To FTC.GOV,

I do now want ANY form of advertising that I do not request. This includes adult material, so attaching an adult label does not help prevent me getting mail I have not requested.

I still have to delete it, it still uses my and my ISP's resources, and most important, I must spend my time removing it. If I did not ask for it, I don't want it.

Please go to an 'Opt-In' solution for e-mail advertising.

Regards,

William Martin MD