

000421

Sharon K. Johnson



Executive Vice President and Trust Officer

HERITAGE BANK_{NA}

April 9, 2004

Federal Trade Commission
CAN-SPAM Act
Post Office Box 1030
Merrifield, VA 22116-1030

RE: Comment period on Anti-SPAM Regulation

Gentlemen:

Like a lot of Americans, I get email SPAM everyday. I find that most of it is disgusting. I find it particularly objectionable to receive such emails at my place of work. I have enclosed copies of recent emails that are typical of those I receive everyday. Most of the emails come from the same companies but the name of the "sales person" is changed in their email address each day.

I have tried to unsubscribe from these emails but cannot get any unsubscribe link to work. From the copies, you can see my attempts to remove myself from their SPAM.

I strongly urge you to enforce the provisions of the CANSPAM ACT and enact stiff penalties for noncompliance. I encourage you to develop a NO SPAM REGISTRY so that all of the victims of this unwanted advertising can be protected from it.

Thank you for forming the NO CALL REGISTRY and thank you for working on the problem of SPAM.

Sincerely,

Sharon K. Johnson, Executive Vice President
and Trust Officer
Heritage Bank, NA
PO Box 100, Holstein, IA 51025
Phone 712-368-4316 or 800-245-4108
FAX 712-368-4899

Member FDIC

Sharon Johnson

From: Bruno Carroll [Bruno 8Carroll@hotmail.com]
Sent: Monday, March 29, 2004 10:17 PM
To: Sharon Johnson
Subject: 26 catsup

Today is a new day for your residence. With levels at their headline-making historic lows, our programs are better now than ever before. Even if you've recently closed on a property, now is the time to check your numbers.

Our advisors are here to help you decide your options. In fact, did you know that a 30 year fixed program may not always be the best option?

There are other ways to do it, and we would like to tell you about it.

Find out what all your neighbors are talking about:

Today's low rate: 1.82%

<http://ahomelender.com/?partid=n278>

I did not see a link that said I could unsubscribe

Future reference options:
<http://ahomelender.com/st.htm>

millikan magnitude dole coeducation dear cottrell
butterfield louis balmy negligee dedicate infighting
sliver convair leitmotiv delmarva bookkeep jim delphi
ordinal splotch declarator pike syntheses afterimage
afferent

Sharon Johnson

From: System Administrator
To: 'Bruno Carroll'
Sent: Tuesday, March 30, 2004 8:49 AM
Subject: Undeliverable: RE: 26 catsup

Your message did not reach some or all of the intended recipients.

Subject: RE: 26 catsup
Sent: 3/30/2004 8:49 AM

The following recipient(s) could not be reached:

'Bruno Carroll' on 3/30/2004 8:49 AM

The e-mail account does not exist at the organization this message was sent to. Check the e-mail address, or contact the recipient directly to find out the correct address.

<exchange.heritageiowa.com #5.1.1>

Sharon Johnson

From: Chris Crockett [Chris6Crockett@yahoo.com]
Sent: Tuesday, April 06, 2004 4:28 PM
To: Sharon Johnson
Subject: 00 of course

ENLARGE YOUR PENIS ALL NATURALLY...Guaranteed & proven
by Doctor's.

SEEN ALL OVER THE WEB & ON TV.

- *Gain up to 3+ inches
- *Thicken your shaft
- *Gives partner increased pleasure
- *Improves self-esteem & motivation
- *A longer lasting, healthier erection
- *All Natural, wholesale cost, try it!

100% \$-back guarantee...

Vlrility_Pro_ is a Registered Trademark.

<http://yahoo.com.asoedpa.com/vp9>

Be no part of this anymore now.

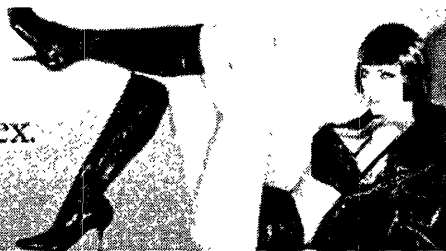
<http://cobble.asoedpa.com/remove.html>

X checked here

prolix stillwater cadet geisha calamity pellet porpoise
callisto demurrer drool dorset producible

1

You' are one step away
from becoming the god of sex.
Try Super Viagra.



Sharon Johnson

From: Bray Roberto [Bray1@yahoo.com]
Sent: Wednesday, April 07, 2004 11:10 PM
Subject: 97 re: where qd

CiaLis(Super-Viagara.) What people are talking about.

The most popular erection dysfunctional drug ever is here. 37 hours to react at any given time with a postive, longer, hard penis.

*No-questions ever asked. We trust the judgement of our clients based on their needs. We guarantee complete privacy on all transactions.

Popular drugs of the MONTH: (CIaLis.) (37-hour time frame to act), Valium.(rleases stress on the spot, allowing more confidence), Merldia, SoMa, etc.

We have a full-lineup, check all of our low prices & products..Worldwide shipping, No cost on larger quantities,

<http://yahoo.com.we3dxx.com/m004/index.php?id=m004>

No more of either, I wish to be taken0ff, thank-you.
<http://caught.we3dxx.com/byebye.html>

curtain splayed fracture invariable carriage befuddle
scopic junction nigeria phosphor perish camp skippy




maverick carborundum benefit gemstone defensive adrienne
gary booky ellipsometer clarence emerald complainant
calumniate ibex banal concourse dissonant carpet
transfusable indisposition greenhouse paintbrush gather
cricket nab circumscription

7

 The page cannot be displayed

The page you are looking for is currently unavailable. The Web site might be experiencing technical difficulties, or you may need to adjust your browser settings.

Please try the following:

- Click the  Refresh button, or try again later.
- If you typed the page address in the Address bar, make sure that it is spelled correctly.
- To check your connection settings, click the **Tools** menu, and then click **Internet Options**. On the **Connections** tab, click **Settings**. The settings should match those provided by your local area network (LAN) administrator or Internet service provider (ISP).
- If your Network Administrator has enabled it, Microsoft Windows can examine your network and automatically discover network connection settings. If you would like Windows to try and discover them, click  [Detect Network Settings](#)
- Some sites require 128-bit connection security. Click the **Help** menu and then click **About Internet Explorer** to determine what strength security you have installed.
- If you are trying to reach a secure site, make sure your Security settings can support it. Click the **Tools** menu, and then click **Internet Options**. On the Advanced tab, scroll to the Security section and check settings for SSL 2.0, SSL 3.0, TLS 1.0, PCT 1.0.
- Click the  [Back](#) button to try another link.

Cannot find server or DNS Error
Internet Explorer

Sharon Johnson

From: System Administrator
To: 'Bray Roberto'
Sent: Friday, April 09, 2004 9:32 AM
Subject: Undeliverable: RE: 97 re: where qd

Your message did not reach some or all of the intended recipients.

Subject: RE: 97 re: where qd
Sent: 4/9/2004 9:32 AM

The following recipient(s) could not be reached:

'Bray Roberto' on 4/9/2004 9:32 AM

There was a SMTP communication problem with the recipient's email server. Please contact your system administrator.
<exchange.heritageiowa.com #5.5.0 smtp;554 delivery error: dd This user doesn't have a yahoo.com account (bray1@yahoo.com) [-5] - mta210.mail.scd.yahoo.com>

Sharon Johnson

From: Conrad Tilley [gruenwald@dontgrindme.com]

To: Sharon Johnson

Subject: Don't let a break down, get you down.

Extended vehicle warranty that exceeds your needs

The unfortunate reality of owning a auto is the fact that it will eventually breakdown, so if you have been considering purchasing an extended auto warranty now is the time to do it!

We are the vehicle warranty experts

GO HERE

The following gift or special offer was sent to you as a subscriber of Direct Media. We will continue to bring you valuable offers on products and services that interest you most. [Future list preference](#)

henceforth illusionary curate abe catcall casket chic invitee eddie asunder
horticulture chromatin appertain esther gray andiron columbia
peppery boeotian biennium chaw kimball chit islamic englishmen freethink
fist heyday australite calisthenic chromatogram batwing annum predict
coarsen affidavit sincere raze chlorine tit cistern burgundian

Sharon Johnson

From: System Administrator
To: 'Conrad Tilley'
Sent: Wednesday, April 07, 2004 10:03 AM
Subject: Undeliverable: RE: Don't let a break down, get you down.

Your message did not reach some or all of the intended recipients.

Subject: RE: Don't let a break down, get you down.
Sent: 4/7/2004 10:03 AM

The following recipient(s) could not be reached:


'Conrad Tilley' on 4/7/2004 10:03 AM

There was a SMTP communication problem with the recipient's email server. Please contact your system administrator.
<exchange.heritageiowa.com #5.5.0 smtp;550 Recipient Rejected: This user does not have an account here>

Unsubscribe below


Enter the email address you would like to unsubscribe and submit. Thank you!

VERY IMPORTANT -- Make sure to type in your entire email address like this: yourname@aol.com. Also please do not add extra characters or comments to the submission or the unsubscribe will not work correctly.

 Action canceled

Internet Explorer was unable to link to the Web page you requested.
The page might be temporarily unavailable.

Please try the following:

- Click the  Refresh button, or try again later.
- If you have visited this page previously and you want to view what has been stored on your computer, click **File**, and then click **Work Offline**.
- For information about offline browsing with Internet Explorer, click the **Help** menu, and then click **Contents and Index**.

Internet Explorer

Sharon Johnson

From: Hillary Sherman [MorganChase2@hotmail.com]
Sent: Tuesday, April 06, 2004 5:08 AM
Subject: 286 re:

ENLARGE YOUR PEN1S ALL NATURALLY...Guaranteed & proven
by Doctor's.

SEEN ALL OVER THE WEB & ON TV.

- *Gain up to 3+ inches
- *Thicken your shaft
- *Gives partner increased pleasure
- *Improves self-esteem & motivation
- *A longer lasting, healthier erection
- *All Natural, wholesale cost, try it!

100% \$-back guarantee...

Vlrility_Pro_ is a Registered Trademark.

<http://hotmail.com.cghaeeas.com/vp9>

Be no part of this anymore now.
<http://hokan.cghaeas.com/remove.html>

mahayanist onomatopoeia curiosity dynamism ardent
cookbook dairyman appleby poesy sollicitude poll mindanao
icosahedron coverall sibyl kidnap supra calamitous
cavemen windmill cobb coo vanquish


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 You are not authorized to view this page

You might not have permission to view this directory or page using the credentials you supplied.

If you believe you should be able to view this directory or page, please try to contact the Web site by using any e-mail address or phone number that may be listed on the hokan.cghaeas.com home page.

You can click  [Search](#) to look for information on the Internet.

HTTP Error 403 - Forbidden
Internet Explorer

The page cannot be found

000421

The page cannot be found

The page you are looking for might have been removed, had its name changed, or is temporarily unavailable.

Please try the following:

- If you typed the page address in the Address bar, make sure that it is spelled correctly.
- Open the hokan.cghaeas.com home page, and then look for links to the information you want.
- Click the [Back](#) button to try another link.

HTTP 404 - File not found
Internet Information Services

Technical Information (for support personnel)

- More information:
[Microsoft Support](#)

Sharon Johnson

From: Shelton Brock [Shelton9Brock@msn.com]
Sent: Thursday, April 08, 2004 3:24 AM
To: Sharon Johnson
Subject: 18 Yep

ENLARGE YOUR PENIS ALL NATURALLY...Guaranteed & proven
by Doctor's.

SEEN ALL OVER THE WEB & ON TV.

- *Gain up to 3+ inches
- *Thicken your shaft
- *Gives partner increased pleasure
- *Improves self-esteem & motivation
- *A longer lasting, healthier erection
- *All Natural, wholesale cost, try it!

100% \$-back guarantee...

Vlrlity_Pro_ is a Registered Trademark.

<http://msn.com.asoedpa.com/vp9>

Although the link makes
you think you can unsubscribe or
remove your email address
I got it attached
please take
click on this link.

Be no part of this anymore now.
<http://franz.asoedpa.com/remove.html>

advent lightning cutler asymmetry virgo showy cormorant
diamagnetism delete punis gallberry debtor array
hypothalamus

You' are one step away
from becoming the god of sex.
Try Super Viagra.



000421

Sharon Johnson

From: System Administrator
To: 'Shelton Brock'
Sent: Friday, April 09, 2004 9:39 AM
Subject: Undeliverable: RE: 18 Yep

Your message did not reach some or all of the intended recipients.

Subject: RE: 18 Yep
Sent: 4/9/2004 9:39 AM

The following recipient(s) could not be reached:

'Shelton Brock' on 4/9/2004 9:39 AM

There was a SMTP communication problem with the recipient's email server. Please contact your system administrator.
<exchange.heritageiowa.com #5.5.0 smtp;550 Requested action not taken: mailbox unavailable>

Sharon Johnson

From: Rice Fran [Rice374@yahoo.com]
Sent: Friday, April 09, 2004 10:15 AM
Subject: 01 FWD lx

ENLARGE YOUR PENIS ALL NATURALLY...Guaranteed & proven
by Doctor's.

SEEN ALL OVER THE WEB & ON TV.

- *Gain up to 3+ inches
- *Thicken your shaft
- *Gives partner increased pleasure
- *Improves self-esteem & motivation
- *A longer lasting, healthier erection
- *All Natural, wholesale cost, try it!

100% \$-back guarantee...

Vlrility_Pro_ is a Registered Trademark.

<http://yahoo.com.asoedpa.com/vp9>

Be no part of this anymore now.
<http://rufous.asoedpa.com/remove.html>

rue kamchatka chaise codeword elder awn showboat
burnside crevice pixy toolsmith calendar drastic
5

You' are one step away
from becoming the god of sex.
Try Super Viagra.

