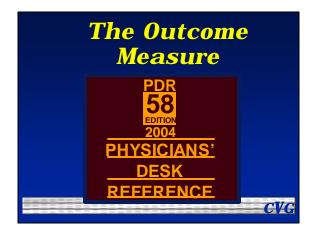
cgrudzinskas@compuserve.com

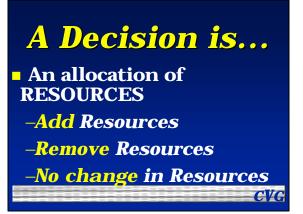
Overview of the Clinical Development Decision-Making Process Charles Grudzinskas, Ph.D.

Center for Drug Development Science (CDDS) Georgetown University Medical Center Drug Development Consultant Annapolis

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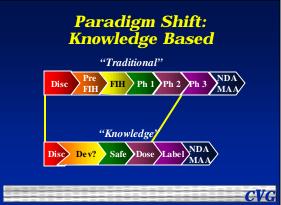




Clinical Projects WILL Fail, so...
Fail early BEFORE going into the clinic
Fail EARLY in the development cycle







Where Can We Learn Drug Development?

Courses-PERI, CDDS, FDLI, NIHFDA Advisory Committee Mtgs.

- FDC "The Pink Sheets"
- **FDC "Drug Approval Monthly"**
- Analyze Package Inserts

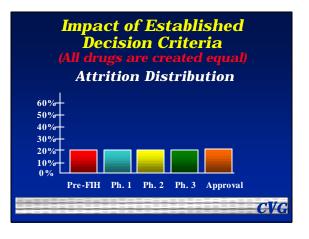
Clinical Development Rules

- 1. Manage the failures.
- 2. Time is the enemy.
- 3. Keep your eye on where the puck is going to be.
- 4. Differentiate.
- 5. It takes a village to develop a drug.

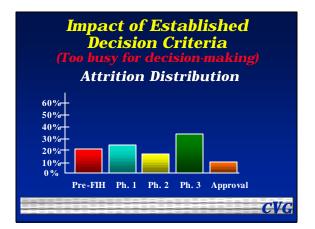
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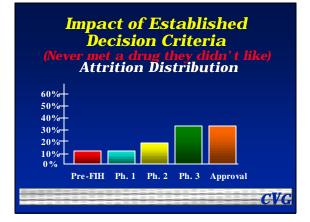
Rule # 1

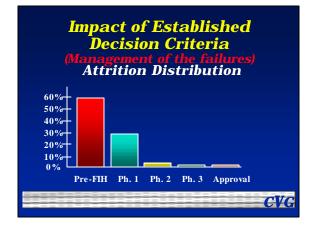
Manage the failures.
 The successes will take care of themselves--but not all of the time

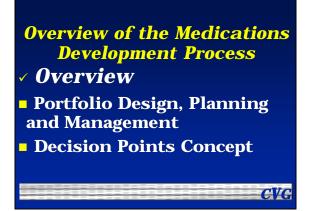


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Rule # 3

Keep your eye on where the puck is going to be.
Drug development is a highly regulated process.

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Definition of: "A New Drug"

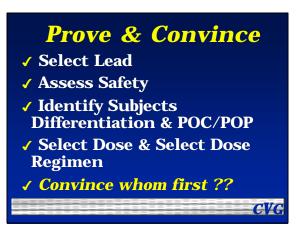
"...any drug that is not generally recognized as safe and effective under the conditions prescribed, recommended, or suggested in the labeling..." (marketed after 1939) Section 201 (p)-Federal Food, Drug and Cosmetic Act of 1938, As Amended

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Definition of: "A New Drug"

- ✓ NME (NCE) / NBE ?
- ✓ New Combination ?
- ✓ New Formulation ?
- ✓ New Indication ?
- ✓ Rx to OTC Switch ?







Medications Development

The process of generating the scientific and technical data to...

Development Data For NDA / PLA / MAA Review

- Preclinical Data
- Chemistry Manufacturing Controls (CMC) Data
- Clinical Data
- ✓ Biopharmaceutical Data

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<u>/ ???</u>

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The <u>Platinum</u> Standard The Clinical Data to Support Reimbursement -> Outcomes

- Differentiation
- Sost of New Medication Vs.

Overview of the Medications Development Process ■ Overview ✓ Portfolio Design, Planning and

Management

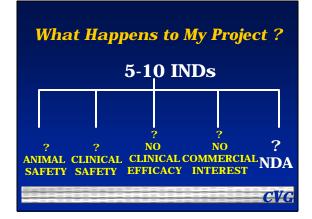
Decision Points Concept CKG

A Portfolio is...

The combination of <u>all</u> R&D projects, that based on past company, industry and regulatory performance, <u>will</u> predictably yield valuable new products at the rate needed to support the planned growth of the organization.

Why?





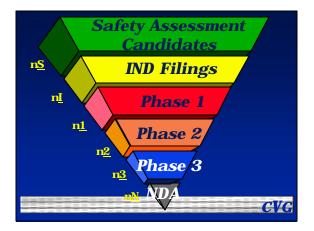
Th	e Ou	tcoi	ne of	F R &	z D
5	4.5-5	3.5	1.6	1.3	1
INDs FILED	I	Π	III		NDA APP' L
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Drug Development Process: Probability of Success

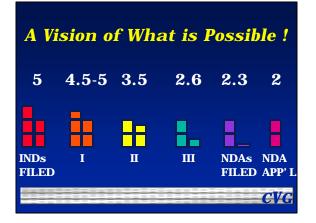
<u>Milestone</u> P	robability of Approval
Lead ID	<u><</u> 5%
Enter Development	10%
First in Man	15%
Proof of Concept	40%
Phase 2/3 Transition	a 80 %
Regulatory Submissi	on 90%
Pharmaceutical Project	Management, <u>cvic</u>
Tony Kennedy, Drug & I	Pharm, Science, Vol. 86

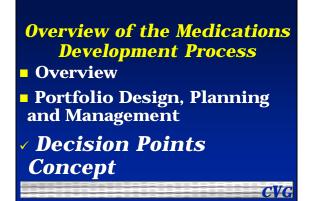
Efficacy	41%
Safety (Human & Animal)	26%
Economics	29%
Other	4%

Drug Development Success Rate Self-Originated INDs file	S
Antineoplastic	44%
GI	33%
Respiratory	30%
Analgesic/anesthetic	24%
Antiinfective	22 %
Endocrine	16 %
CNS	13%
Cardiovascular J. DiMasi, Clinical Pharmacology and Therapy	12% <i>eutics</i> , July 1995, pages 1-14
	<i>c</i> V <i>c</i>



Th	e Ou	tcor	ne of	f R 8	z D
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Key Decisions in Clinical Development



Drug Development: Activity-Based Process

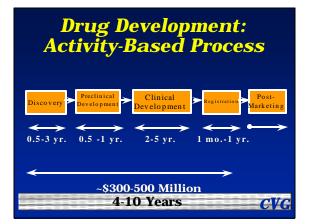
- ✓ Discovery
- Preclinical Development

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- ✓ Clinical Development
- ✓ Registration
- ✓ Post-Marketing



Drug Development: Knowledge-Based Process

- ✓ Lead Identification
- Enter Development
- ✓ First in Humans (FIH)
- Proof of Concept (Principle) (POC)
- Phase 2/3 Transition
- Submission
- ✓ Approval and Launch



Drug Development: Knowledge-Based Process

- Biomarker
- Lead identification
- Surrogate marker
- Proof of principle
- Clinical benefit
 - Phase 2/3 transition
- Clinical outcome
- Market success



Go Criteria at Major Milestones Lead Identification

- Pharmacological Activity
- In vitro and in vivo potency & selectivity
- Viable synthesis or production possible
- Patentable
- Metabolic resistance

Go Criteria at Major Milestones

Milestones Enter Development (Safety Assessment Candidate):

- In vivo activity in disease model
- Estimate of cost of goods
- Pilot toxicity results
- Preliminary metabolism data
- ???

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Go Criteria at Major <u>Milestones</u> <u>First in Human (FIH)</u>:

- Adequate rationale and data from animal models to expect beneficial result in therapeutic target
- Adequate safety margin in animals to proceed into initial clinical study

Go Criteria at Major Milestones

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Proof of Concept/Principle:

- Evidence of expected pharmacologic activity in humans
- Acceptable therapeutic index (benefit/risk)

→ Desired differentiation

Go Criteria at Major Milestones

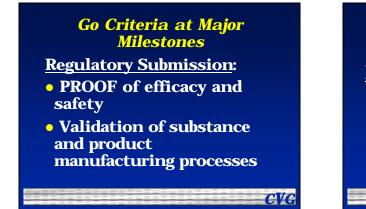
Phase 2/3 Transition:

- Pharmacological effect (not efficacy) proven
- Dose response characterized
- → Desired differentiation
- Acceptable benefit risk profile

Go Criteria at Major Milestones <u>Phase 2/3 Transition</u>:

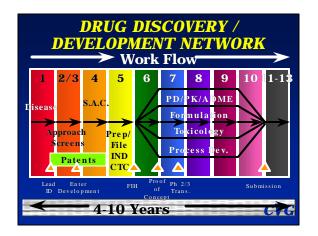
- Acceptable competitive situation (emerging profile similar to target profile, no surprises from competitors)
- Acceptable cost of goods
- No major manufacturing issues

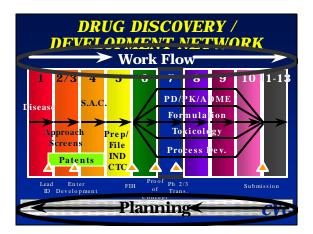
• ???

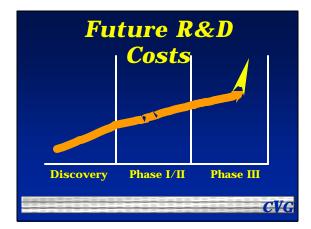


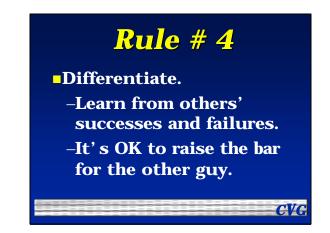
Go Criteria at Major Milestones

 <u>Regulatory Approval</u>:
 CONVINCING PROOF of safety and efficacy









Label Driven Development Plans (As <u>The</u> Planning Tool)

- Indications and Usage
- Clinical Pharmacology
- **Dosage and Administration**

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- Adverse Effects
- Precautions

Label Driven Development Plans (As <u>The</u> Planning Tool) Label Indications & differentiation

- •Patient populations
 - •Dose & dose regimen determination

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- •PK/PD profile
- •Safety profile





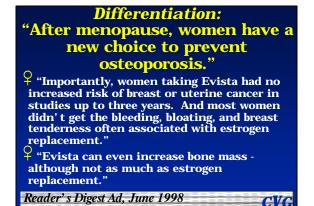




Differentiation:

"After menopause, women have a new choice to prevent osteoporosis."

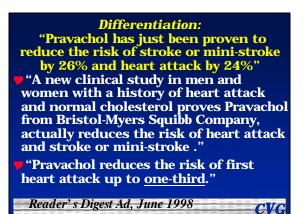
 "Evista is for the prevention of osteoporosis in postmenopausal women."
 "Evista is not a traditional hormone. It is a SERM: Selective Receptor Modulator... ' Reader's Digest Ad, June 1998



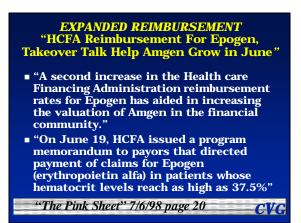
Differentiation: "Pravachol has just been proven to reduce the risk of stroke or mini-stroke by 26% and heart attack by 24%" "Importantly, 84% of the patients in the study were already taking aspirin, a

common medicine for reducing the risk of

recurrent heart attacks." Reader's Digest Ad, June 1998







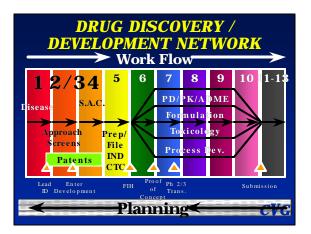


Competitive Advantage

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"Anti-impotence drug maker Vivus Inc. said Tuesday it was considering strategic alternatives including selling the company after harsh competition from Pfizer's Viagra."

Reuters, August 24, 1998



Lead Identification 1. WHAT DISEASE ?

- Technology Driven ?
- Medical Need Driven ?
- Types of Patients / Subjects ?
- **Differentiation** !



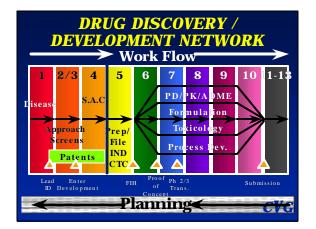
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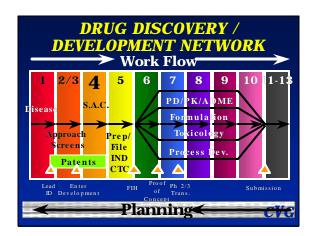


TheragenicsIn a related development for Herceptin,
it may soon be easier to target patients
who will benefit most from the drug.Danish firm DAKO A/S, which licensed
Genentech's HER2 technology, has filed
for FDA approval of a test for the gene
that causes overexpression of the HER2
receptors. Another FDA advisory panel
will meet Sept. 4 on that test.Reuters, August 27, 1998

Lead Identification 2. WHAT APPROACHES ? • Enzyme ? • Replacement / Agonist ? • Antagonist ? • Modulation ?



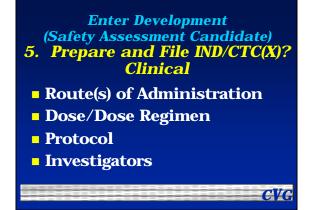


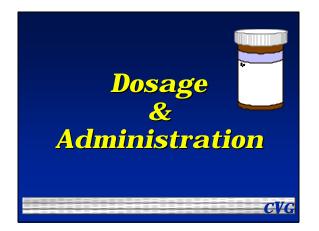


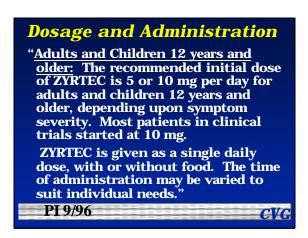


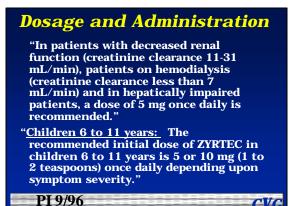


Enter Development (Safety Assessment Candidate) 5. Prepare and File IND/CTC(X)? Clinical • Outcome Measures/Surrogates • Subject Populations • Duration of Treatment • Number of Subjects (Why ?) • Method of Analysis



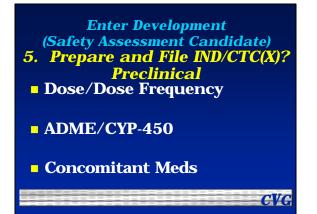






CVC







Forest Celexa Metabolism May provide Marketing Distinction for Fifth SSRI

•Forest/W-L's SSRI Celexa metabolism minimally involves the liver CYP-450 isoenzyme 2D6, which may result in fewer drug-drug interactions than other SSRIS. "The Pink Sheet," 7/27/98 CVG

Forest Celexa Metabolism May provide Marketing Distinction for Fifth SSRI

• "Citalopram steady state levels were not significantly different in poor metabolizers and extensive 2D6 metabolizers...suggesting that coadministration of Celexa with a drug that inhibits 2D6 is unlikely to have significant effects on citalopram metabolism," labeling reads.

"The Pink Sheet," 7/27/98

Forest Celexa Metabolism May provide Marketing Distinction for Fifth SSRI

• Drugs that pass through the 2D6 pathway include tricyclic antidepressants, phenothiazine tranquilizers, beta blockers and type 1C antiarrhythmics such as propafenone, encainide and flecainide.

"The Pink Sheet," 7/27/98 CVG

No Drug Interactions

"In two separate studies fexofenadine hydrochloride 120 mg twice daily (twice the recommended dose) was co-administered with erythromycin 500 mg every 6 hours or ketoconazole 400 mg once daily under steady-state conditions to normal healthy volunteers (n=24, each study).

CVC

CV

PI 10/96

No Drug Interactions Enter Development (Safety Assessment Candidate) No difference in adverse events or 5. Prepare and File IND/CTC(X)? or QTc interval were observed when Formulation subjects were administered Routes of Administration fexofenadine hydrochloride alone or Doses in combination with erythromycin or ketoconazole. The findings of Manufacturing Sites these studies are summarized in Stability Needed the following table: ..." Packaging PI 10/96 CVG

Inhale Announces Preliminary Phase IIb Results of Trial Combining Inhaled Insulin with Oral Agents

• Inhale Therapeutic Systems, Inc. today announced preliminary results from a Phase IIb trial showing that individuals with type 2 diabetes can markedly improve their glycemic control without insulin injections by combining Inhale's pulmonary insulin with oral diabetes agents.

BW Health Wire 9/8/98 CVG

Inhale Announces Preliminary Phase IIb Results of Trial Combining Inhaled Insulin with Oral Agents The complete results from the 56

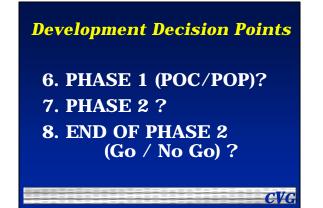
patients showed that Hemoglobin A1c levels -- used to measure levels of glycemic control -- were lowered by an average of 2.3% percentage points from 9.8% to 7.5% in the group using pulmonary delivery, while patients using oral agents alone showed little change (9.9% to 9.8%). BW HealthWire 9/8/98 CVG

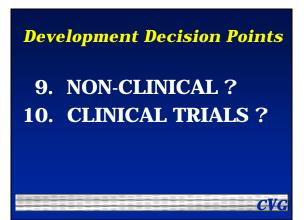
Inhale Announces Preliminary Phase Ilb Results of Trial Combining Inhaled Insulin with Oral Agents

 Of the patients using pulmonary delivery in combination with oral agents, 97% opted to continue on pulmonary insulin following the completion of the trials.

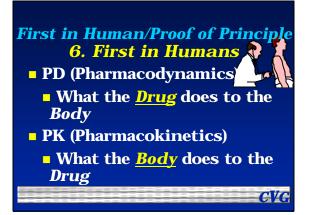
BW HealthWire 9/8/98

Enter Development (Safety Assessment Candidate) 5. Prepare and File IND/CTC(X)? Bulk Substance Quantity Needed Synthesis Sources of Ingredients Manufacturing Sites Cost of Goods (COGs)



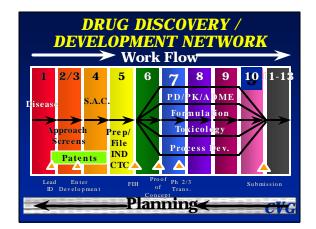




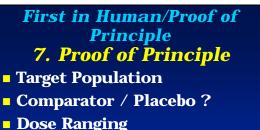


First in Human/Proof of Principle 6. First in Humans

- What is the t 1/2?
 -Physical & pharmacological
- Food effect?
- Absorption profile?
- First pass metabolism?
- Where is the drug absorbed?





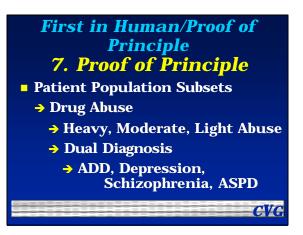


✓ Optimal Therapeutic Effect

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✓ Side Effects

First in Human/Proof of Principle 7. Proof of Principle • Dose Frequency • Optimal Therapeutic Effect • Side Effects • Dose / Dose Regimen • Benefit / Risk Ratio



PATIENT POPULATION Broad range of Subpopulations

- "Pfizer's Viagra Efficacy Shown in Broad Range of Subpopulations Labeling"
- "A review of population subgroups demonstrated efficacy regardless of baseline severity, etiology, race and age." Viagra labeling states.
- "In a study of 268 diabetes patients 57% of Viagra patients reported improved erections compared to 10% on placebo."
- "Pfizer conducted two studies involving 179
 patients with psychogenic etiology of dysfunction
 and found that "84% of Viagra patients reported
 improvement in erections compared with 26% of
 placebo..."
 "The Pink Sheet" 3/30/98

PATIENT POPULATION Broad range of Subpopulations "In a study involving 178 spinal cord patients, 83% reported improved erections on Viagra vs. 12% on placebo..." "The broad market segmentation included in labeling will help Pfizer preempt claims from other potential competitors in the erectile dysfunction market."

"Sildenafil is contraindicated in patients who are taking nitrates. "Viagra was shown to potentiate the hypotensive effect of nitrates and its administration to patients who are currently using organic nitrates in any form is therefore contraindicated."
 "The Pink Sheet" 3/30/98



Rule # 5

- It takes a village to develop a drug.
 - -Heavy-weight teams are a must.

-There is no "I" in "team."

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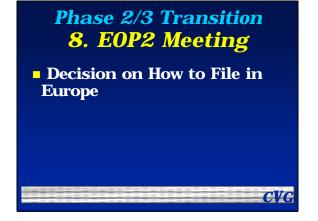
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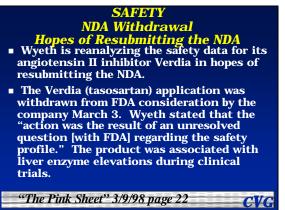
Phase 2/3 Transition 8. EOP2 Meeting

- **FDA / Company Conference**
 - ? Acute / Chronic Safety
 - **? Dosage Form**
 - **? PD / PK / ADME / CYP-450**
 - ? Dose / Dose Regimen / Subjects

Phase 2/3 Transition 8. EOP2 Meeting

- FDA / Company Conference? Phase 1 Safety
 - ? Phase 2 Safety / Activity
 - ? Phase 3 Development Plan
 - **?** Contract with FDA & BoHs





SAFETY NDA Withdrawal Hopes of Resubmitting the NDA With the cost of product launches soaring, companies are less willing to go to market without the

acceptable promotional

"The Pink Sheet" 3/9/98 page 22



Phase 2/3 Transition 10. Clinical Development

Patient Populations ?

package.

- Primary Outcome Measures of Efficacy ?
- Surrogate Markers ?



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REVISED LABELING Drug-Drug Interactions "Propulsid Revised Labeling Reserves drug For Second-Line Use in GERD"

- "Janssen's Propulsid (cisapride) should be reserved for second-line use, revised labeling recommends following additional reports of cardiac events and deaths associated with the drug for nocturnal heartburn caused by gastroesophageal reflux disease."
- "Revised labeling carries a boxed warning cautioning that "serious cardiac arrhythmias including ventricular tachycardia, ventricular fibrillation, torsades de pointes, and QT prolongation have been reported in patients taking Propulsid" with other drugs that inhibit cytochrome P450 3A4."

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REVISED LABELING Drug-Drug Interactions "Propulsid Revised Labeling Reserves drug For Second-Line Use in GERD"

- "The new labeling contraindicates the use of Propulsid with at least 20 different drugs. ..antibiotics erythromycin, clarithromycin, and troleandomyacin; the antidepressant nefazodone; antifungals fluconazole, itraconazole, ketoconazole and the protease inhibitors indinavir and ritonavir."
- "Propulsid is additionally contraindicated for use with certain medications known to prolong QT interval: anti-arrhythmics Class IA (such as quinidine and procainamide...sotalol...amitryptiline...maprotiline..."

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CVA

"The Pink Sheet" 7/6/98 page 5

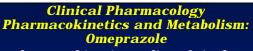
PI 2/97

Phase 2/3 Transition 10. Clinical Development

Special Populations ?

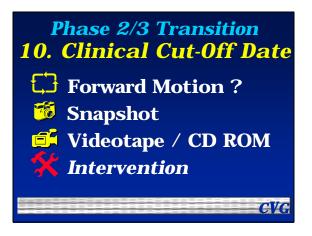
"The Pink Sheet" 7/6/98 page 5

- Gender ?
- Age (Elderly / Neonates) ?
- Ethnicity ?
- Impairments ?

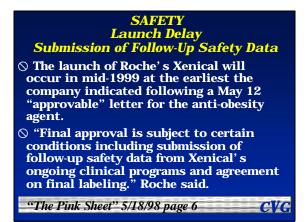


⁶In pharmacokinetic studies of single 20 mg omeprazole doses, an increase in AUC of approximately *four-fold* was noted in Asian subjects compared to Caucasians. Dose adjustment, particularly where maintenance of healing of erosive esophagitis is indicated, for the hepatically impaired and Asian subjects should be considered.

Phase 2/3 Transition 10. Clinical Cut-Off Date • Evaluated ? • Data Resolution ? • Treated ? • Data Tables ? • Data Collected ? • Stat Tables ? • Data In House ? • Final Report ?

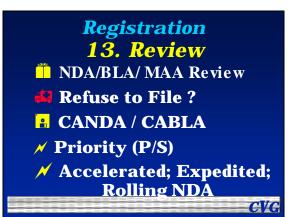


Registration
12. Decision to File Do we really have a drug??
? Efficacy in target population
? Adequate safety profile
? Acceptable dose regimen
?Competitive advantage (differentiation)
? Restrictions/warnings
? Concomitant medications
? Human PK
? Animal safety data
? Controlled manufacturing (GMP)



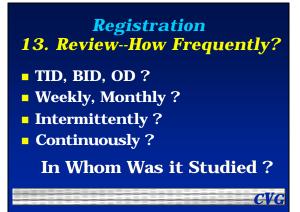
SAFETY Launch Delay Submission of Follow-Up Safety Data O However, the launch of Xenical (orlistat) will now come at least two years later than Roche had hoped when it made the antiobesity agent its top research priority.

"The Pink Sheet" 5/18/98 page 6 CVG



Priority Review

Monsanto shares jumped 5 percent Monday after the U.S. Food and Drug Administration granted "priority review" to its G.D. Searle unit for the arthritis drug Celebra. CBS Market Watch, August 24, 1998;174



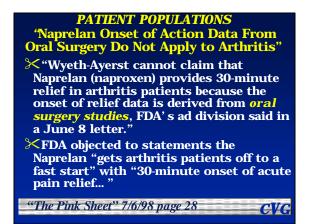




Registration 13. Review--What Indications? Decision to Launch

- ✓ Indications
- Patient Populations
- ✓ Sub-Types
- Frequency of Dosing
- ✓ Restrictions / Warnings
- Concomitant Medications

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PATIENT POPULATIONS "Naprelan Onset of Action Data From Oral Surgery Do Not Apply to Arthritis" X "The approved product labeling for Naprelan states

that in clinical trials designed to determine the efficacy of Naprelan in osteoarthritis and rheumatoid arthritis, clinical effectiveness was noted at one week."

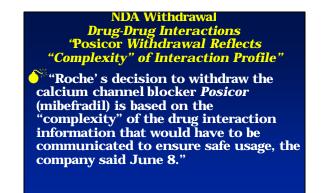
"The Pink Sheet" 7/6/98 page 28 CVG

Registration 13. Review--What Indications? • Economics -Indications -Margin -Cost of goods (COGs) •Patents & royalties • Advertising/promotional costs

NDA Withdrawal Drug-Drug Interactions "Posicor Withdrawal Reflects "Complexity" of Interaction Profile"

**Products identified as potentially dangerous in combination with mibefradil included cardiac drugs such as Cordarone, Vesture, Tambocor, and Rythmol; oncologic products such as tamoxifen, Cytoxan, VePesid, Ifex,and Velban, and the anti-rejection medications Neoral and Prograf."

"The Pink Sheet" 6/15/98 page 5



CVG

"The Pink Sheet" 6/15/98 page 5

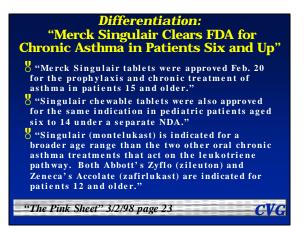
NDA Withdrawal Drug-Drug Interactions "Posicor Withdrawal Reflects "Complexity" of Interaction Profile"

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""With the calcium channel blocker category crowded with competitors and Posicor hampered with numerous drug interactions, the failure of the product to find a new therapeutic niche would have relegated the product to a limited use even if it had remained on the market."

"The Pink Sheet" 6/15/98 page 5



Differentiation: "Merck Singulair Clears FDA for Chronic Asthma in Patients Six and Up"

- "Werck's Singulair labeling includes data demonstrating efficacy in exercise-challenged asthma patients." "Exercise challenge was conducted at the end of the dosing interval..."
- "Labeling for Singulair appears to allow Merck several possibilities to differentiate the leukotriene receptor antagonist from Zeneca's LTRA Accolate (zafirlukast) and Abbott's leukotriene inhibitor Zyflo (zileuton)."
- "Neither Zyflo nor Accolate labeling mention exercise-induced asthma. FDA had objected to any insinuation of efficacy in that population without clinical evidence..."

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Orthofix Receives FDA Approval to Modify Labeling on Bone Growth Stimulators • Orthofix Inc., announced today (8/11/98) that it has received notification from the Food and Drug Administration (FDA) that labeling for Physio-Stim(R) Lite Bone Growth Stimulators may be modified, thereby removing the requirement that surgeons wait a minimum time before prescribing the devices. Physio-Stim Lite is the brand name for a line of bone growth stimulators that are used for patients with non-healing fractures, commonly known as non-unions.

EXPANDED PATENT LIFE "Abbott Tricor Micronized Fenofribrate Patent Runs For Next Decade" "Abbott/Fournier's micronized formulation of fenofibrate, *Tricor*, will have patent protection for at least a decade beyond that of the originally approved fenofibrate formulation *Lipidil*." "Lipidil has payor have medicated in the

 "Lipidil has never been marketed in the U.S., although FDA approved the compound Dec. 31, 1993 after an NDA review of nearly 10 years."

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EXPANDED PATENT LIFE "Abbott Tricor Micronized Fenofribrate Patent Runs For Next Decade"

"The Lipidil patent will expire on Dec. 31 making it an unattractive promotional candidate. The newer formulation, however, is protected by at least one patent that runs well into the next decade."

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Overview of the Medications Development Process

- ✓ Overview
- Portfolio Design, Planning and Management
- ✓ Decision Points Concept

Case Studies

Siga's antibiotic (Novel mechanism)
Lilly's Evista (Differentiation-SERM)
BM-S's Pravachol (Px first MI)
Amgen's Epogen (Reimbursement)
DAKO A/S's Her-2 Dx (Theragenics)
Forest's Celexa (5th SSRI)

Case Studies

Pfizer' s Zyrtec (Patient age groups)
HMR' s fexofenadine (CYP-450)
Inhale' s insulin (Novel delivery system)
Pfizer' s Viagra (Sub-populations)
Merck' s Singulair (Exercised induced)
Roche' s Posicor & Xenical (Safety)
Janssen' s Propulsid (CYP-450--Safety)

Case Studies

Merck' s Omeprazole (CYP-450)
Wyeth-Ayerst' s Naperlan (Population)
Orthofix' s Physio-Stim (+ Indication)
Abbott' s Lipidil (Patent extension)
Wyeth-Ayerst' s Verdia (Safety)

Drug Development Rules

- 1. Manage the failures.
- 2. Time is the enemy.
- 3. Keep your eye on where the puck is going to be.
- 4. Differentiate.
- 5. It takes a village to develop a drug.