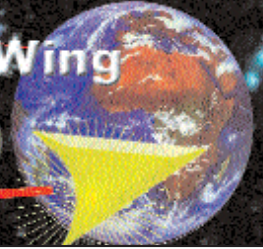


MISSILEER



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Hittin' the road

Airman 1st Class Daniel Hickman (left) and Airman 1st Class Michael Litzau, 45th Space Communications Squadron, load their bags on a truck headed for a mobility training exercise at Camp Blanding, Fla. on Oct. 21. Airmen from the 45th Space Wing took part in the exercise to refresh and prepare personnel for future deployments in support of Air Expeditionary Forces. (Photo by Jim Laviska)



45th SW maintains readiness in exercise, recalls

By 1st Lt. Warren Comer
45TH SW PUBLIC AFFAIRS

With ongoing operations in Afghanistan and Iraq, wing leadership has found it increasingly important to make sure everyone knows how to deploy at a moment's notice to support U.S. goals in far away lands.

To prepare for another round of mass deployments that could happen at any time, readiness evaluations were conducted this week to keep wing personnel in the "expeditionary mindset."

New this year is the use of the new air terminal where the 45th Mission Support Squadron's personnel readiness unit is using the new facility to set up a deployment line, enabling wing members to get everything they need to deploy.

While the deployment line is something new for 45th Space Wing personnel, it was used heavily during Operation Iraqi Freedom when the 920th Rescue Wing was called to deploy.

After Monday's recall of all military personnel, the 45th SW Inspector General says people need to be familiar with wing instructions on recalls and deployments.

"We're working on it," said Lt. Col. Frank Miles, 45th SW inspector general. "Each time we'll do it much better than before."

According to Lt. Col. Miles, some people are not familiar with the procedures for reporting in. Unit leaders need to brief members on the responsibilities for maintaining a Unit Control Center and emphasize to their people that each person has a specific respon-

sibility during a recall, whether reporting into the UCC or maintaining proper logs of unit personnel accounted for during a recall.

Members of the wing's combat support element also "deployed" to Camp Blanding, Fla., this week for a readiness exercise that tested wing members' ability to establish a contingency base, react to a number of force protection scenarios and respond to physical, conventional, chemical and biological attacks.

"The primary reason for doing this training is to maintain our warrior perspective," said Maj. Peter Sartori, 45th Civil Engineer Squadron operations flight commander. "The exercise covers scenarios where participants maintain skills not normally used in a home base mission."

START ... Get it!



By Brig. Gen. Greg Pavlovich
45TH SW COMMANDER

They say the only constant thing is change and it is no different here at the 45th Space Wing. Our organizational change - our transformation - was supposed to happen this week but right now the big change is in the date. We've had to postpone our ceremony while we wait for the final approval on our new organizational structure. It's a formality, but an important one, so right now we're in a countdown hold for a new date, which will likely be in mid-November. In the meantime, the hard work continues preparing for the event. As soon as we have the firm date we'll get the word out so everyone can attend this milestone event in our history.

Another change we're going through is the reshuffling of some of our services organizations positioned in base housing. We've had a long-term plan on the books to create a community center in South Housing and now, after several years in the making, we're finally getting closer to realizing that vision. The goal is a multi-purpose community center serving the needs of the housing residents with meeting rooms, educational classes and service programs - a true community focal point.

The progress means some changes. The Airman's Attic will move near the Family Support Center, where it will be a little more centrally located. The Thrift Shop, unfortunately, will close Dec. 18. With 36 mission partners in addition to our own host wing mission, we're out of surplus space right now - in fact we're having trouble meeting some space requirements for mission needs. So it is with heavy heart that we close the doors to the privately-run Thrift Shop and thank them for their dedicated service to the men and women of Patrick AFB. The Thrift Shop has been a Patrick icon for years thanks to the labors of a lot of volunteer workers.

Another change in the works is the military fitness test which is moving from cycle ergometry to the 1.5 mile run beginning in January. The new standards have been released (http://www.af.mil/news/USAF_Fitness_Chart_s.pdf) so now you have all the parameters laid out. Some of you are already on your way.

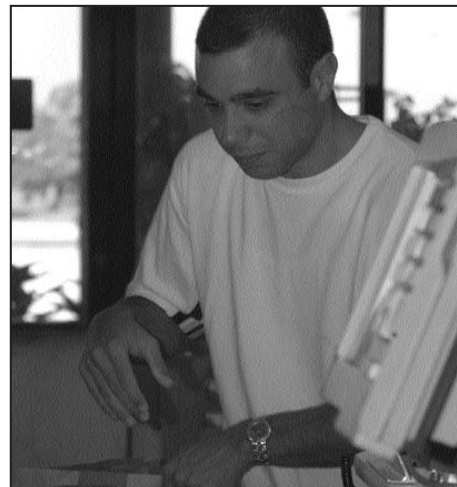
Special thanks to roughly 425 personnel who came out in the early hours on Oct. 15 to show their support of this transition. I really appreciate those warriors who joined me in the 1.5-mile wing run to kick off this important Chief of Staff of the Air Force Warfit initiative. If you are wondering why we are devoting so much attention to Warfit in the *Missileer*, start reading more closely. Warfit is ensuring the force is combat ready - "fit to fight" as Gen. John Jumper says. Gen. Jumper has stressed that the new personal fitness measures are not geared toward a once a year snapshot of an individual, but rather changing the fitness habits of our airmen and changing the culture of the Air Force.

So you need to take it seriously. The Fitness Center has priority hours for active-duty members from 5-8 a.m., from 11 a.m. - 1 p.m. and again from 4-6 p.m. During these times active-duty have priority access to the machines. I've said it before, but it bears repeating - it'll be January before you know it. You need to be ready; everyone is expected to participate. Senior staff will personally review individual waivers. Get out, get active, get Warfit! Thanks to the squadrons who have developed Warfit programs and who are actively pushing all members to participate and leading the way in this culture change.

Now on to a different kind of change ... spare change. Folks were generously giving their change to the Combined Federal Campaign last weekend, thanks to our volunteer baggers at the Commissary. Mr. Ron Rodgers, Patrick Commissary store director, graciously donated positions on his lines and some 50 active-duty and civilian volunteers answered the call. Over two days they logged more than 100 volunteer hours and raised more than \$1,000. Hats off to all who donated their time - it was truly an example of service before self! Time is running out on the CFC ... you have just until the end of the month to participate. See the key worker in your organization today.

Also happening last week was the 14th Air Force Command Chiefs Conference. The chiefs were able to come out to Patrick for a change of scenery and to get together to discuss enlisted issues. While they spent a good deal of their time behind closed doors working, they did get out and about to see our great facilities and wonderful people. The conference went really well - thanks to all who made the chiefs' visit first-class!

Finally, one last upcoming change - your clocks. You'll be "falling back" on Oct. 26. And while Daylight Savings Time means you gain an hour; it also means it will be darker when you



Staff Sgt. Chris Arbona, 45th Medical Group, bags groceries at the Commissary Oct. 18. Volunteers helped raise more than \$1,000 to benefit the Combined Federal Campaign. (Photo by Airman 1st Class Shaun Emery)

are leaving work. Take extra care to make sure you are safe - be cognizant of the construction sites we have around base, especially at the main gate, and watch out for the gate guards. You'll need to watch for children even more carefully. This will be especially important on Halloween, as the kids take to the neighborhoods.

Halloween lends itself to all kinds of hazards, you can help make it safer for kids by removing tripping hazards from your front yards and porches and not driving around unless necessary. If you do have to go out, be extra vigilant - double check before backing up and watch for kids crossing streets.

Parents can help by making sure kids dress in reflective costumes and by encouraging them to carry flashlights. Remind kids to cross roads only at street corners or crosswalks ... not between parked cars. Ensure kids know the difference between "tricks" and vandalism and remind them not to go into a car or house of a stranger. Security Forces will be out and about on Halloween but we need your help identifying potential problems before they start. Call 494-2008 to report suspicious activity or 911 if there is an emergency.

Change is in the fall air - let's keep safety in the forefront through it all. Have a great week and God bless!



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Last Titan II launches from Vandenberg

Maj. Dan Wetmore
30TH SPACE WING PUBLIC AFFAIRS

VANDENBERG AIR FORCE BASE, Calif., - The final Titan II rocket streaked skyward Oct. 18, leaving in its wake a long and varied history spanning 40 years and a transformation from intercontinental ballistic missile to space booster.

The two-stage, liquid-propelled, silo-based Titan II began as part of the United States' budding Intercontinental Ballistic Missile program.

Among the quartet of subterranean sentinels that held that duty during the Cold War, including Atlas, Titan, Minuteman and Peacekeeper, the Titan II cast the longest shadow with the largest warhead ever fielded by the United States, the nine-megaton Mark 6.

With an explosive equivalent to 600 times that released on Hiroshima and a range of 6,300 statute miles, the Titan II stood watch for nearly a quarter of a century from 1963 to 1987.

The first Titan II ICBM test launch from Vandenberg was Feb. 16, 1963. The missile exploded less than a minute after launch.

Despite this first disaster, the Titan II program forged ahead. The next missile test launch was April 27, 1963. In the next 24 years, Vandenberg launched 56 more Titan II ICBMs. Then along came the more efficient Minuteman ICBMs and the Titan II missile became obsolete, said Jeffery Geiger, 30th Space Wing historian.

The Titan II weapon system was deactivated May 5, 1987.

"Once the missile lost its operational viability, it became a space booster," Mr. Geiger added.

In 1988, following decommissioning of the Titan II as a weapon system, 14 of the 54 remaining vehicles were reacquired by Lockheed Martin Corp. The missiles were then retrofitted for spacelift duty.

Since 1989, 12 of those have flown from Vandenberg, successfully placing a wide array of payloads into polar, low-earth orbit.

One of the more unique aspects of the Titan's history is its involvement with the manned space program.

In the ten flights of the Gemini Program from 1965 to 1966, modified Titan IIs carried two-man spacecrafts aloft from Space Launch Complex 19 at what is now Cape Canaveral Air Force Station.

These flights focused on the logistics of 'twinning' spacecraft in orbit, rendezvous and docking procedures to which the Saturn-based Apollo missions were heir, and which brought the first moon landing in 1969.

Of all the Titan IIs built by the Martin Company between 1962-67, 95 have passed fully into history. Two were destroyed in various accidents, while 93 have performed their intended function.

Of those, the second-to-last built was the last to fly, providing the 430,000 pounds of thrust that took the 16th in a series of DMSP weather satellites for its six-minute ride 100 nautical miles into space.

(1st Lt. Michelle Mayo contributed to this story)



The last Titan II rocket launches from Vandenberg Air Force Base on Oct. 18. New rockets like the Delta IV and Atlas V are taking older rockets places. (Photo courtesy of 30th Space Wing Public Affairs)



Commander Q&A :

Maj. Richard McAlister
45th Space Wing Command Post

Q: What is the command post mission?

A: We enhance the 45th SW commander's strength through active peacetime and wartime command and control operations.

Q: Why is command post important during contingencies or incidents?

A: The Command Post is important during contingencies for two basic reasons. First, we see the big picture and understand from a systems perspective the relationships between incidents and the impact those incidents have on the wing's capability to execute its mission. Secondly, we have the capability to communicate that information and potential impacts to our mission quickly to other command centers around the world.

Q: How does command post contribute to wing operations?

A: The CP is the eyes, ears and voice of the wing commander. We react to a wide spec-

trum of contingencies, both personal and public, on a 24-hour basis. We act as the commander's executive agent, receive and disseminate alert messages from higher headquarters, submit all operational reports to higher headquarters, provide command and control support and coordination to mission partners and civilian agencies and direct all contingencies, disaster and emergency management operations for all 45th SW assets.

Q: How does the command post contribute to the space launch mission?

A: We're the wing's focal point for critical communications. The CP serves as the wing's information portal, coordinating space operations directives with Air Force Space Command and reacts to strategic defense requirements.



Members of the 45th Space Wing and Assistant Undersecretary of the Air Force for Acquisition, Mr. Timothy A. Beyland, center, discuss the Launch Operations Support Contract during new source selection on the contract Oct. 17. (Photo by Airman 1st Class Shaun Emery)

Source selection for contract under way

By 1st Lt. Warren Comer

45TH SW PUBLIC AFFAIRS

On Oct 16, 45th Space Wing officials and other Air Force leadership started the formal source selection process for the Launch Operations Support Contract that provides operations, maintenance and sustain-

ment of critical launch processing and spacelift facilities and systems owned by the 45th Space Wing at Cape Canaveral Air Force Station.

The Eastern Range is one of two locations where the United States launches rockets that carry astronauts and critical payloads like the global positioning system into orbit and beyond.

The contract, which is vital to the support of DoD, civil and commercial customer's assured access to space, requires a disciplined systems engineering approach in line with industry best practices through a performance-based strategy.

"Performance-based services acquisition involves acquisition strategies, methods and techniques that describe and communicate measurable outcomes rather than direct performance processes. In the past, the government technically directed how work was performed and prioritized," said Lt. Col. Clay Frasier, 45th Range Management Squadron commander. "By describing requirements in terms of performance outcomes, we can maximize performance, competition and innovation - often at a cost savings for the wing."

The LOSC program was originally devised when Brig. Gen. Greg Pavlovich, 45th Space Wing commander, was the 45th Logistics Group commander from June 1996 to Jan. 1999.

Air Force Program Executive Officer for Services, Mr. Timothy A. Beyland, came to Patrick Air Force Base from Washington D.C., to chair the Acquisition Strategy Panel for the wing's second largest program.

"All service contracts exceeding \$100 million are part of his (Mr. Beyland's) portfolio," said Ms. Susan Stone, 45th Contracting Squadron mission support flight chief. "Public Law and implementing regulation and policy require him to review and approve, in advance, all services acquisitions over \$100 million to ensure they are performance-based. Since the LOSC acquisition has an estimated program value in excess of \$200 million, Mr. Beyland chaired the Acquisition Strategy Panel, will be the Source Selection Authority and the Award Fee/Term Determining Official."

This was the first time that the 45th SW has had a Program Executive Officer visit.

"The LOSC contract is important to the wing in many ways, but most of all because it supports the core mission of launching rockets from Cape Canaveral Air Force Station," said Ms. Stone.

"Personnel need to be aware that a formal source selection has begun," said Ms. Stone. To place a comment regarding the LOSC program, call Susan Isaac-Mellott at 494-1480.

14th AF Command chiefs converge on 45th SW

By Airman 1st Class Shaun Emery

45TH SW PUBLIC AFFAIRS

Command chief master sergeants from the 14th Air Force met at Patrick Air Force Base Oct. 15-16 for a conference to discuss and share ideas on how to further improve the quality of life for servicemembers.

"The goal of this conference is to establish our priorities for the upcoming Air Force Space Command Commanders' Conference at Minot Air Force Base in November," said Chief Master Sgt. Anthony Manson, 45th Space Wing command chief.

"It's our responsibility as command chiefs to take care of our enlisted people," said Chief Master Sgt. Steven Crocker, 14th Air Force command chief. "We are proud to support and communicate the mission and Air Force vision."

The visit began in the early hours of Oct. 15. The chiefs joined more than 200 members of the 45th Space Wing in the early bird run at Patrick, helping kick off the new Air Force Fitness Test standards.

"Warfit is a great way to encourage folks to get out and implement exercise into their lifestyle," said Chief Master Sgt. Crocker. "This run was a true example of the way Patrick and the Cape have made fitness a priority. It really exemplified the word team."

During tours of different facilities at both Patrick and Cape Canaveral Air Force Station, the command chiefs discussed the programs going on along the Space Coast as well as those at each chief's respective base.

"We take this time to share benchmark ideas that we feel can help everyone in the 14th Air Force," said Chief Master Sgt. Manson. "We discuss the issues that impact our folks so we can send them up the chain and get some attention for airman's concerns."

"Patrick and the Cape are outstanding installations," said Chief Master Sgt. Crocker. "Our Air Force is so great because of the people who do great work every day. That's what makes my job so great, taking care of the enlisted force. Our motto is 'serving those who serve.'"



Command Chief Master Sgt. Steven Crocker talks to a group of airmen at the Riverside Dining Facility, Oct. 16. (Photo by Airman 1st Class Shaun Emery)



LASIK surgery now available to airmen

By Master Sgt. Richard B. Searles

AIR FORCE SURGEON GENERAL PUBLIC AFFAIRS

BOLLING AIR FORCE BASE, D.C. — The Air Force's "warfighter" corneal refractive surgery program expanded its services to include laser-in-situ-keratomileusis, or LASIK, for qualified people at its centers.

Gen. T. Michael Moseley, Air Force vice chief of staff, approved a memorandum written by Lt. Gen. George "Peach" Taylor Jr., Air Force surgeon general, announcing the immediate start of the expanded program.

LASIK and photorefractive keratectomy, a similar surgery already being performed at the centers, are Food and Drug Administration-approved elective procedures designed to reduce the need for corrective lenses.

"(Because) glasses and contact lenses may be an operational disadvantage, PRK or LASIK may be performed to enhance performance and safety, and increase the readiness of warfighters by eliminating the need for glasses or contact lenses," said Col. David Rhodes, chief physical standards at the Air Force Medical Support Agency.

LASIK will be offered to airmen who are not considered aviation and special-duty personnel.

"Aviation and special-duty personnel will con-

tinue to be covered under a separate surgeon general policy and are currently restricted from undergoing LASIK due to concerns regarding the stability of the corneal flap created during this procedure," said Col. Rhodes. "Selected special-duty personnel whose duties are not performed while flying, however, will be eligible for LASIK.

Any person electing to have LASIK performed should be aware of the potential for complications associated with the corneal flap that are not associated with PRK.

Rhodes said that although an individual is currently in a career field that is qualified for LASIK, having the procedure would make him or her ineligible to later train into most aviation fields under current policy.

Though either surgery may be operationally beneficial for some people, it is an elective procedure. There is no requirement for any airman to obtain either LASIK or PRK. Eligible people may undergo either procedure at any operational refractive surgery center.

"Wilford Hall Medical Center and the U.S. Air Force Academy's center currently have the resources to do LASIK and PRK," said Col. Rhodes. "The other centers currently perform PRK and will offer LASIK as soon as resources permit."

Other centers are located at Travis Air Force Base, Calif.; Keesler AFB, Miss.; and Wright-Patterson AFB, Ohio.

Because of the expected high demand for this procedure, patients are assigned an operational priority based on mission requirement. They can have either LASIK or PRK depending on the center capability, the opinion of the surgeon, and patient eligibility based on Air Force specialty code.

"The individual's squadron commander must certify the prioritization category," Col. Rhodes said.

Col. Rhodes said the commander should consider mission impact when granting permissive temporary duty for these surgical procedures because the patient will not be allowed to deploy for a period of time resulting in temporary duty limitations."

The corneal refractive surgery program was initiated in late 2001 with PRK. Since the program began, more than 6,000 airmen have had the surgery.

Airmen seeking more information on the procedures should contact their installation eye-care professional.

Be safe this Halloween

On Oct. 31, children will be trick-or-treating throughout Patrick Air Force Base housing areas for Halloween from 6-8 p.m.

Officials remind parents that it's their responsibility to maintain their child's safety when they are visiting strangers homes.

Parents should supervise their children while trick-or-treating and inspect all candy and items children are given before they consume or handle them.

To prepare parents for this Halloween, the *Missileer* will publish an article in the next issue describing the do's and don'ts of Halloween. There will also be security information outlining how parents and children may contact the 45th Security Forces Squadron.



Fair highlights breast cancer awareness

By Maj. Lynne Malone
45TH MEDICAL OPERATIONS SQUADRON

October is Breast Cancer Awareness Month and the 45th Medical Group is urging women to schedule regular screenings for preventive means as well as early detection.

Early detection and treatment of breast cancer has an overall cure rate of 92 percent.

According to the American Cancer Society's guidelines for early detection of breast cancer, regular screening is the key. Regular screening involves monthly breast self-exams, annual clinical breast exams by a health care provider and mammograms annually after age 40.

Monthly breast exams should be performed by all women 20 years and older. By examining her breasts on a regular basis, a woman will get to know the normal feel of her breasts and better recognize any changes. The exam should be geared toward

identifying changes rather than lumps.

Breast self-exams should be performed one week after the menstrual cycle begins when the hormone levels are low, and there is minimal tenderness and lumpiness. Health care providers should check any changes noticed during self-exams.

Clinical breast exams are done as part of an annual exam that usually includes the Pap test for cervical cancer and a pelvic exam. Most women should have both of these exams annually.

A mammogram can show changes in the breast before a woman or her health care provider can feel them. This is a safe and effective way to find breast cancer early. The 45th MDG holds a Breast Cancer Awareness Information Fair in its main lobby on Tuesday from 8 a.m. - 4 p.m. To make an appointment for a CBE or mammogram, call 494-8241.

First Eagle Flag exercise begins, tests readiness

By Master Sgt. Paul Fazzini

AIR MOBILITY COMMAND PUBLIC AFFAIRS

NAVAL AIR ENGINEERING STATION LAKEHURST, N.J. — More than 150 expeditionary combat-support leaders from around the Air Force arrived here Oct. 13 for the inaugural Eagle Flag, the Air Force's newest flag-level exercise.

The goal of the exercise is to test the ability of the participants to open and establish an air base to an initial operating capability for a forward operation, regardless of mission or aircraft type. The Air Mobility Warfare Center's 421st Training Squadron, located at Fort Dix, N.J., is the lead agency for conducting the exercise.

"We're excited about the kickoff of Eagle Flag and even more so about how this exercise will bring together approximately 400 expeditionary combat-support leaders from around the Air Force to rehearse the force-module concept they may be called to employ in the future," said Col. Joan Cunningham, special assistant to the commander of the center for Eagle Flag.

A force module is a grouping of combat-support forces and the accompanying equipment and supplies necessary to sustain them for at least 30 days.

Col. Cunningham's cadre of more than 130 readiness professionals have planned for several months to make the exercise as realistic as possible.

The participating leaders, who are all in their air and space expeditionary force spin-up window, were called to deploy to Eagle Flag by Air Expeditionary Forces Center officials at Langley Air Force Base, Va., the same way they would for a real-world deployment.

According to Col. Cunningham, Eagle Flag

participants will arrive at different times throughout the 12-day exercise. This puts into action the ECS force-module concept, she said.

About 30 participants, designated the key and essential leaders, including the exercise deployment commander were among the first to arrive. They began initial operation planning.

"I hope to validate the concept of Eagle Flag and demonstrate just how valuable and vital expeditionary combat support is to the Air Force mission," said Col. Lisa Firmin, exercise deployment commander. "This will be the most realistic training (exercise participants) will receive, apart from an actual deployment.

"There will be people assigned to role play at Eagle Flag, playing the parts of media, terrorists and local residents," said Col. Firmin. "The people playing these roles are very good and very realistic, and they will provide great situations to see how our people react."

While the assessment team continues its work, the first of three force modules will arrive. In an actual deployment, the key and essential leaders and the assessment team would all be part of Force Module 1. And, in an actual deployment there would be five force modules tasked. During Eagle Flag, only three are.

Module 1 consists of people from aerial port, contracting, fuels, medical, security forces, special tactics and supply, to name a few, along with the respective equipment required to open the air base.

Module 2 consists of civil engineers, logistics



Role players interact with Air Force members participating in Eagle Flag, the Air Force's newest flag-level exercise at the Naval Air Engineering Station, Lakehurst, N.J., to test combat readiness. (Photo by Staff Sgt. Jerry Morrison Jr.)

planners, personnel specialists and public affairs professionals. These airmen will provide support to the deployed commander during the "command and control" module phase of the operation.

Module 3, the "establish the air base" module, consists of people who will help expand the base's infrastructure. Chaplains, communications, safety, services, weather and others fall into this module.

Exercise planners focused Eagle Flag scenarios on those that will affect only the first three force modules, where the participants get the new air base to the point where it can receive and generate mission-capable forces.

In an actual deployment, the fourth and fifth modules would focus on generating the mission and operating the air base. According to Cunningham, while these modules are not rehearsed during Eagle Flag, it is important to note they are the ones that project the sustainment aspects of the newly established air base.

The Air Force has scheduled eight Eagle Flag exercises for fiscal 2004, with the next one set to begin in January.

Closed for construction

Patrick's Pass and Registration Office, Bldg. 577, at the main gate is closed due to construction. Temporary visitor parking is located in the base theater parking lot.

Reduced entry/exit at Main Gate

The Main Gate at Patrick Air Force Base is under construction. All personnel leaving Patrick should use O'Malley Road to exit the base from the Main Gate.

Construction will last through November. During the remainder of the day the Main Gate will have one in-bound and one out-bound lane. For more information, contact 2nd Lt. Vivian Ryan at 494-9235.

Office closed Friday afternoon

The Education and Human Resource Services office will be closed from noon - 4:30 p.m. Friday for the Community College of the Air Force graduation ceremony. For tuition assistance forms or to pick up orders that day, personnel need to come by the office before noon. For more information call the 45th Mission Support Squadron at 494-2938.

Volunteers needed

A combat dining-in is Nov. 7. Volunteers are needed to act as designated drivers for the event. Anyone interested in volunteering should contact Senior Master Sgt. Mary Hagan at 494-8271.

MLK meeting Tuesday

There is a meeting planning the 45th Space Wing Martin Luther King, Jr. celebration and Black History Month festivities on Tuesday at 9 a.m. in Bldg. 423, room S-204.

Work at the White House

The White House Fellowship Program is accepting applications from all U.S. citizens, except federally employed civilians. The program gives first-hand experience in the process of governing the nation.

Eleven to 19 people are selected for the position annually to work for senior-level executives in Cabinet-level agencies or in the Executive Office of the President. Military personnel are also encouraged to apply. For more information contact the 45th Mission Personnel Flight or visit the WHFP Web site at <http://www.whitehousefellows.com>.

Pharmacy service expanded

Active-duty military and their immediate family members can have prescriptions from civilian providers dispensed at the base pharmacy.

It is recommended that new prescriptions be taken to the Clinic Pharmacy to be filled for faster service. The Clinic Pharmacy is open Monday - Friday, 7:30 a.m. - 4:30 p.m., except for the third Friday each month when it closes for

training.

All refills must be called in ahead of time at 494-8740 and picked up using the drive-thru lanes and the Main Pharmacy, located behind Burger King. The Main Pharmacy is open Monday, Tuesday, Wednesday and Friday from 7:30 a.m. - 5 p.m. On Thursdays it's open from 8:30 a.m. - 5 p.m. The Main Pharmacy is also closed on the third Friday of each month for training.

FSC offers courses, orientation

On Tuesday, an Employment Orientation is at 9:30 a.m. - noon, a Company Grade Officers' Quarterly Meeting from 12:30 a.m. - 4 p.m. and Computers: Introduction to Windows class from 5-7 p.m.

A Tricare: Know it All seminar is Wednesday from noon - 1:30 p.m. On Thursday, a Developing Parent/Child Relationships class is 10-11:30 a.m.

For more information, call Joel La Fuente at 494-5675.

Chapel has festival

The Base Chapel will have a Harvest Festival Oct. 31 from 6-8 p.m. at the old Fire House, now the Community Service Center, in the South Patrick Housing complex.

There will be games and prizes for children. To help volunteer to work for the event, call the Chapel staff at 494-4073.

Thrift Shop closing in December

The Patrick AFB Thrift Shop permanently closes on Dec. 18. It continues normal operating hours until closing: Wednesday 9 a.m. - 2 p.m., Thursday 9 a.m. - 6 p.m. and the first Saturday of every month from 10 a.m. - 2 p.m. For more information, call Lisa Trismen at 494-2457.

BCC basketball has military day

The Brevard Community College basketball team gives all active duty, Guard, Reserve, retired military members and their guests free admittance for their military appreciation day Nov. 1 at the BCC Melbourne campus. The women's game will be at 3 p.m. and the men's game is at 5 p.m. There will be music and door prizes throughout the event.

A military member is also needed to sing the national anthem. For more information, call Tech. Sgt. Jaini King at 494-9383 or Aimee Greenberg at 494-0842.

Base theater under construction

The catwalk in the Base Theater is under construction Nov. 8 - Jan. 5. Though the theater itself will still be available, it will be noisy while the contractors are working. Keep this in mind while scheduling events in the theater.

For more details, call Mr. Mark Screen at 494-6590.

Financing the fight

By Airman 1st Class Shaun Emery
45TH SW PUBLIC AFFAIRS

One of the worst fears of many servicemembers is looking over a leave and earnings statement and realizing something has gone wrong. When faced with issues concerning pay, Air Force members rely on the 45th Comptroller Squadron's financial services office to answer their questions and help solve their problems.

It takes the cooperation of both customer and staff to help solve these problems correctly and in a timely manner.

"The majority of customers contact us with issues concerning military pay and travel vouchers," said Staff Sgt. Matthew Huddle, noncommissioned officer in charge of customer service for the 45th CPTS.

The customer service office not only deals with the financial issues from members of Patrick and Cape Canaveral Air Force Station, they service a number of geographically-separated units that don't have the personnel to provide all the financial services required.

"Customers from Patrick make up only half of our customer base," said Master Sgt. John Cody, chief of customer service.

The customer service office also handles financial queries from members of Southern Command, the Air Force Technical Applications Center, the 920th Rescue Wing, the Defense Equal Opportunity Management Institute and Special Operations Command South.

"We deal with more than 20,000 travel vouchers every year and over 25,000 military pay documents," said Master Sgt. Cody.

Four airmen and two NCOs working the customer service desk, to get things done.

"Teamwork is vital in this



Staff Sgt. Dave Perez, 114th Combat Communications Squadron, assists Col. Sandy Zelnick, Department of Defense, at the customer service desk. Staff Sgt. Perez, a member of the Air National Guard, is serving as a finance augmentee for the 45th Comptroller Squadron. (Photos by Airman 1st Class Shaun Emery)

office," said Master Sgt. Cody. "We work through a system of checks and balances. Two sets of eyes look over everything."

"Our business changes regularly," said Staff Sgt. Huddle. "Regulations are always changing so we help each other stay on top of things."

The customer service office does its part to keep current with new regulations that affect

how military members receive the benefits they're entitled to. By the same token, the customer service office hopes customers know how important it is to provide all the information needed because they depend on receiving accurate information that helps them get their jobs done faster. In turn, this means that customers get assistance quicker.

"Customers are the experts on their own situation," said Staff Sgt. Huddle. "We are the experts on the process. Each situation is unique. We can help within regulations but in order

for the customer to get the support they want, we have to have the right documents."

According to Capt. Carleen Beard, Financial Flight Analysis commander, customers can help things go smoothly by being proactive.

One tool customers can use is the My Pay Web site at <http://www.dfas.mil/mypay/>.

"The My Pay Web site puts customers in direct charge of their accounts at any time of the day. Currently customers can view and print their leave and earnings statements five days prior to funds being posted to their account."

"Those five days can be very important to us," said Staff Sgt. Huddle. "If a customer lets us know about a pay issue in advance, that problem can usually be fixed in time to get them a regular paycheck."

The customer service staff knows that even the most well prepared customer is still going to have questions.

"We are always addressing the issue of customer service," said Staff Sgt. Huddle. "We get our share of customers who are unhappy. In most cases we can fix the discrepancy but in other cases our only option is to explain the regulations and processes that govern what we do."

"If a customer has a questionable situation, it is always better to ask the experts first," he said. "I would much rather spend time answering questions before hand than spend time explaining the regulations to an upset customer afterward."

Said Capt. Beard, "The men and women assigned to finance are our most valuable resource." "They provide the financial services necessary to support the defense of the United States through 'financing the fight.'"



Staff Sgt. Caribe Polk, customer support technician, sits down with Lieutenant Col. Frank Rand, Department of Defense to discuss a financial issue with a customer. Customer satisfaction is a priority in the customer service office.

Base celebrates Native American Month

By Ida Barry
45TH SW PUBLIC AFFAIRS

November is Native American Heritage Month and a time to celebrate the spirit of a people and their many contributions to the military.

This year's theme is "Celebrating Our Journey, Sharing Our Vision." The month-long 45th Space Wing events are for those individuals willing to expose themselves to a culture other than their own," said 2nd Lt. Bernice Zollner, 45th Mission Support Squadron chief of career enhancements, whose family is affiliated with the Little Shell Band of the Chippewa tribe from Great Falls, Mont. "We want people to know about our heritage - who we are."

The majority of the events are geared toward educating children about the Native American culture with a flute-making demonstration, teepee exhibit at the Youth Center and story telling at the Base Library.

"It's really hard for children to understand that we don't live in teepees today," she said. "It goes back to the stereotyping. The exhibits and demonstrations will show the kids about the way we used to live when we didn't have houses like we do today."

Mistakes about American Indians aren't limited to children. Adults 55 years and older have the same fallacy.

"People in that age bracket still have the image of Indian people," she said. "A lot of times they'll say, 'you don't look like an Indian,' or things like that. As long as I see stereotyping of Indian people, then I know that education is the key to dispel these inaccuracies."



World War II Navajo codetalkers serving with the Marine Signal Unit in the South Pacific, 1943, give key information to Allied forces in their native tongue. With 420 men, the Navajo code talkers represented the largest group of Native Americans in the war. (Photo courtesy of the U.S. Marine

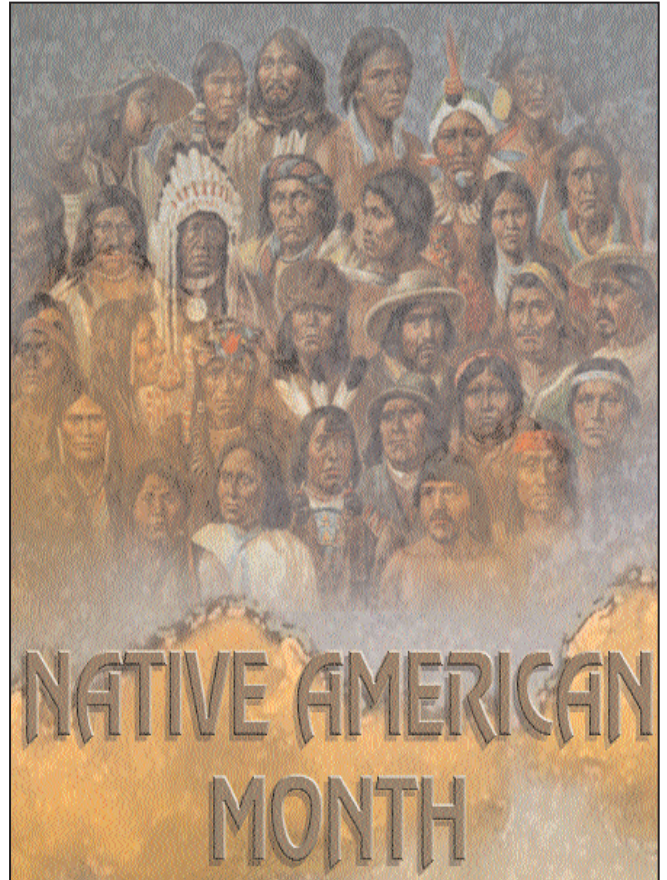
In hopes of dispelling misconceptions, 2nd Lt. Zollner emphasizes that there are at least 550 federally-recognized tribes and a lot of state-recognized tribes throughout the United States and Canada.

"All tribes are different with different languages and ways of living," she said. "I want people to understand that Indian people are still living as well as participating in their heritage. Some people don't realize that there are still Indian tribes in this country." According to 2nd Lt. Zollner, storytelling is big in keeping the history alive because the native cultures didn't write anything down - it was handed down generation to generation in storytelling form.

"We lost a lot of languages and other arts like beading because they didn't hand those things down to the younger generation. We were expected to assimilate into the white culture because it was felt that was the only way to become successful," she said. "People now want to learn about their past - where they come from."

The events will start Thursday with a flute-making and playing demonstration at the Youth Center from 3:30-4:30 p.m. Other events include serving of traditional Native American cuisine at the Dining Facility the week of Nov. 10 to 14, a lodge/teepee display at the Youth Center Nov. 13 and storytelling at the Youth Center on Nov. 20. Native arts and crafts and feature readings about the native culture will be held at the Base Library during November.

A luncheon honoring Navy Commander John Herrington, the first Native American in space and astronaut on STS-113 Endeavour, is Nov. 7 from 11:30 a.m. to 1



p.m. at the NCO club. Tickets are \$11 and can be bought by contacting 2nd Lt. Zollner, 494-2894, Wesley Westphal 494-9386, Staff Sgt. Janet Stevens 494-2181, Staff Sgt. Victoria Candelora, 494-5435 or Master Sgt. Harry Ford at 494-6837.



Charles Chibitty is the last surviving WWII Comanche codetalker. The Army used the Comanche language for secret code during the war. (Courtesy photo)

Statistics show that the 45 SW currently has 15 military members and 16 civilians identified as Native American.

"The military does a great job of not segregating. It's all about diversity and learning about each other's cultures," 2nd Lt. Zollner said. "I am proud to serve in the military."

Leaders release new fitness-scoring charts

WASHINGTON - Air Force leaders released the fitness-scoring charts that will be used beginning Jan. 1.

"The amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It's time to change that," said Air Force Chief of Staff Gen. John P. Jumper in a Sight Picture released in July, explaining the rationale behind the change.

Officials said the fitness score will include four components: crunches, push-ups, an abdominal circumference measurement and the 1.5-mile timed run. People who are not medically cleared to

run will continue to take the bike test. The component scores are then added to get a composite fitness score and determine if the person falls into the excellent, good, marginal or poor category. The charts are available online at www.af.mil/news/USAF_Fitness_Charts.pdf.

Fitness categories will determine how often a person must retest. For instance, a composite score of 70 to 74.9 places the person in the marginally fit category. This designation requires retesting at six-month intervals.

A score of less than 70 places a person in the poorly fit category. That score

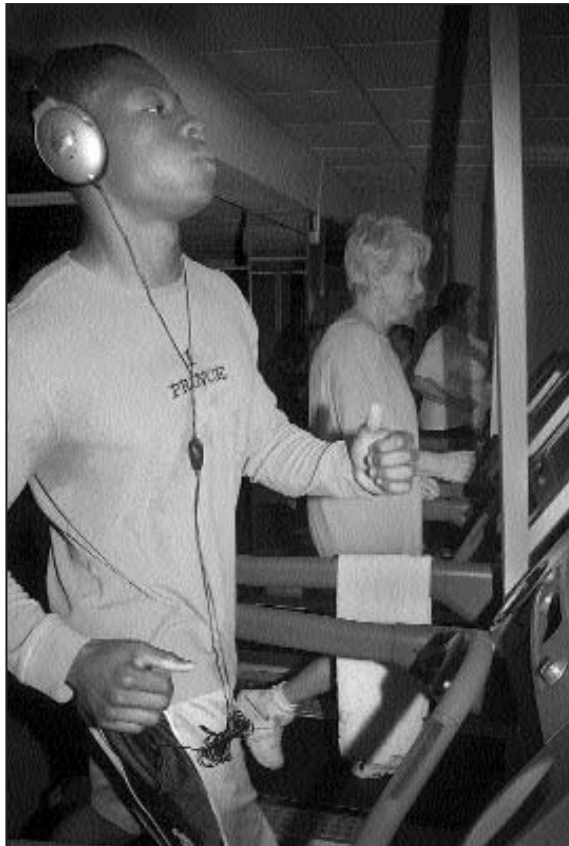
requires a retest every three months. People at the marginal and poor levels also will participate in educational programs.

Air Force leaders encourage commanders to recognize people who attain an excellent fitness level or make substantial improvement.

"The focus of the new fitness program is not the assessment. The program is about integrating fitness into our culture, and our members adopting fitness as a way of life," said Maj. Lisa Schmidt, the Air Force Surgeon General chief of health promotion operations.

Officials are finalizing the instruction related to the program and plan to publish it by January. It will address unit physical training, testing procedures and programs to facilitate improvement, they said.

The Air Force has established an e-mail account for comments at fitness.program@pentagon.af.mil. Officials emphasized that the Air Force fitness program will be reviewed annually for continuous improvement. (Courtesy of Air Force Print News)



R. J. Anderson, 45th Aero-medical Dental Squadron, works out on a new treadmill at the Patrick Fitness Center. Personnel should start preparing for the new Air Force fitness standards now. (Photo by Jim Laviska)

Sports Briefs

Cape running clinic

The Health and Wellness Center and Physical Therapy Clinic offers a running clinic class at Cape Canaveral Air Force Station Oct. 29, from 9-11 a.m., in Bldg. 1704, room 1525. This class is designed to provide education on starting a running program, proper shoe selection, injury prevention and preparing for the 1.5 mile run for the Air Force fitness standards. To register, call the HAWC at 494-2660.

Put up some weight

Patrick AFB sponsors its annual Bench Press Competition Nov. 1 at 10 a.m. Weigh-in is at 9:30 a.m. in the Patrick AFB basketball gym. T-shirts will be given to all participants and trophies to overall best male and female lifter. This event is open to all 45th Space Wing personnel. For more information or to sign up, call the Fitness Center at 494-4947.

Another season of softball

The Patrick varsity softball team is holding tryouts for the upcoming season. Try-outs are Nov. 3-14 at the South Housing softball complex, Field 1 at 5:30 p.m. All players interested need to e-mail Tech. Sgt. John Howorth or Staff Sgt. Scott Harris. For more information, contact the Patrick Fitness Center at 494-4947.

Turkey Trot is Nov. 20

The Annual Turkey Trot at the Patrick and Cape Canaveral Fitness Centers is Nov. 20 at 11:00 a.m. This is a 5-K prediction run. First-place male and female finishers will win a frozen turkey. Patrick Fitness Center will hold this event in conjunction with the Health and Wellness Center's Great American Smoke Out 2-mile walk. Participants in both events can enjoy cold turkey sandwiches upstairs in the HAWC after the event. Sign up or call at 494-4947 or 853-3966.

Take a Taek Won Do class

Find inner strength with Taek Won Do classes at the Patrick Fitness Center. Taek Won Do is action and philosophy, emphasizing respect for others, humility, gentleness, peace and self-control. Classes are Tuesdays from 6-7 p.m., Wednesdays from 7-8 p.m. and Saturdays from 3-4 p.m. Monthly fees are \$45 for the first family member and \$22 for each additional family.

Winter Golf League forming

The Manatee Cove Golf Course is organizing the 2003-2004 Winter Golf League to commence on or around Dec. 10. Entries must be submitted to the Manatee Cove Golf Course no later than Nov. 12. Negative replies are also requested.

There will be an organizational meeting Nov. 12 at 3 p.m. in the Manatee Cove lounge. Coaches or representatives should be prepared to offer input as to what format they wish to use for this league. For more information contact Fred Mills at 494-7856 or 494-6510.

Warfit in the water

The Patrick Fitness Center offers Waterfit classes every Tuesday and Thursday from 9-10 a.m. at the Fitness Center Lap Pool. The classes are designed for all fitness levels. Aqua-joggers and waterbells are supplied.



End zone bound

Nathan Beard, 45th Civil Engineer Squadron, runs past defenders during an intramural flag football game in South Housing Oct. 15. (Photo by Airman 1st Class Shaun Emery)

Register for tournament

The Second Annual Kamalu Veteran's Day Tournament is Nov. 11 at 8 a.m. at the Manatee Cove Golf Course. Format consists of a two-by-two team player scramble. Each player must use three drives and have a United States Golf Association certified handicap.

Cost to enter the competition is \$22 for annual pass or annual fee holders, \$32 for punch card holders (optional punch) and \$34 for all others. Sign up in the Manatee Cove Golf Course Pro Shop by Nov. 7.

Youth celebrates fall with festival

The Youth Center's Annual Fall Festival from 4-8 p.m. on Nov. 1 is serving as the official kick-off collaboration between Family Member Programs and 4-H Clubs. A Skill-a-Thon allows festival participants to sample 4-H Club activities. A variety of games and great food is also available.

License needed for child care

Individuals providing regular unlicensed childcare in base quarters more than 10 hours per week must be licensed childcare providers.

Unlicensed care does not include individuals who occasionally provide care for a friend or neighbor or babysitting.

For more clarification on childcare regulations, call the Family Child Care office at 494-8381 or e-mail Tina Washington at odett.washington@patrick.af.mil.

Youth sports require physical

In accordance with Youth Programs AFI 34-249, all children participating in Air Force youth sports are required to have a

physical on file before permitted to participate. All physicals are kept on file for one year from the date of the exam. Call 494-3770 for information.

Coaches needed

Volunteer adult coaches are needed for youth basketball. Call 494-3770 for more information.

Become a YABA member

The Bowling Center is looking for youths to join the Young American Bowling Alliance League. Registration is Nov. 1 from 11 a.m. - 1 p.m. in Bldg. 732, the Bowling Center.

Call 494-4748 for more information.

4-H Clubs come to Youth Center

The Air Force Family Member Programs and 4-H Clubs are combining their efforts to provide the best programs for military youths.

Photography, theater arts, arts and crafts and computer mysteries are some choices youth have when selecting the 4-H Club.

Enroll in a 4-H Club soon to enter a project in the November Brevard County Fair. Patrick Youth Center 4-H Club needs adult leaders and assistants. Call Lynne Phillips at 494-4748 for additional club choices or to volunteer.

Computer Workshop Series

The Patrick Library holds a computer workshop on Tuesday at 5:30 p.m.

The workshop covers the basics of the Windows operating system. Coffee and refreshments will be available.

**New boats**

Matt Rollins opens the chest on one of the four new boats at Outdoor Recreation. The 16-foot, 25-horsepower boats can be rented after attending the boating safety course given Tuesday and Saturday at 9:30 a.m. at Outdoor Recreation. Call 494-2042 for more information. (Photo by Mary Bell)



Events

Sat., 8 a.m. - noon, Halloween Monster's Breakfast and Haunted House for ages 2-11 at the Palm Bay Community Center. The affair features a pancake breakfast for \$2 per child/\$3.50 per adult, pictures with the Wicked Witch (\$2 per picture), costume contest, Mini haunted house and Pumpkin Patch. Purchase tickets in advance at the Palm Bay Community Center. Call 952-3441.

Sat., 2-5 p.m., Melbourne Association's 11th Annual Children's free Trick or Treat at 625 E. New Haven Ave., in downtown Melbourne. Children and adults are invited to dress in costume. Children will receive a bag, pre-filled with some goodies from participating businesses. Call 723-8698.

Sat. - Sun., Pumpkins In The Park at Riverfront Park in Cocoa Village. Family event, multicultural entertainment, arts and crafts, international food and amusement rides. Event is free. Call 453-5719.

Oct. 31, 6-9 p.m., "Trail of Terror" at the Turkey Creek Sanctuary, 1502 Port Malabar Blvd., NE in Palm Bay. Admission is \$3 per child (12 and under) and \$5 per adult. *Caution: Some skits

may not be suitable for young children. Call 952-3441.

Nov. 1, 7-10 p.m., Adult Halloween Costume Ball at the Palm Bay Community Center. Event is for ages 18 and up and features music, costume contest and door prizes. Admission is \$6. Call 952-3441.

Nov. 6-16, Space Coast State Fair at the Cocoa Expo Sports Center. Eleven-day fair with exhibits, crafts, rides, shows and concerts. Call 639-1204.

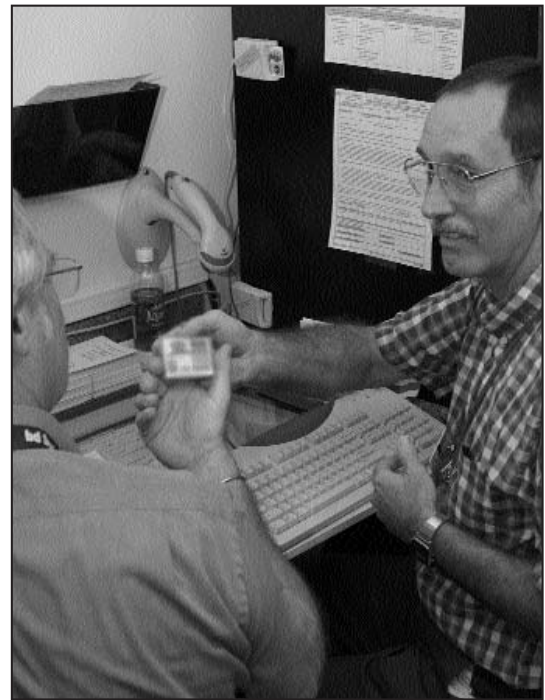
Nov. 18, 7 p.m., "Decorating Your Holiday Table" at the Mims/Scottsmoor Library in Titusville. A class on decorating your table for holiday entertaining. Class is free. Call 264-5080.

Nov. 22-23, Artworks of Eau Gallie Fine Arts Festival at Highland Ave. in the Olde Eau Gallie Riverfront Business District. Sidewalk art show featuring 90 artists demonstrating their skills, student high school and community college art show, porcelain show, live entertainment and food court. Event is free.

Nov. 29-30, Space Coast Art Festival in downtown Cocoa Beach. More than 250 juried artists, live entertainment, covered food court, Student Art Show, Young-At-Art (hands on art activities), police and fire department demonstrations, Brevard Zoo exhibit. Event is free. Call 784-3322.

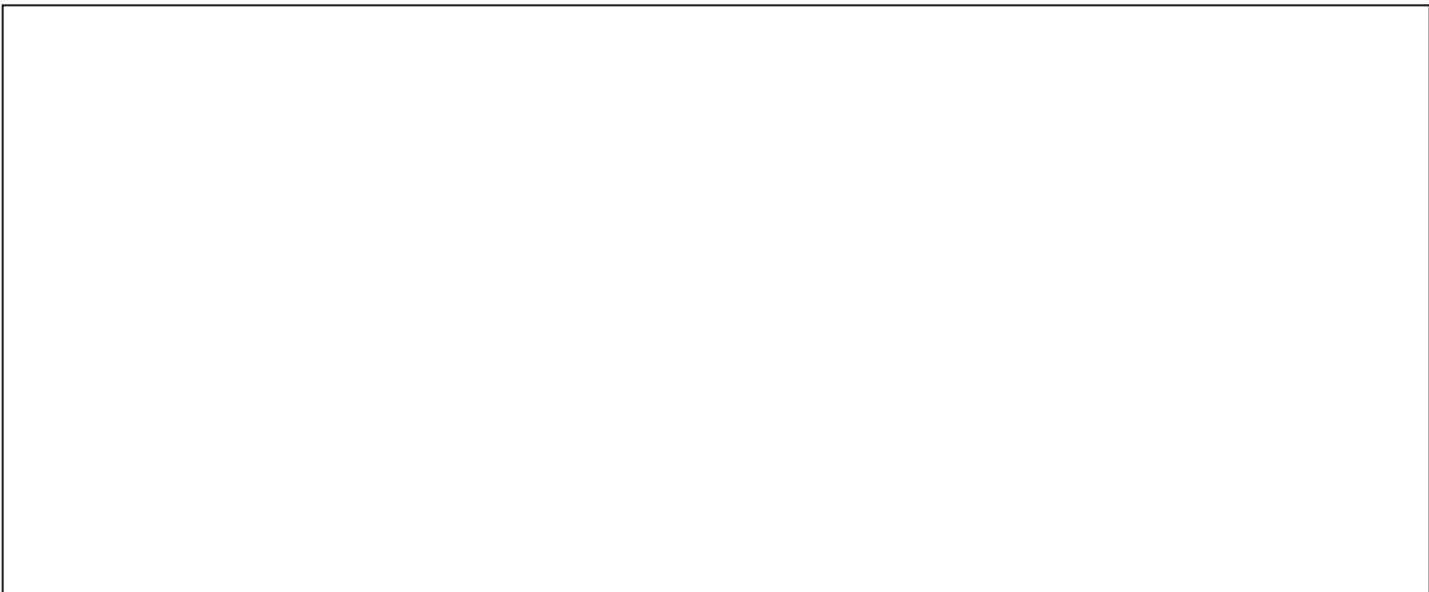
Festivals

Nov. 15, 9 a.m. - 4 p.m. 10th Annual Fox Lake Christmas Festival of Crafts at 4440 Fox Lake Road in Titusville. More than 200 crafters will have their hand-made items for sale. Admission is free.



Not your normal card

Jack Hobbs, a Common Access Card issuing official, presents a newly-issued CAC to Bob Bash, Detachment 8 programs office support member, at Cape Canaveral Air Force Station in the Mobile Registration Unit at Hangar F. People requiring a CAC may make an appointment on the MRU Web site at <https://afpki.lackland.af.mil/scheduler.htm>. (Photo by Airman 1st Class Shaun Emery)





At the movies

Friday *Matchstick Men* - Phobia-addled con artist Roy and his protege Frank are on the verge of pulling off a lucrative swindle when the unexpected arrival of Roy's teenage daughter Angela disrupts his carefully ordered life and jeopardizes his high-risk scam. Stars Nicolas Cage and Sam Rockwell. Rated PG-13 (thematic elements, violence, sexual content, language) 112 min

Saturday *Matchstick Men* - See Friday's synopsis

Sunday *Cold Creek Manor* - The Tilsons and their kids move to a house in the country, but their idyllic family life is threatened when Dale reveals that there's more to the house than meets the eye. It seems that the original owners were brutally murdered. Stars Dennis Quaid and Sharon Stone. Rated R (violence, language, sexuality) 110 min

Thursday *Cold Creek Manor* - See Sunday's synopsis

Movie times are 7:30 p.m. unless otherwise noted. Tickets for adults are \$2.50, children 11 and younger pay \$1.50.



Catholic

Daily Mass
11:30 a.m. in the Seaside Chapel.

Saturday: 4 p.m. confession and 5 p.m. Mass in the South Patrick Chapel

Sunday: 8:45 a.m. Mass in the South Patrick Chapel and 11:30 a.m. Mass in the Seaside Chapel.

Religious Education: 10:15 a.m. at the Education Center for pre-K - 6th grade, grades 7-12 Youth Ministry at 6 p.m. at South Patrick Chapel.

Protestant

Sunday: 8:30 a.m. Traditional Worship in the Seaside Chapel.

9:50 a.m. Adult Sunday School in Seaside Chapel

10 a.m. Grades K-12 at South Patrick Chapel. Van transportation provided for base children.

11 a.m. Contemporary Service in the South Patrick Chapel

Wednesday: 5:30 p.m. Fellowship dinner in the South Patrick Chapel.

Action Line: 494-6550



Brig. Gen. Greg Pavlovich
45th SW commander

The Action Line is your direct link to me and provides a valuable source of information on ways we can work together to make Patrick Air Force Base and Cape Canaveral Air Force Station better places to work and live.

The best way to get something fixed is to identify the problem to supervisors and first sergeants.

If you can't get your problem resolved through the agencies, contact the Action Line: e-mail,

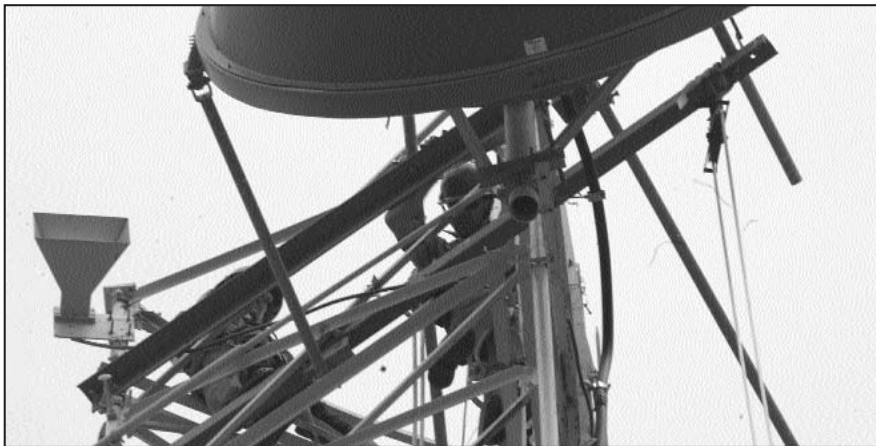
Commander'sline@patrick.af.mil or click global at Commander's Line - Patrick AFB; recorded message, 494-6550; mail, 45SW/PA 1201 Edward H. White II St, Ste C-130, Patrick AFB FL 32925-3237; fax, 494-7302.

Address all correspondence "Attn: Action Line."

When directing an issue to the Action Line, callers must indicate to whom they've previously addressed the issue.

45th Mission Support Group
Col. Steve Werner
494-6607
45th Civil Engineer Squadron
Jack Gibson
494-4041
North and Central Housing
Caroline Jamba
494-2593
South Housing
Pam Brown
777-8282
45th Services Squadron
Lt. Col. John Sproul
494-8081
Military Personnel
Maj. Dianne Dzialo
494-2035
Commissary officer
Ronald Rogers
494-4060
AAFES
Mike Lovejoy
494-6455

Civilian Personnel
Robert Daniel
494-5238
Military Equal Opportunity
Capt. Marlon Johnson
494-6334
45th Security Forces Squadron
Maj. Lynden Skinner
494-6202
Financial Services
John Brett
494-7171
45th Medical Group
Col. Gilbert Hansen
494-8100
Ground Safety
Paul Compton
494-4023
Inspector General
Lt. Col. Frank Miles
494-4373



Tower workers

Andy Parenti, left, and Jim Mankowski, from Space Gateway Support, climb high to the top of a cellular phone tower at Patrick AFB. Workers are replacing old pieces of steel and applying a new coat of paint to the tower. (Photo by Airman 1st Class Shaun Emery)

Riverside Dining Facility Menu

Saturday Brunch - Creole shrimp, doubly-good chicken, *savory-baked chicken, Swedish meatballs

Saturday Supper - *Baked fish, barbecue chicken, doubly-good chicken, Hungarian goulash

Sunday Brunch - Cantonese spareribs, grill mustard chicken, oven-fried fish

Sunday Supper - Steak loin strip, stir-fry beef with broccoli, turkey nuggets

Monday Lunch - *Baked stuffed fish, pot roast, *roast loin of pork

Monday Dinner - Cannelloni beef, *chili mac, Southern-fried chicken

Tuesday Lunch - Salmon cakes, *teriyaki chicken, veal Parmesan

Tuesday Dinner - *Country captain chicken, meat loaf, turkey a la king

Wednesday Lunch - Southern-style catfish, barbecue ribs, southern-fried chicken, pork chops

Wednesday Dinner - Barbecue spareribs, *lemon-herb chicken, stuffed pork chops

Thursday Lunch - Herbed-baked chicken, Southern-fried catfish, stuffed cabbage rolls

Thursday Dinner - Glazed Cornish hen, Jaegerschnitzel with mushroom sauce, *roast loin of pork

Oct. 24 Lunch - Mexican-baked chicken, stuffed green peppers, Swiss steak with tomato sauce

Oct. 24 Dinner - *Lasagna, spaghetti with meat sauce, Italian sausage

Menu's are subject to change. For more information, call dial-a-menu 494-2845. (*healthy choice)

