

# BARSTOW LOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 25

Marine Corps Logistics Base Barstow, California

May 4, 2000

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Marine Corps News  
Weekly available online  
<http://www.usmc.mil>



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## Base Commander awards volunteers



Photo by Curt Lambert

Certificate of Appreciation recipients (from left to right) George and Erin Schuessler, Barbara and Leo Bustamante, and GySgt. Michael Claudio are congratulated by ceremony attendees after Col. Mark A. Costa, base commander, recognized them for their volunteerism efforts.

By LCpl. Cory Kelly

BARSTOW LOG staff

Colonel Mark A. Costa, base commander, gave thanks and awarded certificates of appreciation to a group of men and women April 26 for doing something he said, "most people just don't carve enough time in their schedule to do."

Costa presented GySgt. Michael Claudio, the Schuessler and the Bustamante families with awards that morning, in an act to let them know their service in volunteerism is noticed and appreciated.

Claudio was receiving recognition for his role in youth sports activities – coaching tee ball and soccer for a hand full of three-and-a-half-year-olds but mostly four and five-year-olds this last year.

"It takes someone with a lot of patience to do what Gunnery Sergeant

Claudio does," Costa said.

Having been pulled into coaching his son's soccer team by his wife, Carla, he said, "Looking back, although it has been a lot of hard work, it was worth it."

"It's a great feeling when you know your doing something that actually makes an impact.

"Even if all the kids just get the fundamentals of physical education – like stretching and warming up before practicing – then I have taught them the proper way of beginning any physical endeavor," he said.

Erin and George Schuessler and Leo, Barbara, and Joshua Bustamante we presented certificates of appreciation for volunteering their time and service at the Ceramic Hobby Shop on base.

Mark Hutchens, manager of the

See AWARDS Page 5

## Civilian Wellness Program enters Phase II

By Cpl. Brian Davidson

BARSTOW LOG staff

The Civilian Wellness Program Advisory Board met Thursday and has slated the second phase of the program to begin in early June.

The CWP pilot program, which ended in January, proved to be an effective means for the command to promote wellness and healthy lifestyles in the civilian workforce, as well as a cost effective productivity booster.

Helen Sampilo, wellness program worksite coordinator, noted, "Participants in pilot program provided the foundation for the model of the second phase."

One of the major areas of concern for Sampilo going into next chapter of the wellness program was whether or not to limit enrollment in the program.

During the pilot program the enrollment period was limited to 30 days and only 53 people were allowed to take part because of the unknown variables involved in initiating the first program of its type aboard base.

Advisory board members voted unanimously to institute modified open enrollment during the second phase of the program partly based on the opinion of the program coordinator.

"During the first program I found myself faced with a large influx of paperwork and a short time frame to process it all," said Sampilo. "By allowing people more time to enroll we will be able to better manage the work load and it will also accommodate employees who are taking leave, TAD or will be away from base for other reasons. They won't have to worry about missing the window of enrollment."

Unlike the pilot program, no limitations have been placed on the number of people who may take part.

The only limits placed on who may or may not participate in the wellness program will be determined by section supervisors and based on mission accomplishment, according to Sampilo.

Wellness program participants are granted access to all MCCA facilities for the duration of the program and will be issued identification tags for admittance, according to CWO Bill Bradshaw, Semper Fit officer.

The board's next line of business is to brainstorm a means of implementing a full or partial means for Maintenance Center Barstow employees to join in the wellness program.

More information about the Civilian Wellness Program and enrollment dates will follow in future editions of the BARSTOWLOG.

## MCLB Gold attacks Fort Irwin Road

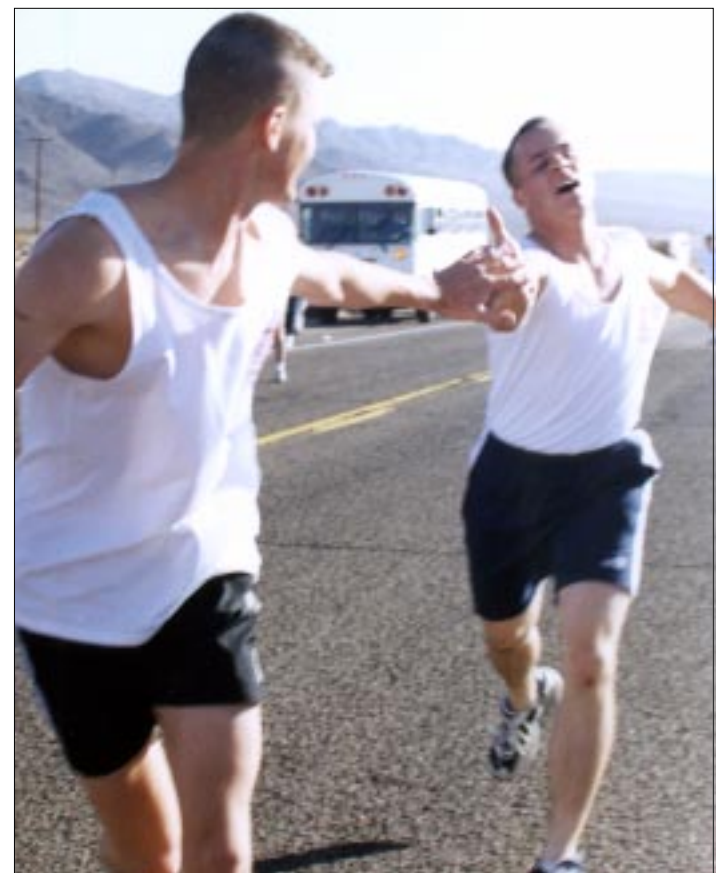


Photo by Sgt. Mike McQuillan

Pete Martinez of MCLB Gold completes his two-mile incline and passes to Jeremy Webb during Saturday's relay from Fort Irwin to the Veterans Home in Barstow. See page 7 for full coverage.

# Job training for Marines means combat skills also

By Sgt. Michael Turner  
Cactus Comet Staff

For many of us, time is set aside for training at least weekly, sometimes daily. What is training? Well, it's how we hone our skills in whatever military profession we find ourselves in. This way we become more proficient.

But what about the fact that we are Marines first? Can you remember when the last time was that some of us practiced patrolling, land navigation, tactics or any other type of battle skills? I fear some people forget we might find ourselves thrust into combat, that we are guardians of our

nation. This is not just a typical nine-to-five job. Even though you might be an engineer or an administration clerk, who is to say you won't have to walk a security patrol or man a fighting hole in a combat zone someday. Are your skills honed for that?

Practicing battle skills is something that must be done now before you get on that ship or plane headed over to Kosovo, North Korea or some other hot spot in the world.

Once you are on the battlefield, it's unlikely you will get much time for practice.

Marines don't ship out to a real fight and then typically have the time to sit around and prepare.

Yes, Desert Shield/Desert Storm was an unusual situation. I don't foresee us being given that much time to set up for combat in the near future. Therefore, it is important to develop those skills now before you ship out.

The possibilities are endless when it comes to skills all Marines should know to prepare for combat: patrolling, land navigation, squad and fire team formations, hand and arm signals, calling in fire support (artillery and air), calling for medivac, and so on.

It's also important to learn about combat tactics and strategies. I have found that developing yourself tactically takes time and experience. One

way to do this is classes on tactical decision games, which are found toward the back of the Marine Corps Gazette every month. Classes on warfighting and conducting TDGs, if done realistically, will help Marines to learn tactics that may or may not work in certain scenarios.

Battle studies are also a way to learn from past mistakes or successes on the battlefield. My point is, always look to improve your knowledge and skills and that of your Marines if you are in the leadership position. You never know, it could save your life or the Marines around you. If you don't think this kind of training is fun, then you're in the wrong business in the first place.

## Watch what you pray for

By Lt. Michael Michener  
Base Chaplain



You have probably heard that old saying, "Watch what you pray for, because you just might get it." It is intended as a warning because many of us are not aware of the

ramifications of our requests. I would suggest that we could turn that around as well. Perhaps we could seriously consider the power of prayer to change things. If we subscribe to the idea that there are things worth changing and that Divine intervention is probably necessary to facilitate that change, then perhaps it might be appropriate to pray and then remain "on duty" so to speak or remain at watch to see that prayer answered.

I am not suggesting that we pray with the intention of manipulating God for our purposes. One of the neat things about Judeo-Christian belief is that God is not changed by our tantrums. Fasting doesn't even manipulate Him to act. Rather, when we follow the scriptural guideline given in what we know as the Lord's Prayer and pray, "Thy will be done, on earth as it is in heaven..." we pray with power. We are reminded from the book of James, "The prayer of a righteous man is powerful and effective." I have often been guilty of flippantly flinging a prayer heavenward without genuine commitment to seeing that prayer

answered or the diligence to ensure that prayer is consistent with Biblical principle rather than my personal preference. I know God expects more of me than a casual attitude toward prayer.

I believe God expects our nation to have a more serious practice of prayer as well. Our forefathers agreed. In 1952 President Harry Truman signed into law the establishment of a National Day of Prayer. In 1988 President Ronald Reagan designated the first Thursday of May as the official National Day of Prayer. The wisest of our leaders understood that they would not be able to make tough decisions without Divine guidance.

Few would argue today that all is well in the United States, California, and even Barstow. Many of our government officials are deeply dependent on the prayers of the people who seek God's will.

Unfortunately, many are not so wise. Ultimately, if we believe things can be better, we can join together and pray.

Today is the 49<sup>th</sup> National Day of Prayer. Nationally, this is an election year. Significant decisions will be made by whomever is elected president including a number of Supreme Court justice appointments. Issues that effect the foundation of a nation, the family will be decided this year.

I happen to believe that change is always good when it brings improvement. I also happen to believe our nation has room for

See CHAPLAIN Page 12

## Just doing my job ...



Photo by Cpl. Brian Davidson

Annie Hudson, an MCCS food service employee, pays close attention as she returns a patron's change at the Cactus Cafe restaurant in Yermo. Hudson said what she enjoys most about her job at the cafe is the friendly customers she serves. "We make sure everyone has a smile on their face when they go back to work," she said.

### Chapel Hours

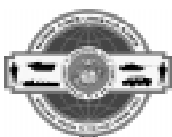
Protestant Sun. 8:30 a.m.  
Catholic Mass Sun. 10:30 a.m.

### Confession services before Mass

### Yermo Bible Study

Wednesday 11 - 11:30 a.m.  
At the Colonel's Workshop

For more info call  
Don Brooks at 577-7165.



Marine Corps Logistics Base Barstow, California  
Colonel Mark A. Costa, Commanding Officer

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The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer (B130), Command Headquarters, Marine Corps Logistics Base, Box 110100, Barstow, CA 92311-5001. The Public Affairs Office is located in Building 15. Phones: (760) 577-6430, 577-6450, 577-6451, FAX 577-6350, DSN prefix 282.

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**BARSTOW LOG** is distributed every Thursday (or Wednesday preceding a holiday) 50 weeks a year. **BARSTOW LOG** is produced at Aerotech News and printed at Antelope Valley Press in Palmdale, Calif. Printed circulation is 3,500.

For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

# News Briefs

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to [daileyb@barstow.usmc.mil](mailto:daileyb@barstow.usmc.mil).

## Medical/Dental Clinic Shuttle Schedule

There are weekday shuttles running to and from the Branch Medical and Dental Clinics at Yermo.

Shuttle schedule:  
6:50 a.m. -- McKinney Youth Center  
7 a.m. -- HqBn.  
12:30 p.m. -- McKinney Youth Center  
12:40 p.m. -- HqBn.

Children ages 4 and up or 70 lbs. or over are eligible to ride. Younger children must be in a portable car seat.

Civilian Employee Sick call is available in the morning and afternoon. Mornings from 7 to 8 a.m. and in the afternoon from 1 to 2 p.m. Monday through Friday.

Military Sick call is now also available in the afternoons from 1 p.m. to 2 p.m. Morning sick call for military personnel is from 7 to 8 a.m.

All return transportation from the clinics is by group pickup.

Call 577-7722 for more information.

[/www.usmc-mccs.org/retirement/index.htm](http://www.usmc-mccs.org/retirement/index.htm). The new website provides information on benefits and eligibility, organizations, etc. The site also has a link to the "Semper Fidelis, Memorandum for Retired Marines" newsletter. For more info call 577-6533.

## Elks Golf Tournament

An open golf touney benefiting local youth activities and charities kicks off Saturday. Five-person teams will battle it out for the "Best Ball Scramble."

The names of the winning team will be inscribed on the perpetual plaque to be displayed at the Barstow Elks Club.

The entry fee is \$40 per person plus greens and cart fees.

Extra lunches are \$6 each. There will also be door prizes. For more info call 254-2304 or 252-2803.

## Old Town San Diego trip

The Civilian Welfare Recreation Association is sponsoring a trip to San Diego Old Town May 6.

The group leaves Barstow at 7 a.m. and arrives in Old Town at 11.

Visit the historical site where San Diego began. The trip costs \$6. Call 577-6614 or 577-7210 for reservations or more info.

## Immigration Workshop

The City of Barstow has scheduled a workshop for May 11 from 11 a.m. to 2:00 p.m. in the Council Chambers at City Hall.

Questions geared toward immigration, obtaining residency, work permits, family reunification, citizenship and outreach programs will be answered at the workshop.

Registration is being taken for anyone who would like to learn about the United States or improve their lan-

## 101 things you should never ask a Marine to do

By E. Temple



Never ask a Marine to play hide and seek.

guage skills.

For more info call 256-3531 ext. 3253.

## Drill team advisers needed

Adult advisers are needed for the Positive Force Precision Drill Team.

The youth drill team performs fancy and regulation military-style drills.

The team meets Tuesday and Thursday evenings from 6 to 8 p.m. and Saturdays from 10:00 a.m. to 12:30 p.m. For more info call 256-0030 or visit <http://www.positiveforce.org>.

## Blood Drive

The next Blood Drive will be held May 18 from 11:30 a.m. to 2:30 p.m. at Nebo Building 44, and from 11:00 a.m. to 3:00 p.m. at Maintenance Center Building 598.

All departments are asked to submit a list of voluntary donors by May

12. Contact your Department Administrative Officer for more info.

## HAZMAT turn-in

The base is collecting household Hazardous Waste/Materials from housing residents.

Collection takes place the second Saturday of every month from 9 a.m. to 1 p.m. at Building 27, behind the recycling center near the railroad tracks.

This is available to housing residents only. Proper ID will be required. For

more info, call 577-6387.

## Free youth Health screening

The Barstow Masonic Temple at 221 Ave. J is holding a free clinic May 13 from 10 a.m. to 3 p.m. to screen children for possible care at the Shriner's Hospital.

Further exams and possible care will also be provided free of charge.

See BRIEFS Page 4

## Commissary Notice

The Commissary will be open for business Tuesday except for frozen food because new frozen food cases will be installed. The Commissary regrets the inconvenience. Call 577-6438 for more info.

## Retired Activities Info Center

The USMC Retired Activities Information Center is now online at <http://>

## Job Watch

Annc.#	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEA-170-00	Security Guard	04-11-00	05-09-00	04-25-00	MCLB Barstow
GS-0085-03 (Term NTE 366 Days)					

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:  
**Human Resources Service Center, Southwest**  
**ATTN: Code 522 (announcement number)**  
**525 B Street, Suite 600**  
**San Diego, CA 92101-4418**

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.

## Multicultural Heritage Day Celebration Free tickets



The Multicultural Heritage Day Committee is hosting the first Multicultural Heritage Day 2000 May 17 from 10 a.m. to 2 p.m. in the vicinity of the Base Fitness Center.

Free tickets must be obtained by the close of business today.

The event includes entertainment, displays and a food court where attendees can taste a multitude of cultural dishes.

For free tickets contact:

Rick Kastner	577-7208/7503	Maint. Center lobby
Celia Enriquez	577-7511	Whs. 406
Lisa Akers	577-7528	Whs. 406
Robin Cross-Walker	577-6395	Base Library
Rhonda Ray	577-6664	Bldg. 302
David Mendez	577-7328	Base Library

**BRIEFS from Page 3**

Some conditions looked for are: treatable orthopedic problems, residual burns, scoliosis, cerebral palsy, metabolic bone disease and arthritis.

Parents should bring a copy of the child's birth certificate, shot card, guardianship papers and W2 or 1040 form. No appointment is necessary.

For more info, call 252-5800 between 9 a.m. and 8 p.m. Monday through Saturday.

**Safety Shoes**

Safety shoes will be available for purchase Wednesday at Yermo in the parking lot in front of Building 573 from 7 to 11 a.m. and at Nebo in the parking lot at the east end of Building 236 from noon to 2 p.m.

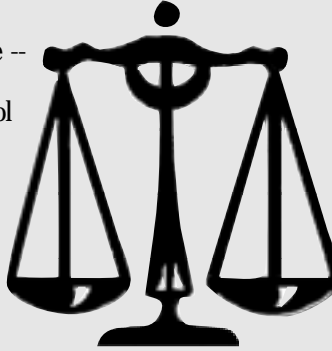
**Attention Veterans**

For Veterans Appreciation Day, May 11 from 9 a.m. to noon, the Veterans Home is hosting a sort of veterans fair. There will be representatives from the Veterans Employment Committee, Barstow College, County Veterans Service, Vocational Rehab, Employment Development Department, Desert View Memorial Park, the Veterans Home and the V. A. Clinic. The Veterans Home is located at 100 Veterans Parkway.

See BRIEFS Page 12

# Federal Magistrate Court

- Driving with a Suspended License -- Dismissed
- Fail to Stop at Sign -- Traffic School Fined \$85.00
- Drivers Lic. Not in Possession -- Fined \$60.00
- Fail to Appear -- Warrants Issued/ License Hold
- Failed to Stop Sign -- Traffic School, Fined \$50.00



# Traffic Court

- Defective Windshield -- 2 Pts
- Illegal Parking -- Warning
- Trip Ticket Not in Possession -- 2 Pts
- No Front Lic. Plate -- 2Pts
- No State Registration, Fail to Appear -- Suspension Until Prf of Regs
- Fail Wear Seat Belt -- 2 Pts
- No Insurance, FTA -- Susp Until Prf to Veh Regs
- Fail to Stop at Posted Sign -- 4 Pts
- No Insurance -- 4 Pts
- Fail Use Turn Signal -- 3 Pts
- Fail to Wear Seat Belt, FTA -- 3 Pts, Susp 15 Days
- No Insurance, FTA -- 4 Pts, Susp Until Prf Veh Regs
- Driving Without Valid License, FTA -- Revoke 6 Months
- Traffic Accident, Exceeding Maximum Height -- 2 Pts
- Fail to Appear for Court -- Susp of Driving Privileges

**AWARDS** from Page 1

hobby shop, said while explaining how helpful the two families are at the shop, "when I got here eight years ago, they were ready to close the shop down. But with all the help from them and other volunteers, we've brought the place back to life."

"They make (the shop) successful," he said, "and we work hard to try and make it a place where families can go."

Erin Schuessler added, "and they do! Most people that come in don't come by themselves, it's usually a family activity."

George Schuessler, who has been playing with clay since he was seven-months-old, said, "It's a lot of fun."

Leo Bustamante, a Navy reservist who helps out at the Ceramic Hobby Shop whenever possible, said, "(the hobby shop) is a good place to unwind. It's nice because you get to see what you're doing from start to finish."

Erin Schuessler continued, "(ceramics) really are a self-esteem building activity, you end up getting a lot more out of it than you put into it."

Costa said it made him extremely happy, not only to be able to show his thankfulness to some of the people who work hard to give back to our community, but to be able to reflect on how important volunteering really is.

"More now than ever are volunteers needed," he said.

Costa also stressed the fact that all the people he was giving thanks to, gave their time and efforts in the recreation side of volunteerism.

"To take a role, or to play a part ... that's when we really begin to figure out who we really are and what we're really about," he said.

Claudio said it best for those looking to volunteer some of their time, "figure out what you like to do, whatever your knack may be. Then, look to see if there is a void in someone's life that can be filled by what (you) know or the assistance (you) can provide."



Photo by Cpl. Matthew R. Weir

John Hubbard pulls back for his second shot from the fairway on hole six as James Rogers waits to take another whack at his ball. "I thought the team with the highest score won," said Hubbard. Their team was just out to have fun and raise some money for the Marine Corps Ball.

Other teams who came to play:

1<sup>st</sup> place team – Joe Charlton

Dennis Owen

Christian Galbraith

Lary Hubbard

2<sup>nd</sup> place team

Patrick O'Kane

Stephen Locke

Ed Guz

3<sup>rd</sup> place team – Jeffery Clawson

Michael Claudio

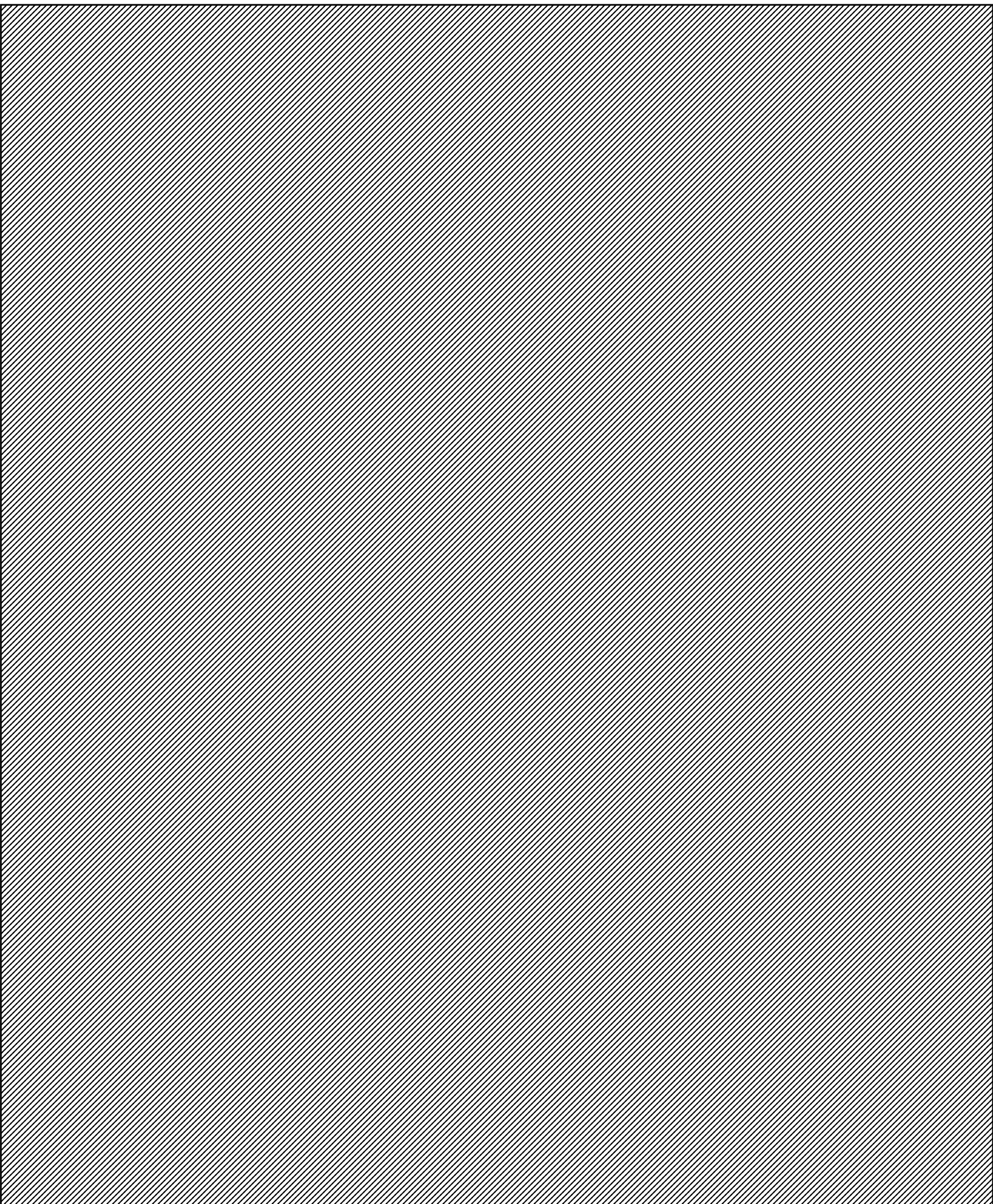
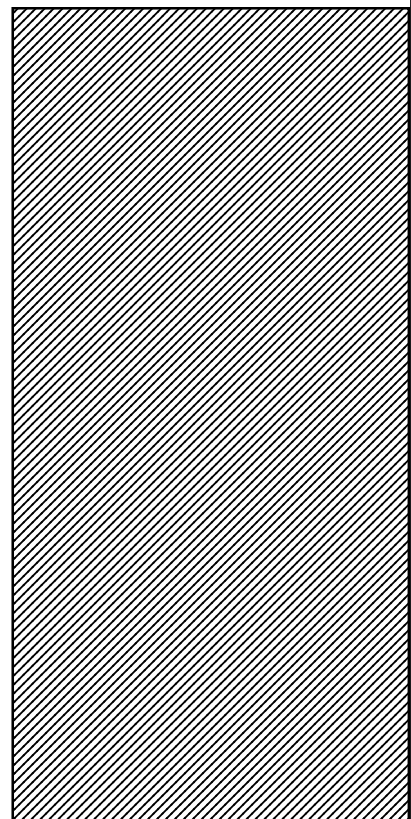
Scott Duplechain

James Daly Jr.

Joey Rancourt took home a Prima 1-wood with the longest drive of the day at 305 yards.

Melvin Miller received a Marine Corps divot repair set from being closest to the pin at 22 feet five-and-a-half inches.

This tournament was the first of three tournaments set up to help lower the cost of Marine Corps Logistics Base Barstow's Marine Corps Ball. According to Carolyn Fallin, MCB Committee Treasurer, the tournament pulled in \$806 after expenses.



# PERSONAL SERVICES BULLETIN

Marine Corps Community Services -- Personal Services Division

## CDC kids get the best in toys and technology

By **Stephanie Wilson**  
Public Affairs Coordinator

When you hear, "Child Development Center," do you stop to consider what it really means? Webster's defines *develop* as "to realize the potentialities of" or "to aid in the growth of, strengthen."

True to its name, the Child Development Center at MCLB Barstow reaches far beyond babysitting. It is a place where teachers encourage creativity and physical skills and foster positive social behavior.

Whole child development is so important that the CDC parent handbook states the following goals: "To develop a positive self-concept, stimulate creativity, encourage curiosity, promote physical development, and develop communication skills."

The current CDC Director, Theresa Meugniot, has 17 years expe-

rience in child development and has worked at MCLB Barstow since 1983.

The CDC also employs a full-time Trainer and Curriculum Specialist, Grace Walls, who has worked in childcare and development since 1973 and has been here for one year.

"Most day care centers do not have anyone in this position," says Walls. "I support and believe in life-long learning for all teachers, including day care providers, and it is found here at the CDC."

Not only are the staff personally interested in the welfare of the children, they are educated professionals who are committed to the betterment of the CDC. In fact, they continue to receive 36 hours per year of ongoing training in child development, safety, CPR, first aid, design and use of physical space, and child guidance techniques.

A result of this dedication is the



Photo by Teresa Meugniot

Serena Jamie (left) and Stefany Chadkewicz explore the CDC library.

CDC's accreditation by the National Association for the Education of Young Children (NAEYC).

As an accredited facility, "This means we cast a critical eye on what we do and try to keep growing and changing in the attempt to be as perfect in our care as possible," Walls explains.

Another example of the CDC's commitment to excellence is the resource library. In addition to educational materials in each classroom, the CDC maintains its own library of books, videotapes and CDs that teachers, or children accompanied by a teacher, may check out and use in the classroom. Ms. Walls maintains a Curriculum section, highlighting special recommended lessons and projects each month.

Acting on the conviction that every child enrolled at the CDC is important, the staff take special care in choosing colorful and sturdy equip-

to the decoration and personality of the classrooms.

For example, you may hear strains of Mozart in the nursery, which is decorated with cloud-covered curtains and Winnie-the-Pooh. Of special note is the infant-friendly play area where children can go almost anywhere, and an enclosed patio where caregivers and children can play outside.

The pre-toddlers have an aquarium, Paddington curtains, and what CDC Director Meugniot proudly calls the "window to the world." Here, looking out the huge window onto the playground and beyond, kids can see what's going on in the world.

The three-year-olds have two computers with educational games such as "Science Blaster" and "Knowledge Adventure," which focus on puzzles and problem-solving skills. "It is wonder-

ment, creating personalized bulletin boards plastered with photos of the children and their families, and in giving attention to each child.

And they make a special effort to see that individualized attention is given

See CDC Page 12



Photo by Teresa Meugniot

Cameron Smith (left) and Taylor Russell and a collection of stuffed animals enjoy a playtime session.



Photo by Teresa Meugniot

The computer lab offers a wealth of information and educational tools.

## National Military Spouse's Day

### It takes one to know one: Life as a military spouse

By **Stephanie Wilson**  
Public Affairs Coordinator

Being a military spouse is an adventure. It's not always fun or easy, but it is often exciting and presents opportunities for education and life experiences you may never have had otherwise.

I know. I am one. And as one, I find it useful and encouraging getting to know other military spouses' stories ... their creative ideas for managing their lives with an active duty spouse.

We face a lot of changes, a lot of moves, and usually do not get to choose our peers or where we live. It makes it very difficult to find the energy it takes to make friends, find a job, or simply get to

know our new neighborhood.

I've put together the following list of books and websites that may be interesting and helpful for that special breed ... the military spouse. While much of the information is geared toward military wives, more people are recognizing that there are a lot of military husbands out there!

You'll find good advice, creative ideas, and shared humor and sadness. Hopefully you'll find encouragement and a good laugh in the unique experiences shared by military families.

Remember - May 31 is Military Spouse's Day.

## Reading list

*There won't be a quiz later, you can find some useful info here.*

**Roses and Thorns: A Handbook For Marine Corps Enlisted Wives.** Available from the Marine Corps Association Bookstore at 1-888-237-7683.

**Jobs and the Military Spouse: Married, Mobile and Motivated for the New Job Market,** by Janet I. Farley, August 1997.

**Navy Spouse's Guide,** by Laura Hall Stavridis, February 1998.

**Today's Military Wife: Meeting the Challenges of Service Life,** by Lydia Sloane Cline, November 1998.

**Pass It On!,** by Kathleen P. O'Beirne, August 1995.

**After the Boxes are Unpacked: Moving on After Moving In,** by Susan Miller, April 1998.

<http://www.marinewives.com>

<http://members.tripod.com~lizziek/index.html>

[www.navywives.com](http://www.navywives.com)

[www.armywives.com](http://www.armywives.com)

[www.coastguardwives.com](http://www.coastguardwives.com)

# Marines pound pavement from Fort Irwin to Vets Home

**By Sgt. Mike McQuillan**  
BARSTOW LOG staff

MCLB Gold finished fourth in Saturday's Fifth Annual Veteran's Home 40-mile relay race, contending with a 23-team field.

Though the defending champions added seven runners to their lineup and vowed a repeat of their 1998 first place finish, fate would decide otherwise.

Barstow High School set a new course record of 3 hours, 57 minutes and 11 seconds at the cross-country team's first performance at the race.

Fort Irwin's 2/11 team defended their top military slot, and newcomers Corps Support Battalion edged the Gold team in the later legs to claim third overall.

MCLB Gold brought home the third place military team award with a finishing time just

over 4 hours, 17 minutes.

"I'm without a doubt proud of what we accomplished," said Gold Team captain Michael Claudio. "Everybody ran as hard as they could."

In keeping with tradition, MCLB raised two teams to compete in the event.

The scarlet team finished an unofficial tenth overall, finishing together with a thunderous chorus of Marine Corps cadence.

Eighteen runners assembled for the mighty scarlet wave, finishing the race in just over five hours. It was the closest competition that the scarlet team has come to the Gold Team since the race began in 1996.

The runners of the Gold Team will present the award plaque and a memento to the the base commander today at 1 p.m. in the CO's Conference Room, Building 15.

All are welcome to attend.



Photo by Sgt. Mike McQuillan

Special mention goes to Leroy Sena, who ran a 40-mile solo mission.



Photo by Sgt. Mike McQuillan

An intense Michael Claudio absorbs the punishment of a swift, steep downhill.

David Pooler enjoys a free massage provided after the race.

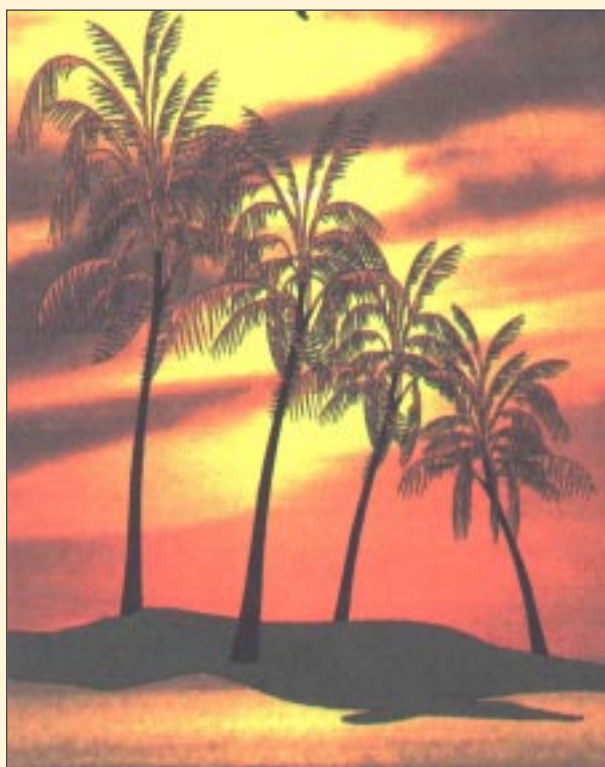


Photo by Sgt. Mike McQuillan



Photo by Sgt. Mike McQuillan

Col. Mark A. Costa (Front left), Base Commander, leads the Scarlet Team to the finish line as SSgt. Scott Duplechain gives the cadence.



## From ALNAV 034/00

**By Hon. Richard Danzig**  
Secretary of the Navy

Congress has designated by public law that May be designated as Asian Pacific Heritage Month.

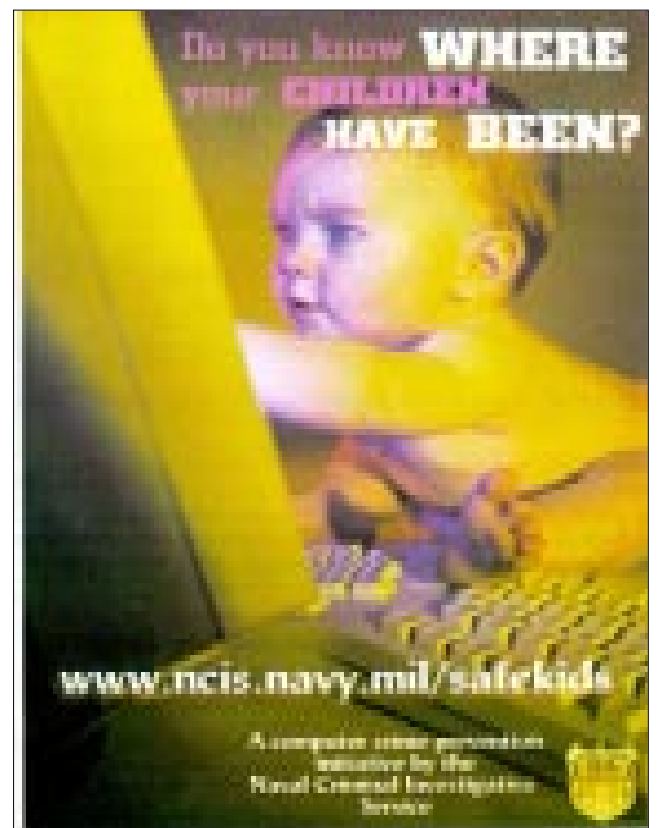
This year's theme, "Voices for the Millennium," presents two major challenges.

The first challenge is for Asian/Pacific Americans. It is the awesome responsibility of sharing their voices with others. The voices of Asian Pacific Americans contain courage and wisdom passed down from generations gone by.

These traits combined with the knowledge and energy of today's Asian Pacific Americans make them an integral voice of our one America.

The second challenge belongs to each and every one of us. We must challenge ourselves to listen. Listening leads to understanding, and understanding leads to growth. Let us continue to grow - sharing in the many blessings this bright new millennium has to offer. I encourage the widest participation in events sponsored by the Navy and Marine Corps Community in recognizing this special observance.

**Note: The Asian Pacific community will be represented at the upcoming Multicultural Heritage Day celebration.**



# Base Inspector ranks pets, parking as major concerns

By Cpl. Brian Davidson  
BARSTOW LOG Staff

The Base Inspector's primary mission is to aid the command in solving small problems before they become big problems.

Nipping potential problems before they bud is the preferred method for MSgt. David Vanhovel, MCLB Barstow base inspector.

"There have been several cases of people not properly caring for their pets in the housing area the way they should," said Vanhovel. "Also, some residents are parking in unauthorized or seeded areas," he added.

Parking and pet violations and incidences traditionally increase during the late spring and summer seasons, according to Vanhovel.

"Many of the parking and pet violations observed in housing are committed by new residents who are unaware of the guidelines and, of course, others who don't take the guidelines seriously," said Vanhovel.

"Most people moving to a new area learn about it by trial and error ... going out, looking around and from what they see others doing, but they don't always read the regulations given to them by the Base Housing Office," he said.

"We really want to get the word out to everyone so that they fully understand what can happen if they don't take care of their pets, or park their cars in the proper place," said Vanhovel.

"You can lose the privilege of having a pet or you may have to spend your hard earned money paying fines to get your car from the impound; however, we want to preclude that," he said.

Vanhovel said he hopes that by informing residents about the guidelines regarding pets and parking some of the problems will be prevented before they arise by giving people a chance to police themselves.

The keeping of pets on base is a privilege granted by the Base Commanding Officer and is dependent upon the ability of the animal to live in harmony with the community, according to the guidelines. The right of other residents to be free from nuisance, trespass, and menace is superior to the owner's privilege of keeping an animal.

In closing, Vanhovel noted that increased efforts to ensure compliance with the guidelines regarding pets and parking will increase as the need arises.

Contact MSgt. David Vanhovel at 577-6870 or David Madrid at 577-6872 more information or further guidance.

## Pet guidelines

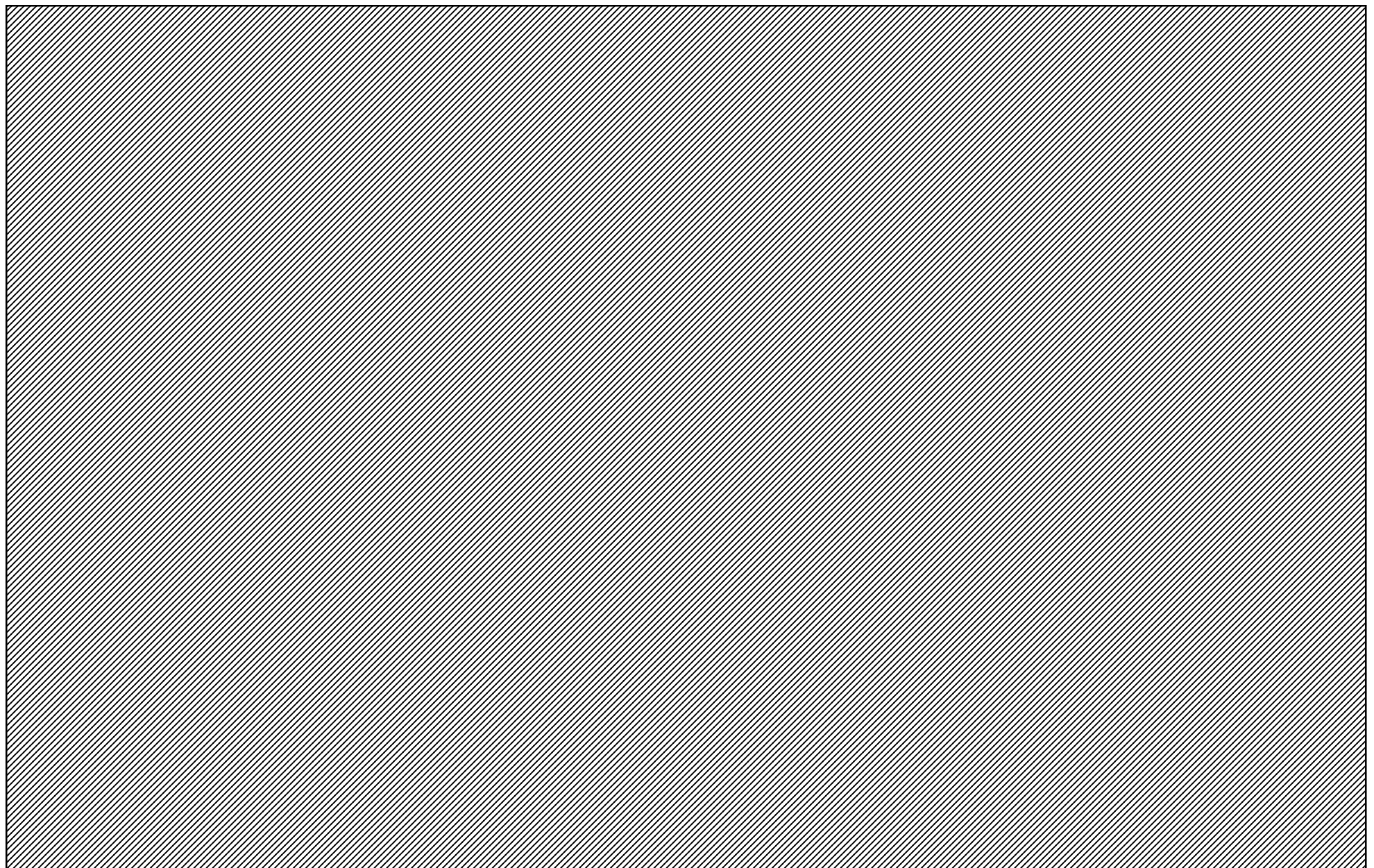
- A maximum of two pets per family (in any combination) is allowed. Common pets; i.e., dogs, cats, hamsters, birds, and fish are permitted. Other types of animals; e.g. reptiles, rabbits, and large birds are not permitted.
- A Pet Agreement will be completed at the housing Office within three days of the pet's arrival on base. Dogs and cats must also be registered with the Pass and Identification Unit and reregistered each year thereafter.
- Dogs and cats older than four months will be immunized for rabies and distemper before registration and immunization will be renewed prior to each annual registration at a cost of \$5. Owners are responsible for the proper care and control of pets.
- Owners will ensure pets are adequately housed, fed, watered, given protection from summer sun, and humanely treated. No dogs will be tied outside. Dogs outside of fenced areas must be on a leash and accompanied by their owners.
- Doghouses will be neatly constructed and painted. Any damaged grounds must be repaired prior to vacating quarters. Dog runs are not permitted.
- Reports of dogs running loose, being vicious, or otherwise, as a public nuisance will be investigated by military police. As appropriate, such animals will be removed from housing and taken to the Barstow Humane Society.
- Pet bites will be reported to the military police for appropriate measures.
- Owners of deceased animals may deliver the remains to the Barstow Humane Society for incineration. Under no circumstances will animals be buried on base.

## Recreational vehicles

- Occupants are prohibited from parking boats, house trailers, motor homes, camping trailers, utility trailers, truck campers, and other towed equipment in the housing areas.
- All recreational vehicles will be parked in the recreation vehicle parking lot behind the Housing Office.

## Prohibited Parking Areas

- On lawn areas in front, back, and between units.
- Within 25 feet of living areas (garages excluded).
- Within 50 feet of playground equipment.
- Vehicles parked in violation of the above will be ticketed and are subject to immediate towing. Owners must pay towing and storage charges to reclaim their vehicle.
- Vehicles legally parked but apparently abandoned will be ticketed by the military police and, if left in one location in excess of 10 days, will be towed away per Base Order P5S00.13.







**By Jim Gaines**

MCCS Publicity

**Mothers Day Sale at Exchange**

Our Mother's Day Sale is in progress today through Mother's Day, May 14. All perfumes are 15 percent off, selected perfumes 20 percent off, Waterford Crystal 70 percent off, Enesco figurines 50 percent off - plus our special savings on womens clothing. Drop by and check out the bargains available in this sale.

The Sand Dollar is back at the Exchange. So get ready to start collecting those little rebate "dollars" and save even more on your purchases at the Exchange.

The Base Exchange/7-Day Store is open Monday through Saturday 8 a.m. to 9 p.m. and Sunday 10 a.m. to 6 p.m.

Call 256-8974 for more information on this sale.

**Lunch menu for this week**

This week's lunch menu at the Family Restaurant & Cactus Cafe:

**Today** - Meatloaf, mashed potatoes, roll/butter.

**Friday** - Hoki fish, roll/butter.

**Monday** - Cornish game hen, roll/butter.

**Tuesday** - Mexican casserole, roll/butter.

**Wednesday** - Pork chops, roll/butter.

**Thursday** - Roast beef, roll/butter.

All above meals served with coffee, tea or soft drink.

Lunch is served Monday through Friday at the Family Restaurant from 10:30 a.m. to 12:30 p.m. Lunch is served Monday through Friday at the Cactus Cafe from 11:30 a.m. to 12 p.m.

Price is \$3, military, \$4.50 civilian.

The Family Restaurant also offers an A La Carte as well as a Sub Sandwich menu for lunch.

The Cactus Cafe offers a limited A La Carte and Sub Sandwich menu for lunch.

For more info call 577-6428 for both the Family Restaurant and the Cactus Cafe.

**Family Night Dinner Menu**

**Tonight** - Baked chicken!

**Next week** - Lasagna!

All you can eat dinners are for in-restaurant consumption, not for take out.

Family Night dinners are served Thursday evenings from 4:30 p.m. to 7:30 p.m. at the Family Restaurant (Nebo).

Prices: \$4.50 adults, \$2.50 children (5 to 11 years), children 4 years and younger are free. Price is the same for military and civilian personnel.

**ITT tickets available after hours**

Tickets to amusement parks from ITT are available after ITT closes. ITT's hours are 8:30 a.m. to 4 p.m. Monday through Friday. You may buy amusement park tickets at the Bowling Center Wednesday through Friday from 4 p.m. to 9 p.m. and Saturday/ Sunday from 10 a.m. to 6 p.m.

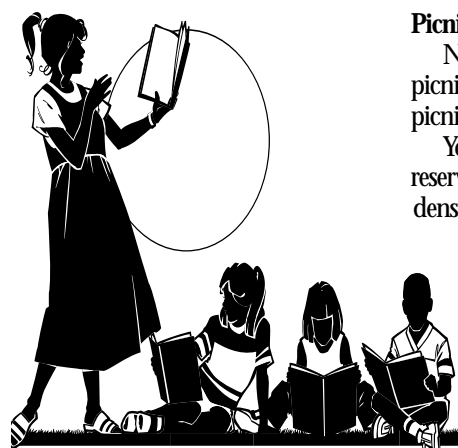
For special tickets or a large quantity of tickets please call ITT in advance to ensure that the tickets you are requesting will be ready and waiting for you to pick up.

Disneyland tickets are here at only \$28.50, but they expire on Wednesday, May 17 - so hurry! Summer prices will be higher.

ITT has a trip to Old Town Pasadena set for Saturday, May 20 (Armed Forces Day). We will also be making a stop at Freynes Museum. In Old Town Pasadena you will find an abundance of wonderful shops and delightful restaurants. There is a small admittance fee at the museum. Round trip cost is \$10 per person. Registration and payment for the trip are due by Sunday, May 14.

For more information on the after

hours tickets sales or any of ITT's tickets and trips call Betty at 577-6541.



**Preschoolers Special at Base Library**

Treat your preschooler to something special - bring them to the Base Library's Children's Corner on Friday, May 12 for a half hour of live story reading by Ms. Grace Walls, Curriculum Specialist at the Child Development Center. The reading begins at 10 a.m.

The Base Library is located in bldg 218 (McTureous Hall/Enlisted Club). Call 577-6395 for more details.

**Mother's Day Brunch**

Make your plans now for the Mother's Day Brunch, Sunday, May 14 from 9 a.m. to 1 p.m. at the Family Restaurant.

Menu will include: Omelets cooked to order, scrambled eggs, sausage, baked ham, bacon, oven roasted potatoes, roast turkey, roast beef, pancakes, french toast, vegetables, assorted beverages, seasonal fresh fruit and desserts.

Price: All mothers \$3.50, adults \$6.95, children (5-12 years) \$3.95, children 4 years and under are free.

Everyone welcome! Reservations are requested.

**Picnic time**

Now is the perfect weather for a picnic - let Semper Fit help make that picnic even better.

You can call Semper Fit and make reservations for either the Beer Gardens or Obregon Park on base. Semper Fit also has new charcoal BBQ grills, volleyballs, horseshoes, softballs, bats & gloves to make for a fun time. Call Semper Fit at 577-6971.

**Golf tournament Saturday**

Tees & Trees Golf Course will be hosting the Elks Tournament Saturday, May 6 - come out and enjoy the event.

On Saturday, May 20 the season's Twilight Rates begin and will be in effect through September 20. The green

fees will be as follows:

E1 - E4	\$3.50
E5 - E6	\$4.00
E7 - O2	\$4.50

Twilight Rates will begin at 1 p.m. daily. Tees & Trees Golf Course is open Monday from 11 a.m. to 7 p.m., Tuesday through Sunday from 7 a.m. to 9 p.m.

Call 577-6431 for more information.

**Free tickets for single Marines**

Semper Fit has free tickets for single Marines to the European Renaissance Festival at Riverview Park in Corona/Norco.

Tickets are available for May 14 and 29.

Call SSgt Owen at 577-6899 or Brenda at 577-6971 for details; or you can pick up your tickets at the Base Gym, Building 44.



# SPORTS

## Sports Briefs

### All-Marine Golf Trials

Semper Fit is seeking resumes for the All-Marine Golf Trial scheduled for August 6-12 at MCB Camp Pendleton.

Twenty-five Marines will be chosen to take part in a 72-hole medal play.

Marines must submit resumes no later than June 1.

Resumes must contain command endorsement and also state that the Marine will be able to attend all events if selected.

Resumes must be submitted through the MCCS Semper Fit Division. MARADMIN 148/00 applies.

For more information contact CWO William Bradshaw at 577-6543.

### All-Marine Rugby TRIALS

The All Marine Rugby Trial Camp is scheduled for Oct. 1-7 at MCB Camp Lejeune.

The Armed Forces Rugby Championship will be held Oct. 8-15 at Naval Air Station Pensacola, Fla.

An Armed Forces Team will compete in the Invitational Territorial Tournament Nov. 25 through Dec. 3 in Tampa, Fla.

Marines must submit a resume no later than July 10.

Resumes must include experience in the past two years. Resumes must be sent through the MCCS Semper Fit Division. MARADMIN 153/00 applies.

For more information call CWO William Bradshaw at 577-6543.

## Puckhog's season begins

By Cpl. Matthew R. Weir

BARSTOW LOG staff

The Puck Hogs will start a new season at Fort Irwin Monday.

When the team first started playing at Fort Irwin, they had a loyal cheering section made up of the people that worked there, according to MCLB "Puck Hogs" head coach Jay Hunsaker. "Now we are lucky if our wives or kids show up," he said.

Despite the lack of enthusiasm from the cheering section, the Puck Hogs are still going out and giving it their all. The MCLB team took first place 1998 and second place in 1999 from the Fort Irwin Hockey League. They also hold the record for high scoring in a shut-out game, 25-0.

"It's cool to go down in Fort Irwin history," said Wayne Kopanski after the record-breaking game last season.

Hunsaker said he has watched professional ice and roller hockey games in the past and he has never enjoyed watching the games as much as he has enjoyed watching the base team play.

"That is one of the things I like about this team," said Hunsaker. "The level that they play at. It is like they have something that they want to prove to everybody." If there were any downfall to the team at all, it would be their lack of practice.

The Puck Hogs are currently without a place to practice. Fort Irwin's Fitness Connection is far out of the way

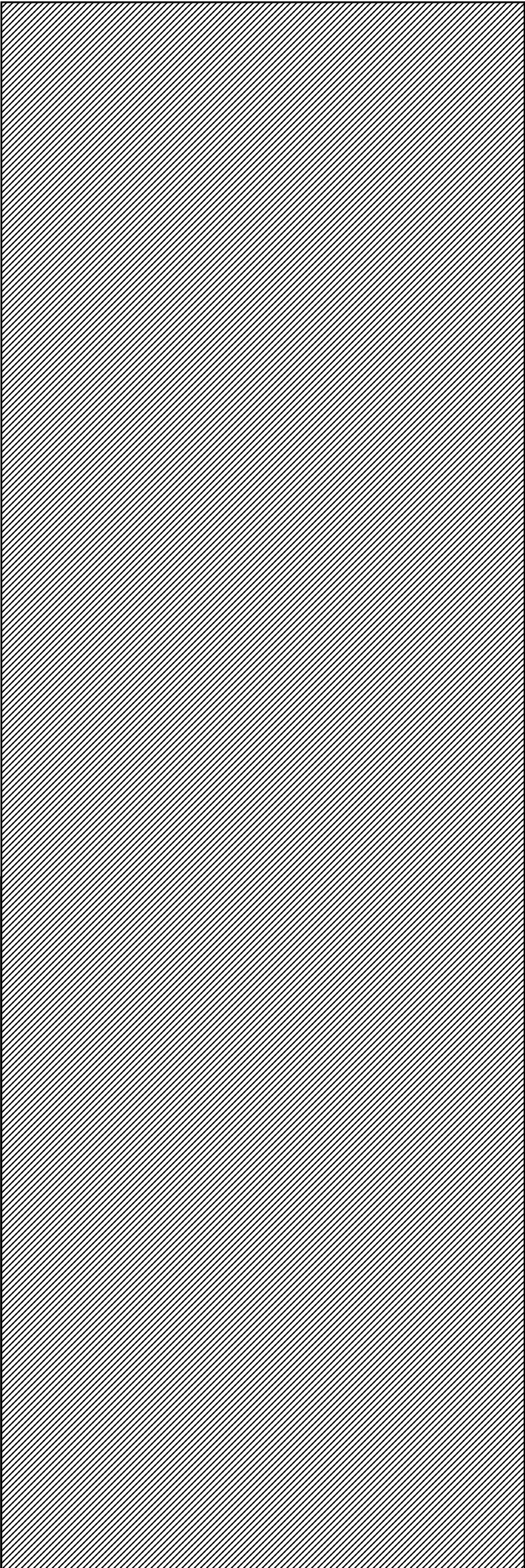
for games, but at least the games are at a set time. With the new first-come, first-serve style of allowing use of the rink, driving the team out to Fort Irwin isn't feasible.

The Hogs have also looked into renting time at the SportsPark in Barstow. According to Hunsaker, the team does not have the funds to rent much time. The concrete floors in the SportsPark rink also tear up sticks, pucks and skate wheels, according to Hunsaker. Another option the team is looking at is closer to home, something on base.

"We already have the Sport Court," Hunsaker said, "all we need is a place to roll it out." Sport Court flooring comes in large roles so rinks can be set up and taken down as needed. The soft rubber can be skated on, but helps soften the blow if players hit the deck. MCCS purchased the Sport Court flooring for the team in hopes they would find somewhere to set it up.

"All we need it a place to lay it out and set up a wall so we aren't chasing pucks all over the place and we would be in business," said Hunsaker. "If we could just find a practice facility I have no doubt we could take first place."

"We might not win it on the first try, but we would give them all a run for their money. When we left they would all remember the Marine base had a team here." For more information, or to join the team, contact Jay Hunsaker at 577-7211.



**TRADER ADS:** Please submit all Trader Ads to daileyb@barstow.usmc.mil by noon Friday.

**1968 SCOUT INTERNATIONAL:** 4wd, 8 cyl, asking \$1,200. Call (760) 252-0052.

**1983 JEEP CJ7:** Needs work \$400. Call 252-2003 after 5:30 p.m.

**1985 NISSIAN MAXMA:** \$500-OBO. Call relay service 888-877-5379, Home 760-240-5101.

**1989 MERCEDES-BENZ:** 4D, 6 cyl, 2.6L eng., A/C, AM/FM, cassette, with CD changer, sun roof. Retail value \$10,155, asking \$7,990. OBO Call 252-3615 AWH and lv msg.

**1994 PLYMOUTH COLT:** 2 door, 5 speed, AC, 4cyl. \$1,800. Call 253-2722 for more info.

**1997 FORD RANGER:** Pickup, low mileage, black, 4 cyl. 2.3 eng. w/4 speed manual trans. and overdrive, A/C/ A M/FM cassette with CD player, sliding rear window, custom paint. Asking \$9,850. OBO. Call 252-3355 AWH and Lv msg.

**1998 YZ-125 MOTORCYCLE:** New top encl., Renthal bars, new tires, case saver plate, after market pipe and silencer with rock guard, many extras, like new, \$3,300. Call 256-6103.

**1998 KX-250 MOTORCYCLE:** Fresh motor, case saver plate, after market pipe and silencer, many extras, like new. \$4,000. Call 256-6103.

**1990 KX-500 MOTORCYCLE:** After market pipe and silencer, Renthal bars, Baja skid plate, new chain and sprockets, \$2,000. Call 256-6103.

**CAMPER SHELL:** For ¾ ton pickup truck w/door. \$75.00. Call 256-1430.

**FURNITURE:** Black Metal and glass room table with 4 chairs \$100; Work bench steel and wood 8 foot long \$100; Sleeper couch blue \$150; Older microwave, Wards \$50; Adding machine \$15. Call 252-7789.

**RIMS:** Four aluminum Mustang rims, 4 lug \$100. Call 252-9199 Lv msg.

**SAILBOAT:** 27-foot Catalina sailboat, located at Camp Pendleton with a military slip that transfers with the boat. Way too many upgrades to list. \$10,500. Call 957-1812 for details and pictures.

**ROTOTILLER:** 5HP, Troybilt, in good condition. \$125. OBO. Call 951-1600 after 6:00 p.m.

**PETS:** Guinness needs a new home, Guinness is a one year old Rot and Black Lab mix, very playful and neutered. Leaving in June. Call 254-2368.

**WANTED:** To purchase used summer clothes for infant girl, sizes 18 months – 2T, in good condition. Call 252-3355. AWH.

**WANTED:** Winch for car trailer Call 252-9199 Lv msg.

**WANTED:** 1965 to 1973 Dodge Dart car or parts, running or not.. Call 252-9199 Lv Msg.

**WANTED:** ALICE pak, 782 gear, K-bar, serviceable cammies size large, Military lensatic compass, used red cover MCI books, will pay fair prices. Call 252-9146.

**WANTED:** Carpool to Yermo from Hesperia, 6:30 a.m. – 4 p.m. Call Millie at 760 948-0741.

**THANK YOU:** Thanks to all of you who made my job a most memorable and pleasant experience, your support and well wishes will be a cherished memory forever. Love Dee Rosenbaum.

**CDC from Page 6**

ful," says Walls, "and, I'm afraid, unusual to have as many resources as we do here at the CDC."

School-age children have their own library, where they can browse through books, sit quietly and read or do homework. Just down from the library an art room overflows with colored paper, boxes of crayons, yarn, glue, paint and easels, and plastic trinkets.

A computer lab has interactive age-appropriate educational software programs such as "Schoolhouse Rock" and "Zoombeanies."

Puzzles are an important part of the CDC activities, as they teach patience, hand-eye coordination, and problem-

solving skills. Some of the finished puzzles are glued together, framed and hung on the walls as a reminder of good work done.

Outside, the CDC boasts three fantastic playgrounds. Huge red-and-white striped awnings shade play equipment featuring twisty slides, ladders and swaying bridges. And there is even a good old-fashioned sandbox

with pails, shovels and dump trucks.

The younger children have a separate yard with small teeter-totters, tricycles, toy cars, and playhouses.

The CDC enforces a strict security policy. Everyone who enters the building must sign in at the front desk, and visitors must wear a brightly colored visitor's badge that is recognizable to both the staff and the children. And

each child must also be signed out daily by the parent or other authorized guardian.

In addition, video cameras monitor the front desk and classroom areas throughout the building, and there is only one entrance to the center.

In preparation for an emergency, every staff member maintains current CPR and First Aid certification and

receives regular training in health practices, nutrition and meal services, and safety and emergency procedures.

The CDC is available to children who are six weeks to 12 years old and dependents of military personnel, DoD civilian employees, or contracted employees of the base.

**CHAPLAIN from Page 2**

improvement. The National Day of Prayer is a good place to start as believers unite together and pray.

A prayer vigil will be held on the steps of City Hall at 12 noon that will last approximately 30 minutes. I know our mayor and several other city officials very much appreciate prayer for wisdom to lead Barstow. Another prayer rally will be held at Dana Park at 7 p.m. that will last about an hour.

Please set aside some time today to pray for our Nation, California and Barstow that God's will be done.

A Marine told me the other day, he has noticed some of our officers who claim faith and practice it. It shows in their leadership style. Pray for all our leaders to be guided by Biblical principles more than personal preferences and power brokering. Our nation will be better as a result.

Blessings,  
Chaplain Michener

**BRIEFS from Page 4**

**Safety Recall**

American Honda Motor Co. of Torrance, Calif., and John Deere Consumer Products of Charlotte, N.C. are recalling products due to safety precautions. Honda lawnmowers with possible fuel tank deficiencies are being recalled. Consumers who own "Harmony II" walk-behind mowers with the model numbers HR216, HRR 216 and HRS 216 are advised to check the gas tank for leaks. John Deere is voluntarily recalling 200,000 handheld power blowers with reported gas leaks. John Deere asks that consumers who own a John Deere Homelite blower/vacuum stop using it and visit a Homelite service dealer for a free inspection and repair. To report a dangerous product or a product-related injury, call the U.S. Consumer Product Safety Commission hotline at (800) 638-2772 or Mary Jane Ackley at the MCLB Barstow Fire department at 577-6966.

