

BARSTOW LOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 43

Marine Corps Logistics Base Barstow, California

September 7, 2000



**2000 CFC
starts Monday**

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MC Ball Tickets

Tickets for the 2000 Marine Corps Ball are now on sale.

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Medical speaks out

Branch Medical Clinic kicks off weekly column with valuable info on high blood pressure.

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Sports

There were 19 entries in the Gunny's Picks, but only one winner.

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<http://www.usmc.mil>



<http://www.bam.usmc.mil>

PSU helps Corps improve logistics education

By **LCpl. Cory Kelly**
BARSTOW LOG staff

The base executive officer recently completed a two-week training session at Penn State University, University Park, Pa., designed to enhance the existing skills of senior logistics leaders in the Marine Corps.

According to an article that appeared in 'The Emblem', senior leaders in the Marine Corps have long recognized the importance of investing in their own to improve the professional development, training and proficiency of the Marine and civilian-Marine workforce. In pursuit of this endeavor, the Deputy Commandant for Installations and Logistics recently organized the Marine Corps Logistics Education Program.

Lieutenant Col. Mark Maloney, base executive officer, was one of forty top dogs to complete the first of many MCLEP "crash courses in logistics" to come, which familiarizes Marine corps logisticians with "cutting edge" civilian industry best practices.

According to Maj. Fred Blish, engineer officer at Installations and Logistics, Headquarters, Marine Corps, the course will better prepare executive-level logisticians managers in the performance of their duties

as commanders or as staff members of senior service, component and Marine Expeditionary Force commands.

MCLEP is an intermediate-level course hosted by Penn State University that educates Marine Corps military and civilian logisticians on commercial logistics-related disciplines, according to Blish.

"We are leveraging Penn State's technical expertise in logistics."

LtCol. Mark Maloney

"[We are] leveraging Penn State's technical expertise in logistics," Maloney said. "They have a masters degree in logistics they have been running since the early 60s."

"The logistics education program is offered semi-annually and is intended to enhance the skills of our field grade officers, chief warrant officers, senior staff-noncommissioned officers and civilians," Blish said.

"The course study includes lectures, practical application exercises, field studies of civilian industry best practices and comprehensive case studies," Blish pointed out.

Maloney said, "We often had a doctor from Penn State, a doctor from the university of Tennessee and a doctor from the university of Arizona all give us a different perspective on the same topic. We normally wouldn't get that . . . to get three different experts that are really, truly experts in their field, from three different parts of the country, giving us three totally different views on what's going on. That's real good for us."

"[The course] gave you a real good feeling for the installation reform initiatives that are going to be a part of our lives for the next few years. And it related everything back to 'this is what businesses have tried, this is what worked, and this is what didn't work,'" he continued.

According to the article, Blish explained that a recently published Marine Corps Logistics Campaign Plan outlines four goals that focus the logistics community on a transformation the will provide the best support for Marine Corps operating forces through-

[See LOGISTICS Page 8](#)

MCLB Marine earns PU scholarship

By **LCpl. Cory Kelly**
BARSTOW LOG staff

Around the time when the streets of Chicago were run by gangsters like Dion O'Banion, Johnny Torrio and infamous Al Capone, a child was born in New York who would, unknowingly, affect the life of a Marine stationed here in Barstow, today. That child was born March 19, 1930, and his name was James J. Lennon. James' father was an Irish immigrant and his mother was French-Canadian.

He struggled, growing up in the gang-infested streets of New York and knew that his only way out of the gangs and away from the streets was into the Army. So, in 1948 he enlisted. After being enlisted for two years, he was selected for Officer Candidate School and subsequently earned his commission as an officer in the United States Army. He made a career out of it and retired a full-bird colonel. Throughout his years in the service he served many different billets in many unusual places including one as a Cold Weather School instructor at Fort Greely, Ark.

Among the numerous awards and medals Lennon received, the Legion of Merit, the Bronze Star, the Vietnam Armed Forces Medal of Honor First Class, Vietnam Cross of Gallantry and two Meritorious Army Unit Commendation medals awarded for his service during the Korean and Vietnam Wars are the most notable.

With the help of Park University he obtained a bachelors of arts cum laude in economics and business administration and later received his master of science and art in Data Processing from George Washington University.

James retired after 29 years of service in August 1977 and became Director of Data Processing at Michigan State University. After a short return east where he was a professor at a small college in Baltimore, he and his wife returned to her home state where he concluded his career teaching at Baker College in Owosso, Mich. In 1994, he was inducted into the OCS Hall of Fame, Ft. Benning, Ga. He died Dec. 6, 1998, from colon cancer.

Another man, with a similar background, was born Sept. 2, 1974. His name is Sgt. Mario S. Rivas. He too grew up in the midst of gangs and rac-

ism. Only his story began in the streets of south central Los Angeles where he grew up finding strength in the numbers of Hispanic gangs. This life style didn't hold the grip of Rivas' aspirations, and in the summer of 1994 he joined the Marine Corps. Rising beyond the horizon of the Watts Towers he so often passed by as a child, he is making his mark on the world right here.

Although Lennon now rests in peace at Arlington National Cemetery, Rivas, by show of force, is far from lying down. He says he wants to be an example, " . . . of what a poor Hispanic kid from the barrio can do with a little motivation and a lot of opportunity."

In a roundabout way, Lennon is helping him fill the mold of that example, as Rivas works his way to a bachelors of science in management from Park University.

On April 17, Cathy Lennon, James' wife, set up funds for a scholarship in the name of her husband to help military members obtain their degrees through Park Univer-

[See RIVAS Page 5](#)

Marine Mail coming back

By **LCpl. John R. Lawson**
Marine Corps News

HQMC, Washington, D.C. - If you have ideas about how the Marine Corps can make itself better, the commandant wants to hear them.

"Effective immediately, I solicit your innovative thoughts, ideas, and recommendations through Marine Mail," General James L. Jones said.

General Charles C. Krulak originated Marine Mail at the beginning of his term as commandant in 1995. Over the years, hundreds of submissions have resulted in an array of changes.

Now Jones is reintroducing all Marines, Sailors, and civilian Marines to Marine Mail.

As Jones said in a new administrative message, Marine Mail affords everyone, regardless of rank, an avenue for proposing positive, professional ideas.

Jones underscored that Marine Mail isn't a substitute for the chain of command and other reporting procedures such as Request Mast, the disciplinary process, medical boards, equal employment proceedings and the like.

[See MAIL Page 8](#)

'I didn't get the word' just doesn't cut it

By SgtMaj. Robert W. Holub
Marine Forces Pacific

"Gee, Sergeant Major, I never got the word."
"What do you mean you never got the word? This policy has been in effect for over three months?"
"Ah... well ... No one ever told me about it."
"Are you didn't get the word, or you got it and you just chose to ignore it?"
You know, if I had a nickel for every time I have had this conversation with someone, I would be a very rich man right about now. Even in this day and age of telephones, beepers, computers and e-mail, the simple act of communicating with each other still remains the No. 1 problem we as a Corps face today. The simple fact Marines still do not get the "word" is a challenge

that everyone in leadership billets from the Commandant of the Marine Corps down to the last fire team leader in the last fire team in the Corps faces. That is what I would like to talk to you about this week.

For the life of me, I will never understand how with all the formations, classes, magazines and bulletin boards in the Marine Corps, a Marine can look you in the face and claim he or she did not get the "word" unless he or she purposely does not want to get it in the first place. If you think you are getting over on someone just because you plead ignorance when confronted with a situation, you're heading for trouble.

Why? Well think about it. Whoever caught you doing something you shouldn't have been doing and is chewing your butt probably tried the same thing when they were younger and got their butt chewed, and they know damn well you're trying to

pull the wool over their eyes. That's why.

Take for example the order from the Commandant of the Marine Corps a few months ago that we stop wearing brown skivvy shirts. Now did he say the entire Marine Corps will stop wearing Brown skivvy shirts except for LCpl. Dudd in 1st Dumptruck Company?

Did he say everyone has to stop wearing brown skivvy shirts except Maj. "Who Me?" on the staff at the Umpteenth Marine Aircraft Wing who just bought a whole new package of brown ones and thinks it's a waste of money not to get some use out of them? No, he said he does not want his Marines looking like soldiers and wants us all to go back to wearing green skivvy shirts in the utility uniform.

The Sergeant Major of the Marine Corps sent out a memo to that effect, and it was passed in Naval messages, e-mails, formations, meetings and by word of mouth and carrier pigeons. So

See WORD Page 12

Changing my concept of work

By Lt. Michael Michener
Base Chaplain



Labor Day was established to acknowledge the worker. Every year when the holiday rolls around I have the opportunity to reshape how I think about work. I know

that most folks work hard. Occasionally, we all can be reminded that God really wants to bless us on our jobs. The Proverbs is a good place to find backing for that kind of thinking. Proverbs 16:3 says, "Commit to the Lord whatever you do, and your plans will succeed." Experiencing God's blessing in our work involves a re-tooling of our motives.

Why do we work? When our motivation is only money, we soon become obvious. The quality of work begins to diminish. Our interaction with co-workers becomes strained. We just go through the motions and it shows, and it even spills over into our relationships at home. Money alone should never be sufficient motivation for our work. A boss doesn't want an employee who is only there for the paycheck. Imagine going to the doctor because you are sick. Do you want the doctor to view

you as just another payment on his or her Lexus? All of us would rather the doctor be committed to helping us heal.

If our motivation in our jobs is turned around to think of it as an opportunity to serve God, perhaps we would have fewer grievances. We would be more considerate of those around us. We would produce a better product at a more efficient cost, which is good stewardship. The apostle Paul reminds us, "Whatever you do, work at it with all your heart, as working for the Lord, not for men" (Colossians 3:23). I believe that if our motivation were in serving God rather than merely receiving a paycheck, we would begin to experience greater blessings in our lives.

Working hard to the glory of God also involves a commitment to quality. If you want to be a success tomorrow, it means working like you are a success today. If you want to have a reputation as a good worker or leader or supervisor, it means being a good worker today. It means working hard and producing quality material that no one can speak against. Lazy, whining workers get noticed. And contrary to popular belief, so do hard workers who do great work. Granted, some folks never get the recognition they might deserve from their bosses. That is why our motivation has to go

See CHAPLAIN Page 12

Just doing my job ...

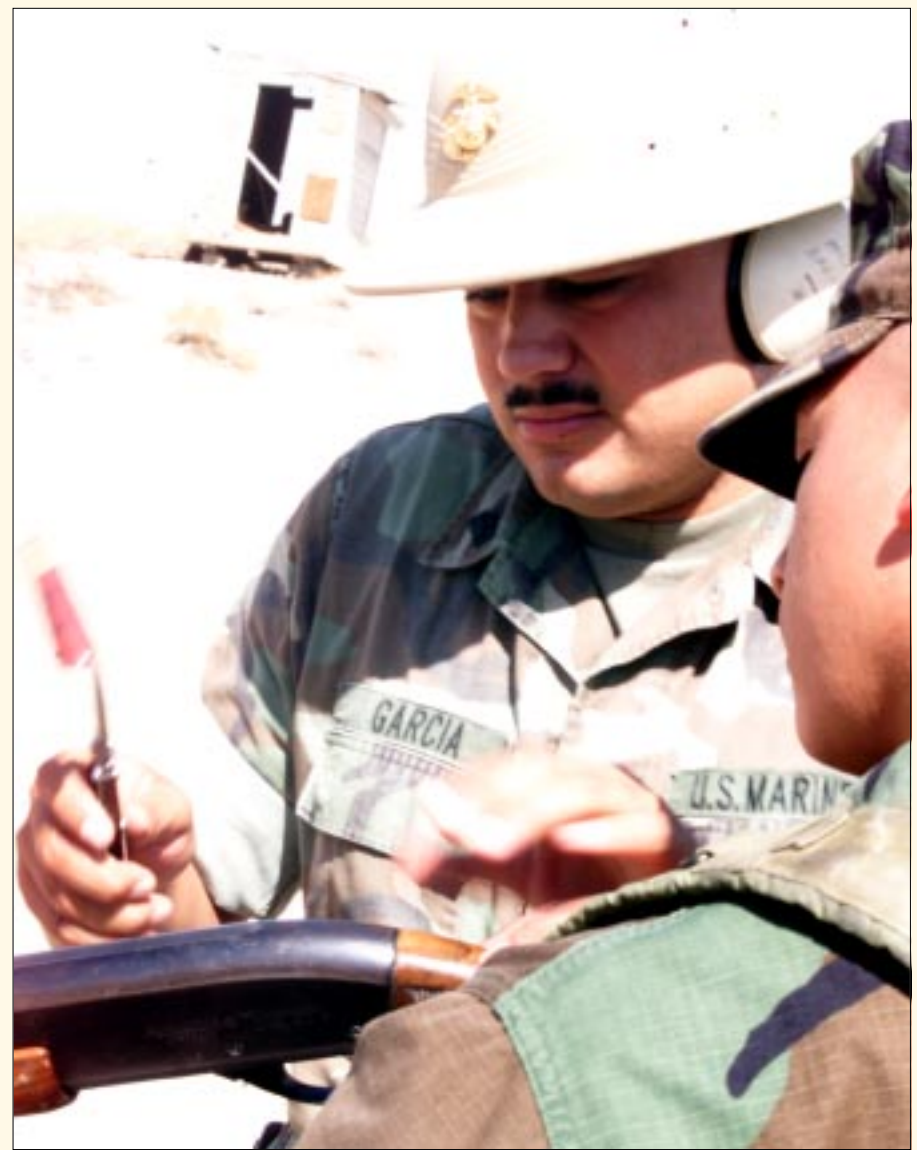


Photo by LCpl. Cory Kelly

Sergeant Fabian Garcia, Marksmanship Training Unit primary marksmanship instructor, clears the chamber of a Remington 870 shotgun during a recent weapons training class at the rifle range. Garcia said he believes he has the best job in the Marine Corps, teaching Marines about the tools of trade and enhancing the Corps' lethality.

Chapel Hours

Protestant Sun. 8:30 a.m.
Catholic Mass Sun. 10:30 a.m.

Confession services before Mass

Mom's in Touch is a women's prayer group that meets weekly to pray for school age children, their teachers, and classmates. It meets each Thursday morning at 9:30 a.m. For more info call Lisa at 256-7012.

Yermo Bible Study

Wednesday 11 - 11:30 a.m.
At the Colonel's Workshop
For more info call Don Brooks at 577-7165.



Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer

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For information on advertising in BARSTOW LOG, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to daileyb@barstow.usmc.mil.

Marine Corps Ball

Tickets for the 225th Marine Corps Birthday Ball are on sale now until October 15. The Ball is taking place at the Primmadonna Resort and Hotel in Primm, Nevada. Cocktails are at 6 p.m. followed by the ceremony at 7 and dinner at 8.

Colonel Mark A. Costa, base commander, is the featured speaker this year.

Prices this year are \$120 per couple with hotel room, \$85 per individual with hotel room, or \$40 per individual without hotel room. Hotel room packages include breakfast November 12.

Ball tickets must be purchased by October 15, and Marine Corps Ball Committee personnel handle the reservations.

For more info, or to purchase tickets, contact one of the following:

Name	Phone
1stSgt. C.J. Allen III	577-6700
SSgt. J.L. Daly, Jr.	577-6062
SSgt. G.S. Duplechain	577-6708
SSgt. D.M. Knolle	577-7353

Semper Fi bottles

1stSgt. Charles Allen is taking orders for Marine Corps commemorative wine bottles.

These wine bottles are engraved

with the Eagle, Globe and Anchor on a hand-painted scarlet background. This is truly a collector's item and a must-have for any active duty, reserve or retired Marine.

Allen has a sample bottle at his office in Building 302. Call him at 577-6700 or stop by before Friday.

Safety Shoes

Safety shoes will be available for purchase Wednesday in Yermo at the parking lot in front of Building 573 from 7 to 11 a.m. and in Nebo at the parking lot at the end of Building 236 from 12 to 2 p.m.

Spouse's Tour

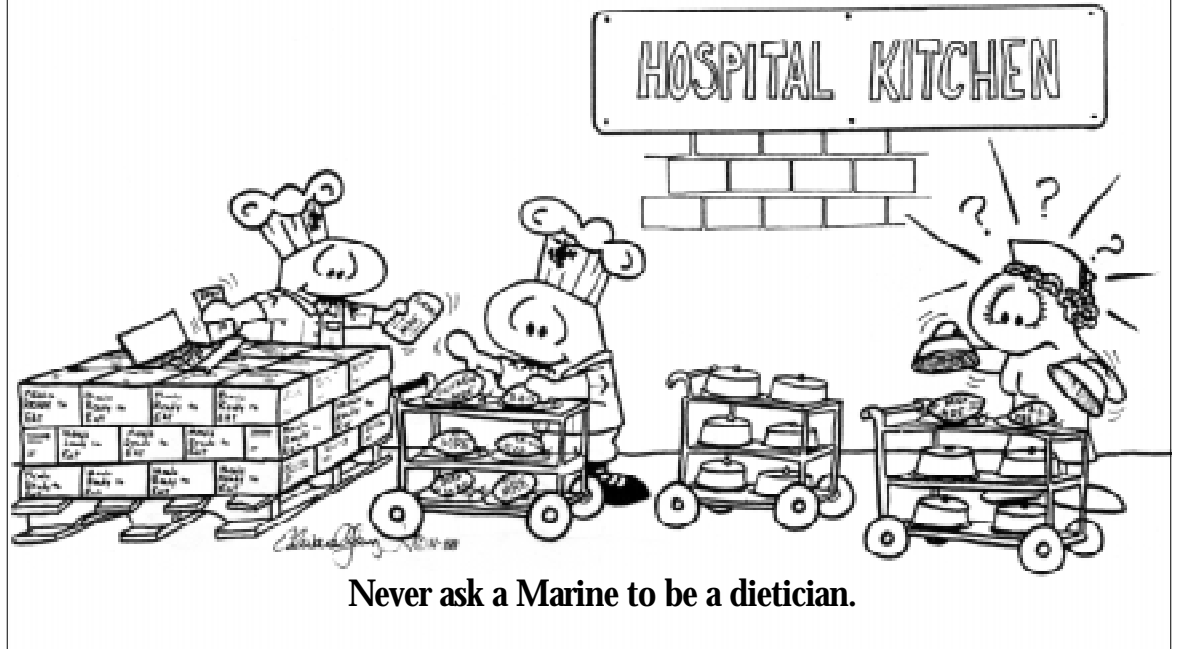
Active duty Marine Corps, Navy and Army spouses are invited to attend the free quarterly Spouse's Tour of Fort Irwin and the City of Barstow September 19-21.

The first two days of the tour are at Fort Irwin. Informational meetings and tours introduce spouses to services available at the fort and to military life in general.

The third day, which is hosted by the Military Affairs Committee of the Barstow Area Chamber of Commerce, begins at the Veterans Home on Barstow Road at 9 a.m. with a free continental breakfast.

101 things you should never ask a Marine to do

By E. Temple



After presentations by the Veterans Home Public Relations Department and the Barstow Police Department, guests will tour Calico Ghost Town and receive coupons for selected shops at the Factory Outlet and Tanger malls.

Participants should dress for the weather, wear comfortable walking shoes, and bring water to drink while

at Calico.

For more info call Becky Echols at the Army Outreach Center, 256-1735, or Pamela Butolph at the National Training Center, Fort Irwin, 380-4991.

Military Mixer

The Veterans Home of Califor-

nia - Barstow is holding the annual Military Mixer Thursday at 6:30 p.m.

MCLB Barstow, the Military Affairs Committee of the Barstow Area Chamber of Commerce, and the National Training at Fort Irwin have

[See BRIEFS Page 4](#)



JOB WATCH

Ann No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEA-411-00	Equipment Cleaner WG-7009-05 (Term NTE 366 days)	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA-411-00	Painter Helper WG4102-05 (Term NTE 366 days)	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA-411-00	Motor Vehicle Operator WG-5703-08 (Term NTE 366 days)	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA-411-00	Heavy Mobile Equipment Repair/Mechanic WG-5803-5/8/10 (Term NTE 366 days)	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA-411-00	Instrument Mechanic WG-3359-11 (Term NTE 366 days)	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA-411-00	Preservation Servicer WG-7006-07 (Term NTE 366 days)	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA-411-00	Materials Handler WG-6907-5/6 (Term NTE 366 days)	08-24-00	11-30-00	09-14-00	MCLB Barstow
OTR-109-00	Equipment Cleaner WG-7009-05 (Temp NTE one year)	08-24-00	10-30-00	09-22-00	MCLB Barstow
OTR-109-00	Preservation Servicer WG-7006-07 (Temp NTE one year)	08-24-00	10-30-00	09-22-00	MCLB Barstow
OTR-109-00	Motor Vehicle Operator WG-7503-08 (Temp NTE one year)	08-24-00	10-30-00	09-22-00	MCLB Barstow
OTR-109-00	Heavy Mobile Equipment Repair/Mechanic WG-5803-5/8/10 (Temp NTE one year)	08-24-00	10-30-00	09-22-00	MCLB Barstow
OTR-109-00	Painter Helper WG4102-05 (Temp NTE one year)	08-24-00	10-30-00	09-22-00	MCLB Barstow
OTR-109-00	Instrument Mechanic WG-3359-11 (Temp NTE one year)	08-24-00	10-30-00	09-22-00	MCLB Barstow
OTR-109-00	Material Handler WG-6907-5/6 (Temp NTE one year)	08-24-00	10-30-00	09-22-00	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

Human Resources Service Center, Southwest

ATTN: Code 522 (announcement number)

525 B Street, Suite 600

San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.

BRIEFS from Page 3

co-hosted the mixer for more than 10 years.

The Military Mixer presents the opportunity for all military ranks and civilians from all walks of life to get better acquainted in a friendly social setting.

Advance sale tickets are \$12 for officer, enlisted (E-6 and above), and civilians. Junior enlisted (E-1 through E-5) tickets are \$7. All other tickets, excluding "will call" are \$15 at the door.

Tickets may be purchased at: Veterans Home, 252-6288; Chamber of Commerce, 256-8617; Fort Irwin Public Affairs, 380-4511; or MCLB Barstow Public Affairs, 577-6430. Arrange for "will call" tickets at 256-8617.

Meet new people, make new friends, strengthen community relationships. Attend the Military Mixer – you'll be glad you did.

Wellness Program

The first enrollment period of the base Wellness Program closes Friday. Pick up a pre-enrollment package at Semper Fit, Bldg. 44, or Bldg. 582. Participants must obtain approval from their supervisor to complete three one-hour weekly sessions for six months. Some sessions require class participation. The next open enrollment period is November 10

through December 20.

For more info call Helen Sampilo, 577-7746, or Marisa Klavon, 577-6817.

Quilter's Guild

Area quilters and wanna-be quilters are invited to a meeting of the Fort Irwin Stitcher's Quilt Guild Wednesday at 6:30 p.m. at the Fort Irwin Recreation Center auditorium.

There will be demonstrations of various quilting techniques and members' quilts will be on display.

The Recreation Center is located on the corner of 3rd Street and Avenue F.

For more info call Dell Martinez, 256-2362 after 4 p.m., or Lisa Shadox, 386-7102.

New Parent Support Program

There are two different support programs on base – one for the Marine Corps and one for the Army.

The Marine New Parent Support Program for mothers meets every Monday, Tuesday and Wednesday at 9 a.m. outside the McKinney Center. Call 577-6332/6533 for more info.

Fort Irwin hosts Playmorning Monday from 10-11:30 a.m. at the McKinney Center. All parents with children under age six are welcome to attend. For more info call Sandra Casey at 380-4021 or 256-5751.

What exactly is high blood pressure?

By Lt Cdr. Edna C. Whitmore
Branch Medical Clinic



This is the first entry of a new column about health and illness, provided by the Branch Medical Clinic here. This

column is part one of three about high blood pressure or hypertension.

High blood pressure is common and can be temporary, due to things like pain or anxiety, or it can be a chronic disease that can damage the brain, heart, kidneys, and eyes. The chronic disease troubles 1 in 5 Americans. What is high blood pressure?

A normal blood pressure of 120/

80 measures two different things: the force of the heart's beating (the top number, 120) and the tension in the small arteries and veins (the bottom number, 80).

Blood pressure should be under 140/90, no matter what a person's age is. At one time, doctors thought that blood pressure creeps up with advancing age. Studies have shown that even elderly persons are healthier if they keep their blood pressure below 140/90.

High blood pressure alone usually doesn't cause a person to feel bad. Only a very high blood pressure will cause someone to feel sick with symptoms like headaches, fatigue, and blurry or double vision.

The main problem caused by high blood pressure is that it damages the small arteries of the body. Over a few years this damage becomes permanent and causes cholesterol to form plaques in the arteries faster than normal.

This damage occurs throughout the body, but the brain, heart, kidneys, and retinas; the back part of the eye that actually 'sees', suffer the most.

Lowering the blood pressure below 140/90 can prevent this damage, but once the arteries have been damaged they won't return completely to normal, even with treatment; however, lowering the blood pressure can prevent further damage.



EDITOR'S NOTE: Lt Cdr. Whitmore is the Senior Medical Officer at BMC. Her byline accompanies informative articles addressing major health concerns and preventative care issues

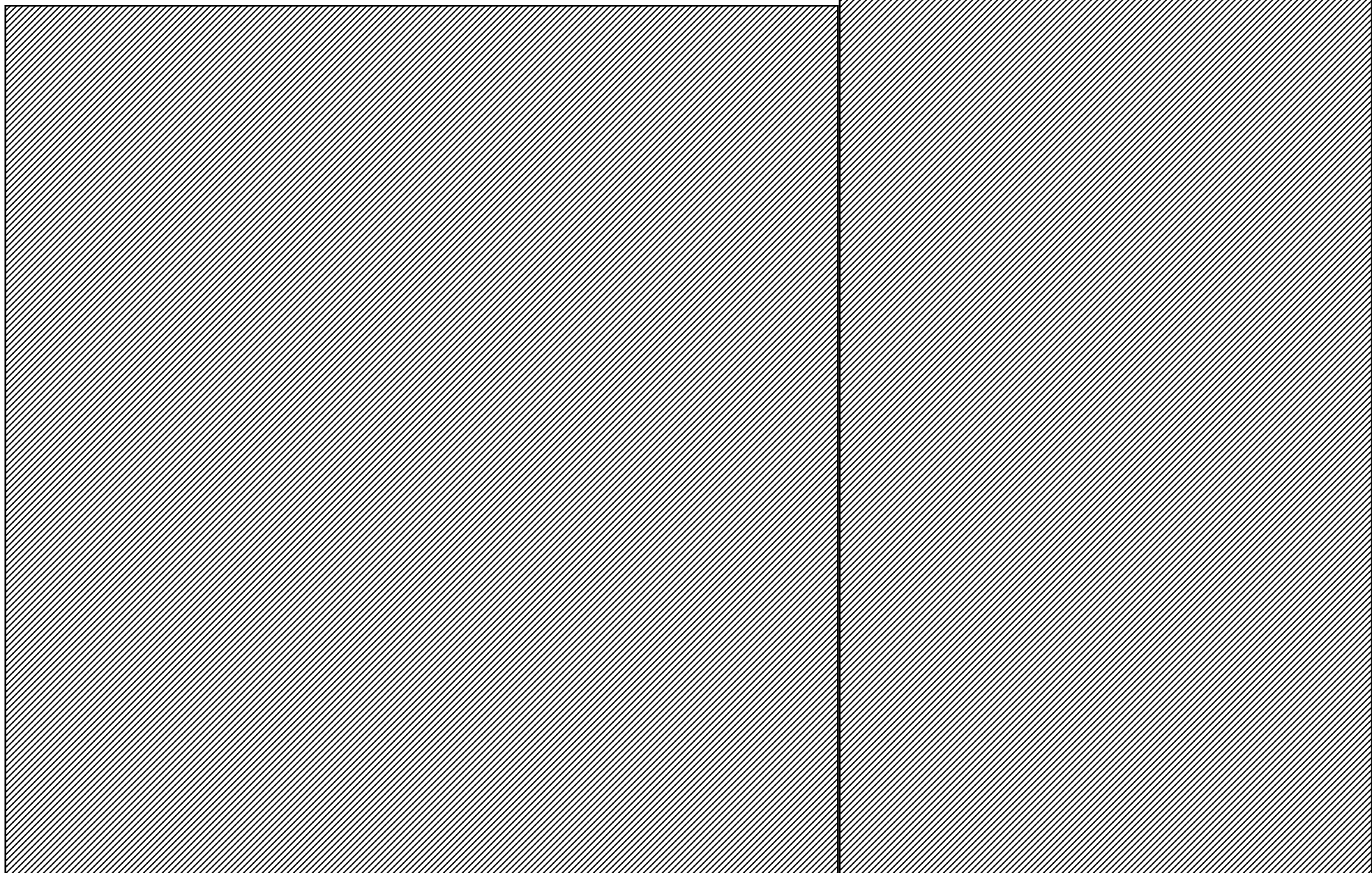
RIVAS from Page 1

sity - where she says her husband laid the foundation for his education. "The military and Park University were the two greatest loves of my husband's life," she said.

Cathy was struck by the similarities between Rivas' childhood and her husband's past. "They are both from two different parts of the world,

and from two different eras, but their stories share a lot of the same struggles," she said.

Rivas, base housing technician, is one of the first two recipients of the James J. Lennon Memorial Scholarship for a total of \$1,000. "It is going to help out a lot," Rivas said. "I'm just hoping I live up the standard [James] set. I'm not sure if I can do it though ... those are hard boots to fill."



READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow

Fair winds, following seas ...



Photo by Cpl. Brian Davidson

Moments after his retirement ceremony, SSgt. John Lozano extends his hand in friendship and bids farewell to some of his brothers in arms. Lozano retired from the Corps after nearly 23 years of service. In his final remarks he urged Marines to be as thorough in ensuring their service record books are in order as they are in accomplishing their missions because even the slightest oversights can change their life. The retired Infantry Assaultman and his family will begin the next chapter of their life in Lozano's hometown of Fresno, Calif.

2000 elections close says base voting officer

This is a Presidential election year. Why should you vote? "This nation grew out of a conflict caused by a lack of representation," said Capt. Sean T. Dugan, base voting officer.

Taxation without representation incited the American Revolution. Many still fight for the right to vote. "Throughout the 1980s and 1990s there were many different civil wars ... people wanted the right to have free elections. They fought for the right to vote, and some of them died for it," said Dugan. "Americans take it for granted.

"American service members should hold themselves to a higher standard because our service denotes that we are taking part by defending the nation, but we need to take it a step further and be an example of what we stand for."

This election year is particularly important because the next President will more than likely appoint four or five of the nine members of the Supreme Court during their presidency. Those appointee will shape the law of the land for years to come.

Web sites <http://www.voter.com> and <http://www.speakout.com> are two excellent sources of information about candidates, issues and the power of the vote, said Dugan. Also, the Washington Times, Washington Post, Los Angeles Times and the New York Times have Web sites with recent developments and timeline information.

For info about voting in the 2000 Elections contact Capt. Dugan at 577-6712 or e-mail him at dugans@barstow.usmc.mil.

'WHY DON'T I GET MY NAME ON THE SIGN?'

Although plagued by the fact he doesn't get his name scribed on the sign in front of Headquarters Battalion Building 302, Capt. Vincent Applewhite, the new battalion executive officer, says he's up for the mission at hand. The mound-of-motivation just breaching five-feet in height says he was a little surprised stepping on Barstow's soil for the first time, "I've done five trips cross-country, so I've seen this place in my rear view. You don't see Marines out and about here, they're either inside or going from 'A' to 'B', and that I think was the most shocking part about getting situated."

He admits he has never had a command billet before but says he plans to make the best of his stay here helping Marines, "do more Marine things." That and seeing "... NCOs exercising their authority and responsibility ..." are his top priorities as he learns the role of battalion executive officer.

He says, "I love Marines. As long as I have Marines around ... Life is good."



Photo by LCpl. Cory Kelly

PROMOTIONS & AWARDS

Promotions

Cpl. Jared M. Anderson, meritoriously
LCpl. Jason R. Fields, meritoriously
LCpl. Patrick M. Jennings
LCpl. Hollis E. Hudetz
LCpl. James Castro

Navy and Marine Corps Commendation Medal

SSgt. John C. Green

Navy and Marine Corps Achievement Medal

SSgt. Brett D. Hohmann
Sgt. Brian Gerk
Cpl. Kyran O. Ramcharan

Meritorious Mast

LCpl. Wayne C. Kopanski
LCpl. Adam M. Lannon

Good Conduct Medals

SSgt. James L. Daly, Jr. (fourth award)
Sgt. Fernando Gonzalez (second award)
Cpl. Christopher R. Jurgensmeyer (first award)

Letters of Appreciation

Cpl. Martin Coronado
Cpl. Jesse A. Williams
LCpl. George C. Grimsley

RIFLE RANGE 00-08



Lance Cpl. Cristopher A. Oakes, armorer, with M4 automatic rifle during range training Thursday.

Cpl. Elder A. Reyes	25
LCpl. Travis Sheldon	26
LCpl. Grayson B. Warbritton	27
1stLt. John K. Norris, Jr.	28
SSgt. James L. Daly, Jr.	32
LCpl. Joseph N. Pavia	35
LCpl. Scott R. Placko	35
Cpl. Ernie Mena	35
Sgt. Joseph H. Wynne	35
SSgt. Robert W. Cole	35
Cpl. David J. Meeden	35
LCpl. Justin B. Jones	37
LCpl. Jaime L. Lugo	37
Cpl. Michael G. McGee	39
Sgt. Gilbert F. Rodriguez	39
SSgt. Joey L. Rancourt	39
LCpl. John L. Harrison III	40
LCpl. Julio C. Hernandez	40
LCpl. Wayne C. Kopanski	40
LCpl. James S. Rogers	40
LCpl. Joshua C. Brule	42
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LCpl. Joseph B. Jensen	42
Sgt. Giovanni E. Valladares	42
Sgt. John E. Ramos	43
LCpl. Hollis E. Hudetz	44
Cpl. Jason P. Jones	45
Sgt. James B. John	45
SSgt. Shane C. Lopresto	45
LCpl. Daniel J. Weaver	46
LCpl. Samuel A. Rose	47
Sgt. Karl C. Garrison	48
Sgt. Trenton J. Sweeney, Jr.	49
LCpl. Samuel Reyes, Jr.	50
Sgt. Manuel Almaraz	50
LCpl. Patrick J. Snyder	53
Sgt. Edward A. Ellingsworth, Jr.	53



Welder Tom Pitard grinds a turret support for a Light Armored Vehicle.

CWC 743 Welding

Story and photos by Cpl. Brian Davidson
BARSTOW LOG staff

The sound of sizzling bacon, tufts of smoke and yellow, molten steel, make him feel most at home. It has been his occupation and fascination for nearly two decades. Gregg Walsten is a welder.

Cost Work Center 743, Welding, services nearly every other work section at Maintenance Center Barstow with their metal-mending and fabrication know-how at some point. The section specializes in one-of-a-kind fabrication, modification and repair, according to Bill Leonard, supervisor. Most, but not all the work the welders do can be brought into their working area, so they adapted and created a mobile welding cart to reach the customers that can't come to them.

Walsten is working the cart this week.

"No one likes the sensation of a red-hot piece of steel shooting down their shirt – it's something you can never get used to. Besides, it's hot enough out here," he said, tilting his welders mask back to reveal a wide smile. "Welding is just one of those things you have to love. You don't pick it. It picks you."

All of the welders came to the section with prior experience. Many of them started out fabricating ships, welding on nuclear submarines or building racecars in Walsten's case.

"There's a lot more to welding than mending

metal," said Thomas Allen, welder. "We have to learn a lot of math and science, especially metallurgy, the study of metals. You have to be able to read schematics and blue prints, and know about the different types of processes and heat tolerances. You have to have the right touch, too," he added. "If you add too much heat to a weld it'll be too brittle, or if you don't make it hot enough it'll be too weak."

"Everyone in the shop is really proficient. We can all do the really big jobs and the very delicate ones too," said Walsten. "Whether it's aluminum or steel you have to know how to do it all – tig, stick or mig welding."

Welder Tom Pitard, who started out as a firefighter with the base fire department and transitioned to welding, said what he likes most about his job is putting together a good product that Marines in the field can depend on.

"Since I've been here I've seen the equipment improve and the technology change. [Technology] is always getting better and keeping up with it makes us more competitive. Putting out that product is what it's all about," noted Pitard.

"Welding is interesting because you begin with a flat piece of metal and it becomes something, something that you have made," said Allen.

Greg Walsten mends the rail guides on a bulldozer; a three-day task from start to finish.

Thomas Allen finishes a piece of plate steel with a grinder. Welders measure and prepare metals to fit precise schematic measurements before sparking a torch.

Allen began his career through a four-year apprenticeship at a shipyard. Since then, he transitioned from fabrication on Naval sea-faring vessels to repairing land assault vehicles for the Marine Corps.



Welders use a number of different welding processes including mig, tig and welding techniques to accomplish their mission of mending and fabricating steel.

CFC begins Monday

Compiled by
BARSTOW LOG staff

The Combined federal Campaign is an annual fund-raising drive federal employees conduct annually. Federal employees and military personnel raise millions of dollars through the CFC that benefit thousands of non-profit charities.

Every Fall federal employees select from a single guide of charities and make their contributions through payroll deductions. Public servants not only contribute to the campaign but also assume leadership roles to ensure its success. CFC is the only solicitation of donations authorized in the federal workplace on behalf of charitable organizations.

According to a press release from the Office of Personnel Management CFC Operations the 1999 campaign collected a record \$218 million.

The base begins the 2000 campaign Monday and will bring it to a close October 20. All key workers and department directors are invited to attend opening festivities at the Oasis Club Monday at 11 a.m.

To make your contribution to CFC or for more info about the drive call your organization's CFC key worker listed below:

Maintenance Center	Brenda German	577-7139
	Alex Estampador	577-7337
	SSgt. Michael Kancilja	577-7147
Fleet Support Division	Celia Enriquez	577-7511
	SSgt. Donna M. Knolle	577-7181
Headquarters Battalion	Sgt. Giovanni E. Valladares	577-6960
Public Safety Division	1stLt. Daniel J. Morfitt	577-6667
	SSgt. James L. Daly, Jr.	577-6062
I&L	CWO2 Jeffrey L. Clawson	577-6994
MCCS	SSgt. Dennis W. Owen	577-6899
Comptroller	PFC Israel G. Moreno	577-6720
Special Staff	Bertie Dailey	577-6430
ISC/DLA	SSgt. Keith S. Brotherson	577-6197
Defense Distribution	LtCol. James A. Kessler	577-6434
HRO	Meredith Taylor	577-6478
Branch Clinics	HN Samaniego	577-7803
Commissary	Charisma Turner	577-6404

LOGISTICS from Page 1

out the first six years of the new millennium.

"One of our goals identified in our campaign plan is to seek to improve the professional development, training and proficiency of our Marine and civilian-Marine logistics workforce," Blish said, "and that's what we are doing."

Every July and December, the Marine Corps plans to send 40 civilian and military logisticians to the MCLEP.

Sandra Lemke, MCLB Albany's Material Command maintenance division director who also took a seat in the program, said, "The program introduced us to new and innovative commercial logistics concepts and processes that can be incorporated into Marine Corps logistics across the full spectrum of conflict."

Another student, Pamela Dervan, logistics management specialist also from Material Command, said, "The course offered the Marine Corps logisticians an opportunity to 'look outside the box'. To examine how private industry applies best commercial practices and how initiatives may be developed by the Marine Corps to adopt selected practices the ensure that the Marine Corps remains the most capable expeditionary logistics organization."

Maloney noted, "We got an understanding for how business is accomplishing some of these problems. We don't have to start from scratch every time. We can learn from somebody else's mistakes and hopefully not make the same ones."

According to the article, Marine Corps Logistics Bases commander Brig. Gen.(sel.) Richard S. Kramlich, agreed with the LogBases' logisticians' assessment of the course and showed support for MCLEP's goals as well as the Corps' partnership with Penn State University.

"Logisticians must continue to leverage strategic partnerships such as Penn State's on-site and distance education opportunities to strengthen the intellectual capital of our logistics workforce," Kramlich said. "Logisticians are the link between the war fighter and natural resources."

"The [MCLEP] provides a commercial orientation for our Marines and civilian-Marines assigned to acquisition, life cycle management and depot rebuild billets," Kramlich said.

Lemke reiterated the program's value and suggested that the MCLEP be held more frequently.

"Naturally, most installations base their decisions on the frequency of these courses on financial restraints, but with today's ever-changing environment, I believe this type of information needs to be disseminated throughout the Marine Corps quickly if we are going to enjoy any benefits."

Maloney felt the same way saying, "Unfortunately, this is one of those things that if we had the money here on the base, we would hire the guys to come out and teach the two-week course to 50 or 60 of the guys on the base. Absolutely something that is needed to get results from [a course] like this."

MAIL from Page 1

There are guidelines for Marine Mail to ensure suggestions focus on improving the Corps in meaningful ways. A suggestion should address at least one of the following four questions:

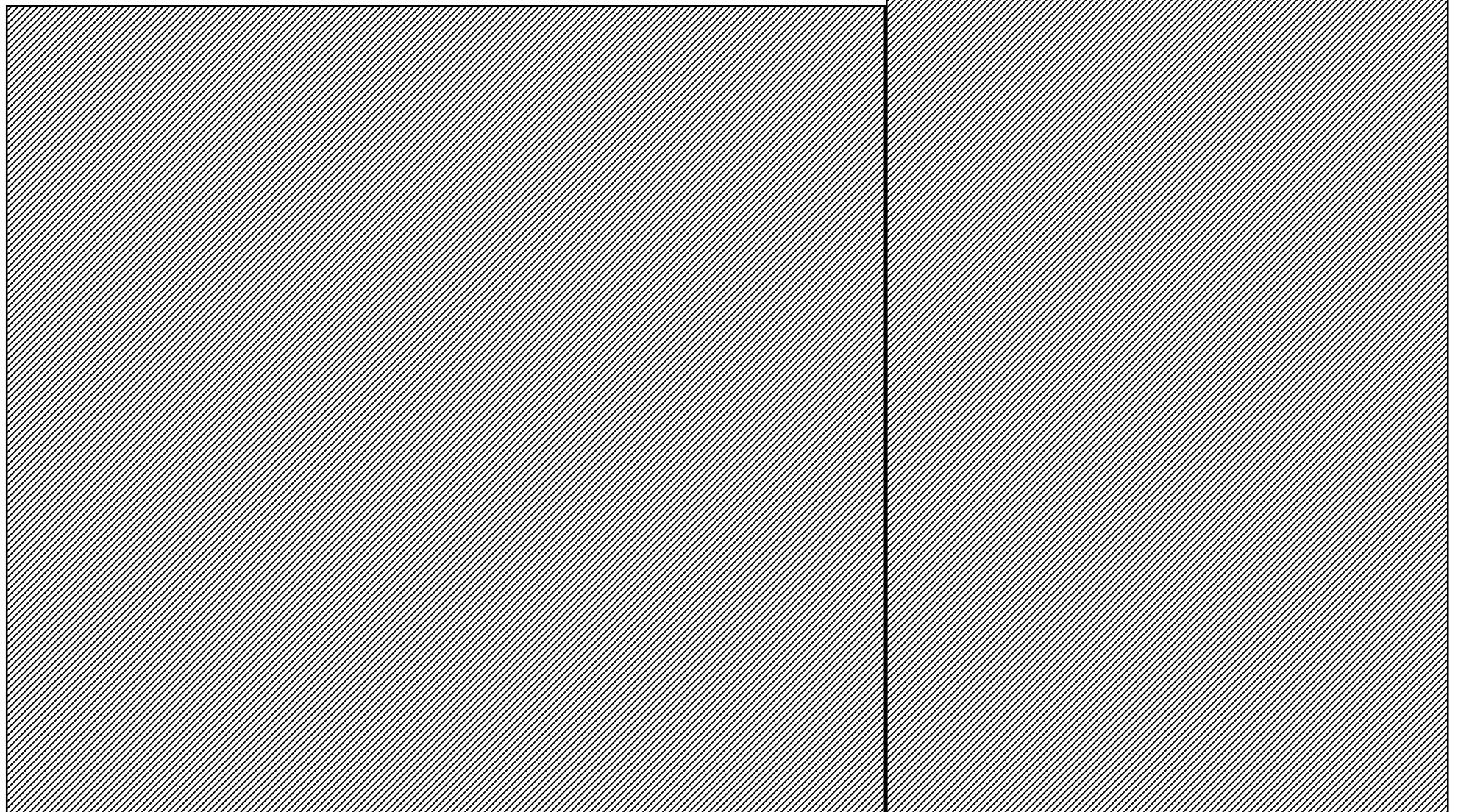
- What aren't we doing that we should be doing?
- What are we doing that we should do differently?
- What are we doing that we shouldn't be doing?
- What new concept or idea should the Marine Corps investigate to improve its warfighting capability?

Saying he wants to give Marine Mail a "jump start," Jones posed a question about safety.

"Annually, an average of 100 Marines die in mishaps and another 2,000 are separated due to injuries incurred in mishaps," Jones said. "What shortfalls do

you see first-hand that contribute to this unacceptable trend?"

There are four ways to submit a Marine Mail suggestion. Visit the Web page at <https://www.hqmc.usmc.mil/hqmc.htm>, FAX suggestions to (703) 614-5035, e-mail suggestions to MarineMail@hqmc.usmc.mil, or write : Marine Mail (CMC), HQMC ,2 Navy Annex, Washington, D.C. 20380-1775.





By Jim Gaines
MCCS Publicity

Labor Day Sale at MCX

The Labor Day Sale is underway through Saturday. Come in, browse and check out the great buys.

Coming up September 25 is the Marine Corps Exchange's 103rd Anniversary Sale with a Carnival of Savings. There is a big Sidewalk Sale September 30.

The Exchange/7-Day Store is open Monday through Saturday from 8 a.m. to 9 p.m. and Sunday from 10 a.m. to 6 p.m. Call 256-8974 for more details.

Lunch menu for this week

This week's lunch menu at the Family Restaurant & Cactus Cafe:

- Today* - Baked chicken.
- Friday* - Hoki fish.
- Monday* - Sweet & sour chicken.
- Tuesday* - Open-faced turkey sandwich.
- Wednesday* - Chicken parmesan.
- Thursday* - Prime rib.

All above meals served with coffee, tea or soft drink.

Lunch is served Monday through Friday at the Family Restaurant from 10:30 a.m. to 12:30 p.m. Lunch is served Monday through Friday at the Cactus Cafe from 11:30 a.m. to noon. Price is \$3 military, \$4.50 civilian.

The Family Restaurant also offers a la carte and sub sandwich menus for lunch.

The Cactus Cafe offers limited a la carte and sub sandwich menus for lunch.

Call 577-6428 for more details.

Family Restaurant full service

The Family Restaurant offers breakfast, lunch and dinner service with following weekly schedule:

Weekdays

Breakfast is served from 5:30 to 7:30 a.m. Price: \$1.50 military, \$3 civilian.

Lunch is served 10:30 a.m. to 12:30 p.m. Price: \$3 military, \$4.50 civilian.

Dinner is served from 4:30 to 6 p.m. Price: \$3 military, \$4.50 civilian.

Weekends and Holidays

Menu service for breakfast, lunch and dinner: 9 a.m. - 2 p.m. Price varies per menu selection.

Family Night Dinner menu

- Tonight* - Pork chop dinner.
- Next week* - Roast beef dinner.

Family Night dinners are served Thursday evenings from 4:30 to 7:30 p.m. at the Family Restaurant

Prices: (military & civilian) \$4.50 adults, \$2.50 children (5 to 11 years), children 4 years and under are free.

Everyone is welcome, bring the whole family and enjoy a delicious dinner at an affordable price.

Last chance for that big splash!

This is the last month the water parks will be open this season. ITT has tickets to Raging Waters, Wet n' Wild and Hurricane Harbor.

Enjoy the water parks before they close. There is still some very warm

weather ahead this month - make that last big splash while you can. Call for ticket prices to the water parks or any other attraction.

ITT is open Monday through Friday from 8:30 a.m. to 4 p.m. ITT tickets are available at the Bowling Center Wednesday through Friday from 4 p.m. to 8:30 Saturday and Sunday from 10 a.m. to 5:30 p.m.

For more information call ITT at 577-6541.

Commanding Officer's Golf Tournament

Tees and Trees Golf Course will host the MCLB Commanding Officer's Golf Tournament September 16 with a shotgun start at 8 a.m. (show time at 7 a.m.).

Tournament play consists of two-person teams. Entry fee is \$30 per team. Hurry and sign up now to enjoy this exciting tournament. The last sign-up day is September 15.

Tees & Trees Golf Course is open Monday from 11 a.m. to 7 p.m. Tuesday through Sunday from 7 a.m. to 7 p.m.

Learn to golf. Tees and Trees has golf instructions.

Call 577-6431 for more information on the tournament.

Swimming pool hours extended

Semper Fit is extending the operating days of both swimming pools.

The Oasis Club Pool is open only on Saturdays and Sundays throughout the month of September. All authorized patrons may use the Family Pool Tuesday through Friday.

The Family Pool remains open throughout September. Operating days are Tuesday through Friday. It is closed on Saturdays, Sundays and Mondays. The hours are from 11 a.m. to 7 p.m. Lap swimming is from 11 a.m. to noon only. The Family Pool is open to all authorized patrons.

For more information call 577-6971.

Ceramic Hobby Shop Open House

The Ceramic Hobby Shop invites everyone to their 8th Annual Open House to be held September 24 from 11 a.m. to 4 p.m.

Many different items that the hobby shop's patrons have made will be on display. For some new and fresh ideas in ceramics, professional ceramists from Ceramics & Crafts will be giving demonstrations from 11 a.m. to 3 p.m.

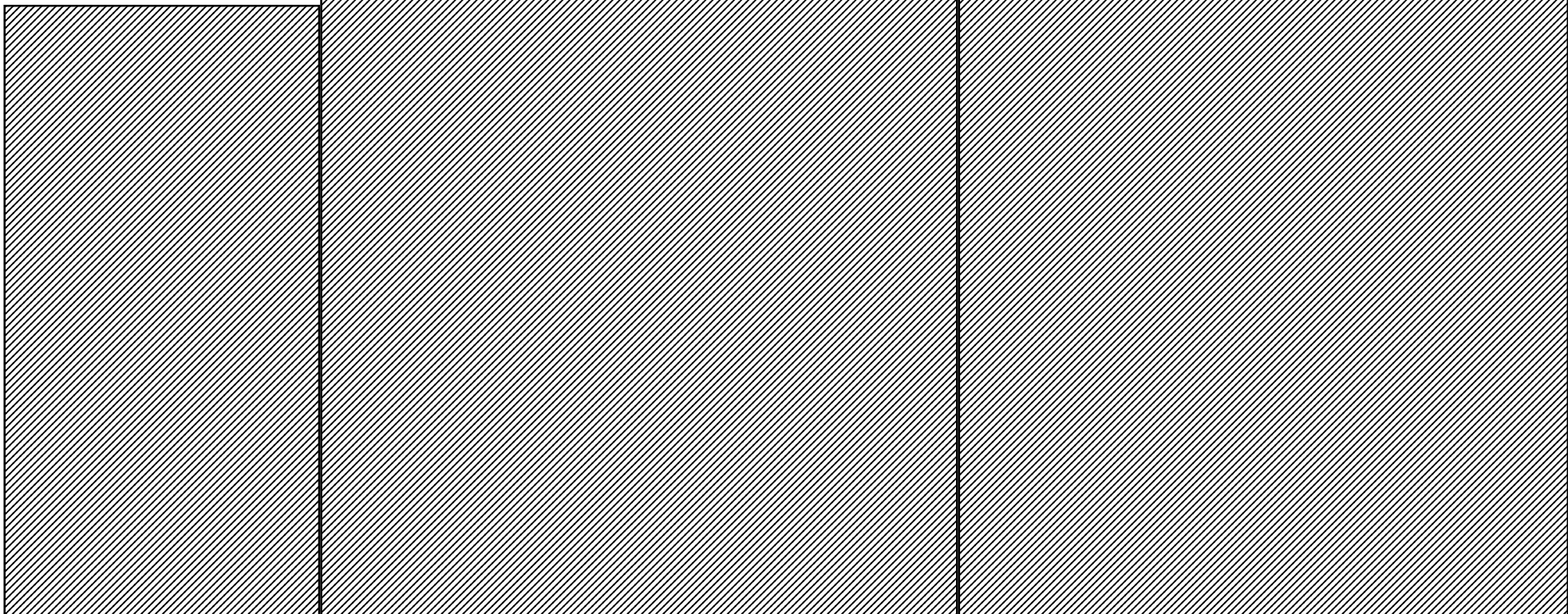
There will be drawings for finished ceramic pieces and refreshments will be available.

The Ceramic Hobby Shop reminds everyone there is a "pumpkin patch" from which children can choose their own ceramic pumpkin then personalize it. Many other items are available for Halloween, come in and browse.

Thanksgiving and Christmas are coming up. Give yourself plenty of time to make your projects for these special holidays.

The Ceramic Hobby Shop is open Wednesday through Friday from 11 a.m. to 7 p.m. Saturday and Sunday from 10 a.m. to 6 p.m.

For more info call 577-6228.



SPORTS

I&L squares away Officers in 30-11 field day

By LCpl. Nicole Verene
BARSTOW LOG Contributor



Photo by LCpl. Nicole Verene

Omar Ebanks takes the officers' defense to the hole scoring on an easy layup. I&L took the lead and never looked back creaming the officers 30-11.

On August 30, the first game of the basketball tournament featured I&L going head to head against the Officers.

Both of the teams fired off tons of shots, but the baskets never got hot. I&L had a field day with the Officers, 30-11, in a low scoring game.

"It was an interesting game to watch," said Jeremy Wellington. "It's interesting and motivating to see such high participation from a bunch of officers in the intramural league."

Both teams put up aggressive fronts and played with a lot of intensity from tip-off to the final buzzer. Rough housing and bumping was the order of the day early in the game with lots of play-

ers ending up on the deck.

By the first and second quarter both teams were connecting on less than half of their shots on goal. At the buzzer I&L was up 13-7.

The intensity level remained high through the second half of the game. Still, baskets were far and few between in the defensive battle.

Omar Ebanks, who led I&L with 11 points, summed up the Officers' performance best. "They played with a lot of heart." But heart wasn't enough to top I&L.

Vincent 'Air' Applewhite had a different take on the game.

"We got our butts kicked," said Applewhite, who went scoreless in the

SPORTS BRIEFS

Marine Corps Marathon

If you are interested in running the Marine Corps Marathon, now is your chance! There is one bib available, and the marathon is October 22—still plenty of training time.

For more info call GySgt. Michael Claudio at 577-6347.

game.

In the second header of the night PMO blasted by the Clinic II, 53-40.

League Standings

Comm	1-0	PMO	1-0	Officers	0-2
Clinic II	0-2	NoNames (S-1)	1-0	I&L	1-0

GUNNY'S PICKS

Week 2



Out of 19 entries this week, only one man got 12 right. SSgt. James L. Daly, Jr., Provost Marshal's Office, nailed 12 different games to take home the Gunny's Pick's bragging rights.

"To be a football player takes talent," said Daly. "To be a football game picker takes skill. Better luck next time to my fellow pickers – someday, you, too, may get the skill."

Humbly said, SSgt. Daly.

Green Bay at Buffalo*
*Cleveland at Cincinnati
Kansas City at Tennessee*
Oakland at Indianapolis*
Miami at Minnesota*
NY Giants at Philadelphia*
Chicago at Tampa Bay*

Jacksonville at Baltimore*
Atlanta at Denver*
Washington* at Detroit
New Orleans* at San Diego
Carolina* at San Francisco
St. Louis* at Seattle
Dallas at Arizona*

Monday Night

*New England at NY Jets (35)

Total points: _____

Name, work section and phone number: _____

Monday night's game is a tie-breaker and must include a total score.

Please submit all Trader Ads to daileyb@barstow.usmc.mil.

1987 OLDS CUTLASS SUPREME: New paint and trans., clean interior, A/C, P/S, P/B, \$1,900. Call 243-2080 AWH. Ask for Otis.

1995 KIT ROAD RANGER: 5th wheel, 20 ft, super slide, awning, electric jacks, two-door refrig/freezer, microwave, ducted A/C, floor ducted heating, other extras. Blue Book is \$13,250-\$16,625. Call 256-3489.

1954 CHEVY BELAIR: 2-door, 210 model, needs paint and interior, 6 cyl/ auto, \$1,500 OBO. See at 1260 Monterey. Call 252-3802.

MOTORCYCLE: 1993 Katana 750cc, low mileage, includes 2 helmets, self-maintenance manual, \$4,000. Contact David, 219-0219.

CAMPER SHELL: Leer camper shell, white, for small pickup (fits Toyota, etc.) with carpet kit (light blue), mounting clamps and window seal, sliding side windows with screens, stepped-up rear with full glass liftgate and new openers, \$275. Call 253-4242.

FURNITURE: Waterbed, full-size w/ headboard and storage drawers, xlt cond, \$50 or OBO. Call 241-9668.

FURNITURE: Sofa/loveseat set, good condition, \$250. Call 243-1392.

FURNITURE: Queen-size bed frame, head and foot board, \$100; glass table and 4 chairs, \$100; two easy chairs, solid oak, \$50 each. Call 252-7789.

MISCELLANEOUS: Exercise equipment: Health Rider, xlt cond, \$25; Perfect Abs ab roller, good cond, \$15. Call 241-9668.

MISCELLANEOUS: Work bench, 6 ft, steel and wood, \$100; microwave oven, \$50; mirror, \$10. Call 252-7789.

MISCELLANEOUS: Grass trimmer, cordless, battery chargeable, \$30; calculator (new), 8 digit, 4x4, \$5; pet carrier, kennel, 21" long 16" high, \$15. Call 242-8839.

MISCELLANEOUS: Complete front end for '86 Toyota 4WD pickup, includes front differential, A-frames, axles, wheels, calipers, rotors, some brakelines and locking hubs, \$325. Call 253-4242.

GARAGE SALE: Huge garage sale, Friday and Saturday, 7 a.m. to 3 p.m. 28712 Windy Pass, (west of Barstow Road, 3 blocks past end of pavement), downsizing residence, furniture, tools, clothing, office supplies, books, toys, knick-knacks and lots of misc. Call 252-4352.

CAR POOL: Driver wanted for established car pool, Monday-Friday, 7 a.m.-3:30 p.m. Nebo, meet at new Victorville Transportation Center on D Street. Call 951-2060 to sign up.

WORD from Page 2

what's the dang problem? I will be honest with you. It has been my experience that most of the time when Marines of all ranks fail to follow a rule or regulation or see a way to "slide," the problem is not with passing the word or with the leadership of the command. The problem lies with the "followership" of Marines.

You see, "followership" is a quality just as important and in some cases more important than leadership. Why? Well in the first place, all of us take orders from someone. Even Marine Forces

Pacific Commander LtGen. Frank Libutti gets direction from the Commandant and the commanders in chief to whom we are responsible.

Followership is the ability to follow orders and directions cheerfully and willingly. It is placing the organization's goals and well being above your own. For some reason, a lot of people of all ranks, sexes and races have forgotten it.

If the Commandant tells us to hold formations at 0700, 1300 and 1630 so that everyone gets the word, guess what? You betcha – see you at formation. If the lieutenant says he wants everyone to

carry three Meals, Ready-to-Eat, to the field, guess what? It's not up for debate. Carry the three meals.

And if the corporal tells you to be at the motor pool at 1245 so that he can check out your haircut, guess what?

Following orders has always been the hallmark of Marines. Never resort to the "I didn't get the word" alibi. Practice good "followership" and get the job done. You will find yourself less on the receiving end of those "up-close-and-personal" counseling sessions with the "Gunny," and all of us will be in the uniform that the Commandant directed.

CHAPLAIN from Page 2

beyond the paycheck. God knows who works and who whines. Working for His glory will mean we will one day be recognized for our efforts. The Proverbs reminds us, *"Do you see a skilled man in his work? He will serve before kings; he will not serve before obscure men"* (Proverbs 22:29). Work that is done for God's honor never goes unnoticed. A job worth doing is worth doing well.

Poor quality, sloppiness and inattention to the details results in someone getting hurt. Remember the restaurants you'll never eat in again, or businesses you will never do business with again because you had to deal with a surly, lazy, incompetent employee – and they drove you away. Think of how much money that employee's insolence will cost his boss. In your workspace or office, don't be that employee. Do your job with a commitment to quality. Solomon reminds us of the results of poor quality, *"One who is slack in his work is brother to one who destroys"* (Proverbs 18:9). At MCLB, poor quality could mean the life of several Marines or soldiers who depend on certain equipment in the heat of battle.

Finally, working hard for the glory of God involves diligence. Diligence means doing the right thing on a consistent basis. It means sticking with something day after day, week after week, year after year. Another preacher said, "Cal Ripken Jr. is a good short-stop, though he's not the best ever to play the game of baseball. He became a legend not because he was brilliant all the time, but because he was there all the time. He is occasionally brilliant, and always diligent. And that is enough to make you a success." Solomon said, *"Diligent hands will rule, but laziness ends in slave labor"* (Prov. 12:24).

If you want to experience God's greatest blessings, then strive to work with right motives, as serving God. Be committed to quality. Strive for diligence. You will ultimately receive reward for your faithfulness.

I am proud that the high majority of workers at MCLB exhibit such characteristics. Thank you for your great work.

Blessings,
Chaplain Michener

