Hospital Ownership Conversions

Presentation at Federal Trade Commission, April 10, 2003 Frank A. Sloan, Duke University Study Done at Duke Univ. and U. Penn. with Support of the Robert Wood Johnson Foundation, Dec. 1, 1998-Nov. 30, 2001

Study Questions

- Why do some hospitals choose to convert, and why do they select a particular kind of change in ownership form?
- In which percentage of ownership conversions was a "fair" price paid for the hospital by the acquiring organization?
- How does conversion affect hospitals' internal decision making processes?

Study Questions, cont.

■ How do health and financial outcomes compare among hospitals before versus after conversion?

Antecedents of Hospital Conversions

Methods

- Only studied changes in ownership form versus closing versus merger
- Using data from AHA supplemented by about 300 calls
- Studied period 1986-96 with year as the observational unit
- Used discrete time hazard model

Key Findings

- Compared to hospitals that did not convert, merge or close, hospitals changing ownership status in 1985 had: much lower operating margins, lower occupancy rates; higher debt-assets suggesting financial push to convert
- Financial status in 1985 of hospitals that later closed even worse

Key Findings, cont.

 Mergers often occurred in markets in which hospital sector less highly concentrated before the merger suggesting market power motive for merger

Hospital Ownership Conversions

What effects on cost and quality?

3 Studies

- "Are For-Profit Hospital Conversions Harmful to Patients and to Medicare?" Rand Journal of Economics
- "Hospital Ownership Conversions: Defining the Appropriate Public Oversight Role," in Garber, A.,ed. Frontiers in Health Policy Research, MIT Press, 2002.

3 Studies, cont.

■ "Does the Ownership of the Admitting Hospital Make a Difference? Comparing Outcomes and Process of Care of Medicare Beneficiaries Admitted with Myocardial Infarction," submitted

Are For-Profit Hospital Conversions Harmful

To Patients and to Medicare?

Methods

- Data: Medicare claims data merged with survey data on same beneficiaries and hospital characteristics file including hospital ownership conversions and hospital financial characteristics
- Health outcomes measured: survival at 30 days, 6 months, and 1 year after hospital admission and Medicare payments for hospital stay

Methods, cont.

- Also measured financial outcomes: margins, employment, wage-salaries
- Key explanatory variables: hospital ownership conversion from public or NFP to FP status and conversion from FP to public or NFP status

Findings: Survival

- In hospitals that converted from public or NFP to FP status, there was a statistically significant increase in mortality rate at 1 year following conversion
- Effect persisted for first 2 years following conversion. Disappeared at 3+ years
- Similar pattern for mortality at 30 days and at 6 months post admission but effects not statistically significant at conventional levels

Findings: Survival, cont.

- No effect on survival for hospitals converting from public or NFP to FP status
- Differing results on survival for the 2 directions of conversions imply that results reflect direction of ownership change rather than effect of ownership per se

Findings: Financial Results

- Conversions from public or NFP to FP led to improved hospital operating margins
- For such hospitals, employment declined from 5+ years pre conversion with lowest level at 1-2 years post conversion, same period for which mortality increase observed
- Pattern even more obvious for real wagessalaries, implying reduction in skill mix

Limitations

- Results could reflect period in which study conducted
- Only examined 1 dimension of outcomes of care, but did account for many other potential determinants of outcomes

Hospital Ownership Conversions

Defining the Appropriate Public Oversight Role

Methods

- Used hospital discharge abstract data from the Healthcare Cost and Utilization Project (HCUP)
- Included hospitalizations of persons of all ages
- Could only observe status at discharge
- Studied survival, pneumonia complications, length of stay, discharges to other hospitals, up-coding of diagnoses, expected source of payment

Findings Showing No Difference

- Ownership conversion had no effect on inpatient mortality
- No evidence of up-coding of diagnoses for stroke, hip fracture, coronary heart disease, congestive heart failure, pneumonia

Findings Favorable to Conversions to FP

- For patients aged 1-64 at admission, fraction of self-pay and public patients increased following conversion to FP
- Similar finding for sample of births
- Proportion of patients with very long stays declined among hospitals converting to FP
- On the whole, hospitals' missions seem to have been preserved post conversion

One Negative Finding for Conversions to FP

■ Pneumonia rates up post conversion

Does the Ownership of the Admitting Hospital Make a Difference?

Comparing Outcomes and Process of Care of Medicare Beneficiaries Admitted with Myocardial Infarction

Methods

- Patients admitted for a myocardial infarction
- Cooperative Cardiovascular Project (CCP)—years 1994-95, combining administrative data with data from charts, 250,000 records
- Studied effects of ownership rather than ownership conversion on survival at 30 days and at 1 year following admission and use of particular procedures

Methods, cont.

 Controlled for many other factors: sociodemographic characteristics, clinical factors, etc.

Findings

- No statistically significant differences in survival rates by hospital ownership
- Statistically significant differences in treatment patterns—patients at NFP hospitals more likely to aspirin and beta blockers; patients at FP hospitals more likely to get cardiac catherization and bypass surgery

Implications

- With FP get the same outcome but at a higher cost
- But we only measured 1 outcome survival; possible that outcomes on other measures would have differed

Summary of Findings

- In general, hospitals and communities pushed by financial pressures to convert: status quo would lead to unfavorable outcomes including hospital closure
- No evidence that conversions have negative effect of patient access to care—hospital missions not changed post conversion (both interviews and statistical analysis)
- Evidence on effect of conversions on cost is mixed

Summary of Findings, cont.

■ Evidence on effect of conversions on quality also mixed but there are "red flags"

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