



MISSILEER



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Patrick Air Force Base/Cape Canaveral Air Force Station, Fla.

April 16, 2004



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Chief advises new Airmen



Photo by Airman 1st Class Shaun Emery

Former Chief Master Sgt. of the Air Force Sam Parish meets Airman 1st Class Janine Phillips at the First Term Airman's Center April 9. During his visit, the Chief spoke with young Airmen about their careers and decisions they will likely face.

**By Airman 1st Class
Shaun Emery**
45th SW Public Affairs

On the morning of April 9, in front of the new First Term Airman's Center, former Chief Master Sgt. of the Air Force Sam Parish greeted Patrick Air Force Base's newest Airmen with a handshake and a smile. Later, his words would be directed to a group of Airmen who were about to make one of the biggest decisions of their careers.

The newest Airmen listened intently as Chief Parish discussed the new battle dress uniform. He spoke of the history and heritage of the Air Force and of the importance of career progression.

"Don't aspire to become a chief right now," he said. "That goal is too far away. You're going to concentrate on one thing and miss the world around you."

What Chief Parish did want the Airmen to think about were more timely choices.

"When you're setting goals you need to be realistic," he said. "Your next goal should be to get your five level, finish your career development course or become a senior airman."

"If you take care of training and do what your unit asks of you to, the best of your ability, you'll be successful."

He told the Airmen to go into work

“It's knowing what you want to do in life that's the key.”

Sam Parish

FORMER CHIEF MASTER SERGEANT OF THE AIR FORCE

every day with a positive attitude, follow guidance and get promoted on time.

Later that day, Chief Parish arrived at the Right Decision class where a number of senior airmen and staff sergeants were deciding where they want to go with their careers. For all of them, it's a choice of staying or leaving.

During his talk with the Airmen, Chief Parrish made it apparent that the decision was all theirs.

"I've never tried to get anyone to re-enlist," he said. "It's a personal decision."

Like anything in life, there will be good times, bad times and ugly times in the Air Force, he said. "But don't think you won't face the same problems outside the force."

"It's knowing what you want to do in life that's the key," explained Chief Parish.

Some of the Airmen talked about poor supervision and recognition. Chief Parish agreed that not everyone is perfect, and that it was up to them to break the chain.

"The new Airmen coming in right now are our best ever," he said. "They are going to need your supervision and leadership."

As the group pondered, Chief Parish left them with these words.

"If you like what you're doing and the people you're doing it with, then you're not going to get out. But if you do, make sure it's for the right reasons."



Straight from the Commander's Desk

By **Brig. Gen. Greg Pavlovich**
45th SW commander

I hope everyone had a nice Easter. I know about 1,000 kids who did, thanks to last Saturday's super family-friendly Easter Egg Hunt and Kids' Fest. There were over 6,000 eggs and these youngsters found them all in 51 seconds. Wow!

The folks in our Services Squadron, especially Pamela Jordan, Teresa Andrews, Lynne Phillips, Tina Washington, Tammy Case, Sue Pollock and Amy Felt of the Family Member Programs Flight, did a bang-up job organizing and working these events. Kudos also to our civil engineers for preparing the areas, our firefighters for showing kids how to use the high-powered hose and our security forces—who synchronized with their colleagues from the city of Satellite Beach to provide security and traffic control. Well done to all!

The next major holiday on the calendar is Memorial Day at the end of May. We are hoping renovations to the NCO Club Swimming Pool are done in time so you can use it over that big weekend. And while it is not considered a major holiday period, next week is Volunteer Appreciation Week. In my book, it is the next best thing to celebrating one of our traditional holidays.

The theme for this year's week is: Volunteers Inspire by Example. The fact that the vast majority of our volunteers at Patrick and the Cape are retired military members or family members of retired military people makes that especially true here. Their experience, wisdom and dedication make them the perfect role models in a military community.

One of the great things about being the commander here is having a platform to publicly showcase the "R" in START by recognizing special people who make this a special place ... including our volunteers. It is especially gratifying for me to recognize them because they do what they do for rewards far greater than a paycheck. We have about 300 volunteers here. Last year, they gave over 30,000 volunteer

hours in service to us and our families. Imagine how much it would cost to pay for all that labor. Our volunteers are force multipliers who enable us to provide taxpayers more bang for their buck.

With our tight budget, volunteers fulfill critical needs and fill gaps that lighten the load on our paid workforce. They do a lot for the 45th Space Wing and our mission partners. They make our jobs easier and our base stronger. I am not sure who benefits more from their dedicated service: them or us.

Not only do they provide outstanding service, many of them have been volunteers for quite some time. It is simply amazing that so many of our volunteers have been active for decades. For example, Janie Bridges has served for 52 years and has over 6,400 hours; Gladys Seeds has 33 years and 6,100 hours under her belt; and Vivian Amic has done her thing for 30 years, totaling a whopping 14,000 hours. Those ladies volunteer with the American Red Cross. Retired Army Master Sgt. Ralph Tunstill volunteers as the first aid kit manager at our medical logistics warehouse. Since 1995, he has 8,000 hours of service — the most of any Project Emeritus volunteer.

What our volunteers bring to the table cannot ever be taken for granted. To them I say: We could not launch rockets, process satellites, oversee the Eastern Range or deploy troops for America's War on Terror without your selfless and enduring support. We could not do what we do if you did not do what you do!

I see you around our base helping enhance the quality of our lives and ability to achieve our mission. Your volunteerism is the very heart and soul of what makes this the best assignment in our Air Force. It is the enormously powerful force that transforms this base into a community ... into a family. Through your volunteer service you convey a simple, yet profound message to those of us still wearing the uniform or working for America in a civilian capacity. That message is: "You matter to me."

And I want you to know that you matter to us! That's why we are honoring you with a week of activities, freebies and discounts. So, please wear your volunteer badges with pride and take part in the many scheduled activities, culminating in the appreciation breakfast at the NCO Club Wednesday morning. Check Page 4 or call 494-5675 for details.

I'd also like to pass my appreciation to a few more folks who help make us all look good. I



Photo by Jim Laviska

Rose Higgins and Bob Carroll, Red Cross volunteers, inventory stock at the Patrick Pharmacy. The 45th Space Wing honors volunteers during Volunteer Appreciation Week, April 18-24.

presented Sandy Smith, our protocol chief, with a coin and letter from the Chief of Staff of the Air Force for her outstanding performance last September at the Global Air Chiefs Conference. Sandy was requested by-name to work the conference by Gen. Jumper's office and did a terrific job. Master Sgt. Ian Morley, 45th Services Squadron, is AFSPC's Honor Guard Manager of the Year. This is the second year in the row he has won that prestigious title. Kendra Melton, daughter of Lt. Col. (Dr.) Roberta Melton, deputy commander of our dental flight, is the AFSPC Youth of the Year. Way to go! Finally, good luck to Mike Mendonca of our 5-star fitness center. He runs in the Boston Marathon Monday. That's WarFit!

Speaking of 5-star facilities, the AFSPC Facilities Excellence Recognition Program Evaluation Team is here next week to check out our facilities. Welcome to the team! We are ready to showcase our excellence.

While we must go on with our lives and celebrate holidays, achievements, awards and host-big events, we cannot forget our recently bereaved military families and comrades in harm's way in Iraq, Afghanistan and other far-away places. Please keep them and their families in your thoughts and prayers. God bless!



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920th RQW heroes win Jolly Award

Pararescuemen infiltrate enemy territory to rescue downed Soldiers

By Capt. Wade Arnold
920th Rescue Wing

Members of the 920th Rescue Wing were honored this week with The Jolly Green Rescue Mission of the Year Award. The award recognizes the most outstanding rescue mission of 2003, presented by the Jolly Green Association made up of prior pararescue members.

The 920th RQW is a Reserve unit that was activated during Operation Iraqi Freedom. On April 7, 2003, the crews were called into action because critically wounded Special Forces troops were ambushed four miles south of the center of Baghdad.

The rescue crews launched two HH-60G Pavehawk helicopters, highly modified versions of the Army's Blackhawk helicopter. The crews were on their way to a dangerous combat area, where street to street fighting was taking place. To get there, they had to fly through a treacherous, blinding sand storm.

"Troops were suffering from possibly fatal wounds and needed to be extracted from the danger," said Maj. Steven White, one of the pilots on the mission. "Someone had to get them, I'm sure they would have done the same for us."

After arriving on scene, pararescuemen performed life-saving measures on the troops and moved them onto the helicopters.

Once the troops were safe, the helicopters needed refueling to make it back safely. They called on a waiting HC-130 aircraft, also with 920th RQW crewmembers.

"It was a pitch black night, sand storm blowing, and we were still able to get fuel so we could get back to safety ourselves," said Maj. White. "I'm proud to fly with such brave crews - we saved lives and came back home ourselves because we wouldn't let each other down. This



Photo by Staff Sgt. Shane Cuomo

Two members of the 920th Rescue Wing, right, return home a day after rescuing a downed pilot

is really what it is all about."

The crews will attend a banquet on May 1 that officially honor the job they did.

"The tremendous efforts of the crews saved the lives of two soldiers, and proved once again that true heroes serve right here with us," said Col. Timothy Tarchick, 920th Rescue Wing commander.

"These citizen airmen - all part of our Reserve unit, truly define for our community what ser-

vice is all about."

According to an Air Force Directorate of Operations and Training announcement, the selection process for the award was particularly difficult this year, with several missions submitted that epitomize the rescue motto, "These things we do that others may live."

The 920th Rescue Wing's primary mission is combat search and rescue, and the unit also provides humanitarian search and rescue support for civilians who are lost or in distress.



Commander Q&A: Lt. Col. James Ross Det. 1 Mission Support Group

Q. What is the role of the Det. 1 commander?

A. As the commander of Detachment 1 of the 45th Mission Support Group, I am responsible for providing a safe, secure and environmentally responsible workplace for launch operations at Cape Canaveral Air Force Station and the Eastern Range, overseeing 16,000 acres of environmentally sensitive land, 1500 facilities and 4.6 million square feet of office space valued at over \$3 billion.

Q. What are the biggest challenges you face?

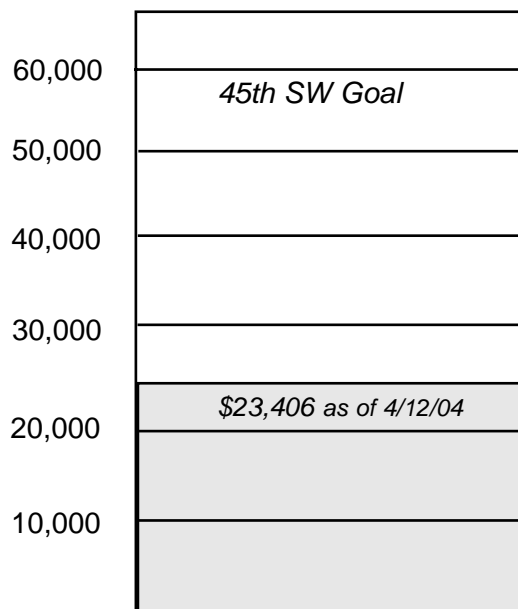
A. My biggest challenge is leading a diverse group of military, civil service and contractors in what I call the "Cape Mission Support Team." We have more than 70 people

from the 45th Civil Engineering Squadron, 45th Contracting Squadron, 45th Security Forces Squadron and 45th Services Squadron who work here at the Cape, but report administratively back to their respective squadrons at Patrick Air Force Base.

Q. What is the importance of getting rockets into space?

A. Getting DoD rockets, or more importantly their payloads, into space provides the United States combat capability. The spacecraft we launch runs the gamut of warfighter tool provision; navigation, communication, and intelligence, surveillance and reconnaissance satellites enable our forces to win battles, while minimizing attrition.

AF Assistance Fund



MILESTONES

Featured Airman

Tech. Sgt. Daniel Oien, 45th Weather Squadron, who is deployed to 407th EOSS, was featured as the warrior of the week in his deployed base newspaper. He was lauded as the "best Unit Redeployment Manager on base" and was responsible for the redeployment of more than 50 troops." When asked what his most memorable Air Force experience was, he said "Being the lead meteorologist on two space shuttle ferry flights at the 45th Space Wing."

Awards

Tech. Sgt. Edward Pineda, Air Force Technical Applications Center, received the John Levitow Award at the Tyndall Air Force Base NCO Academy, graduating first in his class of 119 noncommissioned officers.

Civilian service

30 years

Mark Brindle, 920th MXG
Charles Clinchard, 45th CES
Ricardo Suarez, 45th RMS

20 years

Jacqueline Moran, 45th RMS
Angelo Truglio, 920th MXS

10 years

Adam Carden, 45th CES
Sherald Jordan, 45th SW
Dean Peterson, 920th MXS
Steven Skipper, 39th RQS
Nancy Torsani, 45th ADOS
Joel Wilder, 45th SCS

Senior NCO voted "best" in weather



Photo by Maj. Todd McNamara

Master Sgt. James Moffitt, right, 45th Weather Squadron's chief of weather station operations, discusses incoming weather with Staff Sgt. Matt Mitchell, 45th WS range weather forecaster.

By Airman 1st Class Shaun Emery

45th SW Public Affairs

A member of the 45th Weather Squadron received an Air Force-level award for exceptional job performance in 2003.

Sgt. James Moffitt, 45th Weather Squadron, chief of weather station operations, received the Best Award in the enlisted category for outstanding staff support.

Sgt. Moffitt said he owes his leadership skills to his mentors and supervisors. Leading by example, Sgt. Moffitt guided a flight of five officers, 14 enlisted personnel and seven civilians, providing weather services for the entire Eastern Range.

"I believe if you stay upbeat and have high

energy and a love for your job, the people you lead will want to work for you," he said.

As a weather forecaster, he issued 2,833 forecasts, 1,188 briefings and more than 2,000 weather alert bulletins with a 92.8 percent error-free rate and directed forecast support for 21 launches, seven of those during peak thunderstorm season.

After the Shuttle Columbia tragedy, Sgt. Moffitt coordinated a nationwide weather archive effort between DoD and civilian agencies, saving weather data for the accident investigation. This was critical to determining the cause of the disaster. That busy schedule would test anyone, but Sgt. Moffitt claims it didn't really seem like work to him.

"I'm extremely fortunate to work with some of the best people in the Air Force," he said. "They make my job enjoyable and keep me happy."

Sgt. Moffitt took on many roles in his squadron, performing the duties of squadron superintendent and deployment manager.

He pushed through wing personnel actions, reports and awards and decorations, processed 10 AEF deployers, meeting 100 percent of the squadron's expeditionary mission and was a key player in many wing events.

"There are times when I have to make sacrifices to get the job done, sometimes that means some long hours," said Sgt. Moffitt. "But I couldn't have done it without my wife who understands that the Air Force is a way of life."

Volunteer Appreciation Week activities

April 20

Health and Wellness Center
8-11 a.m.: Blood pressure screening, Tri-care briefing
12-1 p.m.: Cooking for 2 (free food)
All Day: Pick up free literature for diabetes, cholesterol, hypertension and tobacco reduction.

April 21

7:30-9 a.m. : Volunteer Appreciation Breakfast at the NCO Club. Free for all volunteers (see unit for details. Volunteer Excellence Award winners will be announced. Door prizes given. Two \$25 commissary gift certificates will be awarded.

All week specials

Bowling Center: Volunteers bowl for \$1 per game during non-league times.
Marina: Volunteers signing up for Marina mem-

bership won't be charged \$10 initiation fee.

Officers' Club: Volunteers receive 25 percent off pro shop purchase.

Skills Development: Volunteers receive free do-it-yourself framing.

ITT: Volunteers receive \$25 off per cabin on a seven-day cruise.

Outdoor Recreation: Free boater's safety course, 50 percent off of a half-day or full-day boat rental (must have boater's safety card), one free day bike rental.

Other specials

Coupons must be picked up at the Family Support Center, Bldg. 722. They are distributed on a first-come, first-served basis.

Call the Family Support Center at 494-5675 for more information.

Target: Winning at 2004 Guardian Challenge

By Airman 1st Class Shaun Emery
45 SW Public Affairs

Faced with the challenge to help bring the Schriever Cup back to the 45th Space Wing at the 2004 Guardian Challenge, members of the 45th Security Forces Squadron have begun a rigorous training program to sharpen their skills.

Tech. Sgt. Patrick Yocum, 45th SFS, leads the five-member team. As team trainer it is his job to prepare the team for competition.

"This competition is 75 percent mental and 25 percent physical," he said.

At Guardian Challenge, the team will compete in three areas, combat marksmanship, tactics and an obstacle course.

The combat marksmanship competition includes firing the M-16, M-203 and 9 mm handgun.

During a recent firing practice, Sgt. Yocum demonstrated how intense the training could be. The team loaded its weapons and began firing at the targets, when weapons were empty, Sgt. Yocum told his team it was not through. Between each set of firings, the team was challenged with exercises, including push-ups, leg raises and running in place. Sgt. He said he was preparing the team to fire under stress.

According to Sgt. Yocum, the tactics portion of the competition is a little harder to train for.

"When we do the firing and obstacle course, we know what we're facing," he said, "They don't let us know beforehand what the tactics scenario will be."

Scenarios might include urban warfare, a reconnaissance mission or a rescue mission, all of which Sgt. Yocum assures the team will be ready for.

The final event, a two-mile obstacle course challenges competitors to tackle 21 obstacles.

"It's a grueling course," said Sgt. Yocum.

"Fortunately for us we have an obstacle course at the Cape that has the same 21 obstacles," he said. While its not quite as long, the obstacle course will give the team a good idea of what they're facing at Vandenberg AFB, Calif.

"We're going to train hard," he said. "We only have 30 days, so I have to make sure not to pound them into the ground."

Members of the team are looking forward to the training process, and the chance to compete in this year's challenge.

"The training we're going through is to make us successful," said Senior Airman Brad Terry. "Sgt. Yocum has been there, done that and won."

"This is a time for these guys to shine," said Sgt. Yocum. "At Guardian Challenge, we are able to hone our skills and show people what we do on a daily basis."



Photo by Airman 1st Class Shaun Emery

Senior Airman Justin Sonnier, 45th SFS, lines up the sights on his M-16 equipped with an M-203 grenade launcher. Combat marksmanship is one of three areas the Security Forces team will compete in at Guardian Challenge.

April is Alcohol Awareness Month

Education key to prevention, recovery

By 2nd Lt. Elizabeth Kreft

45th SW Public Affairs

Substance abuse is often much deeper of a problem than people think. It is more than physical cruelty or mental battery. It is more than irresponsible neglect. And it is certainly more than a phase people grow out of.

Alcohol abuse in particular, is a sickness that is far too easy to pigeon-hole. Many people think that alcohol abuse is merely what happens when someone drinks too much or becomes belligerent when they consume alcohol. This however, may just be a scratch on the surface of a much larger problem.

"It is certainly alcohol abuse if someone becomes increasingly aggressive and uncooperative when they drink alcohol," said Tech. Sgt. Timothy Smith, 45th Medical Group NCOIC of the Alcohol Drug and Prevention and Treatment program. "But it is also important that people realize abuse shows itself in many ways."

There are many signals that can be abuse indicators.

"If the money you spend in a given month on alcohol is more than you spend on groceries, you have a problem," said Sgt. Smith. "Binge drinking, distinct changes in attitude and withdrawal from natural habits are telltale signs of a serious problem."

To add to the confusion and magnitude of the issue, many alcohol-related problems have a root cause, something that drives the person to drink instead of dealing with the real issue.

"Alcohol abuse is often the indicator of a much deeper problem," said Maj. Kimberly Finney, Life Skills flight commander. "Our statistics show that 80 percent of people who seek help for a drinking problem have foundational problems from post traumatic stress disorder, and 85 to 95 percent have depression or anxiety concerns."

Because the alcohol signs might just be an indicator of a deeper prob-

lem, it is important to be educated on other signals to look for when trying to seek help for a loved one or co-worker, said Maj. Finney. "One of the most important things we can do is show members of our Air Force family how to help themselves with a little education on the matter."

While the Air Force provides several avenues of assistance for those in need of alcohol abuse therapy or counseling, the biggest problem is getting people to come in for help.

"What we see all too often is a fear of repercussions leaking into the workplace or their home just from seeking help," said Sgt. Smith. "We want people to know that you will not be judged for trying to help or fix yourself."

Life Skills classes focus on getting help to the person or persons in need first, then getting the rest of their life back on track. They also focus on getting prevention information out to families of all military members.

"Parents must understand that children need instruction on, not just introduction to, alcoholic beverages," said Sgt. Smith.

Studies from UCLA, Michigan and Harvard show that the first introduction to alcohol typically takes place between the ages of 8-10 years.

"This might seem shocking to some, but it clearly shows how children pick up on habits and without proper guidance, can develop serious problems over time," said Maj. Finney.

Airmen in the 45th Space Wing are joining forces to combat alcohol abuse and driving under the influence with a program called Airmen Against Drunk Driving. Airmen who are unfit to drive can call 494-RIDE and a dispatcher will send a driver out to pick him or her up. The program has received 10 calls for a ride home, some of them including passengers. Airmen between the ranks of E-1 and E-5 are encouraged to volunteer as either a driver or a dispatcher. Call 494-8991 to volunteer.

To get information about prevention or treatment of alcohol-related problems contact the Life Skills Center at 494-8234.

Fun at beach

The CGOA Beach Bash is Saturday, 11 a.m. at the North Beach Pavilion. Enjoy food, drinks and games for the entire family. Reservations aren't required. Call 2nd Lt. Vivian Tokar for more information at 853-0919.

Calls set

The next Civilian Calls are Thursday, 11 a.m. at the Cape and April 21, 11 a.m. at Patrick's Base Theater. Officers' Call is April 16 at 3:30 p.m. at the Officers' Club.

Give gift of life

The American Red Cross holds a blood drive April 20 from 7 a.m. - noon at the Patrick Health and Wellness Center. No appointment is necessary. To sign up in advance or for more information, call 494-2660.

For information on donor eligibility requirements, promotions and upcoming events in the local area, log onto <http://helpredcross.org>. For national information, go to <https://www.redcross.org>.

Spouses' Day gears up

Spouses' Day is May 14 with a host of activities for spouses at the Family Support Center. The event kicks off early with "Why I Appreciate My Spouse Letter-writing Contest" April 19 - May 7. Letters should be two pages or less, double-spaced and should include the writer's name, e-mail address, work and home phone numbers. E-mail letters to Larry Fulk on global e-mail or drop them off at the Family Support Center, Bldg. 722. Winners will be announced at the May 14

Spouses' Day Cook-out Dinner. Call 494-5675 for more information.

Take a class

The Family Support Center offers the following classes and events: Parent Workgroup Lunch, Tuesday 11 a.m. - noon; Free popcorn at Family Support Center, April 23 10 a.m. - 2 p.m. Classes are in Bldg. 722, the Family

Cont. on next page

Cont. from Page 9 —

Support Center, unless otherwise noted. Register by calling 494-5675.

Wives club meets

The Retired Officers' Wives Club meets for lunch at the Officers' Club on April 23. Social time is 11:30 a.m. and lunch follows at noon. Entertainment features the Satellite Beach High School singing group. Make reservations by noon Wednesday by calling Dean Pittman at 777-3044, Gussie Reichel at 255-6976 or Helene Suflas at 727-1146.

Appreciate volunteers

Volunteer Appreciation Week is April 18-24. The 45th Space Wing holds the annual Volunteer

Appreciation Breakfast April 21 at 7:30 a.m. in the NCO Club. The Volunteer Excellence Awards will be given out.

Volunteers can also take advantage of free AAFES coupons and there will be door prizes. Call Sal Noto for ticket information at 494-5675. See Page 3 for a list of events.

Adhere to shipping rules

The Traffic Management Office freight facility, Bldg. 822 directly behind Bldg. 821 on South Patrick Drive, ships to worldwide locations, but it is essential to adhere to cutoff times for outbound shipments: 3 p.m. for daily expedited shipments; 1 p.m. every Friday for downrange air shipments; and for downrange water shipments customers must call TMO to schedule

- TMO must have that shipment one week before vessel departure.

To ship, customers must have the proper shipping documents, such as a DD Form 1149 or DD Form 1348 with a good fund cite, advice number or TAC code.

TMO also asks customers to pick up inbound shipments promptly. For more information, call 494-4566.

Tricare site full of info

Tricare beneficiaries now have access to resources such as contacts, services, and medical and benefits information by accessing Tricare online at www.tricareonline.com. The secure Web site allows beneficiaries to schedule base clinic appointments, track health on a personal health journal and learn about symptoms,

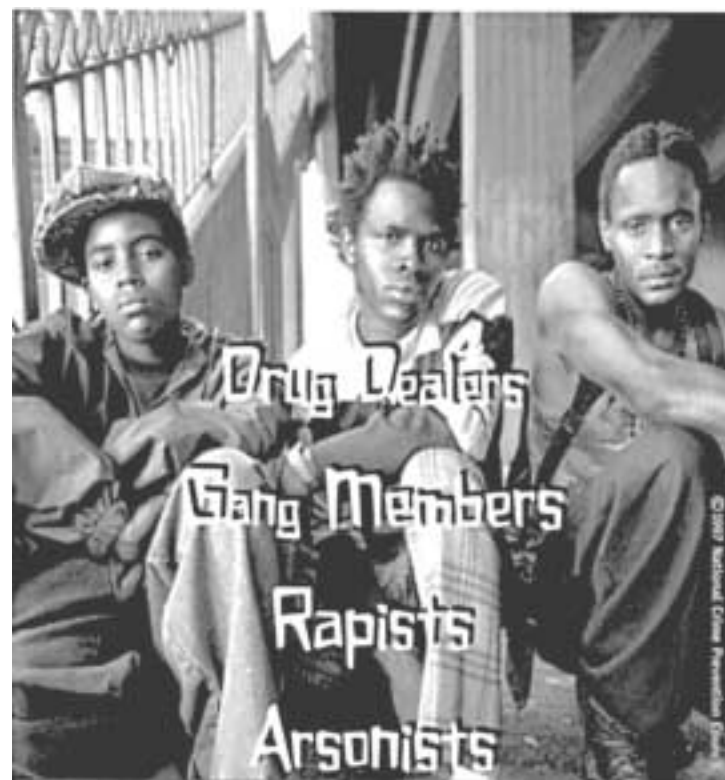
medications and treatment options. It also offers a children's section.

Beach cleanup

The 19th Annual Keep Brevard Beautiful Beach Trash Bash is Saturday from 8 a.m. - noon. Patrick AFB check-in point will be at the A1A beach parking lot across from the Patrick AFB Fire Station. The "Trash Bash" beach cleanup for Cape Canaveral Air Force Station has been rescheduled for Tuesday from 11 a.m. - 3 p.m.

New graduates

Many members of the 45th Space Wing will be graduating from the Community College of the Air Force, Wednesday at 3 p.m. at the NCO club.



Drug Dealers
Gang Members
Rapists
Arsonists

... all kicked out
with the help of kids like us.
- Jamal, age 15
Khaleq, age 16
Malcolm, age 16

Everybody loves to trash teenagers, right? Maybe they don't realize that we do care. That we can make a difference. Get involved in Crime Prevention. Clean up parks. Teach younger kids. Start a school or neighborhood watch. And help make your community safer and better for everyone. Together, we can prove them wrong by doing something right.



Call Toll Free
1-800-722-TEENS
www.weprevent.org



Service top priority to new manager

By 2nd Lt. Elizabeth Kreft
45th SW Public Affairs

Shoppers at the Base Exchange might notice a new face on the retail floor.

Maurice Joyner is the new Army and Air Force Exchange Service manager for Patrick Air Force Base, Cape Canaveral Air Force Station and Homestead Air Force Base.



Mr. Joyner

"My favorite thing to do is go to the shopping area and ask our customers how we can do a better job," said Mr. Joyner.

He arrived in mid-February, and has already made a positive impact on the service offered to those who use the retail facilities on base.

"My first priority is to make sure that our customers have access to the basic items they'll need on a daily basis," said Mr. Joyner. "My personal priorities also include ensuring that our customers know they are the best around, and that we are always looking to enhance customer service."

One of the first changes that Mr. Joyner

made was to alter the hours of operation for the Class 6 at Patrick.

"It's important to understand that we have many people working here with varying schedules and responsibilities," he said. "Opening up the Class 6 an hour earlier just makes life a bit easier and more convenient for our hard-working people."

Mr. Joyner's transition here and his moves throughout the AAFES system are similar to the moves that military members make throughout their careers. "We change bases and jobs about every three years," he said. "It not only keeps us learning about new bases and different shopping atmospheres, it also gives us a real appreciation for what military members go through and what they might need during a big transition or move."

Visible changes can also be expected in and around the BX, said Mr. Joyner. "We have several things lined up for the future, but they are all changes that are centered on giving our shoppers the easiest and most convenient experience possible."

Customers will see a change in the floor plan soon, to align with new AAFES standards.

"New organizational aspects of the store will affect how the store looks, but the service will be the same high quality that our customers have become accustomed to," he said.

Construction Update **new level**

Taking quality of life to **a**



Photo by Airman 1st Class Shaun Emery

A contractor levels the dirt that will form the foundation of the new running track to be unveiled this summer. The new half-mile track will have a rubber surface and workout stations strategically placed alongside, creating a safe and convenient exercise area on the riverwalk.

By 2nd Lt. Elizabeth Kreft
45th SW Public Affairs

If the numerous backhoes and multiple mounds of dirt around Patrick Air Force Base and Cape Canaveral Air Force Station didn't give it away, the 45th Civil Engineer Squadron is in the middle of several important construction projects.

"We are taking the same active approach to these projects and renovation ideas that we did with Antigua Air Station," said Charlie Clinchard, 45th CES chief of range support. "We want to make sure every building here gets the upgrades or renovations it needs so our people have the best working and living environments possible."

With construction happening in several areas on base, one might wonder why so much is happening all at once.

In the last year, the 45th Space Wing has synchronized planning, budgeting and construction processes which brought a notable influx in the number of quality of life and force protection initiatives. "The wing is focusing construction efforts in these areas," said 2nd Lt. Matthew Altman, Simplified Acquisition of Base Engineering Requirements chief.

"We are convinced that once our military and civilian members have the chance to see some of the great work that our people and our contractors produce, like the new Defense Equal Opportunity Management Institute building,

they will feel confident and excited about all of the current projects our office is undertaking," said Lt. Altman.

Below is a look at some of the developments in the works, arranged by expected month of completion:

May

Aero Club building: Constructed where Bldg. 800 stood, this project will allow for plenty of space to keep the smaller planes inside, thus protecting them from the harsh weather. The last few stages of construction are the interior design work and the new fuel storage and dispensing station.

June

Rubberized running track: The track, complete with workout stations and a park atmosphere surrounding it, will provide a safer area for military and civilians to maintain their physical routine.

Marina bathhouse and wash station: Nonappropriated funds are used to put in new bathrooms and rinsing stations for boaters and their vessels. This new area will provide a clean and easily accessible area to load and unload boats, while allowing for more facilities space.

July

Seaside Chapel: The chapel is getting new windows along with significant lighting and sanctuary upgrades. The facelift will bring more room to the sanctuary and more space for chapel meetings.

Golf course improvements: Overhead power lines will be moved underground for safety and aesthetic purposes. A connection pipe between the two lakes on the course will be built, aiding in managing the flow of the two bodies of water.

August

CCAFS Fire Station: A new firehouse will replace the 1950s building. The new house will not only provide much better living and working spaces, the new location will reduce the amount of response time to the mission sites.

Spring 2005

Community Center: Renovation begins this month on the Community Center in Pelican Coast. The building was being used at a home for the Airman's Attic, Thrift Shop and Loan Locker, but will be modernized to accommodate various neighborhood meetings and club gatherings.

Summer 2005

Pelican Coast: The first phase of building in Pelican Coast (formerly South Housing) will be in full swing. The houses will temporarily be enlisted, with a temporary officer section to accommodate the movement of individuals and families until more of the new homes are complete.

Clubhouse: The new golf course clubhouse will be completed, giving the most played golf course in the DoD a new face for its patrons.

For more information on these projects, call 494-9281.

Open for business ... again



Photo by Jim Laviska

Mary Rick, a Family Services volunteer for five years, straightens the shelves in Airman's Attic at Family Services new location, Bldg. 735 at Patrick Air Force Base. Airman's Attic has seen an increase in customers since the move last month.

By Sue Walden
45th SW Public Affairs

Business is booming at Airman's Attic.

Last month Family Services, which houses Airman's Attic, Loan Locker, a coupon center and the federal program Women Infant Children, closed its doors in Pelican Coast (South Housing) and moved to Patrick Air Force Base in Bldg. 735, across from the Family Support Center.

"We've had about 25 percent more business at Airman's Attic since we opened our doors," said Sal Noto, Family Support Center community readiness consultant. "We're not only helping our Airmen and their families, we're also assisting quite a few members of the Coast Guard and Army who live on base in North and Central Housing."

Customers aren't the only ones who like Family Services' new location. Mary Rick, a retired civil service employee who's been an Airman's Attic volunteer for five years said she loves the location. "It's great being on base. We can really take care of the people in North and Central Housing now," she said. "Plus, I like this renovated building."

Susan Reddick, a volunteer at Airman's Attic since 2000, loves the idea of helping more people. "This great location fits perfectly - Family Support Center, across the street, sends them over to us; it's good being able to reach so many

more people," she said.

The increase in business means Family Services might be open more days a week if Project Emeritus can round up a few more volunteers. Family Services is open Tuesday - Friday from 9 a.m. - 3 p.m. Mr. Noto and the staff would like to see it return to the Monday - Friday hours it had previously.

Airman's Attic, open to active-duty personnel and their family members, offers good condition donated items for free; dishes and other kitchen items, phones, toys, children's bikes, clocks,

cribs, nick-knacks and highchairs are just some of the things that line Airman's Attic's shelves and floors. Larger items are advertised on the swap board in Airman's Attic's room; the board also advertises needs. The program allows two items per visit and two visits per week by a person. Donations are always accepted, but items must be in good condition.

The Loan Locker provides items for people in situations where they have guests or they're moving. Items include car seats, playpens, highchairs, vacuum cleaners, coffee pots and futons. The program is available to retirees, DoD civilians and their families. It's open to active-duty and their families when they have visitors. For other needs, such as PCS'ing, active duty and their family members must go to the Loan Locker in the Relocation Office, Bldg. 722. To donate items to Airman's Attic or for more information about Family Services, call 494-4907.

Many customers take advantage of Family Services' coupon center, which offers many money-saving clip-outs on a variety of products. When the coupons expire, volunteers send 40 to 45 pounds worth of the coupons per month to overseas military bases. Overseas commissaries accept expired coupons for a certain length of time after the expiration.

To volunteer at Family Services, call Sal Noto at 494-5675 or Project Emeritus at 494-7656.

***You're invited to
Family Services'
Grand Opening
Tuesday, 9:30 a.m.
Bldg. 735
Patrick AFB***



Photo by Airman 1st Class Shaun Emery

Getting pumped

Roy Daugherty grits his teeth to finish a repetition of seated low row at the Patrick Fitness Center. Like many others, Daugherty takes pride in keeping his body fit to fight.

SPORTS BRIEFS

Prepare for the 1.5-mile run

The Health and Wellness Center and Physical Therapy Clinic will be offering a Running Clinic class at the HAWC on April 29 from 2-4 p.m. This class is designed to provide education on starting a running program, proper shoe selection, injury prevention, and preparation for the 1.5-mile run. Call the HAWC at 494-2660 to register.

Monthly WarFit event

This month's WarFit event will be the annual pedal, paddle, pant competition April 30. The event is scheduled in conjunction with the Guardian Challenge picnic. There are four members per team. Register by April 29. For more information, contact the Patrick Fitness Center at 494-4947.

Be fit to fight

WaterFit classes will be held on Tuesdays and Thursdays from 9:30-10:30 a.m. Contact Mike Mendonca at 494-5899 for more information.

Cape holds fitness classes

The CCAFS FC holds aerobics classes Tuesdays and Thursdays from 11 a.m. - noon. Contact Chez Sanchez at 853-3966 for more information.



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Software helps Airmen track fitness progress

By Staff Sgt. C. Todd Lopez

Air Force Print News

WASHINGTON — The Air Force recently released a tool to help Airmen keep track of their fitness efforts.

The Air Force Fitness Management System is available to all Airmen through the Air Force Portal. The system provides a history of their fitness scores and allows unit fitness managers to enter new scores. It is now the official method to track fitness progress within the Air Force, said Maj. Maureen Harback, the system's program coordinator.

"The purpose of the (system) is to track fitness-assessment results and provide data to commanders," Maj. Harback said. The system is intended for active-duty, Guard and Reserve Airmen.

The system will keep a history of each Airman's fitness scores. The data is not stored on paper in an Airman's record or even on a computer at an Airman's installation, but rather in an Air Force-wide database. This allows fitness scores to travel with Airmen automatically as they change stations. The universal availability of the data helps ensure Airmen stay current on their fitness assessments, she said.

"If an Airman transfers to another base and is not current on their fitness assessment, they will show up as not current in the (system)," Maj. Harback said. "Unit fitness program managers and commanders will then need to take action on those members."

Many units are still doing monthly practice assessments so Airmen can get themselves into shape for an official assessment. The system does not record practice assessments, but it does include a calculator allowing Airmen to enter in numbers from their practice assessments to see how they would score, she said.

"Airmen will have better visibility of their fitness over time, and they can take actions to address their deficiencies or continue working on their strengths," she said.

This fall, commanders will be able to generate reports to track an Airman's progress through education and intervention programs, Maj. Harback said.

Got a story for the Missileer?

E-mail the missileer staff at missileer@patrick.af.mil

or call 494-5922

The Calendar

Saturday

▲ Parent child fishing tournament, 7-11 a.m., at Outdoor Recreation. To register, call 494-2042.

Monday

▲ Medical Support Squadron appreciation day at Rocket Lanes Bowling Center. MDSS members pay 50 cents to bowl and 50 cents for shoe rentals.

▲ Two-week scuba diving classes begin at Outdoor Recreation. Cost is \$235 and includes all necessary equipment. Call 494-2042.

Wednesday

▲ Secretary Appreciation Day, 11 a.m. – 3 p.m., at Rocket Lanes Bowling Center. Secretaries accompanied by their bosses bowls free. Call 494-2958.

April 24

▲ Boss and Buddy Bowl, 7-11 p.m., at Rocket Lanes Bowling Center. Unlimited bowling for \$6.

April 25

▲ Ace of Hearts Ranch horseback/picnic bus trip, 9:30 a.m. – 2 p.m., at Outdoor Recreation. Cost is \$20 for children 3-7; \$30 for children ages 8 and above. Advanced registration required; call 494-2042.

▲ Free "Introduction to Surfing" class, 7 a.m. at Outdoor Recreation. Advanced registration required. Call 494-2042.

April 26

▲ Registration accepted for the Summer School-Aged Child Care Program, 10 a.m. at the Patrick Youth Center. Children must be in kindergarten — 6th grade by the end of the school year. Youth are accepted on a priority basis. Activities, as well as breakfast, lunch and a snack, are provided. Call 494-4749.

▲ Registration begins at 10 a.m. for the Patrick Youth Center's Camp Xtreme, which runs May 24 – Aug. 6. Activities include: bowling, swimming, skating, golf, fine arts, community service and more. Call 494-4747.

April 27

▲ Framing class, 6-9 p.m., April 27-28 at the Skills Development Center. Cost is \$25 plus materials. Sign up a minimum of 10 days prior to start of class. For reservations call 494-4270.

▲ Parent Lunch and Learn Workshop, 12 p.m. to 1 p.m., at the Child Development Center. Join CDC employees for lunch and a special video entitled "Am I Doing Everything I Can to Help My Child Grow Happy, Healthy and Capable?"

Big



for school

By Marla Holbert
45th Services Squadron

The cost of higher education isn't getting any cheaper these days. But for some, the Air Force Clubs scholarship program may help alleviate those financial woes.

The program, which is open exclusively to Air Force Club members and their families, divvies up six scholarships ranging from \$6,000 to \$2,500.

Johnnie Rivera, manager of the Patrick Officers' Club, said the program is a great way for members to combat the costs of higher education.

"This program amplifies the benefits of club membership at Patrick," Mr. Rivera said. "It provides financially-challenged applicants the opportunity to continue their education without worrying about where their college money is coming from."

In addition to awards at the agency level, Patrick clubs are also offering a \$500 and \$300 scholarship to two local winners.

"We'd like to see as much participation as possible," said Chuck Cihal, manager of the NCO Club. "Last year was the first year that we implemented the local prize program, with the hope that it would encourage better participation. We are holding steadfast to that same idea again this year."

Last year, only a handful of Patrick patrons entered the contest. This year the clubs are hoping to "maximize participation" and obtain more than 25 entries, Mr. Rivera said.

To enter, applicants must be current club members or in the immediate family of a club member including: spouses, sons, daughters, stepsons or stepdaughters. Grandchildren are also eligible to enter, if they are family members of club members. Students must be enrolled, either full or part-time, in an undergraduate or graduate program at an accredited college or university for the fall 2004 semester.

To enter, students must write a no more than 500-word essay about "What Freedom Means to Me." Submissions must be on standard white bond paper with one-inch margins. Acceptable fonts are 12-point arial or times new roman. Entries that do not conform to the aforementioned standards will be immediately disqualified.

In addition to the essay, students are asked to provide a single page summary of their long term or life goals. Previous accomplishments, such as civic, athletic or academic awards, can also be included to fulfill this requirement.

The entire scholarship package should not exceed two pages, single-spaced, with double spacing between paragraphs.



Scholarship money at the Air Force level will be divided according to: first place, \$6,000; second place, \$5,500; third place, \$4,500; fourth place, \$3,500; fifth place, \$3,000; and sixth place, \$2,500.

All entries must be turned in to the 45th Services Squadron Marketing director by July 10, 2004, in Bldg. 1391, Patrick Air Force Base.

Call 494-8063 for more information. Two submissions will be forwarded to a headquarters selection committee. Winners will be announced by Oct. 1, 2004.

For more information, visit the Officers' or NCO Club, or go online to <https://www-r.afsv.af.mil>.



**Brig. Gen.
Greg Pavlovich
45th SW
commander**

494-6550

ACTION LINE

494-6550

The Action Line is your direct link to me and provides a valuable source of information on ways we can work together to make Patrick Air Force Base and Cape Canaveral Air Force Station better places to work and live.

The best way to get something fixed is to identify the problem to supervisors and first sergeants.

If you can't get your problem resolved through the agencies, contact the Action Line: e-mail, Commander'sline@patrick.af.mil or click global at Commander's Line – Patrick AFB; recorded message, 494-

6550; mail, 45SW/PA 1201 Edward H. White II St, Ste C-130, Patrick AFB FL 32925-3237; fax, 494-7302. Address all correspondence "Attn: Action Line."

When directing an issue to the Action Line, callers must indicate to whom they've previously addressed the issue.

Q I have a question about the policy not to make dental appointments over the phone and instead require you to report to "dental sick call." This seems very inefficient to me. There are many procedures that are recurring that the appointment taker could use your record to determine the appropriate amount of time to schedule you for. It seems that having 10 people per day wait at the clinic for an average of 1.25 hours is less efficient than losing one or two hours per day due to being slightly conservative when estimating procedure time requirements. The medical clinic has done away with sick call and gone to same day appointments, why hasn't the dental clinic?

A Thank you for giving me the chance to explain this unique process. Unlike medical appointments, which are usually 15 minutes in length, dental appointment times can vary from a short five- to 10-minute reassurance to a lengthy two-hour surgical procedure. A quick assessment to determine what treatment is needed ensures the right amount of time is scheduled for the patient. Of course, not all patients who need dental appointments are required to report to dental sick call. Patients who call for appointments and have their treatment needs clearly identified in the dental record are not required to report for sick call. The only time patients are required to report to dental sick call is for evaluation and/or treatment of undiagnosed dental problems and emergencies. This helps us synchronize all the appointments so we make sure care is available for as many people as possible.

45th Mission Support Group

Col. Steve Werner
494-6607

45th Civil Engineer Squadron

Jack Gibson
494-4041

North and Central Housing

Caroline Jamba
494-2593

Pelican Coast

Pam Brown
777-8282

45th Services Squadron

Lt. Col. John Sproul
494-8081

Military Personnel

Maj. Dianne Dzialo
494-2035

Commissary officer

Ronald Rogers
494-4060

AAFES

Maurice Joiner
494-6455

Civilian Personnel

Robert Daniel
494-5238

Military Equal Opportunity

Capt. Marlon Johnson
494-6334

45th Security Forces Squadron

Lt. Col. Lynden Skinner
494-6202

Financial Services

1st Lt. Reina Chaperon
494-7171

45th Medical Group

Col. Gilbert Hansen
494-8100

Ground Safety

Martin Lackie
494-2202

Inspector General

Lt. Col. Frank Miles
494-4373

RIVERSIDE DINING

Saturday Brunch - Cajun meat loaf, **crispy baked chicken**, ribeye steak

Saturday Supper - Fish amandine, **pork chops with mushroom gravy, stir fry chicken with broccoli**

Sunday Brunch - **Chicken parmesan, sauerbraten, tuna and noodles**

Sunday Supper - **Fried shrimp**, ginger barbecue chicken, spinach lasagna

Monday Lunch - Baked chicken, **simmered knockwurst, Swiss steak with tomato sauce**

Monday Dinner - **Roast turkey, baked ham, fish and fries**

Tuesday Lunch - **Grilled Salisbury steak, onion-lemon baked fish, yakisoba**

Tuesday Dinner - **Barbecue beef cubes, paprika beef, pork chop suey**

Wednesday Lunch - **Chalupa, burritos, Mexican chicken breast, chicken enchiladas**

Wednesday Dinner - **Country style steak, fried chicken**, pita pizzas

Thursday Lunch - Liver with onions, orange-spiced pork chops, tempura fried fish

Thursday Dinner - **Pepper steak**, Mr. Z's finger lickin' chicken, **ginger pot roast**

Friday Lunch - **Beef and corn pie, pea and pepper rice**, seafood Newburg, **veal paprika steak**

Friday Dinner - **Yankee pot roast**, simmered corn beef, **pineapple chicken**

Menus are subject to change. For more information, call dial-a-menu 494-2845. Items bolded are healthy choice meals.



Catholic

Daily Mass (Tues. - Fri.) at 11:30 a.m. in the Library while Seaside Chapel is being renovated.

Saturday: 4 p.m. confession, 5 p.m. Mass in the South Patrick Chapel.

Sunday: 8:45 a.m. Mass in South Patrick Chapel, and 11:30 a.m. Mass in the Theater.

Religious education classes: 10:15 a.m. at the Education Center for pre-K - 6th grade, grades 7-12 Youth Ministry at 6 p.m. at South Patrick Chapel.

Protestant

Sunday: 8:30 a.m. - Traditional Worship in the Theater while Seaside Chapel is being renovated.

9:50 a.m. - Adult Sunday School in Seaside Chapel. 10 a.m. - Grades K-12 at South Patrick Chapel. Van transportation provided for base children.

11 a.m. - Contemporary Service in the South Patrick Chapel.

Wednesday: 5:30 p.m. Fellowship Dinner in South Patrick Chapel.



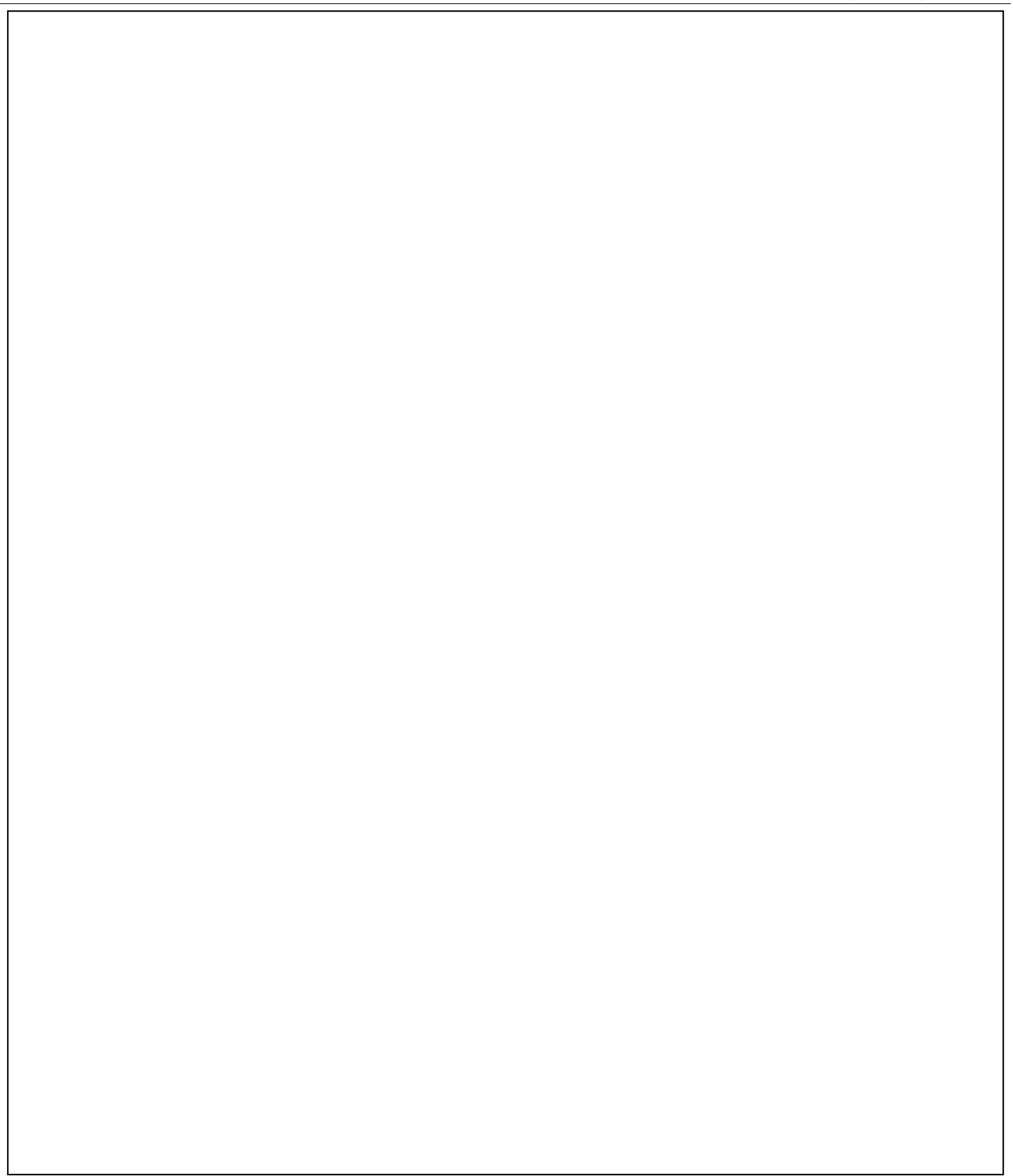
Friday *Starsky & Hutch* Based on the popular 1970s cop show of the same name. Ken "Hutch" Hutchinson and Dave Starsky are a tough pair of plain-clothes cops who drive a red and white Ford Torino and solve cases with the assistance of their informant, Huggy Bear. While investigating their latest case, the duo realize that the culprit is none other than Reese Feldman, the criminal involved in their first bust. Stars Ben Stiller and Owen Wilson. Rated PG-13 for drug content, sexual situations, partial nudity, language and some violence. 100 min.

Saturday *Hidalgo* A 3,000 mile survival race across the Arabian Desert is restricted to the finest Arabian horses ever bred, the purest and noblest lines, owned by the greatest royal families. In 1880, a wealthy sheik invited an American, Frank T. Hopkins and his horse, Hidalgo to enter the race which pits him against Bedouin riders determined to prevent a foreigner from finishing. Stars Viggo Mortensen and Omar Sharif. Rated PG-13 for adventure violence and some mild innuendo. 136 min.

Sunday *Agent Cody Banks 2: Destination London* The teen spy returns to Camp Woody for more CIA training before moving to London as a foreign-exchange student. But as his new mentor informs him, he's really there for another assignment, assisted by a new female junior agent. Stars Frankie Muniz and Anthony Anderson. Rated PG for action violence, mild language and some sensual content. 100 min.

Thursday *Starsky & Hutch* See Friday's synopsis.

Movie times are 7:30 p.m. unless otherwise noted. Tickets for adults are \$2.50, children under 12 pay \$1.50.



Events

Sunday - April 25 American Veteran's Traveling Tribute Wall at Wickham Park in Melbourne.

April 23-25 The 17th Annual Vietnam and All Veterans Reunion at Wickham Park. The event features live music, refreshments, military vendors and displays, POW/MIA ceremonies and The Last Patrol.

For more information, call Ken Baker at 632-4928, Don Wassmer at 726-6752 or visit <http://members.aol.com-/FLViet-Vets/reunion.html>.

Friday, 5:30-9 p.m. the U.S. Air Force Reserve Jazz Ensemble and the Satellite High School Jazz Band will perform a free outdoor concert at the Cocoa Band Shell at Riverfront Park in Cocoa Village. For details, call 674-8140.

Saturday, 10 a.m. - 2 p.m. Car Seat Inspection. The Junior League of Central and North Brevard, in partnership with Brevard

County Safe Kids is sponsoring a free child car safety seat inspection at Firestone Tire and Service Center, 777 E. Merritt Island Causeway. A certified child passenger safety technician will check vehicles ensuring proper child protection.

Participants should bring their children to ensure the safest fit in their car seat. For more information, call 453-5718.

April 24, 8 a.m. - 4 p.m. The Brevard Rare Fruit Council will hold its annual fruit tree sale on the grounds of the Melbourne Auditorium. For more information, call 727-8424.

May 29, 8 a.m. Brevard County Parks and Recreation is holding a 5-K Race and Fun Walk to benefit the Space Coast Early Intervention Center at Wickham Pavilion, 2500 Parkway Dr., Melbourne. Participants who pre-register before May 21 pay \$12 per runner and \$10 per walker. Prices the day of the race are \$15 per runner and \$12 per walker.

For more information, call 952-4524. For directions, call 255-4307.

May 31, 3:30 p.m. City of Palm Bay is hosting a Supporting Our Troops rally at Veteran's Memorial Park, 2200 Port Malabar Blvd, Palm Bay. For more information, contact Steve Riser, Palm Bay Parks and Recreation Department at 952-3441.

Classes

Saturday, 9 a.m - 3 p.m. The University of Florida-Brevard County IFAS Extension will hold a free French cooking class at Brevard County Extension Office, 3695 Lake Drive, Cocoa. For details, call 633-1702.

Mondays African Dance and Drum Class at Palm Bay Community Center. Learn traditional West African dance and movement. Class times are 6 p.m. for children and 7:15 p.m. for adults. Prices are \$32 for children for a four-week session and \$38 for adults. Walk-ins are welcome for \$10 per class.

For more information, contact Fatou Camara at 960-6200 or the community center at 952-3443.

