

# MISSILEER



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**Late night in the desert**

Capt. Robert Sullivan, a member of the 45th Space Wing Staff Judge Advocate, is deployed in support of Operation Enduring Freedom where they met CBS's David Letterman on Christmas. Letterman, host of Late Night with David Letterman, and his bandleader Paul Shaffer, along with the show's stage manager Biff Henderson visited some deployed sites recently. See story on Page 4. (Photo by Staff Sgt. Buffy Kooyer)

## Air Force prepares for major desert deployment

By Master Sgt. Scott Elliott  
AIR FORCE PRINT NEWS

Secretary of Defense Donald Rumsfeld directed the deployment of additional forces to support operations Enduring Freedom, Desert Spring and possible future contingencies Dec. 24.

The additional active-duty forces in Air and Space Expeditionary Forces 7 and 8 as well as selected forces from AEFs 9 and 10 have been tasked to deploy in a message from the secretary.

The Air Force is organized into 10 AEFs for rotational deployment scheduling. One AEF represents about six squadrons of fighter and bomber aircraft; C-130s Hercules and tankers; search and rescue personnel; intelligence, surveillance and reconnaissance forces; and the expeditionary combat support elements.

Before these deployments, the Air Force had nearly two full AEFs supporting operations Northern Watch, Southern Watch and Enduring Freedom, and operating more than 12

expeditionary operating bases. The additional deploying forces will bring the total capability of Air Force deployed forces to nearly that of three full AEFs. This deployment will provide forces in the region a stronger set of capabilities. Deploying forces will be assigned to the two air and space expeditionary task forces currently operating in the region.

According to Maj. Gen. Tim Peppe, special assistant to the Air Force chief of staff for AEF matters, besides the forces drawn from the AEFs, Air Mobility Command units and other "enabler" forces will play a major role in this deployment.

"Given the unique environment we are operating in today, we expect our expeditionary combat support, such as services, combat communications, intelligence, security forces, civil (engineers) and others will be tasked at a level beyond three AEFs of capability," he said.

Airmen and aircraft from the follow-

ing Air Force bases have been identified for initial deployment:

- AEF 7 and 8 including B-1B Lancers from Ellsworth Air Force Base, S.D., and HC-130s from Moody AFB, Ga.

- AEF 9 and 10 including F-15C Eagles from Langley AFB, Va.; F-16s Fighting Falcons from Spangdahlem Air Base, Germany; HC-130s from Moody AFB, Ga., and HH-60 Pave Hawks and Predator unmanned aerial vehicles from Nellis AFB, Nev.

Air and space expeditionary wings and enabler forces include F-15E Strike Eagles from Seymour Johnson AFB, N.C.; E-8C Joint Surveillance Target Attack Radar Systems from Robins AFB, Ga.; and AC-130 Gunships, MC-130 Combat Talons and MH-53 Pave Lows from Hurlburt Field, Fla.

Additional aircraft and people are included in the surge order, but units have not yet been identified. Pentagon officials said they will be notified as soon as possible.

**"OUTSTANDING IS JUST THE S.T.A.R.T."**



straight from the  
COMMANDER'S  
**DESK** 

By Brig. Gen. Greg Pavlovich  
45TH SW COMMANDER

Happy New Year everyone! Ok, while much belated, it's the first chance I've had to say it. Besides that, I am very happy with the new year. The reason is we finished the holiday season, and all of 2002, without an accidental death or major injury sustained by anyone within the 45th Space Wing. The credit is all yours and the work of our supervisors and safety office that continually ensured SAFETY was at the forefront of everything we do.

But let's not let our guard down. I'm not a big "law of averages" guy because I believe that if you do things right, then bad accidents won't happen. But I am a believer that people can get complacent and overconfident with constant success. So I ask that as we head into 2003 in earnest, you continue to conduct business safely and we'll make 2003 another major accident free year. Safety is an attitude!

But on a negative note we had a report of an off-base DUI by one of our military people over the past weekend. It ruined an otherwise picture perfect holiday season for safety. We'll let the legal actions take their proper course, but needless to say, deciding to drive after you have been drinking will ruin your day and possibly your career, but more importantly, it impacts your family as well. Don't drink and drive.

I received a super note over the holidays from Admiral J.O. Ellis, the U.S. Strategic Command commander located at Offutt AFB, Neb., concerning our recent Operational Readiness Inspection. I'd like to share what he wrote since it is really directed to the people of this wing. He stated:

"I offer my heartiest congratulations to you and everyone at the 45th Space Wing for your "Outstanding" rating during the recent Air Force Space Command Operational Readiness Inspection. This is truly an extraordinary achievement and should bring pride to all the members of your unit who worked so hard to make this happen.

With our recent addition of new space components, your wing's notable accomplishment creates an admirable first impression. The East Coast "Sharks" have now set the standard for

professionalism, expertise, and mission accomplishment. The Space units that my Inspector General, Col. Duane Lamb, visits in the future will be hard pressed to meet or exceed your wing's performance. Again, congratulations and continue the great work in Florida."

While we're handing out praise, let's hear it for our two recent airmen first class who were selected for senior airmen below-the-zone stripes Dec. 16. Hats off to Coral Borrás, 45th Medical Support Squadron, and Phillip John, 45th Mission Support Squadron, for this notable achievement in their careers.

Coral and Phillip, congratulations and I know your supervisors, family, friends and co-workers are proud of you and they should be, you earned this in every way possible. But with the new stripe comes higher expectations and new responsibilities both at work and to the Air Force. I know you are up to the challenge and with the world situation, your country needs you now more than ever. Congratulations!

Still more praise goes to our 45th Civil Engineer Squadron who cleaned up recently in award competitions at both the Air Force and Space Command level. First, they earned the Air Force-level Gen. Thomas D. White award for Natural Resources Conservation in the large-base category. This is not unfamiliar territory for the squadron as they have earned this award at the DOD-level in the past and I would bet dollars to donuts they do it again.

At the Space Command-level, they earned the Outstanding Civil Engineer Unit (large), Outstanding Engineering Flight, Outstanding Environmental Flight, the Overseas Environmental Quality Award for work at some of our remote sites down range, the General White Restoration Award, the Pollution Prevention Award, the Cultural Resources Management Award and the National Environmental Policy Act award.

It's too bad it doesn't snow around here once in a while so they could win the Snow Removal Excellence Award, but I guess we should leave some awards for others.

On the individual side, Master Sgt. Jay Chapman and Mr. Charles Clinchard earned the Air Force Design Excellence Award, both military and civilian category, respectively.

Everyone here knows what a great job CE does for the wing, that is why our Air Force leadership wants to hold events like Corona here every year. To Lt. Col. Chris Hazen and the entire CE team, the entire wing congratulates you on your leadership and accomplishments and appreciates the daily efforts you per-

form in making our Space Coast home a super place to live and work.

January is shaping up to be a very busy time here on the space coast. The wing will support a shuttle launch Jan. 16 and then followed quickly by a Titan IVB Milstar and a Delta II Global Positioning System-R8 launch by the end of the month. February starts with a bang as well with a Delta IV launch of a Defense Satellite Communication System satellite followed by a commercial Atlas II launch all accomplished by Feb. 5.

I know people are shaking off the holiday rust, but I ask you to ensure that your head is in the game and we are ready for these important launches for our nation.

Next Friday is the 45th Space Wing mentoring day. This is not a down day with people off from work, but a day to focus on our performance plans and goals for 2003, and educational opportunities to help us do our jobs better. Customer service will be at a minimum for the day wing wide. Commanders and two-letter staff chiefs have the schedule of events and if you come with an open mind and are willing to learn, I believe you'll find the day very beneficial. See Page 3.

If you haven't done it, quiz your supervisor or commander on what is the game plan for the day for your squadron. There will also be an officer, enlisted and civilian call with details being circulated as well.

I'd like to personally invite everyone out to our annual awards banquet Feb. 1, 5 p.m. at the Officers' Club. It'll be a spectacular night as we honor the best of the best of the space coast community. We have room for 300 and I expect to see a "sold out house." For more information on the event, contact Senior Master Sgt. Kelly Chaney at 494-4547.

We have a very important community event this spring. Our air show is scheduled for April 27 here at Patrick. The theme will celebrate our "Century of Flight," which includes our space launches here for the past 50 years. On this day, the military community opens our gates to our civilian neighbors to share our military and flying heritage. The Air Force Thunderbirds will be here as the star attraction.

Lt. Col. Kurt Hall is leading the planning effort and needs everyone's support to make this a first class effort. During the next few weeks, if he needs something, support our Air Show team and make this a great event.

Take care and keep safe. Let's make 2003 as successful as 2002 and end the year with everyone we started with. God Bless!



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Though every day is "mentoring day," the wing will observe Mentoring Day Jan. 17. Military and civilians must attend four out of six sessions plus mandatory Civilian, Enlisted and Officers' Call. See sidebar story for session times. (Photo by Sue Walden)

## Wisdom comes from mentors

By Lt. Col. Chris Hale  
45TH OPERATIONS GROUP

One day I walked into a fast food restaurant and caught the tail end of a conversation between a worker behind the counter and a shift leader. I heard the worker say, "Well, I guess the lesson learned here is don't make fun of fat people." The shift leader responded, "No, the lesson learned here should be don't make fun of anyone." This was mentoring in its simplest form.

When we think of mentors, we think in terms of Webster's definition: "a wise advisor; a trusted teacher and counselor." They're all ranks, all shapes, ages and sizes; all walks of life. The shift leader was mentoring the worker and anyone in earshot. Was "trusted teacher and counselor" part of his job description? Probably not. He was simply passing on his values to the younger employee in the hope that he would adopt them as his own.

We receive lessons like this every day. What we do with them can contribute to our success as mentors. We spend our lives recording information and, based upon our own set of values, we adopt some and reject others — sort of a collection of useful tools. When we come upon a situation that needs repair, we pull out one of those tools and go to work. When we have the opportunity to guide others, we share those tools with them so they, in turn, can add them to their toolbox for future use.

I've had the opportunity in my career to be around some great mentors. Perhaps I recognized them as mentors because I was willing to listen to their ideas, realized how universal those ideas were and adopted them. I've always been a "B" student. That means that at any one time at least 20 percent of the world's population is consistently smarter than I. If you think about it, that's a whole lot of mentors — certainly a good reason for me to listen.

One of my mentors once told me, "Never walk past a mistake; if you do, you set a new standard." I found this simple phrase can apply in countless situations from picking up a piece of discarded trash to stepping in and resolving an issue that others had accepted as "that's life in

the military."

Effective mentors don't go through life accepting "the way it's always been." They're doers. When they see something wrong, they evaluate how to right the wrong, then step in and do the right thing.

While serving as a wing executive officer, I walked into the vice commander's office with a dilemma involving a conflict between two organizations. I laid out some of the alternatives to him, and asked what I ought to do. He looked at me, smiled and asked, "What's the right thing to do?" I was being mentored and didn't know it. He didn't tell me what to do; he just reminded me to call up my values, pit them against the alternatives, then "do the right thing." I did.

Doing the "right thing" is the active ingredient in one of the Air Force's core values — integrity. It's how we display integrity to the outside world. It can be as simple as following established procedures, perhaps a checklist or an operating instruction.

I remember some Army jump training I received some time ago — 40 years of airborne experience compressed into two and a half weeks of "this is how you survive the landing." My mentors, known as "black hats," taught me to look straight ahead once I passed below the tree line. On my third jump, I got cocky and decided to look down as I approached the ground. I did a perfect three-point landing — feet, knees, forehead. I chose not to listen to my mentors, not to do the right thing and it hurt. I've been a firm believer in established procedures since.

The Air Force does a great job of growing mentors. It starts in basic training and continues throughout one's career. I remember an NCO academy graduation ceremony where I met a room full of mentors. Their motto was: "Make It Better." Those are great words to live by. They were pumped, ready to go back to their work centers and make a difference.

I am constantly amazed at the collective wisdom of the people around me. That's probably why I often ask, "What do you think we ought to do?" I'm looking for the mentors of tomorrow. I know they're out there. But you have to listen. And sometimes you have to ask.

## Mentoring Day set for Jan. 17

The 45th Space Wing will observe Mentoring Day Jan. 17, a stand down day.

"It gives everyone — military and civilian — an opportunity to learn about mentoring, to learn from mentors and to acquire other professional development tools," said Capt. Jason Mello, project officer for Mentoring Day and Range Safety Project engineer with 45th Space Wing Safety.

Curriculum rules are: Everyone must arrive on time and be in a seat at the beginning of each session; everyone must attend Session I; everyone must attend four sessions; shirts, squadron and group commanders must ensure their people participate in Mentoring Day; the uniform is uniform of the day; take this day seriously — the message is important; there is merit to going to all of the sessions, whether civilians or military; the military duty day begins at 7 a.m.; units are encouraged to organize barbecues or other luncheons to solicit feedback from the morning session.

There will also be mandatory Civilian Call 10-10:50 a.m. at the Patrick base theater and noon - 12:50 at Florida Space Authority Auditorium at Cape Canaveral Air Force Station; Officers' Call at 4 p.m. in the Officers' Club and Enlisted Call at 4 p.m. in the NCO Club.

For more information about Mentoring Day, call Capt. Jason Mello at 494-5101.

### Curriculum schedule

**Session I, The Success Play Book,** 7-7:50 a.m. Patrick; 1-1:50 p.m. Cape.

In this mandatory session, Brig. Gen. Greg Pavlovich, 45th SW commander, focuses on how "Outstanding is just the START."

**Session II, Recognizing Performance,** 8-8:50 a.m. Cape; noon - 12:50 p.m. Patrick. Learn the keys to writing an OPR, EPR, civilian appraisals and award-winning packages and IMA management.

**Session III, Effective Communication,** 9-10:50 a.m. Cape ; 2-3:50 p.m. Patrick. Learn effective counseling techniques, how to deal with conflict, effective communication and how to get more out of a work day.

**Session IV, What is Mentorship?** 8-8:50 a.m. Patrick; 2-2:50 Cape. Brig. Gen. Pavlovich's thoughts on mentorship.

**Session V, Education - The Right Tools,** 9-9:50 a.m. Patrick; noon - 12:50 p.m. Cape. Learn about education opportunities, health benefits, financial information and more.

**Session VI, Never Have Enough Money, People or Time,** 7-7:50 a.m. Cape; 1-1:50 p.m. Patrick. Effectively plan and budget fiscal money, learn about outsourcing and reducing stress.

# Patrick members meet "Late Night" crew

By Staff Sgt. Joel Langton

45TH SW PUBLIC AFFAIRS

Two deployed legal eagles from the 45th Space Wing may not have gotten a visit from Santa Claus, but they certainly received a morale boost on Christmas in the desert.

Patrick's Capt. Robert Sullivan, 320th Air Expeditionary Wing staff judge advocate and Staff Sgt. Buffy Kooyer, 320th AEW law office manager, deployed from the 45th Space Wing staff judge advocate's office to a base in Southwest Asia, received a visit from David Letterman, host of "Late Show with David Letterman."

The long-time late-night stalwart was accompanied by two of his most popular sidekicks, the show's musical director Paul Shaffer and stage manager and Vietnam veteran Biff Henderson.

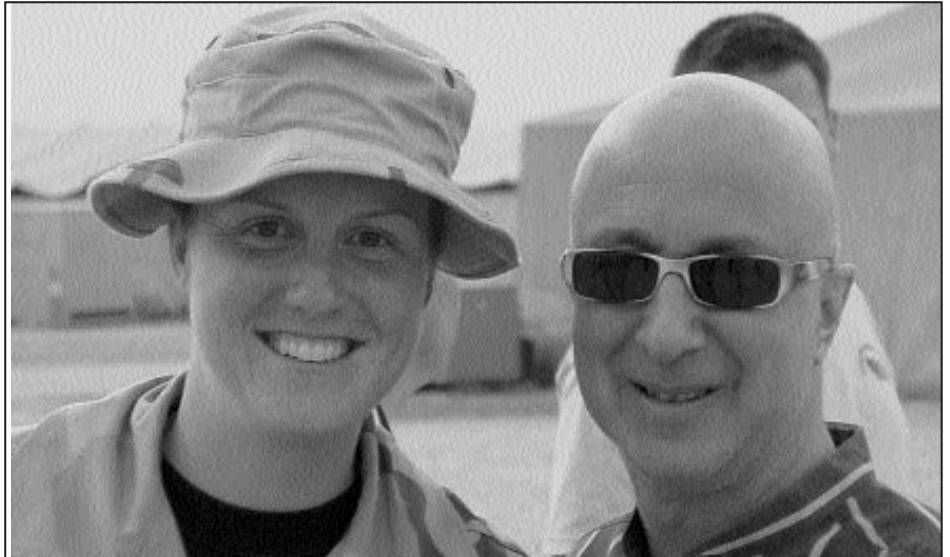
Capt. Sullivan and Staff Sgt. Kooyer agreed that the show was simple, but memorable.

"It was a fairly short show, but very touching," said Capt. Sullivan. He and Staff Sgt. Kooyer said Letterman told a few jokes, but mainly, thanked everyone for being there.

Staff Sgt. Kooyer, a Salem, Ore., native, agreed that the impromptu performance was very personal. "His message was humorous but very inspirational as well," he said.

But, it may have been Letterman's sidekick, straightman and bandleader Paul Shaffer who was traveling with his keyboard, who touched the biggest nerve.

Letterman's bandleader sang "A Blue



Staff Sgt. Buffy Kooyer poses with Late Night with David Letterman's bandleader Paul Shaffer on Christmas during her deployment. (Photo by Capt. Robert Sullivan)

Christmas" and then led the camp in singing "Silent Night." "I had tears in my eyes then," Staff Sgt. Kooyer said unashamedly. "It was a nice touch of home to be singing that there. I thought about things at home, my roommate, my dogs and just that little touch of home meant a lot."

According to Mitch Marovitz, United Service Organization's director of entertainment, who accompanied Letterman on the trip, that was the intent. "He (Letterman) just wanted to go out and say thank you. He certainly didn't want

**See Letterman, next page**

## 4 selected to captain

The following first lieutenants from the 45th Space Wing were recently selected for captain:

Dean Farrey, 45th Medical Support Squadron  
 Chester Martin, 45th Medical Support Squadron  
 Jason Smith, 45th Space Wing  
 David Del Prado, 45th Space Wing

## Letterman, From Page 4

anyone to have the slightest inkling or feeling that he was doing this for the publicity. This was personal," Mr. Marovitz said.

Letterman didn't bring television cameras with him and wasn't making the trip to garner publicity, but did mention the trip on the first show after his return.

"These people over there are truly America's best," he said one day later on his show.

It was a surprise to "America's best" as well, since security concerns kept the late night crew's itinerary hush-hush. Capt. Sullivan said that the visit was a surprise. "We knew they were in the area; we were hoping they'd stop in, but we weren't sure if they would."

But, when Letterman hit the camp, word spread throughout the camp like wildfire and a crowd quickly turned up.

Letterman did a lot of giving on the trip. He took 5,000 T-shirts with "Late Show Afghanistan" printed on them and passed out plenty of cigars as well. The visit was a high point of a challenging, but fulfilling, temporary-duty assignment. The two sleep in crowded tents and handle legal duties for a base the size of Patrick by themselves.

"This is a life-altering event to have this opportunity," said Capt. Sullivan, a four-year Air Force veteran.

Staff Sgt. Kooyer, who has had four assignments in her 10-year career, is equally proud. "Of all the things I've done in my career, this TDY is what I'm most proud of," she said.

## HONOR GUARD SPOTLIGHT

**Staff Sgt. Quentin Ford**

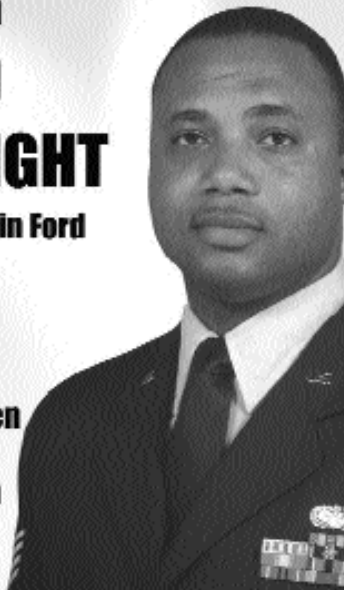
**Melbourne, FL**

**Silver Flight**

**Electrician**

**45th CES**

**"I salute the men  
 and women  
 who have given  
 so much for  
 our country."**



# 14th AF command chief praises wing

By 1st Lt. Eric Badger  
45TH SW PUBLIC AFFAIRS

The chief came, saw and left impressed.

Chief Master Sgt. Steven Crocker, 14th Air Force command chief master sergeant, Vandenberg Air Force Base, Calif., visited the 45th Space Wing last week, along with Maj. Gen. Hamel, 14th Air Force commander, to thank the wing on its performance in 2002 and to provide encouragement and best wishes for the new year.

"I like to sum up the command chief position as an opportunity to serve those who serve," he said.

"We serve as the enlisted advocate and ensure that we communicate concerns both up and down the chain. Gen. Hamel is focused on the concerns of the people and the mission. Together, we want to make sure the people have all the tools they need to do a great job.

"We want to make sure they have all the tools at their disposal to make the 45th Space Wing an even greater success than it already



Chief Master Sgt.  
Crocker

is. It will be quite difficult to improve upon an outstanding wing, but every wing has areas that we can strive to improve to make it a better place for people to live and work."

Due to the current world climate, Chief Master Sgt. Crocker urges enlisted troops who are currently deployed or facing possible deployment to focus on their training and trust that the Air Force will take care of their family while they're away to the best of its ability.

"I think people are more keenly aware that the possibility exists for us to be deployed and to possibly be in harm's way," he said. "We need to be aware that our families understand the resources available to them.

"This wing has a team of professionals. There is also a tremendous support network here to make sure the people left behind have their needs addressed. Concentrate on your training and focus on your job. Recognize that the base will do everything in its power to take care of your family while you're away."

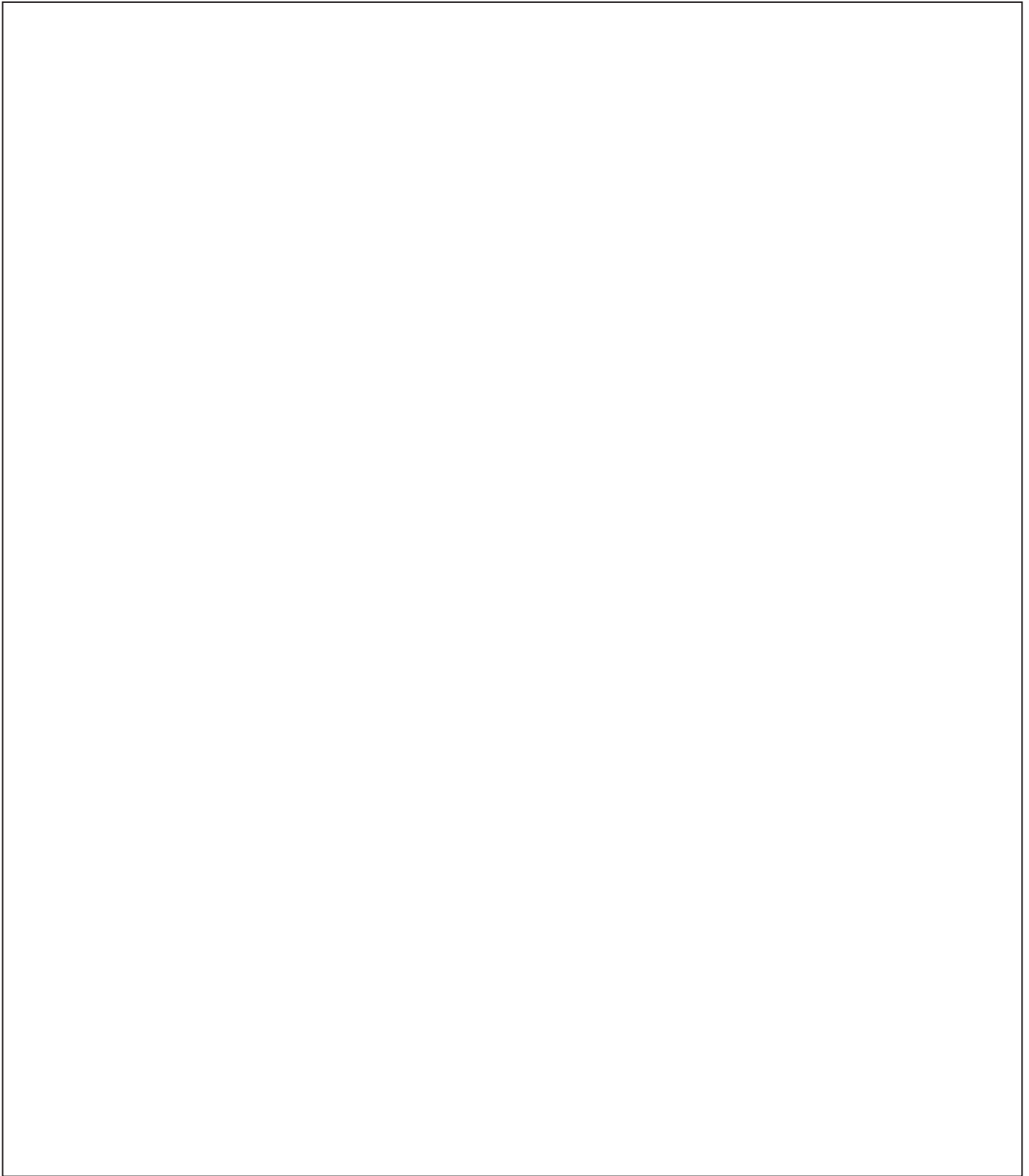
Even though the wing has a successful quality of life program, the key to maintaining that

success lies with the people, according to Chief Master Sgt. Crocker.

"Wherever the communication opportunity presents itself, take advantage of it," he said. "The command team needs to know what's on the people's mind. So, share your concerns with supervisors and commanders at commander's calls or townhall meetings. People are what make the Air Force run."

Chief Master Sgt. Crocker stresses the importance of maintaining a vigilant and proactive posture to ensure the wing's ability to protect the nation's assets and fight the escalating war on terrorism.

"The word 'outstanding' is a perfect term for this wing," he said. "I have seen nothing but great people excited about their jobs. This wing has a legacy of excellence established with it. I stress for you all to continue to do great things and build upon the standard that is already set. Judging by the professionalism and dedication of the people here, I know the 45th Space Wing of the future will be even more outstanding than it is today."



# First degree: Housing manager, her granddaughter graduate

“Last December, Krista and I went to see an academic counselor at BCC and the counselor said, ‘You know, if you work hard, you could graduate with your granddaughter. That was all the motivation I needed.’”

– Caroline Jamba

45TH SW HOUSING MANAGER

By Sue Walden  
45TH SPACE WING PUBLIC AFFAIRS

The odds are as great as winning the lottery – two generations of a family graduate from the same college on the same day, earning the same degree, both with honors.

Caroline Jamba, 45th Space Wing housing manager, and her 19-year-old granddaughter, Krista Froiseth, did just that Dec. 21 at the King Center – and they feel like they did win the lottery.

The two received an associate’s degree in arts from Brevard Community College. Though it took only 16 months for Ms. Froiseth to earn her degree – for Ms. Jamba, her degree was 30 years in the making.

“I was sidelined with motherhood, moving around and changing jobs, so I put my education on hold,” she said.

After learning that her granddaughter was going to attend BCC, Ms. Jamba felt the timing was right to go back to school.

“Last December, Krista and I went to see an academic counselor at BCC and the counselor said, ‘You know, if you work hard, you could

graduate with your granddaughter,” said Ms. Jamba. “That was all the motivation I needed.”

Though they weren’t in any classes together, the two provided each other with encouragement every step of the way. “My family has helped me through growing up and with school when I needed it,” said Ms. Froiseth, who graduated with a 4.0 average. “But this time, I got to help my grandmother with her math.” The first day Ms. Jamba went into her math class she called her granddaughter during the break and frantically asked, “Krista, what the heck is a logarithm?” “Krista was very patient getting me through the math,” said Ms. Jamba.

The two have caught the education bug, but their next endeavors take them in different directions – and different schools. Ms. Froiseth, an artist who received her BCC scholarship by winning a congressional art contest, is going on to major in Interior Design in the fall. “I’m looking at University of Florida, but I’m not sure that’s what I’ll pick,” she said.

Ms. Jamba wants to use her future studies in criminology and psychology at the University of Central Florida to write books.

“I’ve always wanted to write murder myster-



Caroline Jamba, left, and her granddaughter, Krista Froiseth, graduated Dec. 21 from Brevard Community College with an associates degree in arts. (Photo by John Jamba)

ies, but needed research and education in the subject and now I’ll have the tools,” she said.

Though clues may add up in her future murder mysteries, odds are there will be no math equations.



**Identity theft info available**

On Dec. 14, computer equipment and files were stolen from the office of TriWest Healthcare Alliance Corp., a TRICARE contractor for the following states: Arizona, Colorado, Idaho, Kansas, Minnesota, Missouri, Montana, Nevada, Nebraska, New Mexico, North Dakota, South Dakota, Utah, West Virginia and western Texas.

This has the potential to be the largest identify theft case in history. Steps are being taken to notify individuals who may have been affected by this theft.

Beneficiaries can call 1-888-339-9378 if they suspect personal data is being misused or their identity has been stolen by this crime.

Beneficiaries can also get an information packet about the incident, which includes steps to protect against identity theft by e-mailing computertheft@triwest.com.

**Legal Office closes**

The Legal Office will be closed Jan. 17 for an official function.

Emergency services will be available via the on-call JAG by calling the Command Post at 494-7001.

For more information, call the Legal Office at 494-7357.

**Vote for new constitution**

The Patrick Officers' Spouses' Club will have a general membership meeting/wardrobe seminar and constitution and bylaws vote Tuesday.

Voting times are 11 a.m. - 2 p.m. and 5-7:30 p.m. at the Officers' Club.

The proposed constitution and bylaws are posted at the Officers' and NCO Clubs, Thrift Shop and Family Support Center.

A wardrobe seminar by Stein Mart begins at 6:30 p.m. at the Officers' Club. Dinner will also be serviced. Club members pay \$11, associate members and guests pay \$13.

To RSVP or for more information, call Maytee Hall at 456-5785.

**Take a class**

The Family Support Center offers the following classes this week. Sign up by calling 494-5676.

Networking Group, Monday 11:30 a.m. - 1 p.m.

PFMP, Tuesday 8 a.m. - 4 p.m.

Employment Orientation, Tuesday 9:30 a.m. - noon

3-Day TAP Workshop, Tuesday - Thursday 8 a.m. - 4:30 p.m.

Federal Applications, Wednesday 9:30-11 a.m.

Introduction to Computers, Thursday

5-6 p.m.

Effective Communication, Thursday

1-2:30 p.m.

Home-schooling, Thursday 6-7 p.m.

Deployed Spouses, Thursday 6:30-7:30 p.m.

**January lunch highlights writer**

The first 2003 meeting of the Retired Officers' Wives is Jan. 24 at the Officers' Club and features social writer Andrea Shea King.

Lunch will be served at noon, preceded by social time at 11:30 a.m.

Make reservations by Jan. 22 with Dean Pittman at 777-3044, Elsa Doddington at 773-6905 or Britta Kuhlman at 773-8793.

Don't leave messages on answering machines.

**Club holds white elephant sale**

The Navy Officers' Wives Club holds their annual white elephant sale at 11:30 a.m. Jan. 17 at the Officers' Club. Since this is the yearly fund-raiser, bring items for members to bid.

Menu is grilled pork chops Omaha or chicken cashew salad served on a pineapple.

For reservations A-L, call Nancy Harper at 255-6853; M-Z, call Dearing Disney at 255-6762.

**Learn about boating**

The next boating safely class is Jan. 25, 9 a.m. - 5 p.m. at the NCO Club.

Cost is \$40 and includes required materials. Learn federal and state boating requirements, get the Florida Boater Education ID card and qualify for boating education discounts.

To reserve a seat, call Bill Miller at 779-1459 or Jim McGuinness at 254-0540.

**Pre-Retirement seminars offered**

The Civilian Personnel Flight offers the upcoming Mid-Career Planning seminar Feb. 11.

This one-day seminar provides planning information and guidance to AF civilian employees who are more than five years from retirement eligibility.

Seating is limited to 40 employees.

The Pre-retirement Seminar is scheduled for Feb. 12-13.

This seminar is designed to provide AF civilian employees, who are within five years of retirement eligibility, information on retirement benefits, investment planning and social security.

Seating is limited to 40 employees. Spouses are encouraged to attend.

To register these seminars, contact CPF at 494-8398.

# The 45th Space Wing looks back on 2002



The Delta IV roars off Space Launch Complex 37 at Cape Canaveral Air Force Station and into the history books in November. The Delta IV and Atlas V are the cornerstones of America's new fleet of space boosters called Evolved Expendable Launch Vehicles, providing affordable and reliable assured access to space for America. (Photo courtesy of Boeing Co.,)

By Sue Walden  
45TH SW PUBLIC AFFAIRS

"Busy" could easily be the word to sum up 2002 at the 45th Space Wing.

## January

State Road A1A reopened with some modifications. Cars were allowed to pass directly through the stretch, but at a point near the NCO Club, vans, minivans, sport utility vehicles and pickup trucks stopped at inspection points.

Air Force Chief of Staff Gen. John Jumper toured Cape Canaveral Air Force Station and Patrick and watched the successful launch of a Titan IV.

## February

The wing rolled out its red carpet for the Air Force's top leaders during CORONA South - the first time the wing had hosted the event and it did so in record time (nine weeks).

The 920th Rescue Group deployed more troops in support of Operations Enduring Freedom and Southern Watch, but deployed wing members weren't too lonely thanks to Operation Adopt-a-Shark, which was in full swing, as area students sent messages to deployed wing members.

## March

Twenty-five deployed Civil Engineer Squadron airmen returned to a hero's welcome, while other troops deployed, such as members of the Security Forces. Security upgrades on State Road A1A allowed inspection stations on the road to be taken down.

An unprecedented 75 percent of the wing's military and civilians took this year's Air Force Chief of Staff Climate Survey Jan. 22 - March 8.

A signed memorandum of understanding between the wing and the Air Force Space and Missile Museum Foundation allowed the group to raise funds on behalf of the museum.

Various top performers garnered Air Force Space Command awards - the 45th Civil Engineer Squadron, 45th Weather Squadron, 45th Operations Support Squadron, 45th Security Forces, 45th Medical Support Squadron, 45th Logistics and 45th Space Wing.

## April

The 920th RQG unveiled Sept. 11 "Let's Roll" nose art. Patrick firefighters helped the Brevard County Fire Department extinguish a wildfire that consumed 150 acres.

Wing members garnered more awards.

## May

The Patrick Honor Guard won the first Air Force Space Command Honor Guard Competition and became the official Honor Guard for Guardian Challenge. The 45th Services Squadron was named Air Force Space Command's best, and the 45th Civil Engineer Squadron's Environmental Flight was recognized for having the best natural resources conservation team in the Department of Defense.

## June

It was a month of hellos and good-byes. Brig. Gen. Greg Pavlovich took over the reins as the 45th SW commander, as Brig. Gen. Donald Pettit retired. The wing also said farewell to its command Chief Master Sgt. Paul Zima and welcomed Chief Master Sgt. Anthony Manson. Col. Sameul Dick, the wing's vice commander, thanked the wing for its excellence as Col. Michael Lehnertz became the new vice commander. The wing also welcomed other commanders.

The Company Grade Officers' Association was named the best of the eastern region.

## July

The wing celebrated July 4 with a party. The CONTOUR spacecraft was successfully launched. A 920th RQG aircrew diverted from aerial patrols in conjunction with safeguarding Vice President Dick Cheney and saving an ailing Coast Guardsman's life.

## August

A new era in space launch vehicles began with the Atlas V launch. The wing, NASA and other space and government leaders unveiled a 50-year vision of the future for America's Spaceport.

The 14th Air Force commander, Maj. Gen. Michael Hamel, made his first official visit to the wing and complimented it on its people.

The 45th Medical Group underwent extensive medical disaster response training. The new central supply warehouse and administration building opened for business, streamlining the deployment staging process. The clinic did some streamlining of its own by extending appointment-setting hours.

## September

The wing joined the county and the rest of the nation in commemorating the first anniversary of the terrorist attacks on America Sept. 11.

All four lanes of State Road A1A reopened.

The wing won \$10,000 quality of life money from the Around the World in Ninety Days Contest.

## October

The wing adopted a combat wing structure, melding the 45th Support Group and 45th Logistics Group into the 45th Mission Support Group.

The wing made history by earning its first-ever outstanding rating during the Operational Readiness Inspection. It was the first outstanding rating by the AFSPC/IG since April 1999.

The Cape upgraded its electrical system, enhancing operations and safety. And with \$14.7 million in closeout money, the wing funded new infrastructure and quality of life programs.

## November

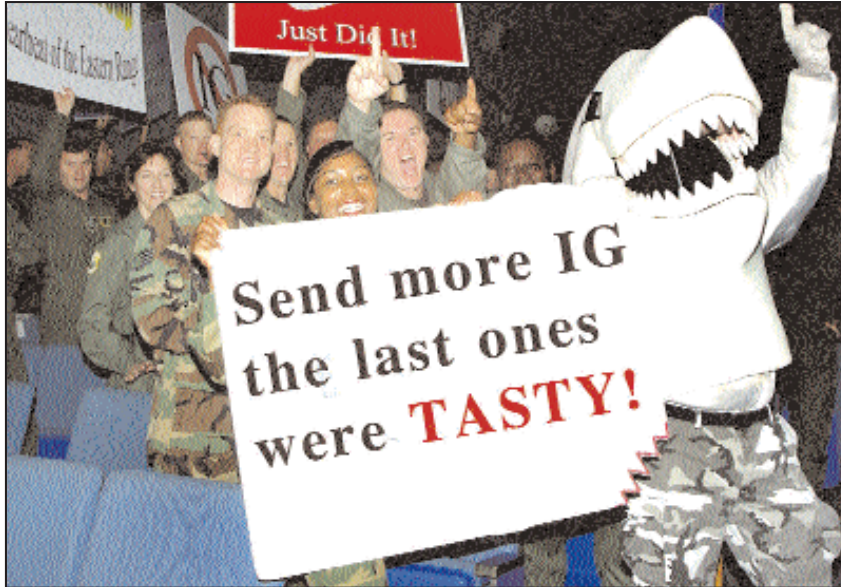
Three wing members were selected for chief. Disney characters lit up the holiday season for about 1,000 people at the annual Holiday Tree Lighting Ceremony.

## December

More 920th troops deployed to Southwest Asia and they launched a new tracking system. The U.S. Air Force Space and Missile Museum received a grant to refurbish a kiosk.

The wing celebrated the holidays - from the annual dorm party to Santa's Workshop.

# A look back at 2002



Cheering, yelling, horns, sirens and any other noisemakers that could be found, blasts through the walls of the base theater as wing members hear Col. Richard Lucas, Headquarters Air Force Space Command Inspector General announce that the wing earned an Outstanding rating for the 2002 Operational Readiness Inspection in October. It was the first Outstanding rating awarded by the AFSPC/IG since April 1999. (Photo by Jim Laviska)



Patrick Air Force Base Honor Guard win the first-ever Honor Guard competition at Peterson Air Force Base, Colo., in April. They were the ceremonial Honor Guard for the annual Guardian Challenge Competition May 6-10. (Photo by Jim Laviska)



Senior Airman Randall Terry, 45th Civil Engineer Squadron, right, shows Brig. Gen. Greg Pavlovich, 45th Space Wing commander, the finer points of running an excavator before taking down the last section of the HESCO barrier on State Road A1A. All four lanes opened Sept. 13. (Photo by Jim Laviska)

The year had its share of deployments and welcome homes. Richard, a 920th Rescue Group major, and his fiancée exchange a warm embrace in September after returning from a deployment to Southwest Asia. (Photo by Lt. Col. K.E. Warren)



## Action Line: 494-6550



**Brig. Gen.  
Greg Pavlovich**  
45th SW  
commander

The Action Line is your direct link to me and provides a valuable source of information on ways we can work together to make Patrick Air Force Base and Cape Canaveral Air Force Station better places to work and live.

The best way to get something fixed is to identify the problem to supervisors and first sergeants.

If you can't get your problem resolved through the agencies, contact the Action Line: e-mail, [action@patrick.af.mil](mailto:action@patrick.af.mil); recorded message, 494-6550; mail, 45SW/PA 1201 Edward H. White II St, Ste C-130, Patrick AFB FL 32925-3237; fax, 494-7302. Address all correspondence "Attn: Action Line."

When directing an issue to the Action Line, callers must indicate to whom they've previously addressed the issue.

**45th Mission Support Group**  
Col. Steve Werner  
494-6607

**45th Civil Engineer Squadron**  
Lt. Col. Chris Hazen  
494-4041

**Base Housing**  
Caroline Jamba  
494-2593

**45th Services Squadron**  
Lt. Col. John Sproul  
494-8081

**Military Personnel**  
Capt. Richard Rivera  
494-7831

**Commissary officer**  
Donald Pruitt  
494-4060

**AAFES**  
Mike Lovejoy  
494-6455

**Civilian Personnel**  
Robert Daniel  
494-5238

**Military Equal Opportunity**  
Capt. Marlon Johnson  
494-6334

**45th Security Forces Squadron**  
Lt. Col. David Woods  
494-6202

**Financial Services**  
1st Lt. Raymond Kipp Bradley  
494-7171

**45th Medical Group**  
Col. Charles Mackett III  
494-8100

**Ground Safety**  
Paul Compton  
494-2202

**Inspector General**  
Lt. Col. Ralph Gracia  
494-2287



### Fourth quarter winners lauded

Congratulations to the following winners of the 45th Space Wing staff fourth quarter award:

**Airman of the Quarter** - Senior Airman Mohammad Shulz, Finance

**NCO of the Quarter** - Tech Sgt. Renwick Davis, Safety

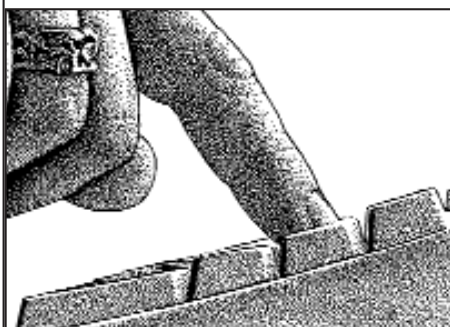
**Company Grade Officer of the Quarter** - 2nd Lt. Andrew Gmytrasiewicz, Finance

**Junior-level Civilian of the Quarter** - Ms. Suzanne Szarowicz, Staff Judge Advocate

**Mid-level Civilian of the Quarter** - Mr. Paul Cotter, Safety

**Senior-level Civilian of the Quarter** - Ms. Katrina Windschitl, Finance

## Take the newspaper survey



The Missileer is your newspaper for the latest news and information you need to know about the 45th Space Wing, Space Command and the Air Force.

The Missileer staff wants your feedback. Just log onto [news.af.mil/internal/survey/survey\\_logon.asp](http://news.af.mil/internal/survey/survey_logon.asp) and take the survey. Your input will remain anonymous.



By 1st Lt. Eric Badger  
45TH SW PUBLIC AFFAIRS

Long before there was a 45th Space Wing or the fierce king of the ocean jungle, Snark the Shark, there were the Flying Tigers.

The story of the Flying Tigers began in July 1937 after the retirement of Capt. Claire Chennault from the United States Army Air Corps earlier that year.

He was hired by the Chinese government on an initial three-month contract at \$1,000 a month as an aviation adviser. Capt. Chennault was assigned the job through the efforts of an American friend.

When China found itself under attack from Japan later in the year, Capt. Chennault was quickly assigned as China's chief air strategist for the Chinese Air Force.

During the summer of 1941, the general went to Washington D.C. to meet with President Roosevelt's top aides to work out an agreement to

recruit American active duty airmen into the Chinese Air Force.

Treasury Secretary Henry Morgenthau helped equip Capt. Chennault's new air force with one hundred P-40 "Tomahawk" fighters.

By fall 1941, Capt. Chennault's new air force, known as the American Volunteer Group, was formed with former Navy, Marine Corps and Army Air Corps pilots. Ericksen Schilling, an AVG pilot, had the idea of painting their aircraft in order to instill fear in the enemy and boost morale. Schilling was given approval by Capt. Chennault to paint the red mouth, flashing white teeth, and "evil eye" of a tiger shark on the nose of each P-40 fighter.

The Flying Tigers were credited with destroying 286 Japanese aircraft between Dec. 18, 1941 and July 4, 1942. In July 1942, the AVG was transformed into the China Air Task Force. As their commander, Capt. Chennault was recalled to active duty and was promoted to a U.S. Army Air Forces brigadier general.

The nickname "Flying Tiger" was born when an Associated Press newsman noticed the artwork and sent his dispatches a message with a "Flying Tiger" tagline. From there, the term became a nickname that reached worldwide fame.

On March 5, 1943, the CATF was turned into the 14th Air Force and the unit was activated on March 10, 1943. The 14th Air Force was the first numbered air force to be created in a war zone.

In August 1943, Sergeant Howard Arnegard created the Flying Tiger insignia of a winged Bengal Tiger, including a white star with a red circle on a blue disc. The insignia became the unit's official patch and is still in use today.

Gen. Chennault requested to be relieved from active duty and retired on July 8, 1945.

By then, the Flying Tigers had approximately 20,000 personnel and 1,000 aircraft in operation. Throughout the vast history of the

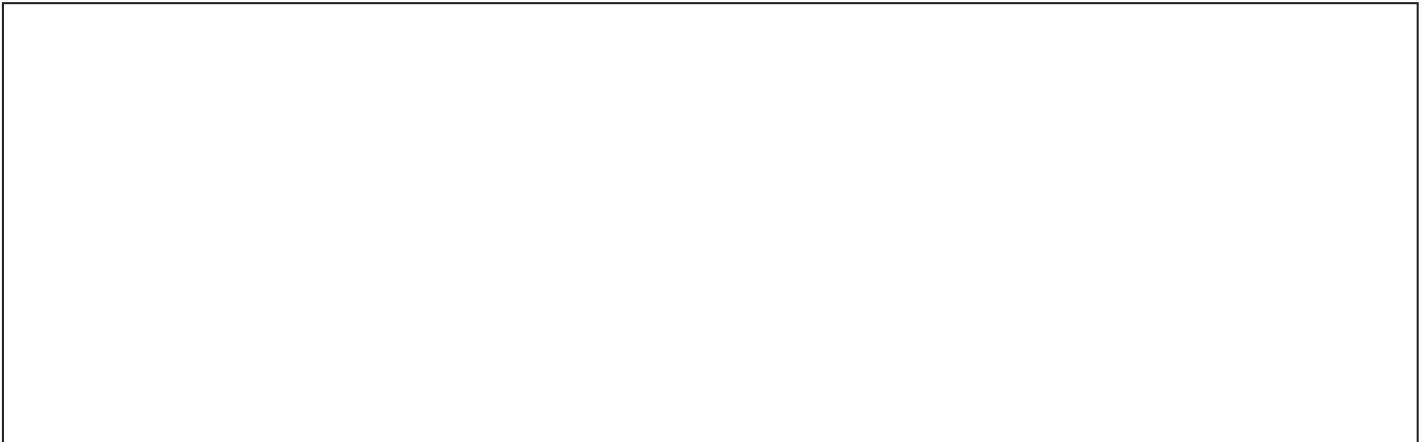
Flying Tigers, the unit had been activated and inactivated many times throughout several Air Force installations. Its final and current activation on July 1, 1993 was as a numbered air force of Air Force Space Command.

Since the Flying Tigers were influential in the space program between July 1, 1968 and October 1, 1976, officials returned the unit to active duty under a space mission.

The specific mission includes space operations, space launch, satellite control, missile warning and space surveillance.

The unit currently maintains approximately 131 units in 44 locations worldwide, with four primary units including: the 21st Space Wing (Peterson AFB, Colorado), the 30th SW (Vandenberg AFB, California), the 50th SW (Schriever AFB, Colorado), and the 45th SW (Patrick AFB, Florida).

*(Editor's note: All 14th Air Force Flying Tigers information used in this article was provided by the 45th Space Wing Historian Office.)*



## What's your New Year's resolution?



*"Remain focused on my studies and basketball."*

- Danielle Quinn  
PATRICK FITNESS CENTER



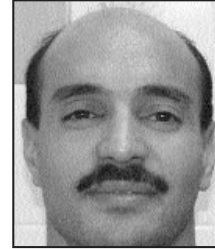
*"I'm going to focus on the positive things."*

- Winston Shaw  
CUSTODIAL MGT. TECHNOLOGY



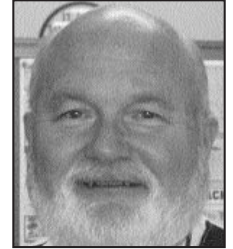
*"I'd like to lose weight."*

- Jessica Tanguay  
DAUGHTER OF MASTER SGT.  
VIC BERREBI, AFTAC



*"I won't procrastinate as much."*

- José Roman  
CUSTODIAL MGT. TECHNOLOGY



*"Help others become closer to God."*

- Larry Beck  
COMPUTER SCIENCE RAYTHEON



# Fitness: Not just a New Year's resolution

By Staff Sgt. Joel Langton  
45TH SW PUBLIC AFFAIRS

Patrick's fitness guru Mike Mendonca is a scrooge when it comes to New Year's.

Not that he hates to see a 30 to 40 percent increase in traffic to the Fitness Center, where he's the Air Force's first Fitness trainer for active duty members. He helps active duty members develop fitness programs.

But he knows that so many New Year's resolutions, with an eye toward better fitness, will be shattered dreams by Feb. 1.

"People shouldn't let New Year's be the stimulus to make the change. They should do it if it's May, August, whenever they need to do it," Mendonca said.

In fact, Mendonca said shattered dreams are to be expected. "Success comes with many little failures. If you exercise for a month, stop for two weeks, get started again, then stop for a week, what's critical is that you get started again."

The first key to a successful workout program, if it's in January, summer, or the fall, is to make it a priority.

"It's got to be one of your top five priorities," Mendonca said. "When it becomes as much a part of your life as personal hygiene or washing your clothes, then you're going to have a successful fitness program."

In fact, Mendonca has even begun carrying a basket of dirty clothes with him to speaking engagements as a visual, to emphasize the point.

"A successful fitness program will take some sacrifice," he said.

Mendonca also suggests that people look at their time before starting.

"Either list ways they waste time, or just keep a time log for a while, so they can see where they are spinning their wheels at," he said. "Then, that shows them what to cut out or where there's space in their life for fitness. This helps them put health and fitness in there Top 5."

When restarting their fitness program, people need to keep in mind that they're not quite the person they used to be.

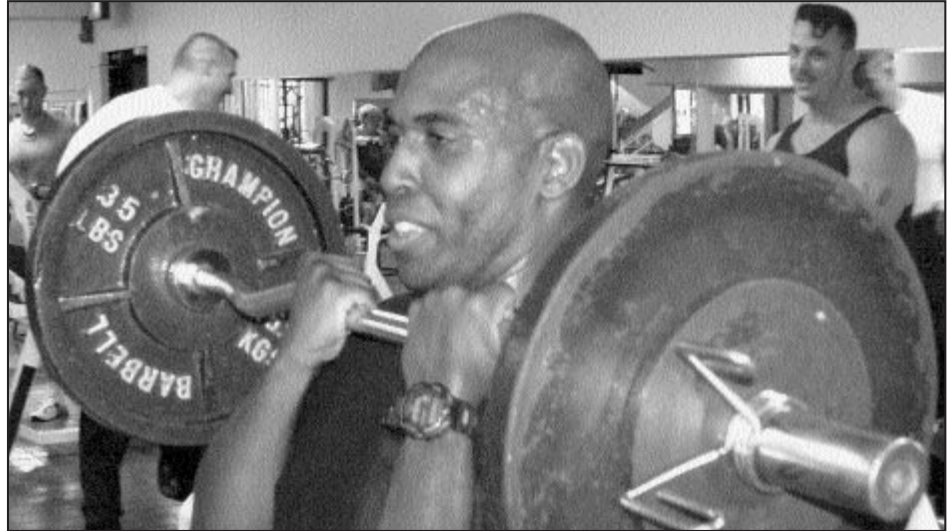
"There are people who added 15 pounds over the holidays and some people are restarting a fitness program after a few years even, in either one of these cases, it's going to take them awhile to get back to where they were," he said.

"If they get started too fast and aggressive, they'll end up pulling something, and injuries can be very frustrating," Mendonca said.

He also said that goals are critical. "You've got to look down the road months to a year, and then break that goal down into smaller steps to see where you need to be in a month, three months, and on down the road," he said.

Mendonca did add that regardless of when someone wants to start their fitness program, he's ready to help.

Appointments can be scheduled by calling 494-4947.



Capt. Sheldon Takeall, Air Force Technical Application Center member, uses the Fitness Center to stay in shape throughout the year. (Photos by 1st Lt. Eric Badger)

## Fitness resources one more military benefit

By Staff Sgt. Joel Langton  
45TH SW PUBLIC AFFAIRS

Some type of a Department of Defense identification card can literally save holders thousands of dollars when it comes to fitness.

"The Fitness Center is available to anyone who works at Patrick," said Naomi Parish, assistant fitness center director.

The first advantage is the Fitness Center that many say is the best in Brevard County.

"We have everything from the café to weights to basketball," said Naomi Parish, assistant fitness center director. "Patrick's Fitness Center is the total package in one facility."

Walking through the door of the Fitness Center involves opening the door, going to the front desk, showing an identification card, signing in and then using the equipment.

However, at off-base facilities, it costs between \$350 and \$700 to just to get past the front door. Any spin or aerobic classes or anything else beyond the bare minimum is an extra charge at local facilities.

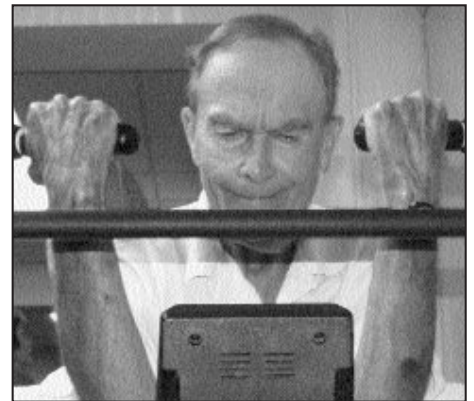
At Patrick, it's a different story.

Only four offerings have charges. Massages are \$35 per session, karate classes are \$30 per month, tennis is \$38 per hour and yoga is \$5 per class.

Basketball leagues, spin and aerobic classes, swimming pool access along with a number of other opportunities are available at Patrick for free.

Active-duty members can use Mike Mendonca for free while there are other trainers available for \$11 and \$13 an hour.

According to *Florida Today*, local trainers charge \$35 to \$65 per hour. Anyone who would use a trainer for 10 hours during 2003 will save a



Retired Air Force Senior Master Sgt. Howard Feather works out his biceps as part of his new year fitness regimen at the Patrick Fitness Center.

minimum of \$200.

The second floor café at the fitness center offers reasonably priced healthy lunches and frozen drinks.

Also upstairs, the Health and Wellness Center has free lifestyle education classes that are free.

Checking out the available programs is easy. Call 494-5899 to arrange for a trainer or massage therapist; the health and wellness center is at 494-2660 and the fitness center is available at 494-4947.

One thing is certain: "If anyone takes advantage of everything the fitness center has to offer, they'll have a fit 2003, and there will be very little financial cost," said Mendonca.

### Sign up for Little League

Parents can register their youth for the 2003 Little League baseball, girls softball and tee ball programs through Jan. 11. Registration is open to family members ages 4-16 of active duty, retired military, DoD personnel, contractors and NAF employees.

Per Little League boundary rules, families who live in Patrick Air Force Base's housing areas are eligible to join through the Patrick programs only. Eligible families who live outside of the housing areas are eligible to participate in either the base program or local civilian programs.

Children must be 4 years old by March 1 to participate in tots tee ball. Children who are 17 by Aug. 1 are not eligible to participate in the league.

Cost to participate in the league is as follows: Tots tee ball for 4-5 year olds is \$30 for members and \$40 for nonmembers; tee ball for ages 6-7 is \$40 for members and \$50 for nonmembers; baseball and girls softball for ages 8-16 is \$40 for members and \$50 for nonmembers.

Player evaluations and team formations for baseball and girls softball will take place Jan. 13 through 24. The youth sports director will form tots tee ball and tee ball teams. Practices for the Little League program begins on or after Jan. 27, and opening day ceremonies are March 1. The season ends before school is dismissed in May. For more information, call the Youth Center at 494-4747 or the youth sports director at 494-3770.

### Cruise into a new year

Information, Tickets and Travel have tickets for the Royal Caribbean Cruise Line on the Sovereign of the Seas cruise ship from Port Canaveral. Enjoy a three-night stay Jan. 30 at \$254.50 per person. Ports of call are Nassau and Coco Cay.

Royal Caribbean Cruise Line also offers a four-night stay Feb. 2 on the Sovereign of the Seas cruise ship at \$314 per person. Ports of call are Nassau and Coco Cay.

Celebrity Cruise Line has a seven-night

Alaskan cruise May 25 from Vancouver on the Mercury. Ports of call include Ketchikan, Hubbard Glacier, Juneau, Sitka and Vancouver. Tickets start at \$769 per person. Additional cost for airfare. Call 494-5158 for more information or stop by Bldg. 415.

### Pilot classes begins

Ground Schools classes for private pilot, instrument pilot and commercial pilot are in progress. Tuition assistance now pays 100 percent of the course for active duty personnel, upon completion. Call 494-4356 for more information.

### Motown comes to club

A special appearance of a "Michael Jackson" impersonator returns Jan. 17 at Sharkey's Lounge in the NCO Club starting at 7 p.m. See performances of hit songs you remember.

"Michael" will make his appearance and the evening continues with more great music until 11 p.m. Members are admitted free. There is a \$3 cover charge for nonmembers. Call 494-7491 for information.

### Youth programs need volunteers

Volunteer coaches are needed for the 2003 Little League baseball, girls' softball and tee-ball program. Interested people must complete an application and attend mandatory training before practices begin this month. Call 494-3770 or 494-4747 for more information.

### Umpires wanted

The Space Coast Officials Association needs both first-year and experienced umpires to support the 2003 season. These are paid positions for those who join the association and attend mandatory training clinics. All umpires must supply their own uniforms and equipment. For details, call the youth sports director at 494-3770.

### Club offers buffet choices

Lunch Buffet is every Tuesday through Friday 11 a.m. - 1 p.m. at \$5.95 per person.

The buffet features a fresh salad bar and the club's famous homemade soups. The "Members First" program rewards all members with an additional \$1 off.

Menu items are Tuesday's Southern Supper with meatloaf and fried chicken, Wednesday's Perfect Pasta selection, along with a Chef's Choice Surprise, Thursday's Mexican Buffet and Friday's Catfish. A special dish is prepared for those who would prefer something other than fish on Fridays. Call 494-7491 for more details.

### Learn computers

The Base Library and Family Support Center are teaming up to offer an Introduction to Computers Workshop at 5 p.m. Jan. 16 in the Family Support Center classroom. Library Systems Administrator Ron Baker will present the workshop. Call 494-6881 for more information or to sign up.

### See history in progress

Follow our nation's progress in space exploration from its early beginnings through today by taking a special bus tour of the historical Cape Canaveral Air Force Station.

The Cape has witnessed the space program from its birth and still plays a major role in the program. Ride in comfort Saturday, Jan. 25 with Outdoor Recreation.

The bus leaves Outdoor Rec. at 8 a.m. The cost (which includes snacks and drinks on the bus) is \$10 for adults and \$5 for children. Call to make your family's reservations. For more information or reservation call 494-2042. No refunds after Jan. 21.

### Have fun at yard sale

Come to Outdoor Recreation from 10 a.m. - 2 p.m. Jan. 11 for a base-wide yard sale. Table space is available for vendors at \$3 per table.

There will be music, free boat rides and door prizes. Call Terry Hamric at 494-9692 for information and to reserve space.







**Friday** *The Truth About Charlie* Regina returns home from vacationing in Martinique to find that her husband is murdered. Their apartment and bank account have been completely emptied. His murder makes Regina learn the truth about her husband. Stars Mark Wahlberg, Thandie Newton. (PG-13 for some violence, nudity and sexual content)

**Saturday** *Extreme Ops* A film crew travels to the Austrian Alps where they plan to film three extreme sports. But they happen to film a notorious Serbian war criminal and he gives chase, forcing the crew through a number of extreme situations if they hope to survive. Stars Devon Sawa, Rufus Sewell. (PG-13 for violence/peril, language and some nudity)

**Sunday** *The Emperor's Club* William Hundert finds his world of tradition up-ended with the arrival of a new freshman, the son of a senator. Almost immediately, they become embroiled in a turbulent battle of wills with repercussions that would still be felt a quarter of a century later. Stars Kevin Kline, Steven Culp. (PG-13 for some sexual content)  
*Show times are 7:30 unless otherwise indicated. Admission is \$2.50 for adults age 12 and older and \$1.50 for children 11 and younger.*

**Riverside Dining Facility Menu**

**Saturday brunch** - Cajun meat loaf, crispy baked chicken, ribeye steak

**Saturday supper** - Fish amandine, pork chops w/mushroom gravy, stir fry chicken w/broccoli

**Sunday brunch** - Chicken parmesan, sauerbraten, tuna and noodles

**Sunday supper** - Fried shrimp, ginger BBQ chicken, spinach lasagna

**Monday lunch** - Baked chicken, simmered knockwurst, Swiss steak with tomato sauce

**Monday dinner** - Roast turkey, baked ham, fish and fries

**Tuesday lunch** - Grilled Salisbury steak, onion-lemon baked fish, yakisoba

**Tuesday dinner** - BBQ beef cubes, paprika beef, pork chop suey

**Wednesday lunch** - Pork schnitzel, sauerbraten, reuben sandwich, bratwurst

**Wednesday dinner** - Country style steak, fried chicken, pita pizzas

**Thursday lunch** - BBQ chicken, BBQ ribs, steak, grilled sausage

**Thursday dinner** - Pepper steak, Mr. Z's finger lickin' chicken, ginger pot roast

**Friday lunch** - Beef and corn pie, pea and pepper rice, seafood Newburg, veal paprika steak



**Catholic Parish Mission**

The Patrick Air Force Base Catholic Parish Mission is Sunday - Thursday.

**Sunday:** 7 p.m. - Evening Mass in the South Patrick Chapel

**Mon. - Thurs.:** 9 a.m. - Mass with talk, South Patrick Chapel

11:30 a.m. - Mass with talk, Seaside Chapel, lunch follows

7 p.m. - Mass

For more information, call 494-4073.

**Regular Chapel Schedule**

**Catholic** - Daily Mass 11:30 a.m. in the Seaside Chapel.

Saturday: 4 p.m. confession, 5 p.m. Mass in the South Patrick Chapel.

Sunday: 8:30 a.m. Mass in the South Patrick Chapel and 11:30 a.m. Mass in the Seaside Chapel.

**Protestant** - Sunday: 8:30 a.m. traditional worship in the Seaside Chapel.

At 9:45 a.m. Adult Sunday School in Seaside Chapel. Grades K-12 at South Patrick Chapel.

At 11 a.m. Inspirational Service in the South Patrick Chapel.

Wednesday: 5:30 p.m. fellowship dinner in the South Patrick Chapel.

