

Welcome to our online information center. The purpose of this web site is to give you the opportunity to learn about the arthritis treatment breakthrough called CMOTM. It is being hailed by doctors, the media and its users as the cure for arthritis. It has taken 26 years to develope CMOTM and make it available to the public. We urge you to explore this site and learn about this revolutionary new substance.

- CMO... THE DISCOVERY
- **HOW IT WORKS**
- WHY IT'S DIFFERENT
- WHAT'S BEING SAID
- ABOUT CMO
- FREQUENTLY ASKED OUESTIONS
- ORDERING



Last Update: 01/31/98 Copyright ©1998 by CMO Distribution Centers of America Inc. - ALL RIGHTS RESERVED

Exhibit A
CMO Distribution Center

CMO... THE DISCOVERY

In 1971, the predecessor of CMOTM capsules, was first discovered by a researcher at the National Institutes of Health. That predecessor was cetyl myristoleate. The researcher was unable to get his project funded and slowly carried on at his own expense. Eventually he discovered that when this substance was injected near the joints of lab animals it protected them from arthritis. Many years later he contracted arthritis himself. After his doctor could provide no further relief through conventional medicine, he successfully injected himself to permanently reverse his arthritic condition. His doctor was so amazed at the beneficial results, he urged him to publish a report.



In March of 1994, that report about injectable cetyl myristoleate was published in The Journal of Pharmaceutical Sciences. In that report, the researcher expressed his hope that other studies would be conducted, "particularly, more extensive tests of cetyl myristoleate analogues."

In late 1994, the San Diego Clinic's research staff did exactly what that researcher had hoped for in his report. They developed an orally administered nutritional supplement. This natural dietary supplement is

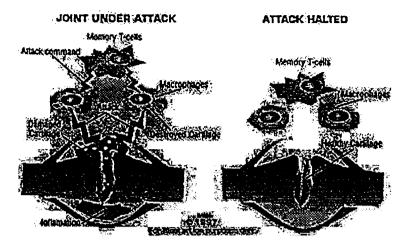
an analogue called CMO™, which is the trade name for cerasomal-cis-9-cetylmyristoleate. The San Diego Clinic did the first clinical study on CMO™. That study proved CMO™ to be of great benefit to osteo, rheumatoid and reactive arthritis. Subsequent data proves its value for nearly all other forms of arthritis except gouty arthritis.

In December 1995, CMOTM was introduced to the medical community at the National Medical Conference on Aging in Nevada. Five doctors afflicted with a variety of arthritis conditions tried CMOTM at the conference. All five doctors responded successfully within three days and CMOTM became the "star" of the conference resulting in hundreds of doctors using CMOTM on their patients.

In February 1996, after successful reports from the medical community, CMOTM became available to the public. The beneficial effects of CMOTM have been so dramatic, it has inspired two books about the subject. Finally CMOTM has finished its 26 year long journey from the point of discovery to benefit the general public.



Last Update: 01/31/98



HOW IT WORKS

In their October 28, 1996 issue, Time magazine reported on the three most promising developments in arthritis research. The scientists participating in all three projects are intensely focused on intervening in the immune system's involvement in the arthritic process. According to doctors, that is exactly what CMOTM does. It corrects the disease at the source in the immune system. Dr. Len Sands the director of the San Diego Clinic says: "Unlike everything else made for arthritis, you don't have to take it over and over again. CMOTM is not a pain reliever, anti-inflammatory, cortisone or other steroid. CMOTM is an immunomodulator, it regulates your immune system. There's never been anything like it before for arthritis. Instead of treating the symptoms of pain and inflammation, CMOTM capsules act directly against the cause of arthritis, the memory T-cells in your immune system that create the attacks against your joints. Once the error in your immune system is corrected by CMOTM, the attacks on your joints stop and the pain and inflammation should be relieved forever. Once the problems are corrected, they stay corrected and you no longer need CMOTM or other arthritis remedies.



Last Update: 01/31/98

WHY IT'S DIFFERENT

CMOTM is not a conventional product. There's never been anything like it before. It's not a pain reliever, herb or anti-inflammatory. CMOTM is a natural immunomodulator. It has the unique ability to normalize the immune system. CMOTM acts directly to regulate and normalize the malfunctioning immune system and stop the arthritic process itself. Once that occurs, the destruction stops, and the pain and inflammation are automatically relieved. Your body then has a chance to heal itself and return to normal.

We must emphasize that cetylmyristoleate is not CMOTM, nor is CMOTM any sort of generic chemical designation. The trademarked designation "CMOTM" applies exclusively to cerasomal-cis-9-cetylmyristoleate and to no other product.

Cetylmyristoleate oil is the injectable precursor of CMOTM. Cetylmyristoleate was not developed for oral administration. Therefore, its effectiveness as an injectable does not apply to oral applications.

CMO™ powder was developed for oral administration. As a result, it is 40 - 200 times more easily absorbed. This makes it very effective. CMO is:

FAST

LASTING RELIEF IS JUST A FEW DAYS AWAY

Most users report significant relief in two weeks or less. Even in severe cases it rarely takes longer than 21 days.

EASY

ONLY ONE SET OF ORAL CAPSULES

Take three capsules in the morning and then again at night for 16 days, then say goodbye to the problems of arthritis. Only one bottle is all that is needed in most cases.

SAFE

NO SIDE EFFECTS

CMOTM is not like the many medicines for arthritis that are toxic. CMOTM is not even like the several types of vitamins that are toxic at high levels. CMOTM has been tested and shown to have no ill effects whatsoever. To date thousands upon thousands of people have used CMOTM to relieve the symptoms of arthritis and there are no reported ill effects from anyone.

EFFECTIVE

IT WORKS FOR ALMOST EVERYONE

It works for both osteoarthritis and rheumatoid arthritis. It works for all other types of arthritis except gouty arthritis. CMOTM has been effective on nearly everyone that does not have severe liver damage. CMOTM almost always provides relief of pain, swelling and return of mobility. In the clinical studies they found a few cases that only received 70% to 100% relief. Relief provided by CMOTM was invaluable and the subjects were able to return to a normal life.

NATURAL

DRUG FREE PAIN RELIEF

CMO™ is the commercial name for cerasomal-cis-9-cetylmyristoleate. It is naturally derived from beef. Similar substances have long been used in common foods including

cheese and chocolate. This treatment is accepted by the modern medical community. It is natural, drug free and non-toxic.

PERMANENT

TAKE CMOTM ONLY ONCE

One bottle of capsules is all you should ever need for relief from the symptoms of arthritis for the rest of your life. Most affected persons need to take CMOTM for only a couple of weeks. No further treatment or medicines are needed, not even CMOTM. Once CMOTM has done it's work stopping arthritis the benefits continue for long periods of time as your body repairs and reverses the damage done by arthritis.



Last Update: 01/31/98

WHAT'S BEING SAID ABOUT CMO

The medical community, users, books, television news, radio health talk shows, medical newsletters and scientific journals all report CMOTM to be a revolutionary breakthrough!

What do doctors say about CMO?

What is the media saying about CMO?
What are people saying about CMO?



Last Update: 01/31/98

What do doctors say about CMO?

Dr. Douglass wrote in his newsletter: "A New Miracle Cure for Arthritis ...now we have a new star on the horizon that promises as much (or more) than the old sure-cures."



Dr. Muller of Ferndale, Mich. says there's a cure. He knows, he's taken it. Dr. Muller had osteoarthritis for 30 years. Bravely he forged ahead into the naturopathic remedy and tried CMO™. Dr. Muller is no longer troubled by arthritis.

Dr. Hunt was so impressed by CMOTM he wrote a book called "Boom, You're Well". In that book he says: "...rheumatoid arthritis damages tissues, causes extreme suffering, and premature death. ...If you have rheumatoid arthritis, or you know someone who has it, then you know I am reporting a miracle ... A MIRACLE."





Dr. Sands the director of the San Diego Clinic knows there's a cure. He's taken it and now he says, "I was rescued from arthritis". In fact that is the name of his forthcoming book about CMOTM. In that book he says, "The arthritic process can be halted. Arthritis can be reversed. The pain and inflammation can be relieved. And it's all been done without any harmful side effects."



Last Update: 01/31/98

What is the media saying about CMO?



Books, Television News, Radio Health Talk Shows, Medical Newsletters and Scientific Journals all report CMOTM to be a revolutionary breakthrough!

Quotes extracted from: The Mark Scot Show, WXYT Radio Detroit, December 1996: "Hang on folks because if you haven't heard this before, it certainly is going to be an eye opener for you. ...Amazing is not the word for it. ...CMOTM gets to the source of the problem, it actually stops the arthritic process."

Quotes extracted from: The Don Bodenbach Show, KCEO Radio San Diego, August 1996 "...It may be what we consider almost a miracle cure for arthritis, and the form of arthritis doesn't matter. ...What is more impressive is once you undergo the appropriate treatment ...you are in most cases free from arthritis symptoms forever."

Quotes extracted from: The Nature of Health Magazine, Stop Arthritis Now! The Amazing Story of CMOTM, September 1996 "CMOTM is a natural substance and is considered an immunomodolator. The reason for the enormous interest is the effect of CMOTM on both rheumatoid and osteoarthritis... The results of CMOTM are so impressive that nothing that mainstream or natural medicine has to offer can come close to the dramatic reversals in arthritis that have been observed. The link between CMOTM and arthritis was discovered at the National Institutes of Health... Standard medical treatment is aimed at symptomatic relief of pain and inflammation and has shown to actually accelerate the disease process... In contrast, the CMOTM protocol works rapidly and does not need to be continued in the vast majority of cases."



Last Update: 01/31/98

What are people saying about CMO?

"It's a miracle! Ten years with arthritis ... three in a wheelchair ... and now I've got a completely normal life again. Just watch me make up for lost time."

"As crippled as I was, I hadn't worn out a pair of shoes in seven years. Now I'm out shopping for them again all by myself. My whole life has made a complete about face."

"Even as a doctor, I find CMOTM miraculous. It cured my knee problems, and it's performing every bit as well for my patients, too. I've seen several 'miracle cures' already."

"After nine years of crippling pain, I can't believe I'm actually skiing again. CMO™ is truly incredible."



"After two years in a wheelchair, I just can't believe that I'm taking care of myself and my family again."

"I am a trophy winning martial arts competitor and I had to quit three years ago because of my arthritis. I'm 100% now that I tried CMOTM. I look forward to going to Australia next year to compete again."

"I couldn't even put on my own socks. My wife had to do it. Now after seven years of excruciating pain, I'm out golfing again."

"Before, I needed two hands just to lift a cup of coffee. Now I find myself rearranging

furniture all by myself. Last week I even changed a flat tire on the car."

"I didn't even realize CMO $^{\text{TM}}$ had worked for me till I found myself moving a bunch of heavy junk out of the garage. The change was so smooth and natural I just took it for granted."



"Imagine my agony. I was a professional athlete all my life. CMOTM gave me back my life. Even knee surgery didn't do that for me. It's amazing how CMOTM ended up fixing all my joints."



Last Update: 01/31/98
Copyright ©1998 by CMO Distribution Centers of America Inc. - ALL RIGHTS RESERVED

FREQUENTLY ASKED QUESTIONS

The following questions were answered by the doctors, staff and research associates of the San Diego Clinic. You can scroll down the page to view them all, or click on specific question to view the answer. Use "back to top" button to return to questions after viewing an answer.

- What makes CMO different from all the other remedies?
- O Does that mean a person takes CMO only once and that's it?
- O Does it work for both rheumatoid and osteoarthritis?
- Does CMO improve joint mobility?
- O Does it stop arthritis pain?
- Does CMO reduce inflammation?
- How long before it takes effect?
- Will it correct deformities?
- What about really severe cases?
- What about joints where the cartilage is completely worn away?
- Does it work for everyone?
- Can I continue with my usual medications while taking CMO?
- Do I have to go on a special diet?
- What about exercise?
- Is it okay to exercise?
- Is it expensive?
- Is age a factor?
- What causes arthritis?
- How does CMO work?
- o Is it harmful in any way?
- What is CMO? Where does it come from?
- Is CMO used for any other ailments?

What makes CMO different to other remedies?

CMO is not a pain reliever, nor is it a steroid or anti-inflammatory. It is and immunomodulator. There's never been anything like it before for arthritis. Instead of treating the symptoms of pain and inflammation, CMO act against the cause of arthritis — the erroneously programmed Memory T Cells of your own immune system that cause the attacks against your joints. Once the attacks on your joints are halted the symptom of pain and inflammation is promptly remedied.

Back to Top

Does that mean a person takes CMO only once and that's it?

Yes. Most afflicted persons need to take the capsules for only a couple of weeks to be free of arthritis symptoms forever. No further medication is ever necessary, not even CMO.

Back to Top

Does it work for both rheumatoid and osteoarthritis?

Both types respond equally well. It also works for most other types of arthritis such as those associated with Ankylosing Spondylitis. Reiter's syndrome. Beheet's syndrome, Sjogren's syndrome and Psoriasis.

It has also been found to relieve various types of back pain of undetermined origin (probably arthritis related)

Back to Top

Does CMO improve joint mobility?

Yes, it can! If the joint can be moved, joint mobility may be improved. But if the bones have fused and grown together, only surgery can help those particular joints.

Back to Top

Does it stop arthritis pain?

Arthritis pain will disappear completely in almost every instance. In a few extreme cases pain was reduced by only 70% to 90%, which was still of such major benefit that it allowed the persons to function normally again.

Back to Top

Does CMO reduce inflammation?

Yes, and it does so very effectively. The pressure in the joints caused by the inflammation is the major cause of stiffness and pain.

Back to Top

How long before it takes effect?

Most people can begin to feel relief within a couple of weeks. Others may need several months.

Back to Top

Will it correct deformities?

Yes. Deformed fingers and toes are often caused by inflammation which swells joints and pushes the bones out of place. Reduction of the swelling alone improves appearance dramatically and often allows the dislocated bones to return to their normal positions. Extreme cases may require some physical therapy.

Back to Top

What about really severe cases?

Even most persons previously confined to bed or to wheelchairs have responded dramatically and are

now no longer dependent on others for care. A number of these cases received additional benefit from repeating the treatment one more time. A few others found that physical therapy or exercise programs also helped.

Back to Top

What about joints where the cartilage is completely worn away?

Unless the bones have fused together, the usual problem is not lack of mobility, but pain. The majority of such drastic cases have responded favorably resulting in painless movement, even in the knees.

Back to Top

Does it work for every one?

No. CMO has been able to help many individuals, but not everyone will see an improvement in their arthritic symptoms. We all have different bodies, lifestyles, eating habits, etc., therefore the results will vary. Digestive problems or liver function impairment, can sometimes interfere with success.

Back to Top

Can I continue with my usual medications while taking CMO?

Yes, but after a few days you probably won't need them. However, it's best to avoid steroids if possible.

Back to Top

Do I have to go on a special diet?

Alcohol, chocolate, and tea should be avoided. Some users find that avoiding or limiting other foods helps improve effectiveness. A recommended diet accompanies this product, but it only need be followed for a few weeks. Many people take digestive enzymes with CMO to help them absorb it. Afterwards, there are no restrictions.

Back to Top

Will I have to exercise?

The absence of pain and return of joint mobility is so profound that normal activities will follow quite naturally. No special exercises are necessary. Actually, the usual tendency is to overindulge in the new found freedom, sometimes temporarily resulting in soreness of muscles previously unused.

Back to Top

Is it okay to exercise?

Yes. Many people want to lose weight and or rebuild strength once they are free to do so again painlessly. But, as with all sound fitness programs, it's best to do so gradually. Your body will need time to adjust.

Back to Top

Is it expensive?

The cost of treatment is very modest. Most arthritis victims are already spending more on pain and anti-inflammation medications in just a few months. Since you usually need to take only one set of CMO capsules, it actually saves thousands of dollars in the long run.

Back to Top

Is age a factor?

Not really. All ages respond well. Although arthritis becomes far more common with advancing age, even very young children are sometimes afflicted.

Back to Top

What causes arthritis?

The numerous theories about what causes arthritis have filled hundreds of volumes. But one thing we do know is that the arthritic process is regulated by Memory T Cells which have been erroneously programmed, causing attacks on your own joints and cartilage.

In osteoarthritis, this faulty programming usually results from physical damage (like a fall, sports injury, vehicle accident, repeated operation of vibrating machinery, long-term strenuous physical work or sports activities, and continuous repetitive motions of certain joints) etc. The damage results in an immune response involving the memory T cells producing attacks against the affected joints. Unfortunately, there's no stop or end command given and the attack continues against healthy cartilage and joints as well. That's why arthritis is called an autoimmune disease, our own body is attacked by our own immune cells.

Although the various forms of rheumatoid arthritis are usually caused by some ineffective microorganism. Memory T cells is again involved in the same arthritic process. Without CMO it continues to worsen.

Back to Top

How does CMO work?

CMO corrects the root cause of arthritis by erasing the memory of the badly programmed memory T cells. Once the destruction of your joints is halted, your body can begin its repair process without interference, and joints begin to normalize. Although the major benefits come promptly, minor improvements continue even for several months after finishing CMO. With the pain and inflammation relieved, the joints can function again quite normally. Despite minor physical damage to bones as a

result of long affliction, perfectly normal joint function usually returns regardless.

Back to Top

Is it harmful in any way?

CMO studies began at the US National Institutes of Health more than 20 years ago. Recently, clinical applications studies were conducted in San Diego. No harmful short or long-term effects were ever observed in humans, or in laboratory animals even at extremely high doses. Similar substances have long been used in common foods including cheese and chocolate, and even in medicines and cosmetics. It is a perfectly safe and naturally derived substance.

Back to Top

What is CMO? Where does it come from?

Cerasomal-cis-9-cetylmyristoleate is the biomedical name. CMO is the trade name. It is a completely natural substance found in certain animals such as cows, beavers, mice, and whales. As supplied in capsules, it is a naturally derived, highly purified and refined waxy ester prepared for oral administration.

Back to Top

Is CMO used for any other ailments?

Current studies include CMO as a part of therapeutic protocol for other disorders with autoimmune components including multiple sclerosis, leukemia, lupus, emphysema, certain cancers, begin prostrate hyperplasia, silicon breast disease, and especially asthma. It also works for dogs, cats, horses and other animals.

Back to Top



Last Update: 01/31/98

ORDERING

CMO[™] now comes in 60 capsule bottles: Starting January 10th, we will offer the 60 capsule bottles of CMO[™] for the introductory price of \$95.00 plus shipping and handling. This price is for a limited time only. Regular suggested retail is \$119.00.

100 capsule bottles: The new prices for 100 capsule bottles will be \$195.00 plus shipping and handling.



CMOTM: Beware of imitations! Look for the accompanying trademark and graphic logo to be sure you are ordering from an authorized distributor. The testimonials and clinical studies quoted in this web site only apply to the real CMOTM. A recommended diet accompanies this product to improve it's effectiveness, consult your physician before making any dietary changes. CMOTM is inexpensive compared to the thousands of dollars it costs for any ongoing arthritis treatment.



Book, *Boom You're Well*: By Dr. Douglas Hunt \$ 19.95. Book, *Rescued From Arthritis*: By Dr. Len Sands, call for availability.

Feel free to call us if you have any questions about CMO™ or would like to place an order.

Toll free in the US: 1-800-909-CURE Dial direct from overseas: 941-954-2100

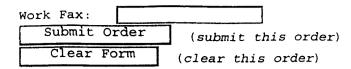


Email Ordering

Free Pamphlets: We invite you to order any of our free pamphlets for you or your friends. There are email versions of the Clinical Studies, Case Histories and Questions & Answers. This web site is an electronic version of the "Arthritis Treatment Breakthrough" pamphlet which is only available through standard mail.

Free Tape: We invite you to order our free CMOTM Information Tape for you or your friends. This tape features interviews with Dr. Sands.

| To: | cmocenter@aol.com | |
|--------------|---|--|
| Subject: | Pamphlet | |
| Name: | , | |
| E-mail Addr: | | |
| Company: | | |
| Address: | | |
| Address: | | |
| Address: | | |
| City: | State: Postal: | |
| Country: | | |
| Home Phone: | | |
| Home Fax: | | |
| Work Phone: | | |



Our Mailing Address

CMO Distribution Centers of America 5726 Cortez Road West Suite # 202 Bradenton, FL 34210 USA

Manufacturers Statement



Modestly speaking, CMOTM is a revolutionary new product. CMOTM is naturally derived, it is sold only as a dietary supplement not intended to treat, cure, or diagnose any disease. Therefore it is available without prescription. CMOTM is produced and bottled in the USA. The production facilities are state of the art and inspected by the California State Food and Drug Branch of Health Services.



Last Update: 01/31/98