# Carpool Incentive Programs:

**United States** 

Implementing Commuter Benefits Under the **Commuter Choice** Leadership Initiative



### COMMUTER CHOICE LEADERSHIP INITIATIVE

The National Standard of Excellence for Commuter Benefits

### Carpool Incentive Programs

# Implementing Commuter Benefits under the Commuter Choice Leadership Initiative

- Carpools consist of two or more persons driving together in a privately owned vehicle.
  At a workplace, employees may choose to carpool without any assistance or
  involvement from the employer; however, carpool incentive programs are a way for
  employers to encourage employees to carpool.
- Carpool incentive programs may incorporate a variety of means to encourage employees to carpool. Possible incentives include reduced cost or free parking, preferred parking, or reward programs (such as prize drawings).
- Employers can help employees form carpools through rideshare matching. Rideshare
  matching helps potential carpoolers locate others nearby with similar schedules.
  Regional rideshare organizations in most areas allow interested employees to register
  directly for no cost. Employers can direct their employees to these free services.
- Employee benefits from carpooling include cost-sharing, less wear and tear on vehicles, time savings in regions with HOV lanes, and the ability to talk, eat, sleep, or read while commuting. The primary employer advantage is the need for fewer parking spaces; other advantages include less employee stress and improved productivity.
- Programs to encourage carpooling, such as rideshare matching services, preferred parking
  for carpools, reduced parking costs for carpools, and commute awards programs qualify
  as additional commuter benefits under the Commuter Choice Leadership Initiative.

### COMMUTER CHOICE LEADERSHIP INITIATIVE

### The National Standard of Excellence for Commuter Benefits

This document is one in a series of Commuter Choice Leadership Initiative briefing papers designed to help employers implement commuter benefits.

The U. S. Environmental Protection Agency (EPA) and the U. S. Department of Transportation (DOT) have established a voluntary National Standard of Excellence for employer-provided commuter benefits. Commuter benefits help American workers get to and from work in ways that cut air pollution and global warming pollution, improve public health, improve employee recruiting and retention, improve employee job satisfaction, and reduce expenses and taxes for employers and employees. Participants in the Commuter Choice Leadership Initiative (CCLI) agree to meet the National Standard of Excellence, and qualify as Commuter Choice<sup>SM</sup> Employers. CCLI participants agree to:

- Centralize commute options information so that it is easy for employees to access and use;
- Promote the availability of commuter benefits to employees;
- Provide access to a guaranteed ride home program;
- Provide one or more of the following primary commuter benefits:
  - ✓ Vanpool or transit benefits of at least \$32.50 per month
  - ✓ Parking cash out of at least \$32.50 per month
  - ✓ Telecommuting program that averages six percent of daily work force
  - ✓ Other option proposed by employer and agreed to by EPA
- Provide three or more of the following additional commuter benefits:
  - ✓ Ridesharing/carpool matching
  - ✓ Pre-tax transit/vanpool benefits
  - ✓ Shuttles from transit station
  - ✓ Parking at park-and-ride lots
  - ✓ Provision of real-time transit information
  - ✓ Preferred parking for ridesharers
  - ✓ Reduced parking costs for ridesharers
  - Employer-sponsored vanpool or subscription bus programs
  - ✓ Employer assisted vanpools
  - ✓ Secured bicycle parking, showers, and lockers
  - ✓ Electric bicycle recharging stations

- ✓ Employee commuting awards programs
- ✓ Discounts/coupons for bicycles and walking shoes
- ✓ Compressed work schedules
- ✓ Telecommuting
- ✓ Lunchtime shuttle
- ✓ Proximate commute (working closer to home)
- ✓ Incentives to encourage employees to live closer to work
- ✓ On-site amenities (dry cleaning, etc.)
- ✓ Concierge services
- ✓ Active membership in a Transportation Management Association (TMA) or similar organization
- ✓ Other options proposed by employer
- Exceed a minimum benchmark of either 14 percent of employees who do not drive alone to work or an average vehicle ridership (the number of vehicles divided by the *total* number of employees) of 1.12.

Please see the CCLI Agreement and Agreement Particulars documents for specific information about employer participation requirements.

### COMMUTER CHOICE LEADERSHIP INITIATIVE

### The National Standard of Excellence for Commuter Benefits

### **Disclaimer**

EPA provides this briefing as a service to employers participating in the CCLI. Information about private service providers is intended for informational purposes and does not imply endorsement by EPA or the federal government.

The information presented here does not constitute official tax guidance or a ruling by the U.S. Government. Taxpayers are urged to consult with the Internal Revenue Service of the U.S. Department of Treasury or a tax professional for specific guidance related to the Federal tax law.

Table of Contents
CARPOOL INCENTIVE PROGRAMS: A SUMMARY1
EMPLOYER BENEFITS1
REDUCED NEED FOR PARKING
INCREASED PRODUCTIVITY AND MORALE1
TAX CONSIDERATIONS1
EMPLOYEE BENEFITS1
WHEN CARPOOL INCENTIVE PROGRAMS MAKE SENSE
REGIONS WITH CARPOOL LANES2
EMPLOYERS WITH LIMITED PARKING2
EMPLOYERS WITH LARGE NUMBERS OF
EMPLOYEES
EMPLOYERS IN URBAN SETTINGS2
IMPLEMENTATION ISSUES AND COSTS2
RIDESHARE MATCHING2
PREFERRED PARKING
REDUCED COST PARKING
EMPLOYEE SCHEDULES
POTENTIAL FOR FRAUD
OTHER INCENTIVES
GUIDE TO IMPLEMENTATION3
EMPLOYER QUESTIONS AND ANSWERS6
QUESTION: HOW DIFFICULT - AND COSTLY - IS IT TO ADMINISTER THE PROGRAM?6
QUESTION: DOES THE EMPLOYER DECIDE WHO PAYS FOR GAS AND INSURANCE, OR HOW FREQUENTLY EACH CARPOOLER HAS TO DRIVE?6
QUESTION: WHILE IT'S ONE THING FOR MY EMPLOYEES TO SHARE RIDES, I WORRY THAT THERE MAY BE SAFE-TY CONCERNS IN ENCOURAGING MY EMPLOYEES TO SHARE RIDES WITH STRANGERS. ARE RIDESHARE PARTNERS SCREENED?
QUESTION: HOW OFTEN MUST SOMEBODY CARPOOL BEFORE THEY BECOME ELIGIBLE FOR BENEFITS?7
EMPLOYER CASE STUDIES7
ATLANTA, GEORGIA - EMORY UNIVERSITY7
BEAVERTON, OREGON - NIKE8

SERVICES THAT SUPPORT	
IMPLEMENTATION	9
RIDESHARE ORGANIZATIONS	9
PARKING CASH OUT	9
GUARANTEED RIDE HOME PROGRAMS	9
PARK-AND-RIDE LOTS	9
ASSOCIATIONS AND CONTACTS	9
INFORMATION CLEARINGHOUSES	9
RIDESHARE ORGANIZATIONS	
EMISSIONS AND TRANSPORTATION	
BENEFITS	10
REFERENCES AND PUBLICATIONS	10
APPENDIX A: COMMUTER RIDESHARE	
PROGRAMS	12
APPENDIX B: SAMPLE CARPOOLING	
GUIDELINES	14

### CARPOOL INCENTIVE PROGRAMS: A SUMMARY

A carpool is a group of two or more persons who commute together in a privately-owned vehicle. Employees can and do, of course, carpool without any involvement from their employer. The focus of this paper is carpool incentive programs, in which employers actively encourage carpooling by-and usually among-their employees. Carpooling benefits both employer and employee, so many companies are interested in increasing carpooling. Companies can choose among numerous ways to encourage carpooling, including reduced cost or free carpool parking, preferred parking, rideshare matching (to identify persons leaving near each other), and financial incentives. Regional rideshare organizations can assist employees in locating potential carpool partners. This relieves the employer of having to match potential ridesharers.

### **EMPLOYER BENEFITS**

Employers enjoy several benefits from offering carpool programs.

### Reduced Need for Parking

Many employers offer carpool incentive programs to reduce parking demand. Carpooling helps get employees to work without a car, especially where transit is not available. Employers can save a substantial amount of money in reducing the number of parking spaces required; one study estimates that annual per-space costs vary between \$250 and \$2,100.1

### **Increased Productivity and Morale**

Employees who carpool have less commute-related stress, and therefore improved morale and productivity. In regions with carpool lanes, carpoolers can avoid congestion, its delays, and the congestion-induced unpredictability that interferes with scheduling.

### TAX CONSIDERATIONS

Tax provisions that allow carpool parking costs to be taken as a tax-free fringe benefit offer potential financial savings for both employers and employees.<sup>2</sup>

Parking benefits may be provided tax-free to employees up to \$180 per month. Tax benefits accrue to businesses and employees whether the employer pays for the benefits or the employee pays for it through a pre-tax salary deduction. If parking costs are less then \$180, parking benefits can only equal the actual cost of parking. However, any employee who drives to work is eligible for these benefits, not just carpoolers. For more detailed information on how pre-tax programs work see the briefing paper Commuter Tax Benefits.

### **EMPLOYEE BENEFITS**

Employees enjoy several benefits from carpooling:

 Reduced costs. Carpoolers save on gas, depreciation, and general wear and tear on their vehicles.

<sup>&</sup>lt;sup>1</sup> Victoria Transport Policy Institute, Online TDM Encyclopedia, available at www.vtpi.org/tdm. Costs are based on land, construction, and operations costs for suburban and urban locations, and for surface, structured, and underground parking.

<sup>&</sup>lt;sup>2</sup> Employers should review with their tax advisor the tax implications for themselves and their employees.

- Increased personal time. Carpool passengers can read, sleep, or converse with other carpoolers, instead of driving.
- In regions with carpool lanes, reduced commute time and costs. These lanes provide not only speed, but often more important, reliability, by bypassing congestion. Toll routes and bridges often give carpool discounts, and even when they do not, the cost is split.
- Decreased stress. Many drivers find solo commutes in heavy traffic stressful.
   Carpooling lets them arrive at work fresh and productive.

### WHEN CARPOOL INCENTIVE PROGRAMS MAKE SENSE

Although any employer can encourage carpooling, carpooling is more likely to be successful in certain cases. These include the following:

### Regions with HOV Lanes

Some metropolitan regions have extensive carpool lane networks. Carpool lanes-also commonly known as high-occupancy vehicle (HOV) lanes are reserved for vehicles with more than one occupant. HOV lanes can save drivers substantial time over congested regular lanes. In some areas, where carpool lanes are used at toll areas, drivers and passengers enjoy not only time savings but financial savings as well.

Carpool programs are likely to be more successful where carpool lanes exist, because they reward commuters with time and sometimes money. Depending on the length of the commute and the amount of congestion bypassed, using the HOV lanes may save 15 to 30 minutes each way.

### **Employers with Limited Parking**

Many employers with carpool incentive programs have implemented them because of parking shortages. Encouraging carpooling among employees can effectively reduce parking demand while still meeting employees' transportation needs. In extreme cases, employers impose mandatory carpooling.

### Employers with Large Numbers of Employees

Regional rideshare organizations will match employees from different employers. But the more employees at the same site, the more likely a convenient match can be found. In particular, universities and hospitals often have hundreds or even thousands of personnel in a relatively compact setting, and many have very successful carpool incentive programs.

### **Employers in Urban Settings**

Even a small employer can find potential carpooling partners for employees, perhaps through a ridesharing organization, if it is located in a downtown or other urban setting. Carpooling depends on having either a single destination or close destinations, so the higher density the employment setting, the more likely a carpool program is to succeed.

### IMPLEMENTATION ISSUES AND COSTS

An employer considering a carpool incentive program should consider the following issues.

#### Rideshare Matching

One of the most important needs in setting up a carpool program is matching potential carpool partners. Outside some obvious situations (a married couple who both work for the same employer), potential carpoolers may not know anybody with whom to carpool.

Many regions have rideshare programs whose main function is to match potential car- and van-poolers with rideshare partners. See Appendix A for a list of regional rideshare programs.

Some rideshare matching organizations have moved to doing online rideshare matching. For example, the Greater Redmond TMA, in the Seattle region, uses a software product called Ridequest.com. Users can log in and receive an instant list of potential ridesharers (both car- and vanpool) showing their locations on a map. Users can then immediately send e-mails to people on the list.

### **Preferred Parking**

One workplace incentive for carpoolers is preferred parking. Spaces can be designated for either individual carpools or rideshares in general. To be effective, designated spaces should be located in desirable locations: near building entrances, covered, and/or attended.

Although designating preferred parking areas is most effective where parking demand meets or exceeds supply, even employees with abundant parking enjoy parking closer to the building.

### Reduced Cost Parking

Where employers charge for parking, reducing the parking cost for carpools encourages carpooling. Although carpools will effectively receive reduced cost parking in any case because the cost will be shared, employers may wish to reduce costs even further, or allow carpools to park free.

#### **Employee Schedules**

A lack of matching schedules among employees can be a major barrier to carpooling. Employees who carpool together must generally arrive and depart at the same time, or the carpool will prove inconvenient. (An exception could be if an employee carpools one way and takes transit the other way.) Senior management can encourage carpooling by requesting that supervisors take carpoolers' needs into account. This includes predictable schedules and infrequent requests to work overtime. If employees cannot be sure they

will be off work at a predictable time every day, they will be much less likely to carpool.

### Potential for Fraud

Employers with carpool programs report that employees sometimes commit carpool fraud. There are several sources of potential fraud, including registration of carpool partners who do not actually carpool, self-reporting of carpool trips when the driver actually drove alone, and color photocopying of carpool passes or tags. Unless parking areas have attended stations, it may be difficult to know if employees who say they carpool are actually carpooling. Some measures that employers can take to prevent fraud are annual re-registration of carpoolers, checking carpool registrations against lists of employees who have left, and implementing carpool parking in gated or attended parking areas only. Generally, however, employers do not report that such fraud is a substantial problem.

#### Other Incentives

In areas where parking is free and plentiful, employers can encourage carpooling through prize drawings or other rewards. Prize amounts could range from \$10 to \$25 to \$500 depending on the size of the company and budget. Other commuter rewards could include discounts at local merchants or free merchandise (travel mugs, T-shirts, and other inexpensive items). One program in southern California has coupon books for local restaurants and entertainment specially made to distribute to ridesharers.

### **GUIDE TO IMPLEMENTATION**

An employer would go through several steps to implement a carpool incentive program. Although these would vary from employer to employer, the main ones are outlined below.

### 1) Determine the potential for carpooling

The first step an employer takes should be to determine whether carpooling will fit employee locations and schedules. The Association for Commuter Transportation (ACT) recommends that employers conduct a Commute Mode Survey to determine employees' current transportation patterns and interest in carpooling. The survey should ask about employees' interest in carpooling, their residential location (the ACT sample survey asks for the zip code) as well as whether their schedules are regular enough to permit them to carpool.

For employees who currently drive alone to work, the survey should ask what incentives would encourage them to carpool. ACT also points out that more employees will respond positively to the idea of carpooling than will actually carpool. See ACT's Transportation Demand Tool Kit for a description of their Commute Mode Survey. The Tool Kit can be ordered at www.actweb.org

Also, in deciding whether to implement a carpooling program, employers should consider enforcement issues. It is easier to enforce carpool regulations in areas with gated or attended parking.

#### 2) Determine possible carpooling incentives

If the employee survey reveals sufficient interest and potential among employees, an employer should next determine what incentives should be used to encourage carpooling. As discussed above in Implementation Issues and Costs, incentives can include reduced cost or free parking, preferred parking, and prizes or discounts. Incentives should be based on particular circumstances at the location; for example, an employer located in a downtown location with expensive parking might give reduced cost or free parking as an incentive, while a suburban employer might rely on prize drawing to motivate carpoolers. In addition, employers with paid parking may use parking tax benefits (see Tax Considerations, above).

If an employer is considering implementing paid parking in response to a parking shortage, it might work well to implement a carpooling incentive program at the same time. For example, previously free parking might remain free to carpoolers, but cost \$50 per month for those driving alone. This allows employees to retain the ability to park free, if they carpool.

Acknowledging that carpoolers may occasionally need to drive alone to run errands or attend to other personal business during the day, some employers allow registered carpoolers to drive alone from time to time without incurring a penalty.

#### 3) Investigate rideshare options

Many regions have rideshare organizations that help potential car- and vanpoolers locate rideshare partners. These services are usually either non-profit agencies or publicly funded, and matching services are generally free to riders. Unlike many Transportation Management Associations (TMA), where employers must become members before their employees can take advantage of their services, rideshare organizations seldom require employers to become involved.

Using a rideshare organization relieves the employer of having to match potential carpoolers. Because of the complexity of matching potential carpoolers, and maintaining a database of persons interested in carpooling, there are specialized software programs available (see the list at www.nctr.usf.edu/clearinghouse/ridematching.htm). Unless the employer is relatively large, and there is no regional rideshare service available, it is probably easiest to encourage employees to find carpool partners through a rideshare organization. A list of rideshare organizations can be found in Appendix A.

Employers may wish to contact the rideshare organization to learn more about its operations, so that they can have answers to employees' questions about how rideshare matching works,

and to reassure employees that their personal information will not be used for other purposes. Because many rideshare organizations have online registration, a company with an internal web site may wish to provide a direct link. Employers can also discuss with a rideshare organization whether they wish have their employees matched only with employees at the same employer, or with employees at other nearby employers.

### 4) Determine registration and eligibility requirements

Employees generally have to register with the employer to qualify for carpool incentives. The human resources department or employee transportation coordinator should determine procedures, and what information an employee must submit. To prevent fraud, most employers ask employees to re-register once per year. Registration can be done by written form or online at a company web site.

If there are designated spaces for carpoolers, an employer should probably issue some type of identification for those vehicles. Employers generally use hangtags (tags that hang from the rear view mirror) for this purpose, as decals cannot be moved easily from vehicle to vehicle.

An employer may want to consider whether all employees will be eligible to register as carpoolers, or only certain categories. For example, an employer with multiple worksites may allow only employees at certain worksites to register as carpoolers. Some employers who have high numbers of temporary workers or telecommuters allow only employees who work on-site a certain number of hours per week to register.

Some employers differentiate between carpools by employee status and number of passengers. Emory University, for example, has three categories of carpools based on these criteria. (See Employer Case Studies.) This allows employers to give higher incentives to full-time employees and larger carpools.

### 5) Announce and implement the carpooling program

Once incentives have been determined, employers should take the necessary steps to implement the carpooling program. Depending on the nature of the program, steps may include the following:

- Designating and marking carpool spaces in parking areas;
- Introducing or changing parking fees;
- Implementing a system for carpoolers to register;
- Obtaining and distributing hangtags or other vehicle identification; and
- Writing a carpool policy that covers eligibility, incentives, and penalties for non-compliance.

Once guidelines and policies are in place, the employer should make a formal announcement and encourage employees to register as carpools. The employer should use whatever means of internal publicity it normally uses to communicate changes in benefits policies to its employees. These may include the following:

- Company orientation for new employees;
- Advertisements in places seen frequently by employees (cafeteria, garage, elevators, etc);
- Distribution of program brochures;
- Company newsletters;
- Voicemail or e-mail broadcast;
- Special promotional days (example: a "Pool Day" to encourage car/vanpooling);
- Awards or prize drawings to recognize employees using transit or carpools;
- Inserts to paychecks;
- Company web site or intranet;
- "Kick-off" event (which could include representatives from rideshare organization).

### 6) Monitor and maintain carpool incentive program

Once implemented, carpool incentive programs should be monitored and changed as circumstances require. Recommendations for ongoing monitoring include:

- Annual re-registration of carpoolers to prevent fraud and checking carpoolers' names against employment records to ensure that all registered employees are still working at the worksite claimed.
- Enforcement of preferred parking and ensuring that there is sufficient preferred parking for all registered carpoolers.
- Frequent updating of the rideshare list, if maintained by the employer.
- Continued marketing of the incentive program. Carpooling is not a "one-time purchase," but requires continued promotion for maximum participation.

### **EMPLOYER QUESTIONS AND ANSWERS**

The following questions might commonly be asked by an employer (e.g., a human resources benefits specialist or employee transportation coordinator) interested in implementing a carpool incentive program.

### Question: How difficult - and costly - is it to administer the program?

It depends on the scope of the program, the number of employees, and the type of incentive. A registration-based program updated annually would not take much staff time; however, maintaining a rideshare database for a large company might be very time-intensive. The cost of financial incentives would be based on current parking costs (i.e., if the incentive involves reduced cost or free parking for carpools, the company would forego some revenue) or the size of prizes or awards. As an example, Nike spends \$23,000 annually on prizes, with 250 to 300 employees eligible for

prize drawings each month. This works out to approximately \$75 to \$100 annually per participant. (See Employer Case Studies.)

### Question: Does the employer decide who pays for gas and insurance, or how frequently each carpooler has to drive?

Generally cost sharing and driving duties are left up to the discretion of the carpoolers. Different arrangements work for different carpools; for example, some carpoolers may always need their car during the day, so they are responsible for all the driving, while other carpools rotate drivers. Some carpools are composed of family members, so cost sharing is not a major issue. The employer should make clear in the carpool guidelines that carpoolers must reach their own arrangements, and that the employer is not responsible for resolving disputes. Guidelines should also urge employees to review their car insurance policies to ensure that they are adequately covered.

Nike has a carpool program with written guidelines; these guidelines are provided in Appendix B as a potential model.

## Question: Are there safety concerns in encouraging my employees to share rides with strangers? Are rideshare partners screened?

According to a Transportation Consultant at RIDES for Bay Area Commuters, a San Francisco area rideshare organization that has been operating since 1977, rideshare matches are not screened. Registrants are provided with the neighborhood and phone number of potential rideshare partners. RIDES encourages potential rideshare matches to speak on the phone and/or meet in person to establish both rideshare compatibility and to ensure that they feel comfortable with each other. RIDES informs registrants that they have not screened applicants with a disclaimer on the registration form. However, they have not learned of any problems between ridesharers more serious than

smoker/non-smoker, differing tastes in music, or fragrance tolerance.

### Question: How often must somebody carpool before they become eligible for benefits?

Some employers request that only people who carpool two or more days per week register, but benefits to employer and employee increase with frequency, and many employers feel that higher frequencies are worth higher benefits.

### **EMPLOYER CASE STUDIES**

Employers around the country have implemented carpool incentive programs. The following cases describe several employer programs.

#### Atlanta, Georgia - Emory University

Emory University, with approximately 10,000 students and 14,000 faculty and staff, is located on the outskirts of Atlanta. Emory's carpool program is administered by the Division of Community Services, which includes an Alternative Transportation office. The university contains a major hospital and clinic.

Emory provides incentives to carpoolers in the form of reduced parking rates and in some cases reserved spaces. Emory recognizes three categories of carpools, which are based on the number of full-time employees registered in the carpool. (See table below.) All carpools must register with the Parking Office to receive hangtags for the rear view mirror. Both university and hospital /clinic employees are eligible to participate in carpool programs. Students are not eligible.

### Carpool Incentive Program Requirements at Emory University

Number/Type of Employees	Carpool Category	Parking Cost	Reserved Space?
2 PT	1	\$100/year	No
1 FT 1 PT			
2 FT	2	\$100/year	Yes
2 FT 1 PT			
3 FT	3	Free	Yes
3 FT 1 PT			

Annual parking rates range from under \$200 (for hospital and clinic employees) to \$900 for 24-hour reserved faculty spaces. Most university employees pay \$219 per year. Reserved spaces are reserved exclusively for individual vehicles; there are no "carpool only" parking areas in the lots (i.e., carpools with non-reserved spaces compete for spaces with solo drivers).

All carpool participants also receive a "Value Pass" hangtag to be used in cases where they need to occasionally drive to work alone. The Value Pass allows 12 entries per year; additional passes may be purchased for \$36.

Emory advises potential carpoolers to register with the regional Commute Connections service, a rideshare organization run by the Atlanta Regional Commission.

Emory's program has been in place approximately eight years. It was begun to alleviate parking congestion on the main campus (employees at other locations do not have carpool incentives). There are currently almost 400 carpoolers registered in 170 carpools (an average vehicle occupancy of 2.08 persons).

The program is publicized through commuter fairs, which are often held as components of larger events such as Staff Day. There is also an e-mail listsery with 11,000 participants.

According to Wanda Teichert, Program
Development Coordinator with the Alternative
Transportation Office, there are recurring but
mostly minor problems with attempted cheating.
She mentioned that the best safeguard is a gated
parking lot; the hangtags issued to carpoolers are
barcoded to allow entry. She said that another
problem is invalid registrations (generally persons
who work at other facilities). To help prevent this,
they require all carpools to re-register annually, so
they can check carpoolers' names against current
employment records. Several people caught cheating have been banned from the carpool program.

Emory has in the past terminated employees for transit benefits program fraud, but so far that has not occurred in the carpool program.

### Beaverton, Oregon - Nike

Nike, a footwear manufacturer headquartered in suburban Portland, has an extensive commuting program that includes two types of carpooling incentives. First, carpools have reserved parking areas until 10 AM. Second, carpoolers are eligible, along with all other non-single occupant vehicle commuters, for monthly and quarterly prize drawings.

According to Linda Odekirk, Nike's Employee Transportation Coordinator, carpoolers previously received "Nike Bucks," vouchers that could be used to purchase food, merchandise, or other onsite services, every time they arrived in a carpool at the main campus. However, this program proved to be too expensive, so three years ago it was replaced with the prize drawings. Under the Nike Bucks program, Nike spent approximately \$250,000 a year on commuter incentives; currently, they spend \$41,000. (Of that \$41,000, \$23,000 is spent in the Portland area; the rest is used for commute incentives in other locations.) Prizes range from gift certificates in increments of \$25, \$50, of \$100 for company store or local retailers to \$400 for mountain bike purchase or "getaway" weekends.

Carpoolers do not register with the company in advance. Rather, carpoolers receive a hangtag from the security guard at the main gate to place in their car for the day that allows them to park in the reserved carpool areas. (The Nike campus consists of a number of buildings, and there are approximately 30 to 40 spaces reserved for carpools scattered throughout the campus at different buildings.)

Carpoolers can find matches through in-house computerized matching. Ms. Odekirk described maintaining the rideshare list as an "administrative nightmare," because of the difficulty of keeping the list updated. Portland is in the process of implementing a regional rideshare program and she hopes to transfer the matching function to that program once it is implemented. Ms. Odekirk said that most carpools form via word of mouth, not through the rideshare list.

Because there is no registration, Ms. Odekirk tracks participation through registration for prize drawings. Anyone who uses a non-single occupant vehicle commute mode during a given week is eligible to register for the prize drawings. When they register online for the prize drawing, commuters list the number of times they used a particular mode during the week. These figures form the basis for reporting mode splits under Oregon's trip reduction mandate. Ms. Odekirk said that in an average week there are 400 trips made by carpool, meaning that at least 800 people carpooled. The campus has 4,000 employees; there are another 1,100 employees in the metropolitan area. (Although employees at any facility can register for the prize drawing if they carpool, only one other facility has reserved parking.)

Ms. Odekirk thought there was more potential for fraud under the Nike Bucks program. Under that program, commuters received Nike Bucks vouchers from the security guard when they arrived at work. However, off-campus employees did not have to pass a security guard, so they requested vouchers from a receptionist, who could not verify if they had carpooled. Although there may be some fraud under the current program, because commuting behavior is self-reported and not verified, she thinks the fact that participants are only registering for a chance to win, not receiving guaranteed benefits, mitigates against fraud.

### SERVICES THAT SUPPORT IMPLEMENTATION

#### **Rideshare Organizations**

Many regions have rideshare organizations whose primary function is to maintain databases of potential carpoolers. Because of both the difficulty of keeping this type of database updated, and the fact that many employers do not have sufficiently high numbers of employees to make many carpool matches, a regional rideshare service is an excellent way to find carpool partners for employees. Appendix A lists major regional programs.

### Parking Cash Out

Parking cash out is an arrangement in which an employer offers employees cash in lieu of a parking space. One study of parking cash out (Shoup, 1997) showed that carpooling at eight companies increased from 14 to 23 percent when parking cash out was implemented. Unless other incentives are implemented, it is difficult to convince employees not to drive alone when parking is free and plentiful.

#### Guaranteed Ride Home Programs

A barrier preventing some employees from carpooling is the fear that they will not be able to get home quickly in the event of an emergency, such as picking up a sick child from school, or working unscheduled overtime. Guaranteed ride home (GRH) programs provide commuters who regularly carpool, vanpool, bike, walk or take transit to work with a reliable ride home when an unexpected emergency arises. GRH programs are designed to rescue commuters who are worried about how they'll get home in the event of an emergency. Knowing there is a guaranteed ride home gives many people the security to carpool. GRH programs may be established by individual employers. Usually the employer will pay for a

taxi home in the case that an employee who is a carpool passenger has to leave in the middle of the day, or the carpool driver is for some reason unavailable. Some MPOs and local governments have also established regional or county-wide GRH programs for employees that register for the program. GRH tends to be a low-cost way to encourage carpool use, especially if a company only fills in coverage for areas not covered under a broader regional program. For example, a regional transit agency may provide a guaranteed ride home for monthly passholders, so a company would have to provide GRH only for carpoolers. Provision of GRH is a requirement of participation in CCLI. See the separate GRH briefing paper for further information.

#### Park-and-Ride Lots

For potential carpool partners who do not live in immediate proximity, a park-and-ride lot may be a good meeting place. The availability of park-and-ride lots may encourage carpool drivers who would otherwise be inconvenienced by picking up and dropping off passengers at their homes.

#### ASSOCIATIONS AND CONTACTS

This section provides information on contacts that EPA and regional, state, and local governments might wish to utilize for expertise in understanding, promoting, or providing technical information on carpool incentive programs. Information Clearinghouses

### Association for Commuter Transportation

P.O. Box 15542 Washington, DC 20003

Tel: 202-393-3497 Fax: 202-546-2196

Act@act-hq.com www.ACTweb.org

The Association for Commuter Transportation (ACT) is a membership organization that promotes

commuter choice and transportation demand management. It sponsors annual conferences on commuting, and publishes educational materials for employers.

National Transportation Demand Management (TDM) and Telework Clearinghouse
National Center for Transit Research
University of South Florida
4202 E. Fowler Avenue
CUT100
Tampa, FL 33620-5375

Tel: 813-974-3120

www.nctr.usf.edu/clearinghouse

The National TDM and Telework Clearinghouse is a compendium of research and information on transportation demand management (TDM). TDM refers to a set of programs and policies designed to make the best use of existing transportation resources without additional infrastructure investment. Much of the Clearinghouse information is available electronically. The web site contains information for employers interested in establishing trip reduction programs.

### Rideshare Organizations

As discussed above, there are rideshare organizations in many regions. If an area is not listed in Appendix A, the MPO for the region may offer more assistance on locating rideshare programs. The appropriate MPO can be located through the Association for Metropolitan Planning Organizations (202-457-0710 x19); a list of MPOs with web pages is available at www.ampo.org/mposnet\_old.html.

#### Commuter Choice Leadership Initiative

For more information on the Commuter Choice Leadership Initiative, contact the Commuter Choice Hotline at 888-856-3131, or see www.commuterchoice.gov

### EMISSIONS AND TRANSPORTATION BENEFITS

Carpooling reduces travel and emissions compared to driving alone. Employees get to work with fewer separate vehicle trips, thereby reducing traffic congestion and air pollution.

Nationally, about 11 percent of employees commuted to work in carpools, according to the Journey to Work survey in the 1990 census; these are the most recent national figures available.

Companies that implement programs to support ridesharing can expect increases in the portion of employees who choose to carpool. According to EPA's Commuter Model, which draws relationships from actual case studies of employer-based programs, companies that implement in-house carpool matching services along with carpool information activities, and a part-time transportation coordinator, can expect about a four to ten percent increase in the number of employees carpooling. Employers that also provide preferential parking for carpoolers, flexible work schedules (to accommodate carpools), and a full-time transportation coordinator might expect an increase of up to 20 percent in the number of employees carpooling. Employers who institute financial incentives for carpooling (such as greatly reduced parking rates) may find even greater increases in the number of carpoolers.

### REFERENCES AND PUBLICATIONS

Federal Transit Administration. No date. *Parking Supply Management*. Available at www.fta.dot.gov/library/planning/tdmstatus/FTAP RKSP.HTM

Odekirk, L. 2001. Personal communication. Telephone conversations between Linda Odekirk, Employee Transportation Coordinator, Nike, and Liisa Ecola, ICF Consulting, April 6, 2001.

Shoup, D. 1997. Evaluating the Effects of Parking Cash Out: Eight Case Studies, Sacramento: California Environmental Protection Agency.

Teichert, W. 2001. Personal communication. Telephone conversation between Wanda Teichert, Program Development Coordinator, Alternative Transportation Office, Emory University, and Liisa Ecola of ICF Consulting, April 4, 2001.

### APPENDIX A: COMMUTER RIDESHARE PROGRAMS

The table below lists some of the third-party commuter rideshare programs in the country. Employers located in areas not listed below should contact the MPO for their region to determine if others exist.

Location	Sponsoring Agency	Type of Agency	Contact Info	Website?
Atlanta, GA	Commuter Connections	Rideshare sponsored by Atlanta Regional Commission	87-RIDEFIND	www.commuteconnections.com
Albany, NY	Capital District Commuter Register	Rideshare	518-458-2164	www.commuter-register.org
Augusta, ME	Go Augusta	Rideshare	800-280-RIDE	www.goaugusta.org
Birmingham, AL	CommuteSmart Rideshare	Rideshare	800-826-RIDE	www.commutesmartrideshare.com
Boston and Massachusetts	CARAVAN for Commuters	Rideshare	888-4-COMMUTE	www.commute.com
Contra Costa County, CA	Contra Costa County Commute Alternative Network	Public consortium	510-215-3035	www.traks.org/incentive/guar- antee/incentive.html
Denver, CO	Ride Arrangers	Rideshare sponsored by Denver Regional Council of Governments	303-455-1000	www.drcog.org/ridearrangers
Detroit, MI	Southeast Michigan Council of Governments	Council of Governments	313-961-4266	www.semcog.org/index.html
Houston, TX	METROVan	Rideshare	713-224-RIDE	www.hou-metro.harris.tx.us/ METVAN.HTM
Kansas City, MO	Mid-America Regional Council	Rideshare	816/842-RIDE	rideshare.marc.org
Las Vegas, NV	Regional Transportation Commission	MPO	702-228-RIDE	www.catride.com/catmatch/
Long Island, NY	Long Island RideSharing	Rideshare	631-737-CARS	www.737cars.com
Miami, FL	South Florida Commuter Services	Rideshare	800-234-RIDE	www.commuterservices.com/sf/
Minneapolis/St. Paul, MN	Metro Council	MPO/ Transit Agency	651-602-1602	www.metrocommuterservices.o rg/index.asp
Morris County, NJ	TransOptions	Rideshare	973-267-7600	www.transoptions.org
Nashville, TN	Regional Transportation Authority	MPO/ Transit Agency	615-862-8833	www.rta-ride.org/ridehome/ ridepolicy.htm
New Hampshire	NewHampshire DOT	State Department of Transportation	800-462-8707	www.state.nh.us/dot/rideshare
New Haven, CT	Rideworks	Rideshare	800-ALL-RIDE	www.rideworks.com
New York, NY	Commuter Link	Rideshare	718-886-1343	www.commuterlink.com
Phoenix, AZ	Valley Metro	Transit Agency	602-262-7242	www.valleymetro.maricopa.gov
Portland, ME	RideShare	Rideshare	800-280-RIDE	www.ridesharemaine.org
Rhode Island	Rhode Island Public Transit Authority	Transit Agency	888-88-RIPTA	www.ripta.com

Location	Sponsoring Agency	Type of Agency	Contact Info	Website?
San Diego, CA	San Diego Commute	Rideshare sponsored by San Diego Association of Governments	800-COMMUTE	www.sdcommute.com/van_poo
San Francisco Bay Area, CA	RIDES for Bay Area Commuters	Rideshare	800-755-POOL	www.rides.org
San Mateo County, CA	Peninsula Traffic Congestion Relief Alliance	Public/non-profit Joint Powers Association	650-994-7924	www.commute.org
Seattle, WA	Metro Rideshare Operations	County	206-625-4500	transit.metrokc.gov/van-car/van-car.html
Stamford, CT	Metropool	Rideshare	800-346-3743	www.metropool.com
Tallahassee, FL	Commuter Services of North Florida	Rideshare	888-454-RIDE	tmi.cob.fsu.edu/commute/#
Tampa, FL	Bay Area Commuter Services	Rideshare	813.282.8200	www.tampabayrideshare.org
Vermont	Vermont Public Transit Authority	Transit Agency	800-685-RIDE	www.vpta.net
Vermont and New Hampshire	Upper Valley Rideshare	Rideshare	802-295-1824	www.uppervalleyrideshare.com/ /uvrs.grh.html
Washington, DC	Commuter Connections	MPO	800-745-RIDE	www.mwcog.org/commuter
Windsor, CT	The RideShare Company	Rideshare	800-972-3279	www.rideshare.com

### APPENDIX B: SAMPLE CARPOOLING GUIDELINES

The following guidelines are provided by Linda Odekirk, Employee Transportation Coordinator for Nike.

### GUIDELINES FOR CARPOOLING

It is important for prospective carpoolers to meet under comfortable conditions to determine the feasibility of ridesharing. As you make contact with potential rideshare partners, suggest a meeting on common ground to discuss compatibility. Invite several people to the meeting. If all the schedulers and pickup points do not mesh, perhaps more than one pool is a possibility.

When a compatible group is formed, the following should be discussed and all members should agree to:

- Select the **route** or routes the carpool will take to and from work and designate **pickup points** which may be at each member's home or at a common meeting point such as a park-and-ride lot.
- **Determine the morning arrival** and **afternoon departure times** based on compatible work schedules. Allow extra time for the occasional traffic tie-up or other unforeseen events.
- Choose the **departure locations** at work where carpool members will gather for the drive home.
- Determine **who is going to drive**. Will some or all of the carpool members share driving responsibilities by alternating on a daily, weekly, or monthly basis? Or will they select a designated driver?
- Calculate commuting costs to determine the amount non-drivers will pay to cover the expenses of
  the driver(s). This normally can be determined by multiplying the daily round-trip miles by the
  drivers cost per mile and dividing the total by the number of carpool members. Some carpools simply cover gas expenses. Set regular payment dates.
- Determine which **days of the week** each person will carpool. While many carpools are five days a week, many other carpools operate quite well on a part time basis. To accommodate individual needs some full time carpools include a part time member(s). Be creative.
- Create communication lines between pool members so that an agreed upon alternative plan can be
  rapidly implemented in case of illness or other problems. Make certain that all members of the pool
  have exchanged phone numbers. Also appoint a Carpool Captain responsible for maintaining these
  communications.

Once these logistical details have been arranged, it is important that a frank and friendly discussion take place regarding the "**rules of the road**." By establishing these understandings ahead of time, a carpool is far less likely to experience social friction. Issues to be covered and recommended rules to establish include the following:

- The first rule is to agree to have rules.
- Agree to **be on time**. Depending on the length of the commute, most carpools allow two to five minutes for a late passenger, but some reach an understanding not to wait.
- Detours for personal errands, such a picking up a carton of milk on the way home, should be avoided.
- Establish a **smoking policy**. Smoking should not be allowed unless everyone in the carpool is a smoker or everyone agrees that smoking is OK.

- Take a vote about the **radio**. On or off? Music or news? Classical, top 40, rock, progressive rock, country, or whatever?
- Agree on do's and don'ts concerning personal habits, such as **reading**, **talking**, and **eating** in the car.
- **Driver responsibilities** include keeping the **vehicle clean**, **in good working condition**, and **adequately fueled** for the round-trip commute. Naturally he or she is also responsible for **driving safely** and for maintaining adequate **auto insurance**.

Once these initial arrangements have been made, the carpool should be ready for a trial period. Make sure all the members of the fledgling carpool agree to give it time to work. A four-week shakedown cruise is normally necessary to get it all running smoothly.



This publication may be ordered from the National Service Center for Environmental Publications (NSCEP) at:

U.S. Environmental Protection Agency

NSCEP

P.O. Box 42419

Cincinnati, OH 45242-2419

Phone: (800) 490-9198, Fax: (513) 489-8695

### FOR MORE INFORMATION

This guidance document and other information about the Commuter Choice Leadership Initiative are available at www.commuterchoice.gov or by calling the Commuter Choice voicemail request line at (888) 856-3131.

### **ACKNOWLEDGEMENTS**

This document was prepared for EPA's Office of Transportation and Air Quality under contract 68-W6-0029, by Michael Grant and Liisa Ecola of ICF Consulting, 9300 Lee Highway, Fairfax, VA 22031, (703) 934-3000.

We would like to thank the various reviewers who provided comments and feedback on the document.