

New chiefs honored during ceremony



IN

THIS ITIO

Motorcycle Safety: A must for all.

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Did Macbeth make the grade?

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National Fire Prevention Week October 3-9, 2004



Chief Hospital Corpsman (SW) Dawn Calhoun salutes as she is piped aboard Sept. 16 during the chief's pinning ceremony held aboad the USS Yorktown in Charleston, S.C. Calhoun was among 15 area First Class Petty Officers promoted to the rank of E-7. During the ceremony, the chiefs' anchors were pinned by friends and family members, and after officially becoming chiefs, they recited the Chief's Creed. On July 26, E-7 results were announced and the Lowcountry chief selectees were amona 3.891 first class petty officers to earn their anchors. Charleston area new chiefs were from Naval Weapons Station Charleston, Naval Hospital Charleston, the Naval Consolidated Bria, The Citadel and Explosive Ordnance Disposal Mobile Unit Six.

Domestic violence affects families, children

By Mary Jefferson NWS Charleston, Fleet and Family **Support Center**

October is Domestic Violence Awareness Month. Domestic violence affects families as a whole, but children who witness domestic violence live with the impact for a lifetime.

Witnessing domestic violence can lead children to develop an array of age-dependent negative effects. Research estimates that between 3.3 million and 10 million children in the United States are exposed to domestic violence each year. It has been made very clear that exposure to domestic violence can

damage a child's physical, emotional, social violence. and cognitive development.

In recent years, many studies have shown that domestic violence begins affecting children at all stages of development, even before birth.

Domestic violence causes more birth defects than accidents and illnesses combined. In one study, 30 percent of battered women were battered during pregnancy. Some adverse outcome of pregnancy and labor, such as miscarriage, low birth weight, stillbirth, and the birth of a disabled child; may be attributable to traumatic domestic

Once delivered, babies in violent homes often experience symptoms of emotional distress, sleep disturbances and separation anxiety, sometimes leading to aggression as toddlers. Also during infancy, babies are too often directly involved in violent domestic incidents.

They are held as a shield by the mother, hit by thrown objects, or intentionally threatened or hurt to terrify the victim. Even when an infant is lying passively in a crib, he is sensitive to his surroundings and especially to the emotional signals given out by caregivers, see Domestic Violence page 2

Naval Weapons Station Charleston



Mission

To provide ordnance and waterfront management, quality of service and logistic support in a secure multi-service environment.

> Commanding Officer CAPT Gary W. Edwards Executive Officer LCDR Wesley S. Smith Business Manager Rita Schmitt Command Master Chief CMDMC(SS) Tim Domroso

About the Shoreline

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Hospital participates in 'Day of Caring'

By Ellen Sapp Marketing Officer

Naval Hospital Charleston volunteers supported this year's "Trident United Way Day of Caring" for the third consecutive year. On Sept. 14, 22 staff members from Naval Hospital Charleston staff rolled up their sleeves and joined 4,000 other volunteers in the Charleston area to give back to the community.

The Trident United Way sponsored this activity in which 230 community projects across the city benefited from this Day of Caring.

Hospital volunteers split up to tackle two projects around the city. This diverse group of volunteers included nurses, corpsman, secretaries, administrators, facility maintenance workers, active duty, civilian, male and female with one common goal: to give back to the community.

One group of 10 hospital volunteers spent the day at E.A. Burns Elementary School in North Charleston. Naval Hospital Charleston has partnered with Burns Elementary School for more than 10 years to provide tutoring and mentoring to children. The volunteer tutors and mentors of Burns Elementary work to ensure that every Burns student has an opportunity to succeed academically as well as learn the importance of personal responsibility. The volunteers worked on improving the outside appearance of the school, work-



photo by Naval Hospital Charleston Public Affairs

From left, Tom Sapp, Sylvia Walker, Capt. Sharon Widhalm, Naval Hospital Charleston commanding officer, and Carri Beegle take time from cleaning up Burns Elementary during the Day of Caring to pose for a picture.

ing in the library, and setting up a new classroom for preschool children. Katie Wilson, the program coordinator, said, "We always can count on the Naval Hospital for support."

The second group of 12 volunteers spent the day working at the Habitat for Humanity doing landscaping for five new houses recently built. Naval Hospital Charleston personnel have gone out monthly since

February 2002 and worked alongside skilled laborers and contractors, who train them every step of the way in the home building process.

The Naval Hospital's Habitat Coordinator works closely with the Habitat organization coordinator Kelley McElmurray, to continually enhance the experience for all volunteers.

Domestic violence affects children's views

continued from page 1

including the caregiver's depressed, anxious, fearful or angry mood.

In accordance to Erickson's developmental theory, Infancy is Trust vs. Mistrust - This is the stage when an infant learns to trust or mistrust their environment.

According to the theory, a child's sense of security depends on security of attachment to their earliest caregivers, and the quality of this relationship serves as a model of how the child will relate to people later in life. If children learn in their early relationship that adults are not to be relied upon, the effects are likely to be long lasting.

Normally a child's development is expected to unfold within a secure and nurturing environment. When the environment is infected by violence and fear, all the normal tasks of growing up are likely to be

affected.

The potential negative effects of domestic violence vary across the age span. In infants from homes with partner abuse, the child's needs for attachment may be disrupted. More than 50 percent of these infants cry excessively, and have eating and sleeping problems.

There is much research showing the importance of responsive and sensitive mothering in the healthy development of children. Some mothers heroically are able to remain sensitive and responsive to their child's signals despite their own suffering in domestic violence.

But others in this situation may be overwhelmed and so full of anxiety that they are not emotionally available to their children.

Thus babies more likely to be deprived of quality parenting where domestic violence is present, with its associated high levels of stress.

In early childhood the dangerous circumstances of domestic violence means that the young child may not develop a sense of security. By the age of three, it has been found that children exposed to violence in the home may respond to adult anger with greater distress and increases in aggression directed at their peers.

Pre-school aged children who witness violence may develop a range of problems, including psychosomatic complaints such as headaches and abdominal pain. They also can display regressive behaviors such as bed-wetting, thumb sucking, and sleep disturbances.

During the pre-school years, children turn to their parents for protection and stability, but these needs are often disrupted in families with partner abuse. Increased anxiety around strangers and behaviors such as whining, crying and clinging may occur.

Nighttime problems such as insomnia and sleep disorders are more frequent in this age group. Children in this age group who have witnessed domestic violence also show signs of terror, manifested by yelling, irritability, hiding and stuttering.

To sum it all up, violence affects children's views of the world and of themselves, their expectations for future happiness, and their moral development.

Domestic violence disrupts their progression through ageappropriate developmental tasks and may affect children at any given age level, even before a child is born.

For more information on how you can help prevent domestic violence, or to learn more, call the Naval Weapons Station Charleston Fleet and Family Support Center at 764-7294.

Motorcycle safety important for Sailors, all

By JO2 Christal A. Bailey Navy Charleston Shoreline

Motorcycles are often associated with the open road and freedom. But hitting the highways on a powerful, two-wheeled machine can also be a risky way to get around.

In an effort to put the brakes on motorcycle-related accidents, Naval Weapons Station Charleston provides a free Basic Rider's Course for Sailors, DoD civilians and family members on Station.

"The popularity of motorcycling has been on the steady increase for a long time now, but you don't need to know the statistics, it's pretty obvious just by all of the motorcycles that are just right here on Station," said Senior Chief Journalist Scott Bassett, RiderCoach.

The Station recently held training to certify motorcycle safety instructors. "The motorcycle instructor training held here a few weeks ago was a very big deal," Bassett said. It was the first time it had been held in Charleston in more than five years and 11 RiderCoaches were certified, six of whom are going to teach here on the Weapons Station.

"So before, there were only two people trying to meet the needs of the base. Now we are able to hold classes just about every weekend until the huge backlog gets knocked down," he added. "There will be an impact for lots of riders thanks to the contributions of many of the commands here," Bassett commented. "There were six Sailors, two Marines, one Air Force and even two Charleston police officers who took the course."

The safety program on Station meets the Motorcycle Safety Foundation's strict regulations and guidelines. Training sessions are structured for beginners and more seasoned motorcyclists who have been outside the training curve. The curriculum for the class is the Motorcycle Safety Foundation's course of instruction for the Basic and Experienced Rider Course. It's the Basic Rider Course that meets the requirements for riding and entry to the base.

The class teaches basic rider skills from braking to avoid an obstacle to teaching the proper corner entry speed. The course is good for all riders of all experience levels. While it is designed for entry-lever riders, its a good investment of time for even experienced riders to scrub off some bad habits. "I feel that everyone who takes the class learns more about their motorcycle and is a better, more safe rider for taking it," Bassett said.

After assessing the skills and capabilities of each participant, experienced and fully qualified (instrucput tors the class through its paces on a specially laid-out course with simulated riding scenarios Instructors are

bers - Navy, Marine Corps and Air Force. All of them are volunteers. They dedicate their time and expertise in the hope that the training will save lives and limbs. Novice riders also receive classroom training.

At the end of the motorcycle training program, participants are put through a test. A passing grade means that class members ride away with a card of successful completion - and increased confidence in the knowledge that they have the skills to stay safe on the roads.

"The class can be more challenging

with simulated riding s c e n a r i o s . Instructors are active-duty military service mem-Rider's Course recently.

than most initially think," Bassett said. The course is designed for learner bikes, but since motorcycles aren't provided and personally-owned bikes are used, many of the exercises are much more challenging. "It's one thing to do a Uturn on a little 250cc Honda, but it takes some skill to do the same maneuver on a full-sized Harley or a sport bike."

For more information, contact MMC Scott Nydam at 574-8796, or e-mail scott.nydam@navy.mil.

see Motorcycle Safety feature page 10

'I relieve you sir...



With the final exchange of salutes, Capt. Gary W. Edwards, left, assumes command of Naval Weapons Station Charleston from Capt. Robert M. Zalaskus during a Sept. 17 change of command ceremony at the Redbank Club. Looking on are, from left, Cdr. David Mudd, Naval Weapons Station chaplain; Rear Adm. Annette E. Brown, Commander, Navy Region Southeast; and Vice Adm. Kirkland H. Donald, Commander Submarine Force Atlantic. At right, Edwards speaks after reading his orders. Though weather forced the ceremony indoors, nearly 400 people attended the ceremony, the 30th change of command for the Station since 1941.

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Briefly Speaking

Toys 'R Us Military Appreciation Night Oct. 3

Toys 'R Us of North Charleston will host a Military Appreciation Night Oct. 3 from 8 to 9:30 p.m. Military patrons can present their valid military ID or be accompanied by a family member with a military ID and get an early jump on holiday shopping without the crowds. Free refreshments will be available and prizes, including a complete Thomas Train Table, will be raffled.

CFC fund drive kicks off Oct. 4

What does \$5 a month mean to you ... a value meal, a few gallons of gas, three-fourths of a movie ticket? To a family in need, it can mean food, clothing and a place to stay, thanks to the Combined Federal Campaign (CFC). The Naval Weapons Station will hold its annual CFC fund drive Oct. 4 to Nov. 15. The CFC is the only authorized solicitation of employees in the federal workplace on behalf of charitable organizations. We can make a difference! Please join in the spirit of giving.

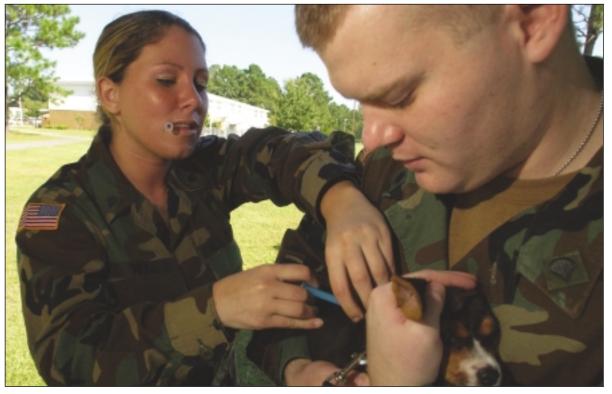
New Navy policy restricts galley usage

Due to a new Navy-wide policy implemented to counteract budget constraints, civilians and contractors not attached to the Galley will no longer be able to purchase meals at the Naval Weapons Station Galley. The policy becomes effective today. Personnel who will no longer be authorized are civilians to include base employees, civilian guests, DoD contractors and tour groups. In general, civilians are personnel who do not possess a valid military ID card.

myPay has new capabilities

myPay now offers a Restricted Access Personal Identification Number (RAPIN) which allows the member to provide a spouse or trusted individual with a view-only PIN. The member can set the RAPIN by signing into myPay and from the main menu, clicking on the "Personal Settings" page and following the instructions given. For the spouse/family member to use the RAPIN, they sign into myPay with the member's SSN under "LoginID" and then enter the provided RAPIN. They will be able to view and print the LES and W2 but cannot make pay changes. myPay now also allows users to provide a personal email address for future correspondence on events and capabilities, such as email notification of pay changes and other items of interest. Provide your email address by setting up your "Personal Preference" page. To get a myPay PIN, go to https://mypay.dfas.mil. Click on "Need a New PIN." Request the PIN, and a temporary PIN will be sent directly to your email account.





'Take your best shot...'

photo by SSgt James Harper

Spec. Morgan Bryant holds a puppy while Spec. Maria Moss administers a vaccine. Bryant and Moss are both animal care technicians at the Charleston Air Force Base Veterinary Clinic. The vet clinic conducted a pet registration/vaccination clinic Sept. 22 on Naval Weapons Station Charleston, with 60 pets receiving their routine vaccinations and micro-chipping. The Station's pet policy requires routine vaccinations of cats and dogs for rabies and other diseases in accordance with federal, state and local laws and ordinances. The policy also requires micro-chipping registration, or other systems of pet identification approved by supporting veterinary office, of all pet cats and dogs brought onto government installations.



National Fire Prevention Week: 'Test your smoke alarms'

By JO2 Christal A. Bailey Navy Charleston Shoreline Roughly 70 percent of home fire deaths result from fires in houses with no smoke alarms or no working smoke alarms. Smoke

alarms are the great safety success story of the 20th century, but only when they're working properly.

To make the public aware of the importance of smoke alarms, the theme of this



Naval Weapons Station Charleston firefighter Glenn Anderson inspects one of the fire department's fire trucks at the Station's Fire Station 1.



Information & Referral (I&R)

Holidays are around the corner. Have you setup a budget to include holidays? Do you know where the FFSC is located? What baby classes does the base offer? Where do you get victims' rape information or child or spouse abuse information? Do you want to volunteer in the schools as a mentor, teacher or office assistant? Call 211 to volunteer or visit *www.tuw.org*. Give us a call at 764-7294. If we don't know, we will research for the answer!

Counseling Services

Want to join a group to talk and learn together? Want to improve your family life? Just call and make an appointment for free counseling. We have trained counselors to help you through this time. You can make an individual appointment or with your spouse. We visit some commands during the day to talk. If you are an active duty or retiree, spouse of an active duty, retiree, widow, widower or POW family member survivor, you qualify for our free and confidential services. Call 764-7294 for an appointment.

Ombudsman Program

Ombudsmen are your command family information and referral people. A command family ombudsman is there to answer questions or refer you to the correct resources. Each command has an ombudsman. If you have questions such as: special needs of family member, moving, childcare, or about activities within your spouse's command, call your command ombudsman or FFSC.

TIDC.		
WORKSHOP	DATE	TIME
Advanced Resume	Oct. 13	1:30-2:30 p.m.
Anger Management	Oct. 12 & 21	1:30-4 p.m.
Baby Basics	Oct 5.	9 a.m12 p.m.
Infant Child CPR	Oct. 19	9 a.m12 p.m.
Infant Massage	Oct. 21	10-11 a.m.
Pre-separation Counseling	Monthly	
Playmornings	Every Wed.	9 a.m11:30 a.m.
Spouse Orientation	Every Tues.	10 a.m.
Stress Management	Oct. 5 & 19	1-4 p.m.
Volunteer Opportunities	MonFri.	8 a.m4 p.m.

year's National Fire Prevention Week is "Test Your Smoke Alarms." Naval Weapons Station Charleston is taking part in the recognition of Fire Prevention Week Oct. 3 to 9.

National Fire Prevention Week is a way for local fire departments to educate the public on the importance of fire safety. "With the emphasis on public education we hope to reduce the amount of fire and first responder alarms on base," said Edmund Beach, fire inspector.

Fire Prevention Week is not only an opportunity to jump-start fire safety efforts, but it's also a time to reflect on a tragic event in fire history. Many have heard of the Great Chicago Fire of 1871. The fire started on Oct. 8 and continued into the next day. Legend has is that the fire broke out after a cow, owned by Mrs. Catherine O'Leary, kicked over a lamp, setting the barn, then the whole city on fire. Historians tell us that the great fire almost certainly started near the barn, but there is no proof that a cow sparked the blaze. When the fire was extinguished, more than 250 people were dead, 100,000 were homeless, more than 2,000 acres had been burned and more than 17,400 structures had been destroyed.

In 1920, President Woodrow Wilson issued the first National Fire Prevention Day proclamation and in 1922, National Fire Prevention Association voted to observe Fire Prevention Week the Sunday through Saturday period that includes Oct. 9.

The Station Fire Department will host activities at the schools and child development center. There will also be the annual Fire Prevention Display in the Navy Exchange parking lot Oct. 5, 3 to 5 p.m. In conjunction with Fire Prevention Week, firefighters will be conducting the annual housing inspections starting the week after Fire Prevention Week.

Smoke alarm tips

* Install smoke alarms on every level of your home.

* Hard-wired smoke alarms operate on your household electrical current. They can be interconnected so that every alarm sounds regardless of the fire's location.

* If you sleep with bedroom doors closed, have a qualified electrician install interconnected smoke alarms in each room so that when one alarm sounds, they all sound.

* If you, or someone in your home is deaf or hard of hearing, consider installing an alarm that combines flashing lights, vibration and/or sound.

* Never paint smoke alarms. Paint, stickers, or other decorations could keep the alarms from working.

From the Desk of Karen S. Harrison... Counseling and Advocacy Supervisor

0.It is very important for us to stop for a moment during October and reflect on the meaning of domestic violence. Violence that occurs in a family has devastating effects on every member of that family.

Current research has shown that often, the family members who see or hear violence between their love ones are actually more impacted than the persons who are engaging in the violence.

Violence is like a creeping virus that erodes everything in its wake. Trust, self-esteem, ambition, and creativity are replaced with hurt, guilt, shame, fear, self-blame, and isolation. The devastation of family violence doesn't end with the family, but spills out into society and erodes its very foundation.

It slowly creeps into each succeeding generation, almost unnoticed until its affects have undermined everything that the family holds dear. Domestic violence affects military personnel and our mission readiness. Personnel and families who are suffering from family violence need our help to break the cycle. We can help by:

*Being aware of the misery that violence can cause families,

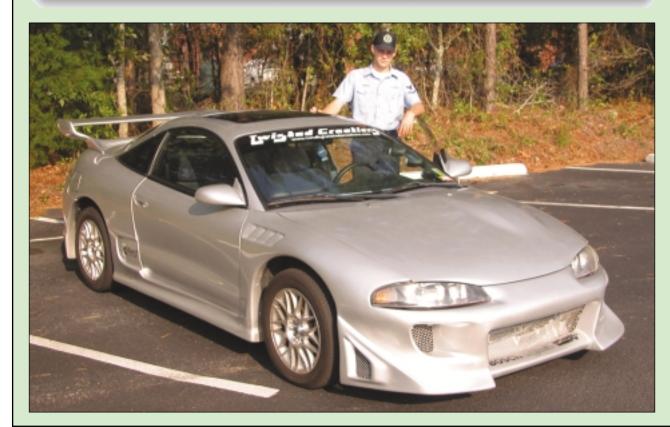
*Helping people caught in the web get information and support, and

*Educating personnel on prevention.

The Family Advocacy Program at the Fleet and Family Support Center (FFSC) is waging a war on domestic violence through our education and prevention classes and workshops, our education and GMT programs, and our counseling services and domestic violence treatment programs.

If you would like more information on any of our prevention, training, or treatment programs, please call the FFSC at 764-7294.

SHORELINE DRIVE



Owner: ET3 Brandon Sigmon, Naval Weapons Station Charleston Administration Department Vehicle Type: 1998 Mitsubishi Eclipse GST **Specifications/Modifications:** *Blitz Body Kit with Wing *Z-3 Fenders *JDM Kit Conversion Headlights *Altezza Euro-Style Tail Lights *Adjustable Coil Overs *16" Rims w/ PowerSlot Rotors and Kevlar Pads *Tinted Windows *Custom Painted Interior *JVC Head Unit *500 Watt JL Audio Amp. *10" JL Audio W-7 *Rebuilt Engine (Bottom and Top End) *Titanium Pistons *Racing Cams *Hyper Chip *T-3 Garrett Turbo-Charger w/sidemount intercooler *HKS Turbo Timer *All GReady Turbo Piping

*Full GReady Racing Exhaust

Shoreline Drive is not a contest. Submissions are printed on the sole decision of the Public Affairs Office. This is just a chance for you to show off your vehicle. To submit your ride, e-mail a picture of your car to Shoreline@navy.mil, or call 764-4094.

Program helps SPAWAR employees make the grade

SYSTEMS CENTER

Charleston

By Marsha Hassell SPAWAR Public Affairs

Space and Naval Warfare Systems Center (SPAWAR), Charleston

employees completed a 9-session Dale Carnegie Performance Development Program. Designed to improve their performance by strengthening their communica-

tion, leadership and people skills, the program also provided employees an opportunity to define a personal vision. Through team meetings, briefings and interactions with customers, participants built self-confidence and learned to strengthen interpersonal relationships, manage stress and handle fast-changing workplace conditions. The program also equipped them to perform as persuasive communicators, problem-solvers and focused leaders.

Course highlights included the

awarding of the c o v e t e d Achievement and Vision awards. Award winners are: Highest Award for Achievement was presented to Mr. Lonnie Cowart A d m i n i s t r a t i v e Specialist. This is

the top award in class for best living the principles taught in class and in Dale Carnegie's Book, "How to Win Friends and Influence People."

Vision Awards were presented to Adrian Cheagle, Engineer, Brent Fraser, Engineer and Jeremy Jacobs, Engineer, for setting the best realistic future vision of themselves and action steps for getting there.



Navy Birthday Ball 2004

The 2004 Navy Ball will be held Oct. 16 at the North Charleston Convention Center at 6 p.m. Dress is service dress whites or better. Tickets are on sale at the IIT office for \$35 each. Contact command your representative for reduced prices. Tickets are limited.



October 1, 2004



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Redbank Golf Association Championship scheduled

On Oct. 9 and 10, the Redbank Plantation Golf Association will have its Golf Association Championship at Redbank Plantation Golf Course. Maximum handicap is allowed in this tournament. There will be a low gross and low net prizes. However, a player cannot win both low gross and low net. Members must be in good standing (participated in 60 percent of association tournaments) to compete. Any member may request an exception to the 60 percent rule. The tournament committee will determine if it is granted or refused. Prizes will be determined by the amount of money made available from the association's bank account and entry fees. The cost is \$15 per person plus cart and greens fee. Please note that all golfers are welcomed to participate in the association tournaments. To sign up for this tournament or for more information, call Redbank Plantation Golf Course at 764-7802.

Beginner and advanced golf lessons offered at Golf Course

Learn how to play golf! Beginner and

The ITT office is your one-stop shopping place for discount tickets

The ITT office has discount tickets to most Charleston area attractions, as well as to many attractions throughout the southeast. The ITT office can also book your next cruise vacation!

The ITT office is located in Building 1700 on Fletcher Street, right across the street from Cap'n Robert's Dive. The ITT office is located in the same building as the Outdoor Adventure Center and Uniform Shop. Stop by the ITT office for your discount tickets and attraction brochures or to book your next cruise!

The ITT office accepts VISA, MasterCard, Discover and American Express on all ticket purchases! For more information, call the ITT office at 764-2120.

Military Appreciation Days special at Anheuser theme parks

The ITT office has tickets for the Anheuser

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advanced golf lessons for ladies and men will begin in October at Redbank Plantation Golf Course. Lessons for children, ages 6-17, will also be offered.

Lessons for ladies will begin Saturday, Oct. 23, and will be held every Saturday for five consecutive Saturdays. The time will be at 10 a.m.

The men's lessons will begin Sunday, Oct. 24, and will be held every Sunday for five weeks. The time will be at 1 p.m.

Lessons for children, ages 6-17, will begin Sunday, Oct. 24, and will also be held every Sunday for five weeks. The time will be at 2:30 p.m.

The one-hour lessons will include an introduction to irons, woods, chipping, putting and sand. Clubs will be available for those who do not have their own. Should the above days and times not suit you, or if you can make up your own group, we will try to work your time into a different class just for your group.

The lessons are \$50 per person and space is limited to the first eight paid people in each session. To sign up, stop by Redbank Plantation Golf Course or call 764-7802.

theme parks' Military Appreciation Days special. Tickets for Sea World Orlando and Busch Gardens Tampa are both on sale for \$42.80 for adults and \$38.50 for children (ages 3-9). Tickets for Busch Gardens Williamsburg are on sale for \$34.25 for adults and children. The tickets must be used by November 11. Stop by the ITT office for your tickets or call 764-2120 for more information.

New hours of operation at ITT office

Please note that the ITT office is now operating under new hours of operation. The new hours are: 10 a.m. to 5 p.m., Monday through Friday; closed Saturday, Sunday and holidays. These new hours will continue through March.



Fundamentals of Kayaking Course, Oct. 16, 8:30 a.m. to 5:30 p.m.

This American Canoe Association (ACA) course is for those who have never paddled sea kayaks before or those who want to refine their knowledge of equipment, proper stroke technique, rescues, basic navigation and possible hazards encountered by a sea kayaker. With a healthy respect for the water and additional practice of what is taught

gift certificate to the NEX for first place. during this one-day course, the first time paddler will be prepared for many years of safe sea kayaking! The course is taught by an ACA certified instructor. The cost is \$49 per person. Participant limit: eight. Pre-trip: none. Provided gear: kayak, paddle and personal flotation device. Exertion level: mild/moderate. Prerequisites: none. Sign up

by Oct. 13. Learn to Rappel, Oct. 21, 5 to 8 p.m.

Learn about equipment, knots and technique in this course where you will get an experience in the basic skills of rappelling. Participants under the age of 12 are not permitted to rappel. Ages 12-16 may rappel with a backup

Two man teams at only \$5, which includes free music, food and drinks. Sign up in the Liberty office (building 206, NNPTC Circle) by Oct. 20. For more information, call 764-7002. Open to NNPTC students only.

Horseback Riding, Oct. 24, 9 a.m.

Grab your hat and head on down to M&M Farms with Liberty. M&M Farms is located in the Francis Beidler National Forest. The cost is \$30, which gets you a one-hour trail ride with an area to open your horse up for a little run. Sign up in the Liberty office (building 206, NNPTC Circle) by October 20.

Ghost Tour, Oct. 30

Get spooked this month with Liberty and Cobblestone Tours in downtown Charleston. Enjoy a ghost walk and explore Charleston's only dungeon. The cost is \$16 per person. Sign up in the Liberty office (building 206, NNPTC Circle) by Oct. 27.

Pool Tournament, Oct.5 & 1, 5:30 p.m.

Stop by The Dive and compete for great prizes in our biweekly pool tournaments. The only charge is the cost of the game. Prizes include gift certificates to the NEX. Open to all active duty.

Monday Night Football, Oct. 4, 11, 18 & 25, 8 p.m.

Come over to the Activity Complex every Monday night this month to watch the big game. Prizes will go to those who predict the closest outcome of score. Why watch it anywhere else but the big screen? Open to NNPTC students only.

> belayer only. Participants under the age of 12 are welcomed to learn knots and climbing technique. "On Rappel, Rappel On!" The fee is \$12 per person. Participant limit: five. Provided gear: harness, ropes, hardware and helmet. Suggested gear: shoes, chalk bags (available for rent at the Outdoor Adventure Center). Exertion level: moderate. Signup deadline is Oct. 19.

Sign up for these outdoor recreational opportunities at the Outdoor Adventure Center. The Center is conveniently located on Fletcher Street in Building 1700, across from Cap'n Robert's Dive. Hours of operation are: Monday, Tuesday, Thursday and Friday, 11 a.m. to 6 p.m.; Saturday, 8 a.m. to 4 p.m.; closed Wednesday and Sunday. Stop by or call 764-2122 for more information.

www.mwr.nwschs.navy.mil

Morale, Welfare and Recreation



Unless otherwise indicated, LIBERTY trips and events are open to all hands of WPNSTA Charleston and its tenant commands (active duty, civilian, and dependents, ages 18 and up). Sign up for these events at the LIBERTY office (building 206, NNPTC Circle). The LIBERTY office is open from 8 a.m. until 5:30 p.m., Monday through Friday. Call 764-7002 for more information or check us out on the MWR website at www.mwr.nwschs.navy.mil.

Chess Tourney, Oct. 3, 1 p.m.

Come out to our bi-monthly chess tournament held in the Activity Complex. The winner can take home a \$50 gift certificate to the NEX. Open to NNPTC students only. Be a Pilot, Oct. 16, 9:30 a.m.

Come and join Liberty and Coastal Aviation to fly. This is an introduction to flying and can get you well on your way to that pilot's license. The cost is \$50 per person. Sign up by October 13 at the Liberty office (building 206, NNPTC Circle). Skydiving, Oct. 17, 7:30 a.m.

Certification is available and no experience is necessary. The cost is \$49-\$135. Sign up in the Liberty office (building 206, NNPTC Circle) by Oct. 13.

Volleyball Tourney, Oct. 23, 11:30 a.m. Bump, set and spike your way to a \$50



Station troops give standing ovations for Macbeth

By Glenn M. Cox MWR Publicity Specialist

The internationally renowned Alabama Shakespeare Festival (ASF) brought its touring production of Macbeth to Naval Weapons Station Charleston for two standing ovation performances, Sept. 17 and 18. ASF literally turned the Station gymnasium into a theatrical stage for 245 people who attended the plays.

Macbeth is the last and shortest of William Shakespeare's four great tragedies, written more than 400 years ago. The play takes place in the Middle Ages in Scotland and England when a Scottish military hero is tempted with ultimate power.

According to ASF Artistic Director Kent Thompson, "We watch two of the best and brightest (Lord and Lady Macbeth) decide to seize power through murder and deception. In doing so, they unleash a furious evil into their world. Macbeth is a harrowing lesson in our attempts to seize ultimate power and control our destiny. It's also a fascinating study in the self-creation of a tyrant. It suggests that moral principles must never be compromised for power or ambition."

A groundbreaking partnership

between the Department of Defense (DoD) and the National Endowment for the Arts (NEA) is funding ASF's tour to 13 military bases nationwide, one of which was Naval Weapons Station Charleston.

The NEA's Shakespeare in American Communities initiative consists of a nationwide tour of seven professional theater companies including ASF, and Shakespeare for a New Generation, a series of performances and educational programs by 22 theater companies for high school and middle school students in their respective communities.

In addition to performances, the tour includes artistic and technical workshops, symposia about the production and educational programs in local schools.

Before their performance on Station Sept. 17, members of the ASF Macbeth cast went to Marrington Middle School and Goose Creek High School to conduct theater workshops for the students.

By the conclusion of the nationwide tour and Shakespeare for a New Generation, NEA's Shakespeare in American Communities initiative will have reached 200 communities and visited all 50 states.



photo by Phil Scarsbrook Sonja Lanzener as a witch stirring up trouble for Macbeth in Alabama Shakespeare Festival's production of Macbeth.



Hey...you wanna' buy a backpack?

Used outdoor gear sale at the Outdoor Adventure Center

Don't miss the used outdoor gear sale, Oct. 14 from 11 a.m. to 6 p.m., at the Outdoor Adventure Center. This one-day only event will include used items, including mountain bikes and helmets, camping tents, backpacks, sleeping bags and liners, one and two burner propane stoves, propane lanterns, assorted kayak accessories, climbing shoes, chalk bags and more. Stop by and take advantage of this used outdoor gear sale or bring your own used outdoor recreational equipment to sell or swap. In addition to the used outdoor gear sale, there will be great sales on select retail items.

In addition to the sales, the Outdoor Adventure Center will be offering free climbs on the rock wall. So, bring your family and friends to this oneday only event for an outdoor of a good time! For more information, call 764-2122.





MWR File Photo

Travel with the Outdoor Adventure Center up to Short Stay Navy Outdoor Recreation Area on Oct. 9 and kayak through one of the nation's deepest locks-a must for any kayaker. Then, float down the Tailrace River to Gilligan's restaurant for lunch. Participant limit: 12. Pre-trip: none. Required gear: kayak, paddle and personal flotation device are provided. Exertion level: mild/moderate. Prerequisites: none. The cost is \$15 per person. The signup deadline is Oct. 7. For more information, call 764-2122.



Birth Announcement

Congratulations to ET1 Christopher J. Hunter and his wife LaWanda on the birth of their daughter, Isabella Rose, born Aug. 21 2004. Isabella Rose, born Aug. 21 bs 10 oz. Isabella Rose will get a lot of love from her brother Johnathan, and two sisters Jillian and Virginia.

If you would like your baby's birth announced in the *Shoreline*, call Laurissa Kennedy, Housing Welcome Center, 764-7228/7218 ext. 13.

Bachelor Housing note:

Destructive weather forces are a constant threat to WPNSTA CHASN and are particularly prevalent during the period June 1 through November 30. Conditions of Readiness during the Hurricane Season are:

Conditions of Readiness

Condition IV - Destructive winds within 72 hours.

Condition III - Destructive winds within 48 hours.

Condition II - Storm within 24 hours.

Condition I - Storm within 12 hours.

During major storms like Jeanne, Lisa, Ivan and Karl, extreme wind damage can be caused by the force of the wind and by flying debris. To help reduce damage, Bachelor Housing staff needs your help. Please secure patio furniture and personal belongings inside when notified of an approaching storm. Ensure that there are no loose objects outside your home that could cause physical or property damage. It is also possible to go directly from Condition III to Condition I, so with prudence and safety in mind all precautionary measures should be executed as quickly as possible. For questions or concerns, contact the Front Desk at 764-7646.

Do you need renter's insurance?

That is a question only you can answer; however, without insurance, most residents would not be able to pay for the losses for which they or a family member may be responsible. An example could be financial responsibility for fire damage caused by carelessness. Not only would a resident be responsible for damage to their personal belongings, but residents would also be responsible for damage to their residence and the property of neighbors. You cannot be forced to purchase renter's insurance. Ask yourself the question, "Can I afford to take the chance of not having renter's insurance?" This may encourage you to contact an insurance agent and discuss appropriate coverage for you and your family.

Removal of Utilities Flags

Before a resident may install a fence, tie down a shed or install a satellite dish, a digging permit must be filed through the Housing Welcome Center in order that all underground equipment lines may be identified. The identification process includes spray painting the ground and installing flags of different colors along the ground to mark the lines. Colored flags are also used by Public Works personnel to mark underground cables before digging work begins.

These flags must not be tampered with until the person doing the digging has completed the job. Residents of housing are urged to advise your children not to remove any of these flags from yard areas.

Rental Partnership Program

If you are looking for an apartment or townhouse, stop by the Housing Welcome Center and check out our Rental Partnership Program (RPP).

What exactly is the Rental Partnership Program? The RPP is designed to provide military personnel, enlisted and officer, with off-base, affordable housing. The program is governed by an agreement between the Property Management Company and commanding officer of Naval Weapons Station Charleston. Key points concerning the program are:

* Program enables military personnel to rent off-base housing with up to a 5% reduction in rental cost, requires no application fee or security deposit and credit checks are waived.

* All military personnel (married and single), who are members of the various branches of the military and who are currently eligible to apply for Navy Family Housing, may apply for the RPP. A power of attorney is not authorized; member must apply. * The service member is required to initiate an allotment, via Disbursing Office, for payment of monthly rent to the landlord.

* Either a 6- or 12-month lease must be signed. The service member may terminate the lease with military orders, discharge orders or retirement certificate. An official copy of orders must be presented along with a 30-day written notice to vacate.

So, what do you need to do to get started? The military member must report for counseling to the Housing Welcome Center, bringing all of the following with them: a copy of their orders, a current Leave and Earnings Statement (LES), and if married, a copy of Record of Emergency Data sheet (Page 2). Failure to bring all of the listed items will delay your ability to apply for the RPP program. He/she must have a minimum of six months remaining on EAOS and PRD. If single, E4 or below, the member must have written approval from their command to live off base. When counseling has been completed, the military member will receive a list of participating apartment complexes along with a letter of eligibility. This letter, authorizing participation in the RPP, is to be provided to the property manager of the RPP complex.

For more information please contact Debbie McCoy, 764-7218/7219, at the Housing Welcome Center.

Housing Welcome Center new hours

The Housing Welcome Center changed it hours effective Sept. 20. New hours of operation are Mondays through Fridays, 7:30 a.m. to 3:45 p.m. Saturdays, Sundays and federal holidays: Closed. Call 764-7691 for after hours maintenance service.

Lockouts

If you are locked out of your house during regular office hours, 7:30 a.m. until 3:45 p.m., Monday through Friday, you may come to the Housing Welcome Center and borrow a key. A unit key will not be delivered to you unless there is an emergency situation; e.g., a child has been locked inside the unit, etc.

After hours, you may call the Security Department at 764-7555 and personnel from that office will meet you at your house.

Self-Help Store Closure

A reminder to our residents that the Self-Help Store officially closed Sept. 30. All equipment should be returned.