



www.healthfinder.gov/espanol

healthfinder® ESPAÑOL

Su guía gratuita a información confiable de la salud

healthfinder® es un sitio Federal en el Internet que ha recibido varios premios.

healthfinder® ayuda a mantener saludables a las personas, comprender diagnósticos, investigar opciones para tratamientos, encontrar ayuda, y generalmente mantenerse más informados sobre la salud y los asuntos médicos.

healthfinder® página electrónica coordinada por la Oficina de Prevención de Enfermedades y Promoción de la Salud, Departamento de Salud y Servicios Humanos.



Be healthy and have fun!

www.healthfinder.gov/kids



See how cool it is to take care of yourself and be as healthy as you can be. Or you might want to see how uncool it can be when you don't.



Want to be a detective or explorer? Do a crossword puzzle or find a new recipe? Try one of over 50 health games!



Web sites are a lot of fun, but you should talk to your parents about how to surf safely.



Enter contests and learn something about health at the same time.



U.S. Department of Health and Human Services
Office of Disease Prevention and Health Promotion



healthfinder® is your free guide to reliable health information featuring special information for men and women, parents, kids, seniors, racial and ethnic groups, and Spanish speakers.

Forbes ~ Probably the quickest way to find Web-based information on a particular health condition

USA Today ~ A prescription for headaches caused by the dizzying morass of health information on the Internet

www.healthfinder.gov

is the award-winning Federal health Web site developed by the U.S. Department of Health and Human Services, together with other Federal agencies. healthfinder® supports the goals of HHS Secretary Thompson's *Steps to a HealthierUS* initiative, including supporting behavior changes, encouraging healthier

lifestyle choices, and reducing disparities in health.

Since 1997, healthfinder® has been recognized as a key resource for finding the best health information on the Internet. healthfinder® links to carefully selected information and Web sites from over 1,700 health-related organizations.

healthfinder® is coordinated by the Office of Disease Prevention and Health Promotion and supported by the National Health Information Center. For more information, please write to NHIC, P.O. Box 1133, Washington, DC 20013-1133, or e-mail healthfinder@nhic.org.

The screenshot shows the healthfinder.gov homepage. At the top, the logo features a red apple with the text 'healthfinder®' and 'www.healthfinder.gov'. The main heading reads 'healthfinder® — your guide to reliable health information'. Below this is a search bar and navigation links for 'help' and 'about healthfinder®'. The page is organized into several sections: 'health library' (hand-picked health information), 'just for you' (special health topics by age, race, and ethnicity), 'health care' (information about doctors, dentists, etc.), and 'directory of healthfinder® organizations' (carefully selected health information Web sites). A central 'health news' section lists articles such as 'Gene Therapy Cures Immune Disorder', 'Teens Engaging Less in Risky Behavior', 'The Pill Not Tied to Future Breast Cancer', 'Vasectomy's Link to Prostate Cancer Debunked', and 'More News >>'. Below this is a 'today's online checkups' section with links for 'Diabetes Risk Test', 'Calculate Your Body Mass Index', and 'More Online Checkups >>'. At the bottom, there are links for 'accessibility', 'disclaimer', 'freedom of information act', 'privacy', and 'contact us', along with the 'Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services' and the 'FIRSTGOV' logo. The browser address bar shows 'http://www.healthfinder.gov/'.

check these out!

español

healthfinder® includes a special section for Spanish speakers and their families or healthcare providers that makes it easy to view the same information in English or Spanish.

KIDS

Kids 8-12 can find lots of information about how to be healthy and have fun as healthfinder® KIDS.

health news

Living longer and living better are the best kind of news. Check healthfinder® daily for the latest.

online checkups

Make time for a quick online checkup on your health—nutrition, cholesterol, cancer risk, physical fitness, and more!

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