

BARSTOW LOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 39

Marine Corps Logistics Base Barstow, California

August 10, 2000

MCX policies

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<http://www.usmc.mil>



<http://www.bam.usmc.mil>

Consolidated hazmat facility opens

By Cpl. Brian Davidson
BARSTOW LOG staff

In keeping with the higher level of innovation expected of a Marine Corps Reinvention Lab, MCLB Barstow has enacted stricter and more beneficial controls on its hazardous materials by

creating a centralized storage facility.

A ribbon cutting ceremony for the new hazardous material storage facility at Building 635 took place Thursday morning, signaling a new era in hazardous materials control for the base.

Hazardous material is any material

that occupational health officials determine may be harmful if misused. Examples are glue, paint, cleaning liquids, antifreeze solvents and petroleum distillates.

Before creating the storage facility, hazardous material was obtained, stored and disposed of by the various

sections that use the materials in accomplishing their mission.

Now, new methods of tracking hazardous materials from receipt to disposal are being put into effect. The end goal is reducing the total volume and waste of the materials and tracking them through a database that provides easy access to regulatory reporting requirements needed to ensure compliance by the base's Environmental Division.

Colonel Mark A. Costa, base commander, noted that by tracking the materials "from the cradle to the grave" a new standard for efficiency can be expected.

"We're expecting an annual savings of \$2 million to result from the consolidation," said Jack Stormo, Supervisory Environmental Engineer.

Ten of the people who work at the new facility provide supply chain management for the materials, while four environmental division employees ensure regulatory compliance with environmental standards and administer the overall program, limiting the number of people who come into contact with stores of hazardous materials.

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Photo by Cpl. Brian Davidson

Opening the Hazardous Material Management Consolidation Center are (Left to Right) Dwayne Sandbo, Myron Hailey, Fred Haskin, Base Commander Col. Mark A. Costa and Maj. Domingo Salazar, Fleet Support Division director.

Recycling: don't be a dirty bug ... think clean

By LCpl. Cory Kelly
BARSTOW LOG staff

Base officials in the environmental office as well as other offices on base work hard to find ways to re-use, recycle and deter all sorts of materials from piling up in landfills.

A lot of what the base does falls under what the society of recycling enthusiasts in the environmental office and around the world call 'P2' projects. P2 simply stands for Pollution Prevention.

According to Dave Tousseau, base pollution prevention officer, one of the P2 projects the base is running has diverted more than 23 tons of food waste from the landfill since it began April 1999. It might not sound like much but the actual figure averages out to 2,959 pounds of just 'table scraps' every month.

Those table scraps, collected from the hot meals served to Army troops who train in Barstow, are donated to a local farmer who feeds them to his pigs.

On a similar P2 project, the base stables sends horse manure to Staggs Worm Farm in Yermo. In

the past, the base was having trouble disposing of the manure, but with this mutual benefit landfill diversion program the base diverted 19.34 tons of raw waste on the first load alone.

With another project, the Maintenance Center Barstow and the environmental office helps keep kids in an Oregon school warm during the winter months. Taking diesel fuel from the vehicles sent to the center for repair and occasionally shipping it to an Oregon schoolhouse, the base greatly reduces the amount of hazardous materials to be disposed of, Tousseau said.

A more cost efficient project that will allow the base to re-use the diesel fuel in vehicles after they have been repaired is expected to replace the 'heat the school' project.

"Instead of paying to have the fuel shipped up North, and then going back and buying more diesel fuel to replace the stuff we had to take out before repair, we will have the old fuel cleaned and refined so we can just re-use it," Tousseau said. "That way the

See CLEAN Page 4

Credit union closing doors

By Maj. Brian T. Ballard
Director, Marine Corps
Community Services

The Nebo Branch of the Marine Corps West Federal Credit Union here is closing at 1 p.m. Aug. 28.

To accommodate the needs of MCWFCU members, the Barstow Office located at 170 North Yucca Avenue is expanding operating hours Thursday and Friday from 10 a.m. to 6 p.m. beginning Sept. 14.

The MCWFCU is closing the Nebo Office because of financial and operational concerns. However, the Automated Teller Machine will remain at its current location

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THE COMMANDER'S FORUM

The "Commander's Forum" is a tool of the Base Commander to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call the hotline at 577-6535 or send your concerns via e-mail to SMB Barstow Commanders Forum.

Clearing the air on Marine Corps exchange policies

Hi, I'm calling in regards to the gas station and the answer that was given to the retired person that put it in. It is common knowledge aboard this base that everybody with a sticker can get gas there. Who is bull the old man? I think this PX officer should be investigated - the whole PX. People in the PX have told me that anyone can get there that has a base sticker.

Also, speaking of investigating that place, they do not pay state taxes, why is gas so high and why are cigarettes so high? I know cigarettes are not good for you, but there are retired people that's the only enjoyment they have. He can buy cigarettes at the Indian Reservation for \$12.00 and \$13.00 a carton not \$25.00 like this PX, whom we have been told goes by what Irwin tells them to. We know that for a fact but

I am not going to release any names as to who put it out.

Thank you. Thank you for your interest, Your questions give me an opportunity to explain the situation.

For everyone's knowledge, the Marine Corps Exchange (MCX) Gas Station is required by Headquarters, Marine Corps to pay all Federal and state taxes on gasoline.

Also, Headquarters, Marine Corps (MR) negotiates and sets the purchase price for gasoline throughout all of the MCXs. Each MCX sets their own sell price based on an annual business plan designed to make a profit; however, we can not sell gas lower than five percent below the lowest price in town. (This is the reason why gas prices in town are sometimes lower than on base

and other times our prices are a few cents lower than out in town) I have set the policy here at MCLB Barstow that was discussed in the previously mentioned Commander's Forum; all authorized patrons and any person who needs gas to get home or for directed travel related duty will be allowed to use the MCX Gas Station. This is regularly audited to guard against abuse.

Your information about cigarettes and taxes was not entirely correct.

The MCX is required to pay Federal taxes on all tobacco products and the Department of Defense has required all services not to sell tobacco products lower than five percent below the lowest price in town. Indian Reservations can sell cigarettes lower than the MCX because they do not pay any taxes on their products. Each MCX sets their own selling price based on an annual

business plan. Fort Irwin/Army Air Force Exchange Service (AAFES) does not dictate any prices to our MCX and in fact, charges more on average for their cigarettes than we do.

Independent investigators from MCCS higher headquarters and other departments regularly audit the Marine Corps exchange; the most recent concluded June 22 by a team auditing retail operations. To date, there has been absolutely no indication of any need for any personnel or MCCS Barstow departments to undergo further investigative scrutiny.

The MCX at MCLB, Barstow continues to provide high quality merchandise at very reasonable prices, while at the same time trying to pass along some savings to our patrons.

I appreciate your concern in these matters and the opportunity to explain these operations.

You must endure to prevail

By Cdr. William R. Clough
Chaplain, Recruit Training Regiment
MCRD San Diego

When they were on the march they blanketed the hills as far as the eye could see, creeping like a thorny, gold, dusty slug.

The armies of Babylon crawled across the land toward Jerusalem destroying everything in their path. The difference between the destruction of Jerusalem in 597 B.C. and the destruction of Hiroshima, Japan, in 1945 was the amount of time it took.

In the case of the bomb it took a second, in the case of Jerusalem, it took five months. When the Babylonians broke through the city walls they burned or stole everything, wading through blood, slipping on the dead and dying as they went about their business.

King Zedekiah of Judah was captured and brought to King Nebuchadnezzar of Babylon. Nebuchadnezzar had Zedekiah's children hacked to death. It was the last sight he saw before his eyes were gouged out. The cream of the population of Judah was then taken prisoner. It was a standard punishment for rebellion in those days.

The fall of Jerusalem and the exile were the worst disasters to befall ancient Israel. Yet out of them came some of the most valuable legacies of all time. It was during the exile that the prophets spoke and the Old Testament was born. Disaster strengthened and deepened faith in a way that prosperity had

never done.

Vice Admiral James Stockdale, recalling his years as a [prisoner of war], wrote that he came to believe that the soul, when subjected to pressure can "undergo ... a metamorphosis of the spirit in which the ordinary stuff of humanity could turn into something precious."

POWs have experienced the pressure of the soul that can forge diamonds of spirit in the shock and outrage of enforced helplessness, loss of identity, being made to do things you do not want to do, knowing that things will get worse before they get better, and, perhaps worst of all, not knowing how much worse they will get or how long they will last.

In that crucible of the soul, many POWs come to value again their religious training which deals, after all, with questions of ultimate meaning and survival. Most people lose their religious faith, not because it's tested, but because it isn't and they can afford the luxury of skepticism or atheism.

Perhaps the most famous of VAdm. Stockdale's writings is "The World of Epictetus." Epictetus was a stoic philosopher, reported to have been a crippled slave, who wrote "The Manual." His most famous observation is, "It is not things that disturb us, but the view we take of them." He also said, "Ask not that events should happen as you will, but will that events should happen as they do, and you shall have peace." and, my own personal favorite, "If God does not will it, I do not want it."

In this month when we remember POWs and MIAs, perhaps the best example of a spiritual gem was the inscription scratched on the wall of a Nazi concentration camp: "I believe in the sun, even when it is not shining. I believe in love, even when not feeling it. I believe in God, even when He seems silent."

Just doing my job ...



Photo by LCpl. Cory Kelly

Not all jobs are glamorous, but they must still be done. LCpl. Derrick D. Christoff, stablehand, mucks out a stall at the Base Stables.

This sort of makes one stop to wonder about who is actually smarter, humans or animals? Ever seen a horse - or any other animal for that matter - clean a bathroom or vacuum a carpet?

Chapel Hours

Protestant Sun. 8:30 a.m.
Catholic Mass Sun. 10:30 a.m.

Confession services
before Mass

Yermo Bible Study

Wednesday 11 - 11:30 a.m.
At the Colonel's Workshop

For more info call
Don Brooks at 577-7165.



Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer

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NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to daileyb@barstow.usmc.mil.

Street Fair

The 2000 Route 66 Street Fair continues until August 29. Tuesday's theme is 50's Night featuring a car show and a band playing tunes from that magical era.

The fair is in Old Town Barstow, between Barstow Road and Second Avenue from 6-10 p.m.

Craft and produce vendors are scheduled. There's a bounce house, a swing ride, a kiddie train and pony rides for children, in addition to carnival games and a rock-climbing wall.

For more info call Susan Sorensen, Barstow Chamber of Commerce, 256-8617.

HRSC SW e-mail

Employees may communicate with the Human Resources Service Center Southwest Benefits and Performance Division through e-mail.

Direct inquiries and requests for forms or information to benefits@sw.hroc.navy.mil. This provides another mechanism for employees to communicate their benefits needs and concerns at a time that is convenient for them. The Benefits Line is staffed Monday through Wednesday and Friday from 8 a.m. to 4 p.m. and Thursday from 8 a.m. until 3 p.m.

Voice mail messaging is available after hours.

The Benefits phone number is (619) 615-5554, DSN 245, or call toll free 1-800-831-0622 ext. 5554.

Kids Care Fair

The Barstow Community Hospital is conducting the fourth Kids Care fair for the Barstow Area. It will be at the Barstow Mall, August 26, from 9 a.m. to 1 p.m.

Kids Care fair provides a wide variety of free immunizations for infants and children to protect against diseases

including diphtheria, tetanus, pertussis, polio, meningitis, Hepatitis A and B, measles, mumps and rubella. The free immunizations, provided by San Bernardino County Department of Public Health, will be administered to children from two months old to teens 18 years of age. Parents should bring shot records if they have them; professional screeners will be on hand to identify needed shots.

Additionally, free screenings for height/weight, blood pressure, vision, dental, oxygen level, scoliosis and nutrition are available. Staff will record the screening results for examination by a health care professional who will then provide the parents with a referral for a follow-up if the results fall out of the normal range.

For more info call John Rader, Barstow Community Hospital, at 957-3340 or 256-1761.

Toll-free pay info service

An expanded, automated toll-free pay information service is available for Marines at 1-800-594-8302 or DSN 465-1415. Pay line information is available for Direct Deposit amounts, current allotments, safekeeping bonds, leave balances, and reserve Servicemember's Group Life Insurance deductions.

If a personal identification number has been established on the old toll-free pay information service, that PIN may continue to be used on the new number. However, secondary user PINs will no longer be supported.

The new transaction PIN that was recently received via mail for the Employee/Member Self Service system will not automatically work for the toll-free pay information services. However, the PINs for each system may be customized so they are the same.

101 things you should never ask a Marine to do

By E. Temple



Never ask a Marine to go on a bike hike.

Contact the centralized customer support office at 1-800-390-2348 to obtain a new PIN for either the toll-free service or the E/MSS system or any other PIN-related questions. The new toll-free service is not operator assisted so Marines reporting missing allotment checks or electronic fund transfer items must call (816) 926-2432/7011, DSN 465-2432/7011, for personal service.

[@aol.com](mailto:mcma@aol.com) or write to:
MCMA Inc.
PO. Box 1314
Delran, NJ 08075-0142
Also, don't forget the annual Mustang Muster at Atlantic City, N.J., from September 28 through October 1.

New Parent Support Program

Playmorning is Monday from 10-11:30 a.m. at the McKinney Center. All parents with children under age six are welcome to attend. For more info call Sandra Casey at 380-4021 or 256-5751.

Mavericks Baseball

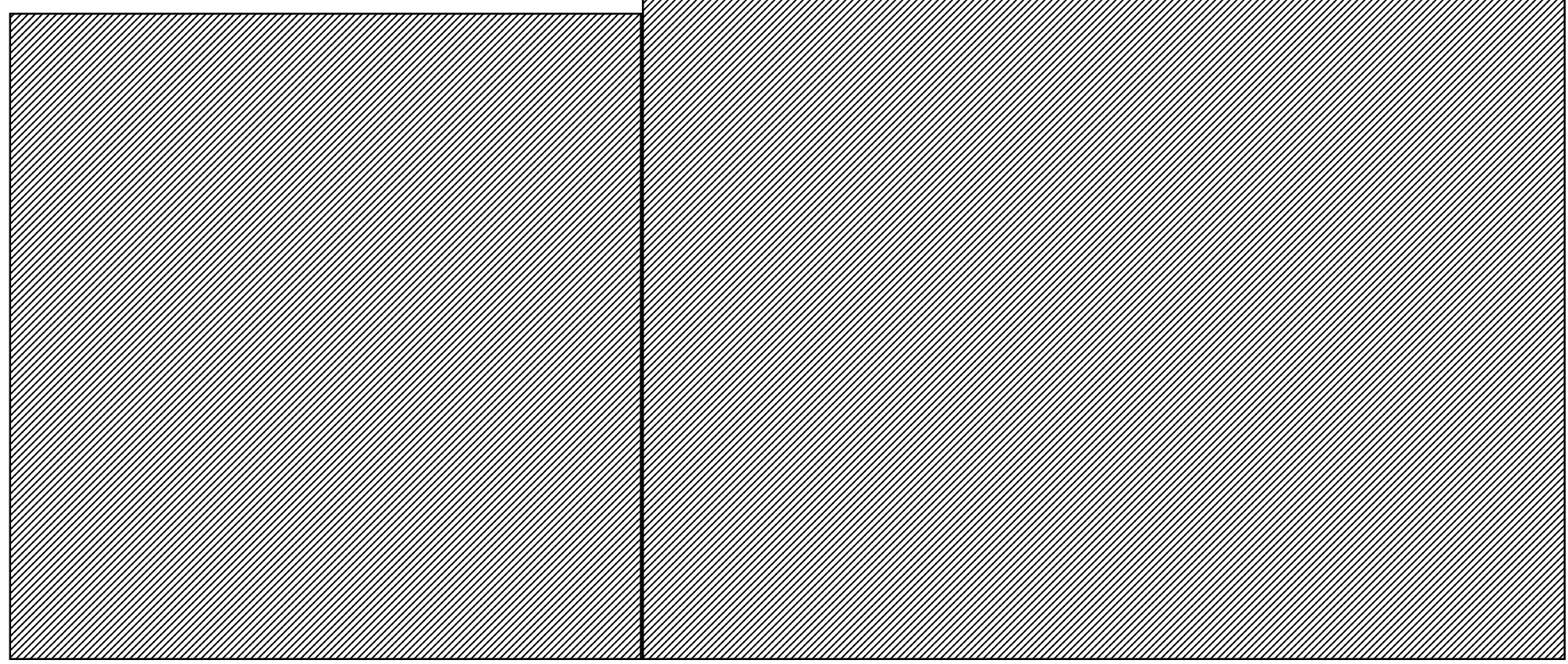
The Civilian Welfare Recreation Association is sponsoring a trip to see the Mavericks take on the Lancaster Jethawks August 26 at 7 p.m.

The \$10 ticket includes the entrance fee, and a hot sandwich with chips, beans and a cold drink.

There is an additional cost for transportation.

Call Dan Keirn at 577-6614 for more info or contact one of CWRA members for tickets:

Name	Phone
Frederico Molino	577-7210
Barbara Kent	577-7600
Vince Chavez	577-7075
Bruce Rowe	577-7207
Dan Keirn	577-6614
Barbara Kulseth	577-6771
Cliff Acles	577-6092
Ed Guz	577-6183
Wrayanne Huddleston	577-6714
Tangia Joseph	577-7230
Erneat Hawkins	577-7046
Richard Tusing	577-6492
Ed Fry	577-6940



HAZMAT from Page 1

One of the major concerns that arises when many people can easily come in contact with stores of hazardous material is safety, according to Fred Haskin, a material handler at the new facility.

"If a spill should occur it would affect a greater number of people and that's more likely to happen when more than a specific group of people are around the materials and handling them," said Haskin.

Before creating the consolidated facility, customers like the Transportation Management Division and the Final Paint Shop at the Support Busi-

ness Center stored and managed their own hazardous materials under the supervision of the Environmental Division similar to the system in use at MCLB Albany.

In addition to keeping a better handle on the hazardous materials, replacing some of chemicals with more environmentally friendly products is also an expected outcome.

"One of the benefits of having a centralized database of the materials we use is that we can seek out products that are less harmful to the environment," said Stormo.

Consolidating the base's hazardous material stores is imperative, according to Wayland Fairchild, supply main-

tenance officer.

"Each base has to have a consolidated place for all hazardous materials. If you control it then you reduce waste," remarked Fairchild.

"The new facility was originally constructed as one of the bases 35 storage units for hazardous materials five years ago," said Stormo.

Since then, it has been converted into an environmentally compliant Hazardous Material Management Storage facility to aid the base's effort to reduce the volume of its hazardous waste, isolate the materials in the event of a natural disaster and to improve the safeguards preventing hazardous materials misuse.

CLEAN from Page 1

government isn't buying the fuel twice over."

Another program the base has put into effect is the shop towel program. Instead of using rags and throwing them away, the base works with a contractor who keeps a steady flow of clean and dirty 'red' rags running from the base to the washing machine and back.

"Before we came up with the program, people were using old shirts and paper towels ... almost anything for rags. They would get oil or something on them, and they would have to be collected and discarded as hazardous materials," Tousseau said. "Now a contractor comes in, picks up the dirty rags and gives us clean ones. It works out pretty well."

These few projects are just the tail end of many things the base is doing in an effort to help keep the environment clean, according to Tousseau. But just because the base is looking and finding more innovative ways to keep our waste output and cost levels down, doesn't mean the mission is being accomplished as well as it could be, Carmela Gonzalez, base recycling program manager, said.

"There are still a lot of things that aren't being done," she said, "... and there are a lot of things happening that aren't helping the process."

The current base recycling program uses the concept of 'source separation'

which is basically recyclable materials separated at the source. In many areas here are bins labeled cardboard, plastic, paper, etc. strategically placed so employees can sort the materials before they reach the recycling center.

Although in theory this seems to be a cost and time effective idea, Gonzalez said it doesn't quite work that way.

"Hours upon hours each week are lost because people don't sort the materials properly and put them into the right bins," Gonzalez said. "We'll have pop cans in the paper bins and packing foam in the plastic bins ... all kinds of different stuff."

"Right now the center is extremely understaffed. We only have three workers who run the whole show. And a majority of their time is spent sorting through the 'recyclables' to pick out common sense stuff like dirty tissue paper, soiled food wrappers and gum."

Gonzalez said, "It's a shame we have to deal with stuff like this. Because if people would all just put in a little bit more effort ... we would be able to perform the job much better. Not to mention, we'd have more time to work on other projects like our pallet re-use program."

With that being said, the story comes 'round full circle.

"We can only do so much, after that ... it's up to the individual to get involved," Gonzalez said. "We all need to participate!"

Job Watch

<u>Ann No.</u>	<u>Title/Series/Grade</u>	<u>Open</u>	<u>Close</u>	<u>1st Cutoff</u>	<u>Location</u>
DEA-366-00	Livestock Rancher/Wrangler WL-5035-08	07-27-00	08-24-00	08-10-00	MCLB Barstow

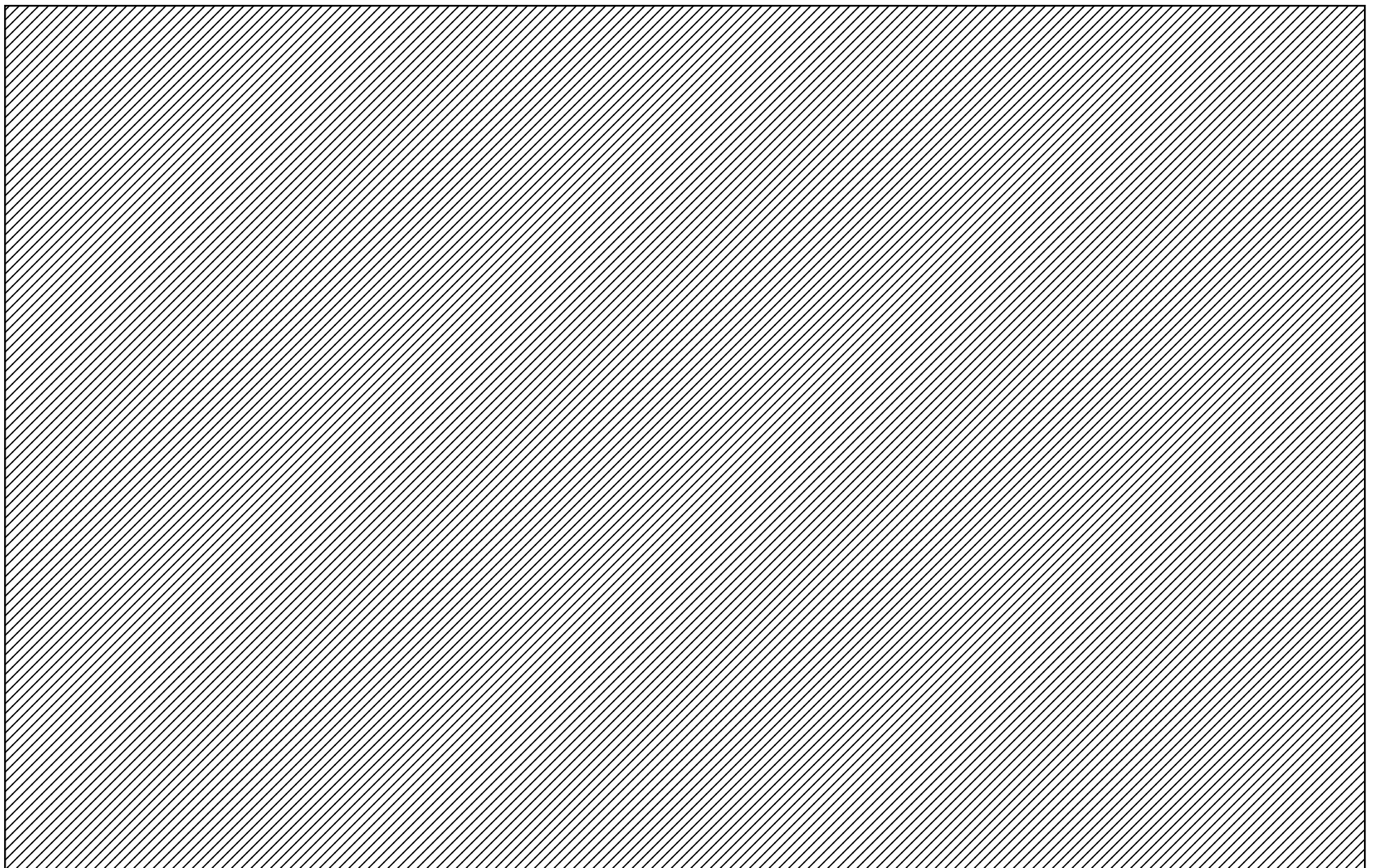
Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

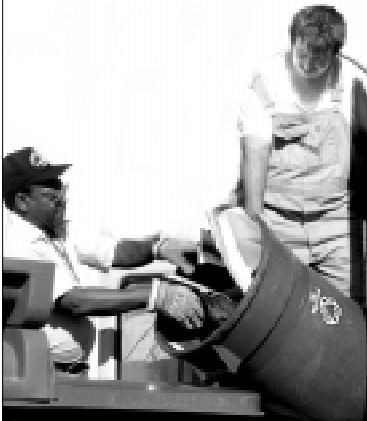
If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.



Tips

what goes in the bin, and what goes out with the trash



Shredded paper must be tied tightly in a plastic bag. However, the high security cross cut shredded paper (cross cut paper to the point where it destroys the fibers) cannot be reused.

Popcorn packing materials can be reused as well, although preformed foam (the stuff that most electronic equipment is packaged in boxes with) cannot.

Binders cannot be recycled or reused, but hard cover books can – as long as the book's cover is torn off.

Cellophane wrappers (usually found on candy or compact discs upon purchase) and shrink-wrap are prime candidates for the landfill, not the recycling center.

Illustration by Cpl. Brian Davidson

MCLB employees learn basics about CPR, first aid

By Cpl. Brian Davidson
BARSTOW LOG staff

"Didn't he say you had to push five times and breathe twice when you're alone," asked Karen, staring at her notes, sifting through eight hours of classroom instruction.

"No, it's five chest thrusts to one breath if you have help, but it's 15 thrusts and two breaths if you're by yourself," Suzy recalled.

Karen Donovan and Suzy Knutson were just two base employees who took part in one of two, free basic CPR and first aid courses sponsored by the base fire department July 31 and August 1.

Even kids know that CPR saves lives. Many of them have seen it enacted on popular television shows, and while they may not know that CPR is short for cardiopulmonary resuscitation they know you blow into a victim's mouth and push down on their chest.

Base employees indulged the opportunity to learn exactly where to push and how to breathe from the subject matter experts.

"This is training that could really come in handy," said Cheryl Mitchell, Fleet Support Center quality control technician. "You never know when you might need it, but you don't ever want to have to use it on a loved one. You always hope it's someone else."



Photo by Cpl. Brian Davidson

John Timmons fine tunes his CPR technique with assistance from Steve Mathos, course instructor.

The call to action to save another person's life is not a responsibility one can easily shed, according to Steve Mathos, base firefighter and class instructor.

"Having the knowledge and knowing how to use it could save a life. That's why we're here," said Mathos, "To teach people how."

Two sessions of training were conducted to allow more people to attend. Attendees at the day-long training sessions not only learned CPR and basic first aid, but also about the risks often encountered when helping someone in need.

"When you respond to a scene to help someone who is injured or in need of your assistance there are certain precautions that you have to take to protect them and to protect yourself," said Bob Springer, base firefighter. "You can't just jump right in. If you respond to a car accident, and you see someone

lying on the ground, in a pool of blood and you kneel down to help them; you could be kneeling in glass and exposing yourself to disease."

"There are a lot of precautions you have to take to protect yourself that are just as important as helping someone," said Mitchell.

While the training was a first for most in attendance, it also proved to be an eye-opening refresher. An American Red Cross CPR certification is valid for one year while the American Heart Association places a two-year validation on its Adult CPR and first aid card. Trends in medical treatment change, so frequent refreshers are needed to disseminate the latest information.

The fire department offers the course based on when enough people are interested. Employees who missed the class this time can look forward to attending similar training in the future.

READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow

BATTALION BRIEFS

Meritorious boards

The Meritorious Lance Corporal and Corporal boards convene August 29. Nominations must be in the Adjutant's office by August 25.

Rifle range

There are only two rifle ranges left in this Fiscal year. Be sure your Marines are qualified. If not, then they need to be on one of these ranges. Call 577-6502 and get them scheduled today.

Troop Appreciation Night

Don't forget. Troop Appreciation Night is August 16 at the Enlisted Club. Pool and spades tournaments are scheduled as well as good music and fun for all.

Show how much you appreciate your troops. Bring them to the Troop Appreciation Night.

Fair winds and following seas



Photo by LCpl. Cory Kelly

Theresa Cooley watches the expression of her husband, GySgt. David A. Cooley, as Col. Mark A. Costa, base commander, presents her with a bouquet of flowers. Cooley retired Wednesday morning after devoting 20 years to the Marine Corps. He plans to move back to Prineville, Oregon, and continue his own business as a craftsman.

Defense officials announce plan to replace food stamps

By SSgt. Kathleen A. Rhem, US Army

American Forces Press Service

WASHINGTON – Service members who qualify for food stamps – and some who don't – may soon get debit cards to use in commissaries, DoD officials announced July 28.

Defense Secretary William S. Cohen told reporters at the Pentagon that the DoD-issued cards would be credited with a fixed monthly value based on the user's rank and family size. The new plan would be optional for members and cost the department \$31.5 million per year. Members can't participate in both programs.

Cohen called the cards necessary because Agriculture Department food stamp rules create an inequity between service members who live on base and those who live off. Under current food stamp eligibility guidelines, the value of base family housing isn't counted as income, but housing allowances for those who live off base are. All other things being equal, then, families living on base appear to be more needy than those living off base.

The debit cards would end the inequity by not counting housing allowances as income, DoD officials said. This probably means more service members would receive cards than currently receive food stamps – but it's fair, they said.

Cohen also said the proposed debit card program would be more convenient because it would be administered by installations and members wouldn't have to travel to state food stamp offices. The cards would give members up to 30 percent more buying power because of commissaries' lower prices, he suggested.

Officials are adding provisions for cash allowances for remotely located service members who do not have ready access to a commissary.

Defense officials have said a cash allowance to members who qualify for food stamps wouldn't work because that could create situations where lower-ranking individuals are paid more than their superiors.

"We tried also to take into account that our pay scales depend upon rank, responsibility (and) years of service, and we want to keep that basic core of our compensation schedules. This allows the military to have control (of the pay scales) and address the needs of families who need assistance," Cohen said of the card proposal.

The plan needs congressional approval. Cohen said the idea already has support from members of the House and Senate armed services committees.

Navy Capt. Elliott Bloxom, DoD's director of compensation, said the plan will likely be covered in the fiscal 2002 budget request and take effect Oct. 1, 2001.

See STAMPS Page 12

SALUTES

Promotions

The following Marines were promoted to their listed rank on August 1 unless otherwise noted:

- Capt. Robert M. Sanchez
- CWO3 Francis P. Babeu
- Sgt. Jeremy S. Webb (Meritorious – August 2)
- Sgt. Morad S. Alkarsh
- Sgt. Eric C. Behar
- LCpl. Brandin D. Mosley
- LCpl. Jeremy T. Palu
- LCpl. Ernest Jones
- LCpl. John L. Harrison

Awards

Navy Achievement Medal

LCpl. James S. Rogers

Letter of Appreciation

SSgt. Peter S. Holm
Sgt. Danny G. Mulkey

RETIRED

GySgt. David A. Cooley

CAREER PLANNER'S GOUGE

Marine Recon hopefuls

Ready to take a challenge that really sets you apart? Second Force Reconnaissance Company is conducting an eligibility screening. The screening consists of a Marine Corps Physical Fitness Test and a swim test.

MSG Screening

The Marine Security Guard Screening Team will be at MCAGCC Twentynine Palms, Calif., August 18.

Direct Commissioning Boards

Enlisted Marines take note: the Direct Commissioning Board is now accepting applications for the Enlisted Commissioning Program, the Meritorious Commissioning Program, and the Warrant Officer program.

The DCP is a standing board. Applications are processed and sent to the board as they are completed. The eligibility criteria and application guidelines are contained in MCO 1040R.10J which governs the Selected Marine Corps Reserve Direct Commissioning Program. Refer to MARADMIN 361/00 for more info.

Anyone interested in the above programs contact SSgt. Christian D. Galbraith, Career Planner, at 577-6684.

REENLISTED

The following Marines recently reenlisted in the Marine Corps:

- | | |
|--------------------------------|---------|
| SSgt. Gregory S. Duplechain | 4 Years |
| SSgt. Jimmy W. Hill | 3 Years |
| SSgt. James M. Quinlan | 2 Years |
| Sgt. Joseph Figueroa | 4 Years |
| Sgt. Fabian Garcia | 3 Years |
| Cpl. Walter R. Olenderski, Jr. | 4 Years |

Base hikers conquer Mount Whitney

By GySgt. Frank Patterson
Public Affairs Chief

It wasn't your average weekend stroll through the park. The twisting 10.5-mile trail up Mount Whitney, the highest spot in the continental United States, has taken its toll on many hikers through the years. But this year, Mt. Whitney's lofty summit succumbed to the assault of two Marines and three civilians.

Major Leonard D. Miller, base provost marshal; SSgt. Jimmy Hill, Information Systems Office; Rich Johnston, base education officer; Kevin Brunner and Max Puryear took two days to get up to the top of the 14,400-foot peak, but only one day to get back down again.

The group left the base July 21 at 8 a.m. and spent the first night in Lone Pine, Calif., with Puryear and his family.

"We were treated royally by Max Puryear's parents who put on a barbecue before we left," said Hill, hike organizer.

After picking up Puryear, the last member of the group, they moved to the base camp at Whitney Portal.

"We hiked six miles the first day, then hiked to the summit the next morning (five miles), turned around and hiked another 11 miles to the base camp," said Hill. This was Hill's second attempt

at conquering Mt. Whitney. "I tried last year with another group of Marines, but didn't reach the top. This year I trained a lot harder by climbing five smaller peaks here in Southern California," said Hill, adding "Rich and I were the 'tail-end charlies,' but Maj Miller wouldn't let us give up until we reached the summit. I guess I owe this accomplishment to him for keeping me motivated and moving."

"It was probably the hardest hike I've ever made," said Johnston. "I've hiked several different places, but the hike itself, although hard, was also the most awesome experience I've ever had. It was a feeling of overwhelming gratitude when I reached the top."

One reason the hike is so difficult is the lack of oxygen at the top of the nearly three-mile-high mountain.

"It was hard," exclaimed Miller. "I don't care how good of shape you're in, you can be an outstanding athlete and it will still be hard or you can be in poor shape and make it but it will still be hard."

"It's a different kind of hiking than just strapping on a pack and rifle and marching off with a platoon," said Hill. "First off, it's something I enjoy doing. But, more than that, it's good exercise."

The reasons for making the climb varied between the hikers. Johnston said he wanted to do it for the last 15 years, but just kept putting it off.



Photo by Kevin Brunner

Rich Johnston, base education officer, shares a bagel with a curious marmot at the summit.



Photo by James Wells

WEARY HIKERS – (From Left to Right) Kevin Brunner, SSgt. Jimmy Hill, Rich Johnston, Maj. Leonard Miller, and Max Puryear take a break at the summit of Mount Whitney. The trail up the mountain is 10.5 miles ending 14,400 feet above sea level.

When he received an e-mail from Hill inviting him to go he decided that he couldn't put it off any longer. But, he added, it wouldn't be the last time. "Next year my wife and one of her friends want to go so I'll definitely do it again."

Miller added that he thought it was a once-in-a-lifetime experience that all Marines should have if possible. "There were several times when I asked myself, 'Why am I doing this?,' but once I reached the summit it was all worthwhile. The view was spectacular," said Miller.

The trip back down the mountain took less time than the climb up, but the weary travelers were pleased all the same. "Everyone came back sunburned and tired, but the feeling of accomplishment far overshadowed those aches and pains," said Hill.

(BACKGROUND) Consultation Lake is one of the breathtaking views in Lone Pine Canyon along the trail up Mount Whitney. Photo by SSgt. Jimmy Hill.

National Night Out 2000 a success

By Cpl. Brian Davidson
BARSTOW LOG staff

MCLB Barstow's 12th annual National Night Out program at the McKinney Youth Activities Center drew a crowd in support of the fight against crime.

At 4:30 p.m. on August 1 a motorcade of police and emergency response vehicles and fire engines with lights flashing and sirens at full blast started the program.

"Our purpose is to make the community aware of criminal activity in the area and to educate them in the ways they can keep the community safe," said Sgt. Melvin Miller, MCLB's program coordinator.

The base has supported the National Night Out program, which promotes crime prevention and awareness, since 1990. The program was created by the National Association of Town Watch and has spread to more than 9,000 communities, including MCLB Barstow.

Being proactive, not reactive in the fight against crime is what the event was all about.

"Prevention is the key," said Miller. "That's why we put so much time and effort into taking part in National Night Out."

"We did have quite a few kids turn out, and people were constantly flow-



Photo by Cpl. Brian Davidson

LCpl. Daniel Weaver, military policeman, teaches Aaron, Paige and Andrew Stearns how to use various types of locks at National Night Out.

ing through the event activities," noted Miller, but the desert heat was a factor in thinning this year's crowd earlier in the day. Temperatures hovered around 100 degrees.

The Barstow Police Department, the Bureau of Land Management and the Fish and Wild Life Department were on hand to support the Provost Marshal Office and the base fire department in this year's program.

Local media personalities from Channel 6 and KDOC Radio Station also came out support the event.

The Provost Marshal's Office used

the event to inform base residents about the services and training it offers to residents on a routine basis.

Many are unaware of the services available, according to Miller.

The base has been awarded the National Association of Town Watch Military Award ten times over the past 11 years for success in the National Night Out program and hopes to achieve the same recognition for this year's efforts.

Next year there may be a jointly sponsored National Night Out held for the city and base communities to fight crime with a unified front.



Photo by Cpl. Brian Davidson

LCpl. John Williamson, military policeman, finger prints John Ross. Fingerprints are vital in tracking and identifying abducted children.



Photo by LCpl. Cory Kelly

Sergeant Adam L. Frederiksen, welder, and his horse, Storm, stand in front of the barn he constructed. Frederiksen saved the base more than \$50,000 by personally building the barn from scrap metal he salvaged.

Marine recycles scrap metal for base stables horse barn

By LCpl. Cory Kelly
BARSTOW LOG staff

After a long two years of even longer hours, the unfaltering drive and wisdom of a 'country boy' with a vision, some helping hands and a little welding experience has raised more than the morale of the horses at the stables ... it's raised a barn.

Not just any barn either, but a barn made completely of recycled material.

What started out as a couple of extra pens and a 'lean-to' roof at the base stables became a work in progress, and eventually what could

be described as the epitome of just how much 'a man with a plan' can accomplish.

Most of the piping used for the building's structure and the horse pens came from the Defense Reutilization and Marketing Office yards. The sheet metal siding and roofing came from a building that was appropriated for demolition in Yermo.

Similar to a barn raising in

Amish country, where groups of neighbors come together to build each others homes, a proud few took part in the grueling hours of intense heat and hard work that built this barn. But throughout the process, the deeds and actions of one Marine in particular were too obvious to be swept under the carpet.

So instead of a simple 'thank you' and a pat on the back for a job well done, Col. Mark A. Costa, base commander, decided to name the newly raised barn after its main contributor, 24-year-old Sgt. Adam L. Frederiksen.

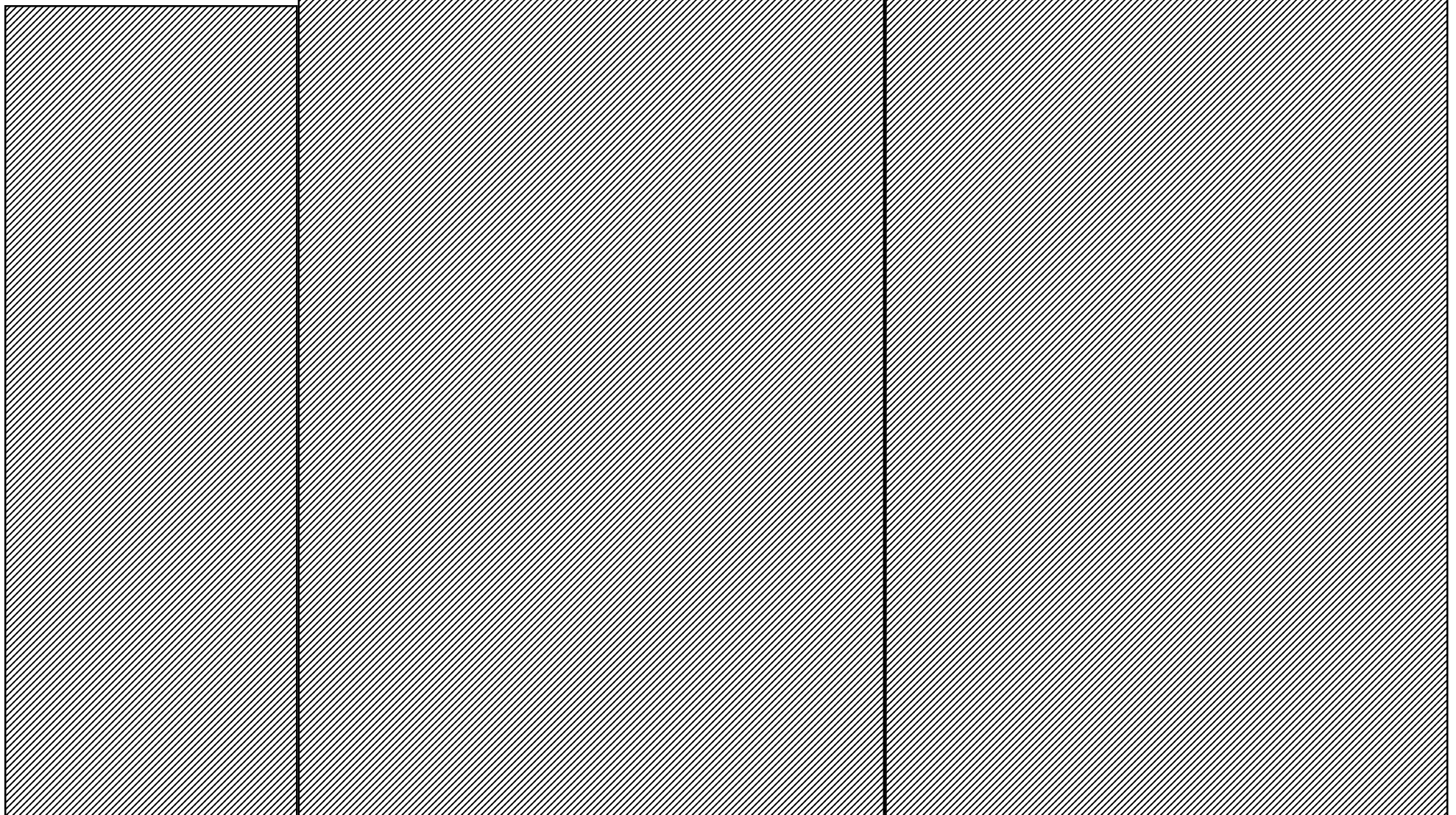
Before the dedication ceremony on August 2 at the base stables, Frederiksen unknowingly painted a picture of the type of person he is as he escorted his guests around the stables.

His chiseled jaw and calloused hands, might lead one to believe that he is a hard worker. Looking at his friendly smile and wide eyes, one might guess he is an easygoing man as well.

According to LCpl. Derrick Christoff, stablehand, he is just one of those 'good ole' boys.'

"[Frederiksen is] a good guy," said Christoff. "He's pretty laid back

See BARN Page 12





By Jim Gaines
MCCS Publicity

Great Buys at MCX August Sale
Check out these TV and sound buys at the Exchange during the August Sale now underway:
TVs: Sharp 27", \$259.99; JVC 27", \$299.99; JVC 32", \$499.99; RCA 32", \$499.99.

Assorted boomboxes 5 percent off; JVC audio/video stereo receiver, \$299.99; Blaupunkt subwoofer 10"/12", \$54.99/\$59.99.

The Exchange/7-Day Store is open Monday through Saturday from 8 a.m. to 9 p.m. and Sunday from 10 a.m. to 6 p.m.

Call 256-8974 for more details.

This Week's Lunch Menu

At the Family Restaurant and Cactus Cafe:

Today - Stuffed pork chops.

Friday - Hoki fish.

Monday - Veal Parmesan.

Family Night Dinner Menu

Tonight - Chicken Dinner.

Next week - Pasta Night.

Family Night dinners are served Thursday evenings from 4:30 p.m. to 7:30 p.m. at the Family Restaurant

Prices: \$4.50 adults, \$2.50 children (5 to 11 years), children 4 years and under are free.

Everyone is welcome, bring the whole family and enjoy a delicious dinner at an affordable price.

Call 577-6428 for more info.

Barber Shop Doubles

The MCX Barber Shop now has two barbers to serve you.

Call 577-6688 for more details. The Barber Shop is open 9 a.m. to 6 p.m. Monday through Saturday.

Red Cross Baby Sitter's Course

The American Red Cross Baby Sitter's Course is being offered to all military and base civilian dependents that are between the ages of 12 and 18 and are interested in baby-sitting aboard the base.

The classes will be held on Monday and Tuesday at the Personal Services Division Training Room, Bldg 129, from 8 a.m. to noon each day.

The \$16 registration fee covers the cost of the American Red Cross Baby Sitter's Guide and Baby Sitter's Certification Card. This must be paid at the time of registration.

Register at the Child Development Center, Bldg. 372, no later than 5:30 p.m. on Tuesday.

For more information, call Grace Walls at 577-6049.

Just the Ticket

Looking for fun places to go before summer is over? ITT has just the ticket. Here are two examples:

Universal Studios: A special adult ticket price of \$26 good through the end of the year. Children's ticket price of \$24 (ages 3 to 11 years). But hurry, tickets must be purchased by September 30.

Magic Mountain: Adult tickets are \$23. Children's tickets are \$10 (children under 48" in height). These prices are good through the end of the year.

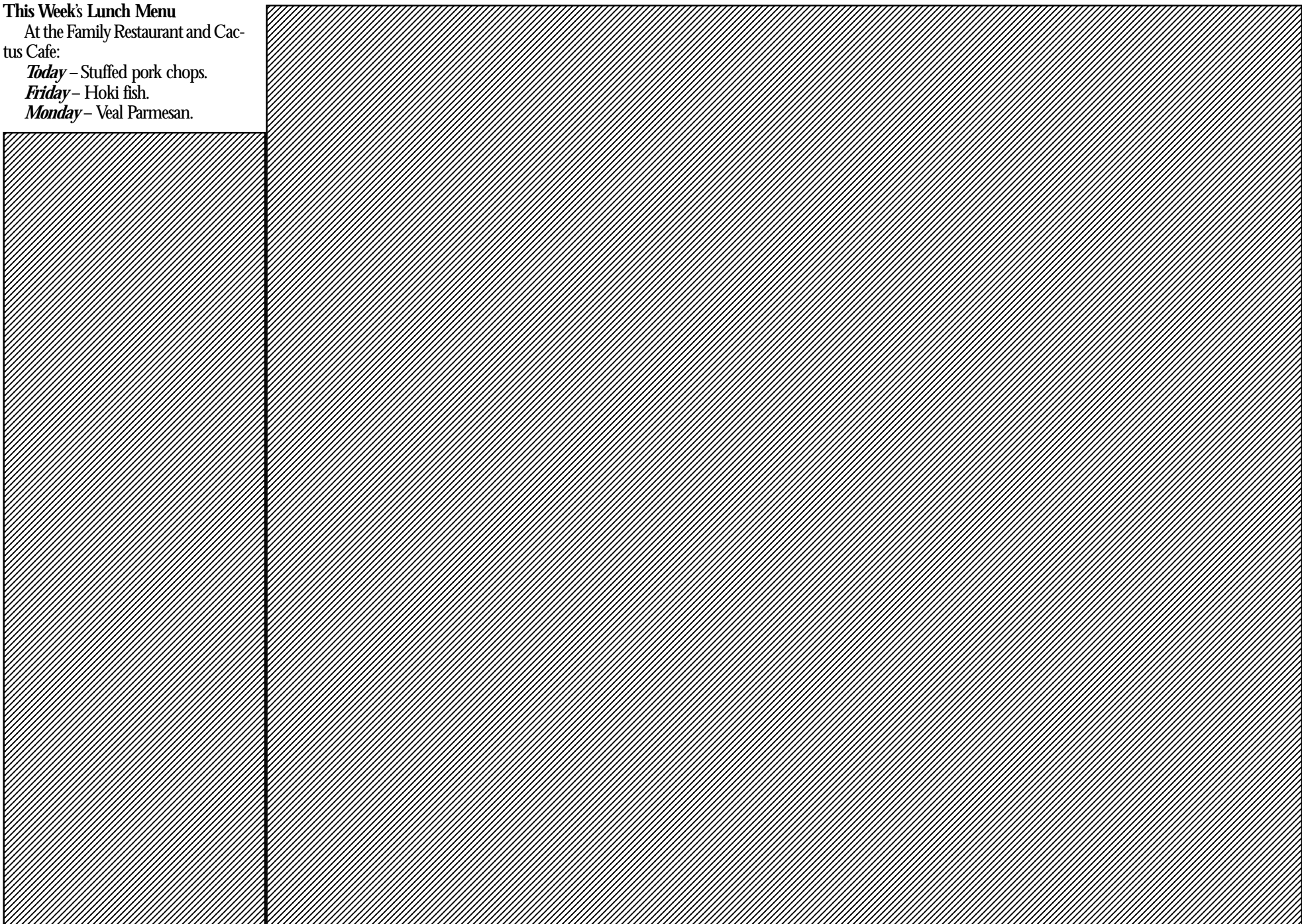
There's still room on ITT's August 19 trip to Las Vegas. Even though more than half of the 19 seats available have been booked and paid for, and a few others have booked but not paid for yet, there are still a few seats open, so you have an opportunity to get in on this fun trip - if you hurry. Call today.

ITT's trip to Tijuana, Mexico, is coming up September 23. This trip always gets booked solid, so call now if you plan to go on this trip. Don't wait and be locked out.

ITT has other tickets available for your summer fun - including the water park tickets.

ITT is open Monday through Friday from 8:30 a.m. to 4 p.m. Closed Saturday and Sunday. Call 577-6541.

Tickets are also available after ITT closes. Purchase or pick up ITT tickets at the Bowling Center from 4 p.m. to 8:30 p.m. Wednesday through Friday, and from 10 a.m. to 5:30 p.m. Saturday and Sunday. Call the Bowling Center at 577-6264.



SPORTS

3rd LAR tames Barstow's rabid dogs in 29 Palms showdown

By LCpl. Cory Kelly

BARSTOW LOG staff

The Barstow soccer team fought like rabid dogs Monday night against the 3rd Light Armored Reconnaissance's team at Marine Corps Air Ground Combat Center Twentynine Palms, Calif.

The only thing is, Barstow's rabid dogs just weren't hungry enough to take the meat from 3rd LAR. They left the opposing team's side of the desert with a 5-0 loss. This loss brings the team's season record to an insulting 0 and 4, the talk of the league.

Packing everything they needed into two vans, except for a few extra players to rotate in and out for substitutions, they headed to 'The Stumps' with other things beside victory on their minds.

'Are we going to die before we get there?' was the question every team member in the leading van was asking himself. That is everyone except for Edward Torres, who couldn't understand why everyone thought he got his driver's license from a Cracker Jack box.

Halfway there he was ejected from the driver's seat for a safer, less nerve-racking driver, Carl Garrison.

This allowed the team to focus on the mission at hand rather than the van, which spent most of its time on the soft shoulder of the road with Torres at the wheel.

Their primary mission was to

score a goal.

Not to win the game, because doing that has already begun to land itself as an unattainable dream in the eyes of team members, but get just one ball in the net.

Scoring that goal wouldn't happen against the 3rd LAR's team.

Heading up the center point of Barstow's defense was Jesse Williams, who held 3rd LAR at bay for more than 20 minutes before their first goal from Juan Martinez, who slid past with an awesome show of fancy footwork.

Third LAR's Carlos Walker took a penalty kick and dropped one past Joe Wynne, Barstow's goalkeeper, to close off the first half.

About ten minutes of the hour and 20 minutes of playtime were played on the opposing teams side of the field. Most of that 10 minutes of offensive play took place at the beginning of the second half when Barstow's offenders lead a fruitless, seven-minute assault on 3rd LAR's defense and goalie.

Third LAR's Adam Saucedo, forward, picked up the third goal 11 minutes into the second half. Nick Tello scored their fourth goal of the day, blasting one in so awkwardly from 25 yards back the referee said he couldn't believe what he had seen. Christopher Easter hammered the last goal for LAR with 17 minutes left on the clock.

After that goal, LAR kept running for more money, but

Wynne and his defense wouldn't pay up.

In the end, most of Barstow's team members were happy with how well they played. Stopping to eat on the way home, a couple soccer junkies decided the team needed some cheerleaders to help with the motivation factor. So a cardboard

cutout of pop-star Britney Spears was elected to be appropriated on behalf of the team.

Although the cardboard cutout never made it back to Barstow with the team, it definitely helped lift the spirits of the players as they tried not to think about what will happen to the team if they do not score.

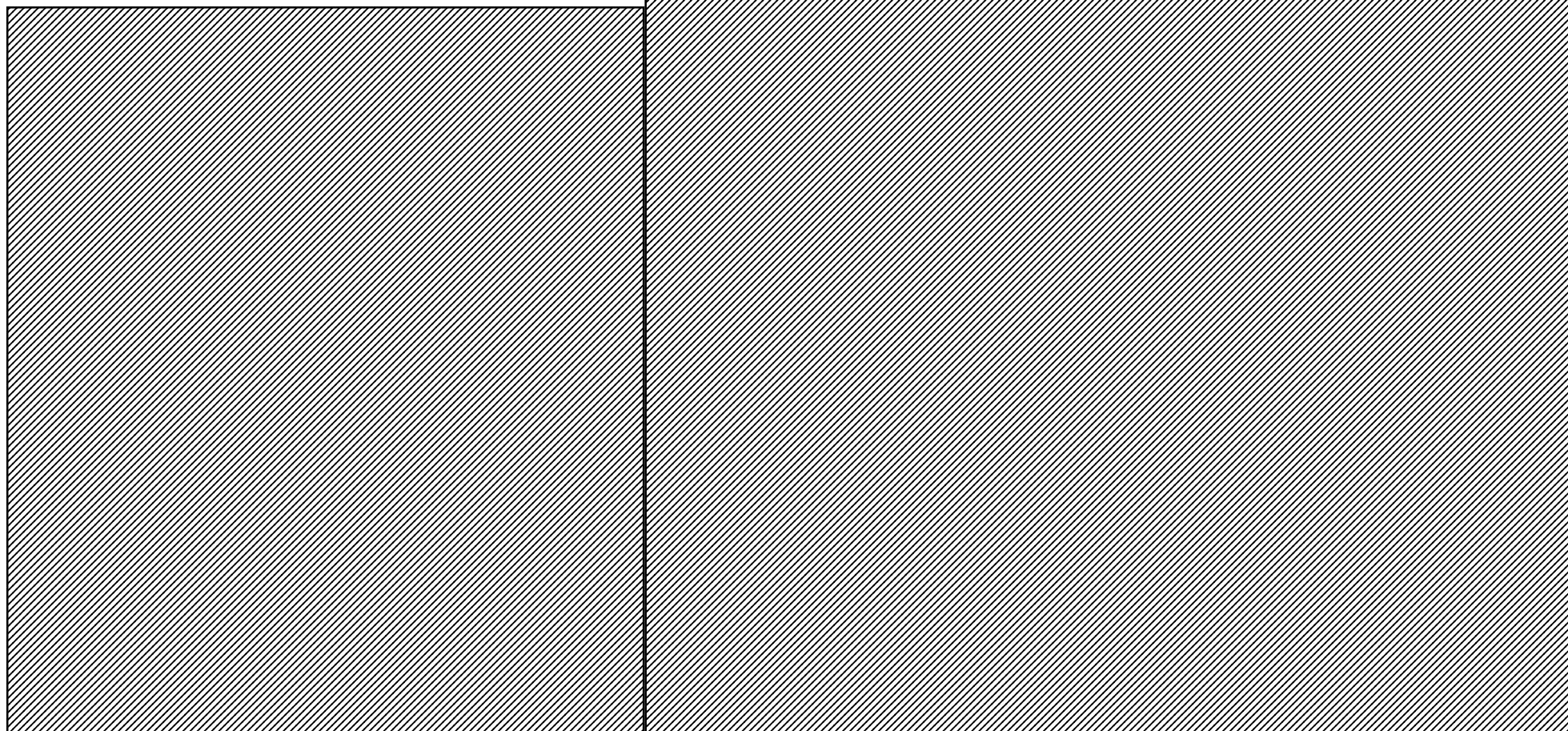
According to John H. Ross III, coach, if Barstow's team doesn't score a goal in one of the next two games, the funding for this year's regional matches at Marine Corps Recruit Depot San Diego, Calif., will be lost.

"We need to score one goal. That's all. We played well ... we just need to focus more," Ross said.



Photo by LCpl. Cory Kelly

LAR's Adam Saucedo attempts to drive the ball past Barstow's Jesse Williams. Fancy footwork wasn't a saving grace for Barstow during Monday night's match against 3rd Light Amphibious Reconnaissance.



Please submit all Trader Ads to daileyb@barstow.usmc.mil.

1998 MUSTANG: Under warranty, AM/FM cassette, CD, 5 speed manual, spoiler, silver outside/gray cloth interior, remote keyless entry, 3.8L, 27K miles, \$12,000 OBO. Call 725-6804/5625/9066.

1993 FORD ESCORT: Automatic, A/C, AM/FM cassette, good condition, \$1,500. Call 253-9162.

1968 CHEVY: ¾-ton pickup, 3 gas tanks, P/S, 16-5 chrome spoke wheels, 350 trans, no engine, \$550. Call 243-1392.

1995 KIT ROAD RANGER: 5th wheel, 20 ft, super slide, awning, electric jacks, two-door refrig/freezer, microwave, ducted A/C, other extras. Blue Book is \$13,250-16,625. Call 256-3489.

CAMPER SHELL: For long-bed, small truck, \$50; carpet kit, \$75; both for \$100. Good condition. Call 252-3011. Lv msg.

MOTORCYCLE: 1998 Yamaha YZ-125, new top end, Renthal bars, ProCircuit pipe and silencer, many extras, \$3,000. Call 256-6103.

MOTORCYCLE: 1998 Kawasaki KX-250, new top and bottom end on motor, ProCircuit pipe and silencer, new fenders, Renthal bars, many extras, \$4,000. Call 256-6103.

MOTORCYCLE: 1990 Kawasaki 500, ProCircuit pipe, baja skid plate, Renthal bars, many extras, \$2,000. Call 256-6103.

FOR SALE: 5 speed trans, 1984 Ranger 4 cyl, \$350. Call 243-1392.

FOR SALE: 2.3L 1984 Ranger 4 cyl engine, all smog, complete, 55,000 miles, \$300. Call 243-1392.

MISCELLANEOUS: Patio furniture, white plastic, round table, \$20; Bose subwoofer, \$150; futon, all wood, twin size, extra thick mattress with cover, like new, \$75. Call 255-3045.

FURNITURE: Dining table, solid oak, seats 6-10 people, \$550. Will accept payments. Call 255-3045.

CLOSING from Page 1

for use by MCWFCU members. The Marine Corps Exchange is being renovated in the near future and a new ATM will be installed at the front entrance.

The MCWFCU Yermo Office at Building 573 will remain open Tuesdays and Thursdays from 10 a.m. to 1 p.m. Credit union personnel encourage members to use the Express Line Service and the Barstow Branch Office to conduct their transactions.

For more info call Harry Sherman, Operations Officer, Marine Corps Community Services Department at 577-6269.

BARN from Page 8

when it comes to off time, but when it's time to work he's a completely different person. He has a lot of drive."

Frederiksen paced around under the shade of his new creation with his guests and discussed the upcoming

rodeo, before running inside to drop off his ten-gallon hat and change out of his cowboy boots, T-shirt and Wranglers for a set of pressed 'cammies.' Returning from the main building, everyone could see how much his appearance had changed ... and how much it didn't.

Costa said he hasn't seen a better

show of dedication and hard work since he has joined the corps. "Normally we don't dedicate things to people who are still alive," Costa said opening his speech at the dedication ceremony.

According to Frederiksen, who officially detached for terminal leave yesterday, the barn being dedicated

in his name isn't really important..

"I didn't build this barn for me," he said, "I built it for the horses."

In response to the tradition of dedicating things to people after they have died, Frederiksen worries about what is to come of him saying, "I just hope that [Colonel Costa] doesn't know something that I don't know."

STAMPS from Page 6

The military doesn't keep statistics on members receiving food stamps, but DoD officials have estimated that about 6,300 households participate. That's less than one-half percent of the force, they said, and the members in question generally have larger-than-average families.

