



Consortium Exchange Newsletter

Consumer Health Test Uses Healthy People Goals

How healthy are you? This is one question in the December/January *Consumer Reports on Health*. The self-test includes 20 questions, inspired by Healthy People 2000 objectives. Such questions include “Do you eat at least five daily servings of vegetables?” and “Have you tested your home for radon?” The narrative of the quiz refers to Healthy People 2000 objectives as the “...mother of all New Year’s resolutions that the government, health-care professionals, and ordinary individuals should take to improve the Nation’s health.” This is the second time *Consumer Reports on Health* has published a Healthy People test. The results from the first test revealed that respondents surpassed the national average in nearly every category. For more information contact Ronni Sandroff at sandro@consumer.org

Healthy People Guide for Public Health Week

“Healthy People in Healthy Communities” is the theme for the National Public Health Week, April 3-9, 2000 and the vision of Healthy People 2010. This national celebration, sponsored by the American Public Health Association (APHA), provides an opportunity to recognize the contributions of public health to the Nation’s well-being, while helping focus public attention on major health issues. Complimentary copies of the *National Public Health Week Planner’s Guide* and

the *Healthy People Planner’s Guide Supplement* are available on the APHA website www.apha.org/news/press/nphw.htm The *Healthy People Planner’s Guide Supplement* offers information about the Healthy People 2010 objectives, the Leading Health Indicators, the *Healthy People 2010 Toolkit*, Web resources, and quotable quotes. You are encouraged by both Surgeon General David Satcher and the Executive Director of APHA to incorporate your own version of Healthy People 2010 into your activities for National Public Health Week. Contact Carol Zimmerman at (202) 777-2742 or czimmerman@apha.org

AMA Encourages Support of Healthy People 2010

During its December meeting, the American Medical Association (AMA) Board decided to initiate efforts to draw attention to the release of the Healthy People 2010 objectives. The Board also decided to develop strategies for the AMA, along with its Federation, to encourage the implementation of Healthy People 2010 by physicians and medical societies. For more information contact Ratcliffe Anderson, Jr., at (312) 464-5000.

New State Healthy People 2010 Tool Library



You can view and download the latest State Healthy People 2010 tools and materials on the

Public Health Foundation (PHF) web site at www.phf.org/HPtools/state.htm All materials are organized by the seven “action areas” in the *Healthy People 2010 Toolkit* [www.health.gov/healthypeople/state/toolkit] and every item has a description of its use. These practical materials include items such as chapter review checklists, sample legislation, facilitator guidelines, steering committee surveys, and vision statements. PHF is compiling State tools as an online peer resource to assist State planning efforts. To contribute materials from your State, Territory, or Tribe, please contact Stacy Baker at sbaker@phf.org or (202) 898-5600.

Healthy Iowans 2010: Iowa’s Health Agenda for the New Millennium

Healthy Iowans 2010 has been released by the Iowa Department of Public Health. Approximately 550 Iowans accepted the challenge in the fall of 1998 to advance healthy living and the quality of life in the new decade. These Iowans represent more than 200 separate organizations concerned with health issues. The organizations have now assumed major roles to ensure that the plan is implemented. Healthy

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Iowans 2010 has 23 chapters, including an extensive chapter on disabilities, that addresses prevention issues and focuses on coordinated and comprehensive efforts to provide services to Iowans with disabilities. The substance abuse chapter includes a section on problem gambling. As a part of the Healthy Iowans 2010 process, a coalition was formed to address asthma and draft the respiratory disease chapter. The entire Healthy Iowans 2010 plan is available on the Iowa Department of Public Health Web site: www.idph.state.ia.us For more information contact Ron Eckoff, MD, Healthy People State Action Contact at (515) 281-5914 or reckoff@idph.state.ia.us

Healthy Kentuckians 2010

Healthy Kentuckians 2010 is the State's prevention initiative. The Healthy Kentuckians 2010 plan follows the national *Healthy People 2010* document, with objectives and targets set to meet the needs of Kentuckians. A draft copy of *Healthy Kentuckians 2010* was made available for public review from November 15, 1999 to December 20, 1999. Comments were solicited from public, private, and academic health organizations, and from all other stakeholders with an interest in public health, medical care, and State health policy. The final document will be released during Public Health Week 2000. For more information contact Margaret Stapleton, KDPH at (502) 564-3418 or margaret.stapleton@mail.state.ky.us

South Carolina Healthy People 2010

South Carolina is moving from promoting the recognition of Healthy People and supporting community action to concentrating on using Healthy People objectives to track progress. Within the State public health agency, the Healthy People 2010 objectives will have an even higher profile because program plans and publications will be highlighting

progress related to the objectives. State agencies with public health responsibilities and data sets are choosing a limited number of Healthy People 2010 indicators that are seen as the most important to track health improvement in the community. This indicator set, with county-level data, would be tracked over the decade and publicized widely to provide both focus and accountability. For more information contact Jerry Dell Gimarc, Healthy People State Action Contact, at (803) 898-3325 or GIMARCJD@columb20.dhec.state.sc.us

West Virginia Healthy People 2010

West Virginia is finishing an 18-month process leading to the publication of *West Virginia Healthy People 2010*. More than 300 people were involved in producing the 27 chapters. These individuals were from a broad base, including government, voluntary organizations, health care providers, churches, schools, universities, corporations, and consumers. *West Virginia Healthy People 2010* will be released at the annual conference of the State Health Education Council, April 30 to May 3, 2000. One new feature of *West Virginia Healthy People 2010* is the inclusion of a chapter on end-of-life issues, an added focus area that was developed as a result of public input. For more information contact Tom Sims, Healthy People State Action Contact at (304) 558-0644 or tomsims@wvdhhr.org

About Consortium Exchange



Healthy People Consortium Exchange is an information resource for Healthy People Consortium members to share news about prevention activities related to achieving the Nation's health promotion and disease prevention objectives. Please send news about your programs and activities to Miryam C. Granthon, Consortium Coordinator, Office of Disease Prevention and Health Promotion, 200 Independence Avenue, SW, Room 738G, Washington, DC 20201; (202) 690-6245; fax (202) 690-7054; mgranthon@osophs.dhhs.gov. For a list of Consortium members or to see other issues of Consortium Exchange and other Consortium materials, visit www.health.gov/healthypeople

Info on the Web

Mental Health: A Report of the Surgeon General

www.surgeongeneral.gov/library/mentalhealth/index.html

The first Surgeon General's Report on Mental Health declares that mental illness is a critical public health problem that must be addressed by the Nation. The full report is available on this Web site. To receive your personal Executive Summary of Mental Health: A Report of the Surgeon General, please call toll free 1-877-9-MHEALTH.

APHA's Nation's Health, Interview with Dr. Satcher on Healthy People 2010

www.apha.org/

Surgeon General David Satcher reflects on the significance of the Healthy People initiative in this interview with the American Public Health Association.

BodyWise Information Packet for Middle School Personnel

www.4woman.org/BodyImage/bodywise.htm

This program's goal is to increase knowledge of eating disorders, including their signs and symptoms. Click here to download the packet materials designed for teachers, coaches, counselors, and school administrators who work with fifth-, sixth- and seventh-grade students.