

# When You're in the Sun, **your shield is**

# UP K I S

**Protect your skin from the sun's UV rays.**



Did you know that UV rays can make your skin wrinkled and leathery and can lead to skin cancer? More and more people are developing melanoma, a deadly form of skin cancer. Fortunately, you can protect your skin from UV rays by adding some extra clothing.

**Protect the skin you're in.**



## Choose Your Cover

[www.cdc.gov/ChooseYourCover](http://www.cdc.gov/ChooseYourCover)



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