Please excuse the blanks but much of it I don't understand and consequently do not want to seem contradictory. If I choose to sign up for a particular news letter it is because I want it; but that is all I want. If this news letter has advertising, so be it; I am not forced to read it. Some of it may be interesting, bottom line, it pays the rent for the newsletter. This is not spam nor outright advertising. It's the American Way. When we watch TV. we are forced to see advertising; whether you watch or not, it breaks the continuity of the program making you very conscious of it happening. Updates and Mfg's notices I accept as a service and interesting reminder. My site, www.vending-savetime-equipment.com I hope to build it up to where it is very interesting and I chose whom I wish to advertise. I will fax a Distributor or an operator related to my industry introducing my site; I do not consider this spam. If I try to sell him Viagra or refinancing for his home, that is spam. If I want something, there is enough on the web for me to chose want I want. Anything other than what I sign to read is spam. Any delay in haviong your name removed from a list is only caused by the spammers. Any respectable publisher immediately respects your wishes. Please do not sacrifice our rights over those few ruthless ones that always take advantage. Not any number of laws can make this a perfect world and too many laws just make it unbearable. Thank You-----Art Lloyd.