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Security forces teams return home

By Airman 1st Class Shaun Emery
45th SW Public Affairs



Photo by Maj. Adriane Craig

Staff Sgt. Christopher Hogan, with help from his 2-year-old son Sean, loads his luggage after returning home from Kirkuk Air Base, Iraq, after more than six months deployed there supporting Operation Iraqi Freedom.

Two teams from the 45th Security Forces Squadron returned home to the 45th Space Wing from Kirkuk Air Base, Iraq, in support of Operation Iraqi Freedom Sept. 10.

The teams, made up of 26 Airmen, spent more than six months away from home, and the welcome back was a great relief to many.

Senior Airman Jamie Barnett, who has been deployed three times in his career, explained that there was no better feeling than arriving back in the states.

"The hardest part of deployment is being away from your family for so long," he said. Airman Barnett was happy to see his 3-year-old son, and have a chance to watch some Florida Gator football.

For five troops, this was the first time they've felt the emotions of returning from deployment.

"It's an amazing feeling to be back," said Airman 1st Class Bobby Jaiprashad. "We're back in our own country and we're not getting attacked every night."

Airman 1st Class Tasha Thomas is looking forward to spending time with her family.

"I can't wait to see them and get some real food," she said. According to Airman Barnett, the deployment was harder for the first time troops because they hadn't been on station very long before they left.

"Some of them are barely 18, and weren't here more than a couple months before they had to pack up and go."

Unlike Operations Northern and Southern Watch, the teams were under constant attack and had to be on their toes at all times.

"It was difficult to go out every day not knowing the enemy's motives," said Airman Jaiprashad.

The relieved Airmen explained that the environment at Kirkuk Air Base is different from Patrick Air Force Base, but the lessons learned at home led to successful missions overseas.

"Because we were doing air base defense, we were able to put the tools we were taught at school and in our training at Patrick to use," said Airman Jaiprashad.

All the Airmen who were coming back for the first time said their perspectives on life and their careers were changed dramatically while deployed.

"I learned so much about myself," said Airman Jaiprashad. "You learn to trust in yourself and you realize how much you can do."



From the top

By Col. Mark Owen
45 SW commander

As we celebrate the Air Force's 57th birthday, it's fitting to look back on those who made our Air Force the world class institution it is today. One of my personal heroes is Col. John Paul Stapp, M.D., an aerospace physiology pioneer, an early practitioner of our core values and one "tough cookie." As we seek to surpass the CSAF's physical fitness standards, we should strive to keep Col. Stapp's fervor in mind.

Col. (Dr.) Stapp was born July 11, 1910 in Bahai, Brazil, the son of missionary parents. He completed his doctorate and medical degrees prior to entering the Air Force in 1944. On Aug. 10, 1946, he was assigned to the Aero Medical Laboratory, Holloman AFB, N.M., as project officer and medical consultant in the Biophysics branch. His first assignment was to investigate the rigors of jet flight on the human body, specifically high-speed ejection and deceleration. His life's work in the field put the Air Force far ahead of our adversaries and changed the world's understanding of this new science.

What is most remarkable about Col. Stapp's investigations was his willingness, even insistence upon, involving himself as a subject in his experiments. In his early days of research, spent many hours in unpressurized flight tests at alti-

tudes up to 45,000 feet, and his work recommended preventative measures for high altitude bends, gas pains and dehydration that are fundamental to military and civil air training and practices today.

Aircraft ejection and crash survival was Col. Stapp's most notable legacy and most amazing work. He fashioned a "human decelerator" from a 2,000-foot track built originally for V-1 rocket research. On this railroad track he built a 1,500-pound carriage with a 45-foot mechanical braking system believed to be the most powerful ever constructed. At the rear of the carriage, 1,000-pound-thrust rockets provided the propelling force. By varying the number and pattern of brake sets applied, he controlled the decelerations to an awesome range of G forces.

The first test run on the decelerator took place on April 30, 1947, with ballast instead of a human passenger and the sled ran off the tracks and was destroyed. Not until August, 1948 were humans introduced into testing, but by June 8, 1951, a total of 74 human runs had been made on the "Sonic Wind," with Col. Stapp as one of the most frequent volunteers. On two separate tests he fractured his right wrist.

In December 1954, he wanted to test the limits of human capability in deceleration and insisted he take the ride. He boarded the decelerator, was propelled to 632 miles per hour and brought to a dead stop in 1.4 seconds. He was subjected to 45.4 G's, more than 40 times the pull of gravity; the equivalent of hitting a brick wall in a car traveling 120 miles per hour. Col. Stapp's eyeballs momentarily left their sockets by several inches leaving him blind for several days after this ride. Now that's tough!

Col. Stapp's tests proved that windblast and deceleration of ejection

from aircraft at 1,800 miles per hour and 35,000 feet of altitude could be survived. Shortly after this landmark ride *Time Magazine* heralded him as "the fastest man on earth and number one hero of the Air Force."

The tough colonel also participated in windblast and high altitude ejection experiments. He flew in jet aircraft at high speeds to determine whether or not it was safe for a pilot to remain with his airplane if the canopy should ever accidentally blow off. Col. Stapp often stayed with his aircraft at speeds up to 570 miles per hour enduring extreme temperatures and pressures. As a pioneer in high altitude ejection, he pursued a set of experiments - in the absence of any specialized equipment - of ejecting at altitudes between 50 and 60 thousand feet, frequently suffering from frostbite in his descent to the desert floor.

The modern Air Force has much to thank for Col. Stapp's groundbreaking investigations. His experiments led to revolutionary designs in aircraft, aircraft seats and aircraft harnesses. But as I reflect upon our Air Force heritage during this birthday week, I often think of pioneers such as Col. Stapp, and how much the modern Airman should look up to his type of resilience and endurance. He certainly epitomized "service before self" and "excellence," and set a standard for persistence and stamina few could challenge.

So, when I'm trying to push out but one more sit-up and think that my eyes will pop out, he often comes to mind. Thanks for letting me introduce you to one of my personal heroes and one of the many that made this Air Force and this country great. Keep his spirit in mind when pushing yourself to become the most physically prepared Air Force in the world.

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494-6550

The Action Line is your direct link to the 45th Space Wing commander, Col. Mark Owen, and provides a valuable source of information on ways to make Patrick Air Force Base and Cape Canaveral Air Force Station better places to work and live.

The best way to get something fixed is to identify the problem to supervisors and first sergeants.

If you can't get your problem resolved through the agencies, contact the Action Line: e-mail, Commander'sline@patrick.af.mil or click global at Commander's Line - Patrick AFB; recorded message, 494-6550; mail, 45SW/PA 1201 Edward H. White II St, Ste C-130, Patrick AFB FL 32925-3237; fax, 494-7302. Address all correspondence "Attn: Action Line."

When directing an issue to the Action Line, callers must indicate to whom they've previously addressed the issue.

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494-7171

45th Medical Group

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494-4373

Airmen ... the deciding vote

By **Gen. Lance W. Lord**
AFSPC commander

Voting is one of the most important rights we have as Americans. The very constitution every Airman swore to defend guarantees us that right. I challenge every Airman, civilian and family member to exercise your right to vote in the upcoming elections. Let me remind you that our most recent national election was decided by less than one percent of the overall vote, so every single vote matters.

I know military members and their families suffer unique challenges when it comes to voting. We are usually serving our nation in assignments outside of our home states. Therefore, it is absolutely critical we provide each of you the means to exercise your right to vote. Each unit in the United States Air Force has a voting representative to assist you. Your voting representative can help you fill out applications to receive absentee ballots from your home state. I vote using the absentee ballot system and it works.

To simplify and expedite the process for obtaining absentee ballots for all our Airmen and family members, we have recently established key links for voter registration and information on the Air Force website available via the "Airmen Votes" icon on the www.af.mil Web site. This link contains all the information required for every Airman, family member and Air Force civilian to register to vote in your home state with just a few clicks from anywhere in the world.

The time left to register is running out, so contact your unit's voting representative today. Please pay attention to the directions on your absentee ballots and make sure you mail your ballot before the required deadline. Remember...you've earned the right to vote and every Airman's vote counts ... so please register and vote.

AF birthday message from secretary, chief

WASHINGTON (AFPN) — *The following is an Air Force birthday message from Secretary of the Air Force Dr. James G. Roche and Air Force Chief of Staff Gen. John P. Jumper:*

"Happy birthday to the Airmen of the world's greatest air and space force! Our 57 years of history may be short, but they are packed with astounding accomplishments. We've broken the sound barrier, expanded military operations to the reaches of space, ushered stealth technology and precision-strike capability into modern warfare, delivered humanitarian aid to austere locations, jointly won the Cold War and provided decisive air and space power for wars in Korea, Vietnam, the Balkans, Afghanistan and Iraq. Your dedication to excellence, your integrity and your faithful service is recognized and appreciated by all Americans.

"Since our inception in 1947, America's

Air Force has flown lead in defending peace and freedom around the world. That legacy was made possible by millions of professional Airmen dedicated to accomplishing critical missions with total success.

"Today, you are the torchbearers of our legacy. You are performing remarkably across the globe delivering aid to people in need and defending and protecting our great nation from emerging threats and new enemies. Your competence, dedication to the mission and pride of service is renowned. We know you also have wonderful families who support your long hours and deployments away from home. We are grateful for their support.

"You represent the strength and patriotism of our great nation. America is proud of our Air Force because of you. Thanks for your service and again, happy birthday!"

Air Force Ball rescheduled

The 2004 Patrick AFB and Cape Canaveral AFS Air Force Ball has been rescheduled for Oct. 21 at the Officers' Club. The guest speaker will be Maj. Gen. (ret) Robert Dickman, deputy for Military Space, office of the Under Secretary of Defense.

Uniform is mess dress for military members and black tie optional for civilians. Tickets are available for purchase through group POCs; prices are \$27 for non-clubmembers, \$25 for clubmembers and \$17 for E-5 and below. Call 853-7648 for more information.

It's simple — don't drink and drive

By **Airman 1st Class Chris Smith**
460th Public Affairs

BUCKLEY AIR FORCE BASE, Colo. - Because someone didn't think, a friend of mine is dead.

Although Kris followed every safety precaution necessary when driving his motorcycle home from work, someone was drinking and driving and Kris paid the price.

We've heard it time and again. If you're drinking alcohol, don't get behind the wheel of a car. Although just about everyone, especially in the military, hears it constantly, it sometimes becomes like a broken record people don't pay much attention.

It would have been nice if someone had listened to that 'broken record' before drinking this weekend.

When my roommate and I got the call, we drove down to the hospital as fast as we could. We talked to Kris' father and the chaplain briefly then went to his room and saw him. That was something I'll never forget.

Kris was lying there on the bed, needles and tubes hooked up all over his body leading to several machines placed all around him. He had bandages wrapped around his head but otherwise looked unscathed. Still, they told me he wasn't going to live.

Standing there looking at him, I experienced different emotions. It was so sad seeing him lay there, knowing he wasn't going to wake. I felt sympathy knowing he was leaving behind a family that loved and cared for him, many of who were also there.

And I felt anger. I was angry because Kris had just recently made it back from a four-month deployment to Iraq without being harmed. He was killed when he got back home.

I'm also angry at myself because I don't know how many times I've seen people I know get into their cars after having a couple of drinks. They'd tell me they were fine or they could make it or they're just driving a couple of minutes away and I would let them go.

Most of all, I'm angry because this could have been avoided. If that driver had just been responsible and handed his keys to somebody else, my friend would still be here. Instead, he got in that driver's seat, most likely knowing he shouldn't have, and someone else lost his life because of it.

What's unbelievable is that it happens all the time. Somebody thinks he's OK to drink and drive and hurts somebody else in the process. It's just plain stupid. There's no better way to put it.

This is why I say it's simple. Don't drink and drive. You shouldn't be trying to guess if you've had too much to drink or not. If the alcohol has touched your lips, don't risk it. If it's someone you know, take his keys. Let him be upset with you. You might save a life.

Don't make someone see his loved one the way I last saw my friend. Don't let someone leave behind a family and friends that way. *Courtesy of AFSPC News Service.*

Activated FAC brings right recipe for recovery

By 1st Lt. Elizabeth Kreft
45 SW Public Affairs

When life throws lemons, some folks need help making the lemonade.

Many military members in need of extra assistance from hurricane stresses knew to turn to the 45th Space Wing Family Support Center to be the guiding hand through the difficult transition back to normal life, and the staff members of the FSC knew they had to step up to the challenge of meeting the needs of hundreds of individuals.

But when Mother Nature threw two weeks-worth of lemons at the Space Coast in the form of Hurricanes Charlie and Frances, the counselors at the Family Support Center realized that extra attention and special aid operations were required to meet the crisis-level need of 45th Space Wing families.

During a time of intense hardship, the FSC changes its operational focus to be able to handle the high number of requests for assistance and aid. They operate under a specific mode, called the Family Assistance Center.

"The wing commander activates the FAC when he deems it necessary," said Glenn Simms, Family Support Center director. "We train to be in this mode, but this is the first time in 10 years the 45th Space Wing support center has activated into the FAC."

While the changeover to the FAC implies more work and a heavier load for the support

center staff, it also indicates that the personnel intend to focus solely on members affected by the current crisis.

"The idea of a Family Assistance Center didn't really come to fruition until the mid-90s," said Mr. Simms. "After multiple crises, such as Mt. Pinatubo, Khobar Towers and the Gulf War, the idea of an FAC came into existence. Our workers needed a way to focus their assistance and abilities on the one incident to make sure we got help to everyone seeking it."

The shift in focus does not lead to a change in the help for customers; it simply means each customer can expect more workers and volunteers to be concentrated on helping with the immediate needs of its patrons.

In this case, support workers for the 45th Space Wing FAC were able to help more than 100 individuals and families, and were able to distribute greater than \$35,000 in financial aid.

"We are very thankful for the help that the FAC has given us," said Master Sgt. Vince Gillen and his wife, Liz. "Getting the help here that we weren't getting from our insurance company reminds us that being a part of the Air Force means we will be taken care of."

The Gillens suffered almost a total loss on their home in Melbourne, but the assistance from the FAC on top of the outpouring of support from fellow Air Force Technical Applications Center workers renewed their spirits.

"Everyone has been wonderful, and we are

just so thankful for that," said Mrs. Gillen.

Chrissy DeWitte, a financial aid counselor at the Family Support Center, says she is thankful for the opportunity to go the extra mile for some of her regular clients.

"It is nice to be able to help these people who I know are trying to be financially responsible through a tough time like this," she said.

"Many of my customers are already on a proactive plan to take control of their finances, but when something like this comes your way, it is good to have people ready to stand by your side and offer extra help."

Activation of the FAC not only allows family support staff members to focus on the crisis at hand, it also allows for access to funds from the Air Force Assistance Fund and other military fund sites with less delay or paperwork.

"With the FAC activated we can authorize loans much faster ... We were getting people in and out of here in under an hour."

Being a stronghold for people in need is what the FSC counselors are used to, but in a tough situation like hurricane aftermath, their skills are put to the test on a different level.

"It takes a special attitude to be able to work in the FAC when you know your family is suffering from the same hardships people are coming in and asking for help with," said Mr. Simms. "But that is what we are here for ... and we will be here for people again when the next big event or catastrophe comes."

SHARK OF THE WEEK



Master Sgt. Juan Riquelme
Cape Canaveral Spaceport Management Office
Logistics Engineering Management

Hometown: New York City, N.Y.

Time on duty station: One year, six months

Favorite motto: A person's true character is shown by how they treat someone who cannot do anything for them.

Exceeded the standard: Master Sgt. Riquelme does and outstanding job leading teams in the resolution of contract issues for laboratories and vehicles on the J-BOSC. Furthermore, he is the epitome of a team player – he is always available to assist his col-

leagues and, without hesitation, unselfishly offers his assistance to resolve technical issues, facility concerns and personal matters.

- *Mike Bolger, Cape Canaveral Spaceport Management, Integration office chief*

Inspiration to excel: I don't sense it as "going beyond the call." Everyone should survey how they can contribute and not just march within their job description.

Why do you serve? I serve to preserve the freedom offered to my family when we emigrated ... because while in uniform a stranger tells me thanks ... because it makes me smile when I am saluted by a child.



Photo by Carleton Bailie

Gone before the wind

After four nights of launch attempts and delays, the 5th Space Launch Squadron joined with International Launch Services, Lockheed Martin and other mission partners to launch the last Atlas IIAS Aug. 31st. The rocket survived winds and rain from Hurricane Charley, but launch team members breathed a sigh of relief as they sent the bird into orbit just before Hurricane Frances blew into the area.

Annual Combined Federal Campaign kicks off

RANDOLPH AIR FORCE BASE, Texas — The 2004-2005 Combined Federal Campaign began Sept. 1 in the continental United States and runs through Dec. 15. Overseas, the campaign runs Oct. 1 through Dec. 15.

Exact dates and campaign goals are established in each geographic area by the local federal coordinating committee and are available through the installation CFC project officers.

Last year, federal workers reached into their pockets to donate nearly \$250 million during the campaign.

The campaign was established in 1961 and is the largest workplace charity campaign in the country, according to officials at the Air Force Personnel Center here. This annual fall fund-raising drive allows nearly 4 million federal employees to contribute to thousands of local and national nonprofit organizations.

On average, one in four federal employees or their family members will benefit from the CFC charities this year alone, according to officials.

Donors may designate which charity, or charities, receives their money by filling out a pledge card. Contributions can be in cash, check or by payroll deduction.

Maj. Rick Koelling is the 45th Space Wing's CFC project officer. He can be reached at 730-1236, or visit the CFC Web site at www.opm.gov/cfc for more information. *Courtesy of AFPC News Service*

Jewish high holy days inaugurate new year

By Barry Chefer
Jewish lay leader

Editors note: Many readers have asked why the name of G-d is not spelled out completely in this article. To Jews, both the spoken and written name of G-d is holy. Since newspapers are usually discarded, the sages adopted the practice of leaving out a letter in G-d's name to show respect.

The High Holy Days of Rosh Hashanah, Yom Kippor and Succos mark the highlight of the Jewish calendar. It is the time to create a new beginning.

This year, Rosh Hashanah is observed Sept. 16-17 ushering in the Jewish year 5765.

Rosh Hashanah, translated as "head of the year," commemorates the creation of Adam and Eve, the first human beings. On this "day of judgment," Jews stand individually before G-d and offer our best case for being "created anew" - to be granted another year of life. Through Rosh Hashanah, the blessings and sustenance for the coming year are provided. It is a time of judgment - a time of happiness to be sure, but of seriousness as well, of regret, of apologies, of repentance. The destiny of the entire New Year is judged by G-d.

The message of Rosh Hashanah is that G-d is king over all creations. During synagogue prayers, the shofar, a ram's horn, is sounded to remind the congregation of the eternal compact between G-d and the Jews.

Festive meals are also a central part of Rosh Hashana. During the meals, the Jewish people eat a round bread, called challah, symbolizing fullness and completion.

The challah is dipped into honey, and also

an apple into honey, symbolizing prayer for a sweet new year. A pomegranate is also eaten to symbolize the wish that our merits be increased like the many seeds within the fruit.

One week later, on Sept. 25, Jews observe Yom Kippor, the Day of Atonement which is observed as a 25-hour period of prayer and fasting. It is the holiest day of the Jewish year. Transgressions against G-d and fellow human beings are forgiven as the slate is wiped clean and a new beginning is launched. It is as if G-d presses the "delete" button, and the blemishes on souls disappear. As each person stands individually before his maker, the entire Jewish people are united before G-d. It is customary to apologize and seek forgiveness from relatives, friends and anyone whom we may have wronged during the year. Memorial prayers for departed loved ones are also recited on the day of Yom Kippor.

Rosh Hashanah, Yom Kippor and the days in between are known as the Ten Days of Teshuvah, meaning return. The mood of this period is upbeat and optimistic, for repentance in Judaism provides a positive force that enables us to embark on a better future.

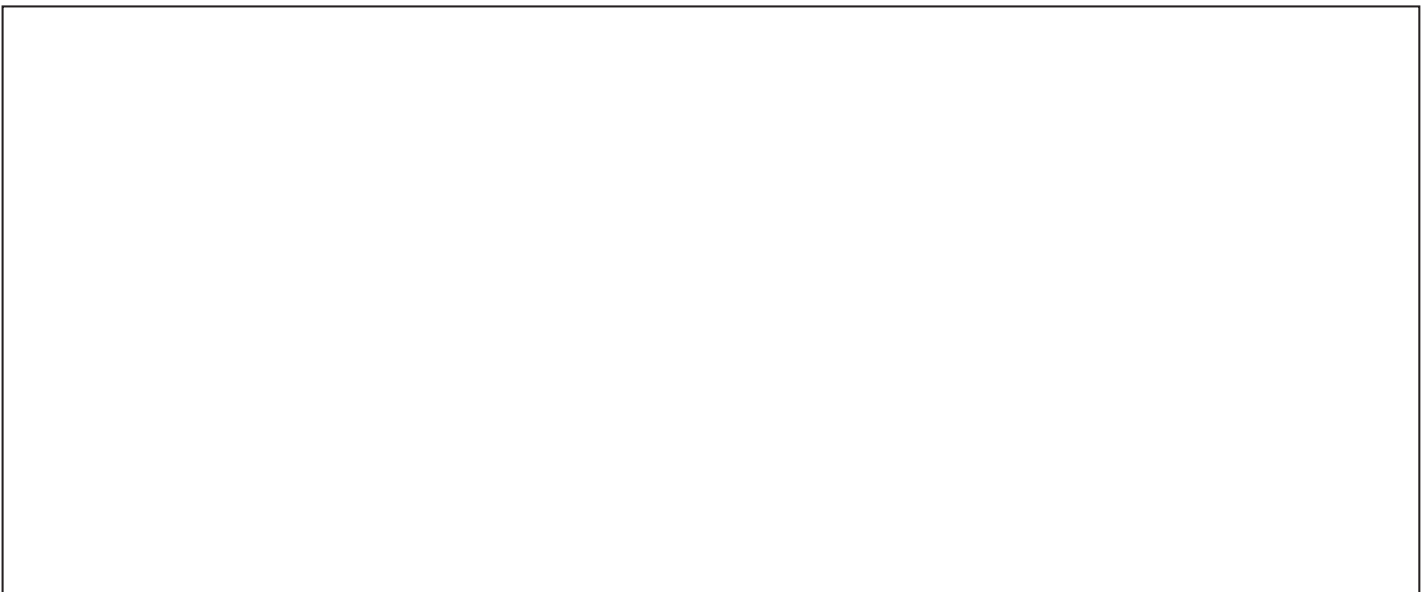
The 10 Days of Teshuvah is followed by the holiday of Succos, meaning "season of our joy." It is Sept. 30 - Oct. 8. The main custom of Succos is to build a succah - a temporary structure, built near the house to allow easy access at mealtime. Almost anything can be used to build the walls, but the roof must be

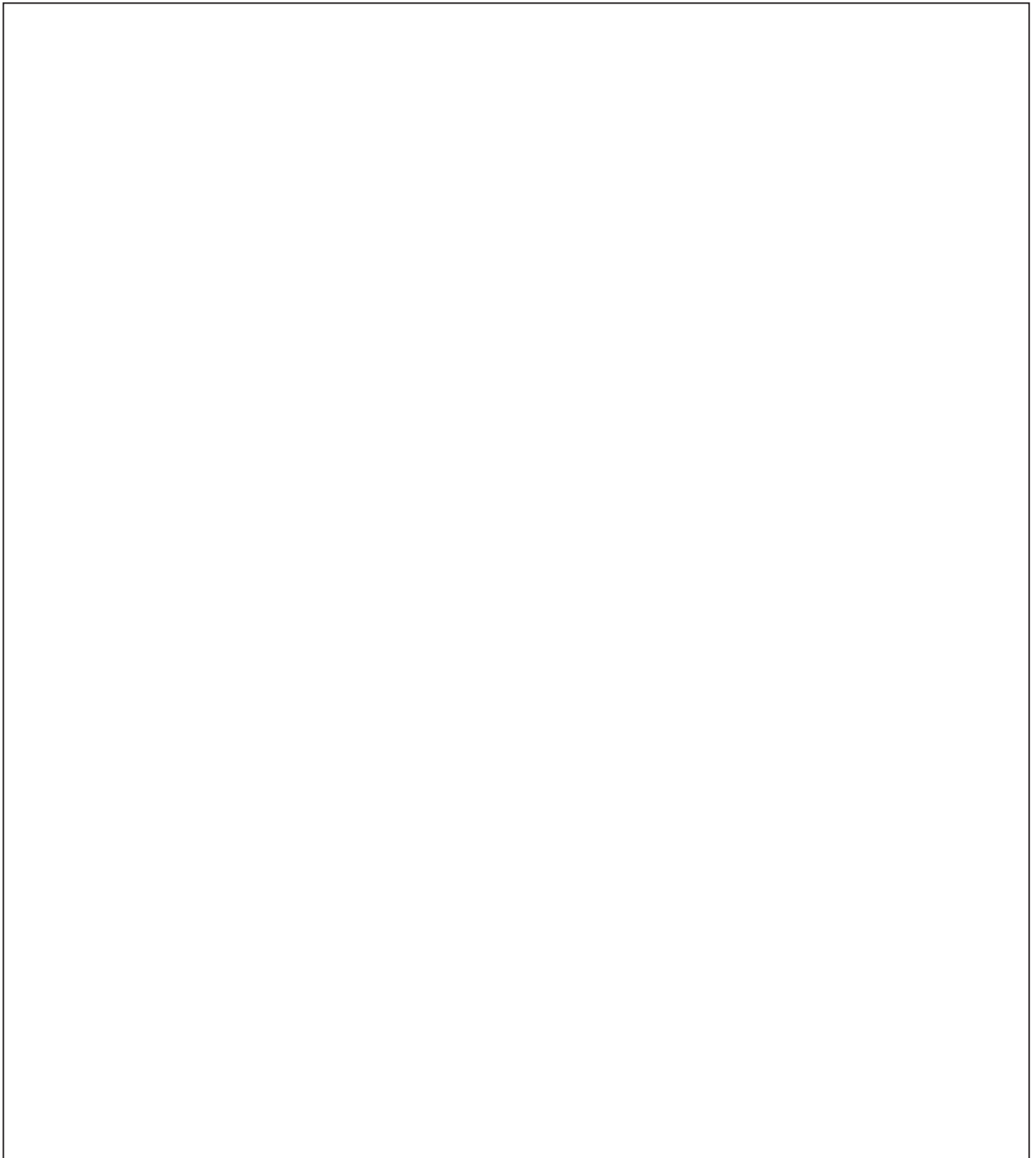
made of organic material such as tree branches. During the weeklong festival, meals are eaten in the succah.

The succah is symbolic of G-d's protection of the Jews during the 40-year journey in the wilderness after the exodus from Egypt. It is also a reminder to the Jews that His protection continues to this day.

The shade of the succah symbolizes the "clouds of glory" which enveloped and protected the Jews in the wilderness. The fragility of the succah reminds us that it is G-d whom we must turn to for protection. Also, Succos emphasizes the unity of the Jewish people.

Observed in combination, and in the timeless tradition set forth by the sages, the high holy day season strengthens bonds between family, friends and G-d; provides a channel for individuals to evaluate, correct and improve behavior, thus providing a new, improved charter for the New Year.





Be a mentor

Mentors are needed for the National Disability Mentoring Week, Oct. 18-22. That week, high school students with disabilities will shadow the mentors. Those with disabilities are encouraged to be mentors. The high school students are interested in science and technology careers. To be a mentor or to find out more, call Betty Preece at 494-9234 or e-mail her on the global system.

Learn about AF

Spouses, especially those married less than five years, are invited to Heart Link, a one-day seminar Thursday from 10 a.m. - 2 p.m. at the Family Support Center. Learn about the Air Force mission, customs, traditions, protocols and available resources and services. Lunch is provided at this free event. For reservations, call 494-5675.

Families get voucher help

Spouses of deployed or remote members can get assistance on filling out their evacuation travel vouchers at a mass briefing Tuesday, 6 p.m. at the Family Support Center. To sign up and to find out about free childcare for this event, call 494-5675.

Free child care available

Military members returning from deployment are entitled to 16 free hours of childcare per child through the Family Child Care program. Deployed personnel must have spent over 30 days in direct support of the Global War on Terrorism. Call 494-8391 for more information.

Take a class

The Family Support Center offers the following classes for active duty, spouses retirees and DoD civilians: Military Spouse Virtual Assistance Training, Tues. 9:30 a.m. - 3:30 p.m.; Cooking Class "Kelly" Lemon Torte Tues., 11 a.m. - noon; Self-relaxation Techniques Wed., 11 a.m. - 12:30 p.m.; Heartlink Thurs., 10 a.m. - 2 p.m.; Bringing Baby Home (at Base Library) Thurs., 11 a.m. - 12:30 p.m. and Savings and Investing Sept. 24, 12-1:30 p.m. Call 494-5675 for reservations.

Language class offered

An English for Speakers of Other Languages class is every Tuesday - Thursday, 9:30 a.m. - 12:30 p.m. It is open to all speakers in need of learning English or polishing up their English speaking and writing skills. For reservations or additional information, call Elsa Kekahuna at 494-5675.

Hurricane Frances recovery

Damage claims

The 45th Space Wing Claims Office is assisting military members, their family members, retirees and DoD civilians in filing claims for damage to personal property as a result of the hurricane. The Military Personnel and Civilian Employees Claims Act allows for compensation for personal property caused by hurricane incurred on base or otherwise incident to service.

- On-base residents: Those with significant damage should call the office at 494-7723.
- Those with private renters' insurance should first file a claim with their insurance agency.
- Pelican Coast (formerly South Housing) residents: The landlord has a team ready to receive claims for property damage, and their representatives may be reached at 777-8282.
- Other residents: Check renter's or homeowner's insurance to identify your rights.

For more information, call the claims office at 494-7723 or visit them in Bldg. 562 (642 O'Malley Rd.). Additional claims information can be found at <https://www.patrick.af.mil/45sw/45ja/claims.htm>.

FSC can help

The Family Support Center has returned to normal hours, but still provides emergency assistance as needed. For emergency loan information or counseling, call them at 494-5675.

FEMA gives assistance

The Federal Emergency Management Agency can assist by giving financial aid to hurricane victims. Government disaster assistance covers basic needs only and won't normally compensate for an entire loss. The government may help pay for basic needs not covered under an insurance policy. Some disaster aid doesn't have to be paid back, while other forms of help may come in the form of loans. Call 1-800-621 FEMA (3362).

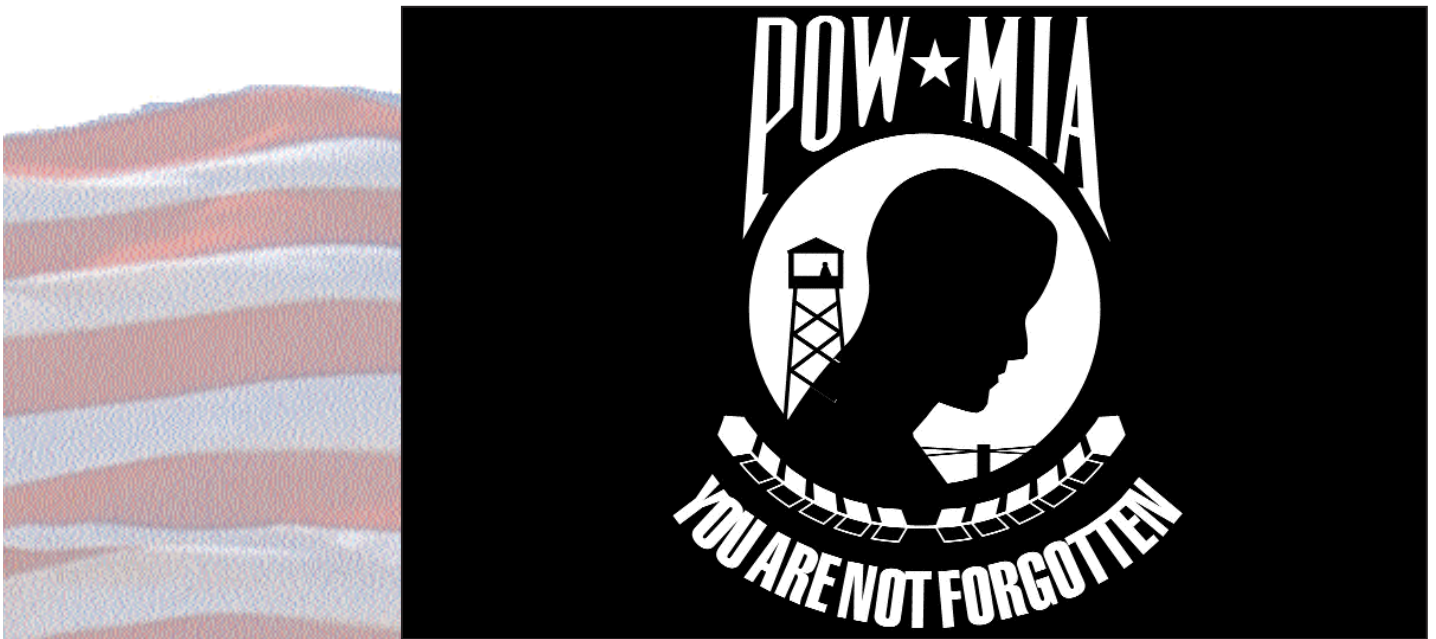
LEST WE FORGET



Above, Senior Airman Justin Roederer salutes the flag after presenting it to Staff Sgt. Toby Farr. Below, Senior Airman Kelly Kinner, left, and Senior Airman Chad Evans finish folding the POW/MIA flag following the flag's lowering.

Above, Chaplain (Maj.) Peggy Wilkins, gives the invocation at the Prisoners of War/Missing in Action ceremony Tuesday in Memorial Park at Patrick Air Force Base. Many wing members paid respects to prisoners of war unaccounted for. Right, Staff Sgt. Miguel Vega, folds the American Flag following the retreat ceremony.





The retreat ceremony honored servicemembers from each branch. Patrick Air Force Base Honor Guard members carry service caps to represent the Army, Navy, Marines, Coast Guard and Air Force.

Golf course above par following Frances

By Airman 1st Class Shaun Emery
45th SW Public Affairs

The Manatee Cove Golf Course came away mostly unscathed following Hurricane Frances, which tore through the area two weeks ago.

"We're back to business as usual," said Jim Hickey, Golf Course director. The hurricane uprooted over 200 trees, and debris covered many of the fairways and greens.

The golf course opened under normal hours Sunday and according to Mr. Hickey, patrons wasted no time getting back into the swing of things.

"The playability on the course is very good right now," explained Mr. Hickey. "We didn't get as much rain as I expected, and the course held up nicely."

Mr. Hickey expressed the importance of getting the course ready for players as quickly as possible.

"We spent most of the first days following the storm, clearing the debris and moving the trees out of the way," he said.

Many golf course customers were forced to leave the area for an extended period of time. A situation like that can cause stress for anyone.

Al Crews, a regular golfer at Manatee Cove said he spent six days in a hotel. "It was really nice to get back out and play," Mr. Crews said.

Golf is a great way to relieve stress, according to Mr. Hickey. "People have done so many things the past couple weeks," he said. "Many returned to homes with no power or water. It was important for us to get the course up and running, providing our customers a place to relax."



Photo by Airman 1st Class Shaun Emery

Golfers take to the course after debris from Hurricanes Charley and Frances was cleared from the area. Some fallen trees still line the edge of the course, but the award-winning fairway is open for play, and the course director ensures business is back to normal.

Welcome back volleyball

Showing that Hurricane Frances can't keep the intramural volleyball season down, the high-flying teams from the Air Force Technical Applications Center and the 45th Security Forces Squadron squared off for the lone game Monday night. The 45th SFS pushed the AFTAC team to its limits, but came up short of the victory.

Wednesday night volleyball pitted two teams, in need of a win, the 45th Space Communications Squadron and the 45th Civil Engineer Squadron. Unfortunately for the 45th CES, the need was greater for the 45th SCS team, which won both games to improve to second place in the Wednesday night league standings.

In the final game, the previously undefeated 3rd Space Launch Squadron, faced their launch group rival the 5th SLS. The 5th SLS took down their rival, handing them their first loss of the season.

League standings

Monday			Wednesday		
Team	W	L	Team	W	L
AFTAC	5	2	3rd SLS	6	1
CSR	4	2	45th SCS	3	2
45th SFS	2	5	5th SLS	2	2
1st ROPS	1	3	45th CES	0	6

SPORTS BRIEFS

Take to the lanes

The Fitness Center is organizing Intramural Bowling for the 2004 Intramural Season. The start date for this year's bowling season will be the Tuesday, depending on player participation. Cost is \$1 per game, and \$1 for shoe rental. For further information contact Barbara Holt at 4-2958 at the Bowling center.

Try out for soccer

The Patrick Air Force Base Varsity Soccer team will hold tryouts Sept. 26 at 10 a.m. and Sept. 28 at 6 p.m. at the South Housing Sports Complex. For more information, contact J.C. Uiterwyk at 476-2978.

Check your locker

The Patrick AFB Fitness Center is updating the locker rooms. If a person has a locker, they need to verify it with the Fitness Center staff by Oct. 1. Any lockers not verified will have their lock cut off. For more information, contact Tanya Gardner at 494-7959.

RIVERSIDE DINING

Saturday Brunch - Cajun meat loaf, **crispy baked chicken**, ribeye steak

Saturday Supper - **Fish amandine**, pork chops w/mushroom gravy, stir fry chicken w/broccoli

Sunday Brunch - Chicken parmesan, sauerbraten, tuna and noodles

Sunday Supper - Fried shrimp, **ginger BBQ chicken**, **spinach lasagna**

Monday Lunch - **Baked chicken**, simmered knock-wurst, Swiss steak with tomato sauce

Monday Dinner - Roast turkey, baked ham, fish and fries

Tuesday Lunch - Grilled Salisbury steak, onion-lemon baked fish, yakisoba

Tuesday Dinner - BBQ beef cubes, **paprika beef**, pork chop suey

Wednesday Lunch - Chalupa, Burritos, Mexican chicken breast, chicken enchiladas

Wednesday Dinner - Country style steak, fried chicken, **pita pizzas**

Thursday Lunch - Liver with onions, orange-spiced pork chops, tempura fried fish

Thursday Dinner -Pepper steak, **Mr. Z's finger lickin chicken**, ginger pot roast

Friday Lunch - Beef and corn pie, pea and pepper rice, **seafood Newburg**, veal paprika steak

Friday Dinner -Yankee pot roast, **simmered corn beef**, pineapple chicken

Menus are subject to change. Bolded items are healthy choice meals. For more information, call dial-a-menu 494-2845.

CHAPEL

Catholic

Daily Mass (Mon. - Fri.) at 11:30 a.m. in the Seaside Chapel.

Saturday: 4 p.m. confession, 5 p.m. Mass in the South Patrick Chapel.

Sunday: 8:45 a.m. Mass in South Patrick Chapel, and 11:30 a.m. Mass in the Seaside Chapel.

Protestant

Sunday: 8:30 a.m. - Traditional Worship in the Seaside Chapel.

9:50 a.m. - Adult Sunday School in Seaside Chapel. 10 a.m. - Grades K-12 at South Patrick Chapel. Van transportation provided for base children.

11 a.m. - Contemporary Service in the South Patrick Chapel.

MOVIES

Friday *The Village* The village seems picture perfect, but this close-knit community lives with the frightening knowledge that creatures reside in the surrounding woods. The evil and foreboding force is so unnerving that none dare venture beyond the borders of the village and into the woods. But when curious, head-strong Lucius Hunt plans to step beyond the boundaries of the town and into the unknown, his bold move threatens to forever change the future of the village. Stars Joaquin Phoenix and Sigourney Weaver. Rated PG-13 for violence and frightening situations. 120 min.

Saturday Free screening

Sunday *The Manchurian Candidate* During the first Gulf War two U.S. soldiers are taken prisoner & brainwashed into becoming assassins. They return home as heroes, though Marco is troubled by dreams and vague memories of his brainwashing. Eventually, Marco remembers what has happened to him and tries to get to Raymond Shaw, who is running for office, to convince him of what he's remembered. Stars Denzel Washington and Meryl Streep. Rated R for violence and language. 130 min.

Thursday

The Manchurian Candidate, See Sunday's synopsis

Movie times are 7:30 p.m. unless otherwise noted. Adults pay \$2.50, children under 12 pay \$1.50.

The Calendar

Saturday

▲ Karaoke Night on the Deck at the NCO Club begins at 7 p.m. Call 494-7491 for information.

Tuesday

▲ T-Bone Tuesday at the Officers' Club. Dine by candlelight while enjoying the sounds of Sass N Brass. Two steak dinners are \$19.95. This is a members-only program. Call 494-4012 for reservations.

Oct. 1

▲ Youth Programs registration begins for the Winter Basketball Program. Monday – Friday, 1:30-6 p.m. Registration is open to Youth Center members ages 6-15 of active duty, DoD personnel, NAF employees, retired and contractors. Children must be 6 years old by March 2005 and not turn 16 by the same date to be eligible to participate. The cost is \$40 for current 2004 Youth Center members and \$50 for nonmembers. Player evaluations and team formations are Nov. 1 with practices beginning the week of Nov. 8. All girl teams will be formed for ages 10-15 to participate in a joint league with an off-base program. For additional information, contact the Youth Center at 494-4747 or sports director at 494-3770.

Oct. 1

▲ Registration begins Oct. 1 for Kids Night Out Oct. 8, 6-11 p.m. Twenty-four slots are available on a first-come, first-served basis for children of active-duty and retired military, DoD and NAF employees, and DoD contractors who have completed any grade K-6. Cost is \$10 per child. Parents must register for the slot and make payment at the Youth Center business office by 5:30 p.m. the Wednesday prior to the night of the event to hold their reservation.

Oct 19

▲ Registration is due no later than Oct. 19 for the Air Force Family and Teen Talent Contest Oct. 22 at 7:30 p.m. Family members are invited to sing, dance and perform together in this event. Active duty and retired military, DoD and NAF employees and contractors and their family members can enter in on of 15 categories Videotapes or DVDs of base winners will be submitted for an Air Force-level contest. Registration forms are available at the Youth Center. For more information, call Lynne Phillips at 494-4747.



Photo by Theresa Amlong

Sherrie Withrow shows Capt. Rob Groff, U.S. Army Recruiting Command, 2nd Army Medical Detachment, a sample of an engraved plaque in the Skills Center, Bldg. 415.

Express yourself

By Theresa Amlong
45th Services Squadron

The Skills Center Engraving department is a place to have a unique item custom made to commemorate a special occasion.

For awards, farewell gifts, soccer trophies or more, the Engraving department can make a memento for any occasion. Unique gifts include engraved pen and pencil sets, a photo displayed on a mug and T-shirts custom designed with logos or photos.

Skills Center Engraving, located at Patrick in Bldg. 415, offers laser and rotary engraving of metals, wood, glass and acrylics. They also offer image transfers to mugs, mouse pads, T-shirts, and other fabrics such as caps, aprons and canvas bags. "We have a catalog of items that can be custom ordered and most items can be ready for pickup within a week," says Nancy Wilberg, Skills Development director.

Sherrie Withrow, a customer service expert with 17 years experience, can assist in making that one-of-a-kind keepsake utilizing a design and logo or she can completely custom design a keepsake.

"I've been called upon to engrave many unique

items," she said. "I've laser engraved a wooden jewelry box and a small boat paddle and I've rotary engraved knife blades, coins, baby spoons and most recently - handcuffs."

Ms. Withrow works with each customer personally, giving each project individual attention. "In order to place an image on mouse pads, coffee mugs or metal, the image is scanned, then made into a decal," says Ms. Withrow. "We can add text to photos and do refining work on images, taking out fuzzy areas and cleaning up the art."

Ms. Withrow recently designed a T-shirt logo for a family reunion for retired Army Master Sgt. Bobby Dallis. "I told her what we wanted and we were very happy with the design," said Mr. Dallis, whose finished product displayed the St. Louis Skyline framed by text. "Ms. Withrow did a fantastic job and we will use her design again and order more T-shirts for next year's reunion."

To order an engraved or customized item, visit the Skills Center Engraving department in Bldg. 415 across from ITT. Call them at 494-4270 to find out more.

Events

The 3rd annual Paws at the Pier at the Cocoa Beach Pier is Saturday, 10 a.m. - 3 p.m. Cost is \$8 in advance and \$10 at the gate. The Central Brevard Humane Society sponsors the event featuring best dressed pet, entertainment, silent auction, games, pet massage therapy, pet first-aid demonstrations, contests, owner/pet look-a-like and more. All animals must be on a leash or in a carrier and have proof of current vaccines. For more information, call 302-4828.

The Brevard Symphony Orchestra and the King Center for the Performing Arts presents "Play Me a Story," the annual free family concert, Sunday at the King Center for the Performing Arts, 3865 N. Wickham Road, Melbourne. Call 242-2219 for more information.

The Dixie Cruiser Car Show is from 5-9 p.m., the third Saturday of every month, at the Victoria Square Shopping Center on Merritt Island. The show features vintage, classical, antique, street rod and muscle cars on display, food, entertainment and more. Cost is free.

For more information, contact 267-7588.

Sock Hop is Saturday from 6-11:30 p.m. at American Legion Post 117 in Palm Bay. The event will begin with an Italian dinner at 6 p.m. Following the dinner, there is a dance and costume contest and music by Fabulous Korvettes. Cost is \$6. Call 729-8089 for more information.

The 17th annual Autumn in the Park is Oct. 2-3, 9 a.m. - 4 p.m. at Riverside Park in Vero Beach. The festival features crafts and artwork, food and activities for children. Call (772) 562-0565 for more information.

Children's Spooktacular Breakfast is Oct. 30, 8-11 a.m. at Palm Bay Community Center for children ages 3-

11. Tickets are \$3 per person. Children ages 2 and under are free with a paying adult. Continental breakfast is served from 8-10 a.m. There will be door prizes, a children's maze, Halloween crafts and character pictures. For more information call 952-3443, or visit www.palm-bayflorida.org.

Palm Bay's House of Terror is Oct. 29-30, 6-10 p.m. at the Palm Bay Community Center. Admission is \$3 for children 12 and older, children under 11 are \$2. Nights will feature psychic readings, character pictures, entertainment, food concession and music. Parental escorts are recommended. Tickets go on sale Oct. 1 at Palm Bay Community Center headquarters. For more information, contact 952-3443 or 3441, or visit www.palmbayflorida.org.

Music

The 28th Polish American Festival is Oct. 3, 11 a.m. - 6 p.m. at Fox Lake Park in Titusville. The festival features Polish food and music by Rick Piotrowski, the Orlando Polka Magic Band and Marc Bouchard's Orchestra. Cost is \$10; children 12 and under are free. For more information, call 267-0890.

CrackerFest is Oct. 2, 10 a.m. - 4 p.m. at Erna Nixon Park in Melbourne. Celebrate Florida's rich natural history, craftsmen, dancing and live folk music. A presentation of livestock, sheep shearing, native wildlife and more. Cost is \$1. Call 952-4525 for more information.

The 6th annual Space Coast Jazz & Blues Festival is Oct. 9, 10 a.m. at Kiwanis Island Park on Merritt Island. The event features musical entertainment, youth performances, a picking shed, arts and crafts village, children's games and activities and more.

