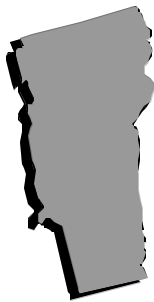




CONSORTIUM EXCHANGE

HEALTHY VERMONTERS 2010

Healthy Vermonters will establish the State's health priorities for the next decade. Advisory groups have been formed around priority areas that are linked closely with the national Healthy People 2010 focus areas. These advisory groups are comprised of public health partners from the health care provider community, voluntary health agencies, other State agencies and the legislature. Aligned with the newly released Vermont Health Plan, which outlines the five major determinants of health: human biology, habits and behaviors, changing environment, economic and social factors, and the health care system, Healthy Vermonters 2010 and an annual Action Plan will identify the specific action steps necessary to improve health. It is anticipated that Healthy Vermonters 2010 will be released prior to the end of 1999. For more information contact Burton Wilcke, Director of Health Surveillance, (802) 863-7246.



TURNING POINT INITIATIVE

Alaska, Montana and North Carolina have all linked their Healthy People plans to the Turning

Point: Collaborating for a New Century in Public Health Initiative. The goal of this initiative is to transform and strengthen the public health infrastructure in the United States so that states, local communities and their public health agencies can respond to the challenge to protect and improve the public's health in the 21st Century. The Governor's Task Force for Healthy Carolinians serves as the steering committee of the State's Turning Point strategic planning activities. The Governor's Task Force has the additional responsibilities to establish North Carolina's Health Objectives for the Year 2010. For more information contact Ms. Mary Bobbitt-Cooke, Director, Office of Healthy Carolinians at (919) 715-0416 or mary.bobbitt-cooke@mcmail.net.

HEALTHY NORTH CAROLINIANS

North Carolina Governor Hunt has established the Governor's Task Force for Healthy Carolinians. The overall goal of the Healthy Carolinians Task Force is to improve the health and well-being of all community residents with "...a vision of health and safety for communities beyond 2000." For more information contact the Office of Healthy Carolinians at (919) 715-4173 or visit www.healthycarolinians.org

HEALTHY PEOPLE TOOLKIT

The Healthy People 2010 Toolkit provides guidance, technical tools, and resources to help states, territories, and tribes develop and promote successful state-specific Healthy People 2010 plans. It can also serve as a resource for communities and other entities embarking on similar health planning endeavors. This Toolkit is organized around seven major "action areas:"

1. Leadership and Structure;
2. Identifying and Securing Resources;
3. Identifying and Engaging Community Partners;
4. Setting Health Priorities and Establishing Objectives;
5. Obtaining Baseline Measures, Setting Targets, and Measuring Progress;
6. Managing and Sustaining the



Process Communicating Health Goals and Objectives. 7. Communicating Objectives. Each action area includes tips for success, "hot picks" resources, and planning

tools that can be easily adapted to state or local needs. Included as appendices are listings of resources; Healthy People State, Territorial, and Action Contacts; and state and national Healthy People web sites. To order a copy of the Toolkit for \$39 (Item RM-005), contact the Public Health Foundation toll-free at (877) 252-1200 or visit their online bookstore at <http://bookstore.phf.org>.

HEALTHY PEOPLE 2000 REVIEW 1998-99

The *Healthy People 2000 Review 1998-99*, sixth in a series of statistical profiles on the year 2000 objectives was released by the Surgeon General in June and can be downloaded from the National Center for Health Statistics Web site. The *Review*

indicates that 15 percent of the objectives have reached or surpassed the year 2000 targets including many in such diverse areas as Nutrition, Maternal and Infant Health, Heart Disease and Stroke, and Mental Health Disorders. Progress toward the targets has been made for another 44 percent of the objectives including child immunizations, breast-feeding, regular dental visits, mammography screening, and consumption of five fruits and vegetables a day. The report also shows that 18 percent show movement away from the targets. Some key objectives, such as reducing the number of overweight individuals and increasing physical activity, have either moved in the wrong direction or improved little. Data for 6 percent of the objectives show mixed results and 2 percent show no change from the baseline. Thirty-five objectives (11 percent) have baseline data but have no additional data with which to evaluate progress. Two new baselines were obtained this year. Baselines have yet to be obtained for 9 objectives (3 percent). The *Review* also contains a chart section that highlights selected life-stage objectives. For more information, visit <http://www.cdc.gov/nchswww/products/pubs/pubd/hp2k/review/review.htm>, or call the National Center for Health Statistics at (301) 436-8500.

U.S. WATER FITNESS ASSOCIATION EXAM

The United States Water Fitness Association, Inc. for their National Certification Examination have included a question about the goals Healthy People 2000. The exam is a 8-question multiple choice test. The question that is asked is "Which of the following is not a goal of the 1990 U.S. Department of Health and Human Services's Healthy People 2000 document: (a) to increase the span of healthy life for Americans (b) to reduce health disparities among Americans (c) to achieve access to preventive services for all Americans (d) all of the above are stated goals of the HP2000 document.* The United States Water Fit-

ness Association, Inc. is a non-profit educational organization that promotes the benefits of water exercise worldwide. For more information contact Jon Spanuth at (561) 732-0950.

INFO ON THE WEB

<http://www.MENTALHEALTH.GOV>: In June the White House hosted a live satellite broadcast and webcast Conference on Mental Health: *Working For a Healthier America*. A participant list and remarks by the President, First Lady, Vice President, and Mrs. Gore are available at the web site.

Men's Health:

<http://www.healthfinder.gov/justforyou/men/Default.htm> healthfinder's men's health information page provides selected links to health resources on topics of special interest to men: baldness, fatherhood, prostate problems, and many more.

<http://www.4woman.org/Mens/Default.htm>

"What About Men's Health?" focuses on issues such as exercise, nutrition, mental health, health of college age, minority and older men in order to learn more about health risks which are specific to men of different ages and races.

http://www.health.gov/healthy_people

Six recent Healthy People Progress Reviews now available in streaming video. Each video is approximately two hours long.

ABOUT CONSORTIUM EXCHANGE

HEALTHY PEOPLE CONSORTIUM EXCHANGE is an information resource for Healthy People Consortium members to share news about prevention activities related to achieving the Nation's health promotion and disease prevention objectives. Please send news about your programs and activities to Miryam C. Granthon, Office of Disease Prevention and Health Promotion, 200 Independence Avenue, SW, Room 738G, Washington, DC 20201; (202) 690-62455; Fax (202) 690-7054; mgranthon@osophs.dhhs.gov.

Healthy People is a national initiative to improve the health of all Americans through prevention. It is driven by 319 specific national health promotion and disease prevention objectives targeted for achievement by the year 2000. The three goals for Healthy People 2000 are to increase the span of healthy life for Americans, reduce health disparities and achieve access to preventive services for all. Development of national health objectives for 2010 begun in 1996 with focus group sessions, public meetings, and a web site. People from across the country have made their views known. Healthy People 2010 will address such forward-looking issues as changing demographics, advances in preventive therapies, and new technologies. Healthy People 2010 will be launched at the *Partnerships for Health in the New Millennium* conference, January 24-28, 2000 in Washington D.C. For more information view the conference web site at www.health.gov/partnerships

