

45th Weather Squadron garners AFSPC awards

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Guardian Challenge team readies for win

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Cycling offers unique fitness option

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Photo by Lt. Col. Judy Young

Compassion at work

Staff Sgt. Angel Lopez-Portillo, 45th Medical Group dental technician, puts a Panamanian ffbuy at ease before administering dental care. Sgt. Lopez-Portillo was one of 10 members on a 10-day medical readiness and deployment-training mission to Panama recently. They provided optometry, dental care, women's health examinations, dermatology, pediatrics and general medical services. See story on Pages 10-11.

DEOMI soldier earns Bronze Star

By **Mary Ann Chevalier**
and **Master Sgt. Chris Calkins**
DEOMI Public Affairs

Army Master Sgt. Pedro Corraliza, a member of the Defense Equal Opportunity Management Institute's Research Directorate team, was recently awarded the Bronze Star for meritorious service in Iraq in a formal ceremony at DEOMI.

Navy Capt. Robert D. Watts, the school's commandant, presented him with the medal.

Sgt. Corraliza, a native of Santurce, Puerto Rico, who entered the U.S. Army in 1986, received the medal while serving as the first sergeant of the Contingency Operating Base - South,

Defense Human Intelligence Service from Jan. 22 to July 1, 2003.

"This is one capable soldier," said Capt. Watts. "I am proud to be a part of this great ceremony, and even more proud knowing he's now part of our DEOMI team."

Arriving in Iraq in January, 2003, and handpicked for the "first shirt" job by the group's commander, Army Col. Kim Cashbaugh, Sgt. Corraliza was in country well before thousands of American and coalition troops arrived as Operation Iraqi Freedom kicked into high gear last March.

Sgt. Corraliza said that due to the high level of intelligence, sensitivity and security issues he and his unit of

senior-level civilian and service members were involved in, there are many things he can't talk about. "But what I can say about this job is that it was a great experience, both personally and professionally. It made me a better soldier and leader," he said.

"During stressful times like these - both in the pre-staging area of Kuwait and later in Baghdad - you learn quickly that the most effective way to lead is from the front. That's the only way to do it. If you don't set the example, your troops aren't going to follow you."

Sgt. Corraliza's responsibilities in DEOMI include the tabulation and processing of Military Equal Opportunity Climate Assessment Surveys.



By Brig. Gen. Greg Pavlovich
45th SW commander

I was just TDY a week, but what a homecoming. I returned to more great news about our outstanding folks being recognized! We start off with numbered Air Force honors for Ms. Mary Seabold and Ms. Susan Snell, both from our 45th Medical Group, selected as annual award winners for 14th Air Force in the Civilian Category I and II competitions, respectively.

And congratulations to Ms. Trudy Hughes, 45th Space Communication Squadron, who was selected as the Air Force Association Outstanding Air Force Civilian of the Year. Ms. Hughes won for Air Force Space Command in the Senior Civilian Manager category.

But that's not all. Not to be shown up by the 45th Weather Squadron, the 45th Space Wing Safety Office brought in a downpour of AFSPC awards and Air Force kudos, too. At the AF-level, the 45th Space Wing earned an Explosives Safety Plaque and Space Safety Plaque, making us two for two. In the command awards, it was a 45 SW/SE sweep, with four of four individual awards won and then -not surprisingly - honors for the office with a unit safety award.

You'll get to read about the safety achievements in more detail in next week's paper, but I'm not ready to leave the subject of safety just yet. Gen. John Jumper, chief of staff of the Air Force, just identified the biggest challenge facing the Air Force today: safety. He has issued a challenge to reduce Air Force mishap rates by at least 50 percent over the next two years.

Well, we have an award-winning safety office, no problem, right? Wrong. Safety, like security (I'll get to that in a minute), is everyone's business. This is a goal that needs to be taken on by commanders and supervisors at all levels and, perhaps most importantly, individuals themselves. This means an increased emphasis and understanding that safety is a concern on- and off-duty. Off-duty vehicle accidents continue to be the number one killer of our personnel Air Force-wide.

Here at the 45th Space Wing, the majority of our safety incidents do not occur at work, but

rather during off-duty time and especially during recreational activities. Now you all know I subscribe to the work hard, play harder motto, but I guess I need to expand that to play harder and smarter. No dumb stuff means no dumb stuff - regardless of location, regardless of activity.

OK, now on to security. I emphasized information protection several weeks ago, but let me revisit the operations security message one last time. We all have a role in OPSEC. Those of you who didn't believe me saw from the vulnerability assessment out brief Feb. 27, that we all handle information that can be useful to an adversary. The assessment team showed just how little information one needs to start connecting mission dots, learning procedures or gaining critical access.

It was an eye-opening brief. We did some things right, but we also had some areas where we can improve. It was not an inspection and - more importantly - it was not a real adversary, but the lesson is the same: each one of us can do more to protect information about our work. It also validates some of the security "inconveniences" we put you through, such as requiring ID cards at Services facilities, employing computer network protocols, issuing restricted access badges, etc.

We'll be creating more "inconveniences" for the adversary as more of our anti-terrorism/force protection projects get complet-

ed. In the meantime, and even afterwards, be thinking of ways that you can personally keep your workplace and your co-workers safe and secure. Remember, these procedures and policies are not just to safeguard information - ultimately they are to protect our people.

Alright, and just to prove that I'm not all work and no play I want to pass along some important quality of life information. We've just awarded a contract for upgrades for the pool at the NCO club.

The pool deck will be resurfaced, the fencing replaced and a new liner installed. The wading or baby pool will also have the deck resurfaced and a water umbrella will be added for the kids. Some much needed mechanical and plumbing work will also be completed, but don't worry, the improved family pool will still open this summer.

And speaking of improvements, you'll notice a new look to the *Missileer* this week. Despite garnering first place in the AFSPC newspaper contest and "Best Internal Information Program" honors, the *Missileer* staffers aren't resting on their laurels. They're leaning forward to further enhance our information tools such as the newspaper and SharkVision.

Like I said last week, the 2003 performance plans were just the START. In 2004, the idea is to build upon successes and continuously improve.

Get it? Thanks for all you do. God bless!

Civilian Force Development Supervisor Training

*Mandatory for all supervisors of civilian personnel
Call 45th MSS/DPC at 494-5238 to reserve a seat.

Patrick Air Force Base

Sessions held in Civilian Personnel Office,
(Bldg. 536, Room 109)
March 11, 8-10 a.m. and 1-3 p.m.
March 12, 8-10 a.m.
March 17, 1-3 p.m.

Cape Canaveral Air Force Station

Sessions held in the E&L Bldg. (Large conference room)
March 8, 1-3 p.m.
March 16, 8-10 a.m.



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1201 Edward
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Building 423,
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(321)494-5922

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AF Assistance Fund campaign kicks off

Contributions make difference in AFSPC

By General Lance W. Lord
Commander, Air Force Space Command

PETERSON AIR FORCE BASE, Colo. – March marks the start of a special time of year where we all have an opportunity to help our own Air Force family. It is the beginning of the Air Force Assistance Fund campaign.

Occasionally Air Force people find themselves in difficult and often unexpected situations where they need financial help. The Air Force Assistance Fund provides direct support to people in need through four Air Force charities: The Air Force Aid Society, The Air Force Enlisted Foundation Inc., The Air Force Village Indigent Widow's Fund, and The General and Mrs. Curtis E. LeMay Foundation.

These charities have supported active-duty, Reserve, Guard, retirees, surviving spouses, and their families for more than 30 years.

During the past year, Air Force Space Command personnel contributed \$350,000 to the AFAF, with 100 percent of the donations going to the charities. At the same time, AFSPC people received more than \$1.2 million in assistance from the Air Force Aid Society alone. I hope this year we can continue to do our part to ensure any struggling AFSPC member has the needed support to take care of their children, stay in touch while deployed or handle an emergency.

In addition to benefiting AFSPC personnel, your compassionate generosity helps more than 30,000 members of the Air Force worldwide.

I know there are lots of different pressures and it's sometimes difficult to part with hard-earned money, but please help support an organization whose sole purpose is to help support you and your Air Force family. Becca and I urge you to personally make a difference by contributing to the Air Force Assistance Fund. Let's make this year's AFAF campaign the best ever.

Thanks for all you do.

By Sue Walden
45th SW Public Affairs

Capt. Jim LaPierre is living proof that the Air Force Assistance Fund works.

In 1985, during his enlisted time as a one-striper stationed in Royal Air Force Lakenheath, England, he was notified of a family emergency in New York that required his family's immediate presence.

"The problem was as an airman I couldn't afford to fly back with my wife and two children," said Capt. LaPierre, executive officer to Brig. Gen. Greg Pavlovich, 45th Space Wing commander. His first sergeant contacted the Air Force Aid Society and they promptly provided the LaPierres a grant to purchase roundtrip tickets.

"With their help, we were able to support my parents during a very difficult medical crisis. I am very grateful to the Air Force Aid Society for their assistance," said Capt. LaPierre.

Being in the medical field, Maj. Ginny Garner, 45th Medical Operations Squadron family nurse practitioner, often sees medical crises, but wasn't quite prepared when tragedy struck her sister, a staff sergeant and air traffic controller at Seymour-Johnson Air Force Base, a few years ago.

In her sister's 37th week of pregnancy she delivered a stillborn baby girl. "It was a heart-wrenching experience for everyone involved; needless to say my sister and brother-in-law were in no condition to make necessary arrangements," she said.

"I simply went to the family support center and found out the Air Force Aid Society would take care of the entire financial process." AFAS paid for all the funeral expenses, including groceries for a family gathering after the service.

"I'll never forget how much the Air Force Aid Society meant to them and me during such a trying time."

It's all about giving back, according to 45th

Bang for your



► Last year, 45th Space Wing members contributed \$19,759 to the Air Force Aid Society.

► The wing received \$124,675 back for emergency assistance and education, plus money for community enhancement programs, such as Bundles for Babies and Heartlink.

► \$11,500 of the money went to providing phone cards for deploying members.

Space Wing AFAF co-chairs Lt. Col. Lynn Malone and Maj. Scott Langan.

This year the wing's goal is 50 percent active-duty contribution and \$38,661. "We're going to stretch a little and say '50/50' - 50 percent contribution, \$50,000," said Lt. Col. Malone.

AFAF representatives will provide contribution forms to everyone in their unit. Civilians can also contribute, though they cannot receive benefits.

"You can give one time or in increments throughout the year," said Maj. Langan. "Just think, even if half the wing gave \$1 or \$2 each paycheck, it would surpass the wing's goal."

The campaign kicks off Monday with a free breakfast from 7-9 a.m. at the Patrick Chapel Annex and at the E&L Building's Conference Room at Cape Canaveral Air Force Station. To sweeten the pot this year, if the wing makes or exceeds its goal a victory party will be planned.

"(Air Force Aid Society) really knows what taking care of family is all about," said Maj. Garner. Capt. LaPierre agrees. "They are a very worthwhile charity instituted to help us, our Air Force community, during times of need."



Commander Q&A :

Maj. Kenneth Bibee
45th OG, Det. 1
Antigua Air Station

Q: What is the mission of Detachment 1 at Antigua Air Station?

A: (We) provide radar, telemetry and communications support for vehicles launched from Cape Canaveral Air Force Station, Kennedy Space Center and U.S. Navy submarines. We maintain systems including command and control, command destruct and critical launch facilities supporting the Eastern Range. We also support military aircraft transiting Antigua and oversee military sealift shipments to and from Antigua.

Q: Why is Antigua AS an important location along the Eastern Range?

A: Antigua is in the Leeward Island chain, 1,250 miles southeast of Patrick Air Force Base. When a vehicle is launched from Cape Canaveral AFS, it begins to traverse the curvature of the earth and after about five minutes it is no longer visible to the tracking dishes in Florida. That's when we pick up the vehicle with our radar/telemetry and continue to monitor the flight until goes over our horizon.

Q: How does Antigua AS help those on the island?

A: We employ 90 foreign nationals and approximately 150 civilian contractors, providing \$1.37 million dollars annually to Antigua's economy. We've also donated equipment (to the community).

New rank for personnel To major

Brian Benter, 45th CES
Benjamin Braddock, 3rd SLS
Christopher J. Brown, AFTAC
Alejandro Carazo, AFTAC
Brian Gerloff, 333rd RQS
David Gerts, AFTAC
Suzanna McNabb, AFTAC
Jason Roberson, AFTAC
Oscar Robertson, AFTAC
Patricia Vollmer, AFTAC
Miguel Lezaun, 3rd SLS
Michael Price, 45th ADOS
Susan Romano, 45th SW
John Tieken, 1st ROPS
Jeffrey Zornes, 1st ROPS
Sandra Llewellyn, Aero Systems CE
David Mcillece, Electronic Systems CE
Daniel Meyer, Electronic Systems CE
Adbiel Peart, Electronic Systems CE

To captain

Heather Crockett, AFTAC
Benjamin Kowash, AFTAC
Ronnie Young, AFTAC
Teresa Dunston, Aero Systems CE
Michele Ecker, 3rd SLS
Matthew Epperson, 3rd SLS
Bryan Hoke, 3 SLS
Darren Murphy, 45 WS
Luis Nieves, 45th CONS
Elizabeth Patroliia, 45th SW
William Shaw, 3rd SLS

Weather Squadron racks up AFSPC annual awards

By Airman 1st Class Shaun Emery
45th SW Public Affairs

The 45th Weather Squadron won six out of 11 Air Force Space Command awards, including the Moorman Award for outstanding weather unit, by expertly handling every type of weather Mother Nature threw at the Space Coast in 2003.

"The 45th Weather Squadron took the lion's share of space command awards and I believe it's due to the teamwork you see every day in our unit," said Col. Robert LaFebre, 45th WS commander.

Individual award winners were 2nd Lt. Michael Jennings with the Grisham Award for outstanding company grade officer, Frank Flinn with the Best Award for civilian achievement, Senior Master Sgt. Timothy Todd with the Gardner Award for outstanding senior noncommissioned officer, Master Sgt. James Moffit with the Best Award for enlisted achievement. William Roeder, Katherine Winters and Johnny Weems were recognized with the Zimmerman Award for best applications of climatology.

Like many other 45th Space Wing units, the 45th WS often had to perform without a full team. The 45th WS deployed 13 members to six Air Expeditionary Force combat theaters while supporting a grueling 31 launch attempts from Cape Canaveral Air Force Station.

Under START, the squadron had planned for their AEF commitment and role to support the wing mission of providing combat capabilities through expeditionary operations.

"We did this by ensuring folks were properly trained in minimum time and were physically and mentally fit to complete the mission at hand," said Col. LaFebre.

Synchronized actions and precise forecasts led to many successful on-time launches, providing direct support to war fighters on multiple fronts.

On more than one occasion, money and manpower were conserved when the 45th WS recognized possible launch hazards including wind, lightning and thunderstorms on the horizon.

When the Space Shuttle Columbia disaster occurred, it was data from the 45th WS that assured weather was not a factor. Additionally, the 45th WS tracked the shuttle's debris pattern, enhancing recovery efforts.

When hurricanes Isabel and Fabian posed threats to the 45th SW assets, the squadron communicated accurate forecasts to commanders so timely, informed decisions could be made. This enabled the wing and its mission partners to synchronize actions and prevented evacuating people and canceling operations unnecessarily.

The 45th WS plays a key role in the 45th SW mission. The squadron's combat, space launch and aviation weather expertise make it the premier weather squadron in AFSPC, and their goal to continually improve their forecast and notification procedures keeps them on top.

"I am extremely proud of everyone and it's an honor to be commander of such an outstanding team," said Col. LaFebre.

'Transformational' changes set for civilian system

RANDOLPH AIR FORCE BASE, Texas - Last week, the 2004 National Defense Authorization Act put in to motion changes to civilian pay, overtime and leave.

The legislation also launched the National Security Personnel System, the biggest overhaul of the government's civilian personnel system in decades.

Defense Secretary Donald H. Rumsfeld called the changes "transformational." President George Bush agreed. "This bill also advances the vital work of transforming the personnel system for civilian defense workers so we can put the right person in the right job to meet the challenges we face," Secretary Rumsfeld said.

The changes include:

✓ National Security Personnel System: The secretary of defense and the director of the Office of Personnel Management now have the authority to establish a new human resources management system. This includes a new labor relations

system for Department of Defense employees. The act also provides the secretary of defense with the authority to establish separation and retirement incentives and additional staffing flexibilities.

✓ Modification of the overtime hourly pay cap: The act modifies the hourly overtime pay cap for certain federal employees who are exempt from (not covered by) the overtime pay provisions of the Fair Labor Standards Act. For FLSA-exempt employees entitled to receive overtime pay, the hourly rate of overtime pay is either the greater of one and one-half times the minimum hourly rate of basic pay for GS-10 or the employee's own hourly rate of basic pay. These include any applicable special salary rate, locality rate of pay, or special pay adjustment for law enforcement officers.

The OPM is amending its regulations to reflect this new provision in the near future. The changes became effective Nov. 24.

✓ Military leave for mobilized federal civilian employees: Employees who perform full-time military service, as a result of a call or order to active duty supporting a contingency operation, are now entitled to 22 days of military leave each calendar year.

An employee is entitled to the greater of his or her civilian or military pay, not both; however, an employee may choose to take annual leave instead of military leave to retain both civilian and military pay. The amendment applies to military service performed on or after Nov. 24.

✓ Senior Executive Service Pay: The act establishes a new performance-based pay system for members of the Senior Executive Service, ends locality-based comparability payments for senior executives, and changes the threshold for imposing post-employment restrictions on certain senior executives.

For more information, 45th Civilian Personnel Flight at 494-5238. *Air Force Press News*



March History Highlights



This is the 50th-year anniversary of the Air Force's role in space and missiles. For the next six months, the first issue of the month will highlight milestones of the 45th Space Wing.

March 16, 1962 The Cape supported the first Titan II intercontinental ballistic missile launch from Complex 16. The first all military or "blue suit" launch of a Titan II was conducted on Complex 15 on Feb. 6, 1963. In all, the Cape supported 23 Titan II missile launches and 12 Titan II/Gemini launches by the end of November 1966.

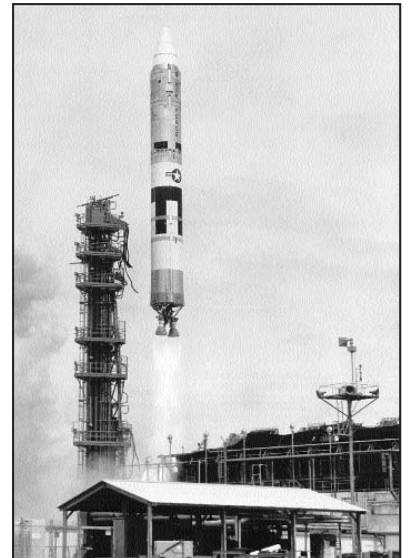
March 6, 1982 Cape Canaveral supported its final Titan IIC launch from Complex 40 on this date. The vehicle, C-38, was the last of 36 Titan IIC vehicles launched from complexes 40 and 41 between June 18, 1965 and March 7, 1982. The flight marked the end of an era at the Cape.

March 1, 1995 The 45th Space Wing declared the Cape's Range Operations Control Center operational on this date. The facility served as the primary control facility for its first launch of the Space Shuttle Endeavour's STS-67 mission on March 2, 1995.

March 28, 1996 The first Global Positioning System replenishment satellite (NavStar II-25) was launched from Pad 17B at Cape Canaveral.

March 19, 1999 The 45th Space Wing accepted Boeing's Delta IV program for operations on the Eastern Range.

March 11, 2003 The first military Delta IV mission was launched from Pad 37. The payload was the Defense Satellite Communications System III-A3 spacecraft. The 2,700-pound satellite was designed to provide secure voice and data communications for U.S. military forces worldwide. The flight marked America's first use of an Evolved Expendable Launch Vehicle in a military space mission.



45th Space Wing historical files

A Titan II, the most powerful intercontinental ballistic missile ever built, roars off Complex 16 at Cape Canaveral Air Force Station March 16, 1962 on its maiden voyage.

TSP beneficial to servicemembers

By Rudi Williams
American Forces Press Service

A money-savvy servicemember serving in Iraq did not wait to get back home to buy a shiny new car with his \$30,000 re-enlistment bonus. Instead, he invested all of it into the Thrift Savings Plan.

"Assuming a 7-percent rate of return, his \$30,000 is projected to be \$345,000 by the time he reaches age 60," said Army Lt. Col. Janet Fenton, executive director of the Armed Forces Tax Council. "If he continues to contribute to TSP throughout his career, he could have more than \$1 million saved by the time he retires."

A million dollars is not anything to sneeze at, but Col. Fenton and other defense officials see a big problem concerning TSP: Not enough servicemembers taking advantage of the program.

"We're trying to convince people that TSP is a good vehicle for savings," she said. "The great thing about TSP is that it's tax-deferred in pretax dollar savings. So it comes out of your income, and you're not taxed on it until you use that money later, hopefully in your retirement."

Col. Fenton said the plan is also "a good idea for people who don't plan to make a career of the military, because they can take their TSP with them when they leave active duty."

Those who leave active duty before retirement could roll their TSP into a 401K plan of a new civilian employer, she said. It could be put into an IRA, or even left in TSP, but no more funds could be added to the account.

"It would just sit there and grow, tax-deferred," she said. "I think most people would want to roll it over into some other vehicle that they could continue to contribute to."

More than 220,000 servicemembers signed up for TSP in 2002, the first year the savings plan was opened to military personnel. That figure jumped to more than 390,000 at the end of the open season, which ended in December.

That is a healthy increase, but defense officials would like to see thousands more servicemembers use TSP as one of their savings plans for the future, Col. Fenton said.

"At the end of 2003, the Navy had 32.2 percent of its active duty force enrolled in TSP," Col. Fenton said. "That's significant-

ly higher than the other services."

Thrift Investment Board statistics show that the Air Force is second with 21.2-percent participation. The Army has 15 percent. The Marine Corps has 20.2 percent. The Coast Guard has 19.2 percent.

Col. Fenton said the other two uniformed services, the Public Health Service and the National Oceanic and Atmospheric Administration, also participate in TSP. The health service has 56.4-percent participation, and NOAA is at 68 percent.

She thinks more sailors invest in TSP because the Navy does an excellent job of advertising the benefits of the plan.

"We'd like for the rest of the services to get information out to more and more servicemembers," she said. "Let them know that TSP is available, and ensure that they understand what it can do for them. At least (the services should) have the information available so they can make a choice."

"Servicemembers who leave active duty and join the National Guard or Reserve will still have TSP because they could invest in it whenever they're on active duty," Col. Fenton said. "They could even contribute a percentage of their weekend active-duty pay."

"Once they contribute, they're putting in a percentage of their basic pay," she said. "So every time they're being paid basic pay, some percentage, whatever they selected, which is up to 9 percent, would go into their TSP."

The amount servicemembers are allowed to contribute and the percentage of pay they can invest increases annually. For example, through November, it was 8 percent; beginning in December, the limit is 9 percent. The annual total of tax-deferred contributions cannot exceed the Internal Revenue Code limit, which is \$12,000 for 2003 and \$13,000 for 2004.

Those who are contributing to TSP from their basic pay are allowed to contribute from 1 percent to 100 percent of any incentive or special pay, including bonus pay.



GC team focused on competition

By Airman 1st Class Shaun Emery
45th SW Public Affairs

Training is in full swing as the 2004 Guardian Challenge gears up to bring bragging rights and the Schriever trophy back to the 45th Space Wing.

Preparation is key to the team's success, posing a daunting task to trainers to come up with scenarios that will trip up competitors.

"These guys are the best of the best, and the same can be said for the folks at Vandenberg," said Tech. Sgt. Greg Jones, aerospace control officer instructor. "We need some challenging scripts to stump a person at this level."

Launch and maintenance portions of the challenge are scheduled for April 21 at Cape Canaveral Air Force Station followed by the security forces competition during Gaurdian Challenge week May 2-7.

The team will be presented with 15 training simulations before competition day.

"By the end of training the team should be a cohesive unit," said Capt. Chris Sifford, launch controller trainer. "They will know how each other will react."

According to John Bond, mission flight control officer trainer, the training will be fast and furious.

"We are training to win," he said. "We are going to throw so much at them, they won't know which end is up."

Competitors will be working under a more compressed schedule, said Sgt. Jones. Where they normal would have 10 minutes to do something, now competitors may have less than a minute.

"They almost have to go from proficiency to memorization," he said.

Staff Sgt. Amber Mitchell, 1st Space Launch Squadron aerospace control officer, says she looks forward to the high operations tempo and a chance to work as a team to solve whatever problems come up.

"Being part of this team is an awesome experience," she said. "You get a chance to see what other people do for their job."

Many team members look at the 2004 Guardian Challenge as the perfect opportunity to show everyone that there is no one better than the 45th Space Wing when it comes to launching rockets.

According to Maj. Ron Ten Haken, 1st Range Operations Squadron mission flight control officer, people will see that 45th SW members, when challenged get the job done right and on time, every time.



Photos by Airman 1st Class Shaun Emery

Staff Sgt. Amber Mitchell, left, 45th Operations Group aerospace control officer, discusses Guardian Challenge training with 1st Lt. Monique Delauter, 1st Range Operations Squadron, who is in charge of range control officer training. The 2004 GC team will complete 15 training simulations before the April 21 competition date.

Women's History events planned

The 45th Space Wing celebrates Women's History Month in March with two events. Speakers will be on hand during a special panel on the year's theme "Hope and Possibilities" March 17, noon - 1:30 p.m. in the base theater. The event is free.

The Women's History luncheon is March 25 from 11:30 a.m. - 1 p.m. at the Officers' Club. Guest speaker is Deidre Gordon, assistant managing editor of *Florida Today*.

Ticket and menu information will be announced in next week's *Missileer*. For more details, call Tech. Sgt. Lisa Johnson at 494-9313.

Offices moving

Airman's Attic will be closed Monday - March 15 in preparation for their move to Bldg. 735, across from the Family Support Center. Family Services will also move to that location. Both will open for business in their new location March 16 at 9 a.m.

LES going digital

The Air Force plans to eliminate hard copy Leave and Earning Statements, making personnel visit the myPay Web site in order to get an LES. The Air Force Space Command goal for doing this is May 22. To receive an LES, all military members must log on to the myPay Web site at <https://mypay.DFAS.mil>. This does not apply to civilian personnel at this time.

For more information, call 494-4882.

Red Cross needs volunteers

Become a Red Cross volunteer. Must be 18 years old with a valid ID card. Call 494-2402, stop in the American Red Cross office in Bldg. 722 or at the Base Clinic.

Looking for interviewees

The Air Force Real Property Agency wants to interview people who were employed or stationed at the former Lowry Air Force Base in Denver, Colo.

The AFRPA is conducting interviews to ensure all environmental conditions on the base have been investigated. Those who've worked at Lowry and want to be interviewed may call (800) 725-7617.

Learn something new

The Family Support Center presents these

classes: Personal Financial Management Program, Tuesday, 8 a.m. - 4 p.m.; Military Spouse Virtual Assistant Training Program, Tuesday 8:30 a.m. - 4:30 p.m.; Sponsorship Training, Wednesday 9-11 a.m.; Info Fair at the BX, Wednesday 11 a.m. - 1:30 p.m.; Children of Divorce, Wednesday 1-4 p.m.; Military Virtual Training Program, Wednesday 6:30-9 p.m. and Thursday 8:30 a.m. - 4:30 p.m.; Marketing Yourself for a Second Career Thursday 9-11:30 a.m.; Florida Highwayman R.L. Lewis, Thursday 5:30-7 p.m.

Call 494-5676 to sign up.

Get tools for job hunting

The Family Support Center presents "Preparing for the Interview," March 30, 8 a.m. - noon. The class is presented by John Rybcyk, a military pre-retirement expert. He will review the resumes of the first 15 people who sign up. Call 494-5675 to register.

Address deployed letters correctly

The Air Force Official Mail Manager reminds those mailing military mail overseas to include the APO number, not the geographic location. Incorrectly addressed mail causes delays and losses.

Join Civil Air Patrol

Become a member of the Civil Air Patrol or join the cadet program. People must be at least 18 years old to join CAP; cadets must be between 12 and 21 years old.

Call Dennis Lecik at 253-6097 or 494-2402 for more information.

MOAA offers scholarships

The Military Officers' Association of American, Cape Canaveral Chapter will award eight to 10 college scholarship grants ranging from \$2000-\$3000 for the 2004-2005 school year.

To qualify, a student must be accepted as a full-time junior or senior by an accredited college or university.

The student must also be a legal resident of Brevard County and be a family member of an active-duty, Reserve, retired or deceased member of the military.

Requests for an application form should be sent with a self-addressed return business size envelope with postage to the Military Officers' Association of America, Scholarship Selection Committee, P.O. Box 254708, Patrick AFB, FL 32835-4708.

Get a scholarship

The Air Force Aid Society's Gen. Henry H. Arnold Education Grant Program awards \$1,500 grants to sons, daughters and spouses of Air Force active-duty; Title 10 AGR/reservists on extended active duty; Title 32 AGR performing full-time active duty; retired reservists with more than 20 qualifying years of service and deceased Air Force members. Applicants must be enrolled or accepted as a full-time student in the 2004-2005 academic year.

Deadline for the preliminary application is March 12. Call Chrissy DeWitte at 494-5676 for more information.

Plan for retirement

Civilians can receive valuable information on retirement planning by attending a seminar. The Mid-Career Planning Seminar, March 23, is designed for employees who are more than five years from retirement eligibility. This one-day seminar is also highly recommended for new employees already established in federal service.

The Pre-Retirement Seminar for FERS, March 24-25, is for employees within five years of retirement. The two-day seminar covers benefits, Thrift Savings Plan and more. A similar seminar tailored for CSRS employees is planned for later this year.

Registration for the seminars is on a first-come, first-served basis. Call 494-8398.

Scholarships available

The Patrick Spouses' club is accepting applications through March 22 for their annual scholarship program. Scholarships are open to high school-age children of active-duty military members stationed at Patrick Air Force Base, Cape Canaveral Air Force Station, Antigua Air Station, Ascension Auxiliary Air Field and children of military retirees who live in Brevard County. Pick up an application at any Brevard County high school, the Patrick Library or call the Patrick Spouses' Club at 536-3101 for more information.

41st Space Congress set for April

The 41st Annual Space Congress is April 27-30 at the Radisson Resort at the Port, Cape Canaveral.

For ticket information, visit <http://www.spacecongress.org> or call 452-3068.

Special thanks to the establishments that helped salute the 2003 45th Space Wing Annual Award winners

Bernard's Surf
Carrabba's Italian Grill
Clarion Hotel
Cocoa Beach Area Chamber of Commerce
Military Affairs Council
Courtyard by Marriott

Crest Cleaners & Laundry
Davies, House & Secrest CPA PA
Dixie Crossroads
DoubleTree Oceanfront Hotel
Hampton Inn
Harbor Federal Savings Bank

Holiday Inn Cocoa Beach Oceanfront Resort
Ocean Landings Resort & Racquet Club
Olive Garden
Riverside Bank
Sterling Casino Lines
SunCruz Casinos, LLC



Helping hands

45TH MDG team assists Panamanian doctors

Photos by Lt. Col. Judy Young

By 2nd Lt. Kevin Coffman
45th SW Public Affairs

Ten members of the 45th Medical Group returned recently from a 10-day hands-on medical readiness and deployment-training mission to Panama where they treated nearly 6,000 patients.

Lt. Col. Judy Young, chief nurse executive for the 45th MDG and team leader, led the humanitarian aid group that provided care, health education and prevention.

During their trip, they provided optometry, dental, women's health, dermatology, pediatrics and general medical services.

The team met with Panamanian medical professionals and was escorted by the country's police force to remote and hard-to-access locations of the country. Several team members spoke Spanish, which greatly helped with providing quality care.

"It was an excellent opportunity for a medical training exercise in an austere environment," said Col. Young. The team diagnosed and treated medical conditions rarely seen in U.S. military facilities.

Maj. Susan Moran and 2nd Lt. Glenn Little provided pediatric care to more than 1,500 children. Maj. Moran, chief of Pediatrics who sees about 25 children per day at Patrick, examined and treated 224 in one day in Panama. "The look in (the children's) eyes said 'thank you,' and that was the most rewarding part," "I felt great about what I did down there, and I'd like to do it again," said Lt. Little, physician's assistant.

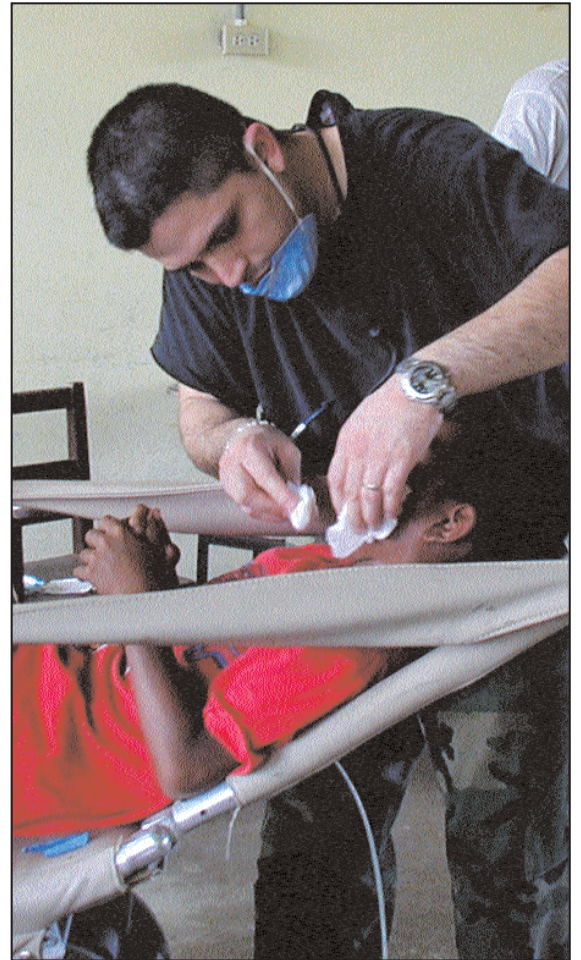


Left, Maj. Susan Moran, 45th Medical Squadron pediatrician, examines an infant with thrush in his mouth. Above, Capt. George Roque, 45th MDG internal medicine physician, discusses methods of antibiotic administration with a patient. Below, a crowd of people line up outside the clinic for medical services.





Maj. Jason Nolz, 21st Medical Group, Peterson Air Force Base optometrist, who augmented the 45SW team examines the sun-damaged eyes of a patient.

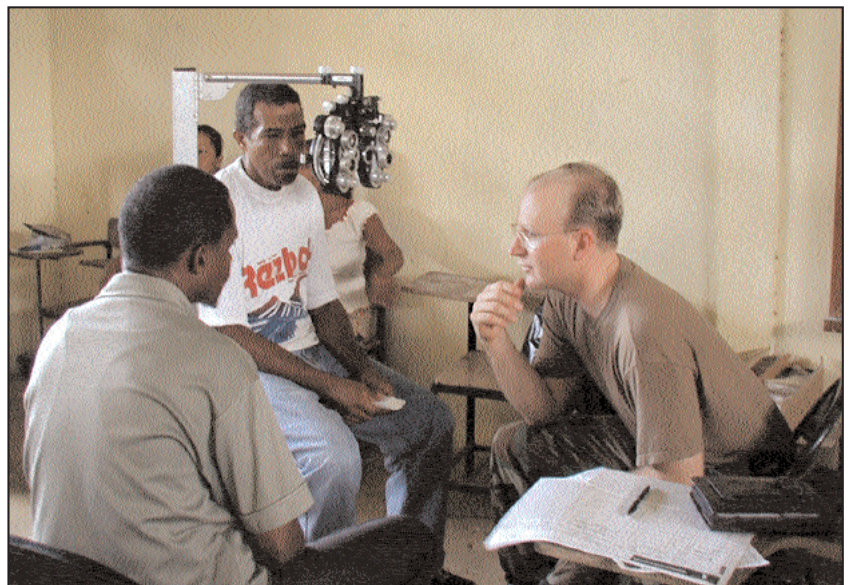


Staff Sgt. Angel Lopez-Portillo, 45th MDG dental technician, dries out a patients teeth in preparation for a procedure.



Left, Maj. Susan Moran, examines the heart and lung sounds of a patient during a "well child" examination.

Below, Maj. Jason Nolz discusses a patient's vision problems and acts to prevent further injury.



Students needed for SCUBA class

Plunge into another world with SCUBA diving. Outdoor Recreation is offering a two-week PADI open water SCUBA class March 22 - April 3. Open water certification is an entry-level course that allows participants to dive without an instructor.

Cost is \$235 and includes instruction, a PADI deluxe student kit, a complete SCUBA rental package, air fills and charter boat fees. Call 494-2042 to register.

Monthly WarFit event features golf

The next monthly WarFit event is a shotgun nine-hole golf tournament at Manatee Cove Golf Course March 17. Teams of four will compete to earn points toward this year's WarFit Challenge. Cost is \$30. Sign up by March 15.

Spring means softball

The Intramural Softball season begins on or about March 22. Teams will play a round-robin schedule and compete in a double elimination post-season tournament to determine their individual league champions. The winner from each league will play one game against the other for the title of base champion.

The Intramural Softball League is open to active-duty military personnel and their family members 18 years and older, DoD/NAF civilian employees and their family members 18 years and older, and contractor personnel employed at Patrick AFB. Cape Canaveral/KSC contractor personnel are not authorized. For more information, contact Ralph Robinson at 494-3187.

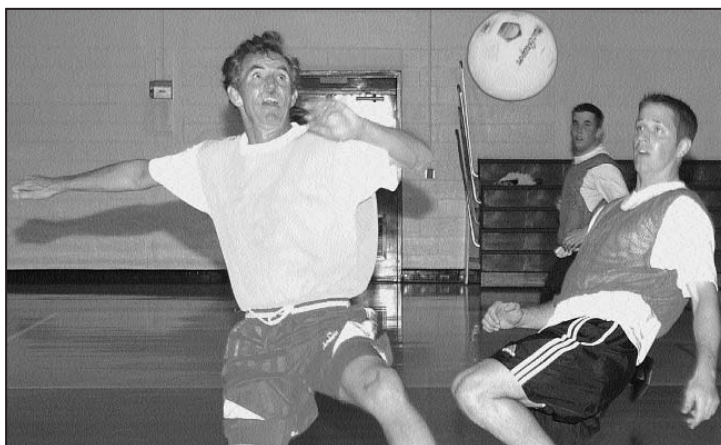


Photo by Jim Laviska

Not just for kicks

Wade Rains, left, battles Tim Kerr for the ball during the monthly WarFit Challenge indoor soccer tournament Feb. 26 at the Patrick Fitness Center. The 45th Mission Support Group won the tournament and earned five points toward this year's WarFit Challenge. The Air Force Technical Applications Center received four points for their second-place finish.

Cycle your way to fitness

By Airman 1st Class Shaun Emery
45th SW Public Affairs

Some say a person can't get anything done sitting in one place, but not the people who attend cycling classes at Patrick Air Force Base's Fitness Center.

"Cycling is an incredible workout," said Larry Adair, a frequent attendee at cycling classes.

Three years after cycling for the first time and more than 20 pounds later, Mr. Adair is proud of the results he's worked so hard for. "You don't cycle because you love it, you do it

because you get results," he said.

The Patrick Fitness Center offers half-hour classes Mondays and Wednesdays from 4:30-5 p.m. and hour-long classes for more advanced riders Tuesdays and Thursdays from 11 a.m. to noon.

According to Valerie Wells, a cycling instructor, a main benefit of cycling is that it's a non-impact aerobic workout that is easy on the joints.

"Some adults have a hard time running or doing step aerobics," she said. "Cycling offers a chance for people to get their heart rates up."

Another advantage of cycling is that anyone can participate.

People can cycle at their own pace during classes, explained Ms. Wells. A person doesn't need an individual instructor, and advanced and beginners can work out together.

Ms. Wells notes that the classes help keep individuals motivated. People push each other, she said. "It's fun; people who attend class say they have a great time."

Cycling classes offer a wide variety of workouts including endurance, strength, interval, racing and hill climbing.

"The Fitness Center has some top of the line equipment," said Ms. Wells.

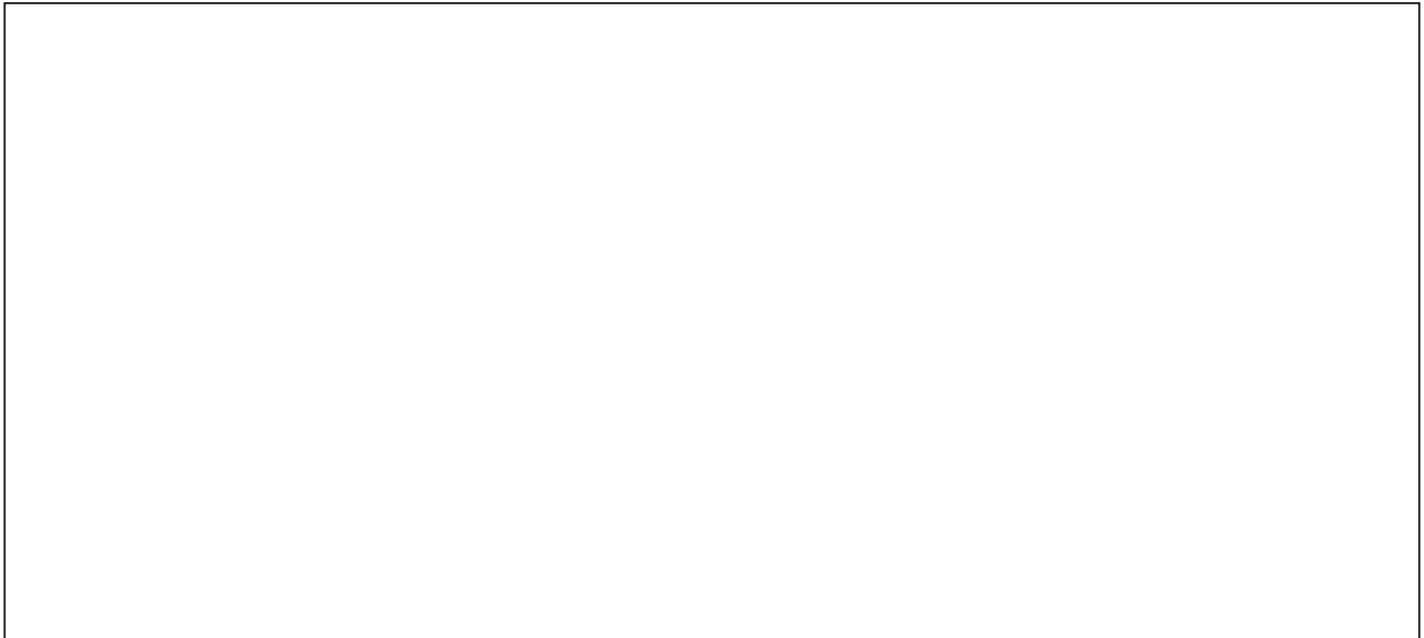
A person may want to invest in a seat, or cycling shorts that have padded inserts, she said. Ms. Wells also recommends a heart rate monitor that keeps track of how hard the heart is working.

If a cycling class takes a person to the fitness level they want to achieve, sitting in one place for a few hours a week may just what they need.



Photo by Airman 1st Class Shaun Emery

Patrick Fitness Center members burn calories during a cycling class Monday. Cycling is a low-impact aerobic class that all age groups and fitness levels can attend to get in shape.



The Calendar

Friday

▲ Surf, Turf and Bird Night, 5:30-8 p.m., NCO Club.

▲ Gym Jam, 6-11 p.m., Youth Center.

▲ Karaoke Night, 7 p.m., in Sharkey's Lounge (NCO Club).

Saturday

▲ Cape Canaveral Bus Trip, 9:30 a.m. – 12:30 p.m., Outdoor Recreation. Enjoy the sights and sounds of Cape Canaveral Air Force Station, including the historic lighthouse and Air Force Space Museum. Cost is \$5 per person.

▲ Little League, Softball and Tee Ball Opening Day Ceremonies, 10 a.m., Adam's Field in South Housing. More than 200 children and coaches recognized. A cookout follows the ceremony.

▲ Karaoke Bowling, 7-11 p.m. at the Bowling Center. The event features a karaoke disc jockey with more than 3,000.

Monday

▲ 45th Mission Support Squadron Appreciation Day, Rocket Lanes Bowling Center. MSS members pay 50 cents per game and 50 cents for shoe rentals.

Tuesday – Thursday

▲ Three Day Family Childcare Certification Classes, 8 a.m. to 5 p.m., Bldg. 1391.

Tuesday – Wednesday

▲ Framing Class, 6 p.m. to 9 p.m., Skills Development Center. Cost is \$25 plus materials. Sign up a minimum of 10 days prior to start of class.

Wednesday

▲ Steak Night, 5:30-8 p.m., NCO Club

Thursday

▲ Rib Night, 5:30-8 p.m., NCO Club

March 12

▲ Beginners Fishing Class, 5 p.m., Outdoor Recreation. Class is free and open to all ages.

▲ Surf, Turf and Bird Night, 5:30-8 p.m., NCO Club.

▲ Kids' Night Out, 6-11 p.m., Youth Center. Twenty-four slots available for children in kindergarten – 6th grade. Cost is \$10 per child. Register at the Youth Center. Payment must be made before 5:30 p.m., March 10.

▲ Latin Night on the Deck, 9 p.m., NCO Club.

March 13

▲ Boat Trip With Lunchtime Picnic, Outdoor Recreation. Cost is \$12 per person and includes lunch on Samson Island.

The best kept secret FamCamp

By Marla Holbert
45th Services Squadron

Every year, Lee and Peggy Smith stock their modest travel trailer and make their winter voyage from Canal Winchester, Ohio, to Patrick Air Force Base's FamCamp.

The Smiths, like a good portion of the facility's other campers, are members of Outdoor Recreation's Frequent Camper program.

The lifelong, incentive-based program encourages travelers to stay at different Air Force FamCamps, rating them on the number of places they visit, rather than the number of nights they reserve space.

In turn, members earn special rewards and cash incentives for every 10 different Air Force campgrounds that they vacation at.

Once new members pay the initial \$25 membership fee, they automatically receive \$77 worth of goods: a special edition military camping and RV guidebook; a 15-page logbook; two embroidered patches; two enameled pins; an all-weather RV decal; and, five "camper cash" certificates good for a free day of camping.

Outdoor Recreation Manager, Tony Boob, said the program has recently picked up speed, with the office selling more than 50 new memberships in the last two months.

Patrick's FamCamp is the largest campground in Air Force Space Command, sporting more than 130 full-service, partial, overflow and primitive campsites, located along the Banana River.

At its peak, the Patrick campground boasts nearly 100 percent occupancy, from November through March, Mr. Boob said. Only active-duty military members can make reservations. All others are on a space-available basis, according to Mr. Boob. "There's a maximum stay of 30 days in developed sites if there's a waiting list," he said.

Overall, there are more than 225 military RV and camping locations worldwide, with 14 located throughout Florida.

Bill Zink, a FamCamp manager, said many campers flock to the Space Coast because of its proximity to other vacation hot spots. "We have many repeat customers," Mr. Zink said. "Its popularity has definitely grown in recent years."

The Smiths, who have stayed at Patrick's FamCamp off and on since 1991, said they especially enjoy watching manatees and dolphins swim along the Banana River. "We love it here," Mrs. Smith said. "It used to be one of the best kept secrets, but now the word seems to be getting out."

For more information on the Frequent Camper Program, call Mr. Boob at 494-2042 or the Patrick FamCamp office at 494-4787.



Photo by Nancy Watts

In addition to the myriad of Outdoor Recreation activities, FamCampers can also enjoy the camaraderie of their neighbors.



Friday – *My Baby's Daddy* Lonnie, G, and Dominic are three bachelor buddies from the hood who, after a lifetime of hard partying, are in for a rude awakening when their respective girlfriends all get pregnant at the same time. The fathers-to-be embark on a hilarious and often touching journey while learning as much about them as they do about love and fatherhood. Stars Eddie Griffin and Anthony Anderson. Rated PG-13 (sexual content, language and some drug references).

Saturday – *Cold Mountain* Based on the best-selling novel. A wounded Civil War soldier, Inman, gets up from his deathbed and begins the long, difficult walk home to Cold Mountain, N.C., so he can be with Ada. Inman encounters many obstacles along the way. Ada, although heartbroken, is struggling to care for her deceased father's farm. She receives a helping hand in the form of a sassy, hardworking wanderer. Rated R (violence and sexuality).

Sunday – *Cold Mountain* See Saturday's synopsis.

Thursday – *The Butterfly Effect* Evan is an emotionally-conflicted man dealing with suppressed childhood memories. Clearly enough, he discovers a way to travel back in time, but his different actions in the past have enormous ramifications for his present and future. Every time he heads back in time to fix the problems he's created, things invariably get worse. Rated PG-13 (violence, sexual content, drug use).

Movie times are 7:30 unless otherwise noted. Tickets for adults are \$2.50, children 11 and younger pay \$1.50.

ACTION LINE

494-6550

The Action Line is your direct link to me and provides a valuable source of information on ways we can work together to make Patrick Air Force Base and Cape Canaveral Air Force Station better places to work and live.

The best way to get something fixed is to identify the problem to supervisors and first sergeants.

If you can't get your problem resolved through the agencies, contact the Action Line: e-mail, Commander'sline@patrick.af.mil or click global at Commander's Line – Patrick AFB; recorded message, 494-6550; mail, 45SW/PA 1201 Edward H. White II St, Ste C-130, Patrick AFB FL 32925-3237; fax, 494-7302. Address all correspondence "Attn: Action Line."

When directing an issue to the Action Line, callers must indicate to whom they've previously addressed the issue.



**Brig. Gen.
Greg Pavlovich
45th SW
commander**

45th Mission Support Group
Col. Steve Werner
494-6607

45th Civil Engineer Squadron
Jack Gibson
494-4041

North and Central Housing
Caroline Jamba
494-2593

Pelican Coast
Pam Brown
777-8282

45th Services Squadron
Lt. Col. John Sproul
494-8081

Military Personnel
Maj. Dianne Dzialo
494-2035

Commissary officer
Ronald Rogers
494-4060

AAFES
Maurice Joiner
494-6455

Civilian Personnel

Robert Daniel
494-5238

Military Equal Opportunity

Capt. Marlon Johnson
494-6334

45th Security Forces Squadron

Lt. Col. Lynden Skinner
494-6202

Financial Services

John Brett
494-7171

45th Medical Group

Col. Gilbert Hansen
494-8100

Ground Safety

Martin Lackie
494-2202

Inspector General

Lt. Col. Frank Miles
494-4373

RIVERSIDE DINING

Saturday Brunch - paprika beef, **pork chop suey**
Cajun meat loaf, **crispy baked chicken**, ribeye steak

Saturday Supper - Fish amandine, **pork chops with mushroom gravy**, **stir fry chicken with broccoli**

Sunday Brunch - **Chicken parmesan**, **sauerbraten**, **tuna and noodles**

Sunday Supper - **Fried shrimp**, ginger barbecue chicken, spinach lasagna

Monday Lunch - Baked chicken, **simmered knockwurst**, **Swiss steak with tomato sauce**

Monday Dinner - **Roast turkey**, **baked ham**, **fish and fries**

Tuesday Lunch - **Grilled Salisbury steak**, **onion-lemon baked fish**, **yakisoba**

Tuesday Dinner - **Barbecue beef cubes**,

Wednesday Lunch - **Sukiyaki**, **teriyaki chicken**, **beef stir fry**, **sweet and sour pork**

Wednesday Dinner - **Country style steak**, **fried chicken**, pita pizzas

Thursday Lunch - Liver with onions, orange-spiced pork chops, tempura-fried fish

Thursday Dinner - **Pepper steak**, Mr. Z's finger lickin' chicken, **ginger pot roast**

Friday Lunch - **Beef and corn pie**, **pea and pepper rice**, seafood Newburg, **veal paprika steak**

Friday Dinner - **Yankee pot roast**, simmered corn beef, **pineapple chicken**

Menus are subject to change. For more information, call dial-a-menu 494-2845. Item bolded are healthy choice meals.



Lent Schedule

Catholic

Lenten Devotions: April 6 at South Patrick Chapel: Meager Meal, 5:30 p.m. and Devotion, 6:15 p.m.

Devotions, presented by Father Chris Hoffmann: Tuesday, March 16, 6:15 p.m.

Reconciliation: March 23, 6:15 p.m.

Living Stations of the Cross: April 6, 6:15 p.m.

First Friday Mass: Friday, April 2, 9:30 a.m., South Patrick Chapel

Protestant

Lenten Meals/Devotions: Wednesdays at South Patrick Chapel, April 6 at 5:30 p.m.

Regular Masses and Services

Catholic

Daily Mass (Tues. - Fri.) at 11:30 a.m.

in the base theater while Seaside Chapel is being renovated.

Saturday: 4 p.m. confession. 5 p.m. Mass in the South Patrick Chapel.

Sunday: 8:45 a.m. Mass in the South Patrick Chapel and 11:30 a.m. Mass in the base theater.

Religious education classes: 10:15 a.m. at the Education Center for pre-K - 6th grade, grades 7-12 Youth Ministry at 6 p.m. at South Patrick Chapel.

Protestant

Sunday: 8:30 a.m. - Traditional Worship in the Seaside Chapel.

9:50 a.m. - Adult Sunday School in Seaside Chapel. 10 a.m. - Grades K-12 at South Patrick Chapel. Van transportation provided for base children.

11 a.m. - Contemporary Service in the South Patrick Chapel.

On Wednesday: 5:30 p.m. fellowship dinner in the South Patrick Chapel.

Got a story for the Missileer?
 E-mail the Missileer staff at missileer@patrick.af.mil
 or call 494-5922

Events

March 13-14, 1 p.m., Tico Warbird Airshow at Space Center Regional Airport in Titusville. Annual show features modern military and vintage aircraft in static and flying display. See dogfights, strafing, bombing, skydiving and military jets. Aircrafts include B-25s, B-17s, P-51s, T-34s, Fujis, Messerschmitts, T-28s and more. Event also includes a flea/fly market and food booths. Event is a fund-raiser for the Valiant Air Command Warbird Museum. Tickets: adults pay \$12, \$10 in advance; children 4-12 pay \$7, \$5 in advance; flightline pit pass (9 a.m. - noon) is \$3; two-day pass (includes flightline) is \$20. Tickets may be purchased in advance the Patrick Air Force Base Commissary. No coolers or dogs. Airport is off State Road 405 or U.S. 1 adjacent to Kennedy Space Center, Titusville. Gates open at 8:30 a.m.

Call 268-1941 for more information.

March 13, 8 a.m. - 12:30 p.m., CPR Saturday, sponsored by the American Red Cross, at Ralph Williams Elementary School, 1700 Clubhouse Dr., Rockledge. The event features cardiopulmonary resuscitation and automated external defibrillator training

April 2 and 3, 10 a.m. - 5 p.m., Timeless Treasures Quilt Show at the Melbourne Auditorium, 625 E. Hibiscus Blvd., presented by the Seaside Piecemakers Quilt Club of Satellite Beach. Features more than 300 judged quilts and wearable art display, lectures and demonstration, quilt appraisals and silent auction. Club donates numerous quilts every year to the community. Entrance price is \$5.

Call 777-5660 for more information.

Forum

March 27, 10 a.m. - 2 p.m., The 8th Annual American Association for Cancer Research Public Forum "Progress in the Nation's War on Cancer" at the Rosen Centre Hotel, Orlando.

This events highlights the latest advances in cancer prevention, detection and treatment. Learn about innovations, meet cancer researchers and take an active part in conquering cancer.

Call (407) 251-9988 or log onto www.cancerpublicforum.org for more information about the event

Concerts

Sunday, noon - 3 p.m., Music in the Park at Erna Nixon Park, 1200 Evans Rd., West Melbourne. The free event features live jam session featuring local talents.

May 21, 8 p.m., Sousa-style Concert at the Fine Arts Auditorium, BCC Campus, Cocoa. the event is also May 23, 3 p.m. at the Merritt Island High School Auditorium. These concerts were originally scheduled for June. Call 452-5725 for more information.

Classes

Sunday, 7:30-9:30 p.m., Boating Skills and Seamanship Class, by the U.S. Coast Guard Auxiliary Flotilla 42 at Ascension Catholic Church, 2950 N. Harbor City Blvd., Melbourne. Learn federal and state boating requirements and get a Florida State Boater Education ID card. Cost is \$45 and includes all materials. Call Bill Miller at 779-1459 or Jim McGuinness at 254-0540.

March 23 and every Tuesday, 6:30-7:45 p.m., Belly Dance Class for all ages. Sponsored by Palm Bay Parks & Recreation and located at the Captain's House, 1300 Bianca Dr., Palm Bay. Registration is \$80 for 8 weeks. Call 952-3443 for details.

Clubs

First Saturday of the month, 7 p.m., Palm Bay Parks & Recreation holds a Poetry and Spoken Word Club at the Palm Bay Community Center, 1502 Port Malabar Blvd., Palm Bay. Call Rick Scott at 952-3443 for more information or go to www.palmbayflorida.org.

Second Saturday of the month, 10:30 a.m., WAVES National Women of the Sea Services, Space Coast Unit 75, have monthly luncheon meetings at the Indian River Colony Club on Murrell Road in Viera September through May. Become a member by calling 255-1502.

