



Wing victorious at 2004 Guardian Challenge
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AFTAC represents AF in cross-state bike ride
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ATWIND benefits individuals and base
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Photo by 1st Lt. Warren Comer

With trophy in hand, the Patrick Air Force Base Sharks returned home from Vandenberg Air Force Base Calif., May 8 with the title of "Best Space Launch Wing" in the Air Force.

Guardian Challenge culminated May 7 at a score posting ceremony, where the 45th SW Sharks beat the rival 30th SW Hawks by 114 points to regain the trophy.

Sharks feast on Hawks, come home victorious

By Airman 1st Class Shaun Emery
45th SW Public Affairs

The Patrick Air Force Base Sharks returned home victorious after defeating the 30th Space Wing Hawks at Guardian Challenge 2004, making good on their promise to bring the Schriever Trophy back to the 45th SW.

"The goal that was set out as part of the START plan in 2003 was to bring the Schriever Trophy to the 45th SW," said Brig. Gen. Greg Pavlovich, 45th SW commander. "Even though they cancelled the competition because of Operation Iraqi Freedom we kept focus on our goals and not only supported OIF with two launches, but also brought the Schriever home in 2004."

For many team members, the experience of their first

Guardian Challenge was very memorable.

"The experience was phenomenal," said Capt. Tom Ste. Marie, launch control officer. "People tried to describe it, but it's something you have to see to believe."

Being successful at Guardian Challenge was dependent on putting together a strong team.

According to Capt. Shawn Furness, launch control officer, the team learned a lot about teamwork and the different roles and responsibilities each member plays in a successful space launch.

"It was very special and a great honor to be part of this team," said Tech. Sgt. Brian Ellis, who competed in the space maintenance competition. "We built a lot of camaraderie."

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By Brig. Gen. Greg Pavlovich
45th SW commander

Wow! What a week! It started off with the presentation of the Schriever Trophy at the beginning of our wing staff meeting Monday morning. I mean that figuratively, because let me tell you that is one heavy piece of hardware. But we did present it to the wing because that is what it is, a wing award. The acrylic trophy isn't just a symbol of the Guardian Challenge Team's victory, it reflects the excellence of our installations - our wing, our mission partners, our Honor Guard, as well as our community partners that support our presence here.

Our competitors practiced and persevered, winning best space launch wing honors on behalf of all those fine folks and in honor of all the people that we have deployed from our wing doing the work of the Air Force at spots around the globe, most of them in harm's way.

I couldn't be prouder of what that trophy represents - it was such a great week with an incredible send-off picnic that our 45th Services and Civil Engineer Squadron and dozens of volunteers made happen and then wrapping up with the impromptu welcome home reception on Friday evening complete with victory cake. OK, so I could have done without the reminder of my birthday, but it was a touching end to an emotional week.

Now, you'd think that would have been the top news of the meeting, but honors have a way of topping honors at this wing. We received the outstanding news that our Medical Group was recognized with two Air Force awards in the 2004 Medical Service Awards. Our Pharmacy captured the USAF Pharmacy Research Award, while our Primary Care team was one of two units chosen as the best provider team in the Air Force - the Clinical Optimization Award. Great recognition for our fine medical professionals, support staff and volunteers who service to our wing population, mission partners, and retirees.

And you know, even after all that, it still wasn't the highlight of the meeting. The true highlight of the week was that Master Sgt. Bill Trainer, in uniform, was attending the Wing staff meeting as a representative of our First

Sergeants. We've been chronicling Sgt. Trainer's progress as he faced and successfully beat a life-threatening illness. His triumphant return to duty is an inspiration to us all. Talk about tenacity of spirit!

I guess with all that good news, some bad news is inevitable. I'm sure you've seen in the news that a building supply problem is materializing (pun intended). Because of growth in China and India and the rebuilding efforts in Iraq, there is a global shortage of construction materials including cement and steel. What does this mean to you?

Well, I've been giving you updates on the progress of our base construction, and now it appears that we will experience some delays due to this unforeseen shortage. While the full impact is still being assessed, it appears one of the first casualties of this shortage is the base swimming pool. As you can imagine, we need a lot of cement to complete that project. The good news is that because our requirement is large we can still expect delivery of concrete - but it will be coming in increments, which slows down the construction process. We hoped the pool would be finished by Memorial Day weekend, but now it looks like it will be at least the end of June.

Our Mission Support Group has been doing a re-evaluation of on-going projects. The Patrick AFB running track is still on course for a mid-June completion date, and the perimeter fencing project is wrapping up as planned. Right now our housing privatization construction does not appear to be impacted, but the long-term affects on our construction timeline for all projects will be constantly reviewed. As we get updates on these projects and others like the golf course, we'll keep you posted. I appreciate your support and understanding as we work through these uncontrollable factors.

Other bad news dominating the world agenda is the scandal that has been unfolding regarding the abuse of Iraqi prisoners at detention facilities in Iraq. This is an enormous set back in our efforts to rebuild that country. While it is troubling for all of us to see these images, we have to remember that while these incidents become a reflection of the military that we'll need to recover from, it is not a representation of the service of our uniformed members, and especially our military police and security forces.

Yesterday we had a special retreat ceremony in honor of National Police Week. During this time each year we pause to honor those in the

law enforcement community who have been killed in the line of duty. These individuals have made the ultimate sacrifice in defense of our neighborhoods, communities, and nation. We were honored to have county and state law enforcement alongside us to pay tribute all of those - military and civilian - who wear the shield and live by the motto: To serve and protect.

That event capped a busy week and next week is looking busier. I've highlighted the mandatory events on this page. We're poised to kick off our summer safety campaign Friday when we stand down the wing for a Safety Day. As has been previously mentioned, customer service centers will be closed so that we can focus on this important topic. The critical days of summer are traditionally a time of vulnerability for mishaps. Our goal, as always, is zero mishaps and everyone safe through the summer period and beyond. Take advantage of this day; you need to attend one of the sessions but don't just let it stop there. Catch up on unit safety training, review your work area safety processes and get into the safety mindset.

Thanks for an outstanding week and I look forward to another one next week when we tackle this safety campaign and kick off our summer launch schedule with Lockheed Martin Atlas IIAS set to orbit a commercial communication satellite Thursday. God bless!

May 19 Civilian Call (PAFB)
1 p.m., Base Theater

May 20 Civilian Call (CCAF)
11 a.m., Hangar F

May 21 Wing Safety Stand Down
Customer Service Areas Closed


Morning PAFB Session
8 a.m., Base Theater

Morning CCAFS Session
10 a.m., Hangar F

Afternoon PAFB Session
1 p.m., Base Theater

Officers' Call
3:30 p.m., Officers' Club

Enlisted Call
3:30 p.m., NCO Club

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Secretary, chief send Armed Forces Day message to troops

WASHINGTON (AFPN) — *The following is an Armed Forces Day message from Secretary of the Air Force Dr. James G. Roche and Air Force Chief of Staff Gen. John P. Jumper:*

"Since 1949, America has paid tribute to its men and women in uniform by celebrating Armed Forces Day on the third Saturday in May.

"Grateful Americans in every state will hold parades and fly Old Glory to honor those who have worn the uniform either as a Soldier, Sailor, Airman or Marine.

"It is indeed an important time to be a member of our nation's Armed Forces and especially to be an Airman. America needs your service today as much, if not more, than any other time in our country's history.

"America's security is a global issue as we continue the fight in the war on terrorism. Our country needs your steadfast devotion to protecting the freedoms we enjoy.

"Today, we serve a grateful nation. From shore to shore, Americans are proud of your professional competence, combat capabilities and unwavering courage to defend our country.

"They have seen firsthand your efforts in the mountains of Afghanistan and the skies over Iraq and your steadfastness in protecting our homeland. They have reveled with us in your triumphs and cried with us when we lose brothers and sisters in battle.

"You represent the pride and patriotism of the United States. You are the standard for sacrifice, devotion and bravery.

"We are proud to serve with you. On this Armed Forces Day, let's remember those who came before us and those who made the ultimate sacrifice for our freedom.

"May God bless all of you and our great nation."

Hurricane exercise displays preparation

By 2nd Lt. Elizabeth Kreft
45th SW Public Affairs

The 45th Space Wing is ready for "the big one" if Mother Nature hurls a hurricane at the Space Coast this year.

The wing and its mission partners took part in preparations and planning for a category-3 hurricane May 3-5 during a statewide drill to prepare for the start of the hurricane season, which officially begins June 1.

Brevard County and Florida State Emergency Management officials were the administrators of the annual test for manpower and facility readiness in the event of a mild or massive hurricane. Inspectors from the 45th SW worked in conjunction with state officials to organize the testing phases and to allow for resources throughout the Space Coast to review their hurricane processes.

"Overall, we proved that our people are ready and willing to make the adjustments and get the training needed to be fully prepared for a hurricane," said Capt. Jimmy Liddle, 45th Exercise Evaluation Team chief.

"Training like this always has a few bumps in the road, but what we saw overall was a wing ready to react and get the job done."

Response times to recalls, manpower readiness and shelter facility maintenance were among the things tested during the drill.

"I am very proud of the members of our Hurricane Evacuation Site Staff," said Lt. Col. Eugene Montano, HESS team leader.

"They showed an appropriate sense of urgency in responding to their recall and to forming up for detailed inspections and

checks of their readiness.

"The thing that we hope to see the most in a real hurricane situation is the carrying over of that sense of urgency and accuracy in actions," he said. "When it's really go time for something of this nature, it will be critical for our folks to do as well as they did in the exercise."

Other teams were also tested on their ability to respond to their assigned areas during a hurricane evacuation. The Hurricane Response Team tested their equipment and facilities in Malabar in an effort to identify any unforeseen glitches in preparedness.

"We saw some big things that needed to be fixed at the Malabar site," said Capt. Steve Bogstie, exercise evaluation deputy chief. "These items will be fixed and updated in line with our updates for the overall operations plan. Now that we know what changes are necessary, we will be able to get them fixed and we will be better prepared."

While the exercise reminded military members of their work-related duties during a hurricane, the drill was also intended to initiate interest in families all around the area to begin preparations for the hurricane season.

"People should understand that they need to take the time to review the operations plan available online at the 45th SW home page," said Capt. Liddle. "Being able to survive a hurricane is all about prior preparation and planning."

The Missileer will publish a special hurricane preparation issue May 28.



Wing Staff Q&A:

Tom Andler
45th SW Manpower & Organization

Q: What is the Manpower Office's mission?

A: We provide effective manpower resource and productivity programs options to the 45th Space Wing community through consultant services, performance management planning, management of the Manpower Data System, Productivity Enhancing Capital Investment Programs and Innovative Development Through Employees Awareness programs.

We also maintain an accounting of Contract Manpower Equivalents, review civilian request for personnel actions

and coordinate on all host tenant support agreements to validate any required increase in manpower.

Q: How is the Manpower Office critical to the 45th Space Wing mission?

A: We maintain the wing manpower resource books as near to Air Force Manpower Standards as possible and advise senior leaders and commanders on their options for making manpower resource decisions. We work with the unit commanders to shift manpower to the most critical areas of the wing in order to assure mission success.

Wing commemorates Arbor Day

By Wesley Westphal
45th Civil Engineer Squadron

Brig. Gen. Greg Pavlovich, 45th Space Wing commander, will be the host of a tree planting ceremony Tuesday at 1 p.m. in the Family Camping Recreation Area at Patrick Air Force Base in honor of Arbor Day observance week.

The Tree City USA program, a spin-off of Arbor Day, is sponsored by the National Arbor Day Foundation, a non-profit education organization that helps people plant and care for trees, in cooperation with the USDA Forest

Service and the National Association of State Foresters.

Tree City USA recognition from The National Arbor Day Foundation is a symbol of how important our community trees are and how dedicated the 45th Space Wing is to preserving and protecting the environment.

Communities receive Tree City USA designation upon recommendation by state foresters. To become a Tree City USA, a community must have a tree care ordinance, a legal tree governing body, a comprehensive urban forestry pro-

gram and an Arbor Day observance. Patrick AFB and Cape Canaveral Air Force Station have held this designation for 13 consecutive years.

Tree City USA communities receive a flag with the program's logo and a walnut-mounted plaque. Winners also receive Tree City USA community signs with stickers indicating additional qualifying years.

Trees provide many benefits to communities. Proper tree planting and care today will help ensure cleaner, healthier, more tree-filled cities and towns tomorrow.

SHARKS, from Page 1

raderie over the past few months."

The 45th SW has been responsible for launching the majority of rockets that served in the defense of America and in support of its troops, said Capt. Ste. Marie.

"I couldn't be prouder to be part of this team," he added.

For the 45th Space Wing, competition began April 21 when the space launch and space maintenance groups competed at Cape Canaveral Air Force Station in their respective launch scenarios.

With the 45th SW and the 30th SW being the two premier space lift wings there is naturally a competitive rivalry between the two, said Gen. Pavlovich.

"We work with the 30th SW constantly normalize procedures and have a great respect for them, but we never lose sight of the fact that Guardian Challenge is meant to improve how we do business on both coasts," he said.

"The anticipation was difficult," said Capt. Ste. Marie. "We thought we did well, but we had to wait to see the outcome. In the end the hard work paid off."

While they waited for their scores, launch and maintenance competitors watched the 45th SW security forces team in action.

"The cops played an awesome role at Guardian Challenge," said Capt. Furness. "Especially from a spirit standpoint. Every day we went out and cheered them on, it kept the team motivated."

According to Maj. Ron Ten Haken, range control officer, the Sharks couldn't have won without the help of security forces.

"I know how hard these professionals train and how vital their score is in the overall total when competing for the Schriever," he said. "Without every part of our wing team performing to the utmost of their abilities, we would not have brought the title of 'Best Space Launch Wing' home where it belongs."

The 45th SW lives by the motto "Outstanding is Just the STAR!" and according to Capt. Ste. Marie the Sharks victory at Guardian Challenge showed that to the rest of Air Force Space Command.

For detailed scores and 45th SW photos click the Guardian Challenge link on the Vandenberg AFB website at www.Vandenberg.af.mil.

SHARK OF THE WEEK

Tech. Sgt. Patrick McCracken

45th Security Forces
Squadron

NCOIC, Combat Arms
Training and Maintenance

Hometown: Cleveland, Tenn.

Favorite motto: "If your motives and intentions are pure, you can always look in the mirror and be proud of what you see."

Exceeded the standard:

"Tech. Sgt. McCracken performed a detailed Operational Risk Management analysis of the Patrick firing range after it was identified that there was a potential for fired rounds to leave the range. He implemented an innovative solution to use frangible bullets to eliminate the potential of rounds leaving the range. His responsibility of mission and safety requirements by doing research and brainstorming was instrumental in reopening the firing range. He's truly the 'Shark of the Week.'" – Chris Olesnevich, 45th SW Ground Safety manager.



Inspiration to exceed the standard: "This is the first time I've been in charge of a section and I want my troops to respect me not only for the rank on my uniform, but also for the way I represent the best section and squadron on Patrick Air Force Base."

Deployed can now call home cheaper

DALLAS - In the harsh and austere conditions of Operations Iraqi and Enduring Freedom, few things take on greater importance than phone calls home. Because of this, the Army & Air Force Exchange Service and its contractor AT&T have worked diligently to offer affordable phone service throughout Iraq and Afghanistan. Because of these efforts, Soldiers, Airman, Sailors and Marines have been able to keep communication open between the front lines and the home front.

Deployed troops can now talk longer for less because AAFES has reduced the price per minute of Armed Services calls originating from Iraq and Afghanistan.

The new price per minute for calls from both countries, when using AAFES' 550-Unit AT&T Global Prepaid Card, is reduced from 32 to 25 cents per minute.

This special rate applies only to calls from call centers in Iraq and Afghanistan to the United States with prepaid phone cards purchased from any AAFES PX/BX, tactical field exchanges or Imprest Fund sites in Iraq and Afghanistan. Army Spc. Joshua Hopkins of HHS 2/20 FA, whose daughter was born while he was in Iraq, is just one of the troops who speaks of the importance of telecommunication services for deployed troops.

"Having been in Iraq at the beginning of Operation Iraqi Freedom activities, I can



attest to the importance of phone calls home. The morale benefit affordable calling options offer our troops can not be overstated," said Spc. Hopkins. AAFES and AT&T operate 35 call centers in Iraq and Afghanistan.

The prepaid phone cards are available at any of AAFES' 35 contingency locations in Iraq and Afghanistan. AAFES and AT&T also operate nine Internet Cafes in Kuwait that are proving very popular. Troops who visit the cafes are enjoying video teleconferencing, Internet access, gaming and email 24 hours a day seven days a week. The rate for this service will also drop from 10-cents/minute to 8-cents/minute on June 1.

This new rate will reduce the cost per hour from \$6 to \$5.

Celebrate Asian-Pacific Heritage Month

Asian-Pacific Heritage Luncheon
 Wednesday
 11 a.m. - 12:30 p.m.
 Officers' Club



Guest speaker is Wendy Chioji from WESH-TV News Channel 2. Entertainment is Andy Tehani's Hawaiian Review Dancers.

Cost is \$15.

Menu is Hunan beef with broccoli and scalions, grilled chicken breast with teriyaki sauce or vegetable plate.

Deadline for tickets is Friday. Call Airman 1st Class Melissa Fepuleai at 494-4318, Elsa Kekahuna at 494-5675, Staff Sgt. Leenette Sablan at 494-6333, Capt. Loni Yu at 494-3723, Gloria Johnson-Jones at 467-5415 or Capt. Tam Dinh at 494-8991.

Mental health month focuses on awareness

By 2nd Lt. Elizabeth Kreft
4th SW Public Affairs

To promote mental health in the military community, the 45th Space Wing Life Skills Center is encouraging military and civilian members to recognize National Mental Health Month.

Sponsored by the National Mental Health Association and the National Council for Community Behavioral Healthcare, the initiative is an annual observance each May designed to increase awareness of mental health and mental illness.

"Having an entire month set aside for focusing on mental health helps people recognize that it's just like anything in life - you have to focus on it and make a plan if you are going to succeed in having a stable mental state," said Maj. (Dr.) Kimberly Finney, 45th SW Life Skills flight commander.

"If you have a plan, you can begin forming good habits from practice. Mental health is no different in that respect, you have to examine it and refuse to be afraid to think about it."

This year's theme, "Mental Health Matters: In Your Life," reminds people that caring for their minds and their bodies helps keep them productive, healthy and happy in all areas of life.

Whether at work, at school, or at home, mental stability and balance is crucial for building positive relationships and communication lines, said Maj. Finney. "Given today's operational tempo it is extremely important to take the time and make a plan for mental health."

According to the U.S. Surgeon General's report on mental health, nearly half of all Americans with a severe mental illness fail to seek treatment. Many people do not receive treatment for mental health problems due to a lack of awareness of the problem, fear of chastisement or abandonment or deficient access to suitable help and services.

However, overall quality of life is greatly improved when a person with a mental health problem takes steps to get early diagnosis and receives proper, specialized treatment.

"Don't be afraid to ask for help in developing a strategy," said Maj. Finney. "Mental instability prevents you from getting daily life tasks done."

"You have to be able to take one day at a time, while executing a lifelong plan for mental balance, but no one should feel like they are alone in that process."

Statistically, Air Force and other military members shy away from seeking out mental help because of a perceived stigma attached to psychological services.

Members of the Life Skills Flight urge service members to recognize the positive aspects of seeking assistance from a mental health professional.

"We hear all too often that someone is afraid to come and talk to us about mental health because they don't want to endanger their career," said Maj. Finney. "When in reality, the only thing that will ruin your career is not taking steps to help yourself."

Life Skills classes and private meetings are available for a number of mental health issues or concerns, said Maj. Finney.

"Good mental health is fundamental to overall health. It is essential to personal well-being and to the ability to lead a healthy, balanced, and productive life," said Maj. Finney.

"Mental health problems can impair a person's thinking, feeling and behavior and can be serious and disabling, but with proper help these troubles can be avoided or reduced."

Fast facts...

- ◆ Anyone can have a mental illness, regardless of age, gender, race or income.
- ◆ Mental illnesses are more common than cancer, diabetes, heart disease or AIDS.
- ◆ One in five adults has a diagnosable mental disorder.
- ◆ One in four families will have a member with mental illness.
- ◆ Mental illness can occur at any age, but most often appears for the first time between the ages of 25 and 44.
- ◆ Nearly two-thirds of all people with a diagnosable mental disorder do not seek treatment.

Courtesy of U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services.

Prevention, screening let Airmen come home healthy

By Staff Sgt. C. Todd Lopez

Air Force Print News

WASHINGTON – Surgeons general from the Army, Navy and Air Force testified before Congress on April 28 on the status of health care in the services.

Air Force Surgeon General Lt. Gen. (Dr.) George Peach Taylor Jr. spoke to members of the Senate Appropriations Committee defense subcommittee. He said the Air Force's predeployment efforts at disease prevention and in-the-field disease identification systems are allowing Airmen to return from deployments healthier than ever.

"Our people are coming back in better health because of individual disease-prevention efforts, but also because of the incredible deployment health-surveillance program that we have fielded," Dr. Taylor said. "From our preventive aerospace medicine teams to our biological augmentation teams, we are helping to protect the area of responsibility from biological and environmental threats."

Dr. Taylor told senators the Air Force is using equipment that can identify disease-causing pathogens in about two hours. In coming years, he said, Air Force officials hope to use even better equipment to identify disease before it can cause serious illness.

"We hope to reduce the time even further, through new, more advanced — indeed, break-through — genome-based technologies," he said.

The senate panel asked about shortages of doctors, nurses and dentists within the

Reserve components of the services. Dr. Taylor said the shortage may be due in part to the difficulty of running a medical practice coupled with the potential of being deployed more than a quarter of a year at a time.

"It is difficult in today's medical practice," Dr. Taylor said. "Many of the providers operate close to the margin. Taking them out for long periods of time can often destroy a practice. We are trying to work ways where we can bring them on deck for short periods of time through a volunteer system so they can work perhaps 30 days every couple of years. Certainly pay and environment of care is an aspect."

Senators also asked about the increase in eye and limb injuries seen coming off the battlefield. The increase is, in part, because of the improvement of protective gear — body armor — for the chest and abdomen, said Army Surgeon General Lt. Gen. (Dr.) James B. Peake.

While the gear goes a long way to improve the chance a wounded servicemember will survive what in the past might have been a fatal injury, it does not protect the limbs and eyes. A person who, in the past may not have lived through an injury, can live today — but finds he or she is without sight or limbs, he said.

All three service surgeons general said that developing better protection for the head, eyes and limbs is critical, and they are actively working with body armor-designers to address the physical requirements.

Do you have a personal story about preparing for or experiencing a hurricane?

Do you have some helpful hints for those about to experience their first hurricane season?

Call the *Missileer* staff at 494-5922 or email at: missileer@patrick.af.mil

Active-duty Airmen to test for HIV every two years

By G.W. Pomeroy

AF Surgeon General Public Affairs

Beginning June 1, all active-duty Airmen will be required to complete routine human immunodeficiency virus testing every two years. This is a Defense Department policy change geared toward standardizing testing across the services, officials said.

The policy, recommended by members of the Armed Forces Epidemiological Board, will also require Reserve and Guard Airmen called to active duty for 30 or more days to have a current HIV test within two years of the date called.

Since the Defense Department began testing in the mid-1980s, each military service has had its own HIV-testing program. Testing intervals varied by service — from one to five years — and procedures were inconsistent, board officials said.

The two-year interval provides the best protection from the hazards associated with military service for HIV-infected servicemembers, board officials said.

HIV testing identifies servicemembers who are infected as early as possible so military health-care providers can treat them to reduce transmission. The screenings also preclude deployment overseas and other risks that may be associated

with military service for those who are infected.

Within the Air Force, screenings preferably will occur during an Airman's preventive health assessments, said Maj. (Dr.) Mylene Huynh, a preventive medicine officer at Air Force Medical Service headquarters here.

Routine interval testing does not preclude HIV screening for reasons such as testing before drug or alcohol treatment, incarceration, occupational exposure clinical indications or at an Airman's requests, Dr. Huynh said.

She also said that HIV testing will remain available for all servicemembers upon request without inquiring as to the reason for the test.

Under the policy, active-duty Airmen are no longer required to undergo an HIV test before moving overseas or within 12 months of a consecutive overseas tour, Dr. Huynh said.

In 2003, there were 43 HIV-positive cases identified among 335,000 tests on Airmen, said officials at the Air Force Institute for Operational Health at Brooks City-Base, Texas. This included 26 among 259,000 active-duty, 10 of 35,000 Reserve and 7 of 41,000 Guard Airmen tested.

Female cadets' short haircut nixed

By Tamara Wright

U.S. Air Force Academy Public Affairs

Female academy appointees no longer have to experience the most "hairifying" part of inprocessing. Rules regarding hair length have been changed allowing women to avoid the traditional extreme haircut, so long as they are able to remain within Air Force standards.

Starting July 1, the longstanding tradition of cutting women's hair in layers above the collar when they first arrive will be different.

Appointees arriving on inprocessing day with their hair already meeting Air Force standards will not need to get a haircut. If women arrive without their hair in Air Force standards, they will be taught how to wear their hair, just as they are taught how to wear a uniform.

The new policy states that academy officials will be present on inprocessing day to train basics on these standards.

If a woman is unable to meet the standards, they will receive a single-length, chin-length cut to ensure they are within standards.

"We basically want to be more flexible, and match what the Air Force standards are," said Maj. Timothy Keeperts, 34th Training Group executive officer. It makes sense to teach them the standards of the operational Air Force which they will someday be a part of, rather than have an 'academy-unique' hair standard when it is not necessary."

The decision to change the policy was made when some academy officials said that female cadets did not "look" professional.

The tradition was to cut all 1,300 student appointees' hair in one day with the help of 20 licensed barbers and a cosmetologist, said Connie Graff, the cadet barber shop manager.

"It's very time consuming, and we don't have time to cut the women's hair into a style," Ms. Graff said. "Basically the thicker your hair is, the shorter we would have to cut it."

"I think this will be easier on them, and they will enjoy it a lot more," Ms. Graff said. "This will give them a more professional look."

Be Tricare savvy while traveling

By Airman 1st Class Katie Booher
5th Bomb Wing Public Affairs

MINOT AIR FORCE BASE, N.D. (AFPN) — It is easy for a person to access his or her health benefits at home, but it can get complicated when they going on vacation across America or overseas.

Emergencies, including injuries threatening someone's life, limb or eyesight, are covered by Tricare Prime; but, the beneficiary still has some responsibility for getting in touch with the medical facility at his or her home base, said Terri Bell, 5th Medical Support Squadron beneficiary counseling assistance coordinator.

"If a Tricare Prime beneficiary, whether active-duty, retiree or family member, is confronted with an emergency while traveling, they should seek immediate care at the nearest hospital emergency room," she said.

"However, members should be sure to notify their primary care manager within 24 hours to initiate a record of the care they are receiving.

"Members on the personnel reliability program or flying status must notify the PRP section or flight medicine as soon as possible after receiving treatment."

Urgent care is also covered; however, all Tricare Prime beneficiaries must contact their primary care manager to obtain authorization before seeking care, Ms. Bell said.

"If a beneficiary seeks care from a civilian provider and doesn't receive a prior authorization for the care, they'll be billed under the point-of-service option, and they will pay a higher cost-share and a \$300 deductible," she said.

"Active-duty members will be responsible for the total charges."

Beneficiaries should take their prescription medication and immunization records with them on vacation, but if they are on maintenance medication, they can receive a 90-day supply, Ms. Bell said.

"If people are traveling within their Tricare region and need medication, they only have to pay the copayment by using a network pharmacy," she said.

"If members must fill a prescription while outside of their region, they will have to pay the entire amount and seek reimbursement from Tricare once they return."

Under the new pharmacy contract, Ms. Bell said there will be only one claims processor for pharmacy claims.

When beneficiaries use a network pharmacy, their claims will be processed online; however, they are also responsible for covering their \$3, \$9 or \$22 copayment. When traveling outside the United States, patients pay the bill upfront, but Tricare will reimburse them when they return, Ms. Bell said.

"Because the Code of Federal Regulations doesn't permit direct payment of medical or dental claims to a foreign provider, the patient must pay the bill upfront," she said. "When the patient gets home, (he or she can) file a claim directly with Tricare."

For more information on these and other military health care benefit issues, call the Tricare office at 494-8459.

Air Force restarts job reservation system

WASHINGTON (AFPN) — As part of force-shaping efforts, the Air Force restarted career job reservation system May 1.

The CJR system reduces career field shortages and overages, and balance the career force within each skill, according to officials.

The CJR system allows Air Force officials to limit the number of first-term Airmen re-enlistments in certain skills.

As of May 1, all first-term

Airmen must have an approved CJR before they may re-enlist. Airmen serving in CJR-constrained skills must compete for a CJR quota.

A list of 30 CJR-constrained specialties can be reviewed at local military personnel flights.

Four-year enlistees may apply for CJRs on the first duty day of the month during which they complete 35 months on their current enlistments, but no later than the

last duty day of the month during which they complete 43 months of their enlistments.

For six-year enlistees, they must apply between 59 months and 67 months.

"The CJR system is not new to the Air Force," said Lt. Col. Kim Haney, chief of the skills management branch in the Pentagon.

"During our years of poor retention, CJRs became automatic for all first-term Airmen because we

needed every Airman to re-enlist in his or her specialty.

"Now that our retention has significantly improved, we need to enhance our force-shaping efforts," Col. Haney said.

"So, it is necessary to constrain re-enlistments within certain Air Force specialties."

For more information contact local MPF re-enlistment office officials at 494-4628 or 494-7446.





Photo by Jim Laviska

Training up

Staff Sgt. Tom Sheaver, 45th Civil Engineer Squadron readiness instructor, goes over chemical gear wear during the wing's Ability to Survive and Operate training day, May 12.

Clinic closes

The base clinic will close at noon Friday for an official function. For more information, call Tech. Sgt. Mary Martin at 494-8151.

Safety Day planned

May 21 is Safety Day. All customer service centers will be closed for training.

MPF closes

The Military Personnel Flight in Bldg. 537 will be closed June 4 for an official function. Call Tech. Sgt. Shawn Rivers at 494-6144 for more information.

Hours expanded

Family Services/Airman's Attic is now open on Mondays. New hours are Monday - Friday from 9 a.m. - 3 p.m. It's located in Bldg. 735, across from the library and Family Support Center. Call Sal Noto at 494-5675 for more information.

Calling volunteers

The Red Cross Armed Forces Emergency Services urgently needs volunteers to send emergency messages to deployed troops.

Call the Space Coast Red Cross office at Patrick at 494-2402 for more information.

Give gift of life

The American Red Cross holds a blood drive May 25 from 8 a.m. - 1 p.m. in the Red Cross Blood Mobile at the base clinic. For information on donor eligibility, upcoming Red Cross events and volunteer opportunities, go to www.helpredcross.org or www.red-cross.org. To sign up for the blood drive in advance, call Tech. Sgt. Mary Martin at 494-8151.

For more information, call 2nd Lt. Dave Baumann at 494-5334.

Vacation Bible School set

Registration is being accepted through June 6 for Vacation Bible School held June 14-18 at South Patrick Chapel. The program is open to children in preschool (ages 4 and 5) through 6th grade and is held 9 a.m. - noon. Bus service is provided from Central and North Housing.

Registration forms are available at Seaside Chapel during duty hours or following weekend services and Masses. Space is limited and on a first-come, first-served basis. For more information, call Mary Beth Keith at 494-4128.

Spouses meet

The Retired Officers' Wives Luncheon is May 28 at the Officers' Club. Lunch is served at noon, preceded by social time at 11:30 a.m. Entrée choices include shrimp linguine, chef salad or fresh fruit plate. To make reservations, call Dean Pittman at 777-3044, Helen Suflas at 727-1146 or Gussie Reichel at 255-6976.

Take SAT

The next Scholastic Aptitude Test for military members only is June 22 at 7:30 in the Education Center, Room B-8. Sign up by calling 494-2071. The next SAT is in October. For more information, call Mary Morgan at 494-2938.

OUT & ABOUT

Events

Friday, 6-9 p.m., The Sports Car Club of America will be at the Friday Fest Street Party in downtown Melbourne. Admission and parking is free. For more information, call 724-1741.

Saturday, 10:30 a.m. If Walls Could Talk, What Would They Say? Join Michael Boonstra, certified genealogist, as he teaches researching the history of your house and how to find out more about the place you call home. This informative presentation is free and open to the public. Call the Central Brevard Library at 633-1794, for more information.

Saturday, 9 a.m., Raise money for the Cystic Fibrosis Foundation at their "Great Strides: A walk to cure cystic fibrosis" at Wickham Park in Melbourne. Registration begins at 8 a.m. The walk starts at 9 a.m. for more information call 255-5010.

May 20, 7:00 p.m. An Evening with an Artist Enjoy "An Evening with the Artist" Thursday, May 20, 7:00 - 8:30 p.m., as Central Brevard Library in Cocoa brings noted Highwaymen Artist, Robert L. Lewis to its stage. Mr. Lewis, an original Highwaymen, will paint in his traditional Florida art form while his son, R. L. Lewis, Jr. narrates on history and technique.

May 22, 8 a.m. - 4 p.m., Free vessel safety check offered by the U.S. Coast Guard Auxiliary Flotilla 42. More than 10 vessel inspectors will be available at Ballard Park in Melbourne to perform free safety inspections for all boat owners using the Ballard Park launch ramp that day. Residents of the Palm Bay area will be offered the same inspections at the launch ramp in Pollak Park on Main St., NE the same day and times.

Festivals

May 22, 9:30 a.m. - 5:30 p.m., Asian Pacific Festival in celebration of Asian American Pacific Islander Heritage Month at F. Burton Smith Regional Park. There will be music shows, vendors and ethnic foods from various countries. Entrance fee is \$3 per person, children 5 and under is free. Parking is free. For more information, call Marina Harris at 867-2729.

Shows

Friday - May 30. "Annie Get Your Gun," performed at the Titusville Playhouse, 301 Julia St. Show times are 8 p.m. Fridays and Saturdays and 2 p.m. on Sundays. Tickets are \$15 and \$13. For more information, call 268-3711.

Friday - May 23, The Bel Canto Ensemble will perform their "From Beethoven to Broadway," at the Melbourne Civic Theatre. Show times are 8 p.m. Thursdays through Saturdays and 2 p.m. on Sundays. Tickets are \$18 for adults, \$15 for seniors and \$13 for students age 18 and younger. Call 723-6935, for more information.

June 5-6, 9 a.m. - 5 p.m., Maxwell/Gunter Air Show at Maxwell Air Force Base, Ala., commemorating the 60th anniversary of D-day. The "Wings of Victory 2004" air show will feature U.S. Air Force Thunderbirds aerobatic team and the U.S. Army Golden Knights parachute team. Demonstrations will be held both days. The air show is free to the public. For more information, visit the official air show Web site at www.maxwell.af.mil/airshow.

Guardians of the high frontier



Photo by Airman Jennifer Haas

Members of 45th Space Wing celebrate being announced as winners of the Shriever Trophy.



Photo by Master Sgt. Thomas Deering

Members of the 45th SW and many distinguished civilians made the trip to Vandenberg AFB, Calif., to cheer on the security forces team as during their marksmanship, tactics and obstacle course competition. Team members and visitors spent a large portion of the week interacting with fellow space wings and bases.



The 45th Space Wing Sharks pose for the camera after being named winners of the Shriever Trophy at Guardian Challenge 2004. The trophy returns to the 45th SW for the first time since 2000.



Photo by 1st Lt. Warren Comer

By defeating the 30th Space Wing Hawks, the Sharks claimed the title of best space launch wing in the Air Force.

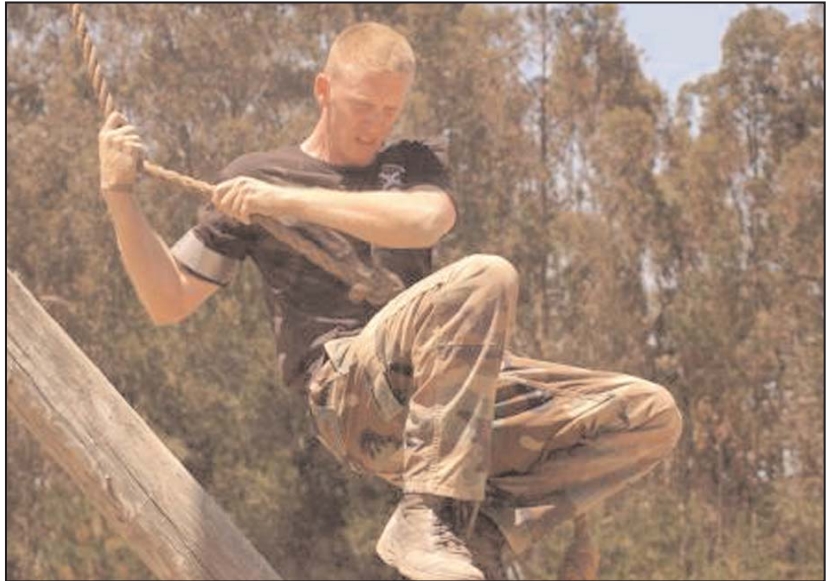


Photo by Master Sgt. Thomas Deering

Above and below, The security forces team faced grueling obstacles and long days during Guardian Challenge. Their final score, along with the scores from space launch operations and space maintenance scores were enough to beat out the 30th SW for this years title.



Photo by Master Sgt. Thomas Deering



Photo by 1st Lt. Warren Comer

Members of the 45th Space Wing await the arrival of the 2004 Guardian Challenge from Vandenberg Air Force Base, Calif. May 8.

Five from AFTAC to ride across Iowa

By Tech. Sgt. Bill Lindner

AFTAC Public Affairs

Five people from the Air Force Technical Applications Center at Patrick Air Force Base were recently among 100 Air Force members chosen to represent the Air Force in the 32nd Register's Annual Great Bicycle Ride Across Iowa. The cyclists will cover 490 miles in seven days beginning July 24 in Onawa, Iowa.

The Air Force Team, called Team Aim-High, is formed each year to support and promote Air Force recruiting.

The Air Force cyclists will wear official USAF RAGBRAI clothing including jerseys, shorts, jackets and gloves, and hand out various items of Air Force paraphernalia.

They will also share information about Air Force opportunities with potential Airmen they meet along the way.

"We are the first group from AFTAC and Patrick Air Force Base ever chosen to be part of the Air Force team," said Robert Effler.

Riding along with Mr. Effler, a retired chief master sergeant, will be Col. Allan Beck, Lt. Col. James Gray and Maj. Matthew Bohn. Mrs. Effler will also participate in a crew support position.

The group has been training together for several months in preparation for the RAGBRAI. In April, they completed the AFTAC Ironman fitness effort, pedaling over 300 miles in 20 days.

"We're riding 15-20 miles each day," said Col. Beck. "On weekends, we are putting in 30 to 40 miles and plan to do some longer rides, such as the 100-mile Red Cross Ride For the Road that we ran on April 24."



Photo by Tech. Sgt. Bill Lindner

Mr. Robert Effler, Col. Allan Beck and Maj. Mathew Bohn go on a training ride at Patrick Air Force Base. The riders say the extra rides will help them prepare for the grueling 490-mile ride.

The training is necessary because the RAGBRAI route will average 70 miles each day and it can be very hot in Iowa during the summer.

For example, heat indexes reached 123 degrees during the ride two years ago. Also, while many might think of Iowa as a relatively flat state, it is actually very hilly in some areas.

"We have also been told to expect high humidity and plenty of mosquitoes," said Maj. Bohn. In 1998 an estimated 23,000 riders com-

pleted one of the legs and the ride has become so popular that RAGBRAI officials now limit the number of weeklong riders to 8,500 in order to maintain control and reduce injuries.

The Air Force has sent a team to RAGBRAI every year since 1995 and several key leaders have participated, including former Secretary of the Air Force Sheila Widnall, who was made an honorary Team Aim-High member and completed the weeklong trek across Iowa in 1997.

SPORTS BRIEFS

Learn about diabetes

Sign up for diabetes class at the Health and Wellness Center Wednesday. Guest speakers will cover: medications 11 a.m. - noon; glucose patterns, noon - 1 p.m.; stress, 1-2 p.m. and eye care, 2-3 p.m.

HAWC talks high blood pressure

Learn about prevention, diagnosis and treatment of high blood pressure on May 25 from noon - 2 p.m. at the Health and Wellness Center. Sample Dash Diets culinary delights prepared by the HAWC staff. Call 494-2660 for more details.

Patrick challenges Cape in soccer

The North vs. South soccer challenge between Patrick Air Force Base and Cape Canaveral Air Force Station is Saturday at 10 a.m. at the Pelican Coast (formerly South Housing) Sports Complex. For more information, call 853-3966.

Fight for beach supremacy

The 16th Annual Military Beach Sports Championships at will be held at the Cocoa Beach Pier May 28-31. The event will involve all branches of military service along with local agencies.



Photo by Patricia Duve

Motivating youth

The Patrick Fitness Center held a Kids' Triathlon Saturday at Patrick Air Force Base. More than 50 children participated in the swimming, biking and running competition. Children ages 6-18 competed in their respective age groups. The triathlon is one of many activities the 45th Services Squadron is offering to celebrate May Fitness Month.

Intramural Softball standings

American League			National League		
Team	W	L	Team	W	L
Med Group	7	1	COPS	9	1
Cape Team	5	3	AFTAC	6	2
AFTAC	4	4	CES	5	3
CSR/CUBE	3	5	Cape Team	3	5
CES	3	5	SCS	2	6
MSS	1	7	920th	1	7

The Calendar

Friday

▲ Information, Tickets and Travel Fair, 10 a.m.– 3 p.m., at the Patrick Fitness Center. More than 30 vendors from local attractions will be offering information and giveaways. For more information, call 494-5158.

▲ Armed Forces 5-K run, 6:30 a.m., at the Patrick Fitness Center; 9 a.m. at the Cape Canaveral Fitness Center. At Patrick, call 494-5899 or the Cape at 853-3966.

▲ Kid's Night Out and home alone training, 6-11 p.m. at the Patrick Youth Center. Kid's Night Out is open to children in kindergarten-sixth grade. Cost is \$10 per child. Home alone training will run from 6-8 p.m. and is open to children ages 10-12. Call 494-4747.

Saturday

▲ 2004 Spring Car Show at the Auto Skills Center. Awards presented to the top three vehicles. Call 494-4270.

▲ Patrick vs. Cape Canaveral, "North vs. South" soccer challenge, 10 a.m., at the sports complex in Pelican Coast (formerly South Housing). Call 853-3966.

▲ Free kids run at the South Housing Athletic Complex Soccer Fields. Open to children ages 5-13 of active-duty, retired military, DoD personnel, Non-Appropriated Fund employees and DoD contractors. Each participant receives a free t-shirt. Register online at www.americakidsrun.org or in person at the Youth Center.

Monday

▲ Cape Canaveral Wallyball Ladder Challenge, May 17-21 at the Cape Fitness Center. Call 853-3966.

▲ Two-week scuba classes begin at Outdoor Recreation. Cost is \$235 and includes all necessary equipment, as well as required dives. Call 494-2042.

Tuesday

▲ Thirty-minute swim, 11 a.m. — 1 p.m. and 2-6 p.m. at the Patrick Fitness Center.

▲ Duathlon, 10 a.m., at Patrick and Cape Canaveral Fitness Centers. Event consists of a 1.5-mile run, five-mile bike ride, and 1.5-mile run.

▲ Framing class, 6-8 p.m., May 18-19 at the Engraving and Framing office. Participants must sign up a minimum of 10 days before start of class. Call 494-2700.

Thursday

▲ Hawaiian Luau, 5:30-9:30 p.m. at the Officers' Club. Meal features roast pork with ginger, mahi-mahi, Polynesian lauya shrimp, sushi rice and roasted pig. Andy Tahani and the Polynesian Review will provide entertainment. Following dinner there will be a hot fire and knife show in the Space/Missile Room. Cost is \$18.95 per person. Members who show their club card receive \$2 off.

▲ Cardio and strength circuit class, 11:30 a.m., at the Patrick Fitness Center basketball gym.

Participation brings rewards

By Marla Holbert
45th Service Squadron

It's that time again - when the Services Squadron gears up for its big summer promotion, Around the World in Ninety Days.

ATWIND is an interactive game played via the telephone or on the Internet. It rewards players for participating in various Air Force related programs, services and activities by giving them game pieces, which are used to earn mileage points. As contestants travel from one landmark to another, they earn miles that make them eligible for prizes and giveaways. The more a contestant plays, the better chances they have of winning.

Chuck Nolan, director of marketing and publicity for the 45th Services Squadron, said the basic premise of ATWIND has changed a bit this year, however, the goal is still the same.

"The intent of ATWIND is to increase awareness and participation in base activities," Mr. Nolan said. "It offers some great incentives, while promoting quality services, programs and activities for our base."

In addition to individual advantages, bases throughout Air Force Space Command benefit, as well. At the promotion's end, cash incentives are handed out to the top three bases that promote the program best and show the most participation.

Last year Patrick placed fourth out of all AFSPC bases, winning \$5,000 in quality of life funds. This year, Mr. Nolan said, the squadron's goal is to secure the top spot worth \$25,000.

Ronald Turmelle, AFSPC deputy director of Services,



Play ATWIND & Get Into It!

WWW-ATWIND.COM

PATRICK AFB SERVICES
Combat Support & Community Service

This year ATWIND
(Around the World in Ninety Days)
promises to be bigger and better than ever!
WATCH for ATWIND
at SERVICES facilities,
coming JUNE 1!

said the contest is offering more prizes than ever before.

"Well over 4,000 prizes will be awarded throughout AFSPC during the 90 days of this combined promotion with Air Mobility Command," he said. "ATWIND participants will receive more than 11,000 prizes and, back by popular demand, we will also be awarding a new car."

This is the fourth year AFSPC bases will participate in the program. The promotion begins June 1 and runs

through Aug. 31. It is open to all active-duty members and their family members, Department of Defense civilians, retirees and their family members, and former or surviving military spouses and their family members. Other restrictions may apply.

Players can register by calling the ATWIND toll-free number, 1-888-597-9960 or by logging onto www.atwind.com on June 1. For more information, contact Mr. Nolan at 494-8063.

Bowlers rewarded during 'Stars and Strikes' program

By Marla Holbert
45th Services Squadron

With the summer season comes pool parties, barbecues, the Fourth of July and the new "Stars and Strikes" incentive program at Rocket Lanes Bowling Center.

The "Stars and Strikes" promotion encourages participants to complete different colored punch cards by purchasing games of bowling or large Coca-Cola products. Each time a card is completed, players become eligible for promotional prizes, as well as a free medium Coca-Cola product and two free games of bowling.

Upon completing the first "red" card, patrons receive a bowling center key chain. Customers who complete the second, "white" card receive a bowling ball bank. And participants who complete the final "blue" card receive a Stars and Strikes T-shirt. Each card requires 15 punches.

"It's a great program," said Barbara Holt, manager of Rocket Lanes. "It's going to bring a lot more people in that don't normally visit the bowling center because of the fantastic giveaways we have."

In addition to giveaways, Ms. Holt said

that the Air Force Service Agency is providing three larger monthly prizes for customers who complete a card each month. Bowlers who complete all three cards by promotion's end will be placed in a drawing for \$500 or a Brunswick "Pride of our Nation" Viz-A-Ball.

"I really believe this will increase business more than in previous years," Ms. Holt continued. "We are extending our services by three hours Tuesday through Thursday and one additional hour on Fridays, just to accommodate the influx of people."

"We've already had a lot of people asking for tickets," said Mike Loftis, a recreational aide at the bowling center. "It looks like it's going to be a great promotion." The program also offers 10 percent discounts on any Maxim, Magnum or Yankee Doodle bowling ball at the facility's pro shop, Ms. Holt said.

Stars and Strikes runs June 1 - Aug. 31, 2004. No purchase is necessary to win monthly and grand prizes. For more information visit the bowling center or call 494-2958. *(No federal endorsement intended.)*

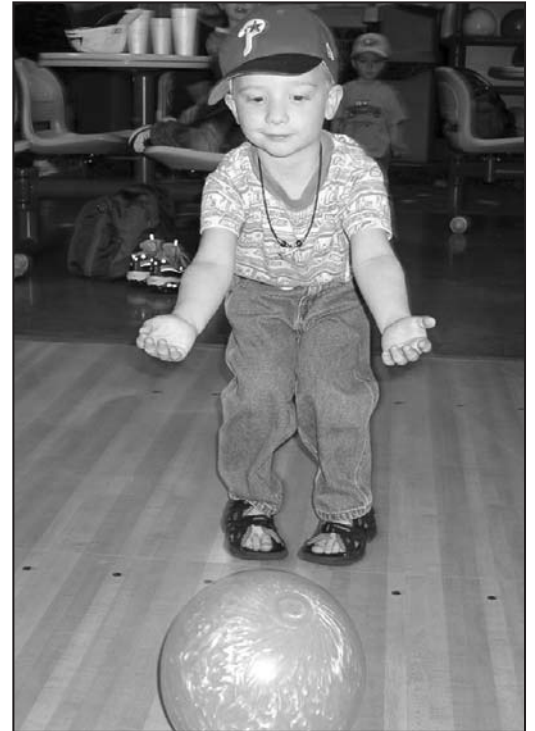


Photo by Chuck Nolan

Rocket Lanes Bowling Center's "Stars and Strikes" promotion, which runs from June 1 - Aug. 31, is a program that offers special rewards to patrons who buy a game of bowling or large Coca-Cola products.



Friday *Jersey Girl* Ollie is a powerful entertainment executive whose wife dies in childbirth. Ollie, tasked with raising a child by himself, gives up his fast-paced Manhattan lifestyle and moves back in with his father in New Jersey, where he finds a new romantic interest and learns some lessons about what's important in life. Stars Ben Affleck and Liv Tyler. Rated PG-13 for language and sexual content, including frank dialogue. 103 min.

Saturday *The Ladykillers* Goldthwait organizes a gang of double-crossing thieves to rob a riverboat casino. They set up shop by renting a room in the house of unsuspecting, church-going little old lady named Mrs. Munson. When she figures out what they're up to, the robbers decide she must be eliminated. The bigger problem is that they have seriously underestimated their upstairs host. Stars Tom Hanks and Marlon Wayans. Rated R for language and sexual references. 112 min.

Sunday *The Prince and Me* Paige is on the fast track toward her lifelong goal of becoming a doctor. Edward, the Crown Prince of Denmark, trying to escape from his royal life, poses as a college student. Now, Edward is in line to become king. Paige has to choose between two dreams - becoming a princess or a doctor. Stars Julia Stiles and Luke Mably. Rated PG for some sex-related material and language. 111 min.

Thursday *The Ladykillers* See Saturday's synopsis.

Movie times are 7:30 p.m. unless otherwise noted. Tickets are \$2.50 for adults, children under 12 pay \$1.50.



Catholic

Daily Mass (Tues. - Fri.) at 11:30 a.m. in the Library while Seaside Chapel is being renovated.

Saturday: 4 p.m. confession, 5 p.m. Mass in the South Patrick Chapel.

Sunday: 8:45 a.m. Mass in South Patrick Chapel, and 11:30 a.m. Mass in the Theater.

Religious education classes: 10:15 a.m. at the Education Center for pre-K - 6th grade, grades 7-12 Youth Ministry at 6 p.m. at South Patrick Chapel.

Protestant

Sunday: 8:30 a.m. - Traditional Worship in the Theater while Seaside Chapel is being renovated.

9:50 a.m. - Adult Sunday School in Seaside Chapel.
10 a.m. - Grades K-12 at South Patrick Chapel. Van transportation provided for base children.

11 a.m. - Contemporary Service in the South Patrick Chapel.

Wednesday: 5:30 p.m. Fellowship Dinner in South Patrick Chapel.

News News News
Got a story for the Missileer?

E-mail the Missileer staff at missileer@patrick.af.mil
or call 494-5922

News News News News News

ACTION LINE 494-6550



**Brig. Gen.
Greg Pavlovich
45th SW
commander**

The Action Line is your direct link to me and provides a valuable source of information on ways we can work together to make Patrick Air Force Base and Cape Canaveral Air Force Station better places to work and live.

The best way to get something fixed is to identify the problem to supervisors and first sergeants.

If you can't get your problem resolved through the agencies, contact the Action Line: e-mail, Commander'sline@patrick.af.mil or click global at Commander's Line - Patrick AFB; recorded message, 494-6550; mail, 45SW/PA 1201 Edward H. White II St, Ste C-130, Patrick AFB FL 32925-3237; fax, 494-7302. Address all correspondence "Attn: Action Line."

When directing an issue to the Action Line, callers must indicate to whom they've previously addressed the issue.

45th Mission Support Group

Col. Steve Werner
494-6607

45th Civil Engineer

Jack Gibson
494-4041

North and Central Housing

Caroline Jamba
494-2593

Pelican Coast

Pam Brown
777-8282

45th Services Squadron

Lt. Col. John Sproul
494-8081

Military Personnel

Maj. Dianne Dzialo
494-2035

Commissary officer

Ronald Rogers
494-4060

AAFES

Maurice Joiner
494-6455

Civilian Personnel

Robert Daniel
494-5238

Military Equal Opportunity

Capt. Marlon Johnson
494-6334

45th Security Forces

Squadron

Lt. Col. Lynden Skinner
494-6202

Financial Services

1st Lt. Reina Chaperon
494-7171

45th Medical Group

Col. Gilbert Hansen
494-8100

Ground Safety

Chris Olesnevich
494-4023

Inspector General

Lt. Col. Frank Miles
494-4373

RIVERSIDE DINING

Saturday Brunch - Cajun meat loaf, **crispy baked chicken**, rib-eye steak

Saturday Supper - **Fish amandine**, pork chops with mushroom gravy, stir fry chicken with broccoli

Sunday Brunch - Chicken parmesan, sauerbraten, tuna and noodles

Sunday Supper - Fried shrimp, **ginger barbecue chicken, spinach lasagna**

Monday Lunch - **Baked chicken**, simmered knockwurst, Swiss steak with tomato sauce

Monday Dinner - Roast turkey, baked ham, fish and fries

Tuesday Lunch - Grilled Salisbury steak, onion-lemon baked fish, yakisoba

Tuesday Dinner - Barbecue beef cubes, **paprika beef**, pork chop suey

Wednesday Lunch - Chalupa, burritos, Mexican chicken breast, chicken enchiladas

Wednesday Dinner - Country style steak, fried chicken, **pita pizzas**

Thursday Lunch - Liver with onions, orange-spiced pork chops, tempura fried fish

Thursday Dinner - Pepper steak, **Mr. Z's finger lickin' chicken**, ginger pot roast

Friday Lunch - Beef and corn pie, pea and pepper rice, **seafood Newburg**, veal paprika steak

Friday Dinner - Yankee pot roast, **simmered corn beef**, pineapple chicken

Menus are subject to change. For more information, call dial-a-menu at 494-2845. Bolded items are healthy choice meals.

