

Army Reserve

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CA in Afghanistan, page 8



Inspiration, page 18

FRONT COVER: Spc. Sandra Mercado shares her experiences as part of the Army of One ad campaign (See story, page 36)

BACK COVER: Capt. Joe McMahan of the 489th Civil Affairs Battalion, his interpreter Yama, and a local worker organize a project at the Sultan Rasi Girls School in Mazir-e Sharif, Afghanistan. The Army Reserve unit is part of a Civil Affairs team based in the city. (Photo by Sgt. Kevin P. Bell)

LT. GEN. JAMES R. HELMLY
CSM. ALEX R. LACKEY
COL. GARY M. PROFIT
MR. AL SCHILF
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Chief, Army Reserve Command Sergeant Major of the Army Reserve Dir., Public Affairs & Liaison Directorate Chief, Public Affairs Branch Editor-in-Chief

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EDITOR'S NOTE: Page 55 incorrectly credits the photo. The photo was taken by Sgt. 1st Class Kelly Luster, 354th Mobile Public Affairs Detachment.



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'Gravity of the Moment...'

Army Reserve Changes Leadership During Time of War



Lt. Gen. James R. Helmly, Chief, Army Reserve.

By Lt. Col. Randy Pullen

May 2002 brought a change in the leadership of the Army Reserve.

Maj. Gen. James R. Helmly took command of the U.S. Army Reserve Command from Lt. Gen. Thomas J. Plewes in a May 3 ceremony held at Fort McPherson, Ga. By the end of the month, Plewes had retired from the Army, ending a 36-year career, Helmly had taken his place as the Chief, Army

Reserve (CAR), and he had also been promoted to lieutenant general.

Although this changing of the top leadership is something that normally takes place about every four years, there were a couple of unique features this year.

For one thing, Helmly's promotion to lieutenant general made him only the second CAR to wear three stars. Plewes had been the first when he was promoted in June 2001.

The other feature that made this leadership change different from others in recent memory is that it took place during time of war — the global war against terrorism that began when terrorists killed thousands of Americans on September 11, 2001.

The "gravity of the moment" — what Helmly called accepting command of USARC during a state of war — was both humbling and sobering to the two-tour combat veteran of Vietnam. In accepting the responsibility of command, he spoke of the challenges faced by the Army Reserve and by Army Reserve leaders at all levels.

"We are honored to serve our country and its citizens, especially so now," Helmly said. "Our proud predecessors sacrificed much to create the country that we enjoy today. It is now our turn to sacrifice."

Noting that many had already met the call to serve, he said that it was only a matter of time before many more will be called to replace and augment those on duty now.

"It is necessary that we go about preparing for this with a sense of energy and dispatch," Helmly said. "As leaders, it is our solemn and sworn obligation that we should send no soldier forward unprepared and untrained. No soldier should ever suffer from a lack of the toughest, most rigorous and demanding training that we can possibly provide — we will make sure our soldiers get that training."

Army Reserve Future

Helmly said that the Army Reserve would also build upon the immense improvements made in family readiness initiated by Lt. Gen. Plewes and Elizabeth Plewes and by Maj. Gen. Craig Bambrough and Sue Bambrough, because "it is not only soldiers we send to war, it is the family members, whose hearts, memories and love also accompany our soldiers to war."

Improved family readiness was an important accomplishment during Plewes' tenure as the Chief, Army Reserve. It joined a long list of successes and achievements that had taken place in the four years since Plewes had assumed the dual responsibilities of CAR and CG, USARC.

During these years, the last half of the dynamic post-Gulf War decade, the Army Reserve had created a new vision for itself and used this vision as its living blueprint for transformation. This transformation, which began in peacetime, now continues while at war.

Because of improvements in readiness — the Army Reserve was at its highest measured readiness in history when the terrorist attacks on America took place — it was able to respond immediately and decisively on September 11 and has continued to do so since, even as greater and greater demands were placed on Army Reserve units, soldiers and capabilities in the war on terrorism.

Until 2000, the Army Reserve had not made its recruiting goals in a decade. The recruiting mission was made in 2000, was made again in 2001 and the Army Reserve is on track to achieve mission success in 2002. Top-driven emphasis, hard work by leaders, recruiters and soldiers throughout the Army Reserve, and numerous initiatives and incentives paid off.

Other Priorities

Another priority was the commander's program of retention. This, too, was a success story. For both recruiting and retention, success was achieved with no lowering of quality standards.

In the area of resources, the Army Reserve went from a \$3.2 Billion Army Reserve budget in 1998 to a more than \$4.6 Billion budget in 2002. It is on track for a \$5.4 Billion budget in 2003, which will be a 70 percent increase from the 1998 one. More funding meant more Full-Time Support personnel to improve readiness, better facilities to

From the Command Sergeant Major

'Lunch with The CSM of the Army Reserve'

Command Sgt. Maj. Alex R. Lackey





During the past three years, I have traveled around the world visiting soldiers. Following my trips, I prepare an After Action Review (AAR) and write articles about things that you are interested in or have concerns about. Recently, Sgt. First Class Darren Patterson visited me at the

Pentagon and wrote about his experience. I thought it would be appropriate to use it for this for this article and I hope you enjoy reading it.

WASHINGTON, D.C.—When Command Sgt. Major Alex Ray Lackey, Command Sergeant Major for the U.S. Army Reserve, left his Old Kentucky Home in Bowling Green more than two years ago to accept the top non-commissioned officer's position, he made it clear the door to his new office would always be open.

"If you ever get a chance to visit me at the Pentagon, just give me a call," I had remembered him saying to the soldiers of the 100th Division where he had been Command Sergeant Major before moving to D.C.

Having worked along side of Sgt. Major Lackey at Division Headquarters in Louisville, I decided to accept the offer during a recent visit to the Pentagon.

Rather than just dropping in, I e-mailed the sergeant major and received a response the same day. "Sure," the response read, "I have to testify in congress, but I am sure I can find time to meet with you." Since the Army Reserve's top enlisted man receives more than 100 e-mails a day, I was quite impressed that I received such a quick answer. I later found out that he insists on answering each message personally.

A couple of days later, we scheduled lunch.

I arrived in D.C. in February along with fellow Army Reservists on AT (Annual Training). After driving around a maze of concrete road barriers, my colleague and I found a place to park. While briskly walking to the entrance of the wounded Pentagon building, we noticed the Military Police were "locked and loaded," covering various avenues of approach on the highways surrounding the huge five sided building.

Once inside the building, the security guards ensured we were thoroughly screened and given proper temporary passes. The guards unexpectedly briefed us on the importance of the timely submission of NCOERs and OERs. A real value-added approach to security, I thought.

After negotiating several corridors, I realized why the building has been referred to as the "Puzzle Palace." The Pentagon is full of life. Everyone was moving quickly, with determined, mission-focused images chiseled on their faces. Finally, we found the Office of the Chief, Army Reserve and greeted the sergeant major.

He immediately gave me a block of instruction on the "Pentagon Walk," which is somewhere in between quicktime and double-time march. As we walked briskly toward the Pentagon Dining Room, Lackey described the added demands on his schedule since September 11th.

"Since 9-11, I have constantly traveled around the world visiting with deployed members of the Army Reserve," he said. "I am a master of my own schedule, but often feel I have to be everywhere at the same time."

As we sat down to eat a quick lunch, I had the opportunity to ask Lackey a few questions regarding the position he holds, and the demands on his time.

What are the demands of being the Army Reserve's Top Non-Commissioned Soldier?

He described the job as rewarding and enjoyable, but often a challenge when it comes to protocol.

"I am an 'old country boy' from Kentucky, and it has been a challenge getting accustomed to the protocol surrounding the many events I attend. It has been a personal struggle, but I have become more comfortable in the past

As you travel around the world, what is on the minds of our soldiers?

"Afghanistan and Training. Many soldiers tell me they want to go to Afghanistan," he continued. "They are all highly motivated and moral is high," explained Lackey. Other concerns Lackey has heard involve the amount of annual training days needed to accomplish a specific mission. "In the field, more days are always needed to train to the highest standard," he added.

How did Sept. 11th affect the future of the Army Reserve?

"Perhaps the Army Reserve will be allowed more service support and combat support units. More military police, chemical corps, special operations force and civil affairs appears to be needed," he said.

You are the highest-ranking Non-Commissioned Officer in the Army Reserve, what has been the key to your success?

"What has made me so successful was sticking to what





(above) In one of his sadder duties as CAR, Lt. Gen. Thomas J. Plewes, presents an American flag "on behalf of a grateful nation" to Patricia Scales at Arlington National Cemetery on Oct. 11, 2001. Col. David M. Scales, an Active Guard Reserve officer assigned to the Office of the Deputy Chief of Staff for Personnel, was killed in the Sept. 11 Pentagon attack. (right) Gen. Larry R. Ellis, commanding general of Forces Command, passes the U.S. Army Reserve Command (USARC) flag to Maj. Gen. James R. Helmly, incoming USARC commanding general.

CAR, from page 4

enhance Quality of Life/Quality of Service and improve retention, and more training opportunities for more soldiers.

Throughout the Plewes' years as CAR, the Army Reserve had been a relevant and essential component of The Army. It conducted a hasty mobilization, engaged in and continues to engage in a global battle against terrorism; it supported the Army's day-to-day operations before September 11 and is continuing to do so; it is fully engaged in Army Transformation; and it was sustaining the Army Reserve and Army National Guard partnership — a partnership spearheaded and made a reality by Plewes. This partnership gets stronger as Army Reservists and Army National Guard soldiers work side-by-side defending the homeland.

And because of the successes in all of the five R's — the five R's were Plewes' method to list his priorities and then report back on how well the Army Reserve was doing in each area — because of all the Army Reserve did and all that the men and women of the Army Reserve continue to do, Plewes liked to say that a sixth R has been added for the Army Reserve — respect. The Army Reserve was respected by its leaders in the military and government and by the American people it served. It was respected for what it had done and what it can do.

"Our Army Reserve is more ready, more prepared and

stronger than at any time since World War II," Helmly said.

He credited this to the strength and vision of the two great leaders who had preceded him, Plewes and Maj. Gen. Max Baratz (CAR and CG, USARC, from Feb. 1994 to May 1998), as well as to all the soldiers of the Army Reserve.

CAR Background

Before becoming the CAR and the commanding general of USARC, Helmly was the commanding general of the 78th Division (Training Support), headquartered in Edison, New Jersey. Prior to this assignment, he served as the Deputy Chief, Army Reserve (DCAR), Washington, DC. In his civilian occupation before becoming the CAR, Helmly was the Assistant Deputy Chief of Staff for Operations at the Total Army Personnel Command, Alexandria, Va.

A native of Savannah, Ga., Helmly entered the Army as an enlisted soldier in 1966 and received his commission from through Officer Candidate School in 1967. He has more than 36 years of service in the active Army and Army Reserve. He has commanded at all levels, from infantry platoon and company to maintenance battalion, area support group, training division and now USARC.

After serving as the DCAR from June 1995 to June 1999, he served as the commander of the joint task force





Lt. Gen. James R. Helmly (center), Chief, Army Reserve, is congratulated by Gen. Eric K. Shinseki, U.S. Army Chief of Staff, on Helmly's promotion to three-star general, while Maria Helmly continues to work on pinning the rank on her husband's shoulder.

conducting Operation PROVIDE REFUGE at Fort Dix, N.J., from June 1999 to August 1999. Until taking command of the 78th Division in May 2001, he was the Military Assistant, Manpower and Reserve Affairs (Individual Mobilization Augmentee), Office of the Assistant Secretary of the Army, Washington, DC, from October 1999 to May 2001.

His military education includes the Infantry Officer Basic and Advanced Courses, the Command and General Staff College, the Armed Forces Staff College and the Army War College. He has a bachelor's degree in liberal studies from the State University of New York in Albany.

Among his numerous awards and decorations are the

Distinguished Service Medal, the Legion of Merit with one Oak Leaf Cluster, the Bronze Star with Valor Device and three Oak Leaf Clusters, the Meritorious Service Medal with silver Oak Leaf Cluster, the Army Commendation Medal with four Oak Leaf Clusters and the Combat Infantryman Badge. He also wears the Ranger Tab, the Parachutist Badge and the Army Staff Identification Badge. He has also twice been awarded the Meritorious Civilian Service Medal.

Lt. Col. Pullen is with the Public Affairs and Liaison Directorate, Office of the Chief, Army Reserve in Washington. D.C.

CSM COLUMN, from page 5

worked for me," he said.

Soldiers should work out their own problems before taking them to their supervisor or boss. "I always felt that if I brought a problem to my commander, then I was the problem. Most importantly, you must do your job and stay focused on what you are doing to be successful. If you stick to doing your job the best you can, then promotions and opportunities will come your way."

What message would you like to send to the troops?

"For leaders, focus on what your soldiers need, not want", "For all members of the Army Reserve, prepare your self mentally, physically, and financially for the missions you may be asked to perform," said Lackey. "Don't forget, family members, fellow employees and employers should be prepared, also," advised Lackey. He expressed his thankfulness to all that have helped him along the way. "To all, I appreciate the support over the years," "I could not have been so successful alone."

What would you like to be remembered for?

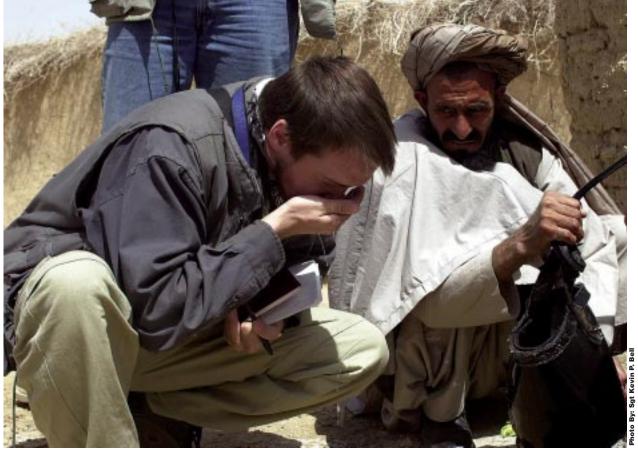
"I feel like I am making a difference," said the career soldier. "One legacy I hope to leave behind is that I have brought the Soldier of the Year and NCO of the Year awards to a new level."

This part of his legacy is clearly identifiable. Down the hallway from his office, portraits of the awardees hang proudly for passers-by to see.

He'll leave behind another legacy -- one not as obvious as a photograph but as powerful -- that of how to "Lead By Example."

(Note from Command Sgt. Maj. Lackey: I would like to congratulate Lt. Gen. Helmly, the tenth Chief, Army Reserve and fifth Commander of the U.S. Army Reserve Command, and his wife Maria.)

Sgt. 1st Class Patterson is the 100th Division Public Affairs Chief, Louisville, KY



Staff Sgt. Turk Yordy, of the 489th Civil Affairs Battalion, samples the water in a well in the town of Morghan-Kechah, Afghanistan

Army Reservists Bring Relief to Afghan Town Following Devastating Earthquake

By Cpl. Holly Plata

KABUL, Afghanistan (Army News Service)—Three Chinook helicopters and a handful of Army Reservists descended on Nahrin, a small town of adobe buildings in northern Afghanistan, after an earthquake there March 25 killed at least 700 local residents.

As people ran from the dust clouds that billowed up when the helicopters were landing, infantry soldiers from the 101st Airborne Division immediately jumped out of the Chinooks and formed a perimeter around the aircraft to secure the landing zone. They were ready for action.

So were the civil affairs soldiers standing by with a team of 30 Afghan workers ready to unload much-needed supplies to the earthquake-stricken village.

When Brig. Gen. David Kratzer, commander of the Coalition Joint Civil-Military Operations Task Force, heard of the disaster in Nahrin, he quickly sent his soldiers to help.

"The CJCMOTF is well-suited for this sort of mission because we bridge the gap between war and peace. In this case, we are bridging the gap between disaster and normal life," said Kratzer, who is also the deputy commanding general of the 377th Theater Support Command, an Army Reserve unit out of New Orleans, La.

The CJCMOTF, based in Kabul, sent out its immediate reaction force and four of its medical staff to conduct an initial assessment to see what was needed.

"We set up ground coordination with the United Nations to let them know we were coming in to hand over goods to be distributed," said Sgt. 1st Class Michael France, with the 489th Civil Affairs Battalion, an Army Reserve unit based in Knoxville, Tenn.

The 489th soldiers proved that flexibility and creativity are the keys to humanitarian missions.

"As the needs of the people on the ground changed, we called back and changed the shipments mid-route," said France, who is from Strawberry Plains, Tenn.

Part of the task force's mission was to layout the landing zone for several helicopters in a nearby field. After the Chinooks landed, the task force was in charge of off-loading and sorting the supplies.



Maj. Harry Sisson of the 489th Civil Affairs Battalion prepares to examine a well on the other side of the gate in the town of Morghan-Kechah, Afghanistan

"I was in charge of a team of Afghans hired to help offload the CH-47s," said Spc. Larry Sellers, a 489th soldier from Somerset, Ky.

The 489th soldiers and Afghan workers had some difficulties with language barriers at first, but they quickly developed basic hand signals. Soon they were all working together without any trouble, Sellers said.

The operation lasted for three days during which thousands of supplies were unloaded. The group unloaded 380 duffle bags full of cold-weather clothing, 125 cases of dates, 154 five-gallon containers of water, 1,238 cases of bottled water, 261 bags of wheat, 420 cases of MREs (Meals-Ready-to-Eat), and 95 boxes of blankets. Tents for temporary shelter were also delivered.

They delivered several-thousand pounds of basic medical supplies, as well as infusions, drugs, reusable medical supplies and health equipment.

The CJCMOTF Public Health Team saw 400 patients their first day on the ground and 120 on the second day.



An Afghan man and his son lead their donkey south along then new Kabul Road in Afghanistan, having gathered a load of hay used in crafting mud bricks. The Hindu Kush Mountains can be seen in the background.



Army Reservists from the 489th Civil Affairs Battalion, Knoxvillle, Tenn., soldiers from the 10th Mountain Division, and the International Security and Assistance Force (ISAF), load supplies onto a CH-47 Chinook helicopter at Kabul International Airport.

They also met with the minister of public health, Dr. Sohila Sedqui, and her team, to assist them with whatever they needed.

Some of the urgent needs were food, water, clothing and blankets for the patients, especially because some of them were on the bare ground in the harsh cold of the mountains.

"It was a lot of hard work, but we did a good thing. I believe it will help the people of Afghanistan. It was a good effort to get supplies to an area that might not have gotten them if there hadn't been an earthquake," said Maj. David Floyd, a medical service officer with 3rd Medical Command, from Bluff Park, Ala.

When the soldiers left they turned all of the supplies over to international organizations and non-governmental organizations to complete the disaster relief.

Cpl. Plata is a member of the 314th Press Camp Headquarters, Birmingham, Ala.

Army Reservist Serves As Senior "Enduri

By Lt. Col. Randy Pullen

Thanksgiving 2001 was unlike any other experienced by Army Reserve Brig. Gen. John R. Hawkins III, known far and wide by his nickname of "Hawk." The Deputy Chief, Public Affairs (Individual Mobilization Augmentee), at Headquarters, Department of the Army, had been tapped for a key mission by the Assistant Secretary of Defense for Public Affairs, Victoria Clarke. He was to assist in leading one of three Coalition Information Centers (CIC) established by the U.S. and Great Britain.

On November 25, 2001, Thanksgiving Sunday, Hawkins bade farewell to his wife and two children and his job as a lobbyist with the Paul Magliocchetti and Associates (PMA) Group in Arlington, Va. He was setting out on a journey that would take him to the Islamic Republic of Pakistan and the Islamic State of Afghanistan, the front lines of the war against terrorism.

His first stop was at Fort Benning, Ga., where he got his last shots and briefings before deploying. After arriving in Islamabad, he took up duties as the senior military official at the CIC or CIS in this military theater of operation. The CIC in Islamabad, Pakistan, is called the Coalition Information Service (CIS) instead of a "Center" because of host nation sensitivities.

Pakistan's President Pervez Musharraf suggested the name change to the U.S. Ambassador to Pakistan.

"He did so because he viewed the word Center as a word that implies permanency as to location," Hawkins said. "The president of Pakistan wisely chose to reduce any concerns of the locals that U.S. permanency in Pakistan was increasing. We, the U.S. military in Pakistan, are never allowed to wear uniforms if we stand the risk of public exposure. The rationale is that calm is more likely to prevail in the streets of Islamic countries when the 'U.S. military foot print' is minimized."

When Hawkins arrived, the purpose of the CIS was to counter disinformation by the Taliban and Al Qaeda and to provide a forum for the release of the facts relevant to the coalition partner's activities in the war against terrorism. This function centered on getting information and preparing the ambassador to conduct live media briefs. Under Hawkins' direction, the CIS became a location from which reporters and opinion leaders from around the world would be invited to "...go to Afghanistan, see what is going on and report the news as you find it."

Hawkins went on to say, "...you know, I've never been one to fear what one of our soldiers, sailors, airmen, Marines or members of the Coast Guard may say. They



Army Reserve Brig. Gen. John R. Hawkins, III, Military Director of the Coalition Information Service, Islamabad, Pakistan (left) and Army Reserve Lt. Col. Pete Pearse, who headed the Public Affairs Cell of the Coalition Joint Civil-Military Operations Task Force (CJCMOTF) in Kabul, Afghanistan (right), pose with an Afghan bodyguard during one of Hawkins' trips to Kabul to meet with the public affairs team there.

epitomize honesty and patriotism while engaged in missions."

Hawkins visited Afghanistan numerous times and with the help of his international military and civilian staff, he set up and facilitated media visits while continuing to offer his location in Islamabad as a platform for press briefings. Islamabad was a good location for these briefings, considering the alternative.

"Zero infrastructure in Afghanistan. With the exception of quick feeds, you need a good platform like Islamabad, Pakistan to optimize electronic media activities," said Hawkins.

While in Afghanistan to facilitate media stories, he experienced much more than administrative roadblocks to untangle.

"Once you go to a place ravaged by 23 years of war, you realize how very fortunate we in the United States really are," Hawkins said. "Land mines everywhere. Every type

ing Freedom" Media Official in Theater

and any kind of human necessity is a blessing for the people."

"It is interesting that one of my drivers/interpreters told me that in his opinion, if Afghanistan could have public schools like the U.S., such atrocities would be impossible," Hawkins related. "This young 21-year-old went on to say that an informed and educated people cannot be tricked into situations such as those perpetrated on him and his people by the Taliban and Al Qaeda.

Hawkins had a solid background for this assignment which called for a multitude of skills and talents. Most of his civilian and military career has been in public affairs, public relations and congressional relations. His education includes a master of public administration and an American University law degree, with study of international law at the University of London in the United Kingdom. His military education includes completion of the Defense Information School and the National Security Fellowship Program at the John F. Kennedy School of Government, Harvard University.

As the senior military public affairs person in the South Central Asia theater of operations, he has had the opportunity to interact with people such as Prime Minister Tony Blair of the United Kingdom, numerous ambassadors, U.S. and foreign cabinet officials, U.S. congressional and coalition parliamentary officials, and Gen. Tommy R. Franks, the Commander in Chief of U.S. Central Command.

"The people who have impressed me most are the soldiers, sailors, Marines, members of the Air Force, the Coast Guard and the embassy staffs who work until whatever mission they are doing is done – no matter the hour no matter the day," Hawkins said. "We will never be able to thank them enough for their selfless service."

He says that his experiences thus far in South Central Asia, and including the Arabian Sea, have reaped some targeted positive results. There have been some unexpected rewards as well.

"As we at the Coalition Information Service Islamabad create more and more interaction between the Arab and Islamic press with coalition activities and individuals," he



Brig. Gen. John Hawkins addresses sailors on the U.S.S. John C. Stennis during an African American History Month observance.

said, "the reporting by this Muslim-oriented media of coalition actions has become more factual and even more friendly."

"However, the opportunity to witness first hand the true personification of the term 'one team one fight' has been a reward in itself. Whether in the mountains of Afghanistan, the streets of Pakistan, or, while on board the aircraft carriers U.S.S Theodore Roosevelt and John C. Stennis, the outstanding exhibition of working together without respect to component or service was marvelous. No time for differences – only time for similarities," Hawkins said.

Note: At the time of this article, Brig. Gen. Hawkins was still in theater. He has since returned to the United States. Lt. Col. Pullen is with the Public Affairs and Liaison Directorate, Office of the Chief, Army Reserve, Washington, DC.



7th ARCOM Changes Leaders

By Lt. Col. Burt Masters



SCHWETZINGEN, Germany—The European-based 7th U.S. Army Reserve C o m m a n d (ARCOM) conducted a change of command in April, bidding farewell to Brig. Gen. Paul D. Patrick,

and welcoming Brig. Gen. David T. Zabecki as the new commander. Overseeing the event was the U.S. Army Europe's Deputy Chief of Staff, Operations, Maj. Gen. Terry L. Tucker.

Brig. Gen. Patrick commanded the 7th ARCOM since Apr. 1, 1998. During his tenure, he led the command's 22 Reserve units in support of U.S. Army Europe (USAREUR) and its major subordinate commands. Patrick's major initiatives included increasing the readiness of Reserve forces in Europe; the accreditation of the 7th's 3747th U.S. Army Training Brigade, Europe and its expansion of professional development courses throughout USAREUR; and the launching of the Equipment Storage Site-Expanded operation. He also consolidated Reserve unit structure and support in the form of designated Army Reserve Centers in honor of Army heroes – in Kaiserslautern, the Maj. Gen. James Earl Rudder Center - and Bamberg, the Pvt. 1st Class Willy F. James, Jr. Center.

The incoming commander, Brig. Gen. Zabecki, returns to the ARCOM from assignment as the Deputy Chief, U.S. Army (Individual Mobilization Augmentee), Washington, D.C. A charter member of the 7th ARCOM, Zabecki has served as the command's Chief of Staff; Deputy Chief of Staff, Operations, including mobilized service during NATO's Operations Joint Endeavor; and commanded two of the ARCOM's units (313th RTOC/303 ROC). Zabecki is a Vietnam combat veteran and professional military historian. In his civilian career, he is the Editor of Vietnam magazine, and the author

or editor of numerous military history books and articles. He is a 1995 graduate of the U.S. Army War College.

Lt. Col. Burt Masters is the 7th Army Reserve Command Public Affairs Officer.

Reservists Improving Communications

By Capt. Rebecca P. Leggieri

Lt. Gen. Thomas J. Plewes, Chief, Army Reserve, joined Congressman Thomas Reynolds (R - 27th District, N.Y.) to view production facilities for the Improved High Frequency Radio at Harris Corporation – RF Communications Division in Rochester, N.Y. on February 19.

Units across the Army Reserve require this new communication equipment to conduct their missions in joint environments, cutting across service boundaries. The Improved High Frequency Radio consists of the AN/PRC-150 (manpack) AN/VRC-104 (vehicle mounted) versions.

Harris Corporation is a worldwide supplier of tactical radio communication products, systems, and networks to military and government organizations, and a provider of high-grade encryption solutions.

According to Plewes, the Improved High Frequency Radio will allow the Army Reserve to meet challenges posed in the new war on terrorism.

As Army Reserve Homeland Security requirements continue to grow, so does the importance of a unit's communications capability. With the Improved High Frequency Radio's capability to pass voice, video, and data, highly perishable information can be passed immediately between support forces and participating civil authorities in disaster operations.

Two Harris employees working on the Improved High Frequency Radio who are also Army Reservists met their Reserve Chief during his visit.

Chief Warrant Officer 3 Alfred R. Wiggins is a Senior Engineering Technician and works in the Tactical Product Support Engineering. One of Wiggins' responsibilities includes confirming the Improved High Frequency Radio is compatible with exist-

ing legacy high frequency communications equipment.

Sgt. Nelson Powell works on the AN/PRC-150 (manpack) system. Both Powell and Wiggins are called upon frequently to bring their military expertise to the design and operation of the Improved High Frequency Radio.

"I am fortunate to work at Harris because as a 918B Electronic Systems Maintenance Technician, my civilian occupation is directly related to and enhances my military occupation. I am always applying what I learn in the military to my civilian occupation and vice versa," said Wiggins, currently serving in the Headquarters and Headquarters Company, 98th Division (Institutional Training), Rochester.

Employer's Support Of "Citizen-Soldiers" Recognized



Master Sgt. Fannie Jenkins, of the 3d Medical Command, fastens an ESGR 'Patriot' pin to Ms. Marsha Lawrence's lapel.

By Sgt. 1st Class Renea Everage

DECATUR, Ga.—On a Saturday afternoon in March, the entire formation of the 3d Medical Command (MEDCOM) of Decatur, Ga. was called to attention for Marsha Lawrence. In the sea of camouflaged military uniforms, the guest of honor's business attire stood out. Lawrence was being lauded as a patriotic and supportive employer by Master Sgt. Fannie Jenkins – her employee, and an Army Reservist.

As the American military gets

smaller, the role of Army Reserve increases as they are called upon to provide combat-ready forces that help protect the nation's security interests. Employer support of these "citizensoldiers" is essential to their successful involvement in the military.

The Employer Support of the National Guard and Reserve (ESGR) seeks to gain and reinforce the support of American employers. They have created a variety of programs and services to help educate employers and community leaders about the important role the National Guard and Army Reserve play in a strong national defense. One such program recognizes employers who have been nominated by their employees for their outstanding support.

Jenkins, a program specialist with the Department of Health and Human Services, (DHHS) nominated her branch manager, Lawrence. Her office is responsible for providing funding and training and technical assistance for Head Start, one of the nation's premier pre-school programs for children five and under. They also monitor the programs for compliance to federal regulations. Jenkins is responsible for a caseload of 20 Head Start grantees. Her area of responsibility covers four states in the southeastern region of the United States.

There is another reason that Lawrence should be honored as a supportive employer. Another program specialist under her supervision is Dolores Varner, also an Army Reservist and senior non-commissioned officer with the 3d MEDCOM. There are times during the year when both soldiers are away performing their military duties at the same.

"Annual training puts an even greater strain on her," said Jenkins of Lawrence. "She not only has her own duties to perform, she also has to take on the workload of both her soldier-employees." Jenkins smiled with pride as she attached and ESGR "Patriot" pin to Lawrence's lapel.

Army Reserve and National Guard members now comprise almost half of the total Army. With the training received each year, members of the Army Reserve are also prepared to support peacekeeping missions, humanitarian relief efforts and to respond to natural and domestic emergencies. In fact, they often perform duties specifically assigned to unique Reserve component units. All this is made possible with the support of employers like Lawrence.

Jenkins, who has been with DHHS for 30 years, has also been an Army Reservist for more than 20 years. She is currently the senior non-commissioned officer in charge of the Internal Review section of 3d MEDCOM. Her military exposure has had a positive effect on her in and out of uniform. "Being part of the Army has also helped me develop a strong work ethic," she stated.

The 3d MEDCOM has a critical role in the nation's military health care mission. That role made its involvement in the support of Operation Enduring Freedom imminent. Currently, many of the unit's soldier's are deployed to ensure that the U.S. military has force health protection equal to none.

On behalf of the Department of Defense, Maj. Gen. Jamie S. Barkin, commander of the 3d MEDCOM, also presented Lawrence with a Certificate of Appreciation. The certificate came mounted on a plaque with an embossed DoD seal in gold. Barkin fully recognizes the critical role civilian employers of Reserve members play by supporting them as they train and serve in the Armed Forces. "Family and employment are the two most influential factors in the life of an Army Reservist," said Barkin.

Reservists Sought For Positions in Joint Transportation Unit

By Maj. Cliff Mirabella

SCOTT AIR FORCE BASE, III.— The U.S. Transportation Command's

NEWS BRIEFS

Joint Transportation Reserve Unit (JTRU) has announced it has position openings in each of the military services.

U.S. Transportation Command (USTRANSCOM) relies heavily on Reserve members of the Army, Marine Corps, Navy, Air Force, and Coast Guard to fulfill its mission to provide air, land, and sea transportation for the Department of Defense.

"We have a unique mission and important positions available, positions which require a variety of skills," said Brig. Gen. Lance Meyer, Air National Guard, commander of the USTRANSCOM's Joint Transportation Reserve Unit (JTRU), located here.

"Most of our openings are for midgrade officers and senior non-commissioned officers," Brig. Gen. Meyer explained, "We have no slots for junior enlisted or junior officers."

While there are Reserve vacancies throughout USTRANSCOM, the positions of greatest concern fall into a few key areas.

"We are mostly looking for computer specialists, medical specialists and intelligence officers, although we also have openings for Navy supply corps officers, and officers with operations or logistics experience," said Col. Steve Heuer, Air Force Reserve, chief of staff of the JTRU and commander of its Air Force Reserve element.

JTRU members find it exciting working side-by-side with active component personnel to move the military's people, supplies, and equipment, anytime, anywhere.

"Being in a unit like this, working a real-world mission in times of both war and peace, is a challenge that has attracted reservists living as far away as Alabama and even China" said Brig. Gen Meyer, himself a native of Ohio.

Individuals interested in more information on positions with the JTRU should contact Col. Steve Heuer at 618-229-7072, (or DSN 229-7072) or by email at **Steve.Heuer@hq.transcom.mil**.

Maj. Mirabella is with the U.S. Transportation Command's Joint Transportation Reserve Unit, Scott A.F.B., III.

Capt. Leggieri is with the Public Affairs and Liaison Directorate, Office of the Chief, Army Reserve, Washington, D.C.

Troops To Teacher Extended To Reservists

By Diane M. Dove

WASHINGTON (April 17, 2002)—

Members of the Army Reserve and Army National Guard are now eligible to participate in the Troops to Teachers program, a program which has been offered only to active component soldiers.

Reservists can qualify if they have accrued 10 or more years of service and agree to serve three additional years.

The Troops to Teachers program extends financial assistance to eligible individuals to help them offset their education expenses. Extending financial assistance to Reservists is one of the most significant changes to the eligibility criteria. Other eligibility categories for financial assistance are outlined in the Troops-to-Teachers Eligibility Criteria.

President Bush signed the legislation authorizing the institution of Troops to Teachers into law on Jan. 8, 2002. Congress also appropriated \$18 million to provide financial assistance to eligible individuals pursuing teacher certification programs, and to individuals accepting employment as teachers in "high needs" schools.

Referral and Placement services are extended to applicants who may not meet eligibility criteria for financial assistance, but are members of the Reserve components with six or more years of Reserve or active duty service. In addition, these soldiers must have been separated on or after Jan. 8, 2002. Services available include a network of state placement assistance offices that provide information

regarding certification requirements, programs leading to certification, and assistance in identifying teaching positions.

An Internet Teacher Job Referral service also has been established which allows school district administrators to post job vacancies and search the Troops-to-Teachers database for potential candidates. Anyone can use this site to search for job vacancies. Individuals registered with Troops to Teachers can post a miniresume to highlight their background and experience. The Job Referral site is located at http://jobs2teach.doded.mil.

Eligible individuals can register for Troops to Teachers by submitting the Registration Form, which can be downloaded from http://voled.doded.mil/dantes/ttt. The Defense Activity for Non-Traditional Education Support (DANTES) is in the process of preparing promotional materials.

POCs at DANTES for more information are John R. Gantz, at (850) 452-1320, or DSN 922-1320, or Peter Peters, at (800) 231-6242, ext. 117, or by e-mail, at: **ttt@voled.doded.mil/**.

Ms. Dove is with the Public Affairs and Liaison Directorate, Office of the Chief, Army Reserve, Washington, D.C.

Army Reserve Historians Make History, Too

By Lt. Col. Randy Pullen

WASHINGTON (April 10, 2002)—

Their mission is to document history.

Sometimes they become part of history themselves.

That's what happened to two Army Reserve military historians mobilized for Operation NOBLE EAGLE to document the history of the Army Reserve's response to the Sept. 11 terrorist attacks.

On March 11, the sixth-month anniversary of the Sept. 11 attacks, Maj. Robert Bensburg and Chief Warrant Officer 2 Michael Werner of the 311th Military History Detachment (MHD), Fort Totten, N.Y., took a lunch break at Katz's Deli in lower Manhattan.

It was there they ran into Mikhail Gorbachev, former President of the Soviet Union, former General Secretary of the Soviet Communist Party and a 1990 recipient of the Nobel Peace Prize.

Since being called up in October 2001, the 311th MHD has conducted dozens of interviews in New York City to collect the history of what hap-

Lewis and Clark Commemoration

By Capt. Rebecca Leggieri

Army Reserve units are being offered an exciting opportunity to take part in a historical event that will span the nation. Reservists can participate in the Army's commemoration of the bicentennial of the Capt. Meriwether Lewis and Lt. William Clark expedition to explore the Louisiana Purchase. The commemoration will be made up of a series of events beginning January, 2003 and continuing over a three-year period.

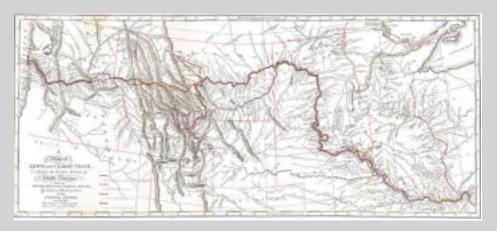
The Bicentennial Kickoff at Monticello, Va., the home of the third President of the United States, Thomas Jefferson, is scheduled for Jan. 18, 2003. Jefferson commissioned the two junior officers to head the "Corps of Volunteers for North Western Discovery" for a journey that lasted more than three years and traversed the western half of the continent

The scheduled events seek to showcase the cooperation that existed between the soldiers of the Army expedition and the Native Americans encountered throughout the territory, as well as civilian participants. The celebration concludes Aug. 17-20, 2006 with an event at New Town, North Dakota, the Home of Sacagawea, the expedition's guide. Each event will be celebrated on its pened on Sept. 11 and in the days and weeks that followed. These interviews have ranged from junior soldiers and firefighters to senior military officers and government officials. So by now, the 311th is not hesitant about getting up close to important people and this was an opportunity too good to miss.

Bensburg and Werner managed to have a photo taken with the former president of the Soviet Union before returning to Ground Zero to continue their coverage of the six-month commemoration of the attack on the World Trade Center.

In April, the 311th moved from New York to Arlington, Va., where it joined with the Army Reserve's 90th MHD from San Antonio, Texas, which had also been mobilized in October and has been working on the story of the Army Reserve's response to the Pentagon attack. Together, the two detachments will produce a combined history.

Lt. Col. Pullen is with the Public Affairs and Liaison Directorate, Office of the Chief, Army Reserve, Washington, D.C.



200th anniversary.

Today Lewis and Clark's route winds through 17 states. Army Reserve and National Guard units are the only Army presence in many of these states and Reserve units are encouraged to work with their local communities to represent the modern Army by participating in local commemorations. Recommended activities include providing color guards, bands, marching units, equipment, and ceremonial support. Open houses can be held to introduce the Army Reserve to the community and explain its role in today's armed forces. Public affairs, historical and recruiting personnel can attend events to tell the Army Reserve story.

Lt. Col. Mike McCarty, an operation officer at the U.S. Army Reserve Command, is assigned as the Lewis and Clark Bicentennial project officer for the Army Reserve. He says he is excited about the events and looks forward to working with U.S. Forces Command to get Army Reserve units involved.

McCarty said more planning meetings are scheduled to disseminate information through the Regional Support Commands and down to units looking to participate.

For more information about the Lewis and Clark expedition, visit the websites at www.lewis-clark.org and www.lewsiclark.net. Historical facts, maps of the traveled route and descriptions of what the group encountered can be found on the websites for use in planning events.

Capt. Leggieri is with the Public Affairs and Liaison Directorate, Office of the Chief, Army Reserve, Washington, DC.



MPs Return From Peacekeeping Duties

Story by Capt. Gabriella Schneider

SAN JOSE, Calif.—As the buses rumbled in carrying

their precious cargo, a crowd of family members and friends burst into applause and waved U.S. flags. More than 70 Army Reserve soldiers from the 341st Military Police Company stepped down to waiting arms and flowing tears after seven months of peacekeeping in Europe.

Their announcement: mission accomplished.

"If needed, I'm ready to go again," said Sgt. 1st Class Scott Peterson, a police officer the Department of Veterans Affairs Hospital in Antioch.

1-year-old Brandon, was clearly glad to see him. "I give daddy big hug," the toddler said.

It was a long road back for the 341st MPs following seven months in Taszar, Hungary. These Reservists were busy on many fronts. They formed a quick-reaction force of 10 MPs and 15

Hungarian soldiers to train and be ready for any unforeseen threats. They ran around the clock security 7 days a week at their installation. Some Reservists pulled rail security while others patrolled highways and back roads escorting troops or trucks with tanks and ammunition, logging a whopping 120,000 miles.

The 341st was also involved in an "installation-vulnerability" exercise, testing the security at their base. Some soldiers acted out roles in realistic and dangerous situations.

"We had a scenario with four or five infiltrators gaining access to the installation and taking hostages," recalled Sgt. 1st Class John Patterson, operations NCO. "We had our quick-reaction force cordon off the area, secure the site and enter the building. There was combat,...a 'gun fight,' in the building."

Another situation involved a bomb threat at the gate. A driver in a vehicle was trying to gain access and had a weapon. MPs secured the scene and explosive ordinance experts came in and disarmed the mock "device."

The convoys would sometimes last for days and were not easy, Patterson said.

"Driving the roads was one of our most dangerous



Sgt. 1st Class Scott Peterson, a police officer for the Department of Veterans Affairs Hospital in Antioch, greets his 1-year-old son, Brandon.

undertakings," he said. "You always had to be on the alert for horse carts, tractors, farm machinery...luckily we had no fatalities. Upon completion of the deployment, we had only two breakdowns and no accidents."

Rail security was challenging as well. The longest nonstop mission was a six-day detail from Bosnia to northern Germany.

"Many times the teams went with little sleep in completely unknown circumstances, yet remained responsible for the security of a great deal of equipment," Patterson said

Capt. Santiago Llamas, unit commander, said the deployment was a huge benefit.

"Of this, I am sure," he said. "We are better trained now and stand ready to perform our peace and wartime missions more so now, then ever before. We have the edge."

Capt. Schneider is with the 341st Military Police Company, San Jose, Calif.



AR-PERSCOM REWS

AMEDD Constructive Credit Calculator Expands AR-PERSCOM Website

ST. LOUIS-A new tool is now available to assist Army Department (AMEDD) officers receiving Constructive Service Credit. Accessible from the Army Reserve Personnel Command's 2xCitizen web site. the online. self-service Constructive Credit Calculator enables AMEDD officers receiving this credit to easily determine their adjusted date of rank and new projected promotion eligibility date.

Constructive Service Credit for AMEDD officers is guided by Army Regulation 135-101 which bases credit upon qualifying degrees, completed internships, graduate professional education, other advanced degrees, professional experience in the area of

appointment and prior active commissioned service time.

Previously, AMEDD officers who wished to calculate the effects of Constructive Credit on their date of rank and promotion eligibility date were required to download and complete a manual worksheet. With the new calculator, an AMEDD officer simply enters basic information

Medical Note: Form for post-ROPMA Officers only

AMEDD (Constructive Credit	Calculator
1. Enter Y	our Appointment Date	
Year:	Month:	Day:
2. Select	our Appointment Ran	k & Branch
Rank	Branch:	·
3. Enter Y	our Awarded Construc	ctive Credit
Years:	Months: 0	Days: 0
	Calculate New Promotion	a Etablish Data

from their appointment letter. The application then performs all calculations to determine the predicted date on which the AMEDD officer will be eligible for promotion to their next rank.

The Constructive Credit Calculator may be accessed from the 2xCitizen Career Guidance area. The 2xCitizen site can be found at www.2xcitizen.usar.army.mil.

News Updates Online For Medical Specialties

Army Reservists serving in medical specialties now have a new source for information.

The Army Medical Department (AMEDD) is using the Army Knowledge Online (AKO) website as a tool to provide current AMEDD news and information to its soldiers through out the world.

Copies of the E-Mercury, the world-wide publication for the Army Medical Department, Medical Soldiers Outlook, the Medical Department Enlisted Training Newsletter, and The Medical Command (MEDCOM) Command Sergeant Major's Corner which addresses current topics of interest and news from the MEDCOM Command Sergeant Major are available at the site.

To access this areas you must have an AKO account

and password. Instructions are as follows:

Go to:

https://www.us.army.mil/portal/portal_home.jhtml

Log in using your username and password

Choose 'MACOMS' in the far left column

Click on 'MACOMS' It will expand to show all of the Army's MACOMS, including ours, 'MEDCOM' with a plus sign + to the left of it.

Click on MEDCOM which is underlined.

Click yes for the security information box, you now are at The MEDCOM'S AKO homepage.

Point of contact for using the AMEDD portion of this website is Master Sgt. Anthony Tate, (210) 221-7103 or:

Anthony.tate@amedd.army.mil.

"Inspiration" A Father's Tribu

By Jack Gordon

HQ, 99th RSC, Moon Township, Pa.–A series of photos entitled "Inspiration," crafted by Master Sgt. Rich Gribenas, an NCO in the command's public affairs office here, is receiving national acclaim in both the commercial and fine arts photography arenas.

ribenas created the starkly lit series of black and white photographs using his son, who had been diagnosed with advanced Hodgkin's lymphoma and undergone chemotherapy, as a figure model. The resulting images offer viewers insight into the world of the

close, understanding and deeply caring relationship between a father and son ... and an artist's shared suffering of the deadly disease threatening his only son.

"I had a vision in my mind – I could see the pain he was going through," Gribenas said, "and the struggles with chemotherapy and the medications he was undergoing. I was also feeling the love I have for my son, and through the outlet of my self expres-

sion in photography, I found comfort."

Gribenas is the owner of Pixie Studio, his family's third-generation professional photography studio and business in Swissvale, Pa., a Pittsburgh suburb. His son Rick is a graduate of Edinboro University's fine arts program and currently employed as assistant curator and exhibit coordinator for the Regina Gouger Miller Gallery in the Purnell Center for the Arts at Carnegie Mellon University in the city

of Pittsburgh, so both are familiar with how the creative individual uses emotion, or even fear, or turmoil, to transfer inner feelings into tangible art that may impact others.

oth felt the results of the photography session served as an artistic statement bold enough — even without the "story behind the photographs," to make compelling visual art. Rick's condition and prognosis

are now hopeful, but when the series was actually made, neither knew what the future would hold, and that anxiety and tension became an integral part of the images.

he carefully studied and selective poses, camera angles and strong, singledirectional lighting Gribenas used in his studio form what

he calls "bodyscapes." He said he purposely posed each sitting as "faceless" in order to suggest the common pain, torment or even death that every human being will one day face. Rick had lost his hair from the radiation treatments, and although his head plays as a prominent sculptural element in the photos, his face – his identity – remains concealed. He



ute To Ill Son Receives National Acclaim

becomes "every man."

"Many people can relate to anguish," Gribenas said, "and as the light, shadow and texture of the compositions appeared during the printing process, I really felt a lot of love – for my son and my family, and for what my son and I had created together."

s several of the prints began making early rounds at juried exhibitions in Pittsburgh's galleries, critics took note of the strength in the photographs.

"These images speak to the viewer in a gripping and powerful way. No ... they're not the usual portraits of a person, but the goal was to capture the feelings of the photographer and subject. They leave you feeling emotionally drained," said Glenn Gray, of Burrell Colour Lab.

Graham Shearing, art critic for the Pittsburgh Tribune-Review described the photos as marvels of photographic lighting and printing.

he limited edition series was also featured at the Silver Eye Center for Photography in Pittsburgh's artsy South Side, to a reception as warm as the tones in the soft, shadowy areas of the silver-gelatin prints.

"The series is very moving," said Linda Benedict-Jones, executive director at the Silver Eye.

Gribenas said he noticed as people approached the prints, many halted and stayed, looking and thinking rather than merely glancing as they passed

to other pieces. The style and method of presentation in the series aptly entitled "Inspiration" also created verbal interaction between the photographer and viewer.

"I could see them stopping — studying the images," said Gribenas. "The light pulled them in, just as it pulled me in during the shooting session. I watched the light creating various new forms that evolved into more poses."

As father and son first stood among those attending the exhibits, their emotional ties, both to the portraits and each other ... grew tighter.

"He didn't know what I was seeing through the lens – he only knew I was posing and photographing him, so when we first saw them on the gallery walls, and felt the public response, we could see we'd captured something very meaningful."

s "Inspiration" continues to contribute to the world of fine art photography by offering both striking images and the story of how a father and son used their common pain and suffering to create meaningful art – Rick's health continues to improve. Their effort together, now superbly captured and extended to others ... is truly inspirational.

(Editor's Note: Master Sgt. Gribenas was drafted into the Army in 1969. First trained on River Patrol Boats, he was later assigned to duty at West Point under the Army's sole-surviving son clause. His older brother served with the First Cavalry Division in Vietnam in 1965.)

Mr. Gordon is the Chief of Information, Public Affairs Office, 99th RSC, Moon Township, Pa.

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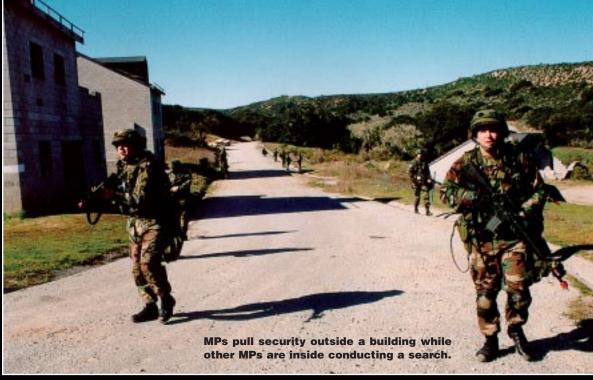


"Take Cover" 341st MP Company



'Attacks' Fort Ord





Story and photos by Sgt. Henry Kwan

"Enemy right! Take cover!" shouted a U.S. soldier as he and his unit took fire from a nearby building on a street in Kandahar.

No, this isn't actually Afghanistan. The location is the Fort Ord MOUT Training Center in Monterey, California. But to the Army Reserve's 341st Military Police (MP) Company, it was a haven for enemy activity.





MPs question two roll-playing Kandaharians about possible whereabouts of al-Qaida and Taliban fighters hiding in the city.

The San Jose, CA.-based 341st deployed to the MOUT site, known also as 'Impossible City', to participate in a search-and-cordon training exercise and sharpen their skills in operating and reacting in a hostile urban environment. In their scenario: an estimated 100 Taliban and al-Qaida fighters, including high-ranking leaders, are hiding out in the city of Kandahar amongst the civilian population. Their mission is to locate and apprehend these fighters.

Urban Warfare

Featuring a small city mock-up, replete with multi-story concrete buildings, narrow alleyways and vegetated surroundings, the MOUT site's physical terrain offered an ideal setting for the 341st to practice small-unit tactics and urban combat techniques.

Opposing forces – comprised of role-players in local attire – fully exploited the landscape's cover and concealment features and their ability to blend in with the local populace to aggress their US counterparts.

MP units conducting patrols throughout the city and countryside encountered snipers in buildings, direct fire from crowded streets, road ambushes and even unruly crowds that may or may not have been harboring 'suicide bombers' in their midst.

Rooting out enemy fighters within the city often called for house-to-house searches.

Those who witnessed the 341st methodically clearing

buildings room by room, floor by floor, while facing armed resistance in enclosed spaces, saw firsthand the potential dangers of such assaults.

"One could appreciate the difficulty of searching homes in a possible hostile environment," stated Sgt. Sean Clipperton, a Nevada-based Army Guardsman with Detachment 1, 69th Press Camp Headquarters, who was shooting video footage of the exercise.

"The MOUT city gave the participating soldiers an authentic taste of what it will be like to go house to house in any real-life mission," Clipperton said.

Realistic Training

MILES gear was issued to everyone, including noncombatants, to more accurately access the effects of hostile engagements in cramped, heavily populated urban areas. MPs under attack, in addition to defending themselves, were obligated to the best of their ability to protect civilians caught in the crossfires, a situation opposing forces exploited by using bystanders as human shields during engagements.

Soldiers were sometimes given only scant intelligence with which to carry out their assignments, all part of the exercise scenario to introduce the sort of uncertainties and confusion that occur during actual ground operations. Even with the help of assigned 'translators' to question locals and collect information on enemy whereabouts, MPs discovered that distinguishing between enemy troops and





(above) A 341st MP searches an roll-playing al-Qaida suspect while another MP covers him. (right) An MP pauses briefly to communicate with his unit.

armed civilians was not always easy.

Many in the 341st appreciated the attention to detail and organization given to the simulated battlefield conditions.

"I've been in about four or five of these exercises during my time in the military," said Sgt. 1st Class Sanele Tamiano, "and this one is by far the most realistic."

Throughout the exercise, the actions of the 341st were scrutinized; evaluators occasionally stopped soldiers in mid-cycle and rattled quick-fire questions at them to test their responses and decision-making abilities under duress.

A Different World

Besides refining their urban tactical skills, the 341st gained practical experience on the complexities of operating in a Middle Eastern environment – where soldiers do not speak the language; may not be fully aware of local etiquette and customs; and may have little understanding of religious taboos. In this type of operational setting, soldiers must exercise a higher degree of care and patience in their interactions with local people.

The 341st, in one instance, stopped a group of civilians that included a woman, for questioning. Although male translators were available in the vicinity, a female translator was summoned instead to talk to the woman.

Male soldiers standing nearby made every effort not to stare or look directly at the Muslim woman while she was being questioned. In a culture where even a casual glance at a woman by a man who is not a relative or family member could be taken as an affront, the MPs knew that utmost diplomacy was required.

From this and other situations during the exercise, the 341st learned that being mindful of local sensibilities could be just as important as being tactically proficient.

"In a real situation, the MPs will need to be culturallysensitive to stay out of harm's way," said Sgt. Christopher Bess, who played a disabled Muslim cleric during the exercise.

About 15,000 Army Reserve personnel currently serve in support of Operations Noble Eagle and Enduring Freedom. As America's worldwide campaign against terrorism widens and draws upon more soldiers from all components of the Army – active, Reserve, Guard, the men and women of the 341st are fully aware they may one day be called upon to apply their MOUT training in a real-world mission.

While they received generally high marks for their performance during the exercise, the soldiers of the 341st knew that their survival and effectiveness in a combat situation would rely heavily on their maintaining a high level of constant readiness and tactical proficiency.

"I think we did pretty well," said S Bess, "but we can always improve. The more we do it, the better we get."

Sgt. Kwan is a Public Affairs NCO with the California Army National Guard's 69th Press Camp Headquarters, Fairfield, CA.



Documenting The Past Training The Military History



Units



There are 22 military history detachments in the Army...16 in the Army Reserve.

By Dr. Lee S. Harford, Jr.

In Greek mythology, the Muse Clio presided over history. In Army Reserve Military History Units, one could call the Reservists trained as military historians modern day Muses.

This is based on the percentage of military history units in the Army Reserve and the Army Reserve's long history with this important capability.

Military history units have existed since 1943. They came into being during World War II when the Army created teams of historical personnel to capture data on divisional operations. Some 300 officers and enlisted men were serving in these historical units when the war ended in 1945. Among the prominent Army military historians of World War II were Col. S.L.A. Marshall, Maj. Hugh M. Cole, and Master Sgt. Forrest Pogue.

Post war reorganization reduced the historical structure to one active duty and 26 Organized Reserve Corps military history units, consisting of approximately 100 soldiers.

Military history units served in the Korean War (1950-53), the Vietnam War (1965-72), the Gulf War (1990-91), and in the recent peace keeping operations in the Balkans (1996-98). From these conflicts, tactical deployment policy evolved to the present doctrinal concept that calls for a military history detachment to support each combat unit, down to division and separate brigade level. These military history detachments deploy on operations to collect and preserve the data needed to produce the Army's official histories.

Today there are a total of twenty-two military history detachments in the Army: one in the active Army, 16 in the Army Reserve, and five in the Army National Guard.

The military history detachment operates as an independent table

Staff Sgt. Clarence Benjamin (L Union Army Uniform) U.S. Army Reserve Command, and Staff Sgt. Ray Meline (R Confederate Uniform), Third U.S. Army, with muskets drawn, exhibit the re-enactment of a stand-off during the Civil War Era. A Living History pageant was the center of the Army's 226th birthday celebration as units from all the wars, beginning with the War of Independence to real soldiers of today, participated in the event.

Photo by Susan Norvick



(above) Exercise Delbrück participants pose with one of the newly acquired Civil War era cannons in front of the USARC headquarters building. Dave Cole (left) watches closely as Capt. George Dover and Maj. Teresa Johnson (right) process historical artifacts using the Universal Site Artifact Management System. Cole is with the U.S. Army Center of Military History at Fort McNair, D.C., Dover is with the U.S. Army Reserve 46th Military History Detachment, North Little Rock, Ark., and Johnson is with the U.S. Army Reserve 45th Military History Detachment, Fort McPherson, Ga.

of organization and equipment unit (TOE) of three personnel. Ideally, the commander is a branch immaterial major holding a "Historian" 5X additional skill identifier, which indicates advanced professional training in the field of history (a masters or doctorate degree). A public affairs sergeant first class serves as the unit's photojournalist, holding special abilities in interviewing and photography. The detachment administrative assistant sergeant performs as the unit expert on records management and transcribes oral history interviews.

Due to the small size of the unit, all personnel must be cross-trained in the essential tasks of the military history detachment. These are:

- (1) To conduct and transcribe oral history interviews;
 - (2) To take photographs;
- (3) To collect and accession historical artifacts and documents; and
 - (4) To provide historical informa-

tion.

The unit is armed with individual weapons, is mounted in a 1-1/4 ton tactical vehicle (HMMWV), and, ideally, is equipped with audiocassette recorders, transcription machines, and an automation system composed of laptop computers, digital cameras, scanners, and printers.

Department of the Army and U.S. Army Forces Command regulations recommend a training cycle for military history detachments that coincides with the three-year tenure of the commander. The Army Reserve Historian, as the organizational integrator (OI) for history units, has the responsibility for monitoring the readiness and training of Army Reserve military history detachments.

In recent years, the Office of Army Reserve History has worked very diligently with the Army Center of Military History, and the Forces Command History Office and active Army 44th Military History Detachment to formalize a threeyear training program for the detachments. As a part of this process, the Office of Army Reserve History has developed a triad of military history

readiness exercises to support execution of the three-year cycle: Exercise Delbrück in year one, Exercise S.L.A.M. in year two, and Exercise Clio in year three. The three exercises provide the detachment a flexible, sequential, progressive and standardized (tiered) system of collective hands-on practical application in the primary military history mission essential tasks.

Exercise Delbrück — named for Hans Delbrück, a nineteenth century German reserve officer who is credit-





ed with being the first to apply scientific methods for capturing history through the use of military records — is the recently developed first part of the three-year training cycle. Hosted by the Office of Army Reserve History from its state-of-the-art historical facility at Fort McPherson, Ga., with support from the Forces Command History Office and the Center of Military History, the trial run of

Delbrück occurred in July 2001.

This two-week exercise focused on training to update historical collection techniques required by military history detachments to conduct wartime missions, and allowed the Army Reserve Historian,

Forces Command
Historian, and Army
Chief of Military History
to evaluate unit readiness
for mobilization and
operational deployment.

The 23 soldiers taking part in the exercise concentrated their efforts on

the four key areas outlined in the Army Training and Evaluation Program 20-17, Military History Detachment, and the new Army Field Manual 1-20, Military History Operations. These included gathering and identifying historical artifacts, conducting and transcribing oral history interviews, photographic documentation, and historical document collection.

Every detachment was required to produce standardized historical products for each of the four critical tasks to demonstrate their readiness. Two separate staff rides were also part of the exercise; one to the Kennesaw Mountain National Battlefield Park and the other to the Chickamauga and Chattanooga National Military Park. Military history detachment soldiers from all components of the Army par-

Master Sgt. Donna Majors reviews historical documents to make sure they are catalogued properly during Exercise Delbrück. Majors is a member of the U.S. Army Reserve 46th Military History Detachment based in North Little Rock, Ark.

ticipated in the début of this exercise, which promises to be an annual event.

The second year of the training cycle requires the military history detachment to accomplish all its essential history tasks in a completely tactical environment. In this scenario, the military history detachments first return to the historical facility at Fort McPherson for a week of refresher training — called Exercise S.L.A.M., before deploying to the National Training Center at Fort Irwin, Calif., for a week to support a rotational brigade combat team.

The week at Fort Irwin coincides with the final portion of the supported brigade's rotation, allowing the military history detachment to execute all the essential historical functions as it would in a real world situation. As in Delbrück, every detachment is required to produce standardized historical products for each of the four critical tasks to demonstrate their readiness to succeed in a field environment.

The Office of Army Reserve History conducts Exercise S.L.A.M. on a quarterly basis, while the week of training at Fort Irwin is managed by the Forces Command Historian for as many as ten rotations a year. Exercise S.L.A.M. is named for Army Reserve Brig. Gen. Samuel Lyman Atwood Marshall, a veteran of the world wars, Korea and Vietnam, and the spiritual father of the military history detachment.

Exercise Clio is held in the third year of the training cycle. Its intent is to provide training events in which military history detachment members can refine their history collection skills to the highest levels achievable in a peacetime environment. The capstone experience to the training cycle is deployment to a full-scale military exercise, either stateside or overseas, to capture the event historically.

Again, all deployed military history detachments produce standardized historical products for each of the four critical tasks to demonstrate their readiness to succeed on their own in a field environment. The types of exercises in which the detachments may participate in vary from V Corps' Warfighter in Germany, Cobra Gold in Thailand, Rio Bravo in the United States, and New Horizons in Central America, just to name a few.

In the event that a detachment cannot be deployed, the Office of Army Reserve History will conduct Exercise Clio from its historical facility at Fort McPherson to provide an equivalent training experience.

For more information on the 5X "Historian" additional skill identifier, visit the Army Reserve history program web page at: http://www.army.mil/usar/history/comhistory.html.

Dr. Harford is the Army Reserve Historian, U.S. Army Reserve Command, Atlanta, Ga.

Summer 2002



Civil Affairs



Maj. Gen. Michael R. Mayo has dinner with the solders of the 310th Chemical Company.

Story by Sgt. Jeff Keown

When the Moors conquered most of the known world in the eighth century, they used a special technique to aid their cause. Moors encouraged their soldiers to take wives indigenous to the conquered areas. This built family ties in the expanding empire and reduced the risk of revolt. The ideology also increased the Moorish soldiers' desire to care for the civilian population of the new land.

Today, the U.S. Army has a different approach to aiding civilians and winning people's confidence in war-torn areas. It's called civil affairs.

"We set conditions so the local population, especially the government, can work well with the military," said Maj. Jose M. Madera, a civil affairs team leader with the 478th Civil Affairs Battalion (CAB) in Miami. "We're diplomats in uniform."

All civil affairs units in the Army are made up entirely of Reservists except one battalion located at Fort Bragg, N.C.

In Madera's civilian job, he works as the Director of Technology Support Services at the Florida Gulf Coast University in Fort Myers, Fla. More recently, Madera was at the Joint Readiness Training Center (JRTC), Fort Polk, La., providing civil affairs guidance to the 75th Ranger Regiment. The Rangers were participating in a JRTC exercise.

"We put in for this," said Madera. "Our command is very dedicated to sending people through JRTC." He said he looks forward to interacting with the Ranger Regiment, and hopes to smooth a path between the warrior and the diplomat.



Major Jose M. Madera, a civil affairs team leader with the 478th CA Battallion, Miami, explains his job to journalists from the 372nd Mobile Public Affairs Detachment, Nashville Tenn.

"I won't let resistance taint the mission. We are here learning that we can work together. Civil affairs people are generalists. We have dozens of missions or jobs. The Rangers are extremely specialized. Their mission is singular and specific. The measure of success comes after breaching the initial friction -- do you get everyone to converse? We sensitize both sides to what each brings to the battlefield," said Madera.

Winning the hearts of natives in worn-torn areas seems to be the real-world mission of civil affairs. At the JRTC, they use this skill to win the respect and admiration of fellow soldiers.

"Here I have two missions. I have to learn about civil affairs in the exercise scenario and I have to teach the Rangers what civil affairs is about and how we can benefit them," said Staff Sgt. Elbin R. Rodriguez.

Rodriguez has been in law enforcement for eight years. He is able to use that knowledge to aid the judicial system of countries or provinces he is working in. Civil affairs personnel also assist countries by providing guidance in medical, energy, legal, environmental, and natural resource management concerns.

Thankfully, U.S. military leaders today don't follow the same tactics used by the Moors. Soldiers are not forced or encouraged to intermarry with the civilian populace in order to foster close working relationships. Instead the Army Reserve's civil affairs personnel pave the way for beneficial and welcomed interaction among host nations, American troops, and civilians.

Sgt. Keown is with the 372nd Mobile Public Affairs Detachment, Nashville, Tenn.



Getting 'Real' Training With 'Virtual' Equipment

By Spc. Daniel Lucas

CAMP DODGE, lowa–Army Reservists from the 19th Theater Army Area Command (TAACOM) and 3rd Corps Support Command (COSCOM) participated in a virtual firing exercise with the Fire Arms Training Simulator (FATS) recently.

The system uses a combination of lasers, video and computers to teach soldiers how to use the variety of weapons that the FATS can support.

"We had (FATS) installed a little over 10 years ago," said Maj. Floyd Everett, the range control officer for Camp Dodge. "The system is made up of three computer systems running a variety of video simulations."

Everett said the system could support the training of all branches of the military and civilian police departments, from individual scenarios to squad-size exercises.

"The system can support the training on the AT-4 antitank rocket, M-60 machine gun, .50 caliber machine gun, M-240B machine gun, M-249 Squad Automatic Weapon, M-16 rifle, M-203 grenade launcher and the nine millimeter pistol," he said.

Everett said there are plans to add a Mark 19 grenade machine gun during the system's next update.

The new 2001 FATS version will be a Windows-based system. That will make it faster and user-friendlier, Everett said. There will be the possibility of running a wider variety of weapons systems, plus the ability to create computer-generated scenarios to fit specific types of training that the system's manufacturer believes the soldiers need.

In addition, Everett said, the new system will store scenarios on laser disks, saving space on the computer hard drive and making for faster scenario loading time. On top of all of that, the new system will also be quieter, he said.

"The only thing that the system is missing is the smell of gunfire," said Brig. Gen. Donald L. Jacka, Jr., commander

Sgt. Troy King of the 366th Mobile Public Affairs Detachment instructs soldiers from the 3rd COSCOM about when to engage their targets on the FATS range at Camp Dodge, lowa.

of the 3rd COSCOM.

The FATS system uses compressed air, supplied by tanks located in the back of the room, to fire the weapons. As the weapon fires, it shoots a laser beam at the screen, where it is recorded in the computer program that marks shots fired, hits and kills.

A system this complicated should take a lifetime to learn, but soldiers can become trained up on how to run the FATS in a couple of hours, according to operators.

"I was trained yesterday for two hours on how to operate the FATS," said Staff Sgt. Joel Dingman of the 19th TAACOM, one of the system operators. "I went to range control to take the class; it didn't take long at all."

Except for all three computer systems needing to be started simultaneously, the setup is rather minimal. The scenarios come on a disk of 10, and there are more than 200 total scenarios.

Even though the system shows a little age, it is still has a lot to offer the units that visit and use it.

"This system is fantastic; it truly helps soldiers be prepared for live fire," said Command Sgt. Maj. James "Jim" Rosacker, the COSCOM's command sergeant major. "The FATS system teaches soldiers to familiarize themselves with the different weapons that they might have to use in their careers."

But the soldiers that used the system the most had the most to say about the FATS.

"I think that it's good for soldiers to use different weapon systems in an indoor environment," said Spc. Matt Andrews, of the 3rd COSCOM's materiel section. Andrews also said the indoor environment is more appealing to soldiers, especially when it's cold and snowy outside.

"It is like playing a big game of Nintendo," said Spc. Anthony Deal, another 3rd COSCOM soldier. "With this system, we can train up on different weapons, so we do better when we do live fire. I wish we could do the simulator more often."

Pvt. Ben Fox, a new 3rd COSCOM soldier, said the FATS was a totally new experience for him.

"I have never shot a gun before the simulator," he said. "When I signed up two months ago, I had no idea about the FATS system. Now that I have fired, though, I think that it is pretty cool, and I think that it will better prepare me for basic training."

Jacka agreed, saying, "Anytime we can make a training event more realistic and more enjoyable, soldiers will take more of the training with them to use in the future."

Spc. Lucas is with the 366th Mobile Public Affairs Detachment, Des Moines, Iowa.





Takes Leap To Honor Military Woman



(left) Sgt. 1st Class Linda Estacio, 2125th Garrison Support Unit, recovers her parachute at Sicily Drop Zone, Fort Bragg, N.C.

(above) Paratroopers, Sgt. 1st Class Linda Estacio, Col. (Ret.) Mary A. Maier and Maj. Deanna Stewart, 82nd Airborne Division Support Command (DISCOM). Maier, the first female commander of the 16th MP Brigade, was the guest speaker.

By Master Sqt. Ed Winn

FORT BRAGG, N.C.—"It was too much excitement for me to miss out!" said Sgt. 1st Class Linda Estacio, referring to her participation as the only Army Reservist in the third annual Women's History Month Jump, an all-female air drop operation conducted here. "I'm proud I was able to take part in this event and I'll still be talking about this ten years from now."

The 16th Military Police Brigade (Airborne), commanded by Col. Samuel J.Hernandez, hosted the jump at Sicily Drop Zone in March to honor women's contributions to the military. Conducted entirely by female personnel, to include aircraft pilots and loadmasters, the airborne-qualified soldiers from various Fort Bragg units jumped from two C-130 aircraft in five passes over the drop zone. More than 120 paratroopers floated from the sky on a sunny, cold day and then ran in formation from the drop zone to the bleachers where onlookers cheered. A short ceremony featuring keynote speaker Col. (Ret.) Mary A. Maier, the first female commander of the Brigade, also airborne qualified, honored their accomplishment.

Estacio, a resident of Fayetteville, is assigned to the 2125th Garrison Support Unit (GSU) at Fort Bragg. The 20-year military veteran was called to active duty with the unit for Operation Noble Eagle. The unit, headquartered in Decatur, Ga., and activated last October, assists Fort Bragg, the Army's premier Power Projection Platform in mobilizing and deploying Army Reserve and Army National Guard soldiers. The GSU coordinates the mobilization process for the installation, commands and controls mobilizing units and expands the capabilities of installation staff to include Military Police, Staff Judge Advocate, Chaplain, and Public Affairs.

An Administrative Specialist in the Garrison's S3 section, Estacio is working as a Liaison NCO.

"Thousands of Army Reserve, National Guard, and Individual Mobilization Augmentees recently activated for Operations Noble Eagle and Enduring Freedom, processed through here, "said Estacio. "My job is to guide them through the various Soldier Readiness Processing (SRP) stations, such as finance, dental, medical, and assist them in getting their equipment issued as well as getting them to all the required briefings."

Her work ensures completion of all stations needed by the mobilizing unit before validation.

"I have assisted in the SRP for as many as 232 soldiers at one time. I physically walk them to each station if need be. I even greet them at the air terminal if necessary."

Estacio's duties are not limited to being an "LNO." She

eople?

recently planned and coordinated company Common Task Training that included a six-mile road march and battle

scenarios testing Garrison troop reactions to hostile fire and opposing forces.

After recovering her parachute, Sgt. 1st Class Linda Estacio prepares to leave Sicily Drop Zone.

Prior completing to the Women's History Month Jump, Estacio went through a Basic Refresher Airborne class. According to Estacio the biggest change was rigging of combat equipment.

"Now, there is a single point release that the jumper has to pull to release the ruck sack. Before, a jumper had to pull two snap hooks to release the ruck," she noted.

"We jumped from 800 feet [on the Women's Month History Jump]. My ruck weighed approximately 40 pounds. A jumper will drop 18-24 feet per second depending on total weight. But, I had a good jump, a perfect 'PLF' (parachute landing fall). Actually, as I hooked up and approached the drop zone, the soldier behind me began to get sick. We were close together, and with little room to avoid her, I was glad to go out that door. This was my first jump in four years. Jumping is exciting; if I can do this, anyone can, too!"

Originally from Bogota, Columbia, Estacio, who is married to an airborne soldier, has three children, and is a Master Personal Trainer.

Women have been able to earn jump wings since the mid-70s when the Army allowed a massive expansion of Military Occupational Specialties (MOS) affecting women soldiers. For years women were allowed to serve in very limited roles, such as nursing. Now, virtually every job open to men is likewise open to women. Today, approximately 14 percent of our national military force is comprised of women soldiers.

Master Sqt. Winn is with the 2125th Garrison Support Unit (Forward), Fort Bragg, N.C.

Medic to Marksman



Staff Sgt. Trusty aims at a target on the range at Camp Perry.

Story and photo by Master Sgt. David E. Johnson

CAMP PERRY, OHIO—The workday begins at "O DARK 30," a military expression that means very early…long before the sun rises.

The support staff and shooters who make up the National Rifle Matches, scurry to the range in the early morning darkness to begin the daily preparation process.

The matches occur annually from June through August. Army Reserve Staff Sgt. James Trusty, a medical non-commissioned officer with the 914th Combat Support Hospital, surgical section, Sharonville, Ohio, checks all the medical supplies and aid bags, but he aspires to be on the range shooting instead of behind it in an ambulance.

Another day of marksmanship competition at Camp Perry is about to start, and another long day of treating injuries and ailments begins.

Trusty's meeting former Marine Gunnery Sgt. Carlos Hathcock, a highly acclaimed sniper during the Viet Nam War, was instrumental in Trusty changing his military goals.

"I met Gunny during one of my early tours here," said Trusty, "and he was such a profound influence on me, my career goals began to change."

"I've been a medic my entire career, and I'd like to become a marksman, a member of the Army Reserve Shooting Team," said Trusty.

"A sniper has to rely on his own wits and intelligence. You're on your own, isolated," said Trusty. "My ultimate goal is to go to sniper training."

According to Capt. Warren L. Miller, administrative officer from the 406th Combat Services Battalion, Ann Arbor, Mich., wanting to be a sniper and having the ability, like many things in the Army, are easier said than done.

"Being a good shot is one thing," said Miller. "It's another thing to be able to perform consistently at that level."

"But, he can do it," Miller said.

Trusty appeared to have impressed marksmanship experts.

"He's a hell of a shot," said Capt. Chris Schuler, an airborne ranger infantryman and Special Forces officer. Schuler is currently assigned to the 718th Transportation Battalion at Rickenbacker Air National Guard Base, Columbus, Ohio, as the maintenance officer.

"Staff sergeant Trusty's a sharp soldier," said Sgt. 1st Class Gloria J. Tolley, an administrative NCO from the 319th Quartermaster Battalion in Warrensville, Ohio. "The Army NCO corps prides itself on training soldiers, and we never send troops into combat unprepared. Staff Sgt. Trusty does what NCOs are supposed to do –

take care of soldiers."

"He can better serve the needs of the Army as a marksman," added Tolley.

Trusty says he would like to see more emphasis placed on marksmanship training during weekend drills. According to Trusty, marksmanship often takes a back seat in the Army Reserve behind physical fitness, technical skills and common task training.

"Marksmanship is the primary skill soldiers need to protect themselves in combat," said Sgt. 1st Class Richard Kalina, a senior marksmanship instructor, a member of the Army Reserve's small arms training team.

"Marksmanship is so important to our survival," said Trusty. "If you can't defend yourself, you're basically dead. I would like to see the Army Reserve require weapons qualification twice a year for every soldier. Once with the normal 25-meter range, and another with pop-up or moving targets."

"One of these days, I hope to be shooting at these targets as a member of the Army Reserve Shooting Team," said Trusty. "Marksmen are a close-knit group."

Trusty has performed a myriad of medical duties in the Army Reserve during his 14 years: Triage NCO during Desert Storm, platoon sergeant, physical exam NCO, first aid instructor.

"A marksman is quite a different job from being a medic," said Trusty.

Many Army Reservists will take the opportunity this year to perform either their annual training or an extended long-tour in a support capacity, but for the medical services NCO, a return to Camp Perry for 2002 is his quest to come back to compete, not treat.

Master Sgt. Johnson is with the 367th Mobile Public Affairs Detachment, Whitehall, Ohio.

'An Army of One

Army Reserve Broadcast Journalist Featured In Advertising Campaign

By Julia Bobick

eople who know her call her the poster girl for the U.S. Army Reserve, but 20-year-old Spc. Sandra Mercado is not letting the publicity go to her head. A year after being featured in the "An Army of One" advertising campaign, she is still focused on her goals and proud of her decision to enlist. And she's getting more from the Army Reserve than she ever expected.

The broadcast journalist admits she had high expectations of her military job skill, the Army and her unit, the 222nd Broadcast Operations Detachment (BOD) in Bell, Calif. She said she strongly believes her Army Reserve experience will help her get ahead in her civilian career in television broadcasting.

So far, the Army Reserve is exceeding the expectations of this energetic young soldier.

The freshman at Pasadena City College said she is happy she already has close to three years of experience in the Army Reserve and as a broadcast journalist.

"I'm very happy I made this decision. I expected a lot out of the Army and now the Army expects a lot from me. I like that; I like the pressure."

The Rosemead, Calif., high school graduate joined the Army Reserve in November of her senior year. She attended drill weekends as a senior, and went to basic and advanced individual training after graduation.

"At first, I wanted to be like everybody else and go straight to a university."

ercado said she had applied and been accepted, and was ready to start working on her degree. But then she started thinking about how she



Spc. Sandra Mercado is a Broadcast Journalist assigned to the 222nd Broadcast Operations Detachment in Bell, Calif.

would get the experience to back it up. So she thought about the military recruiters who had already been calling her, and decided to check out her options.

"For a soldier who weighed less than 100 pounds before basic training, she was challenged from the beginning to meet weight standards. By the time she graduated basic training, she gained seven pounds and was able to carry heavy camera equipment that offers a challenge to six-foot, two hundred-pound male soldiers," said Staff Sgt. Scott C. Marvin, broadcast noncommissioned officer for the 222nd BOD.

writer for her high school newspaper, Mercado said she has always been interested in journalism, and knew at a young age that broadcasting was

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Spc. Sandra Mercado

her niche.

"As a little girl in elementary school they used to pick me to interview guests who would come to our school," she said. "I've always had this thing for getting to know people and doing the interviews and writing up the little speeches. I think I'm just a little ham sometimes, and broadcasting is good for me."

"I want to meet a lot of people; I want to see how others live," she said with enthusiasm. "I want to see how we're different but how we're alike."

Mercado said she enjoyed learning Spanish with her grandmother, and wants to continue learning. She is taking Spanish in college to help her communicate with a new audience, both as a journalist and an individual. English is a second language for many of her family members and friends' families.

"The more languages you learn the better off you are, because you can talk to more people, you can meet more people and be able to communicate better."

veryone around her has

been supportive of her said decision. Mercado, from her part-time employer at the Golden Rose Florist in Rosemead to her own

family spread across Southern California.

"We're spread out, but there's a lot of us," Mercado said. Her parents. Karen and David Meza of San Gabriel. Calif.. were not initially supportive of her decision to enlist. She said they were scared that she would lose direction, not go to college or get hurt, or that the Army would make promises and not deliver on them. It was her recruiter, Sgt. 1st Class

Rueben Avila of El Monte, Calif., who changed their minds by thoroughly explaining what the Army Reserve has to offer.

Not until after she enlisted did Mercado learn that her grandfather was a retired Army chief warrant officer. He challenged her – then a private to beat his rank.

ith a big smile on her face, she said she knows she has a long way to go.

"I don't know if I'm lucky, but every step of the way, in terms of getting my career started in the Army ... every part of it has been wonderful and I've had positive

people around me throughout the entire experience." she said. She's

had also her critics along the way, too.

One of the first students in her high

school class to join the military, Mercado said she definitely had critics among her peers spreading negative rumors about the military.

"One of those people who told me I would regret my decision ended up joining [the Army] and I saw him in basic training," she said with a smile. "He realized the rumors were false, and the Army is just like anything else, you have to make it work for you. Anything you do, whether it's the military or college, you have to make it work for you."

he is convinced all her experiences in the Army Reserve will make her a better person, a better soldier and a better journalist.

"I don't just want to be a poster girl, I want to be able to back it up, and before I become a sergeant, I want to be able to have a rack of ribbons and show people I have the experience.

I feel like I can lead in my heart, but I want that deployment, I want those ribbons, I want to be able to say to that private when I'm in the field: 'I've been there, you can learn

something from me."

Mercado has tremendous natural broadcasting talent. according to Capt. Greg Gordon. 222nd BOD commander.

"Her unique personality and communication skills are essential to her duty position, but many of these qualities are not the sort that are easily taught in military or civilian training programs. To its credit, the Army makes the most out of everyone, but there is no substituting raw natural talent, and in the case of Specialist Mercado, that's what we get. She repre-



People

sents the best of the Army's recruiting efforts: a soldier who brings much to the table and who, in turn, deeply appreciates the experience of serving her country in uniform and at the same time expanding her career opportunities."

he Army Reserve is helping her gain the experience she is looking for, and she is continuously seeking new challenges in school and in her Reserve career.

"Mercado is a great asset for the Army Reserve because she wants to participate in the military," Marvin said. "She constantly volunteers for missions outside the regular drill weekend schedule; in addition to a full plate at school and work. This availability aids our public affairs unit in expanding mission parameters and helps to spread the word about the benefits of military service."

In April, Mercado deployed to Kosovo for six months with the 302nd Mobile Public Affairs Detachment, her Reserve unit's sister unit, also in Bell.

She said she volunteered to gain the overseas experience as a broadcaster.

"I'll be very proud when I come back to have that field experience."

The hardest thing was to put her college on hold. She has left her friends and family before for training, and admitted it isn't easy. She said it actually makes her appreciate them more. So she knew she could handle it.

Her mother, the first person in her family Mercado told about the deployment, had a feeling she would go because the unit had been asking her for a while.

"She's scared in one respect, but she's definitely happy for me. She's thrilled because she knows that I'm happy. She thinks it's going to be great for me."

But delaying school was a tough decision, she said.

"I didn't want to miss school, but it was something I had to do. School's going to be there when I come back, definitely.

"I just love school."

he said she knows it's easier to take advantage of opportunities like this now, than when she has the additional demands of a civilian career and a family, which she does want in her future.

She is the only one of her generation to enlist – so far,

"Little by little people all around me are joining," she said. Mercado's roommate and best friend's cousin joined shortly after she returned from training. Her boyfriend has also enlisted in the Army Reserve.

"He didn't join because I joined, he joined because he saw what I was getting from it."

One thing Mercado said she didn't plan on getting from the Army Reserve was a new family.

"I didn't know how close I would get to my unit," said the petite soldier, whom her fellow Reservists call "An Army of Three-Fourths."

She thought they would just be people she works with one weekend a month and that would be it. They won't know much about her or remember the details.

"I can honestly say that I love the people in my unit. We are totally like family," she said. "They are very, very supportive; they want to be there for you."

She said her Reserve family is helping her stay grounded, and remain focused on her original goal, which was to deploy and then return to finish her degree.

hen she returns from the deployment, she said she will enroll in the college's scholars program to be more challenged and to better her academic standing for when she transfers to the University of Southern California in 2004 for her junior year.

She said she set a goal to earn her bachelor's degree by a certain age, so she'll stick to her plan and see where it – and the Army Reserve – take her.

"If cloning were authorized, Mercado would be a first draft pick. She exudes an excellent attitude, high level of motivation, and sets the example for her peers," Marvin said. She "could motivate a motivational speaker."

Mercado values her Army Reserve service not only for the experience, but also for the financial benefits. She is using the Reserve's tuition assistance and Montgomery GI Bill programs to pay for college, which she said will be especially important when she transfers to USC, with its significantly higher tuition costs.

t this point in her life, Mercado doesn't know if she'll stay to retire in the Army Reserve. She has until 2005 on her current enlistment, so she's leaving her options open and said she will make the decision when the time comes.

"I recommend the Army and Army Reserve to everyone and anyone."

The military can instill self-discipline, she said, "but it's up to you to keep that with you," said Mercado, who admitted she didn't think she could gain any more self-discipline in the Army, but has.

"I feel like there's a lot of weight on my shoulders. Being a poster girl is more than just a picture. It's representation of the Army," she said. "Even before I was part of the Army of One advertising I knew any time you're in this uniform you need to represent it well. Even out of the uniform, you should still be on your toes, you should represent the Army at its best - be a super soldier."

A super soldier she is, according to Gordon.

"Specialist Mercado's high-charged attitude is simply infectious. Soldiers like her inspire all of us - from the newest recruit to myself as commander – to be our best," he said.

"With enough [soldiers] like her, there's no limit to the great things our Army can accomplish."

Julia Bobick is a Public Information Specialist with the U.S. Army Recruiting Command Public Affairs Division, Fort Knox, Ky.

Climbing Mountains

By Staff Sgt. Gail E. Anderson

SCHWETZINGEN, Germany—If cycling is your idea of fun, then maybe you should try out for the Army Cycling Team.

Sgt. Michael Gallagher, a member of the 7th Army Reserve Command (ARCOM) has been cycling competitively for six years and has proven himself to be an outstanding cyclist.

Gallagher competed in the military Mountain Terrain Bicycle (MTB) championships last fall at Cheatham Annex Naval Base in Williamsburg, Va., where he raced in the men's Pro category against local pros as well as the World Class Athlete Program (WCAP) riders from the Coast Guard and the Air Force.

WCAP riders are servicemembers that perform at the world cup level of competition. The members participate in their sport for the military year round and get paid the nor-

mal base pay.

At the November event, Gallagher was fighting it out for the last half-mile with the Air Force rider for second place but as he came out of the woods towards the finish line he was behind by a bike length and finished in a respectable third place. His current goals are to become a member of the WCAP and represent Team Army.

Gallagher was previously stationed in Hanau, Germany as the family practice NCOIC at the health clinic. During that time he was a regular winner while competing in the U.S. Army Europe (USAREUR) mountain terrain bike championships. His highest achievement was being selected to the Conseil International du Sport Militaire cyclocross team.

Gallagher competed in Belgium in February 2000, representing the U.S. Armed Forces. In Apr. 2000, he moved to Fort Hood, Texas and continued to ride in three disciplines: road cycling, MTB and cyclocross. Gallagher said



Sgt. Michael Gallagher of the 7th Army Reserve Command, leads the pack in this mountain terrain bike competition, held last November.

Photo by Royce Walston Jr.



that MTB is his favorite among the three.

"I shocked the Texas cycling hierarchy by exploding onto the scene, placing consistently in the top five of every cyclocross race and besting many of the established pro riders of the state."

After doing so well in Texas, Gallagher decided that what he needed was more time to pursue his cycling goals so he moved back to Germany to look for a German team and at the same time he joined the 7th ARCOM.

Gallagher found what he was looking for and says: "Europe is to cycling what baseball is the America. I was accepted into Frankfurt cycling team and continue to train

daily."

Currently, Gallagher works part time at the CycleTechs bicycle shop in Heidelberg, putting his many years of working on his own bikes to good use. As a contractor for the Army and Air Force Exchange Service this shop is the hub for the Heidelberg and Mannheim cycling community.

Gallagher hopes to eventually qualify for and race in a World Cup MTB event and wants to start a Team Army cycling club in the area.

Staff Sgt. Anderson is with the 7th Army Reserve Command, Schwetzingen, Germany.

Renowned Surgeon Joins Army Reserve, Becomes **Oldest AMEDD Officer Training Graduate**

"This country has given me so much, and now it was time for me to give back."

By Edward Rivera

After a 30-year career as a distinguished cardiovascular surgeon, which included implanting the first permanent totally artificial heart, Dr. William C. DeVries decided to do something he had always wanted to do join the Army.

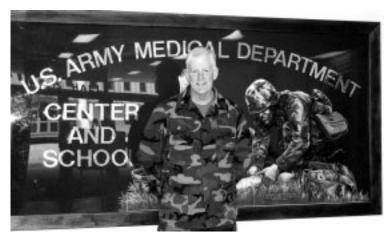
On Jan. 18, the 58-year-old DeVries became one of the oldest officers to graduate from the Army Medical Department Basic Officer Course.

"This country has given me so much, and now it was time for me to give back," said DeVries, who was commissioned into the Army Reserve as a lieutenant colonel on Dec. 31.

DeVries is the son of a Navy physician and a nurse. He had always been interested in serving in the Armed Forces, but schooling and subsequent positions did not allow for

In the 1980s DeVries was instrumental in creating the Jarvik-7 artificial heart. He performed the first Jarvik-7 implantation in 1982 while on the faculty of the Utah School of Medicine. He moved to Louisville, Ky., and from 1982 through 1987 implanted the artificial heart in four patients, who collectively lived more than 1,300 days.

In 1988, DeVries returned to traditional cardiovascular surgery until his retirement in 1999. He currently serves as



Lt. Col. William C. DeVries

the academic coordinator for the cardiothoracic surgery service at Walter Reed Army Medical Center.

"I have always considered myself a good team leader, but I have gained a better understanding and appreciation of camaraderie. It is incredible how soldiers pull together as a team to accomplish their missions," he said.

When DeVries decided to give back to his country by joining the Army, he didn't think twice about his age.

"I've always been very active and keep in good shape. I'm sure there were some skeptics, but I wasn't worried about the physical aspects of the training," he said.

Now that DeVries has graduated from the Basic Officer Course, he will use his new-found knowledge of the Army and how it operates to better his work at Walter Reed. He also plans to go on the road to help recruit others who may want to serve their country as they wind down their civilian careers.

Friendly Competition Rivalry amongst Reservists stems from civilian jobs

By Pfc. Ryan Smith

Competition thrives in the military, as it does in the civilian world. Soldiers, especially those who are in leadership positions, strive to be the best.

It's natural that 1st Lt. John M. Didonato, company executive officer, and Sgt. 1st Class Charles B. Pulsifer, platoon sergeant for the transportation platoon, both with Charlie Company, 528th Special Operations Support Battalion from Fort Bragg, N.C., have a competitive relationship.

Their rivalry is unique, however. Both soldiers are Reservists, activated after Sept. 11, and both of them work in the transportation industry as civilians. The catch is that they work for two of the major competitors in the industry.

Didonato, a Burlington, N.J. native, is a manager for FedEx. Pulsifer, a Bristol, Pa. native, is a service provider for the United Parcel Service.

"My platoon leader works for the number two company," said Pulsifer. Didonato is the former platoon leader for the transportation platoon.

Didonato replied, "UPS is starting to slow down. FedEx is starting to dominate the transportation industry."

The two built a strong working relationship in their Reserve unit in Pennsylvania, the 465th Transportation Co., where they have worked together for six years. "We work hard, and we play hard," said Pulsifer.

"It's almost like a marriage," said Didonato, "of course we bump heads occasionally."

"Having worked together for so long facilitates leadership," said Pulsifer. "We get things done. You call and we haul."

"Of course, in his business, you call and you wait," Pulsifer added.

Their friendly rivalry spills over into the field, as well. "When we're in the field, we make sure all of our real business gets done," said Didonato. "Then we just josh each other."

They are known throughout Charlie Co. for their sense of humor. "We're P Diddy and Slim Shady," said Pulsifer.

"Keep us out in the field for two weeks. We'll start getting loopy," said Didonato.

Pulsifer believes that the competition makes the deployment more tolerable. "That's what keeps our sanity. We can joke about the situation," he said.

They even joked about what would happen if their competition got physical. "If our commander sees an E-7 and an O-2 rolling around on the ground, there's going to be some Article 15's flying around," said Didonato.

Once the deployment is over, they will return to their jobs and families. Both are married and have children, and both say that the mobilization has been rough on their families. However, they're both proud to be working to protect their children's future.

But the rivalry will always continue. According to Didonato, Pulsifer may not have a job waiting for him in Pennsylvania, "when FedEx takes over."

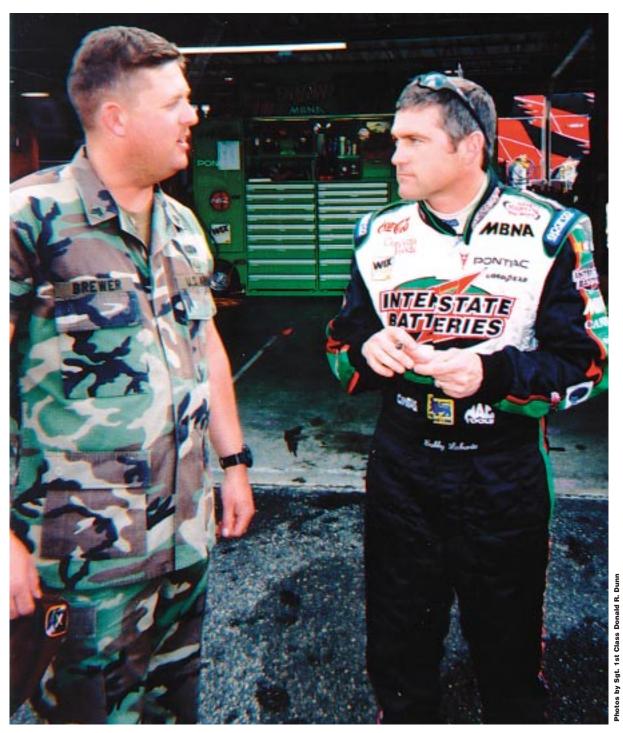
Pfc. Smith is with the 372nd Mobile Public Affairs Detachment, Nashville, Tenn.



Sgt. 1st Class Charles B. Pulsifer is the platoon sergeant for Charlie Co.'s transportation platoon.

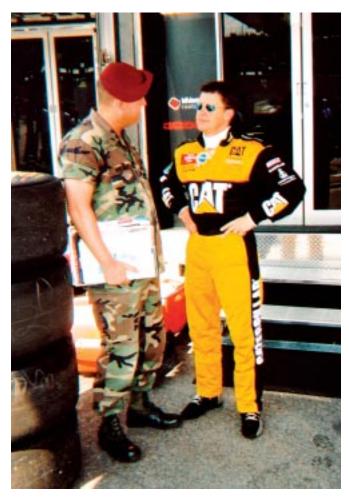


From Racing to Receipts Former Marine, racecar driver leaves ova



Sgt. Ronnie Brewer talks with former classmate and racing competitor Bobby Labonte recently at **Darlington Motor Speedway.**

al track to become AGR supply sergeant



Sgt. Ronnie Brewer talks with his friend Ward Burton, this year's Daytona 500 winner.

By Sgt. First Class Donald R. Dunn II

Sitting at his desk on the first floor of the Floyd Spence Army Reserve Center, looking over his inventories and hand receipts, he gazes at the photos of a time when being a racecar driver and having his own shop was his only dream.

Sgt. Ronnie L. Brewer, a supply sergeant in the 310th Personnel Group, here on Fort Jackson was once a promising young racecar driver, who spent his weekends racing late model stock cars at the Caraway Motor speedway in Asheboro, N.C.

Brewer, a native of Trinity, N.C., began racing at 25 and remembers one of the first cars he bought belonged to Ward Burton, who recently won the 44th Daytona 500.

"My father is good friends with Bob Burton, Ward's father. We bought the car and I actually finished a career third place in it at Caraway," said Brewer.

The car, number 22, is still the number Burton uses on his current Caterpillar Winston Cup Car. Burton, who also has a military connection, is a graduate of Hargrave Military Academy, where he was a First Lieutenant and ranked first on the school's rifle team.

"I started racing after being a former Marine in 1989, I joined the Army in 1996 and went in civil affairs before becoming the supply sergeant here in the 310th as an Active/Guard Reserve soldier in September 2001."

Being from a racing family, Brewer has raced with the likes of Mike Skinner, Bobby Labonte, and three of the late great Dale Earnhardt's children, Kerry, Dale Jr., and Kelley.

"We all raced at Caraway, it was a starting point for a young race car driver with the skills to get ahead, it all starts with late models. Also sponsorship is very important and money, this and a good pit crew," explained Brewer.

My father raced at The Daytona Grand Nationals, back in the late 50's. This was before Winston Cup racing. My father hauled his racecar there with a single tow bar on the back of the family car. A lot has changed since those early days when Bill Brewer raced there with legends like Fireball Roberts, Richard Petty, and Junior Johnson."

"My last race was two years ago, I miss it every day. I grew up in a racing family; it's what we all lived for. I have approached the Army with recruiting ideas about racing, but have not yet got a response. I enjoy the Army and still hope to combine both," said Brewer.

Brewer also knows the importance of the fans, "They are the most patriotic of any sport around and they all support their drivers. I wish the Army could be more involved in racing, because it is truly an American sport and an untapped recruiting tool," expressed Brewer.

Brewer was also in the top ten in points for five years during his Winston Racing Series career. He is still hoping to pursue it and be in the Army too.

Sgt. 1st Class Dunn is with the 319th Mobile Public Affairs Detachment, Fort Jackson, S.C.

Honors For Hero of Pentagon Attack



Soldier's Medal recipient Col. J. Edgar Wakayama, an Army Reservist assigned to the Director, Operational Test and Evaluation, Office of the Secretary of Defense, addresses the attendees at his Pentagon award ceremony.

By Lt. Col. Randy Pullen

WASHINGTON, D.C.—The Soldier's Medal pinned on his chest was not the only honor that Army Reserve Col. J. Edgar Wakayama had for his actions at the Pentagon on September 11 and the days that followed.

In a voice filled with emotion, Wakayama spoke to those who had come to see him receive the Army's highest decoration for non-combat valor.

"For nine days, I worked alongside the great soldiers of the 3rd Infantry, the Old Guard," Wakayama said. "They kept going inside the Pentagon, braving the dangers of further collapse to try to rescue survivors and then to bring out remains. For a little while, I had the honor of being part of the Old Guard."

Wakayama's "tour of duty" with the Old Guard began on the morning of Sept. 11. A Medical Service Corps officer on a one-year tour of duty with the Director for Operational Test and Evaluation (OT & E), Office of the Secretary of Defense, he evacuated the Pentagon after the hijacked airliner crashed into it.

Seeing the dense smoke coming from the crash site, he moved towards it.

What happened next is described in his Soldier's Medal citation:

"He entered the Pentagon three times to search for injured people, leading three to safety on the first trip and several more on the second attempt, before being repulsed by smoke and heat on the third entry."

Unable to get inside the Pentagon again, Wakayama started to treat the wounded on-site. He helped perform triage and administer intravenous solutions. He helped the Red Cross set up a blood draw collection point. For the rest of Sept. 11 and for the next nine days, he worked 12-hour shifts at the recovery site.

Pentagon tragedy can take a toll on even heroes like Wakayama. That is why the letter he was handed one day by two volunteers meant so much to him. In a way, it was his first honor.

Taking a break at the Camp Unity support site in the Pentagon parking lot, he was given a letter written in a child's hand. Dave and Shirley Hall, members of a group of volunteers from North Carolina preparing and serving food for the recovery workers, passed on the letter from Kayle Madren, a fifth grader at Altamahaw Ossipee Elementary School in Elon College, N.C. Written on Sept. 15, it read:

Dear Heroes,

Thank [you] for being our heroes. I hope you find lots of people. Please save the

people that are still alive. Thank you for being our heroes.

Be Careful, Kayle

Moved by the girl's letter, Wakayama wrote back to her that same day.

"Your kind words truly lifted my spirits during this most difficult time in our country's history," he wrote. "The mood here is sad, but the spirit of people is high because of the many letters received by students like you.

"Kayle, we are all heroes. Heroes are common people who rise during difficult times and yet somehow manage to overcome tragedy. Heroes are students like you who study hard, listen to their parents and teachers, and become good citizens."

Wakayama enclosed a diagram of the crash site, a Pentagon shoulder patch and a colonel's eagle rank insignia with the letter he sent to Kayle.

Kayle was on his mind when he received the Soldier's Medal on March 6 from Mr. Tom Christie, Director of OT &E. Also on his mind was what was taking place that week in the mountains of eastern Afghanistan on Operation ANACONDA and how this related to what he did on Sept. 11.

Wakayama said that the actions of the special operations soldiers who went back in under heavy enemy fire to retrieve a fallen comrade were also in keeping with the creed of Army medics.

"Medics don't leave wounded behind on the battlefield," he said. "For years, I've taught that to my students. When the Pentagon was attacked, I had to put my money where my mouth was."

His actions at the Pentagon clearly show that Wakayama is a teacher who can do as well as he says.

Although Wakayama now wears the Soldier's Medal ribbon on his dress uniform, he will not be able to wear any of the distinctive insignia of the Old Guard. Nor can he attach Kayle's letter to his uniform.

Those honors — serving alongside the 3rd Infantry and what Kayle wrote about Pentagon heroes — will always be present, though. They will be as much a part of the medal as its cloth.

Note: The information about Kayle's letter came from a September 25, 2001, American Forces Press Service article written by Rudi Williams. Lt. Col. Pullen is with the Public Affairs and Liaison Directorate, Office of the Chief, Army Reserve, Washington, DC.

Army Reserve Woman Receives Purple Heart for Wounds Received in Pakistan Church Bombing

By Brig. Gen. John R. Hawkins III

SPECIAL TO ARMY RESERVE PUBLIC **AFFAIRS**—An Army Reservist received the Purple Heart Medal for wounds received in a terrorist bombing in Pakistan March 17.

Maj. Lisa K. Bohn of the Army Reserve's 354th Civil Affairs Brigade, Riverdale, Md., was awarded the Purple Heart by Gen. Tommy R. Franks, Commander-in-Chief, U.S. Central Command, in a presentation held at the U.S. Embassy in Islamabad, Pakistan, March 19.

Bohn, assigned to the Coalition Joint Civil-Military Operations Task Force in Islamabad, received shrapnel wounds when two of six grenades tossed into a church near the American embassy exploded. She was attending services in the church at the time of the attack. As soon as she determined further followon attacks were not coming, she immediately began tending to the other wounded, without concern for her own iniuries.

"I praise God for my being alive," she said, "but I credit my survival to my military training about how to react to incoming."

Following the incident, Bohn was treated for her wounds and released. This mother of two continues to serve on active duty in the war on terrorism.

Although Army Reservists killed and wounded during the initial terrorist attacks on Sept. 11 received Purple Hearts, Bohn is believed to be the first Army Reservist to be awarded the Purple Heart for wounds inflicted during Operation Enduring Freedom.

At the time this article was written, Brig. Gen. Hawkins was the Military Director of the Coalition Information Service in Islamabad.



Maj. Lisa Bohn, a 354th Civil Affairs Brigade officer wears her newly awarded Purple Heart. Bohn earned the medal for shrapnel wounds received in the grenade attack on the Christian Church in Islamabad in March.



Meeting the President



President George W. Bush takes a minute to share a photo opportunity with Capt. Tim Salazar during the 2002 Tim Salazar during the 2002 Reserve Officers Association Mid-Winter Convention in Mid-Winter Convention in Washington, D.C. Salazar Washin

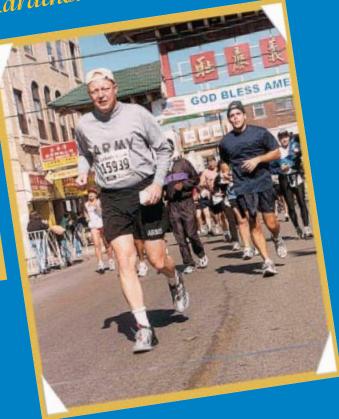
Congressional Visitor



Representative Rob Ney (R-OH) speaks with the local media during his visit with more 100 Army Reservists from the 660th Transportation Company in Cadiz, Ohio. Ney spoke with the troops about the events of Sept. 11. Ney also joined the Reservists for their afternoon meal and made himself available for photo opportunities.

Chicago Marathon

Sgt. 1st Class William H. Hardin races through Chinatown near the 19-mile mark of the Chicago assigned as a Senior Drill Sergeant Marathon, with Det-1, 1/274th 2nd Brigade, (Institutional Training) in Rockford, Illinois.



Team "Arrive Alive 111"



Members of the Army Reserve's Hawaii-based U.S. Forces Korea Support Unit (USFKSU) pose at the Waikiki Beach start/finish line prior to the kick off of the 32nd Annual Oahu Perimeter Relay Race. The race covers a 134mile course around the island of Oahu. Team "Arrive Alive III" started at 7 p.m. and finished in 20:09:20. Each runner of the seven-member relay team takes turns running from two to six mile legs. Runners end up running a total of approximately 15-20 miles each. The race consisted of 132 teams of which 75% were military. Team members are (top row from I-r) Sgt. Irene Fontanilla, Sgt. 1st Class John Miyata, Sgt. 1st Class Joseph Ziarno, Maj. Steve Buchanan, Staff Sqt. Lemont Shipman; (bottom row from I-r) Sgt. 1st Class Roland Kido, Capt. Colleen Santos, Pfc. Chae Bae.

