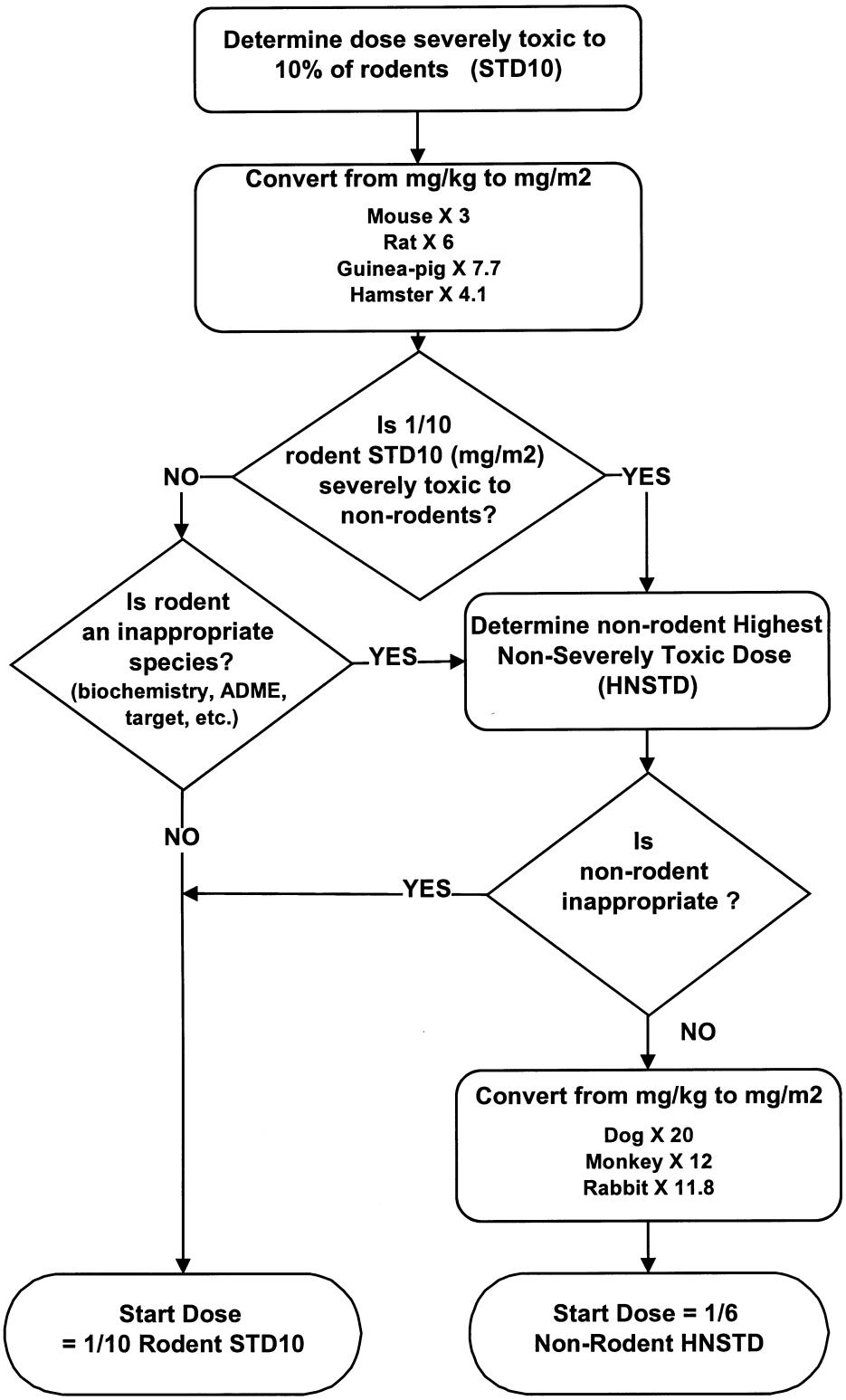General Guide for Starting Dose Selection for a Cytotoxic Agent in Cancer Patients