#### EMTALA Update

#### Thomas R. Barker, Esq. Centers for Medicare and Medicaid Services



- Setting the stage
- What we heard
- What we proposed
- Next steps

Setting the stage

- EMTALA reform a high priority
- We can't change the law, but we can change the regulations and the interpretive guidance
- EMTALA is the closest thing we have to universal health coverage, and we aren't going to weaken existing patient protections

Setting the Stage

 EMTALA needs to be looked at from a "real-world" perspective and our regulations have to be guided by common sense.

#### What we Heard

- Clarify where EMTALA applies
- Clarify when EMTALA applies
- Clarify "on-call" requirements
- EMTALA and hospital-owned ambulances
- Clarify prior guidance
- Bioterrorism
- EMTALA and psychiatric patients

- Where EMTALA applies
  - Patients who "come to the emergency department"
  - Patients who "come to the hospital" but not through the emergency department
  - Patients who come to an off-campus entity on the hospital's license

- Where EMTALA applies (cont'd.)
  - Patients who come through the ED
    - Existing EMTALA applies: screening, stabilization
    - Clarification on minor visits (e.g., suture removal)

- Where EMTALA applies (cont'd.)
  - Patients who come elsewhere in the hospital
    - Most patients protected by existing CoPs
    - EMTALA applies to the extent a "prudent layperson" would believe patient was suffering a medical emergency
    - No EMTALA obligation in non-hospital-owned property

- Where EMTALA applies (cont'd.)
  - Patients who come to off-campus entities
    - EMTALA only applies if entity holds itself out as offering emergency services
    - Use of local EMS protocols to transport patient to nearest hospital is appropriate

How we Responded

- Scope of EMTALA: does it apply to inpatients?
  - Patient admitted through emergency department
  - Patient admitted through normal admissions process

- Scope of EMTALA (cont'd.)
  - Admissions through ED
    - If patient is stable, EMTALA obligations end
    - If patient is unstable, EMTALA still applies
  - Admissions through normal process
    - Existing CoPs protect patients

- Clarification of on-call
  - Re-iteration of requirements of § 1866(a)(1)(I)(iii)
  - Clarification that there is no "Rule of 3"
  - Basic, common-sense rule: a hospital does not have "capability" to treat a medical emergency if there is no specialist available to see a patient

- EMTALA and hospital-owned ambulances
  - Hospitals can comply with local EMS protocols to more efficiently manage patient load
  - At this time, no comment on Arrington v. Wong

 Re-iteration of prior guidance

 HCFA/OIG Advisory Bulletin on EMTALA and managed care codified

- Bioterrorism
  - November guidance
  - Nothing further in regulations
- Psychiatric patients
  - Nothing specific in regulations
  - Outstanding issues

#### Next Steps

- APA comment period expires July 8, 2002
- Regulation to be finalized August 1, 2002
- Effective October 1, 2002
- Re-training of state surveyors and regional offices
- Ongoing process