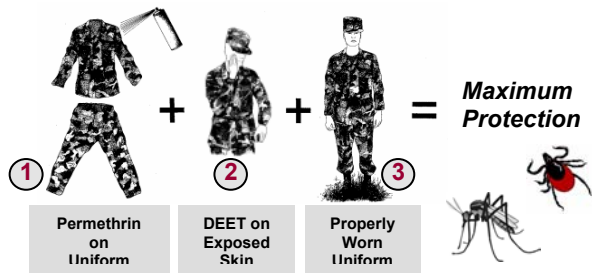


Defend Yourself Against Vector-Borne Diseases



DOD INSECT REPELLENT SYSTEM

➤ Use the DOD Insect Repellent System.

- ① Treat uniform with **permethrin** clothing repellent BEFORE putting it on. Use the **Impregnation Kit (NSN 6840-01-345-0237)**, one kit treats one uniform and the treatment lasts for the life of the uniform), OR **Aerosol Can (NSN 6840-01-278-1336)**, one can treats one uniform and the treatment lasts through 5-6 washes). Follow all label directions.
 - ② Apply a thin coat of long-lasting **DEET** insect repellent lotion to all EXPOSED skin. Use **NSN 6840-01-284-3982**. One application provides protection for up to 12 hours, depending on the climate. Follow all label directions.
Wear uniform properly: roll sleeves down, tuck pants into boots, tuck undershirt into pants.
 - ③ **Sleep under a permethrin-treated bed net.**
- **Take malaria prophylaxis pills if directed by medical authority.**



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