

BARSTOW LOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 31

Marine Corps Logistics Base Barstow, California

June 15, 2000

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celebrate 102 years
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The current copy of the
Marine Corps News
Weekly is now available
online at
<http://www.usmc.mil>.

'Best Value' Program helps ID Lowest Prices for Military Shoppers

By **Bonnie Powell**
Marketing Business Unit

FT LEE, Va. - What's in a name? For some people it's everything. For others, price is the most important factor in grocery-buying decisions. The Defense Commissary Agency (DeCA) is kicking off a program to make the job of bargain hunting much easier for military shoppers, and still make sure customers are getting a quality product. Starting in July, shoppers will see "Best Value Item" signs at store entrances and on commissary shelves.

"The Best Value program identifies items that are the lowest price at the name brand quality our customers expect," said Cary Duell, manager, Marketing Business Unit, DeCA. "Best value items will be clearly marked with shelf signs.

Best Value prices will also be lower than premium quality store brands sold at retail groceries. Commissary store directors will be working hard at installations to guarantee military shoppers get the best prices without the hassle of having to research prices at the commissary - or at stores outside the gate.

The program is in response to cus-

tomers demand for more price savings. The commissary system is making an effort to encourage single shoppers, military families and retirees on fixed incomes to take greater advantage of their benefit and "some of those customers have indicated that saving money is their number one priority," said Duell.

Retail grocers often have "store" or "private label" brands, which can vary in quality and price. Commissaries, by regulation, are only permitted to carry "name brands" or brands that are widely available across the U.S. In cases where shoppers are more concerned with price and cost savings, name brands might not always be the least expensive choice.

The Best Value program won't apply to every size and type of grocery item carried by commissaries, according to Duell. The amount of signs displayed and pricing comparisons needed would be overwhelming for customers and employees. In addition, the item list may change frequently according to market conditions.

"To kick off the program, we're focusing on approximately 50 popular

See **DECA** Page 4



Photo by Donna Redes

FAIR WINDS AND FOLLOWING SEAS

Col. Mark A. Costa (left) congratulates (l-r) GySgt. Craig M. Johnston, SSgt. Neville A. Golding and SSgt. Frederick D. Waddell during Friday's retirement ceremony outside base headquarters. "Once again on a beautiful day, we gather around the flagpole to pay tribute to three great Americans, patriots and Marines," said Costa.

Johnston served as the optics technician for the West Coast Technical Assistance team. "I realize that most of you don't even know me," said Johnston, who spent three years travelling to different Marine Corps Reserve units inspecting optical gear. "Keep charging ahead, Marines. Of these days, you'll be here." He received a Meritorious Service Medal for his dedication.

Golding served as the SNCOIC of the personal property division. He received a Navy and Marine Corps Commendation Medal at the ceremony.

"Always challenge yourselves," Golding said to the Marines in formation. "You can never prepare yourselves enough."

Waddell retires after his second tour in Barstow, this time as the Drafting and Surveying Chief. With a brand new Navy and Marine Corps Commendation Medal pinned to his utility pocket, he offered Marines a unique personal networking opportunity.

"If you're ever in Atlanta, you can look me up," said Waddell. "My number will be unlisted, but you can try and find me."

Civilian employees vital to DoD Mission

By **SSgt. Kathleen Rheem, U.S. Army** maintained by U.S. and American Forces Press Service foreign civilian contractors.

WASHINGTON, D.C. — Civilian employees have served in every major American war since the Revolution, freeing service members to concentrate on winning battles. That tradition continues today, as roughly 700,000 civilians serve the Defense Department throughout the United States and at least 17 foreign lands.

Civilian teamsters hauled supplies for Gen. George Washington's troops. Civilian workers supported service members in all theaters during World War II and performed myriad tasks on the home front. U.S. camps throughout the Balkans today are managed and

performed by civilians may have changed through time, their role has not. In dealing with the realities of modern military force cuts and shrinking budgets, civilians are even more vital to the DoD mission — defending America.

Current DoD policy is to "civilianize" positions whenever possible as a way to save costs while minimizing impact on force effectiveness. According to a 1998 Rand Corp. report, there are two main reasons for this. First, military members are moved

in and out of jobs frequently, so there are high turnover and training costs. Second, military members do not spend 100 percent of their time performing their assigned functions; they

ery three years or so. DoD civilians are necessary to provide vital support that allows our warfighters to perform their mission."

DoD requirements call for person-

***"We live the life of a civil servant
and the life of a defense employee."***

also have training requirements and other duties.

"Civilians provide stability in the organization," said Diane Disney, deputy assistant secretary of defense for civilian personnel policy. "Military people rotate between assignments ev-

nel managers to employ civilians "in positions which do not require military incumbents for reasons of law, security, discipline, rotation, or combat readiness; which do not require a mili-

See **CIVILIAN** Page 4

The Commander's Forum

The "Commander's Forum" is a tool of the Base Commander to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call the hotline at 577-6535 or send your concerns via e-mail to SMB Barstow Commanders Forum.

Traffic Stop at Yermo Gate

Q: On Thursday, 4 May at about 4:05 p.m. one of your MPs stopped a car, traffic stop, at the gate here at Yermo.

He parked right in the middle of the street, delaying traffic. It made it an unsafe condition I believe.

These MPs, Colonel, seem to be out of control—arrogant, do what they want to do, and just generally harassing people.

I wish you would address that and maybe

get control of these MPs because they are really acting unprofessional.

To stop in the middle of the street, the car that was stopped was at the side but he was in the middle blocking the lane, something needs to be done with them—someone needs to get control of them. Thank you!

A: Thank you for bringing this issue to my attention by calling the

Commander's Forum. Your observations were passed to the Director of Public Safety Department.

Upon investigation, it was confirmed that proper military police procedures were followed during the traffic stop you called about.

For your information, the driver of the vehicle was stopped for running a stop sign.

Military policemen are instructed, for their own safety, to offset their vehicles to the left when initially conducting such a stop.

As soon as the patrolman realized that

traffic was backing up he backed up his vehicle and positioned it directly behind the stopped vehicle to free up traffic.

I am concerned that you stated that you feel the military policemen are out of control and arrogant.

The leadership of the base takes seriously any observations or complaints of improper behavior during the conduct of law enforcement activities.

It is my intention to ensure that our military policemen will serve the community and be as professional as possible when dealing with the public.

How do I become a new creation?

By Lt. Michael Michener
Base Chaplain



"Hello, Chaplain? I want to know what you did to my Marine! This guy has a great attitude and is motivated and seems to be back on the right track. What did

you do to make such a change in him?" That was an actual call I received from a Gunny a couple years ago when I led the first Spiritual Advance. I had to tell the Gunny that I really didn't do anything. All I did was provide a location and a format to address some spiritual issues and memorize and apply some scripture to their lives. God was the One who made the change.

That is the goal of the annual Spiritual Advances. We want to allow people the opportunity to get away from the daily distractions and focus on what God might want to teach them. When we provide the right environment and a little guidance, exciting things seem to happen. People change because they see that God is able to do great things in their lives.

Our format for the Spiritual Advance includes some of the following: We usually leave early on Wednesday morning and arrive in the wilderness area by noon. We may need to hike in a short distance and set up

camp. We always have a safety brief and once everyone is settled the first evening, we grill steaks and potatoes for our first evening meal in the forest. The fresh clean air and the warm camp fire make for a pleasant night of rest. Each day thereafter includes morning devotions, a daily memory verse, scripture reading and questions that stimulate contemplative thinking. We allow some free time to take short day hikes, fish and think about the questions we posed. We discuss the questions before lunch and give the evening study questions. In the evening after supper we gather around the campfire again and have group discussions. On the last day, we celebrate a worship service together and break camp for our return to home.

I don't fully grasp why the mountain air and camping experience offer such a great conduit for spiritual growth but that is what happens. One of the reasons I enjoy hosting the annual Spiritual Advance is because Marines, Sailors, Soldiers and their spouses come away with a renewed sense of hope. That is what I have always been about. In fact, helping people find hope is part of the Navy Chaplain's motto.

As I said earlier, the Spiritual Advance is open to ANY Marine, sailor, or soldier or their adult family member who either lives or works on MCLB. If you want to go to a

See [CHAPLAIN Page 4](#)

Just doing my job ...



Photo by LCpl. Cory Kelly

LCpl. Jeremy Wellington, battalion travel clerk, is working diligently at yet another travel claim. Since Wellington doesn't get out of Barstow much, he said he likes to talk to the people he does claims for and learn about the places that they've gone to.

Chapel Hours

Protestant Sun. 8:30 a.m.
Catholic Mass Sun. 10:30 a.m.

**Confession services
before Mass**

Yermo Bible Study

Wednesday 11 - 11:30 a.m.
At the Colonel's Workshop

For more info call
Don Brooks at 577-7165.



Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer

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The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer (B130), Command Headquarters, Marine Corps Logistics Base, Box 110100, Barstow, CA 92311-5001. The Public Affairs Office is located in Building 15. Phones: (760) 577-6430, 577-6450, 577-6451, FAX 577-6350, DSN prefix 282.

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BARSTOW LOG is distributed every Thursday (or Wednesday preceding a holiday) 50 weeks a year. **BARSTOW LOG** is produced at Aerotech News and printed at Antelope Valley Press in Palmdale, Calif. Printed circulation is 3,500.

For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

News Briefs

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to daileyb@barstow.usmc.mil.

Clinic closure

The Branch Medical Clinic will be closed Friday for the Hospital Corps Birthday Celebration, and June 22 for the Clinic Change of Charge Ceremony. The clinic will only be open for Sick call on these dates from 7-8:15 a.m.

ID Section Closure

The ID Cards Section will close June 23 at noon. Regular hours will resume June 26. For more info call 555-6969.

Route 66 Street Fair

The next evening of fun and games for the 2000 edition of the Barstow Area Chamber of Commerce's Route 66 Street Fair is coming up Tuesday.

ASMC Luncheon

The American Society of Military Comptrollers will be meeting Tuesday at the Oasis Club at 11 a.m. The Speaker will be Lynne Escobedo from the Scheduled Airlines Traffic Office. The theme will be, "How to get out of the High Desert this summer."

The entry fee is \$5, which includes Tuna loaf with vegetables and a roll with butter or a chef's salad. For more information call 577-6596.

Spiritual Advance

The Chaplain's office is planning

a Christian spiritual advance in Sequoia National Forest. June 21-25. All active duty military and their adult family members are invited.

The advance includes backpacking a small portion of the Pacific Crest Trail. Military personnel will need to secure permissive TAD for this event.

For additional information, call the Chaplain's office at 577-6849.

Golf Tourney

The Marine Corps Ball committee is sponsoring a golf tournament June 23 at the Tees & Trees Golf Course.

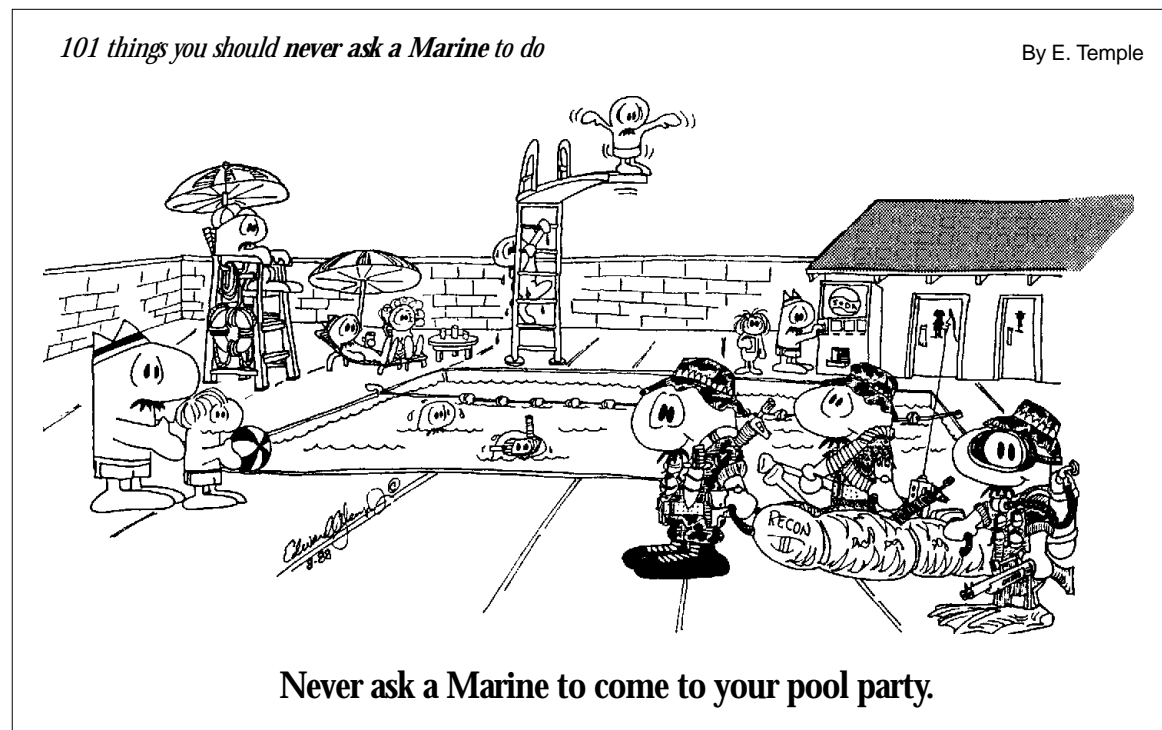
The entry fee is \$15 and includes a hamburger or a hot dog and a soda. The entry fee does not include green fees and carts. Mulligans are \$1 each with a limit of five. There will also be other prize opportunities. Teams of four are encouraged to play.

Registration is from 6 to 7 a.m. and tee off is at 7:15 a.m. For more information call SSgt. Donna Knolle at 577-7767.

Railroad Tie sale

The base Recycling Center is selling used railroad ties for \$5 each. Sales are by appointment and are limited to ten per person per day. Ties are in various sizes and conditions.

Patrons must take from the top of the stack (no sorting) and secure



Never ask a Marine to come to your pool party.

their own load. For more info, call base recycling at 577-6006.

Golf Scramble

The 8th Annual Mojave Valley Volunteer Hospice Golf Scramble will be held June 24 at Tees & Trees Golf Course.

This year's tournament is dedicated in memory of Warrant Officer Cam Wheaton, USMC (retired), who for many years volunteered his services in coordinating the many charity golf tournaments held in

Barstow over the last 20 years.

Teams of five are encouraged. The entry fee is \$35 and does not include green fees and carts. Check-in is at 7 a.m. Players will get a continental breakfast and lunch. Deadline to register is 5 p.m. June 22. For more information call Howard Headberg at 252-5943.

Story Time

Are you looking for something special to do with your preschooler? The base library hosts a live storybook reading session for preschool-aged children Friday at 10 a.m. For more info, call the library at 577-6395.

Playmorning

The New Parent Support Program Playmorning at the McKinney Center is now on Mondays instead of Wednesdays from 10-11:30 a.m. The change will be in effect throughout the summer. Anyone with children ages six and under are welcome to attend. For more info, call Sandra Casey at 380-4021.

TRICARE lowers dental premiums

The dental premium rates will change effective with the July 2000 premium deductions. The monthly rate for single enrollment will decrease from \$8.53 to \$7.88 and the monthly rate for family enrollment will decrease from \$21.33 to \$19.70.

DFAS-KC will automatically adjust pay accounts to reflect the new rates which will appear on the July 2000 leave and earnings statement and in the July 14, 2000 payday.

Savings Bonds

This Year's Savings Bond Campaign is just underway and scheduled to run through July 30th. Two types of Bonds are currently offered.

The first type is the standard EE Bond, (5.73% interest rate), and the new I Bond (currently at 7.49%). If you would like more information on purchasing a new Savings Bond, or increasing the amount of a Savings Bond you currently have, contact one of the following people.

Name	Phone#
GySgt. David Watson	577-6857
Sgt. Nicholas Alderete	577-6841
Cpl. Mohammed Huda	577-7051
Meredith Taylor	577-6478
Marlo Koceski	577-6620
Patricia Biles	577-6732
Dennis Chapman	577-6399
Alejo Estampador	577-7336
Bella Nies	577-6145

Single Marine Program

The Single Marine Program aboard base is sponsoring an all-day event open to all base employees June 24th to campaign against illegal drug use.

The day starts with a ten 10k run/5k walk as well as a one mile run/walk for kids. There will be prizes for teams and individuals in all prize groups.

There will be events throughout the day including a punt, pass and kick football challenge, a climbing wall, dunk tank and more.

The evening ends with a comedy show, featuring headliner Carlos Oscar.

For more information call 577-6971.

Christmas in July

The 5th Annual Toys for Tots Poker Run is coming up July 22. Start and finish line of the 100 mile loop is at the Moose Lodge #1330, 560 Victor Ave. in Barstow. Sign-in will be from 8 to 11 a.m. Biscuits and gravy w/coffee will be served for

See BRIEFS Page 5

Job Watch

Annc.#	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEA-233-00	Instrument Mechanic WG-3359-11 (Term NTE 366 days)	05/19/00	06/16/00	06/06/00	MCLB Barstow
DEA-248-00	Electronics Measurement Equipment Mechanic WG-2602-11	05/26/00	06/23/00	06/09/00	MCLB Barstow
DEA-254-00	Machine Tool Operator WG-3431-08 (Term NTE 366 days)	05/26/00	06/23/00	06/09/00	MCLB Barstow
DEA-270-00	Electronics Measurement Equipment Mechanic WG-2602-12	06/07/00	07/07/00	06/21/00	MCLB Barstow
DEA-271-00	Preservation Servicer WG-7006-06	06/06/00	07/05/00	06/19/00	MCLB Barstow
DEA-276-00	Electronics Measurement Equipment Mechanic WG-2602-12	06/07/00	07/07/00	06/21/00	MCLB Barstow
OTR-072-00	Computer Specialist GS-0334-09 (Temp. NTE 1 yr.)	05/26/00	06/26/00	06/09/00	MCLB Barstow
OTR-077-00	Supply Clerk (Data Transcriber) GS-2005-04 (Temp. NTE 1 yr.)	06/07/00	07/05/00	06/21/00	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.

HAPPY 102nd BIRTHDAY

Corpsmen Celebrate another year of service

By HMCM(SW) Mark Weldon
Force Master Chief

It is with tremendous pride that I send my congratulations and birthday wishes to all hospital corpsmen throughout the world. For 102 years, hospital corpsmen have made a steadfast commitment to the health and well being of our Sailors and Marines where ever duty has called.

Whether you're the young HM3 serving in the field with the Marines, the chief stationed aboard a forward deployed ship or the highly skilled technician providing specialized treatment at a naval hospital, you play a crucial role in maintaining the operational readiness of today's Navy. Each of you should be justifiably proud of your many accomplishments and the outstanding reputation you have earned.

As you celebrate our rich traditions and recent successes on the 17th of June, I ask you to pause briefly to consider the sacrifices of those who came before us, and to rededicate yourself to the values and the high standards that make our hospital corps what it is today. Happy 102nd birthday.

DECA from Page 1

products in the most frequently purchased sizes," said Duell. If a customer comes to the store to buy a 30-count box of garbage bags and is mainly concerned with getting top quality at the lowest price available, the shopper can simply look for the "Best Value" sign. That price will be lower than the exact size on that item sold by any other brand carried in the commissary - or in any other local grocery store.

"We're working hard to help our shoppers save money," said Duell. "We already average 27 percent savings overall, but we want even more for our customers. Surveys show that the commissary is ranked among the top two benefits and the agency's job is to make that benefit even more valuable."

For more information call Jim Meugmiot at 577-6404.

CIVILIAN from Page 1

tary background for successful performance of duties involved; and which do not entail unusual hours not normally associated or compatible with civilian employment."

"Anything that isn't military-essential, any position where the person isn't going into combat," said Pam Bartlett, a program analyst with the Office of

the Undersecretary of Defense for Personnel and Readiness. "You require the military to go to war, and you hire civilians to provide support for the military." Civilian DoD employees generally fall into one of two pay systems, depending on whether they're in white-collar or blue-collar trades. Those in white-collar jobs, for instance, clerical, administrative, engineering or supply fields, are paid under the General Schedule and are therefore "GS" employees. Others, for example, maintenance or food-preparation workers, are compensated under the Coordinated Federal Wage System, or wage board.

The government also contracts with civilian firms for goods and services instead of directly hiring employees to do the work. This is because there are times when contractors are more cost-effective or they do certain things better, Bartlett said.

"Sometimes you contract for services because they're available from the private sector, and it wouldn't be cost effective to do it in house," she said, using telephone service as an example. "It's all a question of who provides the best value in terms of the dollars and the service provided."

Just because civilians aren't uniformed members of the armed forces doesn't mean they're out of harm's way.

"It's as if DoD civilians live two lives," Disney said. "We live the life of a civil servant and the life of a defense employee."

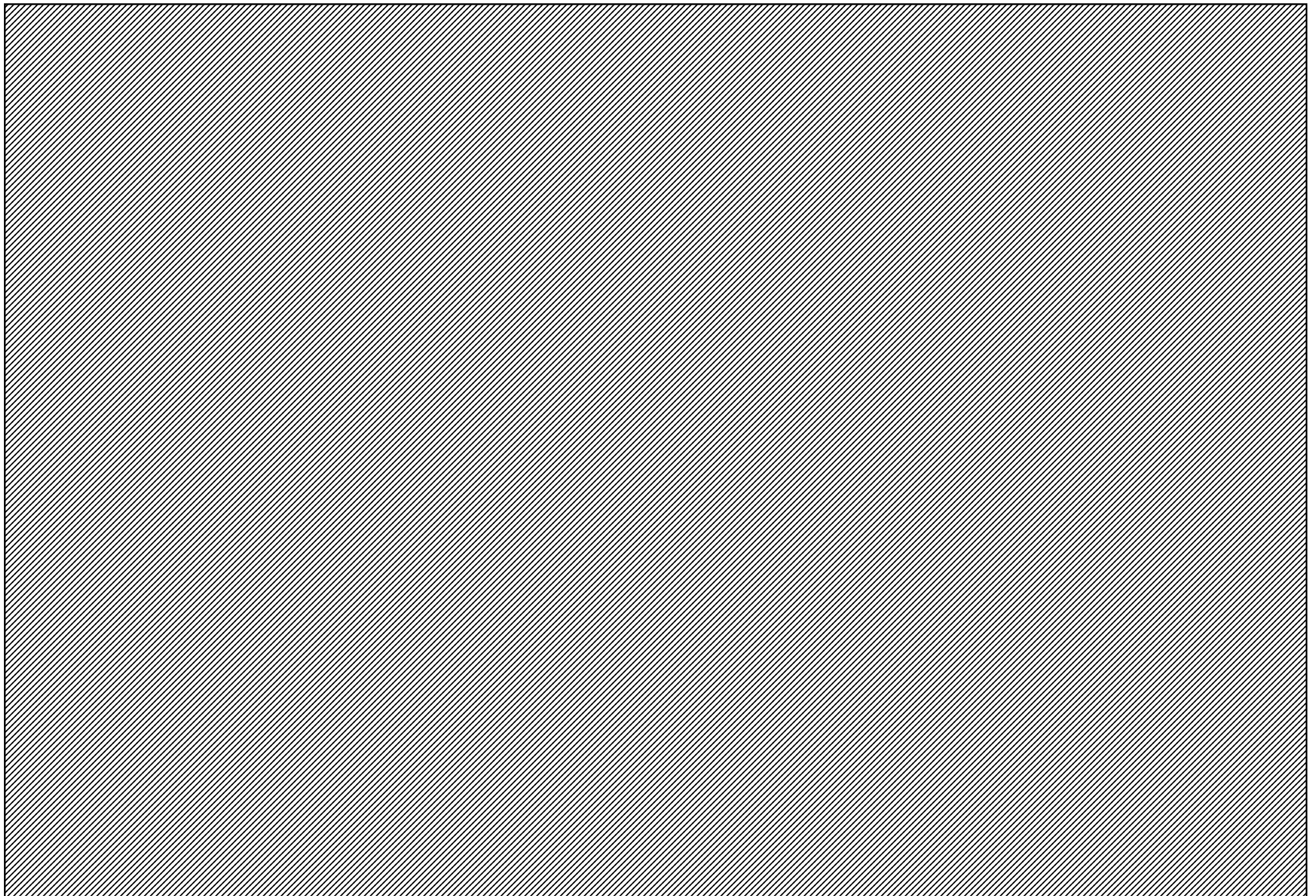
Disney said civilians designated as "emergency essential," meaning their skills and abilities are crucial to mission success, are subject to deployment. About 4,500 DoD civilians deployed to Southwest Asia during Desert Shield and Desert Storm, for instance. Civilians are often issued military uniforms during deployments and may be authorized to carry weapons for personal protection.

"Designating civilians as emergency essential emphasizes the total force nature of DoD involvement," she said. "It's recognition that civilians are important members of the DoD team."

CHAPLAIN from Page 2

deeper level in your spiritual life and experience more of what God can do in you and through you to impact those around you, then consider participating in this Spiritual Advance. Our theme this year is "Becoming a New Creation in Christ." Call my office and get your name on the list.

Blessings,
Chaplain Michener



Master the job interview

Submitted by
Personal Services Division

Interview Tip 1: Plan Ahead. Research the company and the position if possible, as well as the people you will meet with at the interview. Review your work experiences. Be ready to support past career accomplishments with specific information targeted toward the companies' needs.

Interview Tip 2: Role Play. Once you have finished studying, begin role-playing. (Use the sample interview questions, which will be provided next week). Write down your answers and practice saying them. Try to keep your answers to the information your new employer will want to know.

Interview Tip 3: Eye Contact. Maintain eye contact with your interviewer. Show you want the job with your interest.

Interview Tip 4: Be Positive. In particular, avoid negative com-

ments about past employers.

Interview Tip 5: Adapt. Listen and adapt. Be sensitive to the style of the interviewer. Pay attention to those details of dress, office furniture and décor that will afford helpful clues to assist you in tailoring your presentation.

Interview Tip 6: Relate. Try to relate your answers to the interviewer and his or her company. Focus on achievements relevant to the position.

Interview Tip 7: Encourage. Encourage the interviewer to share information about his or her company. Demonstrate your interest. Some suggested questions to ask the interviewer will be provided in next week's column.

Note: This is part of a series of career transition articles from the Career Resource Management Center. For more information on job hunting techniques, call Chuck Ashbrook, CRMC coordinator, at 577-6169

577-6279.

Guide to Federal Benefits available

The Year 2000 Federal Benefits for Veterans and Dependents manual is now available as a downloadable document on the Internet at <http://www.va.gov/opa/feature/index.htm>. Topics covered include pension, health care, the GI Bill, life insurance, women veterans and more.

For more info, call the Retired Activities Office at 577-6533.

Barstow Fire District Celebrates

The Barstow Fire District is celebrating their 25th year of emergency medical services Saturday by teaching the community to help save a life.

The Barstow Fire Department and the American Red Cross are offering a free introduction to CPR and First Aid Class, open to all ages, at the Headquarters Station on Barstow Rd.

The class will run from 1-4 p.m. For more info call 256-2254.

Nationwide essay contest

The Fleet Reserve Association is sponsoring an essay contest for junior high and high school aged stu-

dents.

The contest theme is "What Does the American Flag Stand For?" Essays must be 350 words or less and typed or written on one side of the paper. Contestants must be sponsored by an FRA branch, unit or member.

Essays will be judged at the branch, regional and national level. The grand national prize is \$15,000 in savings bonds.

For more info, call Matt Schafer, FRA public relations specialist, at 1-800-372-1924.

Scuba Diving Lessons

Take scuba diving classes right here in Barstow. Classes begin Monday and will run through June 25.

The course costs \$200 and includes rental gear, guages, wetsuit, hood, tank, weights, student manual and logbook. Students may either rent or purchase their own mask, fins, snorkel, booties, and gloves.

After completion of the course the class will go for dives in the ocean. Students are responsible for their own transportation to the ocean dive site.

For More information call Semper Fit at 577-6971.

Huck Finn Jubilee

Huck Finn's Country and Bluegrass Jubilee is scheduled to run Friday through Sunday at Mojave Narrows Regional Park near Victorville.

The 24th annual festival and Father's Day tradition features a laundry list of fun and activities.

Country Music act The Bellamy Brothers (Redneck Girl) are scheduled for a Father's Day performance at 6 p.m. and join other national touring acts.

The California State Arm Wrestling Championships begin at noon on Friday, and there's a Route 66 car show north of the main stage.

On Friday, a "blind bogie" fishing derby begins at 8 a.m. and up to \$500 in cash and ribbons are given for fish coming closest to secret weights.

Two nights camping and three-day admission (including catfishing) is \$40 for adults and \$15 for junior's 6-11 years. For daytime visitors, a fee of \$10 for adults and \$5 for juniors age six thru 11 is charged. Under six is free.

To reach Mojave Narrows, exit I-15 just south of Victorville, take Bear Valley Road east four miles toward Apple Valley and turn north on Ridgecrest Avenue to the park.

For information call (909) 780-8810 or check the Jubilee's web site at <http://www.huckfinn.com>

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breakfast during the time of sign in, and a barbecue lunch for those with paid donations starts at noon. A \$15 donation is asked for one person or \$20 for two.

Donators are also asked to give a new unwrapped toy or an additional \$5. The Poker Run is open to all street legal vehicles. For more information call The Moose Lodge at 252-3810.

Open Season for Thrift Savings

The Thrift Savings Plan is a retirement savings plan for Federal Employees' Retirement System and Civil Service Retirement System employees.

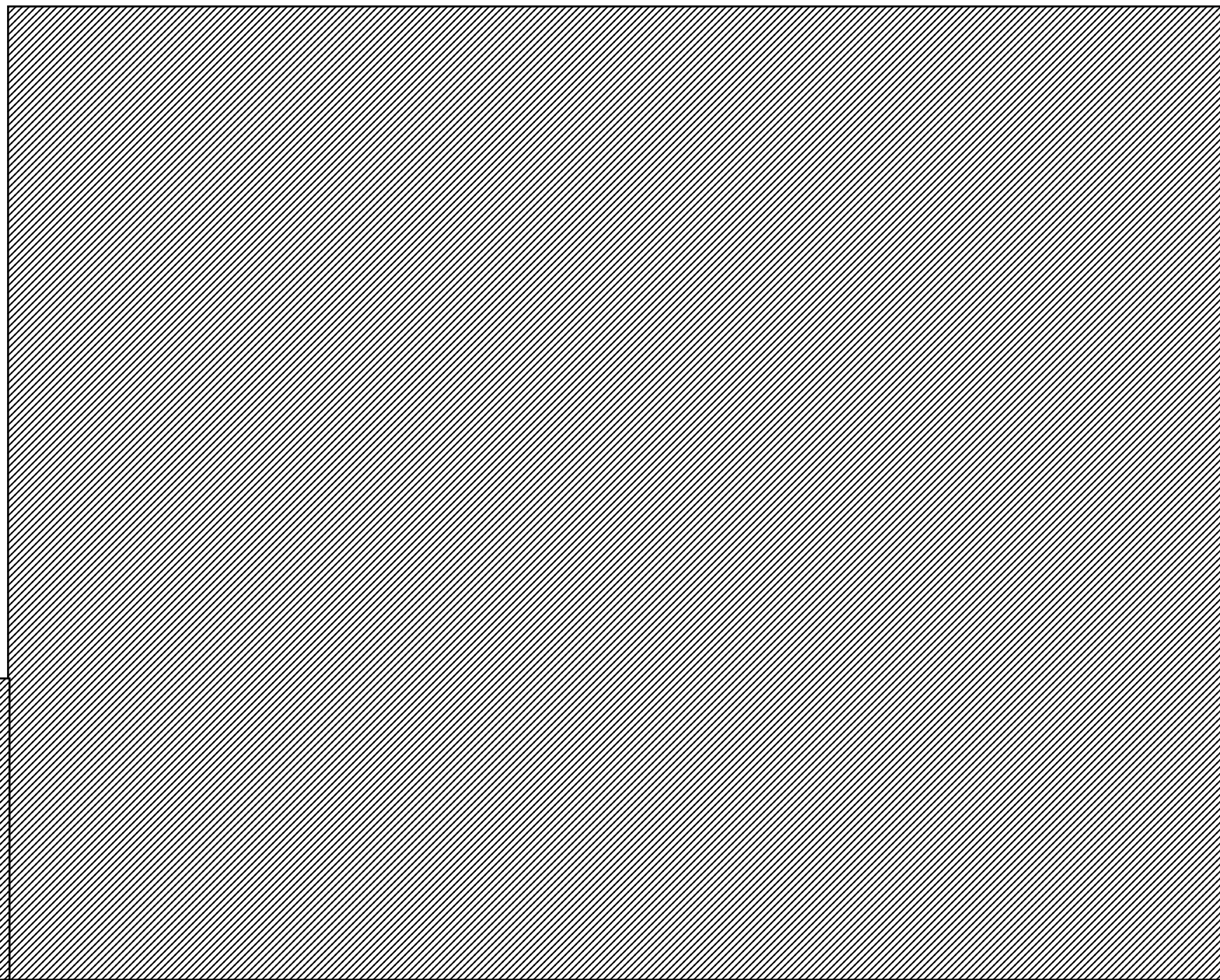
Because TSP account is for your retirement there are restrictions on withdrawing your money while you are employed. However, a major advantage of the TSP is that you pay no taxes on contributions or earnings until you withdraw from your account.

The TSP open season is your chance to start or change your contributions to your TSP account.

You can also change the way your future payroll contributions are in-

vested in the three TSP funds.

FERS and CSRS employees hired before July 1, 1999, are already eligible for the TSP. For more information call Donna Coppi at



DIRECTOR'S CORNER

Maintenance Center, Barstow

Goodbye to our Director ...

The employees of Maintenance Center Barstow say good-bye to Colonel Joseph Martin, Jr. this week. Colonel Martin has been our Director since July 1996. Under his leadership, Maintenance Center Barstow has provided outstanding support to the Fleet Marine Force, Marine Corps Reserve Units, and other DoD customers. His efforts have helped the Maintenance Center accommodate new missions and run more efficiently. The Maintenance Center has surpassed the production goals each year by an average of 33%.

He has encouraged employees to use teamwork and process improvement to surpass production goals. Employees have been empowered to try new ideas and methods of accomplishing the work. Cycle time and customer relationships have improved. He has advanced implementation of the Better Business Practices, with emphasis on ISO 9002, Earned Value Management (EVM) and Manufacturing Resources Planning (MRP II).

He provided guidance for the formulation and implementation of plans for a strategic partnership between Maintenance Center Barstow, Tobyhanna Army Depot and the Sacramento Air Logistics Center. In just eleven months, the AN/TPQ-46 Firefinder Radar System was developed, documented, and delivered into the hands of Marine Forces. Maintenance Center Barstow has a partnership with United Defense Limited Partnership (UDLP) on the upgrade of the Amphibious Assault Vehicle (AAV). Beginning in 1998, the Maintenance Center initiated the program known as the AAV RAM/RS. The upgrade is part of a \$90.5 million program to give the AAV improved mobility, greater cross-country speed and reliability, and easier maintenance. Maintenance Center Barstow is ahead of schedule on this important project.



In addition to Colonel Martin's achievements in maintenance operations, he has always held employee



morale and well being in the highest regard. Colonel Martin could be seen walking on the shop floor on a regular basis talking to employees and supervisors. He valued the ideas and opinions expressed by all. He always said if there was good or bad news, he would be the first to tell everyone and he kept his word through the All Hands Meetings he held. Throughout his tour at Maintenance Center Barstow he has demonstrated a superb balance of leadership, intuition, and decision-making.

Marines and Civilian Marines express our appreciation for your dedication; commitment and outstanding support as Director, Maintenance Center Barstow. We will miss you! *Semper Fidelis*


Retirement Luncheon for Colonel Joseph Martin, Jr.

FROM  **TO** 

Monday June 19, 2000
1100 to 1230

Location: Canvas Shop
\$6.00

for Steak, Drink and Gift
Bring dish for potluck
POC: Margo Padilla
577-7225



Congratulations on Length of Service Awards



40 Year Length of Service Award
Rubin Bryant
CWC 711



30 Year Length of Service Award
Thomas Lingren
CWC 713



40 Year Length of Service Award
Horace Reaves
CWC 721



35 Year Length of Service Award
Cecil L. Heath
CWC 729

Photos by Dean Knutson

Maintenance Center Director: Col. J. Martin Jr.
Maintenance Center Deputy Director: Gary Baker

Editor: Dianna McCormick
Director's Corner phone numbers: 577-7054/7055

Children unwind at weekly Playmorning



Left: Jaime Reyes, 2, chauffeurs Hope Snyder in a toy wagon.
Above: Courtney Blakely, 1, reaches the top of a padded climbing block.

Story and photos
By Sgt. Mike McQuillan
BARSTOW LOG staff

Looming behind a fortress of crash pads atop the finest Little Tykes vehicle in the fleet, a toddler spots an unsuspecting Lego enthusiast piecing together an odd construct that only a mother would recognize.

His growl crescendos as he nears striking distance, about to topple the mighty structure when—SWOOP! Mom intervenes in the nick of time, preventing at least one boo-boo cluster and a chorus of unbearable wails.

Nobody ever said parenting was easy.

The weekly Playmorning at the McKinney Youth Activity Center, sponsored by the New Parent Support Program serves as an informal gathering for wild-eyed children and nurturing parents. Every Monday from 10-11:30 a.m., the youth center provides parents and their children age six and under an arena to socialize.

"Basically the goal is to decrease the stress, and chance for abuse and neglect," said Debora Deane, New Parent Support Program home visitor. "It's tough when you have a newborn. Usually the grandparents and in-laws are far away. We provide emotional and educational support. We practice more counseling than the nursing part."

While many of the parenting program's activities are on a one-on-one basis, the Playmorning offers the benefits of a group effort.

"It gives us a break, and the kids have other people to play with," said Gloria Blakely, mother of two. "At first, my son would never leave my side. Now he just takes off to play with the other kids."

"He gets to play with kids his own age. Most of the neighborhood kids are older," said Lisa Parrish, who brings her two-year-old son to the program.

The children have an unending assortment of toys and games to keep them busy. There's also an arts and crafts lesson at the end of each session.

"We play together, but it's more fun for them to play with other kids instead of with mom all the time," said Martha Snyder, mother of two and Playmorning regular.

"It's good to help you meet people," said Shawn Belk, who moved to Barstow in January. "You move here and you don't know anybody. I bring my son here every week."

The Playmorning also gives agencies the opportunity to network. During one session, Theresa Huff from the San Bernardino County Head Start/State Preschool visited to bring information to parents.

"A lot of people don't know that there's free child care out there," said Huff. "The best way is word of mouth."

The Head Start offers free child development for 3-4 year old children from low-income families. Sessions are three-and-a-half hours a day and five days a week and provide nutritious meals, services for children with disabilities and individual family services.

"It's more educational than just a day care facility," said Huff. "Rather than just play, there are many learning activities for the children. There's also a workshop for the parents."

Huff represents a nursery school in Lenwood, though there are other centers throughout San Bernardino County.

The Playmorning meets on Monday mornings until school begins in the fall, when sessions return to Wednesdays. The New Parent Support Program offers a wealth of services. For more information about any of them, call June Treadwell, at 577-6332.

Right: Cedric Butler (left) and Stephen Parrish, both 2 years old, pedal the rugged terrain of the McKinney Center Gym.



Far right: Shawn Belk, Gloria Blakely and Jacob Blakely discuss today's hottest parenting issues.



America Remembers Service, Sacrifices of Korean War Vets

By Jim Garamone
American Forces Press Service

WASHINGTON, May 25, 2000 — Veterans of the Korean War are gearing up for the commemoration of the 50th anniversary of that conflict. "They, better than most Americans, understand that 'freedom is not free,'" said retired Air Force Maj. Gen. Nels Running, director of the commemoration committee.

The phrase 'freedom is not free' is part of the Korean War Veterans Memorial in Washington that will be the focal point of ceremonies commemorating the start of the war. President Clinton will speak at the memorial June 25. Running stressed the ceremonies are not a celebration. "Commemorate really means remember," he said. "We're going to recognize, honor and remember the service provided during the Korean War."

At the end of World War II, the Soviets occupied Korea north of the 38th parallel, while the United States occupied the south. The Soviets installed a communist government in the north; on June 25, 1950, North Korea's army stormed the border and easily overran the South Korean army.

President Harry S. Truman at first limited U.S. participation to sea and air units, but soon was forced to call on U.S. Army ground units. By the armistice three years later, about 5.7 million American service members had served during the war. More than 33,667 U.S. service members died in battle with another 3,249 dying "of other causes."

The opening ceremony will set the stage for the rest of the commemoration, Running said. He expects up to 10,000 Korean War veterans and their families to attend. Former Ohio Sen. John Glenn, a Marine Corps veteran of the conflict, will represent all the veterans of the war. Defense Secretary William S. Cohen will also speak. South Korean Ambassador to the United States Hong-Koo Lee will represent his country at the commemoration, as will representatives from the 20 other U.N. countries that fought alongside U.S. forces. Getting the word out to Korean War veterans is a huge

job for Running's committee. There are 1.2 million Korean War veterans still alive and the committee wants to reach them all and let them know America appreciates their sacrifices.

"Many of these men and women served during World War II, so they were familiar with the service lapel pin given to veterans of that conflict," Running said. "Well, Korean War veterans never received that kind of recognition. We now have lapel pins for them to wear similar to the Ruptured Duck that World War II vets received."

Korean War veterans are also authorized to receive the Republic of Korea's Korean War Service medal. On Aug. 20, 1999, Defense Secretary William S. Cohen authorized Korean War veterans to receive this foreign award.

"We would like to give those medals to all 1.2 million veterans and the families of veterans who have died," Running said.

He said DoD is working out a certification process, and the Korean government is shipping an initial 150,000 of the medals to start the awards process. Distribution to

all eligible veterans is expected to take about four years, he said. Many Korean War veterans are familiar with the World War II commemoration.

Following the World War II commemoration committee's lead, Running's committee is trying to reach veterans in their hometowns.

His group is sponsoring Korean War Commemoration Communities, as the World War II committee did. To date, almost 2,000 communities have signed up to honor their veterans.

"This grass-roots support is what we need to reach the veterans," Running said. "You know, I walked into a local book store and asked the clerk for the books on the Korean War. There were books on the Civil War, books on World War II and Vietnam. There was one book on Korea."

"Many of the veterans of the war call it 'the Forgotten War,'" he continued. "We want to ensure these Americans to understand we honor their commitment to freedom and the sacrifices they made. That's what this commemoration is all about."





By Jim Gaines
MCCS Publicity

Great buys right now at MCX

The Exchange is featuring the latest in home and personal stereo systems all at bottom dollar prices: Walkmans, CD Walkmans, RCA MP3 (Personal Digital Players), CD Joggmans, Mini Stereo Systems from \$89.99, Home Theater Systems as low as \$399.99, RCA Web TV and much more.

The Father's Day Sale will end Sunday, June 18 - there's still time!!

Use your "Sand Dollars" and save even more on your purchases at the Exchange.

The Base Exchange/7-Day Store is open Monday through Saturday 8 a.m. to 9 p.m. and Sunday 10 a.m. to 6 p.m. Call 256-8974 for more information.

Lunch menu for this week

This week's lunch menu at the Family Restaurant & Cactus Cafe:

Today - Lasagna, vegetable, roll/butter.

Friday - Hoki fish vegetable, roll/butter.

Monday - Beef fajitas, vegetable, roll/butter.

Tuesday - Tuna loaf, vegetable roll/butter.

Wednesday - Ham & cheese strata, vegetable, roll/butter.

Thursday - Turkey Cassoulet, vegetable, roll/butter.

All above meals served with coffee, tea or soft drink.

Lunch is served Monday through Friday at the Family Restaurant from 10:30 a.m. to 12:30 p.m. Lunch is served Monday through Friday at the Cactus Cafe from 11:30 a.m. to 12 p.m. Price is \$3 military, \$4.50 civilian.

The Family Restaurant also offers an A La Carte as well as a Sub Sandwich menu for lunch.

The Cactus Cafe offers a limited A La Carte and Sub Sandwich Menu for lunch.

For more info call 577-6428 for both the Family Restaurant and the Cactus Cafe.

Family Night Dinner menu

Tonight - Ham Dinner!

Next week - Chicken Dinner!

All you can eat dinners are for in-restaurant consumption, not for take out.

Family Night dinners are served Thursday evenings from 4:30 p.m. to 7:30 p.m. at the Family Restaurant (Nebo).

Prices: \$4.50 adults, \$2.50 children

(5 to 11 years), children 4 years and under are free.

Father's Day Brunch this Sunday

Plan to attend the Father's Day Brunch at the Family Restaurant on Sunday, June 18.

The menu includes: Omelets cooked to order, scrambled eggs, sausage, baked ham, bacon, oven roasted potatoes, hash browns, roast beef, pancakes, french toast, vegetables, assorted beverages, seasonal fresh fruit and desserts.

The cost is \$6.95 adults, \$3.95 children five to 12 years, children four years and under are free.

Everyone welcome! Brunch will be served from 9 a.m. to 1 p.m.

Free swimming lessons for kids



Semper Fit's Water Safety Instructors (WSI) will be teaching free swimming classes for kids at the Oasis Club Pool.

These swimming classes are open to immediate family of active duty, retirees, and Oasis Club members only.

There will be five sessions throughout the summer. Each session is ten days (Monday through Friday) and will last approximately one half hour.

Semper Fit will conduct four levels of the American Red Cross Learn-to-Swim Program.

There are no prerequisites for Level I, however, if you feel your child is past Level I, there will be an assessment required in order to place your child in the appropriate level.

Course descriptions will be handed out when you register.

Minimum age requirement is 4 years of age.

Each student will be required to attend all classes and demonstrate minimum requirements to progress to the next level.

A maximum of ten students per class will be enforced for safety and individual attention.

Pre-registration is preferred by today for the first two sessions.

Assessments will be conducted on June 16 starting at 9 a.m. at the Oasis Club Pool.

The following is the schedule of sessions - all sessions are Monday through Friday.

Session I: June 19 - 30

Level I - 9:30 a.m. - 10 a.m.

Level I - 10:15 a.m. - 10:45 a.m.

Session II: July 5 - 18

Level III - 9:30 a.m. - 10 a.m.

Level IV - 10:15 a.m. - 10:45 a.m.

Session III: July 24 - August 4

Level I - 9:30 a.m. - 10 a.m.

Level II - 10:15 a.m. - 10:45 a.m.

Session IV: August 7 - 18

Level III - 9:30 a.m. - 10 a.m.

Level IV - 10:15 a.m. - 10:45 a.m.

Session V: August 21 - September 1

Levels to be determined.

For more information on these swimming classes contact Semper Fit, building 44 or call 577-6817/6971.

10K run, 1 mile Kid's run/walk and a 5K fun walk

On Saturday, June 24 these events will take place at Sorensen Field followed by snacks, booths, a dunk tank, a rock climbing wall and much more.

Everyone is invited! The Single Marine Program will be sponsoring their first Marine Corps Drug Awareness Campaign Against Illegal Drug Use.

This event is open to all employees aboard the base. There is no cost to enter.

No registration fee is required - register now at Semper Fit, building 44 or register on race day from 5:45 a.m. to 6:15 a.m.

T-Shirts given to first 75 who register. So, register as soon as possible.

The 10K Run age groups are:

13 to 17 18 to 24

25 to 30 31 to 35

36 to 40 40+

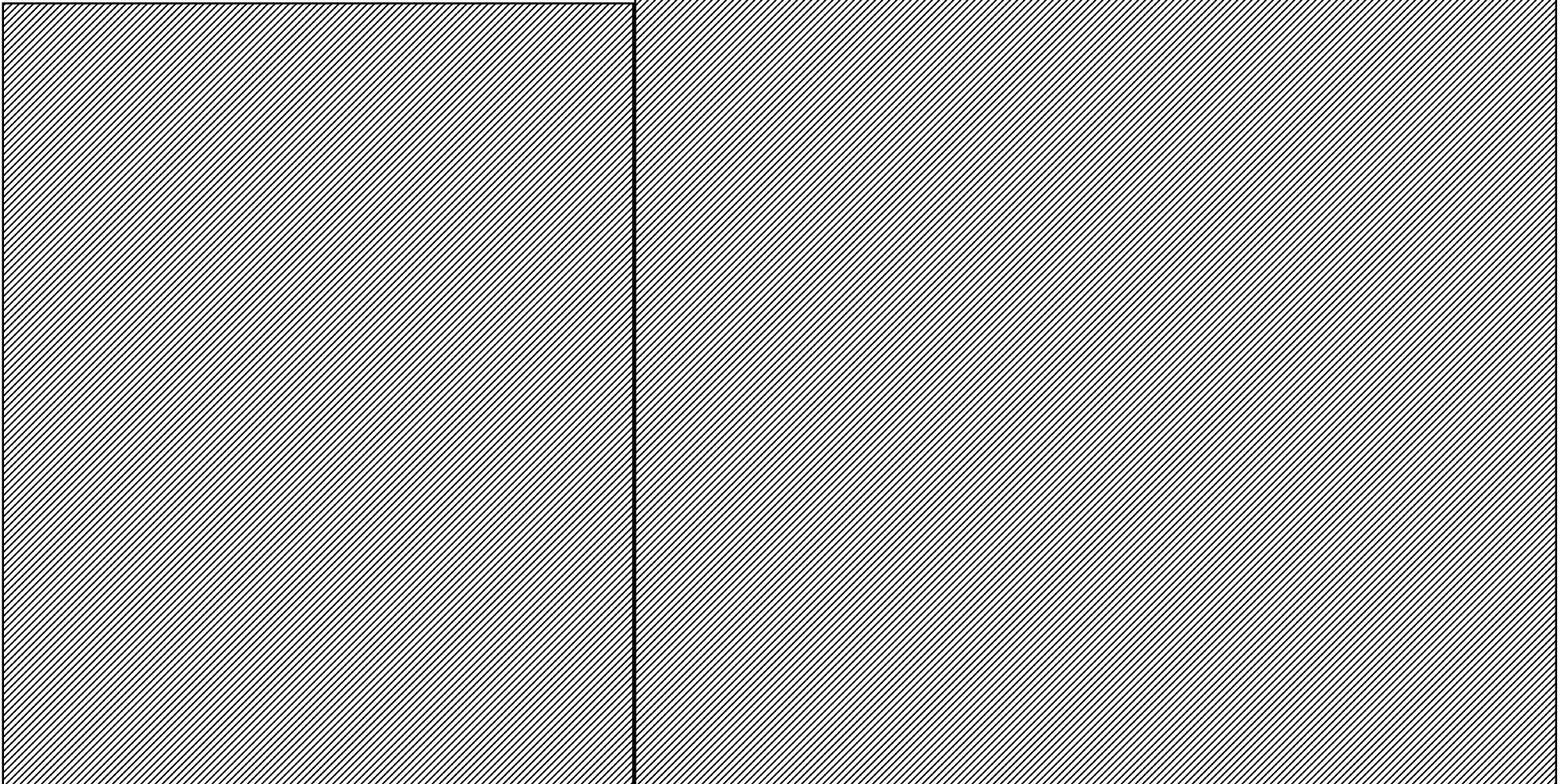
The Kids Walk/Run age groups are:

9 & under

10 to 12

The 10K Run begins at 6:30 a.m., the Kids Fun/Walk begins at 7 a.m. and the 5K Fun Walk begins at 7:30 a.m.

For more information come to Semper Fit, bldg 44 or call 577-6971.



Toner recycling program protects environment, saves \$

By Sgt. Mike McQuillan
BARSTOW LOG staff

A series of toner cartridge recycling programs has turned what was once a pollution problem into an environmental solution. In keeping with its mission, the base recycling office has served as a liaison for base personnel to help the waste-cutting endeavor. Growing technology allows processors to remove plastic and precious metals from the ink used in office printers and copiers.

"The cartridges we don't recycle are disposed of as hazardous waste," said Carmela Gonzalez, Environmental Protection Specialist. "Most of the companies will recycle their cartridges."

Laser jet printer manufacturers have raised the standards of good corporate citizenship by subscribing to this method. Hewlett Packard, for example, has diverted more than 18 million pounds of material from landfills since 1990 and converted the waste into reusable resources.

The base has stepped up its role in encouraging toner recycling by forming a collection point at Warehouse 401 at the Yermo Annex. Considering that toner is a hazardous waste and is not intended for normal trash, disposing of them can be a hassle, according to Gonzalez.

"They would have to call the hazardous waste handlers and arrange to have them disposed," said Gonzalez. "To me, it would be easier to tape it up and send it back in its box and send it to 401."

Recycling instructions and a postage label are usually included inside the toner cartridge package. To prevent spilling, cartridges must be wrapped in its original packaging and boxed. No more than eight cartridges may be shipped in one box, but base recycling can order as many boxes as necessary.

"We've always encouraged the individual to recycle," said Gonzalez. "Now we're more active in collecting the cartridges."

The recycling program not only helps the environment, but it also saves the base money.

"Right now, it's 18 cents a pound to dispose of it. It can add up," said Gonzalez. "In the past we had a company that was taking them. We had to pay a contractor to take it away. Now we send them back free of charge."

Hewlett Packard, a popular printer brand used on base, simplified its recycling instructions by outlining its HP Planet Partners program and distributing literature with recycling instructions.

"HP happened to send this out, but they're not the only ones," said Gonzalez.

"You'd be surprised at how many

printers we use," she continued. "Since nobody dictates what kind of printer we're going to have, it can be diverse. Some-

save through this initiative, according to Gonzalez, in uncertain.

"It's unknown because we have a lot

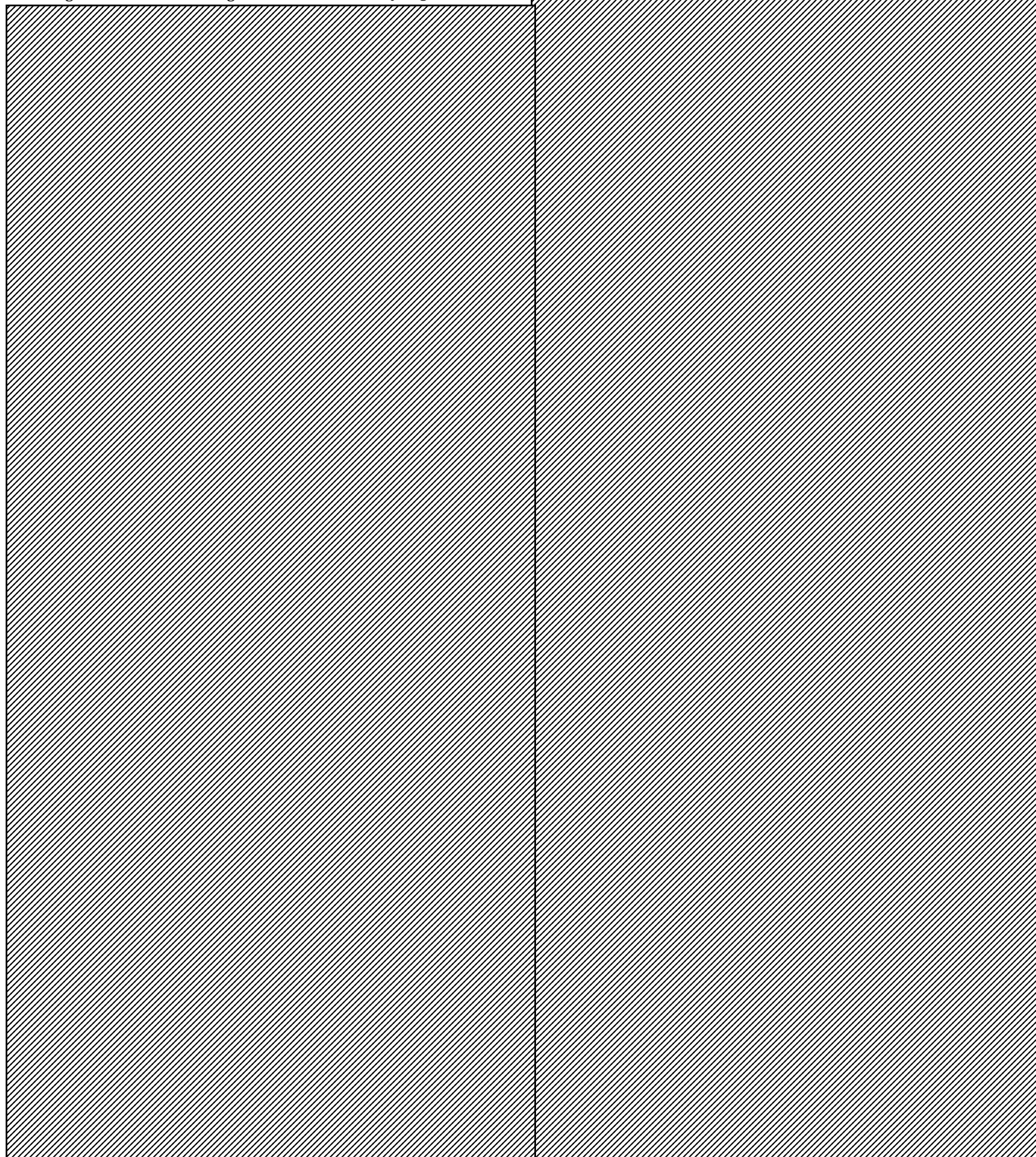
"The cartridges we don't recycle are disposed of as hazardous waste."

times the labels are hidden in the box. Sometimes they're in the manual. Most companies, though, will recycle the cartridges."

The figure on what the base might

of offenders throwing them in the trash," she said. "That can harm the environment."

For more information about recycling on base, call base recycling at 577-6006.



TRADER ADS: Please submit all Trader Ads to daileyb@barstow.usmc.mil by noon Friday.

1988 FORD BRONCO II: 4WD, Eddie Bauer interior, AM/FM cassette, A/C. In good condition. \$3,500 OBO. Call 957-1622.

1969 LINCOLN MARK III: Classic, no smog needed, needs head gasket, \$350. Or trade? Call 252-9199 Lv msg.

1995 FORD TAURUS: Moving to Japan, well maintained, 66k miles, 3.0 V-6. \$5,500. Call 252-1411 ask to speak with Chaplain Michener.

1985 NISSAN MAXIMA: Needs work \$500. Or OBO. Call relay first 888-877-5379 then 760 240-5101 Home.

MOBILE HOME: Large, 3-bedroom, 2 bath, 1440 square foot very affordable. A must see. Call Theresa at 252-7818 or Juan at 255-5436.

APPLIANCES: Refrigerator, 16 cubic foot. \$110; Dryer, electric \$35. Call 252-9199.

RIMS: Four aluminum Mustang rims, 4 lug \$100. Call 252-9199 Lv msg

MOVING SALE: Saturday, June 17, 7 a.m. to 2 p.m. Furniture, draperies, rods, exercise weights and bench, games, puzzles, clothing, lawnmower, toilets, lights, paint sprayer, misc. Spring Valley Lake, Victorville, 12942 Briarcliff x Kalen Ranch Road.

FUNITURE: Computer Desk with small hutch and shelves, 24" w X 55" h X 24" d. \$50. Call 255-4339 Leave message.

CRAFTSMAN ARM SAW: 10" radial w/stand. \$200. Also, full sized bed w/ box spring, mattress and headboard. Six months old, excellent condition, \$150. Call 256-2048 AWH.

WANTED: Winch for car trailer. Call 252-9199. Leave message.

FREE TO GOOD HOME: One-year-old pit bull/SharPei mix. Good Disposition. Come see at 1051 Deseret Ave, Apt 2.

FREE: New back seats for Nissan Xterra 2000. Call 252-5354

1994 NISSAN QUEST GXE: Maroon. Includes all the extras! Approximately 134K miles. Moving and would like to sell! \$7,000 OBO. Call 252-1337.

TRUCK BED LINER: Fits 1993 F-250 Long bed. Good Condition! Asking \$50 OBO. Call 252-1337.

GARAGE AND MOVING SALE: ONE day only! Lots of miscellaneous items! June 17th, 8am-???. Across from 1015 Cape Gloucester in garage area!

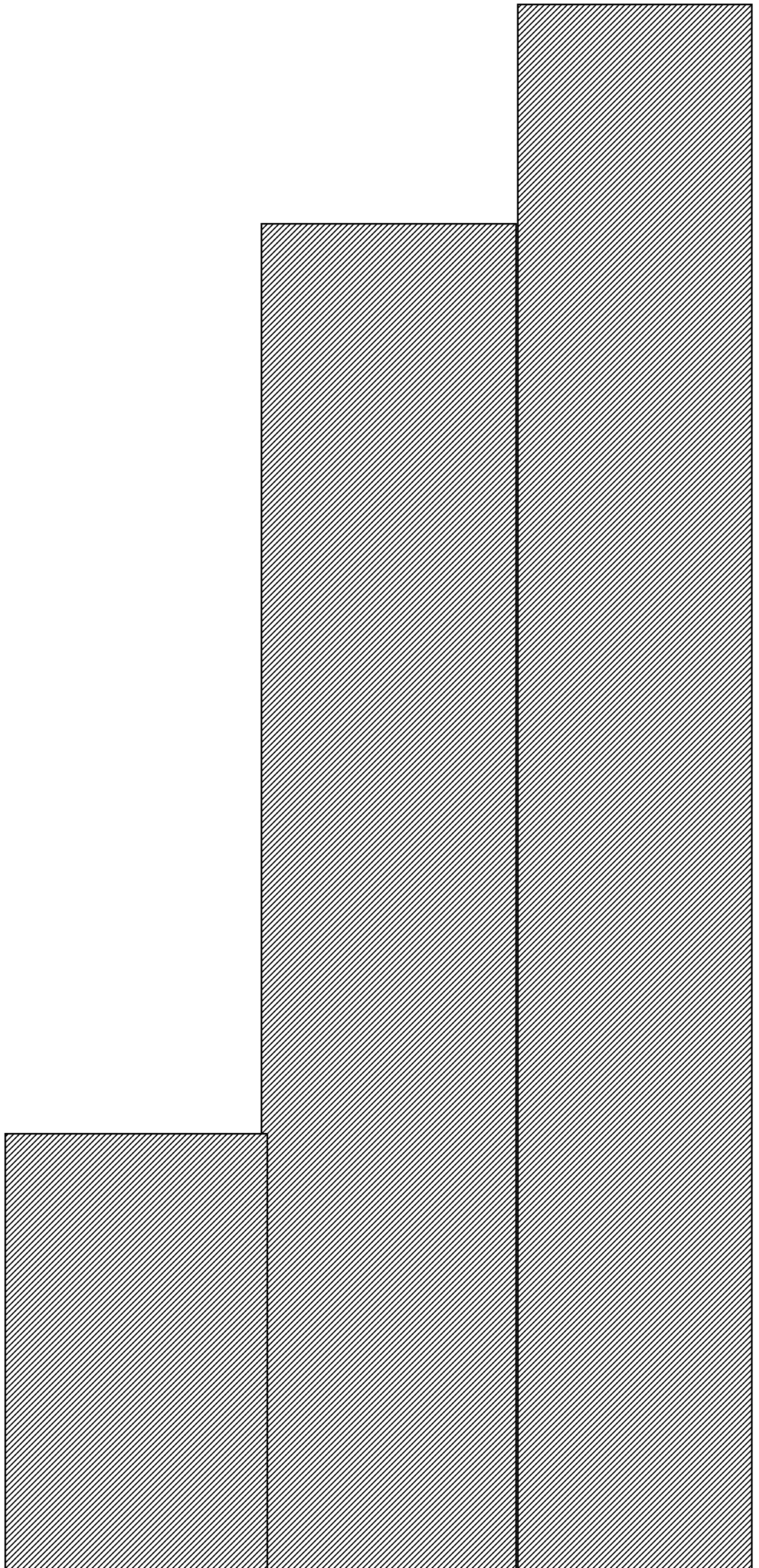
FISHING BOAT: 72 Glass par Double Hull, fiberglass. 14 ft, 75 HP Johnson Engine, tilt trailer, fish finder and trolling motor. \$1500. Call 253-1200.

YARD SALE: Multi-family yard sale June 17 from 8:00 a.m. - 3:00 p.m., at 1608 A Tulagi Street, oak dining table, bread machine, blender, metal shelves, filing cabinet, other miscellaneous items.

MISC: Electric dryer, double bed, movie stand, dining table w/ two chairs, infant open tow swing and walker. All priced very low! Call 252-4728.

THANK YOU: Thank you very much for you generous donations of leave which enabled me to take care of Ed (Ski) during the last few months of his life. It is a time I will cherish forever and I could not have done it without you. May God Bless you all. Agnes Bialkowski.

THANK YOU: My family and I would like to thank everyone for the flowers, cards, monetary donations, food and support that was provided to us during the passing of Ed (Ski) it meant so very much to us. God Bless you all. Agnes Bialkowski.



Alcohol abuse affects DoD readiness, morale

By Kathleen Rhem
American Forces Press Service

WASHINGTON, June 6, 2000 — Twenty-one percent of service members admit to drinking heavily — a statistic the military hasn't managed to lower in 20 years — but service officials are determined to change that.

"If you look at heavy use of alcohol, drinking a lot in a short span of time, we tend to have a higher prevalence than the civilian community," said Lt. Col. Wayne Talcott, an Air Force psychologist. Young military people between 18 and 25 also tend to do more heavy drinking than their civilian peers, he noted.

Speaking only in terms of medical care and lost time at work, alcohol abuse costs DoD more than \$600 million each year, said Navy Capt. Robert Murphy, a medical corps officer. DoD spends another \$132 million a year to care for babies with fetal alcohol syndrome — sometimes-serious health problems related to their mothers' heavy drinking.

Talcott and Murphy co-chair the relatively new DoD Alcohol Abuse and Tobacco Use Reduction Committee. Their goal is to reduce the prevalence of heavy drinking within the military by 5 percent a year by changing DoD officials' focus on alcohol abuse from treatment to prevention.

"We have very good treatment programs, but they're very expensive and don't reach a lot of people," Murphy said.

"We're focusing on prevention. We're certainly not opposed to alcohol use, but we are trying to reduce the prevalence of alcohol abuse."

"We're trying to prevent people from having to see a specialist," Talcott said. "If you want to decrease prevalence, you need to have policies and programs in place across the spectrum to discourage heavy drinking."

As some colleges do with their students, Talcott said, the committee wants to help service members understand the liabilities associated with heavy drinking. "We want to help them understand if you drink this much and you drive you're going to be under the influence, or at this level you're impaired," he said.

The committee also aims to better track alcohol-related adverse events, such as incidences of driving under the influence, suicides, crimes and domestic violence, Murphy said. He explained there's no centralized DoD tracking system, though the services collect data that can be collated into DoD-wide figures.

Recent civilian studies have turned up some frightening statistics, Murphy said. Thirty-one percent of all occupational injuries are alcohol-related, as are 23 percent of suicides and 32 percent of homicides.

Talcott said senior officials have likened DoD's new approach to preventive maintenance. "You maintain a jet engine so it doesn't fall out of the sky," he said. "We need to begin to

look at where there are risks to the human weapon system and how we can build a system that protects our people."

This is very different from previous approaches, he said.

"You typically have program offices that largely are designed to treat people with alcohol problems," Talcott explained. "Rather than waiting for people to develop severe problems, we want to build into the sys-

tem ways to get the right messages to help our young people make better decisions about their drinking behavior.

"It's not the use, it's alcohol abuse that gets people into trouble," he said.

