### CONTRACTING PRACTICES

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### OVERVIEW OF CONTRACTING PRACTICES

Importance of examining contracting trends and practices

- Trends in contracting between hospitals and payors
- Evaluation of specific contracting practices

## Why examine contracting practices?

Contractual arrangements are the means by which a substantial proportion of healthcare services are purchased and delivered

- Contracting" is a primary mechanism by which the terms and conditions of services are determined
- Contracting practices have changed substantially in recent years

#### Contracts as mechanisms

- Contractual arrangements represent an important mechanism of competition
- Vital to understand how contracting practices work in "competitive" markets to get a baseline
- As with any contract, important to consider rationale for contracting practices from both parties' perspective
  - Payor side
  - Hospital side

Role and importance of commercial contracts

Contracting process

Terms and conditions of the contract

- Complex price and non-price terms
- Volume commitments
- Ex ante and ex post assessment of contract profitability modeling
- Contract is not a guarantee of "purchases"

Role and importance of commercial contracts

- Virtually all commercially insured patients are subject to a form of contractual arrangement between hospital and payor
- In-network vs. out-of-network
- Proportion of patients that are commercially insured may vary, but averages above 35% for US hospitals

Contract is not a guarantee of "purchases"

#### Contracting process

- Substantial amount of time invested by payors and hospitals in initial contract as well as renewal
- Single year versus multi-year
- Terms and conditions of contract
  - Complex price and non-price terms
  - Capitated contracts
  - Volume commitments

Ex ante and ex post assessment of contract profitability

- Modeling
- Contracting is not a guarantee of purchases

### Trends in contracting

#### Expansion to more inclusive networks

- Expansion of PPOs
- Diminished role of exclusive networks
- Tiered networks
- Factors that have led to increased "prices" in most markets in recent years
- Evolution and decline of capitated contracts
  - Buying out of contracts

# Evaluation of "system" contracting

#### Systems as "multi-plant" firms

- Payors
- Hospitals
- Hospital "systems" include a myriad of different structures and types
- As in any industry, evaluation of contracting practices involves understanding the business rationale for various practices
  - Competitive baseline

# Evaluation of "system" contracting

- Possible business rationales for aspects of system contracting
  - Common timing of contracts with individual parties or across parties
  - Development and application of "best practices" in contracting provisions
  - Development of more sophisticated IT systems
  - Improved budgeting or understanding of costs associated with delivering healthcare services
  - Possible savings in personnel

## Evaluation of "system" contracting competitive issues

- Concern has been raised that system contracting may "force" payors to pay supracompetitive prices for some hospital services
- Distinguishing between all-inclusive network trends and system contracting
- Evaluate the competitive constraints and mechanisms available to or operating on both parties
  - Practical experience
  - Market conditions
  - Ability of payors to discipline pricing

## Bottom line on contracting practices

- Important to consider business rationale for specific contracting practices and evolution of contracting practices
- Need to examine payor side trends and hospital side trends – competitive baseline
- Competitive effects analysis should take into account competitive constraints and mechanisms available to or operating on both parties