

BARSTOW LOG

SERVING MCLB DURING TRANSITION AND CHANGE

Vol. 5, No. 7

Marine Corps Logistics Base Barstow, California

December 14, 2000

Season's Greetings!

Base commander publishes holiday message.

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Fair Warning

The Public Affairs Office is not publishing the BARSTOW LOG December 21 or 28. Watch for our Year in Review edition January 4.

HQMC directs housing survey for base residents

By Cpl. Brian Davidson
BARSTOW LOG staff

Base housing residents are currently taking part in a family housing survey that may be interpreted to decide the practicality of allowing Marines and their families to live off-base while there are empty quarters on base.

The purpose of the survey is to obtain data to support funding requests for badly needed renovations and improvements for family housing aboard base. Also, the survey provides information in support of a Housing Market Analysis taking place over the next 60 days.

This is the first survey of its kind to take place here, and it is paid for and directed by Headquarters Marine Corps.

The HMA is vital to the success in competing for funds for family housing projects, and a high response rate for the surveys is vital to the credibility of the market analysis. The overall effort determines the ability of the local housing market to meet the needs of accompanied military members for adequate and affordable housing.

To date, just under 10 percent of the surveys mailed to residents have been received. More are anticipated and much needed.

In an informative cover sheet attached to the survey, Col. Mark A. Costa, base commander, noted the survey is an opportunity for current residents to influence the outcome of the funding request and leave a legacy

See HOUSING Page 12

BMC receives influenza vaccine

By GySgt. Frank Patterson
Public Affairs Chief

The Branch Medical Clinic here recently received the influenza vaccine they ordered, but because of shortages in the system this year, it is far less than what was wanted.

"We had ordered a total of 1,000 doses of the flu vaccine," said Cmdr. Gregory L. Simpkins, assistant officer-in-charge, Branch Medical Clinic, here. "However, Naval Hospital Camp Pendleton could only give us 260 doses.

According to Simpkins, NHCP, who orders all the vaccine for the clinics assigned under its jurisdiction through the Federal Supply System can not answer if any more of the vac-

cine will be received in the future.

All medical treatment facilities are directed to ration out the vaccine according to guidelines from the Assistant Secretary of Defense, according to Simpkins. "As for the Branch Medical Clinic, we have prioritized according to those guidelines. First, we will immunize our health care workers with direct patient contact, this will include the firefighters and responding patrolmen. Secondly, we will immunize the staff at the Child Development Center. And finally, we will immunize the high-risk population of our patients over the age of 65 and/or with chronic heart and lung illnesses."

See FLU Page 12



Photo by LCpl. Joshua Barnhardt

The Grinch tried but failed to sabotage MGySgt. Antonio Benavides' Christmas early this year by blowing this tree down and into his garage at 1110 Chosin Street. Strong winds Tuesday morning knocked the tree over, but

it didn't appear to damage the garage it landed on according to an on-scene firefighter. Fortunately, no one was hurt in the accident, and the residents were not home at the time.



A holiday message from the Commanding Officer

Season's greetings to all Barstow Marines, Sailors, civilian Marines and families! The holidays are a marvelous time when people of different nationalities and cultures celebrate individually and collectively the central themes of peace and good will to others. This multi-faceted celebration is truly unique to our American society. This is a time when we share the love for our families and fellow man, and bring special joy and happiness to those who share our life's journey.

Professionally, the past year was a time of change. We experienced days of apprehension and joy, uncertainty and confirmation. Yet, through your selfless dedication, we prevailed and proudly demonstrated our role in the defense of our great nation.

The coming year promises even more challenges and opportunities. I'm confident we'll face them together, as we did in the past, with vigor and focus on accomplishing our mission and taking care of our people.

As you celebrate Christmas, Hanukkah, Kwaanza, Ramadan, and other special times this season, take well-deserved pride in your past accomplishments with the hope that the New Year brings peace and prosperity in each of our lives.

Kathy and I wish each of you the blessing of love, peace and success. Have a happy and safe holiday season and prosperous New Year.

MARK A. COSTA
Colonel, U.S. Marine Corps
Commanding

Kramlich: Be proud, count blessings, share Christmas spirit

By BGen. Richard S. Kramlich
MARCORLOGBASES Commander

The first year of the new millennium has come and is nearly gone. This past year has been a most exciting one for Marine Corps Logistics Bases Albany and Barstow and the Blount Island Command. We have seen change come with outrageous speed, and I cannot overstate how very proud I am of each of you for your handling of these changes.

Our Marine Corps team has accomplished a great deal for country and Corps this year, and we should all be extremely proud of our performance, individually and collectively, here and on the global stage. As we forge ahead in this new era, feel confident in our future and take pride in all that we have meant to this country as members of our elite organization.

The holidays usually provide an opportunity for each of us to stop and

reflect on the many blessings we have been afforded throughout the year. Whenever I think back about past holidays, thoughts of family gatherings, bountiful food and putting up decorations are fondly remembered.

I encourage you to join with family and friends to exchange Christmas gifts or light Hanukkah candles and share the spirit of the various holiday celebrations with everyone you come in contact with. Take personal responsibility for ensuring your safe return from holiday travel. This will be the most valuable gift any of us will give or receive this season.

In the New Year it is again my honor and privilege to serve you as Commander, Marine Corps Logistics Bases. We have a lot to accomplish and this is just the team to make it happen. Gail and I sincerely wish this holiday season is joyful and your New Year brings prosperity, health and happiness to you and your family.



Salvation: God's greatest gift

By Lt. Elmon R. Krupnik
Base Chaplain



This past weekend I was told of a Barstow resident who decorates his house with Christmas lights and other decorations. He also opens his garage and decorates the inside of it. A live Santa sits inside the garage from time to time. Out of curiosity, I went to see for myself and saw the display exactly as it had been described. Santa was not present, but as a courtesy, had posted his hours. What a neat way to light up someone's life.

It is my hope that all of us would like to be a Santa in someone's life, giving happiness and joy, and giving unconditional love, and receiving unconditional love in return.

God has given us that unconditional love through His son. John 3:16 tells us, *"For God so loved the world that He gave His only begotten son that whosoever believes in him should not perish but have everlasting life."*

The greatest gift God has given to us is salvation. It is our choice to receive or reject that gift. As we give and receive gifts this holiday season, let us remember the greatest gift that was given, and how it was provided to all of us.

Blessings to all,
Chaplain Krupnik

Chapel Hours

Protestant Sun. 8:30 a.m.
Catholic Mass Sun. 10:30 a.m.

Ecumenical Candlelight Service Dec. 24 at 5 p.m.

Yermo Bible Study

Wednesday 11 - 11:30 a.m.
At the Colonel's Workshop

For more info call
Don Brooks at 577-7165.

Just doing my job ...



Photo by LCpl. Joshua Barnhardt

Barbara Kent is a supply technician in the Fleet Support Division headquarters. She took it upon herself to decorate the entire office with her own decorations and materials. She made a gingerbread house out of computer paper and used Christmas lights that were 20 years old to light up the hallway.



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NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Wanted: VITA reps

The time for filing taxes is once again around the corner. The Volunteer Income Tax Assistance (VITA) program is looking for a few dedicated military and civilian volunteers. The program allows military personnel, retirees and their respective dependents to file income tax returns for free. VITA allows these personnel to avoid the sometimes hefty processing fees that civilian agencies charge.

All VITA representatives must undergo a training program offered on base by the IRS. VITA representatives will become knowledgeable in aspects of federal and California law in order to offer the best help to personnel.

Watch this column in the future for a list of VITA representatives.

If you would like to volunteer for VITA, or to get more details, contact SSgt. Johnny Garcia or Jacque Fadeley at 577-6874.

Leave Transfers

Joann C. Bond, Maintenance Center, has been affected by a medical emergency. Anyone desiring to donate leave under the leave-sharing program may obtain a leave donor application through their division administrative officer.

For more info call Pat Snyder, 577-7284.

Adopt-a-Vet

The Chaplain's Office is signing up sponsors for the Adopt-a-Vet program. Many veterans don't have anyone to share Christmas with and would not receive a gift if it weren't for this program.

To purchase a gift for one of these veterans, sign up with RP2 Julie Dennison at the Chaplain's Office, Building 126, Monday–Thursday, 7:30 a.m.–3:30 p.m. and Sundays after each service at the Base Chapel. All gift ideas are under \$25, and adoptions are not limited to one veteran.

For more info call RP2 Julie Dennison, 577-6849, or e-mail her

at dennisonj@barstow.usmc.mil

Christmas on Main Street

Historic Old Town Barstow is closing out the winter street festival Tuesday.

A number of events are scheduled for the festival, including carollers, crafters, food, games, entertainment, skits and, of course, the jolly old elf himself, Santa Claus.

Tuesday there is a Midnight Madness sale so people can get last-minute items for under the tree.

Gate Closures

Vehicle Registration and the rear gates of Nebo and Yermo will be closed December 22 until December 27 at 5 a.m. and again from December 29 until January 3 at 5 a.m.

Shooters wanted

The Base Inspector's Office seeks Marines interested in shooting in the West Coast Regional Championships at Camp Pendleton March 2–23 and the Pacific Fleet matches in April.

Anyone interested in trying out for the team or looking to improve their marksmanship skill is encouraged to apply.

For more info call Capt. Vincent D. Applewhite or MSgt. David W. Vanhovel, 577-6373/6725.

New Parent Support Program

The New Parent Support Program is not meeting December 20 and 27.

Playmornings resume January 3, 10–11 a.m. at the McKinney Center. anyone with children age 0–6 are welcome to attend.

For more info call Sandra Casey, 380-4021 or 256-5751.

Power Reduction

Southern California Edison is requesting that all customers reduce energy consumption throughout December from 4–8 p.m. daily to ease the load on the energy reserves.



Never ask a Marine to shovel snow.

The shortage of generation is caused by a combination of high demand in the late afternoon and early evening hours, holiday lighting, resource maintenance, high natural gas prices, uncommonly cold seasons, and weakened generation importing from the Pacific Northwest.

Twelve California power plants are offline because of scheduled maintenance or equipment breaking down, according to Patrick Dorinson, communications director for the Independent System Operator which manages California's electricity network.

The Independent System Operator warns that Californians are close to a scenario which requires rolling black-outs.

Christmas Tree Recycling Bin

There will be a Christmas Tree Recycling Bin in the parking lot of the McKinney Youth Center from December 22–January 3.

Base housing residents are encouraged to use the bin.

See BRIEFS Page 12



Photo by GySgt. Frank Patterson

Janice Steele (sitting) mans the sign-up desk at the Yermo Community Center Saturday as a mother signs her child up to be a recipient of the Barstow Area Toys for Tots toy drive. "This is the only way we could get the parents in to sign up their children for Toys for Tots," said Steele. MCLB Barstow firefighters joined with Fort Irwin and Yermo firefighters outside delighting children of all ages with their firefighting equipment.

Toys for Tots distribution set

Needy families with children 10 years of age and younger seeking toys can pickup applications at Mt. St. Joseph's Catholic Church, 505 E. Mt. View St.; Department of Social Services, 1300 E. Mountain View St.; Connie's Coin Laundromat in the Stater Brothers Shopping Center on Armory Road; Desert Manna, 209 S. First Ave.; Divine's Market & Liquor Store, 25181 W. Main (Lenwood); and Newberry Market on National Trails Highway in Newberry Springs.

Toys will be distributed at the Barstow Mall, 1876 E. Main St. December 18, 9 a.m.–5 p.m. for those whose last names begin with A–M, on December 19 for N–Z, and December 20 for late comers.

For more information or to help with distribution call Laurden Valverdi at the Toys for Tots Hot Line, 256-3574.

Job Watch

Ann. No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-594-00	Firefighter GS-081-05	12-01-00	12-14-00	12-07-00	MCLB Barstow
DEU-597-00	Safety Technician GS-0019-07	11-30-00	12-15-00	N/A	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.

DoD, corporate America turn matchmakers

By Linda D. Kozaryn
American Forces Press Service

LOS ANGELES – Since military spouses need jobs and corporate America needs qualified workers, DoD and the U.S. Chamber of Commerce aim to do a little matchmaking.

"This is a marriage made in heaven – all we need is the pastor," said Craig Johnstone, head of the chamber's Center for Corporate Citizenship. "We can marry self-interest with doing the right thing for the community and the nation as a whole."

There are about 650,000 spouses in the military community, according to Alphonso Maldon Jr., assistant defense secretary for force management policy. These men and women need technical training and job opportunities. "That's where we need help," he said.

"Military spouses have the same determination, dedication and commitment as service members," he said. "They'll make whatever sacrifices that they have to because that's their way of life."

DoD and the chamber launched a partnership initiative in October 1999 to highlight military quality of life issues and to strengthen connections between the business and military communities. Founded in 1912, the chamber is a nonprofit business federation representing 3 million businesses, 3,000 state and local chambers, 830 business associations and 87 overseas American Chambers of Commerce.

Johnstone, Maldon and Deputy Defense Secretary Rudy de Leon outlined the partnership initiative Dec. 1 for Los Angeles Chamber of Commerce members here. Expediting the flow of talent and ideas in both directions will benefit both the military and the private sector, they said.

Johnstone expressed strong support for the partnership effort. Asked to limit his remarks to five minutes, the Vietnam veteran and former U.S. ambassador to Algeria said it would be hard to make people understand what the military is all about in that amount of time.

"If I could take you to the special forces unit that I was assigned to in my first tour of duty in Vietnam and give you five minutes of the five years I spent in Vietnam, then I think I could show you what this is all about," he said.

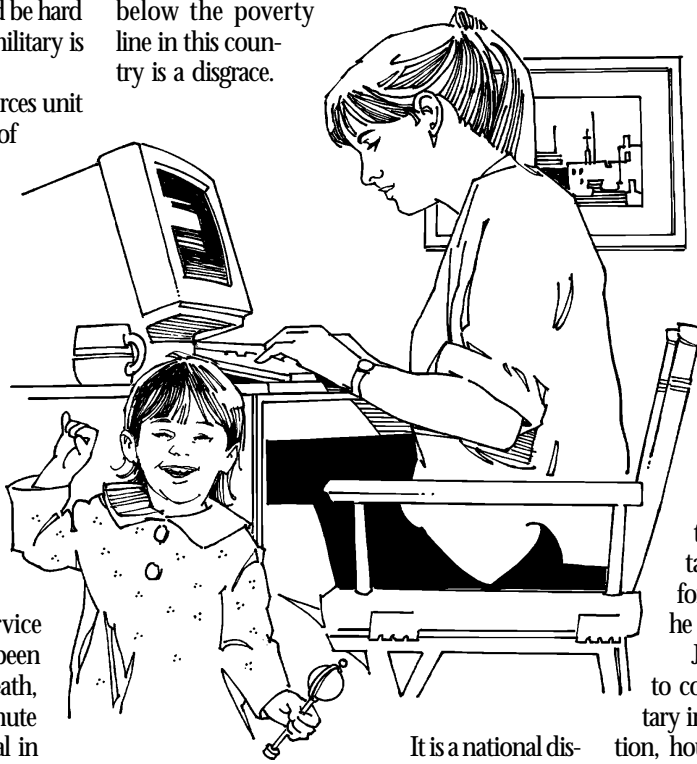
"I could take you into a situation where people are pinned down, where they're taking incoming mortar fire, where they're outnumbered, outgunned and outmanned and they're scared to death," he said. "Let me tell you, America's fighting men are brave, but they do get scared to death. If I could take you to Vietnam for those five minutes, I think you'd understand what this was all about."

Spending five minutes with a service member's wife and children who've just been notified of their husband and father's death, would explain it, he added. Or, a five-minute visit to the Vietnam Veterans Memorial in Washington D.C.

"Go down on the Mall and walk by the black wall of the Vietnam veterans and look at the 50,000 names that are up there," Johnstone advised. "And look at the family members who are reaching up touching those names and remembering. If you go down to that wall and watch, or if you have friends on that wall, then you'll understand what this is all about."

The nation's freedom and well-being depend on the young men and women of the armed

forces, he stressed. "It's ironic that we treat them so shabbily," he noted. "(The fact) that we have enlisted personnel and their families living at or below the poverty line in this country is a disgrace.



It is a national disgrace.

The U.S. Chamber of Commerce is dedicated to doing something about this issue, Johnstone told Los Angeles chamber members.

"We do member surveys and we ask members what is their principal issue today," he said. "The answer is: lack of qualified workers. It isn't taxes. It isn't Social Security,

overregulation, etc. All of those things are concerns to businesses all the time. It's a lack of available workers.

"If you look at the single thing that you could do most to improve the quality of life of our enlisted personnel and their families, is to hire the spouses of enlisted personnel. Give them good jobs. Give them good training. Bring them into your company's orbit. This is a win-win situation."

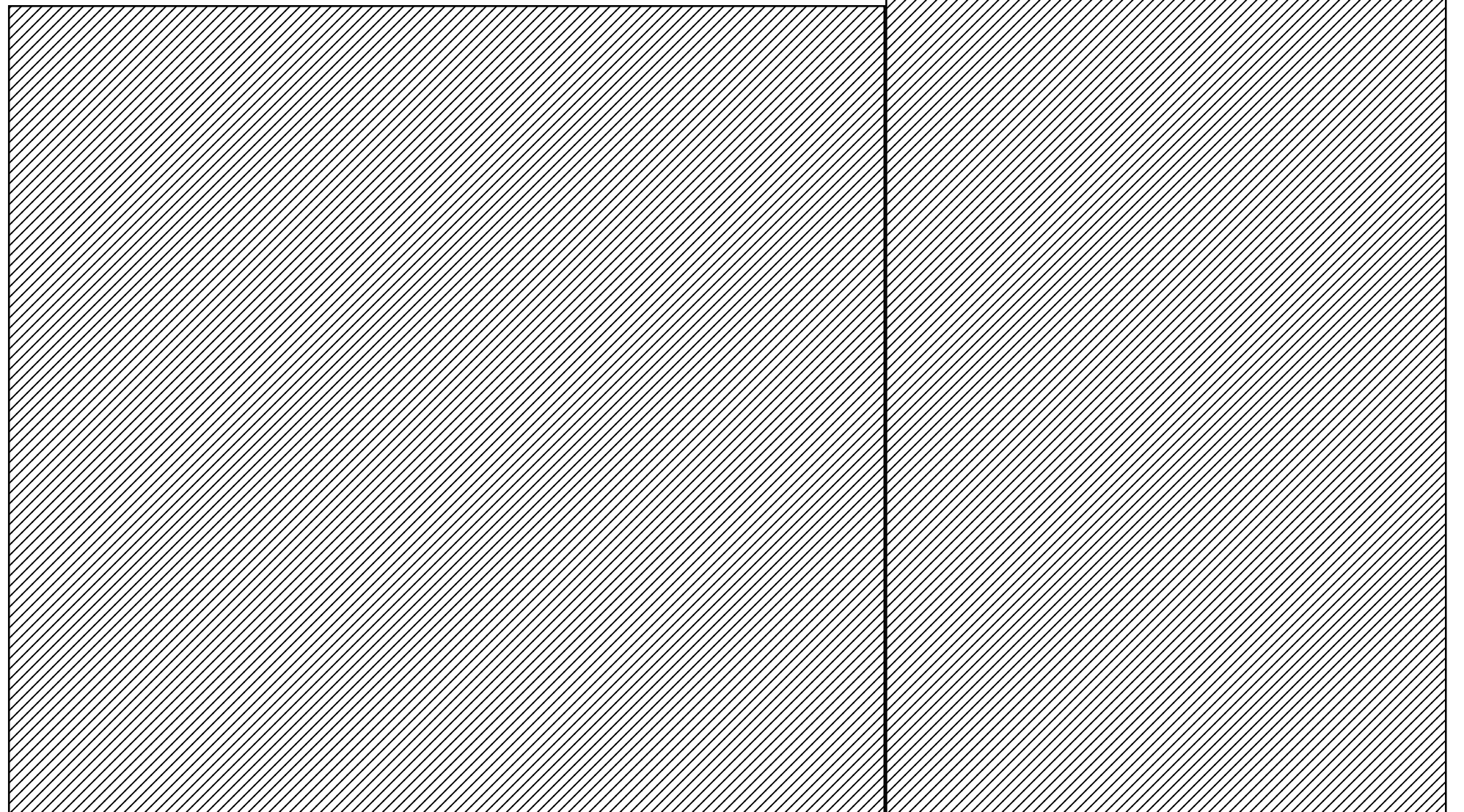
The U.S. chamber and multimillionaire Ross Perot are currently looking at setting up a nonprofit, Internet-based exchange system, he said. It would allow military spouses and retiring veterans to list their job qualifications and private companies to list their vacancies.

"We can provide a matching service to meet the requirements of the U.S. military and also to get the employees we need for the business community as a whole," he said.

Johnstone also urged chamber members to consider other ways of helping the military in terms of financial services, transportation, housing and other quality of life aspects. "There's an awful lot that we can do together," he said.

The private sector and the armed forces can work together to solve a national problem that

See MATCH Page 8



In a world where just about everyone is concerned with the future of the environment it seems odd that nearly nine out of 10 people still don't know the answer to the question ...

Do I recycle it or throw it out?

By LCpl. Cory Kelly
BARSTOW LOG staff

For most, bringing in the new year means taking out a lot of trash.

The amount of boxes and wrapping paper tossed in the circular file this time of year always seems to hit astronomical heights. So as the bags get fuller, Carmela Gonzalez, environmental protection specialist, is urging everyone to think twice about what they are throwing away.

Most likely it shouldn't go in the trash.

Gonzalez said, in the average office environment, 85 percent of what is discarded as trash isn't really trash, it's recyclable. "Only about 15 percent of the 'trash' produced in an office environment is actually trash and should be thrown away."

And the average household produces almost the same ratio of recyclables to trash, according to Gonzalez.

But that ratio isn't the same when it gets to the landfill and recycling plant.

A lot of recyclable materials end up at the landfill. Likewise, a lot of trash ends up at the recycling plant.

According to a recent study aimed at reorganizing California's recycling ef-

forts by the Little Hoover Commission, Californians divert (that is, recover, reuse, and/or recycle) 12 percent of the recyclable materials they come in contact with, the other 88 percent is disposed of in landfills.

A common belief here is that people don't recycle because they don't know what is and is not recyclable. "Everywhere you go there is a different definition of what's recyclable. This bottle can be; that bottle can't. This paper goes in the trash; this goes in the blue bin. It gets to the point where you just throw it all in the trash so you don't make a mistake," one person said.

A common rebuttal to that statement is that people know what materials are recyclable. "They are just too lazy to recycle them. Recycling is easy. There's paper, plastic, glass and cardboard. People are just too lazy to rinse out the glass, so they throw it away instead of recycling it," another person said.

Regardless of the reasons one would have for not recycling, Gonzalez is concerned. And she said she understands that sometimes it is confusing trying to figure out what is recyclable and what isn't, "but for the most part it is all common sense."

"There are a few things that have

caused some confusion in the past," she said.

"Simple things like paper," she said, as she explained how a simple thing like paper isn't so simple when it comes to recycling. "If the paper has any sort of plastic coating or residue on it, it isn't recyclable. It has to be thrown away. And cross-cut shredded paper has to be thrown out as well. After the paper is shredded like that the fibers are too small to be reused."

According to Gonzalez most plastic products are fair game for the big blue recycling bin, except for the shrink-wrap plastics used for packaging.

Another misconception is that Styrofoam products are recyclable.

"Styrofoam in any form is a [non-recyclable,] whether it be [pre-formed] Styrofoam in boxes, cups, or the popcorn packing foam," Gonzalez said.

For the most part though, it's pretty self-explanatory. Gonzalez said the main thing she would like stressed is awareness while recycling.

"If you have a piece of paper and

Base recycling program changing, becoming more efficient with trends

By LCpl. Cory Kelly
BARSTOW LOG staff

There was a time when all the different kinds of paper and plastics had to be separated and put into different bins. That time is gone.

The base-recycling program recently went to a "co-mingled" approach to collecting recyclables and more changes are on the way.

Now the only separating base employees have to do is with cardboard. Cardboard has to be broken down and put into the cardboard bins. Everything else, paper plastics, glass and cans, can go together.

Carmela Gonzalez, environmental protection specialist, said the recycling bins used to separate the different kinds of paper and other recyclable materials are being replaced by dumpster containers, similar to the trash containers that are out in town.

The new recycling containers will be strategically located throughout the base.

There will no longer be an office service to pick up recyclables.

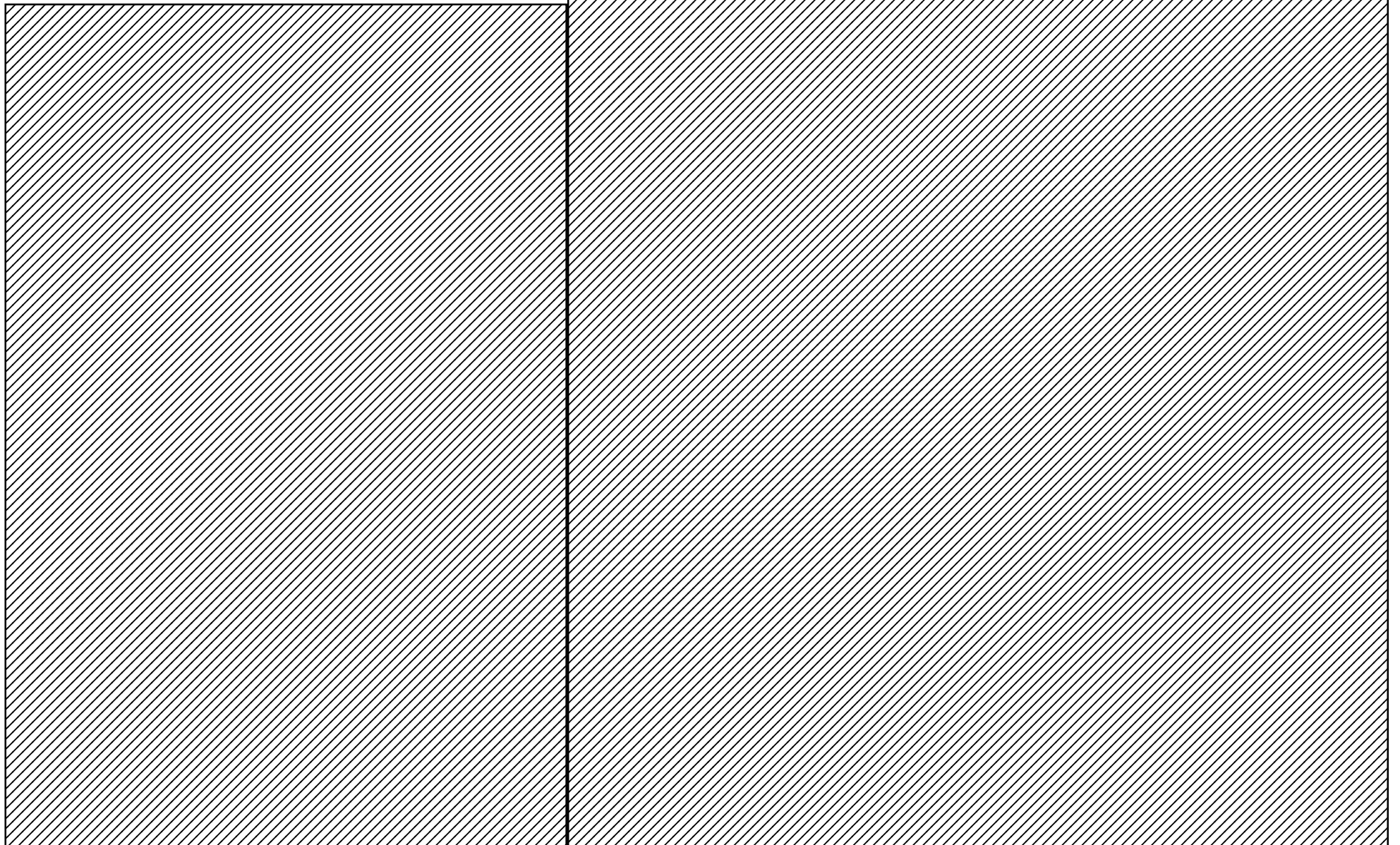
Gonzalez said, "Right now we're looking at a January or February time frame for the new bins. Once we get the funding for them we'll be on our way."

there is [food waste] from what you ate for lunch or [any kind of bodily fluids] on it then throw it away because it can't be recycled anymore," she said.

"If there is a question in your mind about whether or not it goes in the trash

or the recycling bin, call us [at the Environmental Office,]" Gonzalez said, "I assure you we're nice. We don't bite."

For more info on the new recycling program, call Carmela Gonzalez, 577-6744.



READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow

A Marine's Christmas

'Twas the night before Christmas, they were cold and alone,
In a makeshift house constructed of thatch and stone.
I went inside with presents to give,
And to see who in this place did live.

I looked all about, a strange sight I did see,
No presents, no lights, not even a tree!
Rifles, ammunition, boots covered in sand;
What kind of people lived in this far, distant land?

I saw their pictures, wearing medals of all kinds.
A sobering thought did soon come to mind,
These men were different; unlike any I had ever seen.
In real life here they were: U.S. Marines!

I'd heard stories about them, I had to see more.
Ever so silently, I crept over the floor.
There they lay sleeping, silent, alone,
Curled up on the ground, so far, far from home.

They seemed so gentle, their faces so serene,
Not how I pictured, U.S. Marines.
Were these the heroes of whom I have read
Curled up in their ponchos, a dirt floor for a bed?

Their faces were clean-shaven, weathered and tan.
I soon understood they were more than just men.
For I realized the families that I saw that night
Owed their lives to these men, who were willing to fight.

Soon, around the nation the children would play,
And grown-ups would celebrate on a bright Christmas Day.
They all enjoyed freedom, each month and all year,
Because of Marines like these quietly lying here.

I couldn't wonder how many lay alone
On a cold Christmas Eve, so far, far from home.
Just the very thought brought tears to my eyes.
I dropped to my knees and began to cry.

One must have awoken, for I heard a rough voice,
"Don't cry, Santa. This is my life, this is my choice.
I fight for freedom and ask nothing more.
My life is my God, my Country, and my Corps."

With that he rolled over, and fell back asleep.
Controlling it no more, I continued to weep.
I watched them for hours; so silent, so still,
One shivered steadily from the cold night's chill.

I took off my jacket, the one made of red,
It covered this Marine from his toes to his head!
Then I put on his T-shirt, the one of scarlet and gold,
With Eagle, Globe and Anchor emblazoned so bold.
I began to swell with pride and for one shining moment
I was Marine Corps so deep inside.

I didn't want to leave them, so quiet on this special night;
These guardians of honor, so willing to fight.
Half asleep one rolled over, he said in a voice clean and pure,
"Carry on, Santa. It's Christmas Day. All is secure."

One look at my watch, and I knew he was right.
Merry Christmas, Marines!
Semper Paratus
And good night.

— Sgt. Brett Bodine, U.S. Marine Corps

BATTALION BRIEFS

BDO Roster Change

Starting in January, the Administrative Chief is changing the way the Base Duty Officer roster is made.

According to GySgt. Gilda H. Goodman, she will start making the duty assignments alphabetically.

"That means the first 33 names on the Alpha Roster will have duty for that month."

Goodman added that she will continue watching the Non-availability Rosters that must be turned in by the 15th of each month to ensure that everyone gets duty equally and their requests are met.

"For example, if the first name on the Alpha Roster is away during the first week of the month, then I will continue on down the list. At the end of the month, if the first name is available then their name will be on the BDO roster."

ECP/MCP Applications

The Adjutant's Office is accepting applications for the enlisted Commissioning Program and the Meritorious Commissioning Program until January 5.

Marines must fulfill the following requirements to qualify for these programs:

- Be a United States citizen.
- Possess one of the following: SAT score of 1000 (combined Verbal and Math scores), An ACT score of 45 (combined English and Math scores), or an EL score of 115 on the ASVAB battery.
- Be at least 21 years of age or less than 30 years of age on the date of appointment to a commissioned grade.
- Have at least one year time in service.

Further, ECP applicants must already have a bachelor's degree, and MCP applicants must have at least 60 college credits. For more info, call 1stLt. Leah L. Conley, 577-6155.

Marine/NCO of the Quarter

Nominations for the Marine and Non-Commissioned Officer of the Quarter boards are due to the Adjutant by Friday. The board is Tuesday.

Marine Christmas Party

There is a Christmas party for all active duty Marines at the Oasis Club Wednesday starting at noon.

Physical Fitness Tests

All Marines must complete a semi-annual Physical Fitness Test before going on leave for the holidays.

Two additional PFTs are scheduled for December 22 at 6:30 a.m. and December 28 at 4:30 p.m. Marines who are unavailable on those dates may take their PFT on Wednesday at 4:30 p.m.

Special Duty

In today's ever-changing environment, the mission of Marine Security Guard becomes even more important as the last line of defense for more than 120 U.S. embassies, legations and consulates around the world.

The MSG Screening Team is visiting MCAGCC Twentynine Palms January 26. Interested Marines who are highly motivated, dedicated and qualified are invited to stop by the Career Planner's office January 8-19 and be screened for this prestigious duty.

For more info, call the Career Planner, 577-6684.

Enlisted Career Monitors

The Marine Enlisted Monitors and Career Counselors from Headquarters Marine Corps are touring the West Coast January 14-26. More to come.

PROMOTIONS AND AWARDS

Promotions

GySgt. Timothy A. Brooks
Cpl. Kelley L. Courtney
Cpl. Patrick J. Snyder
Cpl. Daniel J. Weaver
LCpl. Jeffrey S. Frydrych
LCpl. Gabriel A. Lopez
LCpl. John D. Poniske

Good Conduct Medal

MGySgt. Kim D. Ortamond – 8th Award
GySgt. David W. Leak – 6th Award
SSgt. Ralston A. Clarke – 4th Award
SSgt. John C. Green – 3rd Award
SSgt. Shelton L. Lawson – 4th Award
Cpl. Joseph A. Lee – 1st Award
Cpl. Elder A. Reyes – 1st Award
LCpl. Thomas E. Walsh – 1st Award

Reenlistments

GySgt. Peter F. Errigo – December 8 for 4 years
GySgt. Bruce E. Raymond – November 21 for 2 years

FSD equips employees with tools for wellness

By LCpl. Cory Kelly
BARSTOW LOG staff

The Fleet Support Division in Warehouse 406 at the Yermo Annex recently decided to invest in the morale and welfare of the Marines and civilians working there.

Last week they opened up a new workout facility. FSD spent \$65,000-70,000 on the project. They added new weight benches, stationary bikes, treadmills and a Nautilus machine.

The new equipment was purchased because FSD's deputy director, Andrew Henderson, saw people working out with outdated equipment on their lunch break. The risk of injury from using the old equipment inspired Henderson to provide the employees with new, safer machines.

Corporal Mohammed Huda, FSD supply administration, was put in charge of buying the equipment and setting it up. "It took about three months to get the equipment and set it up," said Huda. He also said there was a high demand for the new machines because civilians and Marines alike



Photo by Cpl. Brian Davidson

Staff Sgt. Dennis W. Owen (left), Semper Fit coordinator, and Marisa Klavon, Health and Wellness coordinator demonstrate the different configurations of the new weight-lifting bench at Fleet Support Division to personnel interested in using the new equipment.

showed interest in working out on their lunch break.

The new workout area also received pingpong tables, a music system, and lockers. There are plans to put up some basketball hoops in the area two weeks from now.

"I think there is a correlation

with a fit body and a fit mind," said Henderson. With the new equipment, Henderson thinks more people will use it. He said about 80 percent of the FSD workforce showed interest in the new machines.

Henderson feels it will be a big

morale booster. The new equipment is not confined for use to just the FSD staff. Henderson said anybody can use it.

Henderson also thinks it will be a convenience to the workers at the Yermo Annex. Instead of having to drive all the way to Nebo, which

could take as much as 30 minutes round trip, workers at Yermo can go to Warehouse 406 to workout. FSD is sending four people to a one-day training session to learn how to teach people to use the equipment properly. Henderson believes this will minimize the amount of injuries sustained by people using the machines.

Staff Sgt. Dennis Owen, Semper Fit athletic director, gave a safety brief on how to use the equipment to the employees December 6. Owen said the command wants the Marines and civilians to stay in shape and is promoting that by providing state-of-the-art equipment on the site for them to use.

Henderson says the measures taken to ensure safety with the machines will provide a good, healthy environment to workout in. It is also helpful for the people interested in staying fit, but who do not know how to use the equipment.

There will also be a sign-up sheet at the new facility to monitor how frequently the weight room is used. This will determine whether FSD decides to expand the facility.

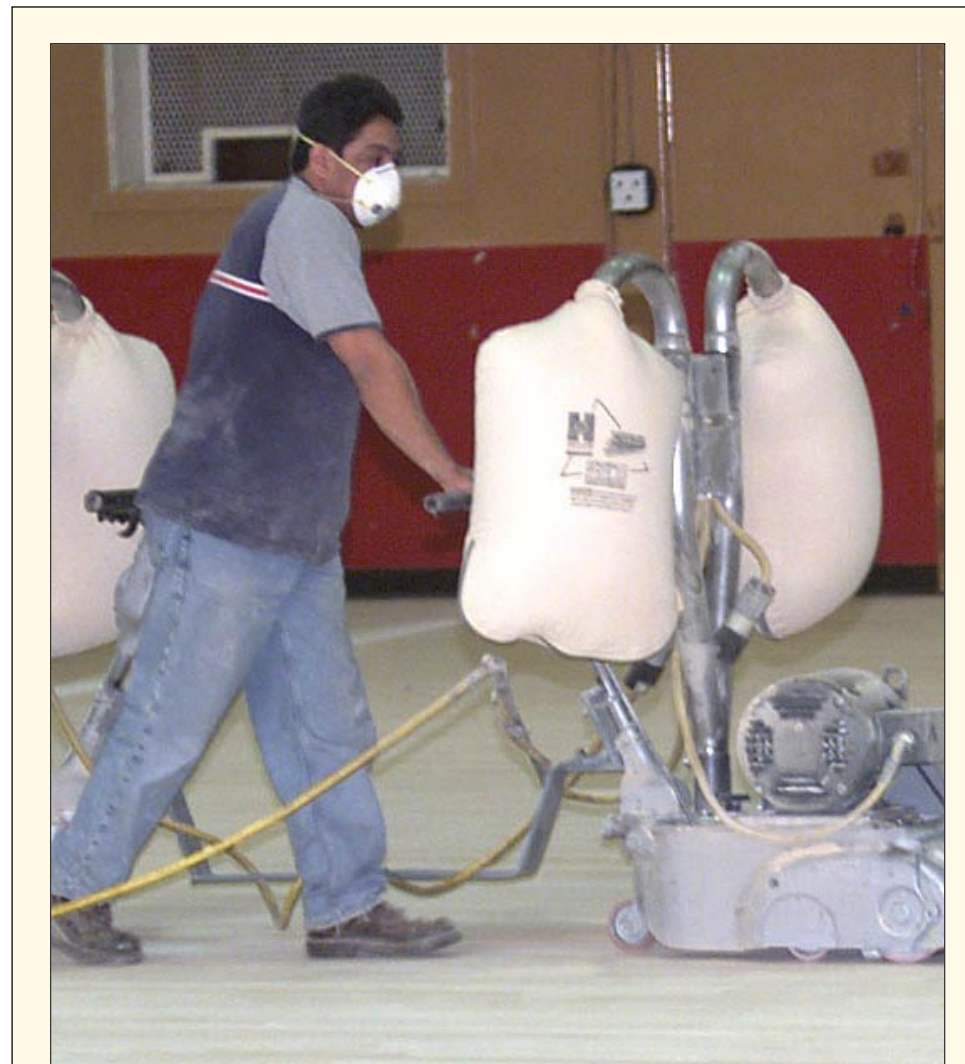


Photo by Cpl. Brian Davidson

Ebanu Neruda, Sports Flooring Inc., uses an industrial sander on the floor of the base gym's basketball court. Marine Corps Community Services is resurfacing the basketball court as part of a project to completely renovate the gym. According to CWO William E. Bradshaw, officer-in-charge of Semper Fit, base maintenance division is picking up the tab on the \$28,000 project. The gym is open to MCLB DoD employees and active duty and retired military members as well as their immediate family members.

PMO's Special Patrol Request program simplifies vacationing for base residents

By Cpl. Brian Davidson
BARSTOW LOG staff

The perfect getaway equates to little or no thought of the world left behind when moving onward to a vacation destination.

For Base Housing residents, the Provost Marshals Office's Special Patrol Request is the perfect program.

The Special Patrol Request program provides routine patrols conducted by military police at the request of residents planning to be away from their residence for extended periods of time.

"Just because of the upcoming holidays and everyone will be taking leave we wanted to get the word out that crime prevention should be increased and residents need to be more aware around the holidays," said Cpl. Efrain Sotelo III, Physical Security inspector. "Break-ins and other crimes increase sharply out in town and the local area at this time of the year."

Spreading the word about the program is especially important during the holiday season, a peak time for taking leave in conjunction with extended liberty periods when the Marines, soldiers, Sailors and their families are away from home.

"It's nice to get away and not have to worry about your home and your personal property. This program allows residents to do that," re-

marked Sotelo.

Still, "Some people may not know about the program. It's just one of the many services that we provide for the benefit of the base community," said Sotelo. "Typically, we get more interest in the program around this time of the year."

One of the features of the program is that it takes most of the major variables into consideration when vacationing.

A detailed form lists all of the resident's information and contact numbers, the names and phone numbers of people who have access to the home, and any security measures the resident may have taken, like newspaper pick-up, timed lighting and routine lawn care.

Before the resident departs for vacation, a military policeman does a preliminary tour of the quarters with the resident to check locks, windows and to note any damages before initiating the security patrols, according to Sotelo.

Each patrolman who tours the quarters does a security check and logs it onto the security patrol request form.

"All quarters receiving special security patrols are toured at least two times a day. Once by the day-shift patrolman and again in the evening by the night-shift," noted Sotelo.

Housing residents interested in the program can obtain application forms at the Physical Security Office located in Building 36 or by calling Cpl. Efrain Sotelo at 577-6514.

"It's nice to get away and not have to worry about your home and your personal property."

-Cpl. Sotelo, Physical Security inspector

MATCH from Page 4

could critically impact national security and, at the same time, help the business community find qualified employees.

"I think, quite frankly, at the end of the day, we're going to prove the old maxim that it's possible to do very well by doing good," he said.

De Leon echoed Johnstone's support for the partnership initiative. He noted that the Defense Department has used the private sector as a model for improving the military's business practices.

"For the department, it has become a truism that we thrive whenever we adopt proven and innovative solutions from the private sector," the deputy secretary said. "For the private sector, it is a truism that hiring someone with the training, background and discipline that the armed forces provide is a wise investment."

De Leon pointed out to chamber members that fewer people come into contact with the military these days. Base closures have resulted in fewer communities with military bases and the public simply isn't aware of unique issues facing service members and their families, he said.

"There was a time not long ago when every neighborhood in America knew someone who had served in the military — a son, father, a neighbor or a friend, or today, even a daughter or a mother," he said. "But with today's smaller, all-volunteer force, fewer people have direct personal experience with the military."

The armed forces have changed dramatically over the past few years, he said. In light of post-Cold War per-

sonnel and funding cuts, defense leaders made tradeoffs between immediate and near-term issues like readiness and quality of life, and long-term issues such as procurement and infrastructure.

"I dare say no other institution in the world has been through the combination of increased demands and sweeping reforms that we have managed at the Department of Defense," de Leon said. "Make no mistake, though, America's armed forces are by far the best in the world — the best trained, the best equipped and the best led anywhere."

Morale is high, the defense leader reported. Troops are working hard, doing difficult and dangerous jobs to keep America secure. "They believe in their missions and, most importantly, they believe that they are making a difference," he said.

"But," he warned, "the nation would make a grave mistake by taking any of this for granted or becoming complacent. ... We recognize that our men and women in uniform are well-trained, but we cannot expect to keep them if they don't have quality health care, if they do not have a decent

standard of living."

Defense leaders recognized that while they may never be able to pay service members enough for their service and sacrifice, they could pay them more. As a result, DoD recently improved pay and benefits and new dollars are going into modernization and quality of life improvements.

DoD plans to allocate \$3 billion over the next five years to reduce service members' out-of-pocket housing costs, de Leon said. This policy change is absolutely essential for young service members stationed in Los Angeles and other metropolitan areas, he stressed.

"We've offered a historic proposal on housing this year to reduce to 15 percent — down from 19 percent today — what our people pay out of pockets for off-base housing, and in five years, to eliminate those out-of-pocket expenses completely."

Today's military community includes far more family members than in the past, and reserve component personnel now play a more prominent role in the total force, de Leon said. Therefore, DoD is working to give them all a more

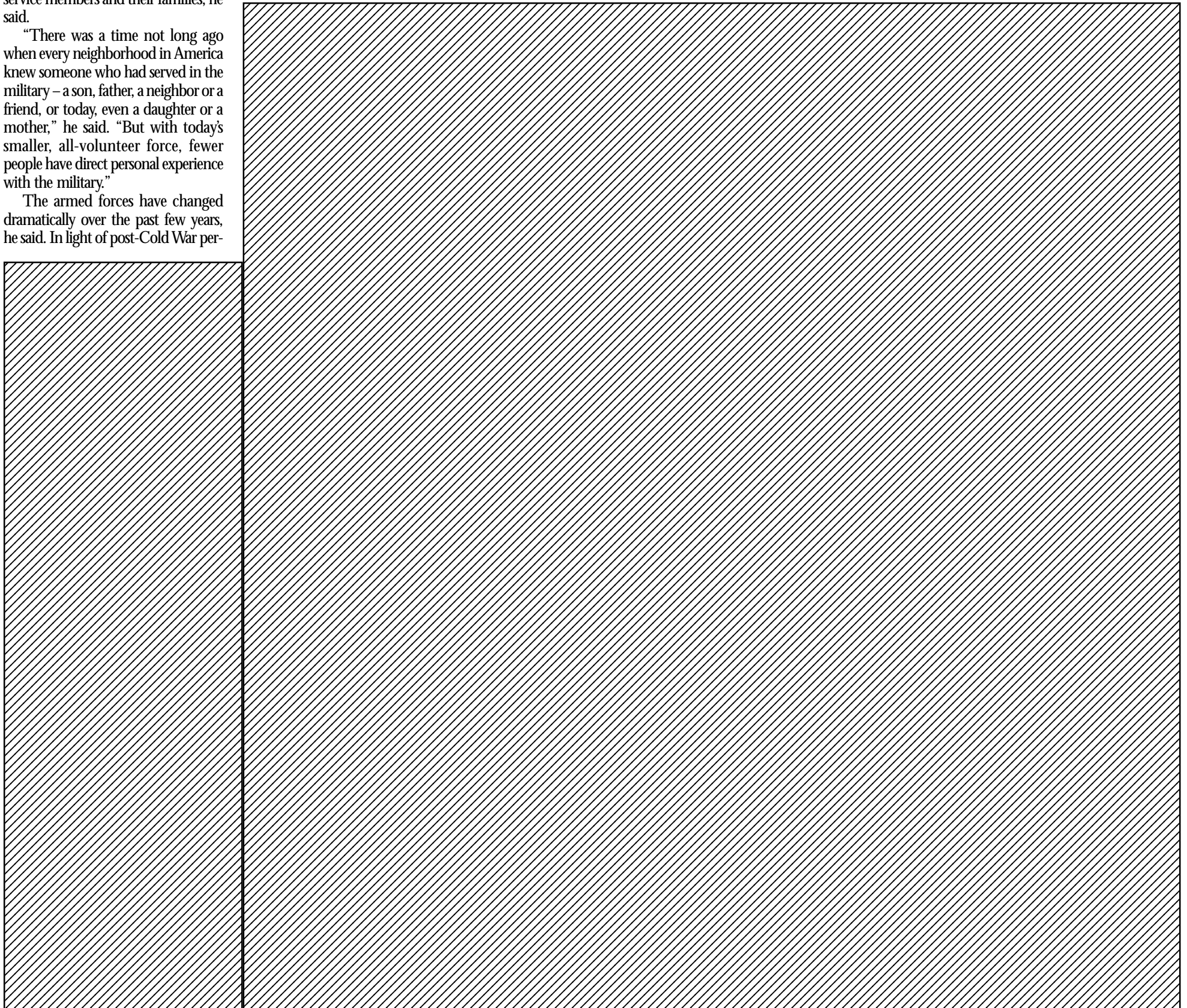
predictable lifestyle.

"The majority of our all-volunteer force is made up of married people and families, who believe that military service is a noble calling," de Leon said. "We recognize that our Guardsmen and reservists are indispensable to our readiness and missions. But we cannot re-enlist and retain them if our approach effectively says, 'Your life is going to be completely chaotic and unpredictable, even in peacetime.'"

Defense leaders have encouraged the services to design deployment rotations to relieve stress and reduce high personnel tempo. "We have also pressed ways to make careers in the military service more viable and attractive for all members of these families. We are beginning to see progress," he said.

Local spouses interested in working should call Chuck Ashbrook, Career Resource Program Manager, Personal Support Division, 577-6169. He helps spouses find jobs locally.

For more information on the Center for Corporate Citizenship's quality of life initiative, go to <http://www.uschamber.com/CCC/default.htm>.





By Jim Gaines
MCCS Publicity

Christmas shopping at MCX

It's not too late - there are still lots of sales and bargains on TVs, stereo systems, digital players, home theater systems and other electronics, plus hundreds of other holiday gift ideas at exceptionally low prices. And don't forget the 15 percent off sale on men's and women's fashions with top-of-the-line brand names.

The Main Exchange is open through Christmas Eve for those last-minute gift ideas.

The Exchange/7-Day Store is open Monday-Saturday, 8 a.m.-9 p.m., and Sunday, 10 a.m.-6 p.m. Call 256-8974 for details.

The Railhead Exchange (Yermo) is open Monday-Friday, 8 a.m.-6 p.m. During troop rotation the Railhead Exchange is open Saturday and Sunday, 9 a.m.-5 p.m. Call 577-7092 for more information.

Daily Lunch menu

- Today* - Stuffed bell peppers.
 - Friday* - Baked Cod.
 - Monday* - Teriyaki steak.
 - Tuesday* - Chicken pot pie.
 - Wednesday* - Philly sandwich.
 - December 21* - Glazed ham.
 - December 22* - Chili Mac.
 - December 25, 26* - Menu service.
 - December 27* - Chicken fried steak.
 - December 28* - Jerked chicken.
 - December 29* - Hoki fish.
 - December 31* - MCCS New Year's Eve Bash dinner.
- A la carte and sub sandwiches also available for lunch.
- All above meals served with vegetable, roll/butter, coffee, tea or soft drink.
- Lunch price is \$3 military, \$4.50 civilian.
- Lunch at the Family Restaurant (Nebo) is Monday-Friday, 10:30 a.m.-12:30 p.m.
- Lunch at the Cactus Cafe (Yermo) is Monday-Friday, 11:30 a.m.-noon.

Family Night Dinner Menus

- Tonight* - Chicken Parmesan.
 - December 21* - Turkey dinner.
 - December 28* - Lasagna.
- Family Night dinners are served Thursday evenings at the Family Restaurant, 4:30-7:30 p.m. Prices: (military and civilian) \$4.50 adults, \$2.50 children (5-11 years), children 4 years and under are free. All ranks and base civilians welcome.

MCCS New Year's Bash

Bring in the New Year at the Marine Corps Community Services Annual New Year's Eve Bash.

Everyone is invited to attend: That means all ranks, civilian employees, their guests and family members are welcome.

Daytime events include: bowling, golf putting, basketball, racquetball, horseshoes, wall climbing.

Evening events are: a ham dinner from 4:30-6:30 p.m., a comedy show starting at 7 p.m., and a disc jockey turning the tunes for the Gala New Year's Eve Party starting at 8:30 p.m. The kicker is that only those 18 and over are allowed into the Comedy Show and party.

But, best of all, the whole thing is free. That's right, free.

Call 577-6971 today for reservations.

MCCS Holiday Hours

December 20-23	Hobby Shops No Aerobics	Closed
Christmas Eve - December 24	Bowling Center Hobby Shops No Aerobics	Closed Closed Closed
Christmas Day - December 25	All facilities closed unless noted below.	
	Family Restaurant	9 a.m.-2 p.m.
	Hobby Shops	Closed
	No Aerobics	
December 26	Family Restaurant	9 a.m.-2 p.m.
	Hobby Shops	Closed
	No Aerobics	
December 27-30	Hobby Shops	Closed
	No Aerobics	
New Year's Day - January 1	All facilities closed unless noted below.	
	Family Restaurant	9 a.m.-2 p.m.
	Hobby Shops	Closed
	Main Exchange (Nebo)	10 a.m.-6 p.m.
	No Aerobics	
January 2	Hobby Shops (Re-opens January 3)	Closed
	No Aerobics with Gina until January 5	

(This is only a partial list available at press time. Call 577-6733 for more information.)



SPORTS

SMP gears up for combat, sort of

By LCpl. Joshua Barnhardt
BARSTOW LOG staff

Running through the jungle with my M-16 ... or so it seemed like that to the Marines receiving rounds from down range.

Nine Marines from here participated in a paintball tournament against teams from Marine Corps Recruit Depot San Diego, Marine Corps Air Station Miramar, Marine Corps Base Camp Pendleton, and Marine Corps Air Ground Combat Center Twentynine Palms December 2.

The tournament was held in Ramona, Calif. It was the first time base Marines had participated in a paintball tournament.

Each team played seven games of capture the flag in the tournament. The object of the game is to go all the way to the enemy's base, steal their flag, and bring it back without being shot.

In case neither flag was captured, they based the game on a point system. A team received four points for every opponent they shot, ten points for taking the other team's flag, and 50 points for successfully taking it back to their home base.

The Barstow team started out slowly the first game and lost 12-8. They picked up the pace for the second game though, and won 16-12.

The Barstow Marines then lost two games in a row to fall to 1-3 for the day.

In the fifth game, Barstow regrouped and waxed a team of communication students from Twentynine Palms.

Going into the sixth game Barstow faced the cooks from Miramar, the toughest team in the tournament. The Barstow Marines were overrun by the superior firepower of the cooks who had their own paint guns, which were much better than the rental guns Barstow used.

The last game proved to be an even battle. Both teams fought hard and when time ran out, they were tied at 20 points each.

The Barstow team finished 2-4-1 and tied for fifth place out of nine teams. That's not bad for being first timers.



Lance Cpls. Samuel Reyes, Jr. and James D. Hosey and LeRoy Fearon, Installation and Logistics Department were three recipients of the Intramural Basketball Championship trophy awarded Tuesday at a luncheon honoring all participants in the Intramural Games program at the Oasis Club. The event was the first of its kind held on base, and recognized the athletes for their contributions to keeping intramural sports alive at MCLB Barstow.

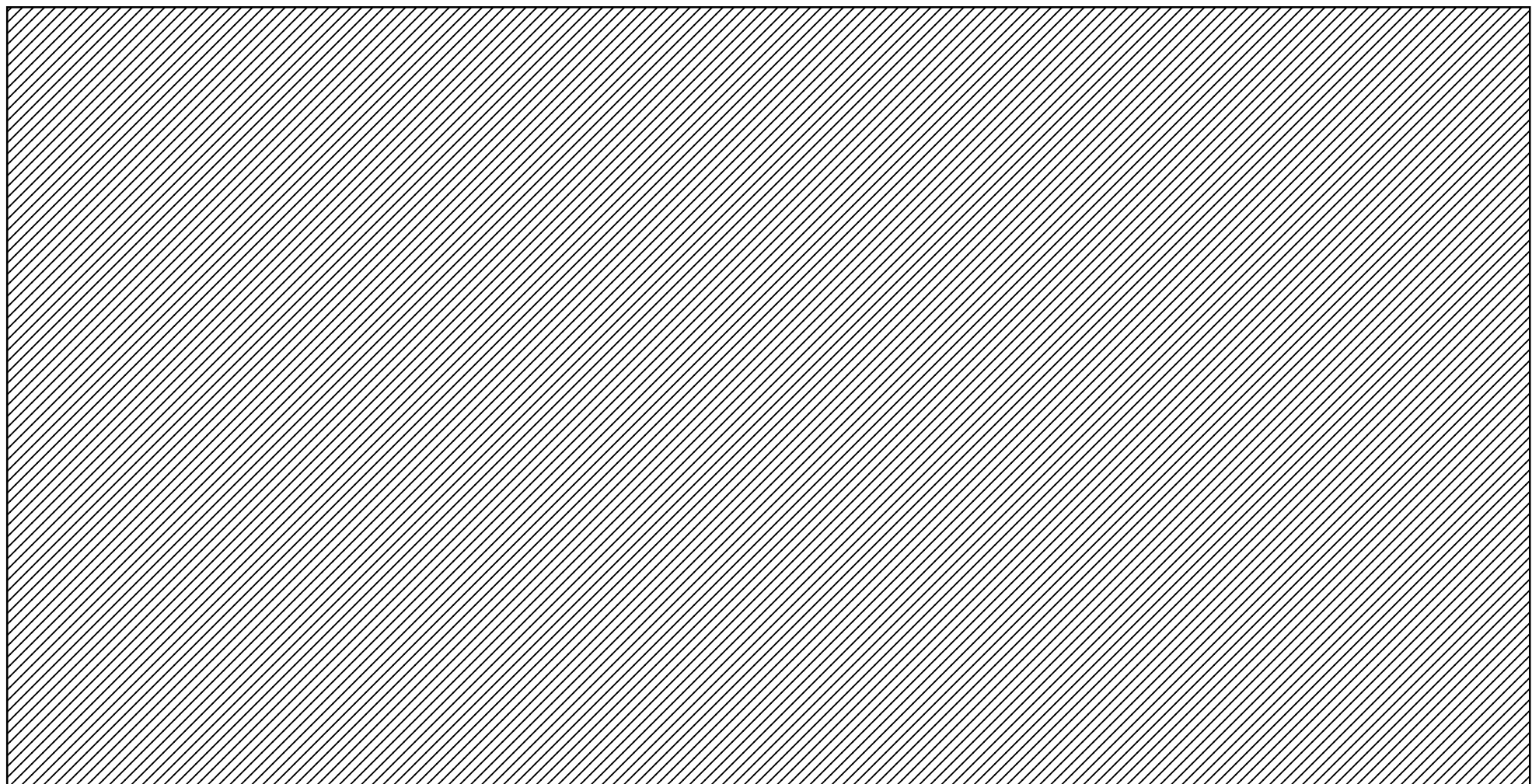
Photo by LCpl. Joshua Barnhardt

GUNNY'S PICKS WINNER



Photo by LCpl. Joshua Barnhardt

"The reason I won is I chose the Cowboys," claims three-time Picks winner and overall 2000 Picks Champ SSgt. Jimmy W. Hill, Information Systems Management Office. "Shame on all those who didn't believe in my 'Boys. Oh, by the way, watch the fightin' Texas Aggies beat up on Mississippi State in the Independence Bowl." Hill also predicts Minnesota will be Super Bowl champs. Hill broke a three-way tie by calling the Colts on the Monday night tie-breaker and beating out co-worker Juan Rivera and Donnie Keeney, Installation and Logistics Department, for the title. While he and Donnie both picked the Colts to win, Hill guessed closer on the point total. Thanks to everyone for playing. If you didn't take home a win this year, remember there is always next season.



Please submit all Trader Ads to editor@barstow.usmc.mil.

1983 CHEVY CAPRICE: As is, 350 V8, good transmission, new front tires, brand new starter. \$500 OBO. Call 253-7771 anytime.

1989 NISSAN 4X4 PICK-UP: 5-spd, A/C, 89K miles, A/T tires, custom rims, tint, custom bumpers w/hitch, runs excellent, \$3,750 OBO. Call 252-0039.

1998 BLAZER: P/D, P/W, A/C, CD, 4X4, Black, very well maintained, transferable warranty, must sell, \$14,500 OBO. Call 252-8666.

1997 TOYOTA PREVIA S/C: \$15,900 OBO. May consider payments, clean in/out. Call 255-3045.

1994 TOYOTA CAMRY LE: Sedan, 4-door, maroon exterior, tan leather interior, 4-cyl. 2.2L, front wheel drive, P/S, P/W, C/C, AM/FM, cassette, dual air bags, sliding sun roof, \$8,000 OBO. Call 240-5101, relay 888-887-5379.

MISCELLANEOUS: Retirement Sale, 1930 antique upright radio, \$100; Kenmore washer/dryer, \$150; set of 3 oak swivel barstools w/ backs, \$50 each; Craftsman 20" mulching mower, \$50; 5 hp/28 gal tank air compressor, 2 yrs old, \$200; Ryobi gas trimmer, \$50; Shop bench grinder/wire wheel \$20. Call 252-4352.

MISCELLANEOUS: Tow mirrors, f/ Dodge/GMC pick-up truck, \$40/pair. Call 256-6629.

MISCELLANEOUS: Truck tires, Michelin MH, LT235/85 R16, xlt. condition, matched set, \$40. Call 256-6629.

MISCELLANEOUS: Used ceiling fan, 52", \$12; child's tricycle, \$20; Stanley Cabinet w/sliding doors, model Basic 100, 93" high, \$35/each or 2 for \$70; webbed lawn chair, \$12; baby bath, \$3. Call 256-8803.

MISCELLANEOUS: Navy pea coat, good condition, size 38, \$20; Japanese antique coffee table, 5½'X19"X10", \$30; AM/FM radio/tape cassette/record player with 10"X14" speakers, \$20; pet carrier/kennel, 21"X16", \$10. Call 242-8839.

MISCELLANEOUS: Bus pass to Fort Irwin, 19 trips left. Worth over \$40. Will take \$35; refrigerator side-by-side, ice maker, chilled water, almond color, 3-4 years old, 27 cubic feet, \$450. Call 255-3045.

MISCELLANEOUS: Brown and beige high/low carpet, approx. 50 yards, \$50. Call 253-5926.

MISCELLANEOUS: Portable-electric range w/one-quart non-stick pot, \$15; grass trimmer, cordless battery, rechargeable \$20. Call 242-8839.

MISCELLANEOUS: Hobart and Gable piano by Story and Clark, good condition, must see to appreciate, \$750 OBO. Call 256-6632. Lv. msg.

MISCELLANEOUS: Treadmill, 0-6 mph, \$75 OBO; men's and women's 26", 21-speed mountain bikes, \$150 for both. Call 252-3023.

MISCELLANEOUS: Metal detector, White's Goldmaster, 4B, xlt. condition, \$450. Call 256-6629.

MISCELLANEOUS: PlayStation II, \$900 OBO. E-mail ElSalvgtok@aol.com, (650) 343-4284.

HOUSING from Page 1

of improved family housing here for future residents.

An example of work that could be paid for if obtaining funding for housing projects is realized would include whole house renovations, according to David Madrid, Marine Corps Community Services Family Housing Administration manager.

"Whole house renovations center around updating the primary entities of the house," said Madrid. "Since I have been employed in my current position, there have been no such renovations, and there aren't any records of them being done on the books. Some partial renovations of kitchens and bathrooms have taken place, but the projects the funding would allow us to include repairing all our major maintenance concerns; replacing plumbing and electrical wiring and completely renovating kitchens and bathrooms."

The secondary purpose of the survey focuses on the relationship between government quarters and the civilian housing market sector to see if the housing supply within a defined market is able to meet the needs of service members for affordable and adequate housing.

The survey area includes rental housing markets in Victorville, near Edwards Air Force Base, Baker and Barstow. All areas within a 60-mile commute of this base are being considered in the market analysis being conducted by RDN Inc. of Santa Barbara, Calif.

According to Madrid, the data collection and compilation for the area under the market study is being handled by Robert D. Nielhaus, the company's president and principal economist.

Madrid noted that in the end, the information collected from the surveys and the area housing market study could denote it is not feasible for junior service members to reside off-base when suitable government quarters are available because of the cost differential.

"Many Marines move out into town or another area and within a few months come to realize just the utilities they pay for housing alone is very expensive. Sometimes electricity bills can cost \$300 per month in this area," said Madrid. "In the end they have to pay a lot of their housing expenses out-of-pocket because their [Basic Housing Allowance] isn't enough.

"Our housing, like most other bases, does have its problems; it's old, but taking advantage of the benefit it offers by it being free can make a big difference in a family's income - if they budget wisely."

More than 300 housing surveys were mailed to housing residents. Residents who have not turned in their surveys are encouraged to do so. Additional surveys can be obtained at the Family Housing Office. For more information call 577-6706.

FLU from Page 1

According to the guidelines, active duty military here are sixth on the list.

Military sources historically require about 2.8 million vaccine doses to cover all active duty military and eligible beneficiaries, according to a Department of Defense

memo. As of September, only 230,680 doses were on-hand at Defense Supply Center Philadelphia, with approximately 2.5 million doses available between October and November and another 41,000 due by December.

The two principal reasons for the shortage are production of the Influenza A vaccine component have

been lower than expected, and manufacturing issues between the Food and Drug Administration and two of the four companies supplying the vaccine, one of which supplies the majority of vaccine to the Armed Forces.

For more info regarding the immunizations call Cmdr. Gregory L. Simpkins, 577-7722.

BRIEFS from Page 3

aged to dispose of their trees in this bin.

Craft Fair

The Barstow Mall is holding a Craft Fair Saturday, 10 a.m.-5 p.m., and Sunday, 11 a.m.-4 p.m.

The crafter's fee is a new toy for the Police Activities League.

