Forces

Emergency Svc Ctr 1-877-272-7337

Force Chaplain 477-8529

477-652

Domestic Violence Hotline 531-3771

Navy-Marine Corps Relief Society

Pearl Harbor 423-1314 MCBH 254-1497

Poison Center 941-4411

Tripler Emergency Room 433-6629

MCBH

Acute care 257-5041 Ambulance 471-7116

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SCHOLARSHIPS FOR MILITARY CHILDREN

The 2003 Scholarships for Military Children Program opens for business 1 November with the essay topic "How has being the child of a military service member influenced your educational goals?" The Scholarships for Military Children Program is administered by the nonprofit Fisher House Foundation, best known for building family comfort homes near military medical facilities. The program has awarded 920 scholarships and nearly \$1.5 million in its first two years. Applications for the 2003 program can be downloaded from http://www.fisherhouse.org 🔌 starting 1 November. They can also be picked up at any commissary. The deadline for returning applications by hand or mail to a commissary is 21 February 2003. The scholarsnip program is open to doponed and retired military.

23) of active duty personnel, Reserve, Guard and retired military. The scholarship program is open to dependent unmarried children (under the age of Eligibility will be determined using the Defense Enrollment Eligibility Reporting System (DEERS) database. Applicants should ensure that they, as well as their sponsors, are currently enrolled in the DEERS database and that they have a current ID card. All nust be citizens of the United States. The applicant must be planning to attend, or already attending, an accredited college or university full-time in the fall term

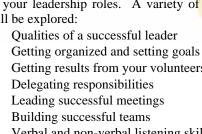


For Parents In Need Of Relief Respite care now available

- Is your Marine deployed?
- Do you need a break from your children?

Marine Corps Base Hawaii has developed a respite care program for children of Marines and Sailors deployed in support of Operation Enduring Freedom. The expenditures received from the Supplemental Funding Program will reimburse Family Child Care providers for weekend and/or evening respite care for eligible spouses of deployed military personnel. This childcare is for children age 6 weeks to 12 years and there are approximately 15 providers available. Please contact your Key Volunteer Coordinator at #477-0172 or macejj@mfp.usmc.mil if you

would like to take advantage of this wonderful program for parents. You must call your KV Coordinator at least one week in advance to make your respite care arrangements.



This seminar is open to ANY military spouse who has demonstrated commitment to family readiness, typically through the many volunteer organizations.

once a year on all Marine Corps installations. There is NO fee for this event, excluding the cost of the participants lunch.

> **Please call Personal Services** at #257-7787/7790 to register. Don't wait!

Spouse Leadership Conference 2003 Jan 22 & 23 ~ 8:30-2:30

Officer's Club MCBH

The Spouse's Leadership Seminar is a twoday seminar provided by MCCS and hosted by MCFTB. It has been designed to equip you with proven techniques and skills that will help you be more effective and successful in your leadership roles. A variety of topics will be explored:

- Getting results from your volunteers

- Verbal and non-verbal listening skills
- Conflict management

The Spouse's Leadership Seminar takes place

"The 2003 Scholarships for Military Children Program opens for business 1 November with the essay topic "How has being the child of a military service member influenced your educational goals?"

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We're on the Web at www.mfp.usmc.mil/kvn.html

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MARCENT Marines Help Out At Bangladesh School

By Gunnery Sgt. Jerry Ray, MARCENT Public Affairs

U.S. NAVAL SECURITY ACTIVITY, Manama, Bahrain – A few Marines from U.S. Marine Forces Central Command here spent most of their Saturday helping with the construction of eight toilet stalls and one wash basin area at the Bangladesh School in Manama, Bahrain.

"This project was initially started in August by the chief selectees," said the NSA chaplain, LT John C. Burnette. "The toilets and wash basin stalls were designed by (Chief Petty Officer) Kevin Koutz. He has since transferred and couldn't be here to work on the project, but this is his design."

This is the second major community relations project performed at the Bangladesh School this year according to Burnette. "We've spent more than \$3,000 for the different projects," he continued.

The Bangladesh School has about 150 students in grades ranging from Kindergarten through grade 10 and really needs these restrooms, according to Burnette.

Sgt. Nicholas J. Philbrook, Legal Chief, MARCENT, organized a group of six volunteers to help out the chaplain in this project at the Bangladesh School.

"I have been working with the chaplain to set up a time to go out to the school and help," said Philbrook. "Initially, there were just about four of us going out to the school to work, but as we were getting ready to leave, we had a couple more Marines decide to go, too."

"The majority of the work we did Saturday was finishing the walls and ceilings," continued Philbrook. "We were also able to get the holes cut for ventilation fans."

The Marines are looking forward to returning in a couple of weeks to help continue the project, according to Philbrook, who likes this type of work.

"I've always enjoyed woodworking," said Philbrook, "but I've really enjoyed just coming out to help the children."





