

Adult Preventive Care Flow Sheet

Name: _____ Date of Birth/Age: _____ Male: _____ Female: _____ MR# or SS#: _____
 Ethnicity: _____ Medications: _____ Old Records: _____
 Allergies: _____ Smoker: _____ ETS: _____ Date: _____

1. Immunizations	Population/Frequency	I.D.	Date/Site/Sig.	Date/Site/Sig.	Date/Site/Sig.	Date/Site/Sig.	Date/Site/Sig.
Tetanus – diphtheria	q 10 yr						
Hepatitis B	Adults at increased risk— 3-dose series						
Varicella	Nonimmune adults 2 doses delivered 4–8 wk apart						
Rubella	Women of childbearing age and health care workers without evidence of immunity or prior immunization—1 dose						
Hepatitis A	At high risk						
Influenza vaccine	q 1 yr ≥50 yr or at increased risk						
Pneumococcal vaccine	Once ≥65 yr or at increased risk						

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Adult Preventive Care Flow Sheet (cont.)

Screening Test/Exam	Population/Frequency	Date	N, Results Normal						A, Results Abnormal	R, Refused	P, Pending
		Age									
2. Blood pressure											
3. Height/weight											
4. Total cholesterol, HDL	≥35yr males ≥45yr females										
5. Diabetes	Adults with hyperlipidemia or hypertension										
6. Pap smear	q 3 yr										
7. Mammogram	q 1-2 yr ≥40 yr										
8. Colorectal cancer screening	Depends on screening test selected*										
9. Osteoporosis	≥ 65 yr females ≥ 60 yr females at increased risk for fractures										
10. Problem drinking											
11. Vision	>65 yr										
12. Hearing	≥65 yr										
13. Chlamydia infection	Sexually active women age ≤25										
High Risk											
14. STD/HIV											

* See www.preventiveservices.ahrq.gov for U.S. Preventive Services Task Force recommendation on colorectal cancer screening

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Adult Preventive Care Flow Sheet (cont.)

Referrals (As indicated)	Date	Result
Diabetes education		
Nutrition education		
Tobacco cessation program		
Dental examination		
Eye exam/glaucoma		

Note: Screening tests/exams and counseling based on U.S. Preventive Services Task Force recommendations.

ETS = environmental tobacco smoke; HDL = high-density lipoprotein; STD = sexually transmitted disease; HIV = human immunodeficiency virus; TB = tuberculosis; PPD = tuberculin purified protein derivative; CHD = coronary heart disease.

First published in *A Step-by-Step Guide to Delivering Clinical Preventive Services: A Systems Approach*. U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality. Rockville, MD, 20001. AHRQ Pub. No. APPIP01-0001.

Revised January 2003.