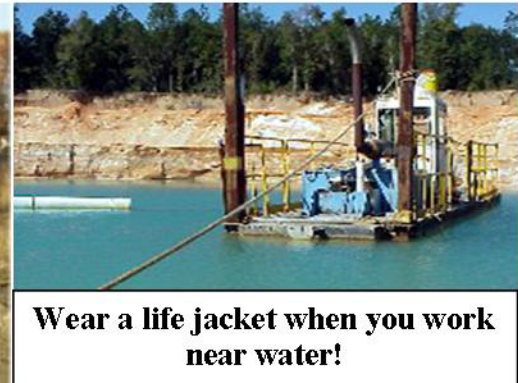


# Watch out for October It may come back to HAUNT YOU!

**During October (1999-2003) 41 miners have died!  
October is one of the most dangerous months for miners.**



**Remember, heavy equipment has blind spots!**



**Wear a life jacket when you work near water!**



**Follow safe job procedures!**



**Guard moving machine parts!**



**Maintain Equipment in a safe manner!**

**Identify possible hazards. Remove or control the hazards before you begin the task.  
Commit to working safely "Every Job—Every Day—Every Time!"**



**October has shorter daylight hours and this may cause people to experience SAD (Seasonal Affective Disorder). SAD is a type of winter depression caused by shorter daylight hours. Symptoms of SAD may include inattentiveness, failure to be alert or aware of surroundings, and sluggishness. All of these play a role in safety and health.**

**Wear the Personal Protective Equipment (PPE) required for the job, especially a harness!**

**Stay alert. Remember, Alert today, Alive tomorrow!**



**U.S. Department of Labor**  
**Mine Safety and Health Administration**  
Protecting Miners' Safety and Health Since 1978