U.S. Army Center for Health Promotion and Preventive Medicine

Spring 2004

CHPPM Turns Out For Blood Drive

By: Ann Ham, CHPPM Public Affairs Officer

At the request of the National Capital Area Armed Services Blood Bank Center, CHPPM held a blood drive in February. More than 45 CHPPM personnel signed up for the drive to help fulfill the military services' requirement for blood.

"I'm just happy to help," said donor Amy Ewing of CHPPM's Information Management Directorate. "I'm happy to think I may contribute to saving someone's life."

"For those who participated in the blood drive, please accept my deepest appreciation for supporting our service members," said LTC Michael F. Dyer of CHPPM's Office of the Commanding General.



H4H Web Site Serves Reserve Component

By Ann Stark, Program Consultant

HOOAH 4 Health, or H4H, is a Web-based health promotion and preventive medicine program that addresses the personal health and fitness needs of the U.S. Army's Reserve Component. Body, mind, spirit, environment, prevention, family, and lifestyle are the primary wellness areas included in a user-friendly format. The users of www. hooah4health.com are not only Reserve Component Citizen-Soldiers and active Army personnel but also their co-workers, families, and many elementary school children.

Research to develop this site has been ongoing since 1998, and the site was officially launched in June 2000. Since then, there have been more than 63 million visits to the site.

Requests to link to this innovative U.S. Army Web site originate from around the world. The vision and implementation of the Army Well-Being Strategic Plan is captured throughout the modules on the site.

Because of increased Reserve Component deployments, H4H has built an expanded section devoted to deployment-related issues including resources and links to support organizations and services. This section has information on immunizations, medical readiness fact sheets, and family support resources. An interactive deployment globe contains background information on a variety of countries to which Soldiers are deployed. TRICARE benefits and other issues concerning activation are extensively covered.

Military personnel from all services can earn retirement or promotion points by completing H4H's online correspondence course, the "HOOAH Challenge." The Challenge is one of the Army's first entirely digital correspondence courses and is managed jointly by the H4H support team and the Army Training Support Center. After registering with ATSC, the student is guided through the

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CHPPM Turns Out For Blood Drive

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"The event was truly successful, and the Armed Services Blood Bank Center team ran a truly outstanding, professional operation." Dyer coordinated the effort for CHPPM, and a second blood drive is scheduled for May.



Amy Ewing participates in the CHPPM blood drive.

H4H Web Site Serves Reserve Component

Continued from front page

course material and preliminary quizzes on the H4H site, and then returns to the Army's distance learning site to take the comprehensive exam. Complete instructions can be found at http://www.h4hchallenge.com/.

New H4H features in 2004 will include a comprehensive fitness and nutrition diary system, a section focused on dental readiness, and an automated system for completing the Reserve Components' Annual Certification of Medical Condition.

H4H is sponsored jointly by the U.S. Army Office of The Surgeon General; CHPPM; the Army National Guard; and the Office of the Chief, Army Reserve.

Order of Military Medical Merit

By:LTC Leon Robert, Commander, CHPPM -West

The Order of Military Medical Merit is a unique, private organization funded by the Commanding General of U.S. Army Health Services in 1982. Membership in the Order recognizes those individuals who have clearly demonstrated the highest standards of integrity and moral character, displayed an outstanding degree of professional competence, served in the Army Medical Department with selflessness, and made sustained contributions to the betterment of Army Medicine. These individuals are generally considered to be in the top 10 percent of their corps and field.

Mr. Frederick James "Jim"
Harrison, CHPPM-West was awarded the distinguished Order of Military Medical Merit. Harrison is a distinguished entomologist, scientist, and leader with over 31 years of Government service. He is currently serving as the Acting Chief of the Entomological Sciences Division at CHPPM-West.

He has served the Department of Defense and Department of the Army for the past 31 years with exceptional dedication and devotion to duty. An extraordinary leader and professional in medical entomology, Harrison has made significant contributions to CHPPM, the Army Medical Department, DA and DOD. His significant contributions have ensured the readiness and protection of the health of warfighters, their families, and the military community. He is a tireless leader who takes an active role in the professional development of subordinates

to ensure that they are prepared to meet the challenges of Army transformation and Army medicine.

Harrison's performance as a CHPPM Master Consultant of Entomology since 1998 has been exceptional. He recently developed and executed a new program of infectious disease risk assessment for U.S. Army Southern Command. This program provides valuable, operational disease threat assessments for commanders and medical planners to ensure the health and safety of U.S. troops within the SOUTHCOM area of responsibility. This program has included valuable, real-world field training for Army medical residents and Air Force public health personnel. Harrison has been a leader in Hantavirus surveillance and control in the western U.S. since this threat was newly recognized. He has worked with numerous universities and governmental agencies to develop safe and effective techniques for field and laboratory handling of rodent and tissue specimens. His initiative to develop threat assessment maps from these data has been lauded by local, state and federal agencies. Military commanders and medical planners have used the threat assessment maps to make operational changes to better protect the health of soldiers.

Serving as Assistant Chief and Supervisory Entomologist, Entomological Sciences Division for CHPPM-West since 1993, Harrison has superbly managed and trained multidisciplinary teams of entomologists, biologists and laboratory scientists providing



entomological support for all Army installations in the western 19-state region. These mission services directly improved the health posture and medical readiness of the units and installations throughout the region. As a member of The Armed Forces Pest Management Board, Harrison used his unique experience with pesticides and pesticide equipment security following the 9/11 attacks. Harrison developed a technical guide for installation pesticide and pesticide equipment security that was rapidly adopted as the Tri-service reference on this subject. Army, Navy and Air Force installations all used this guide to review and increase their pesticide security measures, thereby, better protecting military and civilian personnel.

Harrison is widely known as a national leader in the field of medical entomology and is routinely called upon to provide workshops and training to public health professionals in widely diverse areas of surveillance and control of arthropod and rodent-borne diseases. He was recently named as an expert consultant to the Centers for Disease Control and Prevention in the area of plague prevention and control.

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Harrison is an extremely motivated, creative, and caring professional and mentor. He exhibits a superior standard for leadership and technical expertise, which ensures the health of our soldiers and civilians through leading-edge preventive medicine and health sustainment technologies.

LTC Monica L. O'Guinn, was awarded the Order of Military Medical Merit for her contributions to the U.S. Army Medical Department. She currently serves as Executive Officer and Chief of the Medical Entomology Program at USACHPPM-Pacific. O'Guinn has extended arthropod-borne and rodent disease field detection capabilities throughout the Pacific Theater and greatly enhanced force deployment environmental and occupational health surveillance. Her scientific acumen and vision have advanced field medical entomology techniques employed for detection

of arthropod-borne diseases to state-of-the-art medical capabilities. Her extraordinary achievements have unequivocally made a lasting, noteworthy impact on force health protection.

O'Guinn's international leadership was further recognized by her selection as a member of a Congressionally-directed biological warfare proliferations prevention program funded through the Defense Threat Reduction Agency to train scientists of Uzbekistan (formerly of the Soviet Union) in state-of-theart surveillance technology aimed at detection and identification of pathogens from circulating arthropods in that part of the world.

O'Guinn distinguished herself through exceptionally outstanding meritorious service and exceptional contributions to the Army Medical Department. Notably, she is recognized as a national and

international scientific leader in the field of medical entomology. She authored or coauthored over 35 medical publications and presented at national and international meetings on vector-borne diseases and detection of disease-causing pathogens. She has been an invited speaker on related topics at health departments and mosquito control agencies throughout the United States. Her efforts contributed significantly to a shared understanding of disease transmission phenomena and pathogen detection. O'Guinn's previous assignments include, Chief of Vector Assessment, U.S. Army Medical Research Institute of Infectious Diseases, AMEDD Recruiter, U.S. Army Recruiting Command, AMEDD Personnel Officer, Office of the Surgeon General, Detachment Commander, U.S. Army Research Institute of Environmental Medicine, and Brigade S1/Executive Officer, 44th Medical Brigade.

CHPPM Awarded Top Poster - TRICARE National Conference

By: Ann Ham, CHPPM Public Affairs Officer

A CHPPM poster presentation entitled, "U.S. Army Toolkit for the Great American Smokeout 2003," won the top award in the Healthcare Innovation Poster Competition Readiness category at the 2004 TRICARE National Conference in Washington, D.C.

The award was presented to CHPPM by Dr. David Tornberg, Deputy Assistant Secretary of Defense for Clinical and Program Policy and TRICARE Management Activity Chief Medical Officer. The poster displayed articles and graphics furnished by CHPPM's Directorate of Health Promotion and Wellness to the U.S. Army Medical Command to promote the Great American Smokeout 2003. Brad Taft and CPT Justin Curry, DHPW, and Joyce Kopatch, Visual Information Division, collaborated on the research, development, design, and production of the award-winning poster.

The DHPW staff regularly provides health and wellness information to Army publications and web sites through their research and health promotion efforts.



Colonel's Corner "Spirituality"

By: LTC Ronald Smith, Chaplain

In both the personal and professional arenas of our lives, we learn that certain subjects are "taboo." My own parents would say to me as a youngster, you shouldn't talk about politics or religion outside the home; however, the importance of spirituality in our lives can be very important. I would like to take a quick glimpse at being spiritual.

At the risk of closing down thoughts or dialogue, I would like to emphasize some of the questions of spirituality in our lives. For many of us, spirituality is a journey that takes us through various terrains; some are easy, and others are more demanding. I think we all care about deeper matters, such as "Why am I here; Why do I exist; and What's it all about?" Despite opinions that vary from approval to disdain, the vast majority of Americans still believe in God or some higher power.

We seek answers to these questions at many different times in our life. Questions regarding our religious and spiritual beliefs often circle around in our heads. We face our lives with both certainty and uncertainty about some of the big questions of life. We seek those answers through a spirituality that may manifest into some form of religion.

Since antiquity, the study of spirituality has evolved along a number of pathways. Each new era is born from both experience and knowledge that was one step beyond the current practice of the day. What is beyond spirituality today may be more accepted tomorrow. In an issue of Archives of Internal Medicine, Dr. Larry Dossey compares disbelief in the power of prayer to disbelief in gravity before Sir Isaac Newton formulated the theory of gravity in the 17th century.

In recent years, various studies tried to both prove and disprove our spiritual selves. In one ongoing study utilizing the SPECT (single photon emission computed tomograpy) camera, Dr. Andrew Newberg and Dr. Eugene D'Aquili in their book "Why God Won't Go Away," believed that they were seeing colorful evidence of the brain's capacity to make spiritual experience real. After years of study, Drs. Newberg and D'Aquili concluded that a neurological process has evolved that connects people/ individuals to all that is. This process allows humans to transcend from a material existence into a spiritual being.

Comprehending the vastness of spirituality is somewhat like the old joke about time and money where everything is relative. A man walking in the woods decided to ask God a question. "God," the man said. "What is a million years to you?" "A million years to you is just a second to me," said God. Then the man said, "What is a million dollars to you?" "A

million dollars to you is just a penny to me," replied God. "So God," the man said. "Can I have a penny?" God answers, "Sure. Just a sec."

How, when, and where people practice their spiritual lives is as varied as how people flip through the channels with a remote control. Some of us choose to hold the button down and fly through, while others surf slowly through all 160 channels. The uncertainties of life cause us much confusion. Allowing for both belief and doubt helps to confirm our humanity. If we have all the answers, we may not have any of the right answers. We like to be right, but being wrong can also help us discover the best way to live our lives.

Army General George C. Marshall correctly stated that a decent regard for the rights and feelings of others is essential to leadership. What spirituality is to me is an important question. It is not usually within our scope to know how others perceive their own spirituality. Dr. Harold Koenig, in his book "A Handbook of Religion and Health" states that religious diversity often contributes directly to the wellness of a community. Recognizing each other's various experiences and allowing for growth and discovery in the spiritual and religious arenas will always make for a healthier living and working environment.

Master Consultants for 2004

The Master Consultant Program was established in 1989 to designate those employees who have been recognized within the Army, the nation, and internationally as outstanding scientific and technical professionals. The designation "Master Consultant" acknowledges that the individual possesses exceptional technical acumen and is recognized by his/her peers for the highest level of expertise in the areas of health promotion and preventive medicine. Comprehensive information on this program is provided in CHPPM Regulation 690-2.

Two such outstanding individuals, Dr. Mark Johnson and Dr. Gunda Reddy, were honored as the 2004 Master Consultant award recipients at a well attended ceremony at the Gunpowder Club on April 13. Their contribution to critical and highly visible projects have clearly established their claims to Master Consultant status.



Dr. Mark Johnson, MS, Ph.D., D.A.B.T., Research Biologist,
Directorate of Toxicology, is
recognized for myriad superlatives
in his field and his solid reputation
within the Army, the Joint Services
community, and the National
Aeronautical and Space Agency.

Johnson has the uncanny ability to multitask, which is unique for a researcher. He is a professional who is known for producing true, original work — not rehashing old ground and churning out another study or paper that is a facsimile of previous work or a modification of another person's work.

Although toxicologists do garner a considerable amount of technological skill from other disciplines, few master them to become as proficient or wield as many tools of discovery as does Johnson. The following is a flavor of the type of work he performs and an idea of the difficulty and the impact perceived in the near and not-so-near future.

Johnson's research includes the evaluation of the toxicity of military-unique compounds to terrestrial vertebrate species and the development and evaluation of sensitive indicators of stress (e.g., immunotoxicity) for use in field applications and toxicity testing. Other work has included the development of a process to derive toxicity reference values for wildlife and the development of a process to assess risk via inhalation exposures in non-combat deployed personnel.

Johnson is the Technical Chairman of the Army Biological Technical Assistance Group, past chair of the Tri-Service Ecological Risk Assessment Working Group, steering committee member of the Joint Army-Navy-NASA-Air Force subcommittee on Safety and Environmental Protection, and an

associate member of the American Industrial Hygiene Emergency Response Planning Committee. Johnson has authored 30 government publications, including 12 peerreviewed articles.



Dr. Gunda Reddy, Ph.D.,
D.A.B.T., Toxicologist, Directorate
of Toxicology, has worked many
different projects for the U.S. Army
over the last 19 years, 9 of which
have been at CHPPM. Reddy is
fortunate in not only having his
work noticed within the discipline
of toxicology, but his work is also
applied in a regulatory setting that
favorably impacts human health, the
environment and the resources of the
federal government.

Reddy's work on developing benchmarks and biomarkers of nitrogenous compounds (explosives) and munitions has better equipped regulators and policy makers to make informed decisions. The ultimate goal of his work has been the safeguarding of human health and the environment, but in instances, it has allowed prudent use of limited governmental resources. Such is the case with his work on the development of a new reference dose for the contaminant 1,3,5-trinitrobenzene, which yielded

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a value 600-fold higher than the previous RfD. This saved the U.S. Army millions of dollars in site cleanup and remediation costs.

A good part of Reddy's accomplishments stems from innovative means to answer questions and solve problems. For example, up until recently there were few reliable dermal absorption values suitable for use in the risk assessment of soil-borne contaminants. Reddy was responsible for the development and standardization of a novel in vitro method for assessment of dermal absorption of chemicals. This is a product that, most likely, will not have interest outside the field of toxicology but it will impact how future determinations on dermal absorption will be made.

Reddy has authored more than 100 publications including peerreviewed articles, research reports, and book chapters on various aspects of toxicology and has presented his work in national and international conferences. In addition to serving as technical consultant for issues pertaining to toxicology of munitions compounds, JP-8 and Army-related chemicals, he provides guidance to the U.S. Army Corps of Engineers, and the Navy and Air Force in health and environmental risk assessment. He is a diplomate of the American Board of Toxicology. His other memberships include Society of Toxicology; American Society for Pharmacology and Experimental Therapeutics; American Society of Testing and Materials; Association of Government Toxicologists; Society of Toxicology, India; Association of Scientists of Indian Origin; and Indian Science Congress.

7th Annual FHP Conference

By: Ann Ham, CHPPM Public Affairs Officer

The Seventh Annual Force Health Protection Conference 2004 will be held August 8 through 12 at the Albuquerque Convention Center in Albuquerque, New Mexico. The Center for Health Promotion and Preventive Medicine will host the conference with the theme, "Force Health Protection – Supporting Military Transformation."

The conference will provide the multidisciplinary military and civilian Force Health Protection community with the opportunity to increase knowledge and awareness of current issues, attend short courses for professional development, mentor, network, and earn Continuing Education Units or Continuing Medical Education Units. The National Environmental Health Association Examination will be given on Sunday, August 8.

The core conference will include both plenary and breakout sessions designed to provide an exchange of information that has a wide application within the Department of Defense community in the following general areas: environmental science, health physics and radiological sciences, behavioral health, occupational and preventive medicine, Veteran Administration veterans' health, analytical sciences, community and population health, occupational health sciences, deployment-related healthcare, and public affairs and marketing.

Conference participants are invited to prepare and display technical posters that will be judged for content and aesthetics by a panel of subject matter experts. The winners will be announced on the final day of the conference. Technical presentations are also being sought. Military and civilian vendors are encouraged to exhibit during the conference.

Registration and information for attendees, vendors, presenters, and all participants are now posted on CHPPM's Web site at, http://chppm-www.apgea.army.mil/fhp/. For more information, contact Jane Gervasoni at 410-436-5091 or DSN 584-5091.



Federal Executive Board Career Service Awards

The FEB held its annual Excellence in Federal Career Awards program on May 7 at Martin's West, Baltimore, MD. The FEB was established in 1961, by a Presidential Directive, to improve coordination among federal activities and programs outside the Washington, D.C. area. There are currently 28 FEBs located in cities that are major centers of federal activity. On May 7, there were 16 Gold, 58 Silver, and 128 Bronze awards presented to outstanding Federal employees who represent excellence on the job, in their community service activities, and in their service to the American people. This year, CHPPM had seven outstanding employees nominated in a variety of job-specific categories.

• MAJ Anthony Intrepido was awarded the Gold in the category of Outstanding Professional (Non-Supervisory) Technical, Scientific, and Program Support. Intrepido currently serves as CHPPM's Medical Industrial Hygiene Field Services Program Manager in the Occupational Health Sciences directorate.

- Dr. Brandolyn Thran was awarded the Gold in the category of Rookie-of-the-Year (Professional). Thran is a Physical Scientist (Environmental) in the Health Risk Management directorate.
- Ms. Linda Patrick was awarded the Silver in the category of Equal Employment Opportunity Service. Patrick serves as the civilian Equal Employment Opportunity Coordinator, a collateral duty appointment.
- **Dr. William Russel**l was awarded the Bronze in the category of Outstanding Supervisory, GS-13 and above. Russell is the Program Manager for the Environmental Noise Program in the Environmental Health Engineering directorate.
- Mr. Mark Farro was awarded the Bronze in the category of Outstanding Para-Professional (Non-Supervisory) – Technical, Scientific, and Program Support. Farro is an Engineering Technician with the Environmental Health Engineering directorate.

- Ms. Cynthia Harrison was awarded the Bronze in the category of Rookie-of-the-Year Professional. Harrison is an Industrial Hygienist with the Industrial Hygiene Division at CHPPM-North.
- Mr. Kenneth Hilton was awarded the Bronze in the category of Outstanding Para-Professional (Non-Supervisory) – Technical, Scientific, and Program Support. Hilton is an Industrial Hygiene Technician within the Industrial Hygiene Division at CHPPM-North.

COL John Ciesla, Acting CHPPM Commander said, "I know I express the feelings of all Center personnel in sending our congratulations to all these exceptional employees for their outstanding work and meaningful contributions as part of the Federal workforce. While these seven professionals are highlighted in this competition, I want to take this opportunity to express my heartfelt thanks to all CHPPM employees (both civilian and military) for their exemplary work ethic, their initiative and creativity, and their dedicated service to our Country."

HOOAH CHPPM

2LT Myra Rairdon, CHPPM Pacific, won the Carmack Medal for her high achievements at the Army Medical Department Officers' Basic Course. This award is presented to the individual graduating with the highest class standing from all the combined Medical Service Corps basic courses for the calendar year. Rairdon won this award for fiscal year 2003. She finished first in a field of more than 500 officers. Rairdon is the first 72D, Environmental Science Officer to receive this award since 1985.

SGT Curtis Legette graduated from the Industrial Hygiene Intermediate Topics Course with the 2nd highest average of 98 percent out of 36 total students. "This is a great accomplishment that not only exemplifies his intelligence but also his high motivation to exceed the standards and I would like to take this opportunity to give special recognition to one of our high-speed Soldiers. Great Job!" said CPT Tanya Garcia, Headquarters, Headquarters, Commander.

CHPPM Goes Back To School

By: Carmen Adrover, Directorate of Laboratory Sciences

CHPPM was invited by C. Milton Wright High School students to participate in their first annual C. Milton Wright Career Day Event, celebrated on February 18. Ms. Carmen Adrover and Ms. Lillian Boyd, Directorate of Laboratory Sciences; Brian Pickard, Directorate of Environmental Health Engineering; and Shawn Sparks, Directorate of Occupational Health Sciences, represented CHPPM.

The goal of the event was to familiarize the students and teachers with the different career paths available to them in the real world. The students learned of the employment benefits offered by the Federal Government. They also learned that CHPPM is composed of employees who are trained in

many different career areas related to science, the environment, and preventive medicine. The students became familiar with job descriptions and salary tables commensurate to education levels. Many students had a desire to pursue careers in sciences but were deterred by the fear of insufficient scientific jobs in the job market. The students were provided with flyers, handouts, and other information associated to job opportunities with the Federal Government and the Armed Forces in the fields of science and medicine. Adrover and Boyd presented the students with a book containing a virtual tour of the laboratories, so that students could have a better understanding of the different professions and everyday jobs that are performed in DLS.



C. Milton Wright Students listen to Shawn Sparks, DOHS at Career Day.

Military News

Arrivals

2LT Douglas Barrickman, DOHS
MAJ Jennifer Caci, CHPPM-South
CPT Mark Clayton, DCSOPS
SPC Jacqueline Cooper, CHPPM-Europe
SFC Douglas Crossley, CHPPM-Europe
CPT Colleen Daniels, DOHS
PFC Aaron Ghouralal, DLS
CPL Jerry Jones, CHPPM-PAC
LTC Thomas Moxley, DCSOPS
1LT Diana Parzik, CHPPM-Europe
1LT Leah Rogers, CHPPM-South
MAJ Ronald Ross, DOEM
LTC Debra Simpson, DHPW
SGT Andrea Vincent, DOHS
MSG David Zahn, DLS

Departures

MAJ Sandra Alvey, DCSOPS
MSG Jennifer Brown, DHPW
CPT Jeffrey Clark, DCSOPS
CPT Gayle Davis, DEHE
PFC Hubert Exume, DLS
COL Christine Inouye, DHPW
CPT Art Onwan, DOHS
LTC Robert Pero, DEDS
MSG David Zahn, DLS

Awards and Recognitions

Army Commendation Medal

MAJ Sandra Alvey, DCSOPS
SGT Haile Austin, CHPPM-Pacific
CPT Lesley Calix, CHPPM-North
CPT Gayle Davis, DEHE
MAJ Georgia dela Cruz, DHPW
SGT Paul Ebohon, DLS
1LT Peter Gray, CHPPM-West
SGT Alfred Lucksavage, DLS
SPC Sean Mangan, DOHS
SGT Laura Williams, DEHE
1LT Nicole Zuena, CHPPM-North

Military News

Legion of Merit Award

LTC James Carroll, DEDS COL Ross LeClaire, CHPPM-Pacific

Distinguished Service Medal

BG William Bester, OCO

Defense Superior Medal

LTC David Jones, OCO

Meritorious Service Medal

CPT Tanya Garcia, OCO
CPT Jessica Grembi, CHPPM-Europe
MAJ Daniel Hamilton, CHPPM-Pacific
CPT Joseph Hout, DCSOPS
CPT Laura Kwasniak, CHPPM-West
CPT Jittawadee Murphy, CHPPM-West
CPT Sueann Ramsey, CHPPM-Pacific
MAJ Michael Salamy, DCSOPS
CPT Brett Schmidt, CHPPM-Europe
MAJ Stephen Spellman, DOHS

Joint Service Commendation Medal

CPT Gayle Davis, DEHE

Certificate of Achievement and Coin from LTG McKiernan

SGT Andrea Vincent, DOHS

Promotions

PFC Alison Blake to SPC LTC Michael Custer to COL LTC Thomas Logan to COL

Retirements

BG William Bester, OCO COL Dennis Shanks, DOEM

Civilian News

Arrivals

Jeramy Aponte, CHPPM-Europe Gerald Archibald, CHPPM-Pacific Thomas Appler, DEHE Crystal Barkey, DCSIM Kimberly Broderick, DLS Jennie Cox, DEHE Lola Daniels, DCSOPS Wanda Dudek, DLS Melissa Edwards, DCSIM Frederica Eubanks, DCSLOG Richard Getz, CHPPM-Europe Angela Hunter, CHPPM-Europe Anthony Jackson, CHPPM-Europe Kent Keenan, DCSLOG Kathy Kneten, DCSIM Kim Myers, DTS Mark Olson, DLS Heidi Paulus, DTOX Randy Perry, CHPPM-South Barbara Remines, DOEM Eileen Resta, DCSOPS Mari Robinette-Deasel, DHRM Ralph Rogers, CHPPM- Pacific Megan Rutledge, DTOX Steven Sheely, DLS Douglas Smith, DLS Milagros Sola, CHPPM-West Jamie Suski, DTOX Daniel Unger, CHPPM-Europe Barbara Vichot, DEHE Sharon Walsh, DHPW Jamie Williams, CHPPM-Europe Tesha Wright, DCSIM David Ziolkowski, DTOX

Departures

Daniele Bananto, DCSIM
Rachel Gross, DCSOPS
Inga Jordan, CHPPM-Europe
David Kornegay, CHPPM-Europe
Christopher Lee, CHPPM-Europe
Ann Lewis, CHPPM-Europe
Leslie Preyor, DLS
Calvin Shannon, CHPPM-Europe
Caprice Sylvan, DLS
Kevin Webb, DCSLOG

Awards and Recognitions

Commander's Award for Exceptional Service to CHPPM Families

Leslie Carpenter, Family member Kristin Newkirk, Family member

Commander's Award for Civilian Service

Matthew Bazar, DTOX
Dennis Druck, DHRM
Bonnie Gaborek, DHRM
Lia Gaizick, DHRM
Scott Goodison, DOHS
Melanie Hawkins, DRHM
Sherri Hutchens, DHRM
Matthew McAtee, DHRM
Kenneth Mioduski, DEHE

Retirements

Hurley Dutton, DCSRM Felix Sachs, DOEM

Service Certificate and Pin

William Burrows – 30 years – DEHE

Dutton says Good-bye...

Mr. Hurley Dutton retired in April after 14 years of Federal service. Hurley has served in several positions during his career, most recently as a budget analysis for the Deputy Chief of Staff for Resource Management. He will be missed by all.



CHPPM Administrative Professionals of the Year

Professional, proactive, and productive, explains why LTC Leon Robert, CHPPM-West commander nominated **Ms. Sue Scott** for CHPPM's Executive Administrative Professional for 2004.

Scott, secretary for CHPPM-West, was selected as CHPPM's Executive Administrative Professional of the Year during the National Administrative Professional of the Year award ceremony. The executive level, level 2, is reserved for secretaries in the grades of GS 7-8. Scott received a \$500 cash award, a Commander's coin, and a certificate of recognition signed by Acting Commander, COL John Ciesla.

She is the critical point of contact for CHPPM-West. Her exceptional performance and efforts have significantly contributed to customer's satisfaction. Her unparalleled ability to effectively and professionally communicate with customers has resulted in increased work from our customers and their extreme gratitude. Scott's passion and drive for excellence have absolutely ensured the delivery of efficient quality products and services to the numerous and diverse CHPPM-West customers.

Her profound resourcefulness and her administrative efficiencies are continually recognized throughout all levels of the organization, and her worth to the organization is immeasurable.

Scott continues to seek opportunities to enhance her proficiency and overall professional contributions to the organization by attending hands-on-training and completing correspondence courses. She relentlessly strives to meet her established individual development plan short-and long-term goals by learning new administrative tools such as MODERN, FASCLASS, and ART. Scott never waivers from responsibilities and new educational challenges; she personifies all the positive qualities Government Service employees should aspire to.

Ms. Debra Bonsall is an immeasurable asset to the team; her efforts and accomplishments in all areas of administrative assistance placed her as a nominee. Her work ethic and personal standards, which are parallel to none as they are seamless, consistent, and of the highest quality, make her CHPPM's Junior Administrative Professional of the Year. The junior level, level 1 is reserved for secretaries in the grade level GS 4-6. Bonsall received a \$500 cash award, a Commander's coin, and a certificate of recognition signed by Acting Commander, COL John Ciesla.

Bonsall is an exceptionally outstanding secretary, whose contributions have unequivocally advanced the Health Hazard Assessment Program and CHPPM's image. Her administrative support to the program, to include Directorate and Command levels, has been flawless and commendable. Her loyalty to the Center and its employees, selfless dedication, radiant positive attitude, and consistent display of daily extraordinary skills and knowledge of her job made her an ideal candidate for this year's Junior Professional of

the Year.

She continually seeks new opportunities to broaden her talents and sharpen her skills. A self-starter with great motivation, she aggressively seeks new training opportunities related to her position as well as learning opportunities associated with the Army Acquisition and Hazard Assessment Processes. She recently demonstrated her commitment to better understanding HHA Program customer service by enrolling in the Manpower and Personnel Integration Action Officer Course.

Bonsall has a great attitude which radiates throughout the entire HHA Program. Her "go team" spirit, volunteer service, and dedication to the success of the Program and the Command make her an irreplaceable asset.

While not selected, the following secretaries were honored by being nominated and recognized by Ciesla as symbols of excellence and a critical part of the CHPPM team: The Junior Administrative Professional, level 1 nominees are: Neoma Amberman, Directorate of Occupational and Environmental Medicine; and Carolyn Reedy, Directorate of Occupational Health Sciences. The Executive Administrative Professional, level 2 nominees are: Shirley Macon, Deputy Chief of Staff for Information Management; Mildred Martin, Directorate of Laboratory Sciences; and Cynthia Martinez, Deputy Chief of Staff Directorate of Occupational Health Sciences. They each received a \$250 cash award, and a Certificate of Recognition, signed by Acting Commander, COL John Ciesla.

Farewell to CHPPM's Commander BG

By: Gail Gibson, Publication Management Division

A Retirement/Farewell Dinner in honor of BG and Mrs. William T. Bester was held on February 27, 2004 at the Top of the Bay. COL John Ciesla welcomed the 182 attendees to this event honoring BG "Bill" Bester's 30 years of military service. Distinguished guests in attendance were Mr. Ray Fatz, Deputy Assistant Secretary of the Army for Environment, Safety and Occupational Health; CSM Sandra Townsend, Command Sergeant Major for Medical Command; and numerous APG tenant commanders. Bester received many gifts in recognition of his contributions to the U.S. Army and CHPPM. Ben Bunger, Visual Information Division, prepared a very moving "This Is Your Life" video capturing Bester's life from childhood through his military career.

Bester became the CHPPM Commander on March 14, 2002. However, while he was the CHPPM Commander, he was also the Chief of the Army Nurse Corps, San Antonio, Texas. He held many assignments during his distinguished military career to include solo anesthesia provider for the Cuban Refugee Operations, Fort Chaffee, Arkansas; Chief Nurse, 10th Combat Support Hospital, Fort Meade, Maryland; Instructor at the Army Medical Department Center and School, Fort Sam Houston, Texas; Deputy Commander for Nursing, Fort Leavenworth, Kansas and USAMEDDAC, Wuerzburg, Germany; Chief Nurse and Advanced Party Commander during Operation Joint Endeavor, Taszar, Hungary; and Medical Task Force Commander in Hungary and Croatia.

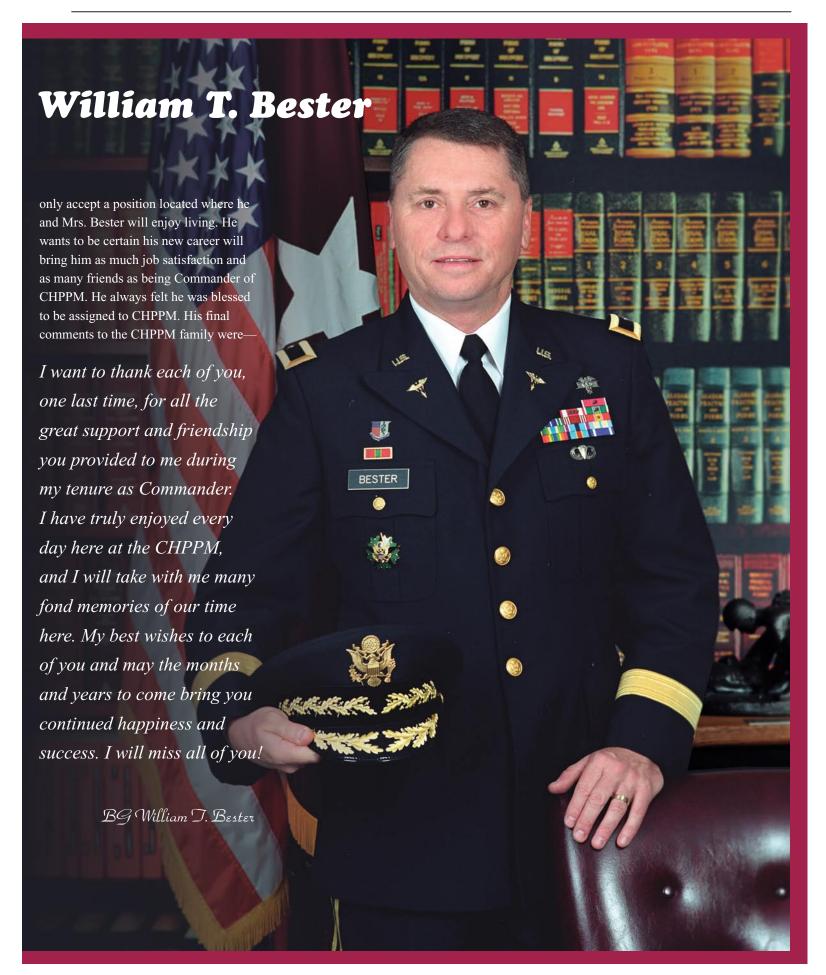
Bester has been awarded the Legion of Merit (two oak leaf clusters), the Meritorious Service Medal (three oak leaf clusters), the Army Commendation Medal (with oak leaf cluster), the National Defense Service Medal (with star), the Humanitarian Service Medal, the Army Achievement Medal, and many service ribbons. Bester has also been granted several honorary collegiate awards to include a Doctorate of Humane Letters, Honoris Causa, from the College of St. Scholastica; the Alumni Achievement Award from the Catholic University of America; the Sister Alice Lamb Alumni Award from the College of St. Scholastica; and a Doctor of Humane Letters from Seton Hall University. He is also a member of the Order of Military Medical Merit.

On March 17, Bester's official retirement ceremony from the Army Nurse Corps was held in San Antonio, Texas. LTG James Peake, Army Surgeon General and U.S. Army Medical Command Commander, awarded Bester the Distinguished Service Medal for unparalleled achievement and invaluable contributions to the Army Medical Department and the U.S. Army during his military career. In the last 10 years, he held such responsible positions as Assistant Surgeon General for Force Projection; Deputy Chief of Staff for

Operations and Health Policy and Services; 21st Chief of the Army Nurse Corps; as well as Commander, CHPPM.

During his tenure as CHPPM Commander, Bester underscored the importance of being operationally relevant to today's Army. He increased the support to assessing the health of deployed soldiers; expanded the utility of pre- and post-deployment questionnaires for deploying service members; expanded the scope of medical surveillance to address such issues as biomarkers, the health of the Reserve Component, and environmental and occupational health in deployed settings; championed the development of the longitudinal health risk assessment process in an effort to assess the health of senior leaders (both officers and enlisted); oversaw epidemiological investigations such as acute pneumonia in Iraq; meningitis at Fort Leonard Wood, Missouri; and malaria at various locations within Central Command. He also crafted the AMEDD policy for assessing the potential health impact of depleted uranium on redeploying service members and provided national leadership by recommending that dietary supplements, such as ephedra, be banned on all Army installations.

Recent communications with Bester indicate that he is in no hurry to begin his "second" career. He has had several offers of employment but has chosen to take his time, enjoy life for a while, and



New Faces at CHPPM



Teena Boudris is an RAI Administrative Support employee. She began working at CHPPM in 2003 for

the Environmental Health Risk
Assessment Program in the
Directorate of Health Risk
Management. In February 2004,
Boudris moved to the Deployment
Environmental Surveillance Program,
but she provides administrative
support to the entire DHRM. Her
hobbies include baking ("It's my
southern upbringing!"), racquetball,
and reading. She enjoys reading
Robert Ludlum espionage novels.
Boudris grew up in Maryland and
attended Strayer Business College.



1LT Leah Rogers joins CHPPM-South as an Entomologist for the Entomological Sciences Division. Prior to her arrival at CHPPM-

South, she was stationed at Fort Hood, Texas, and worked as the U.S. Army Medical Department Activity entomologist at Darnall Army Community Hospital. Rogers spent 5 years as a 91S in the Army Reserve before becoming part of the Medical Service Corps. She completed her bachelor's degree in Biology from the University of California at Riverside. In her spare time, she likes to bike, swim, and play with her two dogs, Mommy and Cassie.



Milagros Sola joins CHPPM-West as a Microbiologist with the Entomological Science Division. She is originally

from Ponce, Puerto Rico. She has a bachelor's degree from the University of Puerto Rico and is currently pursuing her master's degree in Environmental Studies from the Evergreen State College in Olympia, Washington. Sola served in the U.S. Army for 8 years as a Medical Laboratory Technician. During her tour in the military, she worked at Madigan Army Medical Center in Washington in the Department of Pathology and the Department of Clinical Investigation. Her last assignment was the U.S. Army Institute of Surgical Research in Fort Sam Houston, Texas. Before joining CHPPM, she worked at Brooke Army Medical Center in San Antonio, Texas.



Jamie Williams (who goes by "Cid") is the newest member of the Information Management Division staff of CHPPM-EUR.

She is the Information Assurance Manager and will be handling Network and Computer Security and processing the Accreditation Packages. She is a 13-year Navy Veteran in the Electronics and Computer Field with tours in Italy, Cuba, Okinawa, and the U.S. Her husband is also in the military, and they have two daughters.



Mari Robinette Deasel arrived in March 2004 to the Global Threat Analysis Team of the Deployment Environmental Surveillance

Program in the Health Risk Management Directorate. She is a native of Baltimore having graduated from Patterson High School and the University of Maryland, Baltimore County. She has a bachelor's degree in Biological Sciences with a minor in Environmental Geography. Deasel is an avid science fiction movie and novel fan. She and her husband enjoy lacrosse, traveling, dining out, salsa dancing, and interior decorating. Deasel was active in Tae Kwon Do but has recently moved to practicing Yoga. She comes to CHPPM with a background in pharmaceutical quality control and industrial and medical research.



CPT Colleen
Daniels has joined
the Directorate of
Health Sciences
working in the
Ergonomics
Program. She
is a native of

Kingston, Jamaica, and graduate of the Florida International University. She recently completed the occupational ergonomics track in the Masters of Public Health degree program at the Uniformed Services University of the Health Sciences. Her past assignments include serving as an occupational therapist at William Beaumont Army Medical Center, El Paso, Texas and Walter Reed Army Medical Center, Washington, DC. Daniels enjoys spending time with her family and working in Church Ministries in her spare time.



LTC Thomas
"Trent" Moxley
is a Sanitary
Engineer in the
Directorate of
Environmental
Health
Engineering.

Currently assigned as the Special Medical Augmentation Response Team - Preventive Medicine Manager, he has previously served as the North Atlantic Regional Medical Center Environmental Science Officer and the 18th U.S. Army Medical Command Sanitary Engineer. Additionally, while assigned to the 44th Medical Brigade, he deployed to Haiti for 4 months and also served as the Commander for 261st Area Support Medical Battalion (Rear) when the headquarters and 1 ASMC deployed to Stabilization Force in Bosnia and Herzegovina in October 1997.

This is his first assignment to CHPPM, though he has previously served in the Center and U.S. Army Pacific Environmental Health Engineering Agency in many different jobs. Moxley is married with three children. After 8 years of marriage where he and his wife hardly even worked in the same state, they both now work for CHPPM. "Talk about an adjustment!" said Moxley.

Interests and accomplishments include sports (principally soccer, racquetball, and softball); flying (is a private pilot); and reading mostly mysteries, spy thrillers and historical novels (when his young son allows him to).

MAJ Jennifer Caci joins CHPPM-South as the Chief of the Entomological Sciences Division. Caci arrived at CHPPM-South after 7 months in Iraq with the 3rd Medical Command and 787th Medical Detachment. Before deploying, Caci served as the Commander for the 485th Medical Detachment for 24 months upon her transition to preventive medicine. She has served for 9 years as a 70B and 70H Medical Operations Officer with the 5th SF Group(ABN), 86th Combat Support Hospital (Medical Company Commander), 1st Medical Brigade, 61st Area Support Medical Battalion, and 595th Medical Company (CLR). Caci earned her bachelor's degree in Animal Science from Cornell University, Ithaca, New York, and is completing her Master of Entomology and Applied Ecology at the University of Delaware. Caci shares her home with three dogs and one cat and enjoys running and gardening



CHPPM Soldier of the Year



SPC(P) Luis Gerbert Flores-Chavez, was selected as CHPPM's 2004 Soldier of the Year. Flores was born in San

Miguel, El Salvador and became a naturalized American Citizen in 2003. He enlisted in the U.S. Army in 2000 and attended basic combat training, Phase I at Fort Benning, Georgia. He went on to Advanced Individual Training at Fort Sam Houston, Texas as a 91K, Medical Laboratory Specialist, which he completed in December 2000. Flores-Chavez made the commandant's list. He completed Phase II at Fort Sill, Oklahoma in 2001. He is a member of the Cholinesterase Reference Laboratory team with the Directorate of Laboratory Sciences.

As a medical laboratory technician, his duties are to test, evaluate, monitor and report Red Blood Cell-Cholinesterase values from individuals who may be exposed to nerve agents. He also helps with the Quality Assurance onsite laboratory audits and laboratory technicians training. Flores-Chavez has a record of testing over 7,000 ChE specimens in 2002. He has a degree in Health Science Laboratory Technology from George Washington University in Washington D.C. He has been accepted into the University of Maryland and the Army Enlisted Commissioning Program to attend nursing school in fall 2004. Flores-Chavez is married and has three children.

NCO of the Quarter



SGT Ernesto
Chee-Chong
was selected
as CHPPM's
Noncommissioned
Officer of the
Quarter. CheeChong joined the

Army after high school graduation and attended basic combat training in Oklahoma and Advanced Individual Training in Fort Sam Houston, Texas for 91S Preventive Medicine training. His first assignment was to Bad Kreuznach, Germany as a 91S with the 123 Main Support Battalion, 1st Armored Division.

Chee-Chong was assigned to CHPPM in 2001 to work in the Entomology Program. He deployed to Baghdad with the 5th Special Forces Group in January 2003 to Support Operation Iraqi Freedom, where he earned the Combat Medic Badge for providing medical aid under enemy fire. Chee-Chong returned to CHPPM in July 2003 and worked as the Training NCO for Headquarters Headquarters Company. He also worked in the Labs assisting with Sample Management. Chee-Chong joined the Deployment Environmental Surveillance Program with the Directorate of Health Risk Management in March 2004. He is responsible for shipping environmental sampling supplies to forward deployed units and processes the returning samples with CHPPM Labs.

He is slated to attend the N4 Health Physics Training course at Fort Sam Houston, Texas in July and will return to CHPPM in October. Other than his family, his free time is devoted to completing his Bachelors degree in Business at the University of Maryland Baltimore County.



SGT Paul Ebonon was selected as CHPPM's NCO of the Quarter, 2nd QTR, 2004. Ebonon enlisted in the Army in 2001

and trained as a preventive medicine specialist. CHPPM is his first duty station. He worked in the Sample Management Laboratory before deploying to Camp Doha in Kuwait for 4 months. When he returned from Kuwait, he returned to duty with the Deputy Chief of Staff for Operations, Support Operations Division. Ebonon is currently waiting orders to Korea as a re-enlistment option. Some of his achievements here include: winning CHPPM's Soldier of the Year for 2001 and 2002, and Aberdeen Proving Ground Soldier of the Year for 2002. He has also represented his unit twice at the North Atlantic Regional Medical board competition. Ebonon's short term goals include making staff sergeant before 2007 and getting his Bachelor's degree in environmental management.

It's Your Future. VOTE for it!

CHPPM'S Unit Voting Assistance POCs:

CPT Colleen Daniels

Directorate of Occupational Health Sciences Building E-1570 410-436-7665

SSG Malisha Moreno

Directorate of Occupational Health Sciences Building E-5158 410-436-3548

Soldier of the Quarter



SPC Raul Guerrero Villalobos was selected as CHPPM's Soldier of the Quarter, 2nd QTR, 2004. Villalobos

was born in Jalisco, Mexico and immigrated to the U.S. with his family when he was only a month old. He graduated from Socorro High School in El Paso, Texas, with honors and was also selected for the El Baquiano award, which is the highest award given at the school. Two months after graduation he joined the Army and was sent to Basic Combat Training at Fort Leonard Wood, Missouri.

During BCT, Villalobos had the opportunity to be a squad leader. He went on to attend the Advanced Individual Training at Fort Sam Houston, Texas where he also held several leadership positions. He was squad leader for the Soldiers awaiting training, platoon sergeant and then barracks sergeant. He graduated with honors and made the commandant's list.

Upon completion of AIT he was assigned to CHPPM, his first duty assignment, and is currently working in the Cholinesterase Reference Laboratory for the Directorate of Laboratory Sciences. Villalobos completed air assault training at Fort Campbell, Kentucky in February 2004 and he's looking forward to completing the Expert Field Medical Badge in the near future.

Villalobos is taking courses online through Barton County Community College, Great Bend, Kansas and plans to attend the George Washington University in Washington, DC this fall to earn his associate's degree in Medical Laboratory Technology. His goals are to apply for the Army Physician Assistant program, get his master's degree, be promoted to sergeant and obtain his certification from the American Society for Clinical Pathology as a laboratory technician. Villalobos' hobbies include fishing, playing guitar, and working on his Ford Mustangs. Villalobos enjoys spending time with his wife and daughter, watching movies or just spending the day at the park.

TAMLSoldier of the Quarter



SPC Andria Tatem was selected as 520th Theater Army Medical Laboratory Soldier of the Quarter. Tatem

entered the Army in 2002 and attended Basic Combat Training at C 2/39 Infantry Regiment at Fort Jackson, South Carolina. She served as a squad leader while in BCT. After successfully completing BCT, she matriculated to B Company 187th Medical Battalion at Fort Sam Houston, Texas for Phase I of Advanced Individual Training. She also served as a squad leader there. Upon completing Phase I of the 91K Medical Laboratory Specialist course, she proceeded to Phase II at **DeWitt Army Community Hospital** at Fort Belvoir, Virginia. There she served as tower Sergeant in the barracks and graduated number one in her class, which gave her the honor of being the distinguished honor graduate of her class. She received a Certificate of Achievement for her accomplishments. In October

2003 she was assigned to her first duty station with the 520th TAML, Detachment I, at Fort Detrick, Maryland. Since arriving at TAML, she has learned a lot about being a Soldier and a laboratory technician. Tatem has completed the following military training courses; Combat Lifesaver, Hazardous Materials, and Nuclear Biological Chemical. Being selected as Soldier of the Quarter also earned Tatem her first Army Achievement Medal. She is constantly learning through her experiences in the military and hopes to do much more.

NCO of the Ouarter

SGT Justina Electra Bilbrey

was selected as TAML's Noncommissioned Officer of the Year for 2004. Bilbrey was born and raised in Los Angeles, California. She graduated from high school in 1997 and enlisted in the Army. She attended Basic Combat Training at Fort Leonard Wood, Missouri and Advanced Individual Training at Fort Sam Houston, Texas and Fort Sill, Oklahoma. Bilbrey's first duty assignment was with the 10th Combat Support Hospital at Fort Carson, Colorado. There she served as the company armorer and assistant nuclear biological or chemical noncommissioned officer. She came to the 520th TAML in 2002 and is a member of the Chemical Threat Assessment Squad. Additional duties include: NBC NCO, Safety NCO, Key Control NCO, and sports representative for the unit. Her shortterm goal is to be promoted to Staff Sergeant, and her long-term goal is to complete her degree in biology. She has applied to the Officer Candidate School and if accepted, she would like to become a Civil Affairs Officer.

TAML Soldier of the Year



SPC Jonathan
Raymond was
selected as
TAML's Soldier of
the Year for 2004.
Raymond grew up
in North Carolina
and entered the

Army in 2000. He attended Basic Combat Training at Fort Benning, Georgia. Upon completion of BCT, he attended the Medical Laboratory Technologist School at Fort Sam Houston, Texas to finish Phase I of Advanced Initial Training. Phase II of AIT was completed at Darnell Army Community Hospital, Fort Hood, Texas.

His first assignment is with the 520th TAML. Since arriving, he has become a member of the field sanitation team and has participated in Operation Noble Eagle, Operation Enduring Freedom, and has deployed to Kuwait in support of Operation Iraqi Freedom. Raymond attended the Army Primary Leadership Development Course at Fort Campbell, Kentucky where he graduated on the Commandant's List. His awards include Army Commendation Medal (2nd award), Army Achievement Medal (3rd award), Navy and Marine Corps Achievement Medal, and the Air Assault Badge. Raymond's hobbies are hunting, fishing, and team sports.

Intrepido – Bloomfield Awardee



The John J. Bloomfield Award is presented to a young industrial hygienist who pursues the problem of occupational health hazards primarily by doing fieldwork, and who demonstrates significant contribution to the profession. This year's Bloomfield Award recipient is MAJ Anthony J. Intrepido, CIH, MPH, MS.

Intrepido is presently CHPPM's Industrial Hygiene Field Services Program Manager. He is a Certified Industrial Hygienist and holds a Master's of Science in Environmental Health with an emphasis in Industrial Hygiene from Harvard University, Boston, Massachusetts; and a Master's of Public Health from Tulane University, New Orleans, Louisiana.

He is also a member of CHPPM's Special Medical Augmentation Response Team – Preventive Medicine. As a member of this team, he has participated in numerous biological and chemical terrorism exercises throughout the United States. In addition, he led this team to the Pentagon on September 11, 2001 in response to the terrorist attacks. A month later, he led the team to the Nation's Capitol in response to the Anthrax Attacks. During this 3-month response, he was instrumental in peer reviewing the Hart Senate Office Building remediation project and supervised a team that conducted Bacillus anthracis re-aerosolization studies at the location of the incident. His research was published in the Journal of the American Medical Association and had paramount discoveries for ascertaining remediation methodologies and improving worker protection.

Intrepido has performed as an Army Environmental Science Officer in numerous tours including 3-year assignments in Japan, Belgium, and Germany. He was also the senior preventive medicine officer during a medical aid mission in western Africa and served tours in Bosnia-Herzegovina. Most recently, he served as the preventive medicine officer in Iraq and Kuwait. The Centers for Disease Control and Prevention chose him as an emerging leader in public health in 2003. He is a graduate of both Airborne and Air Assault Schools and was awarded the Expert Field Medical Badge by the U.S. Army's 75th Ranger Regiment.

Intrepido received the Bloomfield Award at the American Conference of Governmental Industrial Hygienists Membership Reception and Annual Meeting of the Membership in May 2004.

Cameron - Volunteer of the Year

By: LTC James Cartwright, Directorate of Health Promotion and Wellness

The Aberdeen Proving Ground Civilian Volunteer of the Year Award was awarded to Ms. BethAnn Cameron. Cameron is a Health Educator with the Directorate of Health Promotion and Wellness. She was nominated based upon her dedication to the Soldier; families; Department of Defense workforce of the APG community; and the **Equal Employment Opportunity** Program, Special Emphasis Programs including, Black History Month and Women's History Month. MG John Doesburg, APG Commander, presented the award at a ceremony held on April 29 at the Top of the Bay Club.

Cameron has been an active volunteer for the APG volunteer community for over 7 years; she coordinates, educates, and recruits volunteers for the Harford and Cecil Counties "Black Youth in Action Program." Specifically, she develops and implements the yearly

orientation program for volunteers. Additionally, she has provided health education classes to the youth program and other volunteers on topics such as: Sexually Transmitted Diseases/Human Immunodeficiency Virus, general nutrition, personal etiquette, and decision-making skills.

She is responsible for initiating Sign Language classes for Government employees. She developed and implemented the program by working closely with the Civilian Personnel Office Center. She effectively convinced CPOC to advertise the program and provide classroom space. The class now meets once a week and has approximately 20 people in attendance. Since 1997, she has tirelessly devoted a great deal of her personal time to the Harford and Cecil Counties' Science Fair Initiatives. Yearly, she has been responsible for recruiting and coordinating activities related to the Science Fair Initiatives for Harford

and Cecil County Public School Fair programs.

Cameron devotes many hours to the Grove Presbyterian Church in Aberdeen. She is an active member of the church choir and an elder in the church. She serves as the chairperson for the Parish Health Nursing Committee. She is responsible for coordinating, developing, and presenting the quarterly health education program to parish members. Finally, she is a member of the Presbyterian Women's Association.

If one were to calculate her total volunteer hours over the 7+ years, a conservative estimate is that she has volunteered over 3,000 hours. Her dedication and support of the APG Community exemplifies the word "Volunteer." She has embodied the meaning of volunteerism and the community should be deeply thankful for her many years of helping so many people.

Winter Recognized As A CISSP

By: Rainier Ramos, Network Management Division

Vicki Winter is an Information Assurance Security Officer for Deputy Chief of Staff for Information Management. She is being recognized and honored for achieving the Certified Information Systems Security Professional status. CISSP certification is designed to recognize mastery of an international standard for information security and understanding of a Common Body of Knowledge. Certification can enhance a professional's career and provide added Information Systems credibility.

The certification requirements consist of possessing a minimum of 4 years of professional experience in the information security field, completing a candidate agreement, and most importantly, passing a rigorous 250-question exam. Candidates have up to 6

hours to complete the exam which covers Access Control Systems and Methodology, Applications and Systems Development, Business Continuity Planning, Cryptography, Law, Investigation and Ethics, Operations Security, Physical Security, Security Architecture and Models, Security Management Practices, and Telecommunications, Network and Internet Security.

The CISSP has clearly emerged as the key certification for security professionals. Winter works as an IASO in the Information Management Division Network Management Branch's IA Team, which is responsible for the information security of the entire CHPPM network. Congratulations to Winter on this significant accomplishment!

DLS Soldier - Scores Perfect Promotion Score and CHPPM-Europe's Soldier of the Month

By: SFC Douglas Crossley Landstuhl Regional Medical Center

SPC David Bustos, a member of the Directorate of Laboratory Sciences' Customer Support Division, attended the E5 promotion board at Landstuhl Regional Medical Center on May 5. Bustos achieved a perfect score of 150/150 points during the board. He spent numerous off-duty hours preparing for the promotion board, and his results clearly demonstrate the DLS and CHPPM-Europe commitment to excellence. He received numerous accolades on his board performance. Other promotion board members stated that he has set a new standard for all LRMC and CHPPM-Europe soldiers to emulate. Bustos was also awarded Soldier of the Month after participating in a promotion board in February 2004. He will be competing in the Soldier of Quarter board at LRMC later this year.



Meet CHPPM's First Sergeant

1SG Keith A. Burroughs enlisted in the Army in 1981 as a 91S, Environmental Health Technician. His previous assignments include 714th Medical Detachment (LA), Fort Bragg, North Carolina; 5th Preventive Medicine Unit, LA Section (ENTO) Seoul, Korea; 245th Engineer Detachment (U), Preventive Medicine Activity, and Munson Army Community Hospital, Fort Leavenworth, Kansas; Gorgas Army Community Hospital, Preventive Medicine Section, Panama; 3rd Battalion, 10th Special Forces Group, Fort Devens, Massachusetts; instructor/ writer/class advisor at the U.S. Army Medical Department Center and School, Fort Sam Houston, Texas; 485th Medical Detachment, Fort Polk, Louisiana; 1st Medical Group,

Fort Hood, Texas; and Tripler Army Medical Center, Preventive Medicine Department, Honolulu, Hawaii. His military awards and decorations include the Meritorious Service Medal (two oak leaf clusters), Army Commendation Medal (four oak leaf clusters), Army Achievement Medal (two oak leaf clusters), Good Conduct Medal (7th award), National Defense Service Medal (with star), Armed Forces Expeditionary Medal, Southwest Asia Service Medal (two stars), Humanitarian Service Medal, Noncommissioned Officer Professional Development Ribbon (3rd award), Army Service Ribbon, and an Overseas Service Ribbon (2nd award). To contact Burroughs, call 410-436-6787 or DSN 584-6787 or email keith.burroughs@apg.amedd. army.mil.

Change of Command for HHC

CPT Joseph Hout relinquished command of Headquarter Headquarters Company, to CPT Tanya Garcia, on March 16. BG William T. Bester, Commander, participated in the ceremony.

Garcia received a Reserve Army commission in the Medical Service Corps graduating as a Distinguished Military Honor Graduate with a Bachelor of Science degree in Psychology from Cameron University in Lawton, Oklahoma. Her military education includes Officer Basic Course, Faculty Development Course, Human Resource Management Course, and the Emergency Medical Technician Course.

Garcia's previous assignments include Executive Officer for Bravo Company, 232nd Medical Battalion at Fort Sam Houston, Texas; Interim Commander for the 1st 91W pilot course, and the Executive Officer for Echo Company, 232nd Medical Battalion. She served simultaneously as the Secretary to the General Staff and the Adjutant. She was then selected to serve as the Aide-de-Camp for the Commanding General.

Her military awards and decorations include the Meritorious Service Medal, Army Commendation Medal, Army Achievement Medal (one oak leaf cluster), the National Defense Service Medal, and the Army Service Ribbon.

Hout, who served as company commander from June 18, 2002 through March 16, 2004, will go to his new assignment at the U.S. Army Medical Students Detachment, Fort Sam Houston, Texas, with duty at the Uniformed Services University of the Health Sciences, Bethesda, Maryland. Before he begins his new assignment, he will attend the Army Medical Department Officer Advanced Course, Phase II, in Fort Sam Houston, Texas.

RMD — Let Me Introduce You

By: Deborah Austin Asbury, Resource Management Division

The Deputy Chief of Staff for Resource Management is located on the second floor of building E1930. Our mission is to administer the financial, manpower and human resources programs for CHPPM. This is not a small mission, we service over 1,000 employees and manage an annual budget of over \$100,000,000.

Mr. Thomas Bender is the Deputy Chief of Staff for Resource Management and serves as the advisor to the commander on finances and human capital resources. He has the overall responsibility to provide customer satisfaction in the areas of financial and human resource management. The work provided by DCSRM directly facilitates the effectiveness, efficiency, and productivity of the Center's mission programs to preserve the health and welfare of military and civilian personnel at Department of Defense installations worldwide.

Ms. Peggy Phillips is the Chief of the Human Resources Division. She has been with CHPPM since 1978 and has seen many military and civilians come and go throughout the years. All CHPPM employees inprocess and outprocess through this division. If you need new personnel, this is the place to start. The HRD staff provides support in the areas of recruitment, classification, performance management/Total Army Performance Evaluation System, awards, discipline, and training. Also, the Workers' Compensation Program and Workplace Violence Program are managed by staff members. The division is responsible for policy guidance for manpower management; human resources; management and program review; analysis support; review and negotiation of intraservice support agreements; support to commercial activities reviews; Memorandums of Understanding; and Memorandums of Agreements.

Ms. Barbara Passe is the Chief of the Budget Division. She is a certified public accountant and has been with CHPPM since 1998. Prior to coming to CHPPM, she was a system's accountant at the

Defense Finance and Accounting Service at Aberdeen Proving Ground, Maryland and brought with her an extensive knowledge of the Standing Operations and Maintenance Army Research and Development System accounting system. The division personnel are responsible for development and execution of the command budget. The staff members develop procedural instructions for budget submissions, provide guidance to customers, and develop the annual budget plan for CHPPM. They certify funding, monitor obligations, and recommend reprogramming actions. Monitoring, reconciling, verifying, and certifying of funds are a main focus of the budget analysts. They also monitor accounting services provided by the DFAS and administer the Defense Travel System for CHPPM.

The main focus of the DCSRM is customer satisfaction. We provide a myriad of services to our customers – the CHPPM community – and do it with a smile! We are here to serve you. Call us, if you need us.

Our mission is to administer the financial, manpower and human resources programs for CHPPM.

The CHPPM Attorney



Laws, Laws, and more Laws......
Sometimes it seems as though everything we do in life is controlled, guided by, or directed

by some law, regulation, policy, or rule. In fact, most everything we do, if not guided by a law, has some legal ramification. This holds especially true for military organizations, as noncompliance with the federal laws may not only lead to severe public scrutiny but may also bring unnecessary harm to members of our organization. As stewards of the taxpayers' dollars and representatives of the American conscience, we, as federal employees are required to abide by all these laws. However, many of these laws are counterintuitive, unusual, and open to misinterpretation. To ensure that CHPPM is aware of all the applicable laws involving and impacting the Center and is correctly interpreting and complying with all of these laws, the Commanding General (in coordination with the Army Surgeon General and the Army Judge Advocate General) determined that the CHPPM Command required its own Attorney. Mr. Lorin Friedman became CHPPM's first attorney in 1996.

Friedman provides CHPPM's Commander, directors, program managers, and all CHPPM personnel legal guidance and advice on Environmental, Contract, Fiscal, Uniform Code of Military Justice, Employment, Administrative, and Medical laws. He is also CHPPM's

Ethics Counselor, responsible for running CHPPM's award-winning Ethics program. He is involved with every legal issue involving CHPPM, from reviewing multimillion dollar contracts, creating official Army regulatory and policy guidance, drafting environmental permits, advising supervisors on legally appropriate management of subordinates, to legally addressing Congressional Inquiries, Inspector General Investigations, Security Incident investigations, Reports of Survey, Freedom of Information Act requests, and litigation. Friedman represents CHPPM in cases subject to the Equal Employment Opportunity and Merit System Protection Board and advises the Commander regarding disciplinary action under the UCMJ.

Friedman received most of his legal training as an Air Force JAG Officer prior to coming to CHPPM and continues to be a JAG Officer in the Air Force Reserve. Before joining the Air Force, Friedman practiced in a major law firm in Springfield, Massachusetts. He received his Juris Doctor Degree from Western New England Law School in Springfield, Massachusetts and his Bachelor of Arts Degree from Vassar College in Poughkeepsie, New York.

Just like CHPPM practices Preventive Medicine, Friedman practices Preventive Law by providing Military Quarterly Training to the CHPPM Soldiers on the topics of Law of Armed Conflict, UCMJ, Wills, Living Wills, Health Care Surrogates, Powers of Attorney, Service Members Civil Relief Act, and other Legal

Assistance areas. He has conducted Ethics training for certain CHPPM personnel, and in 2004 he will provide Ethics training to all CHPPM personnel according to the Secretary of the Army's new mandate. Another Preventive Law measure instituted by Friedman is the Legal Bulletin email message that goes out to every CHPPM member. Each of the one page Legal Bulletins (114 to date) contain valuable legal advice and guidance on topics ranging from appropriate use of Government Communications Systems, the different types of Courts Martial, to Bankruptcy, Rental Car Liability, or Co-Signing on a loan. These Legal Bulletins are archived on CHPPM's webpage under CHPPM only, Special Staff, and "from the Attorney."

From his office in building E1930, Friedman averages about 55 consultations per week via appointments, walk-ins, telephone calls, and email from CHPPM personnel. He says that the work is always extremely challenging and interesting. He attributes this to the fact that no two legal scenarios are identical, and the laws are continuously changing. Another challenge is the fact that laws have not yet been developed to deal with many of the new and creative areas in which CHPPM is engaged. Friedman continues to strive for the best and innovative legal mechanisms to maintain CHPPM's outstanding and unblemished reputation as the Department of Defense's premier Preventive Medicine Organization. To contact Mr. Friedman, call 410-436-7036 or email lorin.friedman@apg. amedd.army.mil.

Be Safe and Don't Be A Victim

By: Roy Valiant, Safety Officer

Daily enforcement of safety practices involves each of us. Every workplace fatality can be traced to a chain of events that could have been broken anywhere by the individual, a coworker or a supervisor. It is imperative that everyone be a safety officer when it comes to hazardous operations. We must not allow procedures to become mundane where shortcuts may be taken. "I've done it this way before and nothing has happened yet."

A fatality is never a good thing and even worse when it could have been prevented. Can your operations stand the test of a full-blown accident investigation by the Army Safety Center or even the Occupational Safety and Health Administration investigators? An accident investigation involving a fatality will always turn up policies or procedures that should have been followed but were negelected. Make sure your policies and procedures are such that you don't have an incident in your area.

BE SAFE!

The Secretary of Defense's current goal is to reduce accidents by 50 percent in fiscal year 2005 over the 2002 baseline. Components will continue safety initiatives to achieve a net decrease of 75 percent from this baseline by FY 2008. The "Be Safe" campaign is the Army's answer to achieve the goal.

Be Safe! Two little words that encompass the Army's new safety

campaign to prevent accidents. Be Safe......What does that mean? What does that mean to you? What does that mean to your supervisor? What does that mean to your coworkers? Everyone has their own thoughts and definition of "Be Safe" and what "safety" looks like.

The "Be Safe" campaign, as well as all other safety campaigns, was created to focus on a target audience in order to change or enhance behavior to achieve the 50 percent reduction goal. Although the target audience for this campaign is the soldier, the same practices, procedures, and thought processes pertain to all civilian employees and family members as well.

The campaign has a three-pronged strategy; strategic, operational and tactical. Strategic involves communication, reinforces excellence, and sustains influence. Operational involves integrating tools, communication, and assessment. Tactical involves teaching/coaching risk management, enforcing standards, and accountability.

Mission/job risk management is a tool to use while on the job performing your daily duties. Risk management must also be a personal tool to use in all your activities whether it is on the job or off the job. Enhanced situational awareness in conjunction with risk management, when used effectively, will ensure you the best possible solution for all situations.

Enforcing the standards and accountability are easy to do but difficult to complete. The big thing to enforcing the standards is to ensure that you know what the standards are. Do you and your coworkers know the standards and have the proper tools (e.g., risk management procedures, personal protective equipment, standing operating procedures) to enforce those standards?

These practices must extend past the job and into off-duty activities. Unfortunately, FY 2004 is continuing in the same fashion as previous years. Privately-owned vehicle accidents are still the number one killer of Army personnel with 41 fatalities through February. We do pretty well on the job but must instill the desired behavior off the job as well. Supervisors and commanders cannot be everywhere at the same time, but their influence can.

Unfortunately, most of the time no one cares about safety until it's personal. Safety is just another word unless it knocks at your door. Your safety is influenced directly or indirectly by your coworkers, supervisors, and other personnel (logistics, medical clinic). In the coming months, additional materials, and products will be introduced in support of the "Be Safe" campaign. Bottom line is chain of command must be involved, be disciplined to adhere to and enforce standards, and enhance your situational awareness.

BE SAFE!!

"Dreams Can Come True, It Can Happen To You"

