

**Table 6.37A Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2002**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>	MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>	
		Received	Not Received
Could Not Afford Cost	4,302	2,095	2,196
Might Cause Neighbors/Community to Have Negative Opinion <sup>4</sup>	1,261	517	743
Might Have Negative Effect on Job	880	426	444
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	659	265	394
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	1,258	810	447
Did Not Know Where to Go for Services	2,013	800	1,208
Concerned About Confidentiality	1,332	528	795
Fear of Being Committed/Have to Take Medicine	876	500	376
Did Not Feel Need for Treatment <sup>5</sup>	801	248	553
Could Handle Problem Without Treatment <sup>5</sup>	539	150	389
Treatment Would Not Help <sup>5</sup>	198	93	104
Did Not Have Time <sup>5</sup>	1,006	511	495
No Transportation/Inconvenient <sup>5</sup>	300	196	104
Counselor/Program Quality Issues <sup>5</sup>	221	142	79
Did Not Want To/Afraid/Embarrassed <sup>5</sup>	1,030	455	566
Some Other Reason	515	161	353

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for alcohol or drug use. Respondents with missing treatment/counseling information are excluded.

<sup>4</sup> Includes other specify responses of "did not want others to find out you needed treatment."

<sup>5</sup> Respondents were permitted to specify other reasons for not receiving mental health treatment/counseling. This reason is one of the most commonly reported other reasons for not receiving treatment/counseling.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002.

**Table 6.37B Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2002**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>	MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>	
		Received	Not Received
Could Not Afford Cost	38.2	39.8	36.6
Might Cause Neighbors/Community to Have Negative Opinion <sup>4</sup>	11.2	9.8	12.4
Might Have Negative Effect on Job	7.8	8.1	7.4
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	5.8	5.0	6.6
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	11.2	15.4	7.5
Did Not Know Where to Go for Services	17.9	15.2	20.1
Concerned About Confidentiality	11.8	10.0	13.3
Fear of Being Committed/Have to Take Medicine	7.8	9.5	6.3
Did Not Feel Need for Treatment <sup>5</sup>	7.1	4.7	9.2
Could Handle Problem Without Treatment <sup>5</sup>	4.8	2.9	6.5
Treatment Would Not Help <sup>5</sup>	1.8	1.8	1.7
Did Not Have Time <sup>5</sup>	8.9	9.7	8.3
No Transportation/Inconvenient <sup>5</sup>	2.7	3.7	1.7
Counselor/Program Quality Issues <sup>5</sup>	2.0	2.7	1.3
Did Not Want To/Afraid/Embarrassed <sup>5</sup>	9.1	8.6	9.4
Some Other Reason	4.6	3.1	5.9

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for alcohol or drug use. Respondents with missing treatment/counseling information are excluded.

<sup>4</sup> Includes other specify responses of "did not want others to find out you needed treatment."

<sup>5</sup> Respondents were permitted to specify other reasons for not receiving mental health treatment/counseling. This reason is one of the most commonly reported other reasons for not receiving treatment/counseling.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002.

**Table 6.38A Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment and Serious Mental Illness in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2002**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>	MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>	
		Received	Not Received
Could Not Afford Cost	2,360	1,333	1,018
Might Cause Neighbors/Community to Have Negative Opinion <sup>4</sup>	658	354	304
Might Have Negative Effect on Job	440	265	167
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	371	199	172
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	684	506	178
Did Not Know Where to Go for Services	1,093	536	557
Concerned About Confidentiality	716	371	336
Fear of Being Committed/Have to Take Medicine	615	417	198
Did Not Feel Need for Treatment <sup>5</sup>	207	114	93
Could Handle Problem Without Treatment <sup>5</sup>	171	92	79
Treatment Would Not Help <sup>5</sup>	92	60	32
Did Not Have Time <sup>5</sup>	376	233	143
No Transportation/Inconvenient <sup>5</sup>	152	119	33
Counselor/Program Quality Issues <sup>5</sup>	133	93	39
Did Not Want To/Afraid/Embarrassed <sup>5</sup>	522	300	213
Some Other Reason	242	78	163

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.6 of Appendix B of the *Results from the 2002 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment and serious mental illness, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for alcohol or drug use. Respondents with missing treatment/counseling information are excluded.

<sup>4</sup> Includes other specify responses of "did not want others to find out you needed treatment."

<sup>5</sup> Respondents were permitted to specify other reasons for not receiving mental health treatment/counseling. This reason is one of the most commonly reported other reasons for not receiving treatment/counseling.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002.

**Table 6.38B Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment and Serious Mental Illness in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2002**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>	MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>	
		Received	Not Received
Could Not Afford Cost	44.3	42.2	47.1
Might Cause Neighbors/Community to Have Negative Opinion <sup>4</sup>	12.3	11.2	14.1
Might Have Negative Effect on Job	8.3	8.4	7.7
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	7.0	6.3	8.0
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	12.8	16.0	8.2
Did Not Know Where to Go for Services	20.5	17.0	25.8
Concerned About Confidentiality	13.4	11.7	15.5
Fear of Being Committed/Have to Take Medicine	11.5	13.2	9.2
Did Not Feel Need for Treatment <sup>5</sup>	3.9	3.6	4.3
Could Handle Problem Without Treatment <sup>5</sup>	3.2	2.9	3.7
Treatment Would Not Help <sup>5</sup>	1.7	1.9	1.5
Did Not Have Time <sup>5</sup>	7.1	7.4	6.6
No Transportation/Inconvenient <sup>5</sup>	2.9	3.8	1.5
Counselor/Program Quality Issues <sup>5</sup>	2.5	3.0	1.8
Did Not Want To/Afraid/Embarrassed <sup>5</sup>	9.8	9.5	9.9
Some Other Reason	4.5	2.5	7.6

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.6 of Appendix B of the *Results from the 2002 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment and serious mental illness, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for alcohol or drug use. Respondents with missing treatment/counseling information are excluded.

<sup>4</sup> Includes other specify responses of "did not want others to find out you needed treatment."

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002.