## WHAT SHOULD I TELL CLIENTS ABOUT THE CLINICAL TRIALS NETWORK AND THE TELE STUDY?

Interested clients should be referred to a member of the research team and/or to informational handouts developed by the National Drug Abuse Treatment Clinical Trials Network. The consent document also provides specific information about the study, and will be discussed with potential participants by the research staff. Consult your supervisor, the study research assistant, or the program director or research director for more information.

### FOR MORE INFORMATION

More information on the National Drug Abuse Treatment Clinical Trials Network can be found at www.drugabuse.gov. Go to www.Clinicaltrials.gov to learn about other studies sponsored by the government. Information on who can take part and where and why the study is being done are available. Instructions on how to apply for studies are also on this site.

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# National Drug Abuse Treatment Clinical Trials Network



TELEPHONE
ENHANCEMENT
OF LONG-TERM
ENGAGEMENT

A research study to improve participation in Continuing Care Activities

FOR CLINICIANS

# FOR RESIDENTIAL PROGRAM STAFF

Your residential program is going to participate in a clinical trial to study whether scheduled telephone contacts during continuing care
1) encourages ongoing participation in continuing care activities and 2) reduces substance abuse. The study will also determine the feasibility of continuing phone contact with research participants once they are discharged into the community.

Participants will receive either continuing care as usually delivered or continuing care plus seven telephone calls over the course of 12 weeks. All participants will have a follow-up visit at Week 13.

This information sheet gives an overview of the study. It also answers questions you might have about your involvement in the study. More information can be found in the National Drug Abuse Treatment Clinical Trials Network brochure, *What are Clinical Trials?* 

## WHY IS IT IMPORTANT TO STUDY NEW TYPES OF CONTINUING CARE?

Researchers have determined that increasing contact with clients after discharge increases participation in continuing care activities and reduces substance abuse. However, they still do not know what type of continuing care outreach is most benefi-

cial yet low-cost. This study will help researchers to determine whether telephone contact is a reasonable outreach strategy and whether it should be studied further.

### HOW WILL THIS STUDY AFFECT OUR CURRENT TREATMENT PROCEDURES?

All of the participants in this study will take part in the usual substance abuse treatment offered by your program. Clients who want to enroll in this study must provide written informed consent and will be asked for information to allow completion of some additional questionnaires and assessments. Shortly before program discharge, counselors will meet with participants to inform them of their study assignment. Study procedures will be separate from treatment as usual and should not interfere with the regular operations of your program.

### HOW WILL PARTICIPATING IN THIS STUDY CHANGE OUR CURRENT PRACTICES?

Conducting research in your program should not have a big impact on how you interact with clients. Different, and perhaps more stringent, rules for maintaining confidentiality and privacy apply in the case of research. For example, the fact that a client is participating in a study is to be kept confidential, and should not be discussed in common areas or mentioned to other clients.

### WHAT ARE THE BENEFITS FROM PARTICIPATING IN THIS CLINICAL TRIAL?

By participating in this clinical trial, your program will play an important role in advancing our knowledge of effective strategies for assisting this population in their recovery. Your participation also may provide your clients with access to a novel approach that may support them in their efforts to stay off drugs and alcohol.