

BARSTOW LOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 28

Marine Corps Logistics Base Barstow, California

May 25, 2000

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The current copy of the
Marine Corps News
Weekly is now available
online at
<http://www.usmc.mil>.



Photo by Donna Redes

The inaugural MCLB Barstow Multicultural Heritage Day Celebration was a hit, attracting more than 1,000 guests and dozens of key players.

[See Pages 6 & 7 for story and photos](#)

True Military stories

Submitted by
Marine Corps News

WASHINGTON – Do you or someone you know, perhaps a parent, aunt, uncle, or older sibling, have a true story about wartime, or in the years that followed?

That's what the authors of an upcoming book, "Chicken Soup for the Veteran's Soul," want to know. In a recent press release asking veterans to consider submitting their stories, co-author Sidney R. Slager said, "The goal of the book is to recognize and honor veterans from all wars and all branches of service ... These are the heroes that got the job done ... The Veterans Administration recently announced we are losing 1,000 to 1,500 veterans a day. This statistic has created a sense of urgency to capture these stories so they can be passed on to future generations."

Submissions up to 1,200 words will be accepted for consideration and compensation will be offered for selected stories. Although the deadline is Aug. 1, 2000, stories received after that date may be considered for a follow-up publication.

Visit <http://www.vetstories.com> to look at sample stories, or call toll-free at 888-387-6373. Stories can be e-mailed to remember@vetstories.com or mailed to: Chicken Soup for the Veteran's Soul, 607 West Broadway, Fairfield, IA 52556.

LAFD trains at base fire tower

By **Sgt. Mike McQuillan**
BARSTOW LOG staff

The Los Angeles Fire Department sent its newest captains to MCLB Barstow May 16 to train at the base fire training facility.

As a part of the LAFD's Fire Officer Orientation Program, 51 captains and captains-select spent one day aboard the base conducting flash over and rapid intervention team exercises.

"We don't have the facility for live fire," said Los Angeles Fire Captain Carlos Garcia, training coordinator. "That's why we come to Barstow."

The training here was part of an eight-day cycle of first-level supervision.

"They go through every facet of the job," said Garcia. "It's different than entry-level training because they're responsible for their crew."

The captains opened the training day with a session inside the flash over tank.

"You get a better understanding of how the fire reacts to air," said Capt. Glenn Miyagishima, who was on his first visit to the MCLB training site. "The fire actually lives inside of the building."

A flash over strikes when oxygen is introduced to a fire contained inside of a room.

"As soon as you introduce it to air, it becomes a hazard," said Garcia. "You've basically created a bomb. When the fire is trapped, you don't want to open any doors. It's best to cut a hole in the ceiling and let the smoke and gasses escape that way."



Photo by Sgt. Mike McQuillan

Two Los Angeles fire captains emerge from a smoke-filled CONEX box during a rapid intervention team exercise.

[See FIRE Page 8](#)



Don't become a
Memorial Day statistic.

The CO/XO's Corner

Memorial Day

Members of the Logistics Base Family:

Memorial Day is a very special day. It is a sacred time to pay tribute to the fallen warriors of all wars who cherished freedom more than life itself.

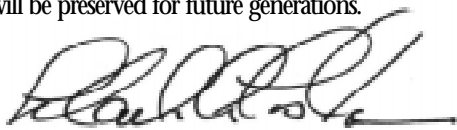
From Arlington National Cemetery to the rural churchyards and memorial parks across this great nation, Americans will honor our nation's fallen patriots in countless ceremonies, silent prayers and emotional tributes.

Today, we find ourselves in the most complex and rapidly changing time known to civilization. Yet, the basic human desires for freedom, peace and prosperity have never been greater. Those of us in the profession of arms today, as those who preceded us for over two and a half centuries, now carry the mantle to defend at any cost the cause of freedom and quest for peace. The passion that inspired those we honor on Memorial Day, to totally give of themselves for others, is

The "CO/XO's Corner" is a tool the Base Commander and Executive Officer use to open the lines of communication from the command deck to all personnel and to disseminate essential information as rapidly as possible.

indeed, a godly virtue. They must never be forgotten. We can celebrate this day in their memory because of their sacrifice.

So as we enjoy this hallowed day, Kathy and I ask that you take a moment and join us in paying special homage to those who made the ultimate sacrifice. There is no better time to rededicate ourselves to our core values of Honor, Courage and Commitment. By doing so, we carry on the legacy of greatness of those who gave their all for us, and we ensure that the peace and freedom they secured will be preserved for future generations.



Mark A. Costa
Colonel, U.S. Marine Corps
Commanding

What's the big deal about memorial day?

By Lt. Michael Michener
Base Chaplain



For the Marines on the base, Memorial Day is an opportunity for extended liberty. For everyone else, it includes a three day weekend. The extra time away from work

allows many to take that much needed short vacation and travel to see friends and family. Many will venture into the wilderness to go camping. Others will attend a NASCAR event or a baseball game. And then some, like myself, will stay home and catch up on the "honey do" list. But there are those, including Col Costa, who would suggest that Memorial Day be a time of reflection; a time of remembering those of the past.

Why should we bother? After all, that drive ahead is a little long and we really want to get to the campsite early before all the good spots are taken. Then we will want to stay as long as possible to attempt to relax before the long journey home. Why not just be thankful for the extra day off work that wasn't deducted from leave or

vacation time? Why make such a big deal out of Memorial Day as if it were almost sacred? After all, we certainly don't worship those service members who have died while serving our country. So, why should we take time out of our precious little off time for reflection?

One of the best reasons is the example of Scripture. The Bible is replete with instructions and even commands to remember the past - to remember how God worked to bring the people out of slavery in Egypt, how He was merciful when the people were rebellious, how He put leaders in place to guide and instruct them in God's ways. Remembering the past was essential to growth. Remembering the contributions of the patriarchs was to inspire similar kinds of leadership and faithfulness.

Memorial Day shouldn't be a sacred day. But it should be a day of reverent honor to those who gave their lives because of the fundamental things we hold sacred, such as the freedom to worship however we choose, or the permission to disagree with our government, and the other freedoms we enjoy. Remembering those who have gone before us and taking some time to contemplate

See [CHAPLAIN](#) Page 12

In memory of ... Lance Corporal Edward Brian Vaughan



MCLB was saddened by the recent untimely loss of one of its own.

LCpl. Vaughan, a 22-year-old Marine from Brownsville, Texas, died May 17 at Lake Arrowhead Regional Medical Center after sustaining injuries in a vehicle accident.

Vaughan was born July 25, 1977 in Brownsville, Texas, and from there he enlisted in the Marine Corps delayed entry program on October 6, 1997. After graduating from James Pace High School he attended Recruit Training at Marine Corps Recruit Depot, San Diego, California from June 23, 1998 to September 18, 1998.

Upon completion of Recruit Training and Marine Combat Training, Vaughan reported to Military Police Course, Class 2-99, Marine Corps Detachment, Fort McClellan, Alabama on October 18, 1998.

On December 20, 1998 Vaughan re-

ported to Marine Corps Detachment, Lackland Air Force Base, San Antonio, Texas for training as a Military Police Canine Officer and graduated March 30, 1999.

He reported aboard Marine Corps Logistics Base, Barstow, California for duty as a Narcotics Dog Handler on April 6, 1999.

Vaughan had received three letters of appreciation since beginning his tour at Marine Corps Logistics Base. On November 24, 1999, he received a General's Coin for Army Airfield Support (K-9 Mission) from the Army Chief of Staff General Eric Shinseki. He also received a Garrison Commander's Coin from Lieutenant Colonel Robert Algermissen for K-9 Support Operations at National Training Center, Fort Irwin.

Vaughan marched in a 38 mile road march from Fort Irwin to the Veteran's Home to deliver Christmas presents to the residents on 13-14 December 1999.

Lance Corporal Vaughan is survived by his parents, Mr. and Mrs. Eddie Vaughan; brother Brett, and sister Jenna.



Photo by LCpl. Cory Kelly

Just doing my job ...

Rescue Randy has served with the MCLB Barstow Fire Department team for nearly two weeks.

This Rescue Randy is one of two 175-pound dummies that help train MCLB firefighters to use fire combat carries that not only keep fire victims safe, but keep the firefighters themselves safe as well. He will also contribute to their performance at the upcoming firefighter Combat Challenge in July.

If Randy could talk, the firefighters are certain he would say, "I'm proud to serve with the Marine Corps team. Semper Paratus!"

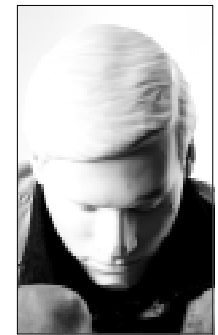


Photo by LCpl. Cory Kelly

Chapel Hours

Protestant Sun. 8:30 a.m.
Catholic Mass Sun. 10:30 a.m.

Confession services
before Mass

Yermo Bible Study

Wednesday 11 - 11:30 a.m.
At the Colonel's Workshop

For more info call
Don Brooks at 577-7165.



BARSTOW LOG
SERVING A MARINE CORPS REINVENTION LAR



Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer

Public Affairs Staff

Public Affairs Officer/Executive Editor:
Public Affairs Chief/Managing Editor:
Press Chief:
Editor:
Correspondent:
PA Support Clerk:

Bill Bokholt
GySgt. Frank Patterson
Sgt. Mike McQuillan
Cpl. Matthew Weir
LCpl. Cory Kelly
Bertie Dailey

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For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

News Briefs

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to daileyb@barstow.usmc.mil.

Travel conflicts

Due to the SATO closing every Friday, tickets for official travel are usually printed the day before travel is scheduled. All weekend travel tickets are printed on Thursdays.

If personnel scheduled for travel require the tickets in advance, because of leave or other circumstances, please contact TMO or the battalion CONAD.

There have been problems with personnel requesting tickets to be issued on Friday, without informing TMO or CONAD of their requirement.

If you have any questions, please contact CWO Jeffrey Clawson or Anastasia Birchfield at 577-6994.

HAZMAT turn-in

The base is collecting household Hazardous Waste/Materials from housing residents.

Collection takes place the second Saturday of every month from 9 a.m. to 1 p.m. at Building 27, behind the recycling center near the railroad tracks.

This is available to housing residents only. Proper ID will be required. For more info call 577-6387.

Playmorning

The New Parent Support Program Playmorning will meet on Wednesday from 10-11:30 a.m. at the McKinney Center.

Anyone with children ages six and under are welcome to attend. For more info, call Sandra Casey at 380-4021.

In-home child care

Red Cross-certified day care provider Irma Leal is available for in-home care. There are currently two spots for ages two and under, and four spots for ages three and older. She provides USDA-approved meals and conducts learning activities all day. For more info, call Irma Leal at 252-8659.

Route 66 Fair

The Barstow Area Chamber of Commerce is hosting their 2000 edition of the Route 66 Street Fair June 6

through August 29.

This year's events will take place on Main Street in Old Town Barstow between Barstow Rd. and Second Ave. every Tuesday from 6 to 10 p.m.

Themes for this summer's festivities include: Youth Night, 50's Night, Community Night, Country Night, and Health and Fitness Night.

For more info call 255-4041.

Pool Opens for All

Starting Friday the Oasis Club pool will be open seven days a week from 11 a.m. to 7 p.m. The Oasis Club pool will temporarily serve everyone. Sergeants and below are authorized use of the pool on Tuesdays, Thursdays and Sundays. Staff Non-Commissioned Officers and Officers are authorized use of the pool on Wednesdays, Fridays and Saturdays. The pool is open to everyone on Mondays. Mondays through Fridays from 11 a.m. to noon the pool will be reserved for lap swimming only.

Holiday Closure

The commissary will be closed Tuesday to observe Memorial Day. It will reopen for normal business hours Wednesday.

Babysitter certification

The Child Development Center is offering the American Red Cross Baby-sitter's Course on Monday and Tuesday, June 19-20. The class is for youth ages 12-18 years old who are family members of military personnel and civilian base employees, and who are interested in baby-sitting aboard MCLB. The classes will be held in the Personal Services Division training room in building 129 from 0800-1200 both days, and a registration fee of \$16 is required at the time of registration. The fee covers the Baby-sitter's Guide and Baby-sitter's certification card.

Grace Walls, CDC Curriculum Specialist and certified Red Cross instructor teaches the course. Register at

101 things you should never ask a Marine to do

By E. Temple



Never ask a Marine to do laundry.

the Child Development Center (Bldg. 372) no later than close of business Friday, June 16th. For more information, call Grace Walls at (760) 577-6049 or 577-6287.

Summer session

Children and Youth Programs will be offering a special summer session in conjunction with Open Recreation at Youth Activities Center for school age children (grades 4, 5 and 6). The special program will offer a part day contract (30 hours per week) with breakfast and lunch at the CDC. Transportation for the children to the YAC has been arranged with GME. Children will be required to have current paid status at YAC in order to participate in this program. Monthly contract fees for CDC are based on total family income and are as follows:

LEVEL I	Up to \$23,000
LEVEL II	\$23,001-\$34,000
LEVEL III	\$34,001-\$44,000

See BRIEFS Page 12

Comedians help raise awareness, Marines sponsor day against drugs

The Single Marine Program is scheduled to sponsor a day-long event against illegal drug use June 17 at Sorensen Field.

Closing the day's events is a free comedy show at 7 p.m. at the Oasis Club. Wally Wang, will be the mas-

him. He made me realize that you could be funny and clean and still make people laugh," he said.

Opening the day at 6:30 a.m. is a 10-kilometer run. There will also be a run/walk for the kids at 7, and a 5-kilometer fun walk at 7:30.



Jackie Kashian
Featured Comedian



Wally Wang
Master of Ceremonies



Carlos Oscar
Headlining Comedian



Patrick DeGuire
Featured Comedian

ter of ceremonies, setting the stage for headlining comedian, Carlos Oscar. Also featured at the club, will be comedians Jackie Kashian and Patrick DeGuire.

Ceremonial master, Wally Wang, a regular at the Riviera Comedy Club in Las Vegas, has appeared on the nationally televised show A&E's Evening at the Improv as well as The Extreme Gong Show.

Comedian Carlos Oscar has been on NBC's The Single Guy, Fox's Living Single and the syndicated show, Apollo Comedy Hour.

One thing all the comics have in common is a clean act. Just like his greatest comic influence, Freddie Prinze, Oscar keeps the audience rolling without going into the gutter.

"As an 11-year-old kid watching 'Chico and the Man' I looked up to

After the race there will be snacks, booths, a dunk tank, and a rock-climbing wall.

At 9 the Punt, Pass and Kick Football Challenge will get underway. The football challenge is broken up into under 14 and over 15 categories.

There is no registration fee required. Early registration will be held May 26, or you can sign up on race day from 5:30 and 6:15 in the morning. T-shirts will be given to each participant.

The event is open to all military and MCLB civilian employees, so come out and have a great time having fun and fighting against illegal drug use.

For more info or registration forms contact the Marine Corps Community Services office at 577-6899.

Job Watch

Annc.#	Title/Series/Grade	Open	Close	1st Cutoff	Location
OTR-062-00	Voucher examiner (OA) GS-0540-04 (Term NTE 1 yr.)	05-02-00	05-30-00	05-16-00	MCLB Barstow
DEA-233-00	Instrument Mechanic WG-3359-11	05-19-00	06-16-00	06-05-00	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.

Does your search need improvement?

Finding a better job boils down to being a better job hunter*

Submitted by
Personal Services Division

- A successful job-hunter...
- 1. Is Organized.**
 - Has the ability to develop and follow a plan effectively and efficiently.
 - Sets priorities and pursues those activities that have the greatest probable payoff.
 - Doesn't waste time on activities unrelated to job-search goals.
 - 2. Sets Goals.**
 - Sets personal goals on a daily and weekly basis.
 - Specifies number of face-to-face meetings to conduct a week, number of companies to research, agencies to contact, etc.
 - 3. Focuses Campaign.**
 - Can identify skills, abilities and experience and apply these attributes to a niche in the job market.
 - Can clearly translate personal attributes into benefits for potential

- employers.
- 4. Is Conversationally Engaging.**
 - Knows how to open a conversation and keep it moving.
 - Asks pertinent, open-ended questions, makes other party feel at ease and can fill gaps of silence with interesting, relevant conversation.
 - Knows when to talk and when to listen.
 - 5. Conducts a Person-to-Person Campaign.**
 - Is able to conduct a personal campaign rather than one that relies on letters.
 - Will visit contacts rather than telephone, will telephone rather than write. Will write only when necessary.
 - More concerned with face-to-face meetings than with mailings of resumes, marketing letters or responding to ads.
 - 6. Develops Effective Message.**
 - Can deliver a personal statement that attracts and maintains attention.
 - Displays enthusiasm and energy.
 - Can concisely express how personal abilities will contribute to the success of an organization, function or

- specific job opening.
- 7. Shows Competence.**
 - Portrays image of confidence and competency in area of expertise.
 - Draws on experience and background to ask and respond to questions.
 - Presents a sense of depth and breadth in chosen field.
 - 8. Exercises Self-Discipline.**
 - Can consistently devote effort and energy to the job campaign.
 - Completes work, such as research, calls and follow-up on time.
 - Works every day (Monday through Friday).
 - Isn't easily distracted.
 - 9. Sustains Drive**
 - Is self-motivated.
 - Doesn't give up in the face of adversity or during lulls of inactivity.
 - Views search as an attack vs. a survival exercise.
 - Copes with fear of rejection.
 - Views the attainment of daily goals as an accomplishment, not as another day of failure in not landing a job.
 - 10. Can "Close"**
 - Can close the job interview by creating demand for immediate action - a job offer.
 - Can create the impression that he or she is highly desirable with a number of offers pending.
- For more information, call the CRMC at 577-6533 or drop by Building 129.

'Barbender' competition increases participation

Submitted by
Semper Fit



Since the debut in the Barstow Log four weeks ago, the "Barbender" gym at Yermo Building 573, has successfully increased participation.

Every week during first break at 8:30 a.m., participants eagerly arrive for the current event to pave the way for their personal best scores.

Health Promotion Coordinator, Marisa Klavon organizes with Annie Minter, and Dave Santos weekly events that include muscular strength/endurance, and cardiovascular exercises.

Last week, the "crunch for stomach" was timed for one minute.

Twelve events are scheduled, and as the events cycle over, the scores will be available for each participant in order to see their improvement.

"This gives each partaker a goal to work towards in their current workout routine for the next cycle", says Klavon.

Although these events are for personal best, there are always some star participants that everyone looks up to.

This week's star participant was Picky Baca; he scored 60 sit-ups in

one minute.

If you would like to participate or be a spectator in any of the events, just join the fun every Thursday at 8:30 a.m.

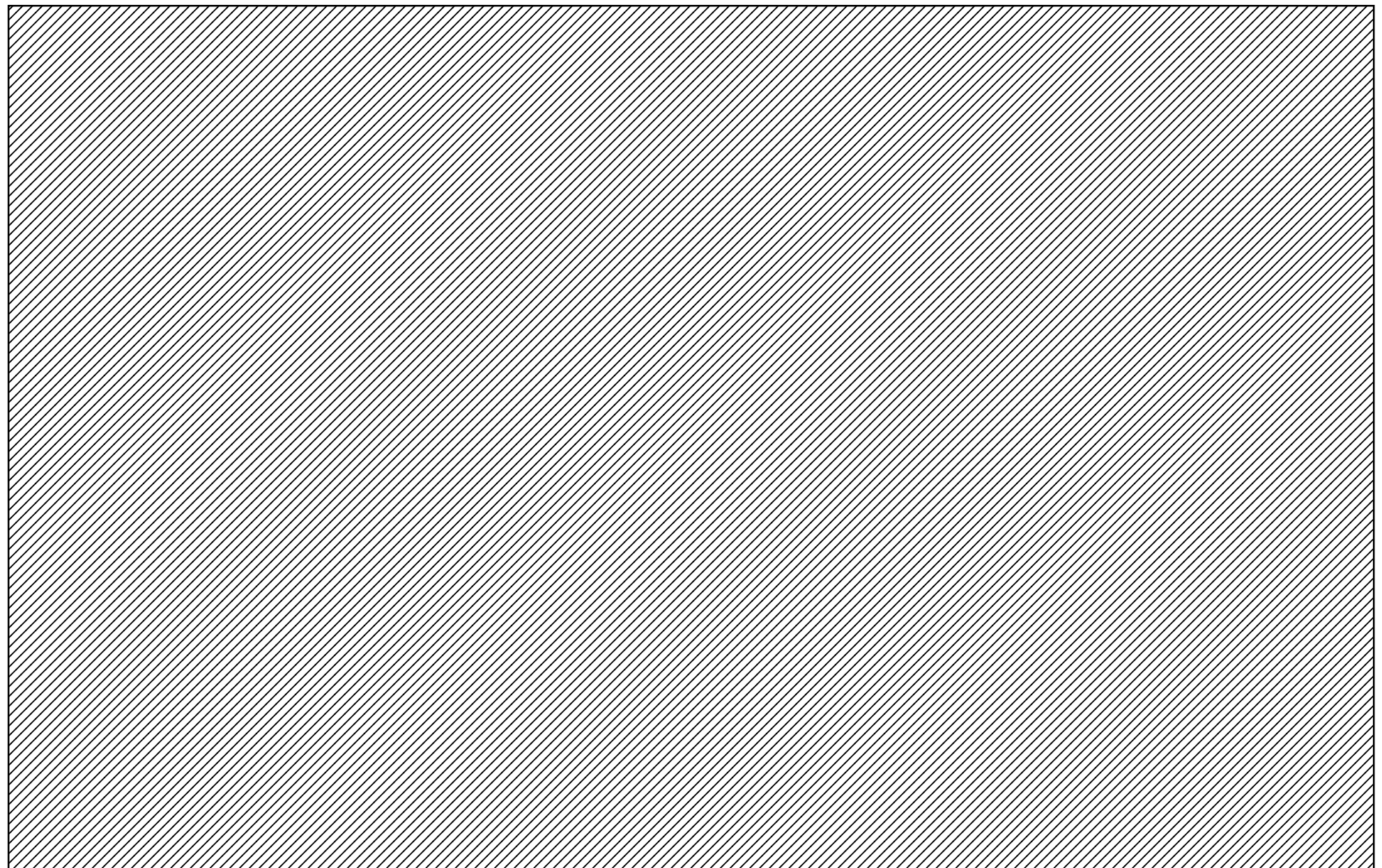
Monthly, body composition measurements are recorded and Klavon is available for questions regarding health and fitness.

Next week's event will be a timed cardio event, Jump rope for Heart.

For June 8, pull-ups for males, and Gravitron at 30 percent of body weight for women for repetitions.

For more information call Klavon at 577-6817, Semper Fit Office.

Yermo's personal best events for the next two weeks will be:
June 1 - Jump rope for heart
June 8 - pull-ups (males)
 Gravitron at 30 percent body weight (women)



Conquer substance abuse before it conquers you

MCLB Barstow substance abuse counselors offer help without fear of repercussion.

By Cpl. Matthew R. Weir

BARSTOW LOG staff

How do you perceive yourself? How do others perceive you? Which one is more important?

The way you perceive yourself should be the most important, but some people still worry about other people's perception of them, according to SSgt. Bruce Raymond, Substance Abuse Control Specialist.

Don't let your image get in the way of leading a healthy lifestyle. When you abuse alcohol and drugs they cloud your perception of yourself and can cause you to overlook problems in your life.

SACs and the Substance Abuse Counselor here provide a way for Marines and their families to handle problems with drugs and alcohol before they get out of hand.

"The most important part of the job is being there for our Marines," said Raymond. "Whether it is for counseling, prevention or just guidance."

Marines should not be afraid to seek help for themselves or others, when problems arise.

"Young Marines feel by talking to me it will label them," said MSgt. Wanda Collins, SAC. "They are also afraid of repercussions."

According to Raymond, people should not be intimidated because the SACs are not part of the nonjudicial punishment process.

There are no repercussions to seeking help, however, there is a greater chance for the problem you have to escalate until the Marine cannot deal with the problem or the command has to step in. It is better to have a Marine come in seeking help than to be sent to counseling by the command because they have gotten themselves into trouble, according to SSgt. Larry Lewis, SAC.

"In fact, for a Marine to self-refer shows a sign of maturity," he said.

1stSgt Charles Allen, HQBn. first sergeant, agrees with Lewis. "I think a Marine who can admit he has a problem and seeks help should be put in for a Navy Achievement Medal," he said.

The SAC and SACS offices recently developed an on-base group treatment program to help Marines deal with their problems and take care of their own.

According to Lewis, group meetings were started because off-base group sessions were not producing optimum results. By meeting in groups with other Marines it helps develop the sense we take care of our own.

Lewis admitted that even with

group meetings he couldn't say if all group members are practicing sobriety, but he knows the meetings have made a positive impact on the Marine's lives.

Raymond is ready to take over the SACS position in full when Lewis retires in August. Together he and Collins will continue to educate and help Marines here.

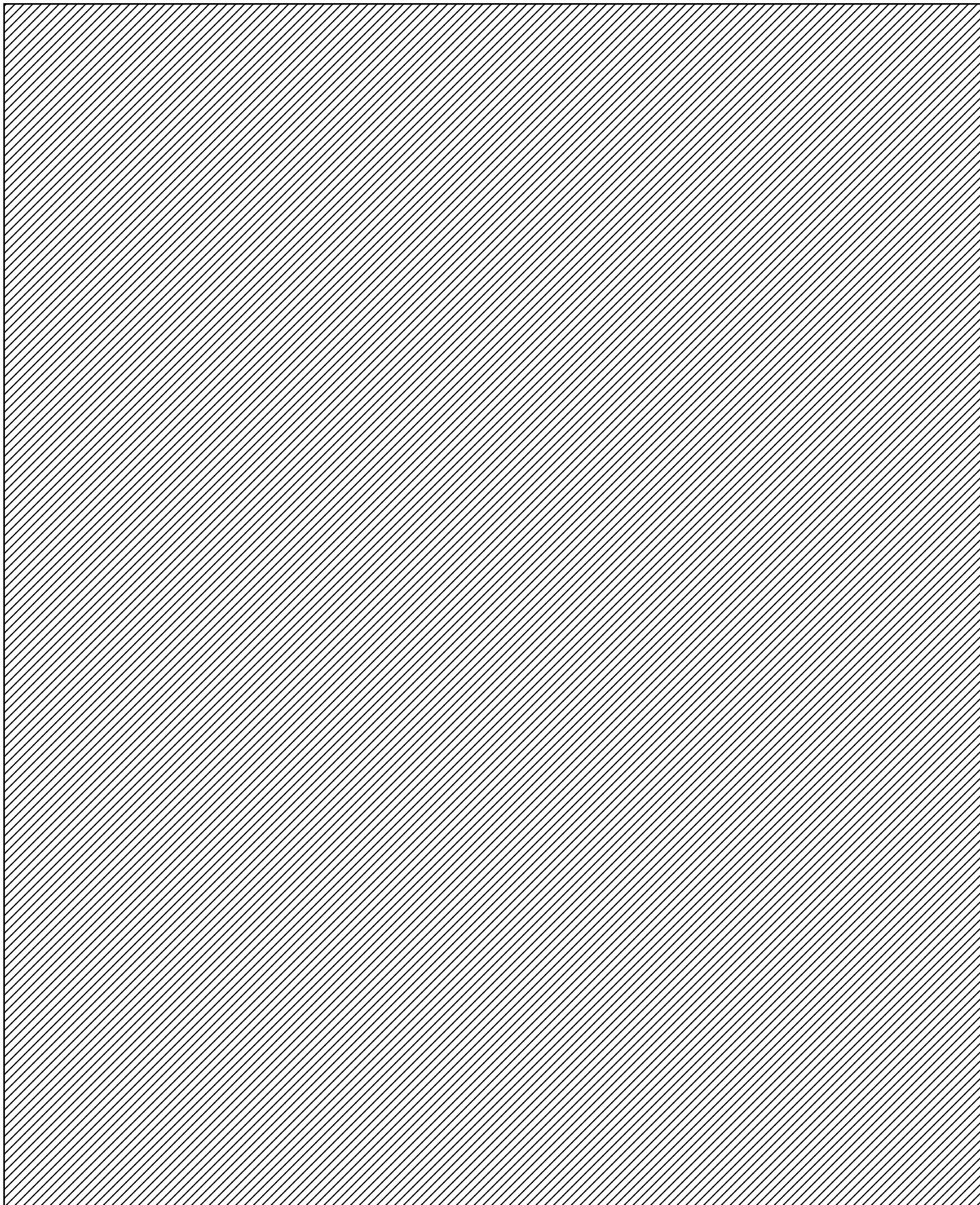
Raymond said he plans to continue to educate people on the effects

and results that come from making bad decisions. He also said he plans to show Marines that they can have fun without drinking and getting into trouble.

Do not worry about what other people think, you are in charge of your own life, and don't hesitate to talk with a Substance Abuse Counselor if you need advice or you start feeling your control slipping away because of substance abuse problems.

"Young Marines feel by talking to me it will label them. They are also afraid of repercussions."

*MSgt. Wanda Collins,
Substance Abuse Counselor*



Multicultural Heritage Day written into Barstow history

By Sgt. Mike McQuillan
BARSTOW LOG staff

Centuries of tradition around the globe united for a day of celebration May 17 at the inaugural Multicultural Heritage Day at the base gym.

Representatives from base special emphasis programs gathered in the spirit of their cultures for the event, showcasing tokens of their heritage with display booths, national dishes and live music and dance.

"We're still Americans, and we have to learn to accept each other's way of life," said GySgt. Michael Claudio of the Hispanic Employment Program.

Although the Hispanic descent includes cultures unique to one another, they fall under one community.

"Once they began to speak the same language, it broke down the cultural barriers," explained Claudio. "That's when Hispanics decided to unite under one umbrella."

"It's a chance to show we're present, represent our culture and be a part of what's going on to-

day," added Delane Gutierrez, Hispanic program coordinator.

Nearly a dozen groups set up booths in the aerobics room, displaying tokens of their ancestry.

"Marines who've been overseas recognize some of the things they see here," said Kikue King, Japanese native and member of the Asian/Pacific Islander program.

"This is all from privately owned collections," said Clarence Green, Black Employment Program member. "You collect these things forever, piece by piece."

The Black history table included art and figurines, a book display, information booklets and videos.

"Last time we got together, it was mostly dealing with music," said Green, referring to the Jazz Night held at the Oasis Club during Black History Month.

"This helps build black unity," he said. "We're a very

diverse culture."

The celebration lasted for four hours and was sustained by spirited performances throughout. It opened with the Barstow High School Jazz Band, and concluded with the Bell Ringer Square Dancers.

Coordinators expect the Multicultural Heritage Day to become an annual event.



Photo by Cpl. Matthew R. Weir

Marine Corps Community Services provided a wide variety of ethnic foods to more than 1000 people throughout the event. The line for food stretched around the inside perimeter of gym at it's longest.



Photo by Cpl. Matthew R. Weir

(From left to right) Marva Johnson, David Mendez and Anita Lewis are just three of a host of volunteers who spent many hours making the Multicultural Heritage day a reality.



Photo by Donna Redes



Photo by Donna Redes

(ABOVE) The Barstow High School Jazz Band lent their support to help entertain the crowd. (LEFT) Robby Ramos showed his Indian heritage with a performance of the ring dance.



Hinkley De Colores Da





Photo by Donna Redes

dancers entertain the audience in their authentic costumes.



Photo by Cpl. Matthew R. Weir



Photo by Cpl. Matthew R. Weir

(ABOVE) Jasmine Feldner gets some cultural food.
(LEFT) Bob Doxey learns his name in sign language.
(RIGHT) Clarence Green explains the origin of the dolls at his booth to one of the many passersby.



Photo by Cpl. Matthew R. Weir



Photo by Sgt. Mike McQuillan

A team of LA fire captains hit the deck as flames soar overhead during a flashover exercise.

FIRE from Page 1

Although a flashover may be a typical site for a fire captain, there were still lessons to be learned.

"One guy said he has been fighting fires for 15 years and never knew what a flashover looked like," said MCLB Barstow Assistant Chief Tom Melton. "They're so busy crawling around, they never see what goes on overhead."

The tactical part of the training pitted four-person teams inside of a smoke-filled CONEX box for a rescue mission.

"The department gets an average of 1000 to 1200 calls per day. At least 20 percent of them are some kind of fire," said Garcia. "The captain is responsible for rescuing his people if a firefighter goes down."

The rapid intervention team waits just outside the area and waits for the rescue call to come in. Then, they have minimal time to respond and drag the down firefighter to safety.

"To do this in a live fire situation gives us a better idea of what we're up against," said Garcia.

The LAFD began training at the MCLB site more than two years ago, according to Melton. Other groups to be trained here include paramedics who cross-train into the firefighter position, and other looking to refresh their skills.

"I'm pleased with the way it turned out," Melton said. "It lets others know that we're technically advanced. It allows people to know that we're pre-

pared to tackle an emergency."

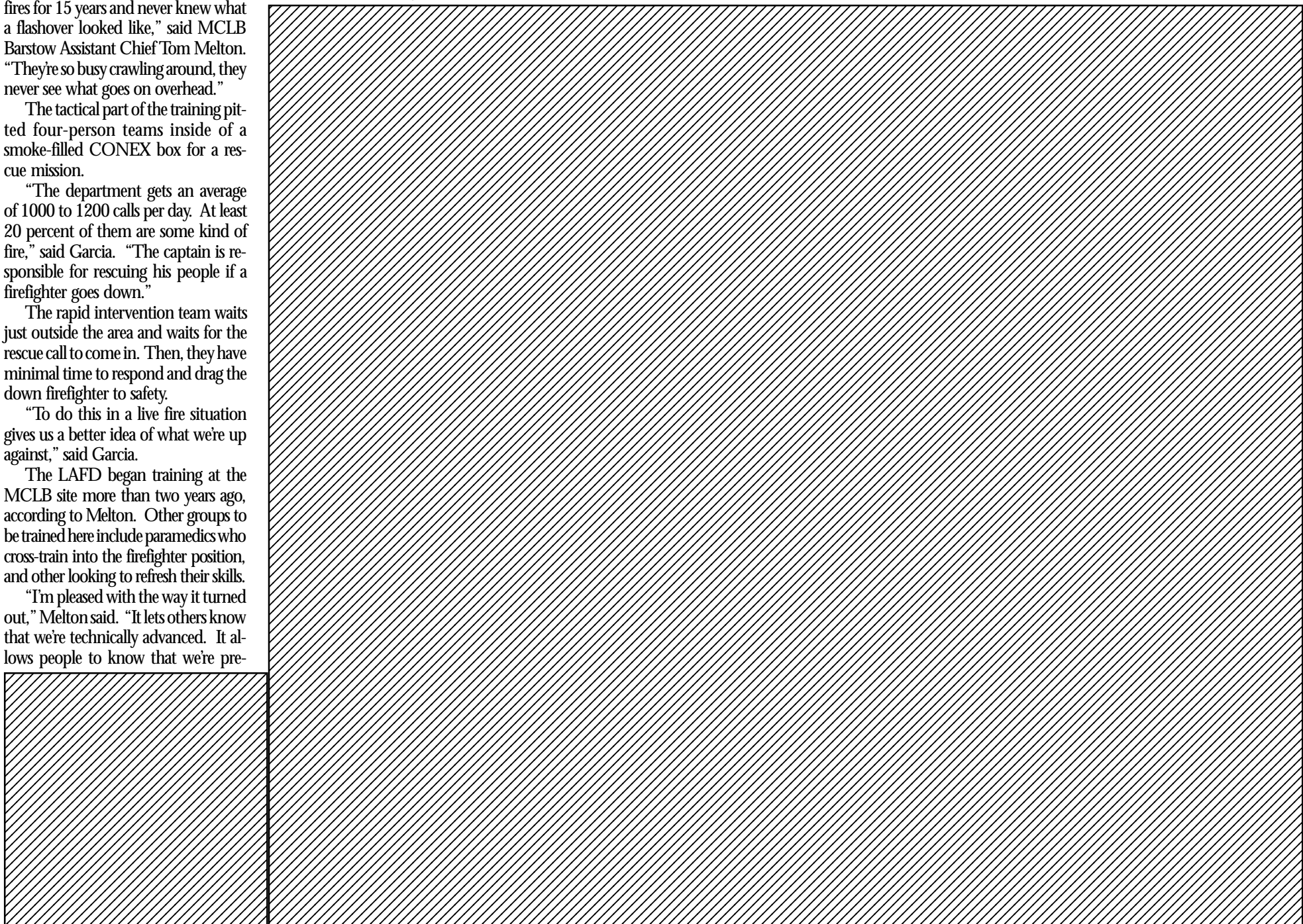
Fire stations from throughout the High Desert and Southern California send their crews to train here. Melton anticipates the next wave from L.A. to return in approximately three months.



Photo by Curt Lambert

Law Enforcement Breakfast

Barstow Police Chief Kenneth Becknell (Left) and other guests enjoy a buffet-style breakfast at the annual Law Enforcement Breakfast at the Oasis Club Friday. The guest speaker was California Highway Patrol Assistant Chief Mike Porrazzo of the Inland Division. The breakfast culminated Law Enforcement Week, which is observed nationwide and dates back to the Eisenhower administration.





By Jim Gaines
MCCS Publicity

Memorial Day Sale in progress

Our Memorial Day Sale is in progress and will run through Wednesday.

Selected summer fashions for men and women are 10 percent off. Selected Ray-Ban sunglasses are 20 percent off. We have an assortment of gas barbecue grills at low, low prices while they last – great for summer backyard barbecues.

Start collecting your “Sand Dollars” and save even more on your purchases.

The Base Exchange/7-Day Store is open Monday through Saturday 8 a.m. to 9 p.m. and Sunday 10 a.m. to 6 p.m. Call 256-8974 for details.

The Gas Station is open Monday through Friday 6:30 a.m. to 6 p.m. Saturday 8 a.m. to 6 p.m. Credit card purchases available 24 hours.

Lunch menu for this week

This week’s lunch menu at the Family Restaurant & Cactus Cafe:

Today – Enchilada casserole, roll/butter.

Friday – Hoki fish, roll/butter.

Monday – Teriyaki beef, vegetable, roll/butter.

Tuesday – Salisbury steak, vegetable roll/butter.

Wednesday – Roast chicken, vegetable, roll/butter.

Thursday – Mushroom & pepper stuffed chops, vegetable, roll/butter.

All above meals served with coffee, tea or soft drink.

Lunch is served Monday through Friday at the Family Restaurant from 10:30 a.m. to 12:30 p.m. Lunch is served Monday through Friday at the Cactus Cafe from 11:30 a.m. to 12 p.m. Price is \$3, military, \$4.50 civilian.

The Family Restaurant also offers an A La Carte as well as a Sub Sandwich menu for lunch.

The Cactus Cafe offers a limited A La Carte and Sub Sandwich Menu for lunch.

For more info call 577-6428 for both the Family Restaurant and the Cactus Cafe.

Family Night Dinner Menu

Tonight – Meatloaf

Next week – Lasagna

All you can eat dinners are for in-restaurant consumption, not for take out.

Family Night dinners are served Thursday evenings from 4:30 p.m. to 7:30 p.m. at the Family Restaurant (Nebo).

Prices: \$4.50 adults, \$2.50 children

(5 to 11 years), children 4 years and younger are free.

Dinner served at Enlisted Club

The Family Restaurant will close at noon on Friday, May 26. The Enlisted Club will be serving dinner (short order items only) starting at 5 p.m.

Oasis Pool open - Family Pool temporarily closed

The Oasis Pool is open. Due to unforeseen delays in construction and renovation, the Family Pool will remain closed until mid June. The Oasis Pool will be open 7 days a week, 11 a.m. to 7 p.m. Lap swimming from 11 a.m. to noon Monday through Friday. Unfortunately, patronage at the Oasis Pool will be limited to active duty and their families until the Family Pool is reopened.

Enlisted grades E-1 through E-5 have exclusive use of the pool Wednesday, Thursday and Sunday. Staff Non-commissioned Officers and Officers may use the pool Tuesday, Friday and Saturday. Mondays will be open to all ranks. These restrictions will be in effect only while the Family Pool is closed.

We apologize for any inconvenience and will strive to keep you informed of any changes.

MCCS Memorial Day hours

The following MCCS facilities will

be open through Memorial Day weekend:

The Exchange will be open Saturday from 8 a.m. to 9 p.m., Sunday and Monday from 10 a.m. to 6 p.m.

The Family Restaurant will be open Saturday, Sunday and Monday from 9 a.m. to 2 p.m. serving breakfast and dinner from menu.

The Golf Course will be open Saturday, Sunday and Monday from 7 a.m. to 7 p.m.

The Gym/Fitness Center will be open Friday, May 26 from 5 a.m. to 6 p.m. Saturday and Sunday from 8 a.m. to 3 p.m.

The following MCCS facilities will be closed Monday: Oasis Club, Enlisted Club, Barber Shop, Exchange Gas Station, Personal Services, Yermo Exchange, Library, ITT and the Gym/Fitness Center.

The Auto, Ceramic and Wood Hobby Shops as well as the Bowling Center will be closed Sunday.

Youth Activities Center (YAC) will be closed Saturday, Sunday and Monday.

Single Marines Against Drugs Special delayed to June 17

The day-long event at Sorensen Field, consisting of a 10-kilometer run, a run/walk for kids, a 5-Kilometer fun walk and a Punt, Pass and Kick Football Challenge scheduled for June 3 is rescheduled, due to unforeseen circumstances to June 17.

The comedy show set for June 3 is also rescheduled for June 17.

For more information on the rescheduled events and registration call 577-6899.

MCCS Semper Fit apologizes for any inconvenience this may cause.

MCCS Events Guide

Check the June issue of the MCCS

Events Guide for a special 8 page feature on “What MCCS has done for you this past year”. Plus all the regular features: Lunch menu, Family Night Dinner Menu, Exchange Sale (Father’s Day Sale), Personal Services Page, Semper Fit’s Page, Hobby Shops, Golf and Bowling, a full page list of tickets available at ITT, Father’s Day Brunch at the Family Restaurant and more.

We would like to make a correction to the Auto Hobby Shop ad, (page 18) in the June issue. The Saturday & Sunday hours are listed as from 1 p.m. to 9 p.m. that is incorrect - the correct hours for Saturday & Sunday are from 10 a.m. to 6 p.m.

MCCS Events Guide hopes this error causes no inconveniences.

For more information please call the Auto Hobby Shop at 577-6441.

Aerobic classes cancelled

Aerobic classes have been cancelled until further notice.

If anyone is interested in teaching aerobic classes please contact Semper Fit at 577-6971.

We will keep you informed when new classes start again and the hours of operation.

Golf Tournament

Tees & Trees Golf Course will be hosting the Barstow Chamber of Commerce Golf Tournament June 3. If you would like to enter this tournament

or want more information call 577-6431.

And don’t forget - Tees & Trees Golf Course has golf lessons.

The lessons cost \$15 and the enjoyment you’ll have in playing this wonderful sport is well worth the investment. Call today and be out there on the links playing golf in no time.

Ceramic Hobby Shop hosting trip to ceramic show

The Ceramic Hobby Shop is hosting a trip to a ceramic show in San Bernardino June 10.

The cost is \$5 for transportation and a \$6 entry fee for the show. Call for details at 577-6228.

Help Wanted

MCCS is looking for volunteers that have a 15 passenger driver’s license. If you would like to volunteer to drive, please call 577-6896.

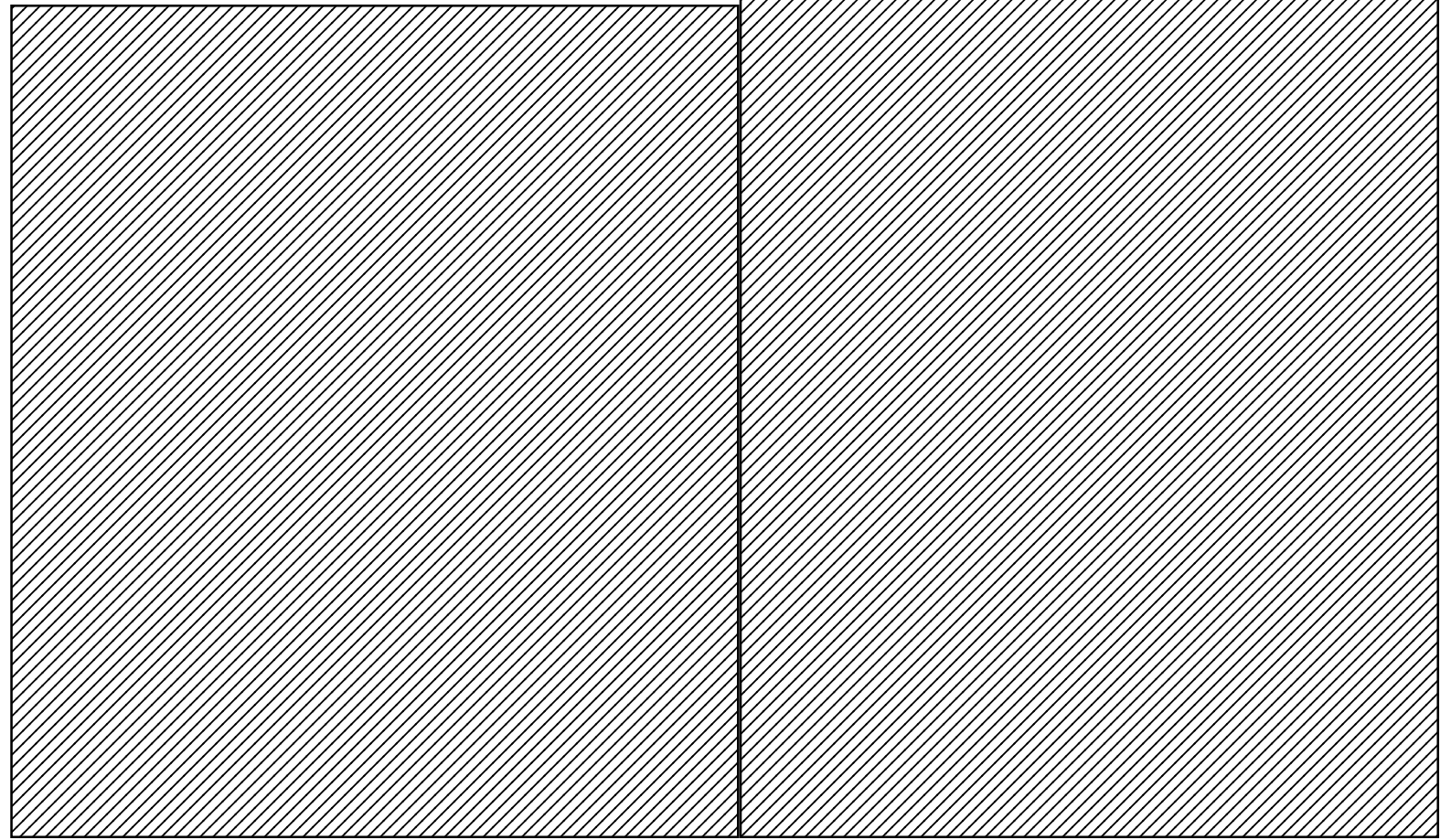
Tables and chairs usage fees

Beginning June 1 there now will be a usage fee of \$2 per day for a table and 50 cents per day for a chair.

Tables and chairs will be available for check out by all authorized patrons.

Reservations and payments can be made at the Business Operations and Support Division, Building 44.

Official military functions may check out tables and chairs at no cost. For more information call 577-6896.



SPORTS



3-D Archery

Stan Andrzejewski, from the High Desert Archery Club in Hesperia aims at a life-like deer during Saturday's 3-D archery shoot. This was the second event of its kind in the riverbed and featured the added challenge of having to find the targets along the course.

Shooters from various clubs in Southern California attended the unique competition, which was contested in heat as vicious at 104 degrees.

Winners were:

Compound Release

- Adult Male – Fred Adams
- Adult Female – Sherry Hanley
- Youth Male – Kevin Donovan

Compound Fingers

- Adult Male – Don Ison
- Adult Female – Mable Ison

Traditional Recurve

- Adult Male – Gary Morgan

Traditional Longbow

- Adult Male – Zander Hardin

Sports Briefs

Golf Tourney

The Boys' & Girls' Club of America, Barstow chapter, is hosting its 3rd Annual Golf Tournament June 3 at the Tees and Trees Golf Course.

Free continental breakfast and barbecue chicken dinner will be served.

Tee prizes, door prizes and an auction of donated gifts will be included.

The cost of the tournament is \$50 and includes green fees. Cart fees are not included.

Registration begins at 7 a.m. and tee off is at 8 a.m. Carts will be rented out at a first come first serve basis.

For more info, call Tees and Trees at 577-6431 or Len Smith at 252-1312.

TRADER ADS: Please submit all Trader Ads to daileyb@barstow.usmc.mil by noon Friday.

1969 LINCOLN MARK III: Classic, no smog needed, needs head gasket, \$350 or trade. Call 252-9199 Lv msg

1985 NISSIAN MAXIMA: Needs work \$500 OBO. Call relay first 1-888-877-5379 then 760 240-5101 Home.

1997 FORD RANGER: Pickup, low mileage, black, 4 cyl. 2.3 eng. w/4 speed manual trans. and overdrive, A/C AM/FM cassette with CD player, sliding rear window, custom paint. Asking \$9,750 OBO. Call 252-3355 AWH and Lv msg.

1992 TOYOTA PICKUP: Red, 5-speed, xlt condition, rebuilt engine, new clutch, new alternator, new battery and battery cables. \$3,000. Call 252-4728.

1994 TOYOTA CAMRY: White, gold pkg, spoiler, C/D player, A/C, automatic. \$9,500 OBO. Call 252-5354

1998 FORD MUSTANG: Going overseas, must sell. grey/tweed cloth seats, 5 speed, fuel injected, 3.8L, anti-lock brakes, A/C, rear window defroster, AM/FM w/cassette (Dolby sound system), CD player, anti-theft alarm, power door locks, windows and remote entry, 26,750 miles, new car warranty transfers with vehicle. Call 725-6804/9066 ask for CWO Smith.

APPLIANCES: Refrigerator, 16 cubic foot, \$110; Dryer, electric \$35. Free washing machine for parts. Call 252-9199.

APPLIANCES: Dryer, gas, Kenmore, white, clean \$125. Call 255-3045

APPLIANCES: Whirlpool Washer, new still in original box, Large capacity, retails for \$380. Plus, will sell for \$250. Call 252-7640.

RIMS: Four aluminum Mustang rims, 4 lug \$100. Two swivel bucket sets for van \$75 for both. Call 252-9199 Lv msg

HUBCAPS: Chrome, 15", \$3. Call 255-3045.

ENGINE: 84, 2.3, 5 speed trans, all smog equ. Complete with RAD. less than 50,000 miles. \$650. Call 243-1392.

WINDOW: Rear, factory, sliding for F150-F250 Ford 1997-1999. Like new, \$200. Call 243-1392.

RUGS: 8x10' \$25; 7x9' \$20. Call 255-3045

FURNITURE: King size water bed mattress in good condition to the first person for the low cost of \$20. Call 256-9519 AWH.

SAILBOAT: 27-foot Catalina sailboat, located at Camp Pendleton with a military slip that transfers with the boat. Way too many upgrades to list. \$10,500. Call 957-1812 for details and pictures.

PRINTER: Dot matrix color, make an offer. Call 252-4726.

SNOWBOARD EQUIPMENT: Bindings and 10 "Rage" boots, and snowboarding pants, asking \$60. Call 252-4726.

MISC. FOR SALE: Used ceiling fan 52"/48", \$20; Tricycle, \$20; Used evaporator cooler, \$45.; Three webbed lawn chairs, \$4 each; Baby bath, \$3. Call 256-8803.

HOUSEHOLD AND GARAGE SALE: Household goods and two cars. May 26th through the 28th, beginning at 9 a.m. 35547 South Street, Daggett, CA.

WANTED: To purchase used summer clothes for infant girl, sizes 18 months - 2T, in good condition. Call 252-3355. AWH .

WANTED: Winch for car trailer Call 252-9199 Lv msg.

WANTED: ALICE pak, 782 gear, K-bar, serviceable cammies size large, Military lensatic compass, used red cover MCI books, will pay fair prices. Call 252-9146.

WANTED: Carpool to Yermo from Hesperia, 6:30 a.m. - 4 p.m. Call Millie at 760 948-0741.

BRIEFS from Page 3

\$190.00	
LEVEL IV	\$44,001-\$55,000
\$213.00	
LEVEL V	\$55,001-\$69,999
\$239.00	
LEVEL VI	\$70,000 AND UP
\$269.00	

YAC Open Recreation Summer Fees are \$26.00 per child per month for the first child and \$13.00 for each additional child per month. Open recreation is from 10 a.m. to 6 p.m. Tuesday through Saturday.

The Child Development Center also offers full day contracts for school age care.

The staff of the CDC and YAC are working together to provide a fun-filled summer for the children. There are scheduled field trips, swimming, special arts and crafts classes and field sports for the children and youth. For further info, please call the CDC at 577-6287.

Parent health support group

Spring is here, and it's just about time for shorts and swimsuit weather...are you ready? If you would like to take invigorating walks, discuss ideas and learn about good nutrition in the setting of an information and support group, then this is for you. Mothers with children ages 6 and under are welcome to come (and bring your kids!). The group meets every Monday, Tuesday and Wednesday at 10 a.m. in front of the Youth Activities Center at MCLB Barstow.

Each day begins with a walk, then a with discussion about nutrition and healthy eating habits. For more info about scheduled activities, call 577-6332 or 577-6533.

PSD Online

MCCS Personal Services Division is now online. Check it out at MCLBONLINE under "Departments." This site is available so you can find out information about PSD programs and services 24-hours a day. Comments, suggestions, or questions about the site are welcome. Advise whether it's helpful, what information you'd like to add, or any other improvements you would like to see. Comments should be directed to Stephanie Wilson at wilsonsl@barstow.usmc.mil or call 577-6533.

JROTC needs Instructors

The Marine Corps Junior Reserve Officer Training Corps of the San Diego area is looking for retired Marines to become instructors. Instructors must be retired staff-noncommissioned officers and be certified by the Training and Education Division of Headquarters Marine Corps. The following schools are looking for instructors: Campbell High School, San Jose, CA.; Carson High School, Carson, CA.; Casa Grande High School, Casa Grande, CA.; Desert Hot

Springs High School, Desert Hot Springs, CA.; Desert Pines High School, Las Vegas, NV.; Ray High School, Kearny, AZ.; and Wilson High School, Tacoma, WA.

Retired Marines who work at approved MCJROTC high schools, as faculty for the program, will receive active duty pay and allowances. For more info call (619) 542-5547.

CHAPLAIN from Page 2

their sacrifices so that we can have the freedom to go camping or drive to relatives or simply stay home and catch up is important. It should cause us to be a little less self-centered. It should cause us to be willing to pass on a legacy of freedom to the next generation. Taking time on Memorial Day to re-

member can and should empower each of us to always be faithful in protecting the freedom we enjoy and preserving it for the next generation.

I would suggest this Memorial Day that we think of just one person who died serving those values we hold dear as Americans. Discover the circumstances under which that person sacrificed their life. Reflect on their unself-

ishness. Consider what that means to your present freedom. Tell a child about their contributions. Thank God life doesn't always have to be about the person in the mirror but can be about passing on something of value to others. Take time to remember.

Blessings,
Chaplain Michener

